

Programmanr. 13
13-10-2012 - 11:47

Heren, 400m vrije slag

Junioren 1 en ouder
Resultaten

rang	naam		vereniging			intijd			tijd
Junioren 1 en 2									
1.	Bonk Stout		De Dolfijn			4:47.33	199902181		4:45.62
	50m:	31.95	150m:	1:44.31	36.48	250m:	2:57.48	350m:	4:10.78
	100m:	1:07.83	200m:	2:20.75	36.44	300m:	3:34.39	400m:	4:45.62
2.	Thijs Molendijk		VZC E&P			5:06.01	199900477		4:57.86
	50m:	34.58	150m:	1:52.14	39.23	250m:	3:08.56	350m:	4:23.12
	100m:	1:12.91	200m:	2:30.31	38.17	300m:	3:46.43	400m:	4:57.86
3.	Bernard Rivard		WVZ			5:06.43	200000045		5:01.39
	50m:	34.92	150m:	1:53.15	39.27	250m:	3:09.84	350m:	4:25.61
	100m:	1:13.88	200m:	2:31.83	38.68	300m:	3:48.25	400m:	5:01.39
4.	Olivier Jans		De Fuut			5:12.31	200001815		5:04.80
	50m:	35.40	150m:	1:53.45	39.23	250m:	3:10.78	350m:	4:28.20
	100m:	1:14.22	200m:	2:32.47	39.02	300m:	3:49.68	400m:	5:04.80
5.	Roan Buijs		Aquarijn			5:22.68	200001775		5:22.53
	50m:	35.14	150m:	1:56.44	41.28	250m:	3:18.49	350m:	4:42.43
	100m:	1:15.16	200m:	2:37.72	41.28	300m:	4:00.56	400m:	5:22.53

Junioren 3 en 4

1.	Ruben van Leeuwen		VZC E&P			4:25.70	199704803		4:15.50
	50m:	28.61	150m:	1:32.96	32.51	250m:	2:38.95	350m:	3:44.70
	100m:	1:00.45	200m:	2:05.91	32.95	300m:	3:12.04	400m:	4:15.50
2.	Stijn Avezaat		One Team Swimming			4:27.66	199700729		4:22.98
	50m:	29.28	150m:	1:34.66	33.25	250m:	2:41.83	350m:	3:49.91
	100m:	1:01.41	200m:	2:08.37	33.71	300m:	3:15.76	400m:	4:22.98
3.	Michel van Nieuwkerk		De Dolfijn			4:32.73	199702413		4:23.73
	50m:	30.11	150m:	1:36.04	33.42	250m:	2:44.55	350m:	3:51.65
	100m:	1:02.62	200m:	2:10.18	34.14	300m:	3:18.08	400m:	4:23.73
4.	Martijn Kornet		One Team Swimming			4:32.56	199700231		4:26.88
	50m:	30.44	150m:	1:36.62	33.56	250m:	2:44.89	350m:	3:53.95
	100m:	1:03.06	200m:	2:10.56	33.94	300m:	3:19.41	400m:	4:26.88
5.	Thomas Zielhorst		De Biesboschzwemmers			4:34.93	199702135		4:36.91
	50m:	30.78	150m:	1:39.99	34.91	250m:	2:50.39	350m:	4:02.32
	100m:	1:05.08	200m:	2:15.08	35.09	300m:	3:26.24	400m:	4:36.91
6.	Stan Zwinkels		WVZ			4:40.29	199800239		4:41.89
	50m:	31.37	150m:	1:41.90	34.82	250m:	2:53.31	350m:	4:03.57
	100m:	1:07.08	200m:	2:17.35	35.45	300m:	3:28.39	400m:	4:41.89
7.	Wietse Waninge		Nunspeet			5:01.34	199800023		4:43.76
	50m:	31.08	150m:	1:41.66	35.85	250m:	2:54.68	350m:	4:08.26
	100m:	1:05.81	200m:	2:18.53	36.87	300m:	3:31.60	400m:	4:43.76
8.	Duncan de Vos		Aquarijn			4:44.23	199703177		4:45.65
	50m:	32.24	150m:	1:44.27	36.27	250m:	2:57.54	350m:	4:10.64
	100m:	1:08.00	200m:	2:20.92	36.65	300m:	3:34.82	400m:	4:45.65
9.	Jos van Herk		VZC E&P			5:11.48	199803037		5:09.08
	50m:	34.28	150m:	1:52.48	39.49	250m:	3:11.13	350m:	4:31.35
	100m:	1:12.99	200m:	2:31.81	39.33	300m:	3:51.05	400m:	5:09.08

Jeugd 1 en 2

1.	Stan Pijenburg		EIFFELswimmersPSV			4:15.34	199600427		4:10.79 *
	200m*								
	50m:	27.39	150m:	1:30.33	31.95	250m:	2:34.20	350m:	3:39.04
	100m:	58.38	200m:	2:02.51	32.18	300m:	3:06.54	400m:	4:10.79
2.	Mike van Herk		EIFFELswimmersPSV			4:13.93	199601007		4:17.86
	50m:	28.89	150m:	1:32.77	32.23	250m:	2:38.94	350m:	3:45.63
	100m:	1:00.54	200m:	2:05.77	33.00	300m:	3:12.30	400m:	4:17.86
3.	Thom Paardekooper		WVZ			4:36.14	199604259		4:30.39
	50m:	30.31	150m:	1:38.54	34.50	250m:	2:48.15	350m:	3:57.25
	100m:	1:04.04	200m:	2:12.79	34.25	300m:	3:22.73	400m:	4:30.39
4.	Timo van der Ende		WVZ			4:26.24	199601979		4:34.99
	50m:	31.15	150m:	1:40.66	35.00	250m:	2:50.59	350m:	4:00.86
	100m:	1:05.66	200m:	2:15.35	34.69	300m:	3:25.76	400m:	4:34.99
5.	Jordi Kerssens		De Dolfijn			4:45.46	199601075		4:53.92
	50m:	31.57	150m:	1:45.85	37.61	250m:	3:03.37	350m:	4:18.93
	100m:	1:08.24	200m:	2:24.59	38.74	300m:	3:41.79	400m:	4:53.92

Programmanr. 13, Jongens, 400m vrije slag, Jeugd 1 en 2

rang	naam			vereniging				intijd				tijd
6.	Michiel van Vliet			One Team Swimming				4:54.46	199503875			4:58.14
	50m:	31.54	31.54	150m:	1:45.27	37.48	250m:	3:02.36	38.69	350m:	4:20.05	38.59
	100m:	1:07.79	36.25	200m:	2:23.67	38.40	300m:	3:41.46	39.10	400m:	4:58.14	38.09

Senioren 1 en ouder

1.	Ruben Klinkers			EIFFELswimmersPSV				4:05.42	199403511			4:02.74
	50m:	27.37	27.37	150m:	1:29.08	30.82	250m:	2:30.82	30.67	350m:	3:32.77	30.57
	100m:	58.26	30.89	200m:	2:00.15	31.07	300m:	3:02.20	31.38	400m:	4:02.74	29.97
2.	Dennis Overhage			EIFFELswimmersPSV				4:21.54	199002223			4:17.06
	50m:	29.12	29.12	150m:	1:33.11	32.40	250m:	2:39.34	33.18	350m:	3:45.50	33.09
	100m:	1:00.71	31.59	200m:	2:06.16	33.05	300m:	3:12.41	33.07	400m:	4:17.06	31.56
AFGEM	Date v.d. Zaag			EIFFELswimmersPSV				4:12.64	199403919			
AFGEM	Vilmos Jenei			De Meer				4:15.00	198906749			