



NK 5000 meter en NJK 800/1500 meter 2012
Amersfoort, 21.4.2012



Programmanr. 8
21.04.2012 - 16:35

Meisjes, 800m vrije slag

Juniores 3
Resultaten

Nederlands Record Junioren	8:56.79	Esmee Vermeulen	Amsterdam	27.03.2010
Nederlands Record 14 jaar	8:54.52	Sharon van Rouwendaal	Montpellier (FRA)	23.11.2007
Kamp. Record Junioren 3	9:11.81	Esmee Vermeulen	Drachten	25.04.2010

rang	naam		vereniging		inschrijftijd	startnr.	tijd	
1.	Tessa Vermeulen		E.ON-NZA		9:26.75	199800068	9:24.63	
	100m:	1:04.90	300m:	3:25.50	1:10.70	500m:	5:49.46	1:12.61
	200m:	2:14.80	400m:	4:37.37	1:11.87	600m:	7:02.00	1:10.02
2.	Janina Beckers		Eurode KZC		9:35.48	199800574	9:30.13	
	100m:	1:05.95	300m:	3:30.73	1:12.94	500m:	5:56.46	1:11.74
	200m:	2:17.79	400m:	4:43.83	1:13.10	600m:	7:08.59	1:09.80
3.	Hanny van Dijk		Orca		9:47.44	199804514	9:39.82	
	100m:	1:07.04	300m:	3:32.41	1:13.03	500m:	5:59.60	1:13.87
	200m:	2:19.38	400m:	4:45.86	1:13.45	600m:	7:13.54	1:12.41
4.	Kinge Zandringa		Orca		9:51.98	199801422	9:47.60	
	100m:	1:07.97	300m:	3:33.78	1:13.23	500m:	6:01.27	1:16.17
	200m:	2:20.55	400m:	4:47.41	1:13.63	600m:	7:16.57	1:14.86
5.	Serena Stel		De Dolfijn		9:47.48	199801528	10:02.56	
	100m:	1:10.45	300m:	3:43.13	1:16.55	500m:	6:16.24	1:16.84
	200m:	2:26.58	400m:	4:59.56	1:16.43	600m:	7:32.27	1:13.45
6.	Kirsten Bies		Dedemsvaart-AC		10:05.18	199800516	10:05.23	
	100m:	1:10.50	300m:	3:43.53	1:16.72	500m:	6:17.48	1:16.62
	200m:	2:26.81	400m:	5:00.47	1:16.94	600m:	7:34.46	1:14.15
7.	Shania Haenen		Eurode KZC		10:05.98	199802528	10:07.65	
	100m:	1:09.09	300m:	3:41.19	1:16.59	500m:	6:16.08	1:17.57
	200m:	2:24.60	400m:	4:59.19	1:18.00	600m:	7:33.58	1:16.50
8.	Eva van Ginneken		De Vennen		10:15.82	199800164	10:24.07	
	100m:	1:11.09	300m:	3:48.47	1:19.11	500m:	6:29.21	1:19.04
	200m:	2:29.36	400m:	5:08.31	1:19.84	600m:	7:49.98	1:15.05