

Event 34
10-06-2012

Women, 400m Medley

Jeugd/Senioren
Results

Wereld Record	4:29.45	Stephanie Rice	Beijing (CHN)	10-08-2008
Europees Record	4:30.31	Katinka Hosszu	Rome (ITA)	02-08-2009
Nederlands Record Senioren	4:45.68	Lieke Verouden	Eindhoven	12-06-2011
Nederlands Record Jeugd	4:48.19	Sharon van Rouwendaal	Duinkerken (FRA)	20-04-2008

rang	naam	vereniging	tijd	RT
Jeugd 1 en 2				
1.	Cynthia Verkaik	Orca	199601288	5:00.84 +0,75 A
	50m: 32.58 32.58	150m: 1:49.02 40.35	250m: 3:10.94 42.38	350m: 4:28.93 35.08
	100m: 1:08.67 36.09	200m: 2:28.56 39.54	300m: 3:53.85 42.91	400m: 5:00.84 31.91
2.	Anouque Berghuis	De Zijl/LGB	199606132	5:13.64 +0,78 D
	50m: 32.50 32.50	150m: 1:49.67 38.98	250m: 3:15.43 47.65	350m: 4:39.13 36.08
	100m: 1:10.69 38.19	200m: 2:27.78 38.11	300m: 4:03.05 47.62	400m: 5:13.64 34.51
3.	Givenchy Sneekes	De Dolfijn	199705486	5:14.27 +0,65 C
	50m: 32.04 32.04	150m: 1:51.29 41.54	250m: 3:16.91 44.98	350m: 4:38.89 35.76
	100m: 1:09.75 37.71	200m: 2:31.93 40.64	300m: 4:03.13 46.22	400m: 5:14.27 35.38
4.	Clariss de Vries	Orca	199700942	5:20.18 +0,74 D
	50m: 33.19 33.19	150m: 1:54.20 39.80	250m: 3:20.39 47.76	350m: 4:44.64 37.02
	100m: 1:14.40 41.21	200m: 2:32.63 38.43	300m: 4:07.62 47.23	400m: 5:20.18 35.54
5.	Maaïke van Veen	ZPC Bikkel Hoogeveen	199700292	5:21.62 * +0,82 D
	50m: 33.60 33.60	150m: 1:53.24 39.24	250m: 3:20.44 47.41	350m: 4:44.79 37.76
	100m: 1:14.00 40.40	200m: 2:33.03 39.79	300m: 4:07.03 46.59	400m: 5:21.62 36.83
6.	Nicole Bennis	WVZ	199600470	5:22.79 +0,69 E
	50m: 33.79 33.79	150m: 1:56.14 41.25	250m: 3:22.78 46.27	350m: 4:46.79 38.53
	100m: 1:14.89 41.10	200m: 2:36.51 40.37	300m: 4:08.26 45.48	400m: 5:22.79 36.00
7.	Asmara Ritmeijer	ZVVS	199600790	5:26.58 E
	50m: 33.59 33.59	150m: 1:57.13 42.63	250m: 3:25.27 45.58	350m: 4:51.26 39.51
	100m: 1:14.50 40.91	200m: 2:39.69 42.56	300m: 4:11.75 46.48	400m: 5:26.58 35.32
8.	Mirl de Boer	DAW	199700468	5:29.90 +0,77 E
	50m: 35.19 35.19	150m: 2:00.94 41.78	250m: 3:29.66 45.12	350m: 4:55.80 37.70
	100m: 1:19.16 43.97	200m: 2:44.54 43.60	300m: 4:18.10 48.44	400m: 5:29.90 34.10
9.	Elles Becker	Zwemclub Zeist	199600628	5:30.32 +0,85 E
	50m: 33.03 33.03	150m: 1:55.01 42.77	250m: 3:25.41 49.22	350m: 4:53.17 38.52
	100m: 1:12.24 39.21	200m: 2:36.19 41.18	300m: 4:14.65 49.24	400m: 5:30.32 37.15
10.	Willeke Jonkman	DZ&PC	199604304	5:31.31 +0,72 E
	50m: 34.82 34.82	150m: 2:01.78 43.94	250m: 3:28.87 45.16	350m: 4:54.46 39.91
	100m: 1:17.84 43.02	200m: 2:43.71 41.93	300m: 4:14.55 45.68	400m: 5:31.31 36.85
11.	Moniek Heemskerk	LZ 1886	199601964	5:34.28 +0,73
	50m: 33.81 33.81	150m: 1:59.94 45.19	250m: 3:29.92 45.28	350m: 4:57.05 40.09
	100m: 1:14.75 40.94	200m: 2:44.64 44.70	300m: 4:16.96 47.04	400m: 5:34.28 37.23
12.	Esmee Six	EIFFELswimmersPSV	199700490	5:35.05 +0,77 E
	50m: 35.39 35.39	150m: 2:00.03 43.27	250m: 3:29.88 47.30	350m: 5:00.59 40.29
	100m: 1:16.76 41.37	200m: 2:42.58 42.55	300m: 4:20.30 50.42	400m: 5:35.05 34.46
13.	Manon Koster	HZPC	199701312	5:35.46 +0,90
	50m: 35.47 35.47	150m: 2:00.29 41.59	250m: 3:31.04 48.93	350m: 4:58.83 38.01
	100m: 1:18.70 43.23	200m: 2:42.11 41.82	300m: 4:20.82 49.78	400m: 5:35.46 36.63
14.	Noa Oldenhof	De Dolfijn	199700622	5:35.59 +0,71
	50m: 35.24 35.24	150m: 1:55.40 36.39	250m: 3:27.23 44.16	350m: 4:58.45 37.11
	100m: 1:19.01 43.77	200m: 2:43.07 47.67	300m: 4:21.34 54.11	400m: 5:35.59 37.14
15.	Amy van Lier	De Vennen	199603022	5:41.35 +0,64
	50m: 33.87 33.87	150m: 1:57.77 44.24	250m: 3:31.36 50.27	350m: 5:02.29 39.76
	100m: 1:13.53 39.66	200m: 2:41.09 43.32	300m: 4:22.53 51.17	400m: 5:41.35 39.06

all-in

1.	Lieke Verouden	Racing Club	199003948	4:50.46 +0,65 A
	50m: 30.60 30.60	150m: 1:44.95 38.93	250m: 3:03.71 40.50	350m: 4:18.44 33.17
	100m: 1:06.02 35.42	200m: 2:23.21 38.26	300m: 3:45.27 41.56	400m: 4:50.46 32.02
2.	Annick van Westendorp	SC Winterthur	15606	4:55.00 +0,93 B
	50m: 30.61 30.61	150m: 1:44.63 39.35	250m: 3:06.96 43.97	350m: 4:22.76 33.19
	100m: 1:05.28 34.67	200m: 2:22.99 38.36	300m: 3:49.57 42.61	400m: 4:55.00 32.24

Onjuistheden?

Mail naar: nkinschrijvingen@knzb.nl

Splash Meet Manager 11, Build 21215

Registered to KNZB

11-06-2012 2:01 - Page 1

Event 34, Women, 400m Medley, all-in

rang	naam	vereniging	tijd	RT
3.	Marjolein Delno	DWK	5:00.83	+0,83 C
	50m: 32.06 100m: 1:08.85	150m: 1:47.28 200m: 2:26.06	250m: 3:10.12 300m: 3:54.28	350m: 4:28.07 400m: 5:00.83
4.	Cynthia Verkaik	Orca	5:00.84	+0,75 A
	50m: 32.58 100m: 1:08.67	150m: 1:49.02 200m: 2:28.56	250m: 3:10.94 300m: 3:53.85	350m: 4:28.93 400m: 5:00.84
5.	Leonie van Noort	De Zijl/LGB	5:09.33	+0,82 D
	50m: 31.57 100m: 1:09.21	150m: 1:48.06 200m: 2:26.08	250m: 3:13.59 300m: 4:01.33	350m: 4:36.07 400m: 5:09.33
6.	Judith van Meijel	HZPC	5:09.82	+0,85 E
	50m: 32.89 100m: 1:10.43	150m: 1:50.09 200m: 2:29.51	250m: 3:14.03 300m: 3:58.79	350m: 4:35.03 400m: 5:09.82
7.	Macy Oortwijn	AZ&PC	5:10.11	+0,82 D
	50m: 31.37 100m: 1:09.97	150m: 1:49.68 200m: 2:29.71	250m: 3:13.68 300m: 3:59.08	350m: 4:34.79 400m: 5:10.11
8.	Anouque Berghuis	De Zijl/LGB	5:13.64	+0,78 D
	50m: 32.50 100m: 1:10.69	150m: 1:49.67 200m: 2:27.78	250m: 3:15.43 300m: 4:03.05	350m: 4:39.13 400m: 5:13.64
9.	Givenchy Sneekes	De Dolfijn	5:14.27	+0,65 C
	50m: 32.04 100m: 1:09.75	150m: 1:51.29 200m: 2:31.93	250m: 3:16.91 300m: 4:03.13	350m: 4:38.89 400m: 5:14.27
10.	Clariss de Vries	Orca	5:20.18	+0,74 D
	50m: 33.19 100m: 1:14.40	150m: 1:54.20 200m: 2:32.63	250m: 3:20.39 300m: 4:07.62	350m: 4:44.64 400m: 5:20.18
11.	Maaik van Veen	ZPC Bikkell Hoogeveen	5:21.62 *	+0,82 D
	50m: 33.60 100m: 1:14.00	150m: 1:53.24 200m: 2:33.03	250m: 3:20.44 300m: 4:07.03	350m: 4:44.79 400m: 5:21.62
12.	Nicole Bennis	WVZ	5:22.79	+0,69 E
	50m: 33.79 100m: 1:14.89	150m: 1:56.14 200m: 2:36.51	250m: 3:22.78 300m: 4:08.26	350m: 4:46.79 400m: 5:22.79
13.	Shireen Post	AZ&PC	5:25.15	+0,80 E
	50m: 32.14 100m: 1:10.10	150m: 1:54.72 200m: 2:37.20	250m: 3:25.48 300m: 4:14.12	350m: 4:49.98 400m: 5:25.15
14.	Asmara Ritmeijer	ZVVS	5:26.58	E
	50m: 33.59 100m: 1:14.50	150m: 1:57.13 200m: 2:39.69	250m: 3:25.27 300m: 4:11.75	350m: 4:51.26 400m: 5:26.58
15.	Mirl de Boer	DAW	5:29.90	+0,77 E
	50m: 35.19 100m: 1:19.16	150m: 2:00.94 200m: 2:44.54	250m: 3:29.66 300m: 4:18.10	350m: 4:55.80 400m: 5:29.90
16.	Samantha Kardol	Nuenen	5:30.18	+0,73
	50m: 35.87 100m: 1:17.50	150m: 1:59.65 200m: 2:40.64	250m: 3:31.73 300m: 4:20.14	350m: 4:57.20 400m: 5:30.18
17.	Elles Becker	Zwemclub Zeist	5:30.32	+0,85 E
	50m: 33.03 100m: 1:12.24	150m: 1:55.01 200m: 2:36.19	250m: 3:25.41 300m: 4:14.65	350m: 4:53.17 400m: 5:30.32
18.	Willeke Jonkman	DZ&PC	5:31.31	+0,72 E
	50m: 34.82 100m: 1:17.84	150m: 2:01.78 200m: 2:43.71	250m: 3:28.87 300m: 4:14.55	350m: 4:54.46 400m: 5:31.31
19.	Moniek Heemskerck	LZ 1886	5:34.28	+0,73
	50m: 33.81 100m: 1:14.75	150m: 1:59.94 200m: 2:44.64	250m: 3:29.92 300m: 4:16.96	350m: 4:57.05 400m: 5:34.28
20.	Esmee Six	EIFFELswimmersPSV	5:35.05	+0,77 E
	50m: 35.39 100m: 1:16.76	150m: 2:00.03 200m: 2:42.58	250m: 3:29.88 300m: 4:20.30	350m: 5:00.59 400m: 5:35.05
21.	Manon Koster	HZPC	5:35.46	+0,90
	50m: 35.47 100m: 1:18.70	150m: 2:00.29 200m: 2:42.11	250m: 3:31.04 300m: 4:20.82	350m: 4:58.83 400m: 5:35.46
22.	Noa Oldenhof	De Dolfijn	5:35.59	+0,71
	50m: 35.24 100m: 1:19.01	150m: 1:55.40 200m: 2:43.07	250m: 3:27.23 300m: 4:21.34	350m: 4:58.45 400m: 5:35.59
23.	Maud Hoofs	Racing Club	5:38.52 *	+0,57
	50m: 34.44 100m: 1:16.76	150m: 2:01.79 200m: 2:47.85	250m: 3:33.47 300m: 4:22.23	350m: 5:01.10 400m: 5:38.52

Event 34, Women, 400m Medley, all-in

rang	naam	vereniging	tijd	RT				
24.	Amy van Lier	De Vennen	199603022	5:41.35 +0,64				
	50m: 33.87	33.87	150m: 1:57.77	44.24	250m: 3:31.36	50.27	350m: 5:02.29	39.76
	100m: 1:13.53	39.66	200m: 2:41.09	43.32	300m: 4:22.53	51.17	400m: 5:41.35	39.06
DSQ	Lisa van Breugel	BZV	199506804	AA +0,80				
	50m:	150m:	250m:	350m:				
	100m:	200m:	300m:	400m:				