

Event 21
08-12-2013

Women, 400m Medley

Senioren Open
Results

Points: FINA 2013

rank	name	club name	time	RT	FINA
1.	Aimee Willmott <i>Sloterparkbad Record</i>	Middlesbrough ASC	41155	4:34.95	+0,75 930
	50m: 29.53 29.53	150m: 1:38.94 35.49	250m: 2:51.26 37.35	350m: 4:03.14 33.11	
	100m: 1:03.45 33.92	200m: 2:13.91 34.97	300m: 3:30.03 38.77	400m: 4:34.95 31.81	
2.	Hannah Miley	Garioch ASC	69436	4:36.89	+0,74 911
	50m: 30.34 30.34	150m: 1:39.85 35.68	250m: 2:53.30 38.33	350m: 4:05.24 32.29	
	100m: 1:04.17 33.83	200m: 2:14.97 35.12	300m: 3:32.95 39.65	400m: 4:36.89 31.65	
3.	Wendy van der Zanden <i>Kwalificatie tijd EK 2014 Berlijn</i>	KNZB-NTC	198805004	4:45.85	+0,75 828
	50m: 29.31 29.31	150m: 1:40.71 36.44	250m: 2:58.21 41.90	350m: 4:14.25 33.00	
	100m: 1:04.27 34.96	200m: 2:16.31 35.60	300m: 3:41.25 43.04	400m: 4:45.85 31.60	
4.	Marjolein Delno	KNZB-RTC	199400024	4:57.30	+0,80 736
	50m: 32.27 32.27	150m: 1:46.24 38.30	250m: 3:07.10 43.36	350m: 4:24.16 34.90	
	100m: 1:07.94 35.67	200m: 2:23.74 37.50	300m: 3:49.26 42.16	400m: 4:57.30 33.14	
5.	Lieke Verouden	Racing Club	199003948	4:59.76	+0,80 718
	50m: 31.52 31.52	150m: 1:48.57 40.08	250m: 3:09.73 41.87	350m: 4:26.59 34.29	
	100m: 1:08.49 36.97	200m: 2:27.86 39.29	300m: 3:52.30 42.57	400m: 4:59.76 33.17	
6.	Orla Adams	Garioch ASC	371422	5:00.30	+0,75 714
	50m: 31.90 31.90	150m: 1:47.92 38.58	250m: 3:09.05 42.99	350m: 4:26.85 34.74	
	100m: 1:09.34 37.44	200m: 2:26.06 38.14	300m: 3:52.11 43.06	400m: 5:00.30 33.45	
7.	Tain Bruce	Carnegie SC	346812	5:03.90	+0,82 689
	50m: 30.25 30.25	150m: 1:45.63 39.93	250m: 3:09.75 44.65	350m: 4:31.03 36.33	
	100m: 1:05.70 35.45	200m: 2:25.10 39.47	300m: 3:54.70 44.95	400m: 5:03.90 32.87	
8.	Jennifer King	North Ayrshire ASC	189298	5:04.63	+0,79 684
	50m: 32.08 32.08	150m: 1:47.29 37.99	250m: 3:10.05 45.51	350m: 4:31.22 34.89	
	100m: 1:09.30 37.22	200m: 2:24.54 37.25	300m: 3:56.33 46.28	400m: 5:04.63 33.41	
9.	Lisa Stamm	SC Schaffhausen	13475	5:05.05	+0,72 681
	50m: 32.49 32.49	150m: 1:49.46 39.78	250m: 3:12.85 44.67	350m: 4:32.19 34.66	
	100m: 1:09.68 37.19	200m: 2:28.18 38.72	300m: 3:57.53 44.68	400m: 5:05.05 32.86	
10.	Cynthia Verkaik	Orca	199602188	5:05.07	+0,78 681
	50m: 32.03 32.03	150m: 1:48.92 40.08	250m: 3:11.57 43.45	350m: 4:30.92 35.39	
	100m: 1:08.84 36.81	200m: 2:28.12 39.20	300m: 3:55.53 43.96	400m: 5:05.07 34.15	
11.	Givenchy Sneekes	KNZB-RTC	199705486	5:11.99	+0,72 636
	50m: 32.17 32.17	150m: 1:48.45 41.24	250m: 3:14.81 46.67	350m: 4:37.25 36.00	
	100m: 1:07.21 35.04	200m: 2:28.14 39.69	300m: 4:01.25 46.44	400m: 5:11.99 34.74	
12.	Jolien Vermeylen	Brabant East ST	BEST/20250/94	5:14.44	+0,72 622
	50m: 32.81 32.81	150m: 1:53.80 42.26	250m: 3:19.31 44.72	350m: 4:39.80 36.72	
	100m: 1:11.54 38.73	200m: 2:34.59 40.79	300m: 4:03.08 43.77	400m: 5:14.44 34.64	
13.	Leonie van Noort	De Zijl/LGB	199301752	5:15.69	+0,87 614
	50m: 33.51 33.51	150m: 1:52.61 41.14	250m: 3:18.05 47.47	350m: 4:41.05 35.52	
	100m: 1:11.47 37.96	200m: 2:30.58 37.97	300m: 4:05.53 47.48	400m: 5:15.69 34.64	
14.	Sara Staudinger	Switzerland	22098	5:15.99	+0,80 613
	50m: 32.55 32.55	150m: 1:53.83 43.19	250m: 3:19.23 42.89	350m: 4:39.99 37.63	
	100m: 1:10.64 38.09	200m: 2:36.34 42.51	300m: 4:02.36 43.13	400m: 5:15.99 36.00	
15.	Michelle Verouden	HZPC	199400150	5:23.75	+0,84 569
	50m: 34.36 34.36	150m: 1:55.56 42.33	250m: 3:24.68 47.28	350m: 4:47.60 36.78	
	100m: 1:13.23 38.87	200m: 2:37.40 41.84	300m: 4:10.82 46.14	400m: 5:23.75 36.15	
WDR	Elien Basslé	Brabant East ST	BEST/21000/93		