

Amsterdam Swim Cup 2013
Amsterdam, 7 - 8 december 2013



Event 7
07-12-2013

Women, 400m Freestyle

Senioren Open
Results

Points: FINA 2013

rank	name			club name			time			RT	FINA	
1.	Hannah Miley <i>Sloterparkbad Record</i>			Garioch ASC			69436			4:10.91	+0,74	865
	50m:	29.68	29.68	150m:	1:33.58	31.83	250m:	2:37.37	31.67	350m:	3:40.69	31.50
	100m:	1:01.75	32.07	200m:	2:05.70	32.12	300m:	3:09.19	31.82	400m:	4:10.91	30.22
2.	Aimee Willmott			Middlesbrough ASC			41155			4:11.17	+0,81	863
	50m:	29.44	29.44	150m:	1:33.28	32.05	250m:	2:37.70	32.05	350m:	3:41.01	31.15
	100m:	1:01.23	31.79	200m:	2:05.65	32.37	300m:	3:09.86	32.16	400m:	4:11.17	30.16
3.	Rieneke Terink			PSV			198402424			4:15.28	+0,78	822
	50m:	28.89	28.89	150m:	1:33.33	32.89	250m:	2:38.82	32.58	350m:	3:43.82	32.46
	100m:	1:00.44	31.55	200m:	2:06.24	32.91	300m:	3:11.36	32.54	400m:	4:15.28	31.46
4.	Esmee Vermeulen			KNZB-NTC			199600678			4:19.06	+0,77	786
	50m:	29.97	29.97	150m:	1:35.12	32.28	250m:	2:40.11	32.62	350m:	3:46.64	33.32
	100m:	1:02.84	32.87	200m:	2:07.49	32.37	300m:	3:13.32	33.21	400m:	4:19.06	32.42
5.	Marion van den Berg			DWK			198600272			4:23.07	+0,81	751
	50m:	30.68	30.68	150m:	1:36.38	33.06	250m:	2:42.94	33.33	350m:	3:50.18	33.69
	100m:	1:03.32	32.64	200m:	2:09.61	33.23	300m:	3:16.49	33.55	400m:	4:23.07	32.89
6.	Jennifer King			North Ayrshire ASC			189298			4:24.28	+0,63	741
	50m:	30.32	30.32	150m:	1:37.25	33.86	250m:	2:44.50	33.47	350m:	3:51.59	33.68
	100m:	1:03.39	33.07	200m:	2:11.03	33.78	300m:	3:17.91	33.41	400m:	4:24.28	32.69
7.	Leonie van Noort			De Zijl/LGB			199301752			4:24.52	+0,82	738
	50m:	30.05	30.05	150m:	1:36.38	33.58	250m:	2:43.92	33.94	350m:	3:51.80	33.97
	100m:	1:02.80	32.75	200m:	2:09.98	33.60	300m:	3:17.83	33.91	400m:	4:24.52	32.72
8.	Manon Friskes			DWK			199701566			4:25.30	+0,76	732
	50m:	30.52	30.52	150m:	1:37.82	33.92	250m:	2:45.73	33.84	350m:	3:52.80	33.41
	100m:	1:03.90	33.38	200m:	2:11.89	34.07	300m:	3:19.39	33.66	400m:	4:25.30	32.50
9.	Elisa Marani			Switzerland			24264			4:31.19	+0,70	685
	50m:	31.39	31.39	150m:	1:38.91	34.18	250m:	2:47.78	34.67	350m:	3:57.37	34.89
	100m:	1:04.73	33.34	200m:	2:13.11	34.20	300m:	3:22.48	34.70	400m:	4:31.19	33.82
10.	Malene Pedersen			Lambertseter SK						4:34.66	+0,73	660
	50m:	31.22	31.22	150m:	1:40.17	34.77	250m:	2:50.53	35.39	350m:	4:01.22	35.49
	100m:	1:05.40	34.18	200m:	2:15.14	34.97	300m:	3:25.73	35.20	400m:	4:34.66	33.44
11.	Orla Adams			Garioch ASC			371422			4:35.54	+0,76	653
	50m:	31.92	31.92	150m:	1:41.26	34.72	250m:	2:51.36	34.72	350m:	4:01.22	34.67
	100m:	1:06.54	34.62	200m:	2:16.64	35.38	300m:	3:26.55	35.19	400m:	4:35.54	34.32
12.	Tessa Vermeulen			KNZB-RTC			199800068			4:36.45	+0,78	647
	50m:	30.66	30.66	150m:	1:38.61	34.42	250m:	2:49.03	35.05	350m:	4:00.74	35.71
	100m:	1:04.19	33.53	200m:	2:13.98	35.37	300m:	3:25.03	36.00	400m:	4:36.45	35.71
13.	Vanessa Rebmann			Switzerland			22899			4:38.10	+0,82	635
	50m:	31.02	31.02	150m:	1:40.73	35.08	250m:	2:52.22	35.65	350m:	4:03.38	35.33
	100m:	1:05.65	34.63	200m:	2:16.57	35.84	300m:	3:28.05	35.83	400m:	4:38.10	34.72
14.	Kim Loeffen			Merlet			199403432			4:42.80	+0,96	604
	50m:	31.03	31.03	150m:	1:39.94	34.84	250m:	2:52.10	36.23	350m:	4:05.52	36.70
	100m:	1:05.10	34.07	200m:	2:15.87	35.93	300m:	3:28.82	36.72	400m:	4:42.80	37.28
15.	Laura van Engelen			AquAmigos			200000350			4:44.62	+0,85	593
	50m:	30.40	30.40	150m:	1:42.46	36.38	250m:	2:56.50	36.79	350m:	4:10.62	36.37
	100m:	1:06.08	35.68	200m:	2:19.71	37.25	300m:	3:34.25	37.75	400m:	4:44.62	34.00
16.	Adaja Stoetman			TriVia			199600348			4:44.87	+0,83	591
	50m:	31.72	31.72	150m:	1:44.38	36.80	250m:	2:58.13	36.54	350m:	4:11.41	36.39
	100m:	1:07.58	35.86	200m:	2:21.59	37.21	300m:	3:35.02	36.89	400m:	4:44.87	33.46
17.	Delenn van Oostrom			ZPC Woerden			199600056			4:51.41	+0,81	552
	50m:	31.66	31.66	150m:	1:44.39	37.01	250m:	2:59.84	37.71	350m:	4:15.43	37.83
	100m:	1:07.38	35.72	200m:	2:22.13	37.74	300m:	3:37.60	37.76	400m:	4:51.41	35.98
18.	Lisanne Hassing			HZ&PC Heerenveen			199702584			4:54.39	+0,83	536
	50m:	32.43	32.43	150m:	1:46.22	37.98	250m:	3:02.15	37.79	350m:	4:17.91	37.72
	100m:	1:08.24	35.81	200m:	2:24.36	38.14	300m:	3:40.19	38.04	400m:	4:54.39	36.48
19.	Marije Oosterhuis			NPC Netherlands			199500318			S10 4:59.61	+0,95	508
	50m:	32.48	32.48	150m:	1:47.38	37.71	250m:	3:03.93	38.16	350m:	4:21.78	38.95
	100m:	1:09.67	37.19	200m:	2:25.77	38.39	300m:	3:42.83	38.90	400m:	4:59.61	37.83

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rank	name	club name	time	RT	FINA
20.	Manon Vermarien	NPC Netherlands	199705680 S10 4:59.89	+0,80	507
	50m: 35.24 35.24	150m: 1:50.34 38.02	250m: 3:07.19 38.08	350m: 4:23.24 37.67	
	100m: 1:12.32 37.08	200m: 2:29.11 38.77	300m: 3:45.57 38.38	400m: 4:59.89 36.65	
21.	Lisa Kruger	NPC Netherlands	200005304 S10 5:18.50	+0,77	423
	50m: 34.70 34.70	150m: 1:54.10 40.41	250m: 3:16.40 41.57	350m: 4:38.73 41.21	
	100m: 1:13.69 38.99	200m: 2:34.83 40.73	300m: 3:57.52 41.12	400m: 5:18.50 39.77	
22.	Romy Pansters	NPC Netherlands	199605900 S8 5:31.06	+0,93	376
	50m: 37.00 37.00	150m: 1:59.29 41.99	250m: 3:23.78 42.38	350m: 4:49.87 43.02	
	100m: 1:17.30 40.30	200m: 2:41.40 42.11	300m: 4:06.85 43.07	400m: 5:31.06 41.19	
23.	Sterre Veerman <i>NR Paralympic</i>	NPC Netherlands	200003544 S12 5:56.36	+0,89	302
	50m: 39.14 39.14	150m: 2:10.59 45.88	250m: 3:44.67 47.05	350m: 5:15.86 45.47	
	100m: 1:24.71 45.57	200m: 2:57.62 47.03	300m: 4:30.39 45.72	400m: 5:56.36 40.50	
DNS	Milou Schraverus	AZ&PC	199503878		