

2015-07-12 KNZB Challenger Alkmaar
Alkmaar, 12-7-2015

Programmanr. 7
12-07-2015 - 13:30

Dames, 400m vrije slag

Senioren Open
Resultaten

rang	naam	vereniging				startnr.				tijd				RT	
1.	Anke Geeroms	Vlaamse zwemfederatie								4:36.99				+0,73	
	50m:	31.19	31.19	150m:	1:42.00	35.68	250m:	2:53.98	35.07	350m:	4:03.97	34.39			
	100m:	1:06.32	35.13	200m:	2:18.91	36.91	300m:	3:29.58	35.60	400m:	4:36.99	33.02			
2.	Dominique Baanders	NTC Paralympisch				199305726 S9				5:20.75				+0,97	556
	50m:	35.35	35.35	150m:	1:55.73	40.39	250m:	3:18.18	40.87	350m:	4:40.53	40.62			
	100m:	1:15.34	39.99	200m:	2:37.31	41.58	300m:	3:59.91	41.73	400m:	5:20.75	40.22			
3.	Kristel Beijl	De Columbiaan				200201278				5:27.40				+0,67	
	50m:	36.80	36.80	150m:	2:00.28	42.08	250m:	3:24.89	42.35	350m:	4:48.18	41.12			
	100m:	1:18.20	41.40	200m:	2:42.54	42.26	300m:	4:07.06	42.17	400m:	5:27.40	39.22			
4.	Romy Pansters	NTC Paralympisch				199605900 S8				5:50.54				+0,98	522
	200m *														
	50m:	39.01	39.01	150m:	2:06.64	44.41	250m:	3:37.07	44.32	350m:	5:07.33	44.87			
	100m:	1:22.23	43.22	200m:	2:52.75	46.11	300m:	4:22.46	45.39	400m:	5:50.54	43.21			