

Event 14
17-03-2012 - 9:20

Women, 400m Freestyle

Senioren Open
Results Prelim

Points: FINA 2012

rank	name	club name	time	RT	fin.	pts
1.	Esmee Vermeulen	E.ON-NZA	199600678	4:17.27	+0,73	A 803
	50m: 29.55	150m: 1:34.52	250m: 2:39.50	350m: 3:44.97		32.28
	100m: 1:01.97	200m: 2:07.21	300m: 3:12.69	400m: 4:17.27		32.30
2.	Lieke Verouden	Racing Club	199003948	4:19.39	+0,79	A 783
	50m: 29.09	150m: 1:34.62	250m: 2:41.31	350m: 3:47.27		33.04
	100m: 1:01.34	200m: 2:08.22	300m: 3:14.23	400m: 4:19.39		32.12
3.	Rieneke Terink	EIFFELswimmersPSV	198402424	4:20.83	+0,76	A 770
	50m: 28.96	150m: 1:33.44	250m: 2:39.61	350m: 3:47.21		33.58
	100m: 1:00.94	200m: 2:06.31	300m: 3:13.63	400m: 4:20.83		33.62
4.	Theodora Giareni	Olybiada 73		4:20.91	+0,86	A 770
	50m: 29.87	150m: 1:35.39	250m: 2:42.61	350m: 3:49.37		33.50
	100m: 1:02.21	200m: 2:09.18	300m: 3:15.87	400m: 4:20.91		31.54
5.	Leonie van Noort	De Zijl/LGB	199301752	4:21.22	+0,84	A 767
	50m: 30.01	150m: 1:36.59	250m: 2:42.96	350m: 3:49.67		33.22
	100m: 1:03.06	200m: 2:09.94	300m: 3:16.45	400m: 4:21.22		31.55
6.	Judith Stap	EIFFELswimmersPSV	199302702	4:21.44	+0,79	A 765
	50m: 29.95	150m: 1:36.27	250m: 2:42.89	350m: 3:49.62		33.46
	100m: 1:02.66	200m: 2:09.63	300m: 3:16.16	400m: 4:21.44		31.82
7.	Marieke Nijhuis	EIFFELswimmersPSV	199201296	4:22.87	+0,72	A 752
	50m: 29.81	150m: 1:36.12	250m: 2:43.15	350m: 3:49.98		33.32
	100m: 1:02.51	200m: 2:09.59	300m: 3:16.66	400m: 4:22.87		32.89
8.	Marjolein Delno	RTC Dordrecht	199400024	4:27.50	+0,81	A 714
	50m: 30.63	150m: 1:37.56	250m: 2:44.99	350m: 3:54.15		34.83
	100m: 1:04.05	200m: 2:11.34	300m: 3:19.32	400m: 4:27.50		33.35
9.	Eva Marie Oesterhus	Madla SK		4:28.26	+0,89	R 708
	50m: 31.12	150m: 1:38.45	250m: 2:46.63	350m: 3:54.86		34.08
	100m: 1:04.65	200m: 2:12.71	300m: 3:20.78	400m: 4:28.26		33.40
10.	Givenchy Sneekes	ZC Ooievaar (SG)	199705486	4:31.89	+0,68	R 680
	50m: 30.45	150m: 1:38.43	250m: 2:48.08	350m: 3:58.36		34.77
	100m: 1:04.17	200m: 2:12.90	300m: 3:23.59	400m: 4:31.89		33.53
11.	Nika Kozamernik	KPD Zvezda	2220	4:33.12	+0,72	671
	50m: 31.73	150m: 1:40.33	250m: 2:49.81	350m: 3:58.90		34.49
	100m: 1:06.04	200m: 2:15.18	300m: 3:24.41	400m: 4:33.12		34.22
12.	Inge Pepping	De Rijn	199402308	4:33.13	+0,83	671
	50m: 31.38	150m: 1:40.35	250m: 2:50.31	350m: 4:00.09		34.59
	100m: 1:05.75	200m: 2:15.39	300m: 3:25.50	400m: 4:33.13		33.04
13.	Lise Sand Syversen	Bergensvoemmerne		4:33.27	+0,88	670
	50m: 30.79	150m: 1:39.23	250m: 2:50.33	350m: 4:00.01		33.96
	100m: 1:04.30	200m: 2:14.62	300m: 3:26.05	400m: 4:33.27		33.26
14.	Milou Schraeverus	AZ&PC	199503878	4:33.91	+0,75	665
	50m: 32.08	150m: 1:41.64	250m: 2:51.28	350m: 4:00.09		34.16
	100m: 1:06.73	200m: 2:16.63	300m: 3:25.93	400m: 4:33.91		33.82
15.	Karoline Pedersen	Bergensvoemmerne		4:34.41	+0,89	661
	50m: 31.10	150m: 1:38.73	250m: 2:48.89	350m: 3:59.81		35.32
	100m: 1:04.26	200m: 2:13.53	300m: 3:24.49	400m: 4:34.41		34.60
16.	Oda Gjerde	Bryne Sk		4:34.49	+0,83	661
	50m: 32.17	150m: 1:40.44	250m: 2:49.87	350m: 4:00.29		35.57
	100m: 1:06.18	200m: 2:15.05	300m: 3:24.72	400m: 4:34.49		34.20
17.	Andrea Westbye	Baerumsvoemmerne		4:34.78	+0,80	659
	50m: 31.82	150m: 1:42.15	250m: 2:52.21	350m: 4:01.22		34.44
	100m: 1:06.68	200m: 2:17.46	300m: 3:26.78	400m: 4:34.78		33.56
18.	Manon Friskes	DWK	199701566	4:34.81	+0,73	659
	50m: 30.44	150m: 1:38.42	250m: 2:48.51	350m: 3:59.99		35.85
	100m: 1:04.01	200m: 2:13.25	300m: 3:24.14	400m: 4:34.81		34.82
19.	Renate Hemmes	DZ&PC	199600418	4:36.88	+0,80	644
	50m: 30.37	150m: 1:38.46	250m: 2:49.12	350m: 4:01.27		36.15
	100m: 1:04.20	200m: 2:13.35	300m: 3:25.12	400m: 4:36.88		35.61
20.	Kim Loeffen	Zeester-Meerval	199403432	4:36.99	+0,99	643
	50m: 31.98	150m: 1:40.70	250m: 2:50.69	350m: 4:01.77		35.85
	100m: 1:06.30	200m: 2:16.02	300m: 3:25.92	400m: 4:36.99		35.22

Event 14, Women, 400m Freestyle, Prelim, Senioren Open

rank	name			club name			time			RT	fin.	pts
21.	Pauline van Dam			EIFFELswimmersPSV			199304422			4:37.09	+0,80	642
	50m:	31.73	31.73	150m:	1:40.16	34.55	250m:	2:50.73	35.53	350m:	4:02.30	35.64
	100m:	1:05.61	33.88	200m:	2:15.20	35.04	300m:	3:26.66	35.93	400m:	4:37.09	34.79
22.	Lindy Nijhuis			OZ&PC			199700010			4:38.39	+0,84	633
	50m:	31.00	31.00	150m:	1:40.92	35.48	250m:	2:52.20	35.66	350m:	4:03.60	35.87
	100m:	1:05.44	34.44	200m:	2:16.54	35.62	300m:	3:27.73	35.53	400m:	4:38.39	34.79
23.	Janina Beckers			Eurode KZC			199800574			4:38.62	+0,76	632
	50m:	31.28	31.28	150m:	1:40.84	35.08	250m:	2:52.34	35.96	350m:	4:04.05	35.70
	100m:	1:05.76	34.48	200m:	2:16.38	35.54	300m:	3:28.35	36.01	400m:	4:38.62	34.57
24.	Hanny van Dijk			Orca			199804514			4:40.41	+0,86	620
	50m:	31.73	31.73	150m:	1:41.90	35.69	250m:	2:53.60	35.87	350m:	4:05.78	36.17
	100m:	1:06.21	34.48	200m:	2:17.73	35.83	300m:	3:29.61	36.01	400m:	4:40.41	34.63
25.	Lynn Dybiona			AZ&PC			199501786			4:40.50	+0,79	619
	50m:	31.57	31.57	150m:	1:41.64	35.26	250m:	2:53.42	35.94	350m:	4:06.04	36.29
	100m:	1:06.38	34.81	200m:	2:17.48	35.84	300m:	3:29.75	36.33	400m:	4:40.50	34.46
26.	Gina Andersen			Lambertseter SC			199604938			4:40.61	+0,78	619
	50m:	32.13	32.13	150m:	1:42.51	35.48	250m:	2:53.42	35.17	350m:	4:05.72	36.04
	100m:	1:07.03	34.90	200m:	2:18.25	35.74	300m:	3:29.68	36.26	400m:	4:40.61	34.89
27.	Brenda Zwarthoed			DAW			199604938			4:40.63	+0,73	618
	50m:	32.26	32.26	150m:	1:42.69	35.48	250m:	2:54.00	35.72	350m:	4:05.61	35.67
	100m:	1:07.21	34.95	200m:	2:18.28	35.59	300m:	3:29.94	35.94	400m:	4:40.63	35.02
28.	Evelien van Ruiten			Orca			199602924			4:42.83	+0,85	604
	50m:	32.00	32.00	150m:	1:42.77	35.69	250m:	2:54.71	35.90	350m:	4:08.22	37.06
	100m:	1:07.08	35.08	200m:	2:18.81	36.04	300m:	3:31.16	36.45	400m:	4:42.83	34.61
29.	Esmee Six			EIFFELswimmersPSV			199700490			4:46.17	+0,83	583
	50m:	33.20	33.20	150m:	1:46.49	36.76	250m:	2:59.50	36.10	350m:	4:11.53	36.13
	100m:	1:09.73	36.53	200m:	2:23.40	36.91	300m:	3:35.40	35.90	400m:	4:46.17	34.64
30.	Elisabeth Rivard			WVZ			199600244			4:47.24	+0,81	577
	50m:	31.73	31.73	150m:	1:44.53	36.87	250m:	2:58.21	36.88	350m:	4:11.85	36.74
	100m:	1:07.66	35.93	200m:	2:21.33	36.80	300m:	3:35.11	36.90	400m:	4:47.24	35.39
31.	Lydia Musleh			Panathinaikos AC			199503286			4:47.43	+0,67	575
	50m:	31.59	31.59	150m:	1:42.67	35.97	250m:	2:58.41	37.59	350m:	4:12.99	36.52
	100m:	1:06.70	35.11	200m:	2:20.82	38.15	300m:	3:36.47	38.06	400m:	4:47.43	34.44
32.	Shireen Post			AZ&PC			199503286			4:49.39	+0,81	564
	50m:	32.98	32.98	150m:	1:46.04	37.03	250m:	2:59.59	36.34	350m:	4:12.58	36.69
	100m:	1:09.01	36.03	200m:	2:23.25	37.21	300m:	3:35.89	36.30	400m:	4:49.39	36.81
33.	Jakoniën Koster			ZPC Bikkel Hoozeveen			199400068			4:49.53	+0,89	563
	50m:	32.59	32.59	150m:	1:44.59	36.43	250m:	2:59.05	37.31	350m:	4:13.63	37.15
	100m:	1:08.16	35.57	200m:	2:21.74	37.15	300m:	3:36.48	37.43	400m:	4:49.53	35.90
34.	Maud Hoofs			Racing Club			199501206			4:52.33	+0,73	547
	50m:	32.50	32.50	150m:	1:46.39	37.07	250m:	3:01.29	37.39	350m:	4:16.87	37.57
	100m:	1:09.32	36.82	200m:	2:23.90	37.51	300m:	3:39.30	38.01	400m:	4:52.33	35.46
35.	Aranka Schouten			De Fuut			199503742			4:52.65	+0,77	545
	50m:	32.54	32.54	150m:	1:46.11	37.26	250m:	3:01.02	37.73	350m:	4:16.85	37.76
	100m:	1:08.85	36.31	200m:	2:23.29	37.18	300m:	3:39.09	38.07	400m:	4:52.65	35.80
36.	Serena Stel			De Dolfijn			199801528			4:52.75	+0,73	545
	50m:	33.09	33.09	150m:	1:47.95	37.87	250m:	3:03.26	37.46	350m:	4:18.35	37.40
	100m:	1:10.08	36.99	200m:	2:25.80	37.85	300m:	3:40.95	37.69	400m:	4:52.75	34.40
37.	Tamara Grove			Oceanus			199601266			4:52.91	+0,83	544
	50m:	32.13	32.13	150m:	1:43.86	36.09	250m:	2:58.84	38.18	350m:	4:15.87	38.66
	100m:	1:07.77	35.64	200m:	2:20.66	36.80	300m:	3:37.21	38.37	400m:	4:52.91	37.04
38.	Astrid van Nieuwkerk			ZV Westland Dijkglas			199402904			4:53.48	+0,93	541
	50m:	32.60	32.60	150m:	1:46.03	37.20	250m:	3:02.09	38.05	350m:	4:17.93	37.86
	100m:	1:08.83	36.23	200m:	2:24.04	38.01	300m:	3:40.07	37.98	400m:	4:53.48	35.55
39.	Alexia Christodouloupoulou			Olympiakos S.F.P.			199602680			4:53.49	+0,81	541
	50m:	33.32	33.32	150m:	1:47.32	37.47	250m:	3:03.14	37.93	350m:	4:18.10	37.41
	100m:	1:09.85	36.53	200m:	2:25.21	37.89	300m:	3:40.69	37.55	400m:	4:53.49	35.39
40.	Carina Klees			WVZ			199602680			4:54.69	+0,76	534
	50m:	32.46	32.46	150m:	1:45.96	37.24	250m:	3:01.47	37.82	350m:	4:17.26	37.81
	100m:	1:08.72	36.26	200m:	2:23.65	37.69	300m:	3:39.45	37.98	400m:	4:54.69	37.43
41.	Nanda de Vries			HZ&PC Heerenveen			199204328			5:01.44	+0,82	499
	50m:	31.42	31.42	150m:	1:46.83	38.79	250m:	3:05.91	39.51	350m:	4:23.82	38.72
	100m:	1:08.04	36.62	200m:	2:26.40	39.57	300m:	3:45.10	39.19	400m:	5:01.44	37.62

Event 14, Women, 400m Freestyle, Prelim, Senioren Open

rank	name	club name	time	RT	fin.	pts
42.	Romy Pansters	KNZB Paralympisch	199605900 S8	5:34.74	+0,70	364
	50m: 37.89 37.89	150m: 2:01.56 42.34	250m: 3:27.33 43.33	350m: 4:53.43 42.84		
	100m: 1:19.22 41.33	200m: 2:44.00 42.44	300m: 4:10.59 43.26	400m: 5:34.74 41.31		
43.	Lisa den Braber	KNZB Paralympisch	199207558 S8	5:39.13	+0,67	350
	50m: 38.92 38.92	150m: 2:03.34 42.30	250m: 3:29.53 43.13	350m: 4:56.65 43.45		
	100m: 1:21.04 42.12	200m: 2:46.40 43.06	300m: 4:13.20 43.67	400m: 5:39.13 42.48		
44.	Marion Nijhof	KNZB Paralympisch	198101070 S11	6:59.96	+1,31	184
	50m: 42.75 42.75	150m: 2:22.95 51.10	250m: 4:11.81 54.53	350m: 6:05.80 57.56		
	100m: 1:31.85 49.10	200m: 3:17.28 54.33	300m: 5:08.24 56.43	400m: 6:59.96 54.16		
WDR	Erica Sjoeholm	Sjöbo SS	AJ0497			
WDR	Maartje de Wit	E.ON-NZA	199502362			
sick	Mirjam de Koning - Peper	KNZB Paralympisch	196900782 S6			
sick	Eva Werkman	Zwemlust-den Hommel	199703458			