



NK 5000 meter en NJK 800/1500 meter 2013  
Amersfoort, 20-4-2013



Programmanr. 3  
20-04-2013 - 11:05

Jongens, 1500m vrije slag

Juniores 3  
Resultaten

|                            |          |                           |                |            |
|----------------------------|----------|---------------------------|----------------|------------|
| Nederlands Record Junioren | 16:02.56 | Pieter van den Hoogenband | Nanterre (FRA) | 15-05-1994 |
| Nederlands Record 15 jaar  | 16:18.40 | Pieter van den Hoogenband | Den Bosch      | 14-05-1993 |

| rang | naam             |         | vereniging  |          | inschrijftijd |        | startnr.  |         | tijd     |          |
|------|------------------|---------|-------------|----------|---------------|--------|-----------|---------|----------|----------|
| 1.   | Jorgos Skotadis  |         | Racing Club |          | 16:54.49      |        | 199803317 |         | 17:05.32 |          |
|      | 100m:            | 1:02.67 | 500m:       | 5:30.80  | 1:07.62       | 900m:  | 10:07.91  | 1:10.02 | 1300m:   | 14:49.43 |
|      | 200m:            | 2:08.70 | 600m:       | 6:39.51  | 1:08.71       | 1000m: | 11:18.24  | 1:10.33 | 1400m:   | 16:00.01 |
|      | 300m:            | 3:15.84 | 700m:       | 7:48.32  | 1:08.81       | 1100m: | 12:28.34  | 1:10.10 | 1500m:   | 17:05.32 |
|      | 400m:            | 4:23.18 | 800m:       | 8:57.89  | 1:09.57       | 1200m: | 13:38.89  | 1:10.55 |          | 1:05.31  |
| 2.   | Timos Skotadis   |         | Racing Club |          | 17:53.36      |        | 199804615 |         | 17:41.44 |          |
|      | 100m:            | 1:05.89 | 500m:       | 5:48.09  | 1:11.29       | 900m:  | 10:33.61  | 1:11.09 | 1300m:   | 15:20.25 |
|      | 200m:            | 2:15.64 | 600m:       | 6:59.80  | 1:11.71       | 1000m: | 11:45.37  | 1:11.76 | 1400m:   | 16:31.34 |
|      | 300m:            | 3:26.05 | 700m:       | 8:11.10  | 1:11.30       | 1100m: | 12:56.83  | 1:11.46 | 1500m:   | 17:41.44 |
|      | 400m:            | 4:36.80 | 800m:       | 9:22.52  | 1:11.42       | 1200m: | 14:08.28  | 1:11.45 |          | 1:10.10  |
| 3.   | Jonne Schaafsma  |         | Racing Club |          | 18:05.42      |        | 199800745 |         | 17:47.04 |          |
|      | 100m:            | 1:05.07 | 500m:       | 5:46.81  | 1:11.81       | 900m:  | 10:35.48  | 1:11.55 | 1300m:   | 15:24.00 |
|      | 200m:            | 2:14.36 | 600m:       | 7:00.21  | 1:13.40       | 1000m: | 11:47.11  | 1:11.63 | 1400m:   | 16:37.29 |
|      | 300m:            | 3:24.42 | 700m:       | 8:11.96  | 1:11.75       | 1100m: | 12:58.94  | 1:11.83 | 1500m:   | 17:47.04 |
|      | 400m:            | 4:35.00 | 800m:       | 9:23.93  | 1:11.97       | 1200m: | 14:11.22  | 1:12.28 |          | 1:09.75  |
| 4.   | Jordy Severins   |         | Eurode KZC  |          | 18:41.69      |        | 199800559 |         | 18:03.75 |          |
|      | 100m:            | 1:04.03 | 500m:       | 5:48.09  | 1:12.27       | 900m:  | 10:43.09  | 1:14.51 | 1300m:   | 15:38.54 |
|      | 200m:            | 2:12.90 | 600m:       | 7:01.36  | 1:13.27       | 1000m: | 11:56.97  | 1:13.88 | 1400m:   | 16:52.40 |
|      | 300m:            | 3:23.99 | 700m:       | 8:14.68  | 1:13.32       | 1100m: | 13:11.09  | 1:14.12 | 1500m:   | 18:03.75 |
|      | 400m:            | 4:35.82 | 800m:       | 9:28.58  | 1:13.90       | 1200m: | 14:24.60  | 1:13.51 |          | 1:11.35  |
| 5.   | Bart Sommeling   |         | Oceanus     |          | 18:16.80      |        | 199800765 |         | 18:15.06 |          |
|      | 100m:            | 1:08.10 | 500m:       | 5:58.24  | 1:12.74       | 900m:  | 10:52.49  | 1:13.42 | 1300m:   | 15:50.62 |
|      | 200m:            | 2:20.10 | 600m:       | 7:11.64  | 1:13.40       | 1000m: | 12:07.24  | 1:14.75 | 1400m:   | 17:04.51 |
|      | 300m:            | 3:32.05 | 700m:       | 8:24.86  | 1:13.22       | 1100m: | 13:21.47  | 1:14.23 | 1500m:   | 18:15.06 |
|      | 400m:            | 4:45.50 | 800m:       | 9:39.07  | 1:14.21       | 1200m: | 14:35.86  | 1:14.39 |          | 1:10.55  |
| 6.   | Jeljer Aldershof |         | ZV Haarlem  |          | 18:43.46      |        | 199800719 |         | 19:01.22 |          |
|      | 100m:            | 1:10.34 | 500m:       | 6:16.61  | 1:17.72       | 900m:  | 11:21.48  | 1:15.11 | 1300m:   | 16:27.44 |
|      | 200m:            | 2:24.94 | 600m:       | 7:34.14  | 1:17.53       | 1000m: | 12:37.40  | 1:15.92 | 1400m:   | 17:44.13 |
|      | 300m:            | 3:41.63 | 700m:       | 8:52.37  | 1:18.23       | 1100m: | 13:53.14  | 1:15.74 | 1500m:   | 19:01.22 |
|      | 400m:            | 4:58.89 | 800m:       | 10:06.37 | 1:14.00       | 1200m: | 15:09.84  | 1:16.70 |          | 1:17.09  |