

Open Nederlandse Masters Kampioenschappen 2009 korte baan  
Vlissingen, 23. - 25.1.2009

Programmanr. 17 Heren, 200m vrije slag Masters 20+  
24.01.2009 - 10:55 Resultaten

| rang naam   | vereniging   | inschrijftijd   | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|---|--------------|-----------------|----------------|-------|-------|---------|---------|---------|
| 1. Merijn Ellenkamp<br><i>Nederlands Masters Record</i> | DWK          | 2:04.09 8500691 | <b>1:56.90</b> | +0,85 | 27.86 | 57.72   | 1:27.22 | 1:56.90 |
| 2. Jeroen Leuverink                                     | Nayade       | 2:02.82 8601899 | <b>2:06.06</b> | +0,92 | 29.32 | 1:01.39 | 1:34.31 | 2:06.06 |
| 3. Niels Albrechts                                      | De Schotejil | 2:12.94 8800039 | <b>2:11.19</b> | +0,91 | 30.80 | 1:04.52 | 1:38.56 | 2:11.19 |

Programmanr. 17 Heren, 200m vrije slag Masters 25+  
24.01.2009 - 10:55 Resultaten

| rang naam             | vereniging          | inschrijftijd     | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|-----------------------|---------------------|-------------------|----------------|-------|-------|---------|---------|---------|
| 1. Marek Mróz         | UKS Wodnik          | 2:01.50 ABG652725 | <b>1:59.57</b> | +0,85 | 27.70 | 57.49   | 1:28.23 | 1:59.57 |
| 2. Charles Potin      | Luctor et Emergo    | 2:01.19 8301701   | <b>2:04.41</b> | +0,83 | 28.47 | 59.19   | 1:30.62 | 2:04.41 |
| 3. Thommy Nickel      | Van Vliet Barracuda | 2:02.49 8401627   | <b>2:05.53</b> | +0,91 | 29.18 | 1:01.04 | 1:32.78 | 2:05.53 |
| 4. Alexander Hulleman | De Zijl/LGB         | 2:06.05 8300989   | <b>2:06.60</b> | +0,89 | 28.79 | 1:00.60 | 1:33.70 | 2:06.60 |
| 5. Dirk Hoek          | De Zijl/LGB         | 2:06.42 8202445   | <b>2:08.61</b> | +0,96 | 29.91 | 1:02.74 | 1:35.90 | 2:08.61 |
| 6. Marcel Reefhuis    | De Veene            | 2:09.23 8101381   | <b>2:08.62</b> | +0,85 | 29.29 | 1:01.56 | 1:34.77 | 2:08.62 |

Programmanr. 17 Heren, 200m vrije slag Masters 30+  
24.01.2009 - 10:55 Resultaten

| rang naam            | vereniging | inschrijftijd   | tijd             | RT    | 50m   | 100m    | 150m    | 200m    |
|----------------------|------------|-----------------|------------------|-------|-------|---------|---------|---------|
| 1. Ivo Roozeboom     | DES        | 2:00.94 7700801 | <b>2:05.17</b>   | +0,87 | 28.71 | 1:00.56 | 1:33.09 | 2:05.17 |
| 2. Freddie Geerlings | NIMO       | 2:11.64 7900379 | <b>2:10.39</b>   | +0,88 | 28.54 | 1:00.73 | 1:35.34 | 2:10.39 |
| 3. Koen de Haan      | PSV        | 2:18.78 7801671 | <b>2:12.36</b>   | +0,97 | 29.63 | 1:02.32 | 1:37.26 | 2:12.36 |
| 4. Ferdie Witvoet    | De Pinquin | 2:10.00 7801241 | <b>2:12.73</b>   | +0,97 | 30.37 | 1:03.16 | 1:37.63 | 2:12.73 |
| 5. Rinke Nijland     | IJZPC      | 2:49.82 7901735 | <b>2:53.61</b>   | +0,91 | 37.29 | 1:20.40 | 2:07.68 | 2:53.61 |
| 6. Jeroen Tebbens    | IJZPC      | 3:05.30 7601405 | <b>2:57.88</b> * | +0,95 | 40.05 | 1:24.61 | 2:12.27 | 2:57.88 |

Programmanr. 17 Heren, 200m vrije slag Masters 35+  
24.01.2009 - 10:55 Resultaten

| rang naam                 | vereniging | inschrijftijd   | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|---------------------------|------------|-----------------|----------------|-------|-------|---------|---------|---------|
| 1. Agnus Gerringa         | DWK        | 2:05.76 7100285 | <b>2:14.79</b> | +0,97 | 30.10 | 1:03.71 | 1:38.73 | 2:14.79 |
| 2. Heiner Stevens         | Zignea     | 2:32.41 7201299 | <b>2:32.30</b> | +0,97 | 33.56 | 1:12.67 | 1:53.33 | 2:32.30 |
| 3. Dennis van Markesteijn | Olympia    | 2:39.07 7201333 | <b>2:37.09</b> | +0,95 | 36.48 | 1:17.05 | 1:58.20 | 2:37.09 |

Programmanr. 17 Heren, 200m vrije slag Masters 40+  
24.01.2009 - 10:55 Resultaten

| rang naam                 | vereniging      | inschrijftijd   | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|---------------------------|-----------------|-----------------|----------------|-------|-------|---------|---------|---------|
| 1. Theo Jan Tanis         | De Schotejil    | 2:08.07 6901387 | <b>2:04.89</b> | +0,58 | 28.67 | 1:00.63 | 1:32.50 | 2:04.89 |
| 2. René Beetsma           | DZ&PC           | 2:07.54 6900069 | <b>2:08.32</b> | +0,88 | 29.61 | 1:02.17 | 1:35.58 | 2:08.32 |
| 3. Erik van Dartel        | PSV             | 2:09.18 6700185 | <b>2:12.10</b> | +1,05 | 29.60 | 1:02.85 | 1:37.05 | 2:12.10 |
| 4. Ron Korzelijs          | AZ&PC           | 2:13.08 6500513 | <b>2:12.42</b> | +0,83 | 30.47 | 1:04.46 | 1:38.51 | 2:12.42 |
| 5. Kees Akershoek         | De Stelle       | 2:14.94 6900009 | <b>2:14.01</b> | +0,91 | 30.74 | 1:05.11 | 1:39.48 | 2:14.01 |
| 6. Jo-an Mudde            | Zeester-Meerval | 2:19.93 6701457 | <b>2:14.03</b> | +0,81 | 30.62 | 1:04.35 | 1:39.21 | 2:14.03 |
| 7. Frank v Nobelen        | Sassenheim      | 2:17.07 6900753 | <b>2:15.99</b> | +1,11 | 31.88 | 1:07.01 | 1:41.68 | 2:15.99 |
| 8. Vincent van Duyvenbode | LZ 1886         | 2:18.51 6701393 | <b>2:16.29</b> | +0,90 | 31.61 | 1:06.34 | 1:42.06 | 2:16.29 |
| 9. Peter v. Meerveld      | AZ&PC           | 2:16.58 6700649 | <b>2:16.54</b> | +0,84 | 31.46 | 1:05.51 | 1:40.78 | 2:16.54 |
| 10. José de Pooter        | De Schelde      | 2:23.74 6900797 | <b>2:25.93</b> | +1,00 | 30.78 | 1:06.79 | 1:46.07 | 2:25.93 |
| 11. Pieter-Sjoerd de Wijn | Aqua-Novio'94   | 2:31.97 6501027 | <b>2:29.80</b> | +0,88 | 35.03 | 1:13.05 | 1:52.05 | 2:29.80 |
| 12. Otto Jansen           | LZ 1886         | 2:23.76 6501403 | <b>2:35.47</b> | +1,03 | 35.98 | 1:15.00 | 1:54.86 | 2:35.47 |
| 13. Reno Groenestein      | De Fuut         | 3:02.74 6601289 | <b>2:52.33</b> | +0,88 | 38.42 | 1:21.51 | 2:08.57 | 2:52.33 |
| 14. Frank Bunte           | PLONS           | 2:51.27 6801335 | <b>2:58.93</b> | +1,09 | 39.69 | 1:25.37 | 2:11.27 | 2:58.93 |
| 15. Henk van Zetten       | Octopus         | 2:56.79 6701261 | <b>3:02.01</b> | +0,92 | 40.05 | 1:25.39 | 2:13.96 | 3:02.01 |
| NG.ZA Ronald Vos          | SCOM            | 2:34.05 6901403 |                |       |       |         |         |         |

Open Nederlandse Masters Kampioenschappen 2009 korte baan  
Vlissingen, 23. - 25.1.2009

Programmanr. 17, Heren, 200m vrije slag

Programmanr. 17  
24.01.2009 - 10:55

Heren, 200m vrije slag

Masters 45+  
Resultaten

| rang naam             | vereniging         | inschrijftijd   | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|-----------------------|--------------------|-----------------|----------------|-------|-------|---------|---------|---------|
| 1. Jan Brink          | De Stormvogel      | 2:07.26 6200091 | <b>2:10.40</b> | +0,86 | 30.48 | 1:03.78 | 1:37.02 | 2:10.40 |
| 2. Peter van Vuuren   | Upstream Amsterdam | 2:17.93 6000641 | <b>2:17.56</b> | +0,93 | 30.22 | 1:04.37 | 1:41.43 | 2:17.56 |
| 3. Elzo Dijkhuis      | TriVia             | 2:19.17 6000873 | <b>2:18.36</b> | +1,02 | 31.98 | 1:07.09 | 1:43.10 | 2:18.36 |
| 4. Robert Vink        | WWV                | 2:21.63 6301075 | <b>2:19.72</b> | +0,95 | 32.06 | 1:07.61 | 1:44.29 | 2:19.72 |
| 5. John Stoffer       | Zoetermeer         | 2:26.48 6300725 | <b>2:21.32</b> | +0,97 | 33.18 | 1:09.31 | 1:46.65 | 2:21.32 |
| 6. Edzo Huisman       | Aquapoldro         | 2:20.74 6301029 | <b>2:22.51</b> | +0,98 | 32.34 | 1:07.71 | 1:44.19 | 2:22.51 |
| 7. Bart van Calker    | Twente (SG)        | 2:50.39 6100067 | <b>2:34.67</b> | +0,91 | 34.59 | 1:12.09 | 1:52.46 | 2:34.67 |
| 8. Paul van der Voort | De Zwoer           | 2:30.33 6200715 | <b>2:36.77</b> | +1,09 | 35.20 | 1:14.61 | 1:56.08 | 2:36.77 |
| 9. John Dam           | Zignea             | 2:32.29 6000915 | <b>2:38.71</b> | +0,87 | 35.82 | 1:15.85 | 1:58.26 | 2:38.71 |
| 10. Eric Tijms        | OEZA               | 2:50.56 6401125 | <b>2:52.22</b> | +0,94 | 38.72 | 1:20.83 | 2:07.58 | 2:52.22 |
| 11. Rik van Gasteren  | AquAmigos          | 3:09.82 6401015 | <b>2:53.42</b> | +1,11 | 38.81 | 1:23.10 | 2:09.53 | 2:53.42 |

Programmanr. 17  
24.01.2009 - 10:55

Heren, 200m vrije slag

Masters 50+  
Resultaten

| rang naam        | vereniging    | inschrijftijd   | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|------------------|---------------|-----------------|----------------|-------|-------|---------|---------|---------|
| 1. Arno Wouters  | De Stormvogel | 2:20.77 5800667 | <b>2:15.62</b> | +0,92 | 31.07 | 1:04.93 | 1:40.23 | 2:15.62 |
| 2. Andre Storm   | Zoetermeer    | 2:22.55 5600407 | <b>2:19.70</b> | +0,91 | 32.72 | 1:08.45 | 1:45.07 | 2:19.70 |
| 3. Willem Zwiers | AquAmigos     | 2:22.58 5800505 | <b>2:21.00</b> | +0,93 | 31.70 | 1:06.84 | 1:44.58 | 2:21.00 |
| 4. Henk Slomp    | De Pinquin    | 2:27.38 5500359 | <b>2:29.74</b> | +1,09 | 33.81 | 1:11.12 | 1:50.53 | 2:29.74 |
| 5. Dirk Crok     | OEZA          | 2:59.77 5800547 | <b>2:54.30</b> | +1,15 | 39.36 | 1:22.47 | 2:08.82 | 2:54.30 |
| 6. Rene Groot    | ZV De Bron    | 3:08.70 5900617 | <b>3:11.29</b> | +1,20 | 43.30 | 1:32.06 | 2:19.59 | 3:11.29 |
| 7. Abe Kramer    | De Stormvogel | 3:49.60 5700481 | <b>3:39.91</b> | +1,13 | 45.68 | 1:38.77 | 2:38.53 | 3:39.91 |
| 8. Jan Glorie    | OEZA          | 3:56.51 5700513 | <b>3:56.82</b> | +1,26 | 46.87 | 1:46.47 | 2:51.32 | 3:56.82 |

Programmanr. 17  
24.01.2009 - 10:55

Heren, 200m vrije slag

Masters 60+  
Resultaten

| rang naam               | vereniging  | inschrijftijd   | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|-------------------------|-------------|-----------------|----------------|-------|-------|---------|---------|---------|
| 1. Donald Uijtenbogaart | Het Y       | 2:25.31 4700107 | <b>2:23.89</b> | +0,90 | 34.12 | 1:10.43 | 1:47.50 | 2:23.89 |
| 2. Mar van Geel         | Old Dutch   | 3:05.14 4700135 | <b>3:11.55</b> | +1,10 | 40.71 | 1:28.95 | 2:20.88 | 3:11.55 |
| NG.ZA Ludwig Lorenz     | SG Gladbeck | 2:44.08 127866  |                |       |       |         |         |         |

Programmanr. 17  
24.01.2009 - 10:55

Heren, 200m vrije slag

Masters 65+  
Resultaten

| rang naam         | vereniging | inschrijftijd   | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|-------------------|------------|-----------------|----------------|-------|-------|---------|---------|---------|
| 1. Frans van Enst | De Veene   | 2:53.39 4000011 | <b>2:53.99</b> | +1,03 | 37.75 | 1:21.32 | 2:07.58 | 2:53.99 |
| 2. Ruud Sloof     | De Rijn    | 2:57.96 4400073 | <b>3:04.07</b> | +1,12 | 38.79 | 1:24.32 | 2:14.35 | 3:04.07 |

Programmanr. 17  
24.01.2009 - 10:55

Heren, 200m vrije slag

Masters 70+  
Resultaten

| rang naam        | vereniging        | inschrijftijd   | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|------------------|-------------------|-----------------|----------------|-------|-------|---------|---------|---------|
| 1. Nico Geers    | Van Uden-De Gouwe | 2:35.95 3800007 | <b>2:37.57</b> | +0,97 | 36.78 | 1:18.04 | 1:59.04 | 2:37.57 |
| NG Gregor Pompen | Aqua-Novio'94     | 3:02.25 3700021 |                |       |       |         |         |         |