

Open Nederlandse Masters Kampioenschappen 2009 korte baan  
Vlissingen, 23. - 25.1.2009

Programmanr. 37  
25.01.2009 - 14:24

Heren, 200m schoolslag

Masters 20+  
Resultaten

| rang naam          | vereniging       | inschrijftijd   | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|--------------------|------------------|-----------------|----------------|-------|-------|---------|---------|---------|
| 1. Herman van Dijk | HZ&PC Heerenveen | 2:33.10 8900691 | <b>2:37.48</b> | +0,94 | 34.11 | 1:14.00 | 1:56.21 | 2:37.48 |
| 2. Robin Dellaert  | Scheldestroom    | 2:58.05 8800745 | <b>3:02.72</b> | +0,96 | 39.52 | 1:24.61 | 2:12.78 | 3:02.72 |

Programmanr. 37  
25.01.2009 - 14:24

Heren, 200m schoolslag

Masters 25+  
Resultaten

| rang naam              | vereniging          | inschrijftijd   | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|------------------------|---------------------|-----------------|----------------|-------|-------|---------|---------|---------|
| 1. Feiko Mollema       | Luctor et Emergo    | 2:33.00 8102343 | <b>2:32.40</b> | +0,93 | 32.38 | 1:09.48 | 1:49.54 | 2:32.40 |
| 2. Paul Oudendijk      | OEZA                | 2:33.29 8101287 | <b>2:33.32</b> | +0,97 | 35.56 | 1:15.03 | 1:55.13 | 2:33.32 |
| 3. Rob van Vliet       | WZK Zwemmen         | 2:34.88 8402459 | <b>2:36.03</b> | +0,89 | 35.04 | 1:15.34 | 1:56.37 | 2:36.03 |
| 4. Albert van Piekere  | Octopus             | 2:35.92 8401767 | <b>2:39.12</b> | +0,83 | 35.47 | 1:16.12 | 1:56.93 | 2:39.12 |
| 5. Thommy Nickel       | Van Vliet Barracuda | 2:35.54 8401627 | <b>2:39.38</b> | +0,92 | 37.16 | 1:16.96 | 1:58.11 | 2:39.38 |
| 6. Dirkjan Beugelsdijk | De Zijl/LGB         | 2:50.97 8100123 | <b>2:49.84</b> | +0,85 | 36.90 | 1:20.43 | 2:04.80 | 2:49.84 |
| 7. Jeroen Vogelsang    | Het Y               | 2:46.98 8001645 | <b>2:51.95</b> | +0,90 | 38.28 | 1:21.44 | 2:06.27 | 2:51.95 |
| 8. Marcel Reefhuis     | De Veene            | 2:52.00 8101381 | <b>2:52.03</b> | +0,79 | 38.21 | 1:21.10 | 2:05.54 | 2:52.03 |
| 9. Dennis de Groot     | De Zwoer            | 2:40.86 8300785 | <b>2:54.14</b> | +0,86 | 34.36 | 1:15.29 | 2:06.10 | 2:54.14 |

Programmanr. 37  
25.01.2009 - 14:24

Heren, 200m schoolslag

Masters 30+  
Resultaten

| rang naam            | vereniging           | inschrijftijd      | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|----------------------|----------------------|--------------------|----------------|-------|-------|---------|---------|---------|
| 1. Simone Battiston  | S.A.T. Finy Taormina | 2:20.50 LOM-013625 | <b>2:19.69</b> | +0,80 | 31.82 | 1:07.01 | 1:42.50 | 2:19.69 |
| 2. Freddie Geerlings | NIMO                 | 2:37.39 7900379    | <b>2:37.10</b> | +0,85 | 35.05 | 1:15.41 | 1:56.15 | 2:37.10 |
| 3. Okko de Haas      | ZV De Bron           | 2:55.23 7801593    | <b>2:52.49</b> | +0,92 | 40.02 | 1:23.07 | 2:07.24 | 2:52.49 |
| 4. Rinke Nijland     | IJZPC                | 3:16.16 7901735    | <b>3:20.03</b> | +0,99 | 45.04 | 1:36.84 | 2:28.38 | 3:20.03 |

Programmanr. 37  
25.01.2009 - 14:24

Heren, 200m schoolslag

Masters 35+  
Resultaten

| rang naam              | vereniging       | inschrijftijd   | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|------------------------|------------------|-----------------|----------------|-------|-------|---------|---------|---------|
| 1. Stefan Dortmund     | Electrolux AZC   | 2:49.48 7201167 | <b>2:38.48</b> | +0,97 | 37.76 | 1:19.20 | 1:59.53 | 2:38.48 |
| 2. Rob Kluwen          | Luctor et Emergo | 2:44.78 7201361 | <b>2:40.06</b> | +0,95 | 35.68 | 1:16.87 | 1:58.50 | 2:40.06 |
| 3. Michael Bes         | MSV-Zeemacht     | 2:48.98 7201205 | <b>2:41.28</b> | +0,95 | 36.35 | 1:18.44 | 2:00.13 | 2:41.28 |
| 4. Paul van den Heuvel | Arethusa         | 2:44.16 7000441 | <b>2:46.09</b> | +0,94 | 35.89 | 1:17.67 | 2:01.79 | 2:46.09 |
| NG Heiner Stevens      | Zignea           | 2:54.52 7201299 |                |       |       |         |         |         |

Programmanr. 37  
25.01.2009 - 14:24

Heren, 200m schoolslag

Masters 40+  
Resultaten

| rang naam            | vereniging      | inschrijftijd   | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|----------------------|-----------------|-----------------|----------------|-------|-------|---------|---------|---------|
| 1. Harold Matla      | PSV             | 2:34.81 6800591 | <b>2:38.20</b> | +0,92 | 35.56 | 1:15.94 | 1:58.15 | 2:38.20 |
| 2. Peter v. Meerveld | AZ&PC           | 2:46.51 6700649 | <b>2:48.61</b> | +0,84 | 38.49 | 1:20.92 | 2:04.62 | 2:48.61 |
| 3. Ronald Stolk      | De Fuut         | 2:54.99 6601253 | <b>2:59.62</b> | +0,95 | 38.77 | 1:22.47 | 2:10.09 | 2:59.62 |
| 4. Reno Groenestein  | De Fuut         | 3:11.38 6601289 | <b>3:22.85</b> | +0,87 | 43.85 | 1:34.78 | 2:28.26 | 3:22.85 |
| 5. Henk van Zetten   | Octopus         | 3:31.18 6701261 | <b>3:38.43</b> | +0,87 | 49.82 | 1:45.96 | 2:42.64 | 3:38.43 |
| NG Gerard Tel        | GLS Ketelbinkie | 3:03.93 6701175 |                |       |       |         |         |         |

Open Nederlandse Masters Kampioenschappen 2009 korte baan  
Vlissingen, 23. - 25.1.2009

Programmanr. 37, Heren, 200m schoolslag

Programmanr. 37 Heren, 200m schoolslag Masters 45+  
25.01.2009 - 14:24 Resultaten

| rang naam               | vereniging       | inschrijftijd      | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|-------------------------|------------------|--------------------|----------------|-------|-------|---------|---------|---------|
| 1. Cees van Houwelingen | De Schelde       | 2:43.66 6300351    | <b>2:41.42</b> | +0,92 | 35.65 | 1:16.66 | 1:59.23 | 2:41.42 |
| 2. Edwin v. Norden      | AZ&PC            | 2:27.69 6300563    | <b>2:45.00</b> | +0,95 | 36.04 | 1:18.67 | 2:01.86 | 2:45.00 |
| 3. Ronald Grove         | Oceanus          | 2:50.91 6100161    | <b>2:45.97</b> | +0,89 | 36.33 | 1:19.07 | 2:02.19 | 2:45.97 |
| 4. Gert Vercouteren     | TSZ              | 2:45.00 TSZ/154/63 | <b>2:51.23</b> | +0,80 | 36.79 | 1:19.39 | 2:04.37 | 2:51.23 |
| 5. Ralph Caster         | RZ               | 2:55.29 6100069    | <b>2:52.29</b> | +0,88 | 38.30 | 1:22.18 | 2:07.79 | 2:52.29 |
| 6. John Wirtz           | De Stormvogel    | 3:13.22 6301131    | <b>3:07.45</b> | +0,92 | 40.31 | 1:27.73 | 2:17.06 | 3:07.45 |
| 7. Bart van Calker      | Twente (SG)      | 3:24.93 6100067    | <b>3:20.19</b> | +0,95 | 46.47 | 1:36.99 | 2:29.73 | 3:20.19 |
| 8. Rens Davidse         | Luctor et Emergo | 3:23.31 6401247    | <b>3:22.71</b> | +0,98 | 44.81 | 1:36.02 | 2:29.71 | 3:22.71 |
| 9. Gé Vink              | OEZA             | 3:32.04 6000893    | <b>3:27.29</b> | +0,99 | 46.03 | 1:38.22 | 2:32.81 | 3:27.29 |
| 10. Michiel Tonsbeek    | DWT              | 3:47.73 6000889    | <b>3:46.34</b> | +1,02 | 52.25 | 1:50.25 | 2:49.14 | 3:46.34 |

Programmanr. 37 Heren, 200m schoolslag Masters 50+  
25.01.2009 - 14:24 Resultaten

| rang naam               | vereniging       | inschrijftijd   | tijd           | RT    | 50m     | 100m    | 150m    | 200m    |
|-------------------------|------------------|-----------------|----------------|-------|---------|---------|---------|---------|
| 1. Peter Romkes         | Luctor et Emergo | 2:55.50 5900389 | <b>2:56.47</b> | +0,79 | 40.61   | 1:26.27 | 2:13.79 | 2:56.47 |
| 2. Willem Zwiers        | AquAmigos        | 3:02.68 5800505 | <b>2:58.25</b> | +1,00 | 39.76   | 1:26.15 | 2:14.21 | 2:58.25 |
| 3. Herbert Katgert      | Twente (SG)      | 3:35.00 5900739 | <b>3:35.73</b> | +1,13 | 47.72   | 1:42.01 | 2:39.40 | 3:35.73 |
| 4. Dirk Crok            | OEZA             | 3:43.05 5800547 | <b>3:47.12</b> | +1,23 | 52.51   | 1:50.13 | 2:48.67 | 3:47.12 |
| 5. Adrie van der Gracht | OEZA             | 3:53.00 5700485 | <b>4:05.50</b> | +1,07 | 54.18   | 1:57.75 | 3:02.54 | 4:05.50 |
| 6. Jan Glorie           | OEZA             | 4:24.51 5700513 | <b>4:23.27</b> | +1,51 | 57.62   | 2:05.87 | 3:14.46 | 4:23.27 |
| 7. Rene Groot           | ZV De Bron       | 4:08.44 5900617 | <b>4:28.76</b> | +1,20 | 1:00.97 | 2:10.75 | 3:19.81 | 4:28.76 |
| NG Timur Podmarev       | Duck's Creek     | 2:43.00 015003  |                |       |         |         |         |         |

Programmanr. 37 Heren, 200m schoolslag Masters 55+  
25.01.2009 - 14:24 Resultaten

| rang naam         | vereniging | inschrijftijd   | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|-------------------|------------|-----------------|----------------|-------|-------|---------|---------|---------|
| 1. Hans Oudendijk | OEZA       | 3:30.46 5400173 | <b>3:42.10</b> | +1,21 | 50.15 | 1:47.75 | 2:46.10 | 3:42.10 |

Programmanr. 37 Heren, 200m schoolslag Masters 60+  
25.01.2009 - 14:24 Resultaten

| rang naam             | vereniging       | inschrijftijd   | tijd             | RT    | 50m   | 100m    | 150m    | 200m    |
|-----------------------|------------------|-----------------|------------------|-------|-------|---------|---------|---------|
| 1. Alexander Kononkov | Neptun           | 3:37.59 012041  | <b>3:24.11</b>   | +1,10 | 46.51 | 1:39.27 | 2:32.32 | 3:24.11 |
| 2. Mar van Geel       | Old Dutch        | 3:43.50 4700135 | <b>3:54.11</b>   | +1,11 | 51.60 | 1:51.73 | 2:53.52 | 3:54.11 |
| 3. Jos van Alphen     | PSV              | 3:57.68 4600157 | <b>4:01.86</b> * | +1,55 | 54.08 | 1:54.94 | 2:58.08 | 4:01.86 |
| 4. Cees Joosse        | Luctor et Emergo | 4:30.00 4500121 | <b>4:19.71</b>   | +1,11 | 58.52 | 2:05.51 | 3:15.33 | 4:19.71 |

Programmanr. 37 Heren, 200m schoolslag Masters 65+  
25.01.2009 - 14:24 Resultaten

| rang naam     | vereniging | inschrijftijd   | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|---------------|------------|-----------------|----------------|-------|-------|---------|---------|---------|
| 1. Rob Hanou  | PSV        | 3:09.88 4300109 | <b>3:15.87</b> | +1,08 | 43.34 | 1:32.93 | 2:24.93 | 3:15.87 |
| 2. Nico Baay  | Old Dutch  | 3:27.46 4200053 | <b>3:26.42</b> | +0,89 | 43.77 | 1:34.92 | 2:30.34 | 3:26.42 |
| 3. Ruud Sloof | De Rijn    | 3:28.83 4400073 | <b>3:33.06</b> | +1,11 | 48.19 | 1:41.90 | 2:37.40 | 3:33.06 |

Open Nederlandse Masters Kampioenschappen 2009 korte baan  
Vlissingen, 23. - 25.1.2009

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Programmanr. 37, Heren, 200m schoolslag

Programmanr. 37  
25.01.2009 - 14:24

Heren, 200m schoolslag

Masters 70+  
Resultaten

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| rang naam         | vereniging    | inschrijftijd   | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|-------------------|---------------|-----------------|----------------|-------|-------|---------|---------|---------|
| 1. Jan Eichhorn   | Rapido'82     | 3:56.34 3700015 | <b>3:54.97</b> | +1,18 | 52.59 | 1:53.36 | 2:54.60 | 3:54.97 |
| 2. Rob van Gestel | PSV           | 3:52.79 3500005 | <b>3:55.38</b> | +1,17 | 54.46 | 1:55.23 | 2:56.40 | 3:55.38 |
| NG Gregor Pompen  | Aqua-Novio'94 | 3:59.16 3700021 |                |       |       |         |         |         |

Programmanr. 37  
25.01.2009 - 14:24

Heren, 200m schoolslag

Masters 75+  
Resultaten

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| rang naam           | vereniging | inschrijftijd      | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|---------------------|------------|--------------------|----------------|-------|-------|---------|---------|---------|
| 1. Georges Verhelst | RZV        | 3:59.25 RZV/160/31 | <b>4:03.08</b> | +1,09 | 53.64 | 1:54.83 | 2:58.54 | 4:03.08 |