

Programmanr. 24
09-06-2012

Dames, 800m vrije slag

Jeugd/Senioren
Resultaten

Wereld Record	8:14.10	Rebecca Adlington	Beijing (CHN)	16-08-2008
Europees Record	8:14.10	Rebecca Adlington	Beijing (CHN)	16-08-2008
Nederlands Record Senioren	8:30.84	Kirsten Vliegheuis	Atlanta (USA)	25-07-1996
Nederlands Record Jeugd	8:37.58	Sharon van Rouwendaal	Straatsburg (FRA)	27-03-2009

rang naam vereniging tijd RT

Jeugd 1 en 2

1.	Esmee Vermeulen		E.ON-NZA		199600678		8:54.09		+0,75	A+					
		50m:	30.07	30.07	250m:	2:41.88	32.85	450m:			4:55.97	32.69	650m:	7:12.87	34.48
		100m:	1:03.20	33.13	300m:	3:15.67	33.79	500m:			5:30.16	34.19	700m:	7:47.46	34.59
		150m:	1:35.94	32.74	350m:	3:49.49	33.82	550m:			6:04.22	34.06	750m:	8:19.98	32.52
		200m:	2:09.03	33.09	400m:	4:23.28	33.79	600m:			6:38.39	34.17	800m:	8:54.09	34.11
2.	Anouque Berghuis		De Zijl/LGB		199606132		9:16.44		+0,59	C					
		50m:	31.05	31.05	250m:	2:49.50	34.86	450m:			5:10.19	35.09	650m:	7:31.64	35.14
		100m:	1:04.77	33.72	300m:	3:25.01	35.51	500m:			5:45.25	35.06	700m:	8:07.12	35.48
		150m:	1:39.58	34.81	350m:	3:59.83	34.82	550m:			6:20.78	35.53	750m:	8:42.04	34.92
		200m:	2:14.64	35.06	400m:	4:35.10	35.27	600m:			6:56.50	35.72	800m:	9:16.44	34.40
3.	Manon Friskes		DWK		199701566		9:23.91		+0,75	C					
		50m:	31.41	31.41	250m:	2:51.65	35.46	450m:			5:14.56	35.96	650m:	7:37.93	35.78
		100m:	1:05.53	34.12	300m:	3:27.16	35.51	500m:			5:50.37	35.81	700m:	8:13.86	35.93
		150m:	1:40.89	35.36	350m:	4:02.82	35.66	550m:			6:26.22	35.85	750m:	8:49.49	35.63
		200m:	2:16.19	35.30	400m:	4:38.60	35.78	600m:			7:02.15	35.93	800m:	9:23.91	34.42
4.	Lindy Nijhuis		OZ&PC		199700010		9:31.75		+0,84	D					
		50m:	31.60	31.60	250m:	2:55.64	36.47	450m:			5:20.84	36.31	650m:	7:45.98	36.54
		100m:	1:06.82	35.22	300m:	3:32.03	36.39	500m:			5:57.03	36.19	700m:	8:22.34	36.36
		150m:	1:42.64	35.82	350m:	4:08.22	36.19	550m:			6:33.55	36.52	750m:	8:57.71	35.37
		200m:	2:19.17	36.53	400m:	4:44.53	36.31	600m:			7:09.44	35.89	800m:	9:31.75	34.04
5.	Evelien van Ruiten		Orca		199602924		9:34.89		+0,82	D					
		50m:	31.67	31.67	250m:	2:54.47	36.50	450m:			5:21.81	36.92	650m:	7:47.97	36.44
		100m:	1:06.62	34.95	300m:	3:31.24	36.77	500m:			5:58.45	36.64	700m:	8:24.65	36.68
		150m:	1:42.14	35.52	350m:	4:08.03	36.79	550m:			6:35.39	36.94	750m:	9:00.98	36.33
		200m:	2:17.97	35.83	400m:	4:44.89	36.86	600m:			7:11.53	36.14	800m:	9:34.89	33.91
6.	Elisabeth Rivard		WVZ		199600244		9:44.76		+0,63	E					
		50m:	32.32	32.32	250m:	2:59.30	37.32	450m:			5:26.68	36.50	650m:	7:54.62	36.59
		100m:	1:08.24	35.92	300m:	3:36.41	37.11	500m:			6:03.78	37.10	700m:	8:31.79	37.17
		150m:	1:45.04	36.80	350m:	4:13.34	36.93	550m:			6:40.77	36.99	750m:	9:08.53	36.74
		200m:	2:21.98	36.94	400m:	4:50.18	36.84	600m:			7:18.03	37.26	800m:	9:44.76	36.23
7.	Adaja Stoetman		TriVia		199600348		9:55.73		+0,89	E					
		50m:	32.37	32.37	250m:	3:00.50	37.84	450m:			5:32.38	37.82	650m:	8:05.00	38.10
		100m:	1:08.15	35.78	300m:	3:37.94	37.44	500m:			6:10.80	38.42	700m:	8:42.69	37.69
		150m:	1:45.66	37.51	350m:	4:16.20	38.26	550m:			6:48.95	38.15	750m:	9:20.28	37.59
		200m:	2:22.66	37.00	400m:	4:54.56	38.36	600m:			7:26.90	37.95	800m:	9:55.73	35.45
8.	Lisa Postma		De Zijl/LGB		199701588		10:05.73		+0,76	E					
		50m:	31.38	31.38	250m:	3:00.84	37.54	450m:			5:34.48	38.74	650m:	8:10.73	39.21
		100m:	1:07.70	36.32	300m:	3:38.72	37.88	500m:			6:13.74	39.26	700m:	8:50.06	39.33
		150m:	1:45.48	37.78	350m:	4:17.29	38.57	550m:			6:52.20	38.46	750m:	9:28.33	38.27
		200m:	2:23.30	37.82	400m:	4:55.74	38.45	600m:			7:31.52	39.32	800m:	10:05.73	37.40

all-in

1.	Judith Stap	EIFFELswimmersPSV			199302702		8:46.92	+0,79	A			
	50m:	29.94	29.94	250m:	2:42.44	33.41	450m:	4:55.80	33.11	650m:	7:08.72	33.27
	100m:	1:02.74	32.80	300m:	3:15.85	33.41	500m:	5:29.01	33.21	700m:	7:41.93	33.21
	150m:	1:35.70	32.96	350m:	3:49.34	33.49	550m:	6:02.17	33.16	750m:	8:14.94	33.01
	200m:	2:09.03	33.33	400m:	4:22.69	33.35	600m:	6:35.45	33.28	800m:	8:46.92	31.98
2.	Esmee Vermeulen	E.ON-NZA			199600678		8:54.09	+0,75	A+			
	50m:	30.07	30.07	250m:	2:41.88	32.85	450m:	4:55.97	32.69	650m:	7:12.87	34.48
	100m:	1:03.20	33.13	300m:	3:15.67	33.79	500m:	5:30.16	34.19	700m:	7:47.46	34.59
	150m:	1:35.94	32.74	350m:	3:49.49	33.82	550m:	6:04.22	34.06	750m:	8:19.98	32.52
	200m:	2:09.03	33.09	400m:	4:23.28	33.79	600m:	6:38.39	34.17	800m:	8:54.09	34.11
3.	Leonie van Noort	De Zijl/LGB			199301752		9:03.95	+0,76	C			
	50m:	30.27	30.27	250m:	2:44.83	34.17	450m:	5:03.23	34.64	650m:	7:22.51	34.44
	100m:	1:03.50	33.23	300m:	3:19.41	34.58	500m:	5:38.16	34.93	700m:	7:57.20	34.69
	150m:	1:37.17	33.67	350m:	3:53.76	34.35	550m:	6:13.11	34.95	750m:	8:31.47	34.27
	200m:	2:10.66	33.49	400m:	4:28.59	34.83	600m:	6:48.07	34.96	800m:	9:03.95	32.48

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rang	naam	vereniging				tijd				RT	
4.	Marion van den Berg	DWK				198600272				9:04.01	+0,90 C
	50m:	30.36	30.36	250m:	2:44.95	33.93	450m:	5:01.74	34.55	650m:	7:21.46 35.40
	100m:	1:03.57	33.21	300m:	3:18.89	33.94	500m:	5:36.20	34.46	700m:	7:55.94 34.48
	150m:	1:37.33	33.76	350m:	3:53.03	34.14	550m:	6:11.54	35.34	750m:	8:31.12 35.18
	200m:	2:11.02	33.69	400m:	4:27.19	34.16	600m:	6:46.06	34.52	800m:	9:04.01 32.89
5.	Anouke Berghuis	De Zijl/LGB				199606132				9:16.44	+0,59 C
	50m:	31.05	31.05	250m:	2:49.50	34.86	450m:	5:10.19	35.09	650m:	7:31.64 35.14
	100m:	1:04.77	33.72	300m:	3:25.01	35.51	500m:	5:45.25	35.06	700m:	8:07.12 35.48
	150m:	1:39.58	34.81	350m:	3:59.83	34.82	550m:	6:20.78	35.53	750m:	8:42.04 34.92
	200m:	2:14.64	35.06	400m:	4:35.10	35.27	600m:	6:56.50	35.72	800m:	9:16.44 34.40
6.	Manon Friskes	DWK				199701566				9:23.91	+0,75 C
	50m:	31.41	31.41	250m:	2:51.65	35.46	450m:	5:14.56	35.96	650m:	7:37.93 35.78
	100m:	1:05.53	34.12	300m:	3:27.16	35.51	500m:	5:50.37	35.81	700m:	8:13.86 35.93
	150m:	1:40.89	35.36	350m:	4:02.82	35.66	550m:	6:26.22	35.85	750m:	8:49.49 35.63
	200m:	2:16.19	35.30	400m:	4:38.60	35.78	600m:	7:02.15	35.93	800m:	9:23.91 34.42
7.	Lisa van Breugel	BZV				199506804				9:24.21	+0,92 D
	50m:	31.58	31.58	250m:	2:51.10	35.47	450m:	5:14.61	36.58	650m:	7:38.31 35.84
	100m:	1:05.81	34.23	300m:	3:26.60	35.50	500m:	5:50.86	36.25	700m:	8:14.85 36.54
	150m:	1:40.54	34.73	350m:	4:02.45	35.85	550m:	6:26.24	35.38	750m:	8:50.59 35.74
	200m:	2:15.63	35.09	400m:	4:38.03	35.58	600m:	7:02.47	36.23	800m:	9:24.21 33.62
8.	Lindy Nijhuis	OZ&PC				199700010				9:31.75	+0,84 D
	50m:	31.60	31.60	250m:	2:55.64	36.47	450m:	5:20.84	36.31	650m:	7:45.98 36.54
	100m:	1:06.82	35.22	300m:	3:32.03	36.39	500m:	5:57.03	36.19	700m:	8:22.34 36.36
	150m:	1:42.64	35.82	350m:	4:08.22	36.19	550m:	6:33.55	36.52	750m:	8:57.71 35.37
	200m:	2:19.17	36.53	400m:	4:44.53	36.31	600m:	7:09.44	35.89	800m:	9:31.75 34.04
9.	Maya Kingma	SBC2000				199503824				9:32.74	+0,72 E
	50m:	32.41	32.41	250m:	2:56.80	36.15	450m:	5:21.34	36.07	650m:	7:47.27 36.04
	100m:	1:08.53	36.12	300m:	3:32.91	36.11	500m:	5:57.61	36.27	700m:	8:23.54 36.27
	150m:	1:44.38	35.85	350m:	4:08.84	35.93	550m:	6:34.31	36.70	750m:	8:59.03 35.49
	200m:	2:20.65	36.27	400m:	4:45.27	36.43	600m:	7:11.23	36.92	800m:	9:32.74 33.71
10.	Evelien van Ruiten	Orca				199602924				9:34.89	+0,82 D
	50m:	31.67	31.67	250m:	2:54.47	36.50	450m:	5:21.81	36.92	650m:	7:47.97 36.44
	100m:	1:06.62	34.95	300m:	3:31.24	36.77	500m:	5:58.45	36.64	700m:	8:24.65 36.68
	150m:	1:42.14	35.52	350m:	4:08.03	36.79	550m:	6:35.39	36.94	750m:	9:00.98 36.33
	200m:	2:17.97	35.83	400m:	4:44.89	36.86	600m:	7:11.53	36.14	800m:	9:34.89 33.91
11.	Shireen Post 50m*	AZ&PC				199503286				9:37.64	+0,85 E
	50m:	32.96	32.96	250m:	2:57.39	34.53	450m:	5:21.68	33.43	650m:	7:46.90 33.17
	100m:	1:09.03	36.07	300m:	3:35.66	38.27	500m:	6:00.62	38.94	700m:	8:26.33 39.43
	150m:	1:44.93	35.90	350m:	4:09.48	33.82	550m:	6:34.84	34.22	750m:	9:02.19 35.86
	200m:	2:22.86	37.93	400m:	4:48.25	38.77	600m:	7:13.73	38.89	800m:	9:37.64 35.45
12.	Elisabeth Rivard	WVZ				199600244				9:44.76	+0,63 E
	50m:	32.32	32.32	250m:	2:59.30	37.32	450m:	5:26.68	36.50	650m:	7:54.62 36.59
	100m:	1:08.24	35.92	300m:	3:36.41	37.11	500m:	6:03.78	37.10	700m:	8:31.79 37.17
	150m:	1:45.04	36.80	350m:	4:13.34	36.93	550m:	6:40.77	36.99	750m:	9:08.53 36.74
	200m:	2:21.98	36.94	400m:	4:50.18	36.84	600m:	7:18.03	37.26	800m:	9:44.76 36.23
13.	Adaja Stoetman	TriVia				199600348				9:55.73	+0,89 E
	50m:	32.37	32.37	250m:	3:00.50	37.84	450m:	5:32.38	37.82	650m:	8:05.00 38.10
	100m:	1:08.15	35.78	300m:	3:37.94	37.44	500m:	6:10.80	38.42	700m:	8:42.69 37.69
	150m:	1:45.66	37.51	350m:	4:16.20	38.26	550m:	6:48.95	38.15	750m:	9:20.28 37.59
	200m:	2:22.66	37.00	400m:	4:54.56	38.36	600m:	7:26.90	37.95	800m:	9:55.73 35.45
14.	Maud Hoofs	Racing Club				199501206				9:58.80	+0,54
	50m:	31.44	31.44	250m:	2:58.14	37.56	450m:	5:29.11	37.71	650m:	8:03.96 38.92
	100m:	1:06.99	35.55	300m:	3:35.95	37.81	500m:	6:07.12	38.01	700m:	8:43.09 39.13
	150m:	1:43.63	36.64	350m:	4:13.72	37.77	550m:	6:45.88	38.76	750m:	9:21.60 38.51
	200m:	2:20.58	36.95	400m:	4:51.40	37.68	600m:	7:25.04	39.16	800m:	9:58.80 37.20
15.	Lisa Postma	De Zijl/LGB				199701588				10:05.73	+0,76 E
	50m:	31.38	31.38	250m:	3:00.84	37.54	450m:	5:34.48	38.74	650m:	8:10.73 39.21
	100m:	1:07.70	36.32	300m:	3:38.72	37.88	500m:	6:13.74	39.26	700m:	8:50.06 39.33
	150m:	1:45.48	37.78	350m:	4:17.29	38.57	550m:	6:52.20	38.46	750m:	9:28.33 38.27
	200m:	2:23.30	37.82	400m:	4:55.74	38.45	600m:	7:31.52	39.32	800m:	10:05.73 37.40