

Programmanr. 102
07-06-2013

Dames, 400m vrije slag
Finale S4-S14

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Resultaten

rang	naam	vereniging					tijd			RT	
1.	Magda Toeters	AZ&PC					198603552	S14	4:52.36	+0,81	874
	50m: 32.59	32.59	150m: 1:44.85	36.46	250m: 2:59.82	37.54	350m: 4:15.20	37.84			
	100m: 1:08.39	35.80	200m: 2:22.28	37.43	300m: 3:37.36	37.54	400m: 4:52.36	37.16			
2.	Marije Oosterhuis	Eemsrobben					199500318	S10	5:03.01	+0,81	656
	50m: 33.32	33.32	150m: 1:48.42	37.99	250m: 3:06.86	39.43	350m: 4:24.92	38.90			
	100m: 1:10.43	37.11	200m: 2:27.43	39.01	300m: 3:46.02	39.16	400m: 5:03.01	38.09			
3.	Romy Pansters	ZC Valkenburg					199605900	S8	5:31.46	+0,90	652
	50m: 36.98	36.98	150m: 1:58.91	41.59	250m: 3:24.93	43.41	350m: 4:50.84	43.23			
	100m: 1:17.32	40.34	200m: 2:41.52	42.61	300m: 4:07.61	42.68	400m: 5:31.46	40.62			
4.	Lisa den Braber	AZ&PC					199207558	S8	5:49.42	+0,65	557
	50m: 40.39	40.39	150m: 2:07.29	44.33	250m: 3:36.98	45.18	350m: 5:06.63	45.19			
	100m: 1:22.96	42.57	200m: 2:51.80	44.51	300m: 4:21.44	44.46	400m: 5:49.42	42.79			