

Programmanr. 2
01-02-2013 - 9:19

Meisjes, 400m vrije slag

Junioren 2
Resultaten

Nederlands Record Junioren	4:19.97	Esmee Vermeulen	Amsterdam	20-12-2009
Nederlands Record 13 jaar	4:19.97	Esmee Vermeulen	Amsterdam	20-12-2009
Kamp. Record Junioren 2	4:28.29	Esmee Vermeulen	Dordrecht	30-01-2009

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT	niveau
1.	Laura van Engelen	AquAmigos	4:45.05	200000350	4:44.46	+0,79	D
	50m: 31.01	150m: 1:42.70	250m: 2:56.01	36.86	350m: 4:09.20	36.36	
	100m: 1:06.33	200m: 2:19.15	300m: 3:32.84	36.83	400m: 4:44.46	35.26	
2.	Amber Kerkhofs	Kimbria	4:54.11	200000074	4:50.28		E
	50m: 31.85	150m: 1:46.20	250m: 3:02.26	37.63	350m: 4:16.22	35.70	
	100m: 1:08.59	200m: 2:24.63	300m: 3:40.52	38.26	400m: 4:50.28	34.06	
3.	Myrthe Beijen	GoSwim	4:51.16	200002350	4:50.73	+0,77	E
	50m: 31.23	150m: 1:44.72	250m: 3:00.00	37.24	350m: 4:15.84	38.09	
	100m: 1:07.46	200m: 2:22.76	300m: 3:37.75	37.75	400m: 4:50.73	34.89	
4.	Jasmijn Boon	WVZ	4:51.23	200001280	4:51.02		E
	50m: 30.75	150m: 1:42.76	250m: 2:57.81	38.42	350m: 4:14.22	38.15	
	100m: 1:05.98	200m: 2:19.39	300m: 3:36.07	38.26	400m: 4:51.02	36.80	
5.	Marij van der Mast	SBC2000	5:00.20	200000676	4:54.08		E
	50m: 31.87	150m: 1:45.89	250m: 3:02.21	38.47	350m: 4:19.06	38.32	
	100m: 1:08.44	200m: 2:23.74	300m: 3:40.74	38.53	400m: 4:54.08	35.02	
6.	Romée Spin	De Dinkel	5:01.20	200000724	5:02.36		F
	50m: 32.67	150m: 1:45.80	250m: 3:02.84	38.76	350m: 4:23.70	40.51	
	100m: 1:08.70	200m: 2:24.08	300m: 3:43.19	40.35	400m: 5:02.36	38.66	
7.	Marleen Ankersmit	DWV	5:02.26	200001930	5:04.45		F
	50m: 34.06	150m: 1:49.84	250m: 3:08.66	39.27	350m: 4:28.42	39.82	
	100m: 1:10.99	200m: 2:29.39	300m: 3:48.60	39.94	400m: 5:04.45	36.03	
8.	Britt Orchard	De Duck	5:01.00	200004102	5:05.18		F
	50m: 34.09	150m: 1:52.12	250m: 3:09.97	38.83	350m: 4:27.97	38.72	
	100m: 1:12.03	200m: 2:31.14	300m: 3:49.25	39.28	400m: 5:05.18	37.21	