

Programmanr. 6
3-12-2016 - 14:00

Dames, 400m wisselslag

Juniores 1 en ouder
Resultaten

Punten: FINA 2016

rang	naam	vereniging	startnr.	tijd	RT	FINA	IPC
1.	Marjolein Delno	VZC-E&P	199400024	4:41.96	+0,78	779	
	50m: 29.83	29.83 150m: 1:39.39	250m: 2:56.01	40.40	350m: 4:10.19		33.22
	100m: 1:03.54	33.71 200m: 2:15.61	300m: 3:36.97	40.96	400m: 4:41.96		31.77
2.	Tessa Vermeulen	De Dolfijn	199800068	4:49.74	+0,76	718	
	50m: 30.76	30.76 150m: 1:42.32	250m: 3:00.69	42.84	350m: 4:17.60		33.42
	100m: 1:07.10	36.34 200m: 2:17.85	300m: 3:44.18	43.49	400m: 4:49.74		32.14
3.	Serena Stel	De Dolfijn	199801528	4:53.45	+0,72	691	
	50m: 31.84	31.84 150m: 1:46.73	250m: 3:05.69	41.75	350m: 4:21.79		32.07
	100m: 1:08.14	36.30 200m: 2:23.94	300m: 3:49.72	44.03	400m: 4:53.45		31.66
4.	Lotte Hosper	The Hague Swimming (SG)	200201414	5:00.89	+0,74	641	
	50m: 30.52	30.52 150m: 1:44.36	250m: 3:05.02	43.04	350m: 4:25.59		36.91
	100m: 1:06.18	35.66 200m: 2:21.98	300m: 3:48.68	43.66	400m: 5:00.89		35.30
5.	Mirthe Lanfermeijer	De Dolfijn	199400074	5:02.18	+0,77	633	
	50m: 32.17	32.17 150m: 1:47.27	250m: 3:08.45	43.93	350m: 4:27.95		35.20
	100m: 1:09.15	36.98 200m: 2:24.52	300m: 3:52.75	44.30	400m: 5:02.18		34.23
6.	Inge Arts	Merlet	199203076	5:09.44	+0,80	589	
	50m: 31.58	31.58 150m: 1:47.03	250m: 3:10.62	45.02	350m: 4:32.25		36.33
	100m: 1:08.15	36.57 200m: 2:25.60	300m: 3:55.92	45.30	400m: 5:09.44		37.19
7.	Manon Aerssens	PSV	199900294	5:11.91	+0,72	575	
	50m: 30.97	30.97 150m: 1:48.17	250m: 3:12.09	44.26	350m: 4:34.80		37.27
	100m: 1:08.26	37.29 200m: 2:27.83	300m: 3:57.53	45.44	400m: 5:11.91		37.11
8.	Amy de Sain	De Dolfijn	200304690	5:12.50	+0,77	572	
	50m: 31.59	31.59 150m: 1:51.18	250m: 3:16.89	45.29	350m: 4:39.16		37.19
	100m: 1:09.41	37.82 200m: 2:31.60	300m: 4:01.97	45.08	400m: 5:12.50		33.34
9.	Maike Issard	De Houtrib	200300022	5:16.52	+0,76	550	
	50m: 33.23	33.23 150m: 1:52.46	250m: 3:17.81	45.89	350m: 4:41.19		36.97
	100m: 1:13.39	40.16 200m: 2:31.92	300m: 4:04.22	46.41	400m: 5:16.52		35.33
10.	Wiktorija Redzimska	ZPC Hoogeveen	200106042	5:22.94	+0,73	518	
	50m: 34.59	34.59 150m: 1:56.75	250m: 3:22.82	46.09	350m: 4:46.80		37.49
	100m: 1:16.26	41.67 200m: 2:36.73	300m: 4:09.31	46.49	400m: 5:22.94		36.14
11.	Grace Anderson	WVZ	200200578	5:24.44	+0,71	511	
	50m: 35.19	35.19 150m: 1:58.13	250m: 3:24.06	45.95	350m: 4:48.99		38.08
	100m: 1:16.97	41.78 200m: 2:38.11	300m: 4:10.91	46.85	400m: 5:24.44		35.45
12.	Giulia Corsi	De Columbian	200100468	5:25.71	+0,77	505	
	50m: 36.17	36.17 150m: 2:01.38	250m: 3:28.10	45.57	350m: 4:51.99		36.48
	100m: 1:18.33	42.16 200m: 2:42.53	300m: 4:15.51	47.41	400m: 5:25.71		33.72
13.	Eef Hollander	The Hague Swimming (SG)	199602074	5:27.08	+0,69	499	
	50m: 33.78	33.78 150m: 1:56.08	250m: 3:24.49	47.75	350m: 4:50.11		37.76
	100m: 1:14.03	40.25 200m: 2:36.74	300m: 4:12.35	47.86	400m: 5:27.08		36.97
14.	Lisa Kruger	NTC PARA - ZPC AMERSFOORT	200005304	5:28.13	+0,82	494	1073
	50m: 34.95	34.95 150m: 2:00.16	250m: 3:27.08	47.20	350m: 4:53.19		39.14
	100m: 1:18.73	43.78 200m: 2:39.88	300m: 4:14.05	46.97	400m: 5:28.13		34.94
15.	Chantalle Zijderveld	NTC PARA - ZZ&PC De Devel	200000702	5:28.62	+0,70	492	1068
	50m: 33.66	33.66 150m: 1:57.54	250m: 3:24.41	43.37	350m: 4:50.23		41.12
	100m: 1:13.93	40.27 200m: 2:41.04	300m: 4:09.11	44.70	400m: 5:28.62		38.39
16.	Chantal Beijer	DWT	199700884	5:29.41	+0,81	488	
	50m: 34.29	34.29 150m: 1:56.58	250m: 3:25.24	47.03	350m: 4:51.72		38.26
	100m: 1:14.81	40.52 200m: 2:38.21	300m: 4:13.46	48.22	400m: 5:29.41		37.69
17.	Anouschka Steenberg	ZPC Hoogeveen	200000280	5:31.07	+0,77	481	
	50m: 35.91	35.91 150m: 1:59.49	250m: 3:26.19	47.56	350m: 4:53.18		38.74
	100m: 1:19.15	43.24 200m: 2:38.63	300m: 4:14.44	48.25	400m: 5:31.07		37.89
18.	Imke Beekman	Albion	200301950	5:31.36	+0,78	480	
	50m: 34.62	34.62 150m: 1:58.31	250m: 3:28.78	49.96	350m: 4:56.83		36.45
	100m: 1:15.55	40.93 200m: 2:38.82	300m: 4:20.38	51.60	400m: 5:31.36		34.53
19.	Lisa de Beijer	PSV	200002814	5:34.55	+0,74	466	
	50m: 34.79	34.79 150m: 2:00.08	250m: 3:29.81	48.68	350m: 4:58.51		39.08
	100m: 1:16.31	41.52 200m: 2:41.13	300m: 4:19.43	49.62	400m: 5:34.55		36.04
20.	Gabriela Töpfer	PSV	200301764	5:34.56	+0,76	466	
	50m: 34.07	34.07 150m: 1:56.50	250m: 3:26.12	48.43	350m: 4:56.36		40.15
	100m: 1:14.64	40.57 200m: 2:37.69	300m: 4:16.21	50.09	400m: 5:34.56		38.20

let op gewijzigde aanvangstijd op zaterdag

Programmanr. 6, Dames, 400m wisselslag, Junioren 1 en ouder

rang	naam	vereniging						startnr.	tijd		RT	FINA	IPC
21.	Chiara Geilenkirchen	NIMO						200104590	5:38.52		+0,84	450	
	50m:	34.03	34.03	150m:	1:58.60	43.23	250m:	3:27.45	47.18	350m:	4:58.06	41.96	
	100m:	1:15.37	41.34	200m:	2:40.27	41.67	300m:	4:16.10	48.65	400m:	5:38.52	40.46	
22.	Céline Fouzaï	De Dolfijn						200202750	5:39.13		+0,69	447	
	50m:	35.20	35.20	150m:	2:01.76	44.20	250m:	3:34.50	48.26	350m:	5:01.86	39.15	
	100m:	1:17.56	42.36	200m:	2:46.24	44.48	300m:	4:22.71	48.21	400m:	5:39.13	37.27	
23.	Kristel Beijck	De Columbiaan						200201278	5:48.38		+0,84	413	
	50m:	37.21	37.21	150m:	2:07.57	44.21	250m:	3:38.84	48.44	350m:	5:09.16	40.42	
	100m:	1:23.36	46.15	200m:	2:50.40	42.83	300m:	4:28.74	49.90	400m:	5:48.38	39.22	
DIS	Annemarie Meijer	PSV						199900964			VE		
	VE - De bewegingen van de benen niet op gelijke wijze uitgevoerd.												