

Open Nederlandse Masters Kampioenschappen 2009
Eindhoven, 8. - 10.5.2009

Programmanr. 27
10.05.2009 - 8:30

Dames, 800m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT
Masters 20+					
1.	Marjolein Tissingh	HZ&PC Heerenveen	10:48.23	8904130	10:44.61 +0,87
	50m: 34.68 34.68	250m: 3:16.01 40.76	450m: 6:00.54 41.27	650m: 8:45.75 41.16	
	100m: 1:13.83 39.15	300m: 3:57.02 41.01	500m: 6:41.60 41.06	700m: 9:26.87 41.12	
	150m: 1:54.38 40.55	350m: 4:38.05 41.03	550m: 7:23.25 41.65	750m: 10:07.17 40.30	
	200m: 2:35.25 40.87	400m: 5:19.27 41.22	600m: 8:04.59 41.34	800m: 10:44.61 37.44	
2.	Bianca van Ringelestijn	PSV	10:45.08	8502466	10:45.27 +1,01
	50m: 34.38 34.38	250m: 3:16.01 41.03	450m: 6:00.39 40.98	650m: 8:45.95 41.43	
	100m: 1:13.43 39.05	300m: 3:57.09 41.08	500m: 6:41.78 41.39	700m: 9:27.91 41.96	
	150m: 1:54.30 40.87	350m: 4:38.14 41.05	550m: 7:23.37 41.59	750m: 10:07.64 39.73	
	200m: 2:34.98 40.68	400m: 5:19.41 41.27	600m: 8:04.52 41.15	800m: 10:45.27 37.63	
3.	Karin Simons	WZK Zwemmen	10:51.93	8903804	11:02.53 +0,89
	50m: 34.74 34.74	250m: 3:19.55 42.04	450m: 6:08.97 43.19	650m: 8:59.07 42.10	
	100m: 1:14.27 39.53	300m: 4:00.91 41.36	500m: 6:51.54 42.57	700m: 9:41.15 42.08	
	150m: 1:55.97 41.70	350m: 4:43.58 42.67	550m: 7:34.57 43.03	750m: 10:22.67 41.52	
	200m: 2:37.51 41.54	400m: 5:25.78 42.20	600m: 8:16.97 42.40	800m: 11:02.53 39.86	
4.	Sandra Schellekens	Neptunus'58	11:13.73	8503416	11:24.33 +0,85
	50m: 37.39 37.39	250m: 3:29.19 43.29	450m: 6:24.38 43.14	650m: 9:19.49 43.45	
	100m: 1:19.85 42.46	300m: 4:13.62 44.43	500m: 7:08.50 44.12	700m: 10:02.99 43.50	
	150m: 2:02.60 42.75	350m: 4:57.01 43.39	550m: 7:52.00 43.50	750m: 10:44.82 41.83	
	200m: 2:45.90 43.30	400m: 5:41.24 44.23	600m: 8:36.04 44.04	800m: 11:24.33 39.51	
5.	Chantal Enkoroma Coffie	DES	11:23.19	8701142	11:29.53 +0,91
	50m: 37.15 37.15	250m: 3:29.85 43.41	450m: 6:25.87 43.72	650m: 9:22.34 44.05	
	100m: 1:19.45 42.30	300m: 4:14.23 44.38	500m: 7:09.99 44.12	700m: 10:06.63 44.29	
	150m: 2:02.50 43.05	350m: 4:58.15 43.92	550m: 7:53.59 43.60	750m: 10:50.33 43.70	
	200m: 2:46.44 43.94	400m: 5:42.15 44.00	600m: 8:38.29 44.70	800m: 11:29.53 39.20	
6.	Annebeth van Ark	Octopus	12:44.51	8805588	12:40.69 +0,81
	50m: 41.56 41.56	250m: 3:52.94 47.78	450m: 7:07.38 48.46	650m: 10:20.77 48.60	
	100m: 1:28.59 47.03	300m: 4:41.71 48.77	500m: 7:55.96 48.58	700m: 11:08.77 48.00	
	150m: 2:16.87 48.28	350m: 5:29.63 47.92	550m: 8:44.21 48.25	750m: 11:56.37 47.60	
	200m: 3:05.16 48.29	400m: 6:18.92 49.29	600m: 9:32.17 47.96	800m: 12:40.69 44.32	
Masters 25+					
1.	Bianca Cox	PSV	10:04.76	8000214	10:16.47 +0,92
	50m: 33.63 33.63	250m: 3:07.19 39.01	450m: 5:43.59 39.09	650m: 8:20.46 39.19	
	100m: 1:10.96 37.33	300m: 3:46.12 38.93	500m: 6:22.98 39.39	700m: 8:59.64 39.18	
	150m: 1:49.43 38.47	350m: 4:25.31 39.19	550m: 7:02.16 39.18	750m: 9:38.33 38.69	
	200m: 2:28.18 38.75	400m: 5:04.50 39.19	600m: 7:41.27 39.11	800m: 10:16.47 38.14	
2.	Roos van Esch	TRB-RES	10:05.64	8200468	10:23.71 +0,94
	50m: 35.15 35.15	250m: 3:11.29 39.37	450m: 5:49.38 39.45	650m: 8:28.42 39.57	
	100m: 1:13.32 38.17	300m: 3:50.82 39.53	500m: 6:29.10 39.72	700m: 9:07.60 39.18	
	150m: 1:52.55 39.23	350m: 4:30.40 39.58	550m: 7:09.17 40.07	750m: 9:46.10 38.50	
	200m: 2:31.92 39.37	400m: 5:09.93 39.53	600m: 7:48.85 39.68	800m: 10:23.71 37.61	
3.	Anke Lambooj	AZL	10:14.90	8001182	10:39.02 +0,88
	50m: 34.92 34.92	250m: 3:13.26 40.60	450m: 5:56.34 41.11	650m: 8:39.87 41.06	
	100m: 1:13.10 38.18	300m: 3:53.80 40.54	500m: 6:36.98 40.64	700m: 9:20.70 40.83	
	150m: 1:52.60 39.50	350m: 4:34.42 40.62	550m: 7:18.25 41.27	750m: 10:00.61 39.91	
	200m: 2:32.66 40.06	400m: 5:15.23 40.81	600m: 7:58.81 40.56	800m: 10:39.02 38.41	
4.	Franca Willeme	De Dinkel	10:38.86	8402760	10:49.10 +0,92
	50m: 34.32 34.32	250m: 3:12.79 40.78	450m: 5:56.72 41.22	650m: 8:45.41 42.42	
	100m: 1:12.36 38.04	300m: 3:53.48 40.69	500m: 6:38.56 41.84	700m: 9:27.17 41.76	
	150m: 1:51.98 39.62	350m: 4:34.36 40.88	550m: 7:21.15 42.59	750m: 10:08.97 41.80	
	200m: 2:32.01 40.03	400m: 5:15.50 41.14	600m: 8:02.99 41.84	800m: 10:49.10 40.13	
5.	Linda Hoogendam	D'Elft	10:40.46	8300892	10:56.39 +0,78
	50m: 35.35 35.35	250m: 3:19.28 41.66	450m: 6:07.89 41.92	650m: 8:55.91 41.15	
	100m: 1:15.44 40.09	300m: 4:01.47 42.19	500m: 6:50.16 42.27	700m: 9:37.52 41.61	
	150m: 1:56.57 41.13	350m: 4:43.37 41.90	550m: 7:32.11 41.95	750m: 10:17.38 39.86	
	200m: 2:37.62 41.05	400m: 5:25.97 42.60	600m: 8:14.76 42.65	800m: 10:56.39 39.01	
6.	Yvonne Gerritsen	DES	11:15.16	8000342	11:03.42 +0,91
	50m: 37.23 37.23	250m: 3:25.21 42.15	450m: 6:14.12 42.11	650m: 9:01.60 41.71	
	100m: 1:18.48 41.25	300m: 4:07.86 42.65	500m: 6:56.09 41.97	700m: 9:43.21 41.61	
	150m: 2:00.57 42.09	350m: 4:49.71 41.85	550m: 7:37.99 41.90	750m: 10:24.03 40.82	
	200m: 2:43.06 42.49	400m: 5:32.01 42.30	600m: 8:19.89 41.90	800m: 11:03.42 39.39	
7.	Andrea van Leeuwen	De Zijl/LGB	11:08.62	8100904	11:25.92 +0,90
	50m: 36.73 36.73	250m: 3:27.69 43.18	450m: 6:22.73 43.79	650m: 9:18.36 43.75	
	100m: 1:18.11 41.38	300m: 4:11.49 43.80	500m: 7:06.93 44.20	700m: 10:01.76 43.40	
	150m: 2:01.26 43.15	350m: 4:54.97 43.48	550m: 7:50.63 43.70	750m: 10:44.73 42.97	
	200m: 2:44.51 43.25	400m: 5:38.94 43.97	600m: 8:34.61 43.98	800m: 11:25.92 41.19	

Open Nederlandse Masters Kampioenschappen 2009
Eindhoven, 8. - 10.5.2009

Programmanr. 27, Dames, 800m vrije slag, Masters 25+

rang	naam	vereniging	inschrijftijd	tijd	RT			
8.	Rianne van Vegchelen	Deltasteur	13:44.87	8101530	13:49.27 +1,02			
	50m: 43.71	43.71	250m: 4:12.96	53.39	450m: 7:45.80	53.56	650m: 11:15.75	52.26
	100m: 1:34.73	51.02	300m: 5:06.62	53.66	500m: 8:39.61	53.81	700m: 12:08.46	52.71
	150m: 2:26.41	51.68	350m: 5:58.56	51.94	550m: 9:31.71	52.10	750m: 12:59.85	51.39
	200m: 3:19.57	53.16	400m: 6:52.24	53.68	600m: 10:23.49	51.78	800m: 13:49.27	49.42

Masters 30+

1.	Helma Koot	AZ&PC	11:33.34	7600336	11:28.04 +0,94			
	50m: 37.50	37.50	250m: 3:28.29	43.02	450m: 6:24.01	44.41	650m: 9:20.29	43.96
	100m: 1:19.41	41.91	300m: 4:11.61	43.32	500m: 7:07.42	43.41	700m: 10:04.13	43.84
	150m: 2:01.97	42.56	350m: 4:56.05	44.44	550m: 7:52.12	44.70	750m: 10:47.63	43.50
	200m: 2:45.27	43.30	400m: 5:39.60	43.55	600m: 8:36.33	44.21	800m: 11:28.04	40.41
2.	Jolanda van Gendt	PSV	11:34.48	7800266	11:43.56 +0,87			
	50m: 37.20	37.20	250m: 3:29.70	43.84	450m: 6:28.63	44.80	650m: 9:28.75	45.96
	100m: 1:19.15	41.95	300m: 4:13.98	44.28	500m: 7:13.13	44.50	700m: 10:14.50	45.75
	150m: 2:02.37	43.22	350m: 4:58.54	44.56	550m: 7:58.02	44.89	750m: 10:59.00	44.50
	200m: 2:45.86	43.49	400m: 5:43.83	45.29	600m: 8:42.79	44.77	800m: 11:43.56	44.56
3.	Eveline Hacquebord	IJZPC	12:58.64	7901206	11:48.99 +0,97			
	50m: 38.42	38.42	250m: 3:35.62	45.05	450m: 6:36.14	45.08	650m: 9:37.05	45.13
	100m: 1:21.27	42.85	300m: 4:20.64	45.02	500m: 7:21.57	45.43	700m: 10:22.44	45.39
	150m: 2:05.59	44.32	350m: 5:05.77	45.13	550m: 8:06.80	45.23	750m: 11:07.07	44.63
	200m: 2:50.57	44.98	400m: 5:51.06	45.29	600m: 8:51.92	45.12	800m: 11:48.99	41.92
4.	Liselotte Joling	PSV	11:41.83	7500268	12:33.88 +1,06			
	50m: 39.97	39.97	250m: 3:45.92	46.69	450m: 6:55.12	45.78	650m: 10:10.25	48.72
	100m: 1:25.03	45.06	300m: 4:32.99	47.07	500m: 7:43.76	48.64	700m: 11:00.61	50.36
	150m: 2:11.57	46.54	350m: 5:21.17	48.18	550m: 8:31.99	48.23	750m: 11:48.13	47.52
	200m: 2:59.23	47.66	400m: 6:09.34	48.17	600m: 9:21.53	49.54	800m: 12:33.88	45.75
5.	Mirjam den Houdijker	ZPB H&L Productions	14:56.22	7801096	14:41.35 +1,02			
	50m: 48.12	48.12	250m: 4:28.95	56.12	450m: 8:13.90	56.31	650m: 12:00.71	56.65
	100m: 1:41.74	53.62	300m: 5:24.91	55.96	500m: 9:10.85	56.95	700m: 12:56.85	56.14
	150m: 2:37.15	55.41	350m: 6:20.85	55.94	550m: 10:06.51	55.66	750m: 13:52.71	55.86
	200m: 3:32.83	55.68	400m: 7:17.59	56.74	600m: 11:04.06	57.55	800m: 14:41.35	48.64
6.	Clementine van Bruxvoort	ZPB H&L Productions	15:45.41	7700138	15:32.57 +1,14			
	50m: 49.53	49.53	250m: 4:40.57	59.04	450m: 8:39.24	1:00.09	650m: 12:38.91	1:01.20
	100m: 1:45.63	56.10	300m: 5:41.04	1:00.47	500m: 9:38.42	59.18	700m: 13:38.58	59.67
	150m: 2:43.46	57.83	350m: 6:40.42	59.38	550m: 10:38.80	1:00.38	750m: 14:38.21	59.63
	200m: 3:41.53	58.07	400m: 7:39.15	58.73	600m: 11:37.71	58.91	800m: 15:32.57	54.36

Masters 35+

1.	Karin Stein	Vlaardingen	10:26.46	7100554	10:21.24 +1,09			
	50m: 35.36	35.36	250m: 3:10.90	39.11	450m: 5:48.35	39.19	650m: 8:25.55	39.44
	100m: 1:13.60	38.24	300m: 3:50.34	39.44	500m: 6:27.54	39.19	700m: 9:05.03	39.48
	150m: 1:52.27	38.67	350m: 4:29.64	39.30	550m: 7:06.71	39.17	750m: 9:44.61	39.58
	200m: 2:31.79	39.52	400m: 5:09.16	39.52	600m: 7:46.11	39.40	800m: 10:21.24	36.63
2.	Cynthia Noordermeer	Zaanstad (SG)	10:36.48	7000358	10:43.68 +0,80			
	50m: 36.40	36.40	250m: 3:16.20	40.21	450m: 5:58.73	40.55	650m: 8:42.47	40.58
	100m: 1:16.03	39.63	300m: 3:56.88	40.68	500m: 6:40.02	41.29	700m: 9:23.58	41.11
	150m: 1:55.59	39.56	350m: 4:37.21	40.33	550m: 7:20.70	40.68	750m: 10:04.07	40.49
	200m: 2:35.99	40.40	400m: 5:18.18	40.97	600m: 8:01.89	41.19	800m: 10:43.68	39.61
3.	Aida Ponce del Castillo	CNSW	10:34.34	CNSW/358/74	11:06.29 +0,97			
	50m: 36.09	36.09	250m: 3:23.07	42.05	450m: 6:12.32	42.08	650m: 9:02.24	42.77
	100m: 1:16.66	40.57	300m: 4:05.27	42.20	500m: 6:54.76	42.44	700m: 9:43.46	41.22
	150m: 1:58.79	42.13	350m: 4:47.49	42.22	550m: 7:36.95	42.19	750m: 10:26.17	42.71
	200m: 2:41.02	42.23	400m: 5:30.24	42.75	600m: 8:19.47	42.52	800m: 11:06.29	40.12
4.	Annet Kootstra	Swol 1894	11:58.18	7100344	12:09.25 +0,89			
	50m: 39.66	39.66	250m: 3:42.57	46.10	450m: 6:48.96	46.59	650m: 9:55.03	46.15
	100m: 1:24.65	44.99	300m: 4:29.18	46.61	500m: 7:35.39	46.43	700m: 10:40.83	45.80
	150m: 2:10.27	45.62	350m: 5:15.43	46.25	550m: 8:22.11	46.72	750m: 11:26.00	45.17
	200m: 2:56.47	46.20	400m: 6:02.37	46.94	600m: 9:08.88	46.77	800m: 12:09.25	43.25
5.	Tony de Groot	De Futen	11:51.06	7300758	12:21.65 +0,95			
	50m: 38.62	38.62	250m: 3:48.09	47.47	450m: 6:58.96	46.91	650m: 10:07.76	46.58
	100m: 1:24.45	45.83	300m: 4:36.15	48.06	500m: 7:47.04	48.08	700m: 10:54.43	46.67
	150m: 2:12.02	47.57	350m: 5:23.99	47.84	550m: 8:33.95	46.91	750m: 11:40.33	45.90
	200m: 3:00.62	48.60	400m: 6:12.05	48.06	600m: 9:21.18	47.23	800m: 12:21.65	41.32
6.	Natacha Van Hoof	ShaRK	12:34.68	ShaRK/260/73	12:40.62 +1,02			
	50m: 41.54	41.54	250m: 3:50.89	48.23	450m: 7:04.45	48.33	650m: 10:18.82	49.43
	100m: 1:27.28	45.74	300m: 4:39.31	48.42	500m: 7:53.23	48.78	700m: 11:07.17	48.35
	150m: 2:14.82	47.54	350m: 5:27.81	48.50	550m: 8:40.74	47.51	750m: 11:55.08	47.91
	200m: 3:02.66	47.84	400m: 6:16.12	48.31	600m: 9:29.39	48.65	800m: 12:40.62	45.54
7.	Meke Oomens	Old Dutch	12:50.36	7000370	13:19.62 +1,10			
	50m: 44.63	44.63	250m: 4:06.62	50.87	450m: 7:29.03	50.65	650m: 10:50.47	50.23
	100m: 1:34.26	49.63	300m: 4:57.34	50.72	500m: 8:19.46	50.43	700m: 11:40.65	50.18
	150m: 2:24.86	50.60	350m: 5:48.26	50.92	550m: 9:09.98	50.52	750m: 12:30.20	49.55
	200m: 3:15.75	50.89	400m: 6:38.38	50.12	600m: 10:00.24	50.26	800m: 13:19.62	49.42

Open Nederlandse Masters Kampioenschappen 2009
Eindhoven, 8. - 10.5.2009

Programmanr. 27, Dames, 800m vrije slag, Masters 35+

rang	naam	vereniging	inschrijftijd		tijd	RT
AFGEM	Grith Sigsgaard	Het Y	9:50.01	7200772		

Masters 40+

1.	Anita Smits <i>Nederlands Masters Record</i>	DIO	10:41.49	6900522	10:30.42	+0,87
	50m: 36.06 36.06	250m: 3:15.12 39.85	450m: 5:54.54 39.68	650m: 8:33.40 39.58		
	100m: 1:15.31 39.25	300m: 3:55.05 39.93	500m: 6:34.29 39.75	700m: 9:13.18 39.78		
	150m: 1:55.31 40.00	350m: 4:34.87 39.82	550m: 7:14.22 39.93	750m: 9:52.58 39.40		
	200m: 2:35.27 39.96	400m: 5:14.86 39.99	600m: 7:53.82 39.60	800m: 10:30.42 37.84		
2.	Laura Staal	Oceanus	10:46.87	6700358	10:59.09	+0,99
	50m: 35.82 35.82	250m: 3:20.41 42.03	450m: 6:09.81 42.79	650m: 8:58.38 41.95		
	100m: 1:15.72 39.90	300m: 4:02.71 42.30	500m: 6:52.35 42.54	700m: 9:39.95 41.57		
	150m: 1:56.74 41.02	350m: 4:44.87 42.16	550m: 7:34.52 42.17	750m: 10:20.81 40.86		
	200m: 2:38.38 41.64	400m: 5:27.02 42.15	600m: 8:16.43 41.91	800m: 10:59.09 38.28		
3.	Nicole Vrijhoeven	PSV	11:30.00	6900834	11:32.07	+0,89
	50m: 38.66 38.66	250m: 3:30.95 43.77	450m: 6:27.02 44.13	650m: 9:23.18 44.12		
	100m: 1:20.68 42.02	300m: 4:14.85 43.90	500m: 7:10.96 43.94	700m: 10:07.38 44.20		
	150m: 2:03.90 43.22	350m: 4:59.02 44.17	550m: 7:55.04 44.08	750m: 10:51.07 43.69		
	200m: 2:47.18 43.28	400m: 5:42.89 43.87	600m: 8:39.06 44.02	800m: 11:32.07 41.00		
4.	Hetty Smalheer	SCOM	13:23.86	6700352	13:10.48	+1,09
	50m: 42.13 42.13	250m: 3:59.99 50.05	450m: 7:21.69 49.28	650m: 10:43.61 50.39		
	100m: 1:30.09 47.96	300m: 4:50.61 50.62	500m: 8:11.79 50.10	700m: 11:34.10 50.49		
	150m: 2:19.47 49.38	350m: 5:41.48 50.87	550m: 9:02.46 50.67	750m: 12:23.33 49.23		
	200m: 3:09.94 50.47	400m: 6:32.41 50.93	600m: 9:53.22 50.76	800m: 13:10.48 47.15		
5.	Kristien Van De Moortel	ShaRK	12:19.93	ShaRK/315/69	13:10.70	+0,87
	50m: 43.09 43.09	250m: 4:02.60 49.77	450m: 7:22.61 49.87	650m: 10:43.44 49.79		
	100m: 1:33.19 50.10	300m: 4:52.75 50.15	500m: 8:12.78 50.17	700m: 11:33.77 50.33		
	150m: 2:22.31 49.12	350m: 5:42.78 50.03	550m: 9:02.67 49.89	750m: 12:22.96 49.19		
	200m: 3:12.83 50.52	400m: 6:32.74 49.96	600m: 9:53.65 50.98	800m: 13:10.70 47.74		

Masters 45+

1.	Marlien Wijnhof	Nat Utrecht	12:22.21	6100300	12:19.75	+0,86
	50m: 41.28 41.28	250m: 3:47.68 47.84	450m: 6:57.44 46.68	650m: 10:05.78 46.69		
	100m: 1:26.44 45.16	300m: 4:35.37 47.69	500m: 7:44.44 47.00	700m: 10:51.81 46.03		
	150m: 2:13.06 46.62	350m: 5:23.03 47.66	550m: 8:32.14 47.70	750m: 11:37.13 45.32		
	200m: 2:59.84 46.78	400m: 6:10.76 47.73	600m: 9:19.09 46.95	800m: 12:19.75 42.62		
2.	Yvonne van de Guchte	Luctor et Emergo	12:44.49	6000046	13:28.81	+0,88
	50m: 44.91 44.91	250m: 4:06.95 51.54	450m: 7:32.69 51.27	650m: 10:58.21 51.65		
	100m: 1:33.98 49.07	300m: 4:58.46 51.51	500m: 8:24.00 51.31	700m: 11:49.11 50.90		
	150m: 2:25.10 51.12	350m: 5:49.85 51.39	550m: 9:15.44 51.44	750m: 12:40.38 51.27		
	200m: 3:15.41 50.31	400m: 6:41.42 51.57	600m: 10:06.56 51.12	800m: 13:28.81 48.43		
3.	Uschi Koster	WWV	14:04.34	6400372	13:46.94	+1,15
	50m: 46.12 46.12	250m: 4:14.76 52.98	450m: 7:48.71 54.51	650m: 11:20.46 52.39		
	100m: 1:36.70 50.58	300m: 5:08.04 53.28	500m: 8:42.86 54.15	700m: 12:12.14 51.68		
	150m: 2:29.29 52.59	350m: 6:00.82 52.78	550m: 9:36.15 53.29	750m: 13:03.09 50.95		
	200m: 3:21.78 52.49	400m: 6:54.20 53.38	600m: 10:28.07 51.92	800m: 13:46.94 43.85		
4.	Pia vd Molen	HZ&PC Heerenveen	14:12.86	6000116	14:02.95	+0,96
	50m: 41.22 41.22	250m: 4:06.78 53.34	450m: 7:44.07 54.06	650m: 11:21.17 53.63		
	100m: 1:29.34 48.12	300m: 5:01.07 54.29	500m: 8:38.46 54.39	700m: 12:16.08 54.91		
	150m: 2:20.48 51.14	350m: 5:55.27 54.20	550m: 9:32.51 54.05	750m: 13:09.68 53.60		
	200m: 3:13.44 52.96	400m: 6:50.01 54.74	600m: 10:27.54 55.03	800m: 14:02.95 53.27		
5.	Jaqueline Brouwer	ZV De Bron	14:51.36	6100296	14:41.58	+0,99
	50m: 48.15 48.15	250m: 4:27.27 55.76	450m: 8:12.33 57.13	650m: 11:58.17 57.27		
	100m: 1:41.42 53.27	300m: 5:23.38 56.11	500m: 9:07.72 55.39	700m: 12:55.24 57.07		
	150m: 2:36.17 54.75	350m: 6:19.39 56.01	550m: 10:04.34 56.62	750m: 13:51.04 55.80		
	200m: 3:31.51 55.34	400m: 7:15.20 55.81	600m: 11:00.90 56.56	800m: 14:41.58 50.54		

Masters 50+

1.	Patty Verhagen <i>Kampioenschaps Record</i>	AquAmigos	10:53.95	5900146	11:03.34	+1,05
	50m: 37.57 37.57	250m: 3:23.53 41.74	450m: 6:11.23 41.71	650m: 8:58.77 41.78		
	100m: 1:18.49 40.92	300m: 4:05.68 42.15	500m: 6:53.38 42.15	700m: 9:41.19 42.42		
	150m: 1:59.82 41.33	350m: 4:47.48 41.80	550m: 7:34.92 41.54	750m: 10:23.12 41.93		
	200m: 2:41.79 41.97	400m: 5:29.52 42.04	600m: 8:16.99 42.07	800m: 11:03.34 40.22		
2.	Mies Kuipers	Old Dutch	18:29.72	5800202	18:11.51	+0,96
	50m: 56.56 56.56	250m: 5:31.74 1:09.28	450m: 10:07.96 1:08.95	650m: 14:50.26 1:10.47		
	100m: 2:04.10 1:07.54	300m: 6:40.61 1:08.87	500m: 11:18.83 1:10.87	700m: 16:02.80 1:12.54		
	150m: 3:12.64 1:08.54	350m: 7:48.97 1:08.36	550m: 12:28.76 1:09.93	750m: 17:10.88 1:08.08		
	200m: 4:22.46 1:09.82	400m: 8:59.01 1:10.04	600m: 13:39.79 1:11.03	800m: 18:11.51 1:00.63		

Open Nederlandse Masters Kampioenschappen 2009
Eindhoven, 8. - 10.5.2009

Programmanr. 27, Dames, 800m vrije slag

Masters 55+

1.	Conny Boer-Buys		Vlaardingen		11:45.41		5000006		11:25.79	+0,91		
	<i>Nederlands Masters Record</i>											
	50m:	37.04	37.04	250m:	3:31.38	44.22	450m:	6:26.15	43.58	650m:	9:21.82	44.64
	100m:	1:18.55	41.51	300m:	4:15.32	43.94	500m:	7:09.30	43.15	700m:	10:02.99	41.17
	150m:	2:02.36	43.81	350m:	4:59.18	43.86	550m:	7:53.53	44.23	750m:	10:47.80	44.81
	200m:	2:47.16	44.80	400m:	5:42.57	43.39	600m:	8:37.18	43.65	800m:	11:25.79	37.99
2.	Micheline Falize		CHAT		13:00.53		CHAT/239/51		13:10.73	+0,99		
	50m:	46.24	46.24	250m:	4:03.20	49.82	450m:	7:24.00	50.23	650m:	10:44.91	49.89
	100m:	1:34.42	48.18	300m:	4:53.34	50.14	500m:	8:14.22	50.22	700m:	11:35.12	50.21
	150m:	2:23.85	49.43	350m:	5:43.03	49.69	550m:	9:04.52	50.30	750m:	12:24.00	48.88
	200m:	3:13.38	49.53	400m:	6:33.77	50.74	600m:	9:55.02	50.50	800m:	13:10.73	46.73

Masters 60+

1.	Annie Smits		PSV		13:54.43		4600016		14:42.23	+0,97		
	50m:	50.35	50.35	250m:	4:34.90	56.11	450m:	8:19.65	55.63	650m:	12:00.49	54.44
	100m:	1:46.39	56.04	300m:	5:31.46	56.56	500m:	9:15.69	56.04	700m:	12:56.89	56.40
	150m:	2:43.09	56.70	350m:	6:27.27	55.81	550m:	10:10.71	55.02	750m:	13:51.16	54.27
	200m:	3:38.79	55.70	400m:	7:24.02	56.75	600m:	11:06.05	55.34	800m:	14:42.23	51.07
2.	Barbro Grufman		Hellas Masters		15:06.22		AA0248		14:46.90	+1,20		
	50m:	49.25	49.25	250m:	4:36.76	56.37	450m:	8:21.94	55.89	650m:	12:06.33	55.40
	100m:	1:45.72	56.47	300m:	5:33.43	56.67	500m:	9:19.51	57.57	700m:	13:01.95	55.62
	150m:	2:43.00	57.28	350m:	6:29.40	55.97	550m:	10:14.91	55.40	750m:	13:57.52	55.57
	200m:	3:40.39	57.39	400m:	7:26.05	56.65	600m:	11:10.93	56.02	800m:	14:46.90	49.38

Masters 65+

1.	Matty van der Veen		Old Dutch		14:18.72		4400020		15:01.36	+1,13		
	50m:	50.00	50.00	250m:	4:34.40	57.61	450m:	8:23.29	57.40	650m:	12:11.62	57.81
	100m:	1:43.94	53.94	300m:	5:31.08	56.68	500m:	9:19.99	56.70	700m:	13:08.20	56.58
	150m:	2:40.54	56.60	350m:	6:28.98	57.90	550m:	10:17.59	57.60	750m:	14:06.62	58.42
	200m:	3:36.79	56.25	400m:	7:25.89	56.91	600m:	11:13.81	56.22	800m:	15:01.36	54.74
2.	Greet Brehler-middag		Hatto Heim		16:25.63		4400004		16:12.40	+1,24		
	50m:	52.42	52.42	250m:	4:53.94	1:00.31	450m:	9:01.38	1:02.25	650m:	13:11.39	1:02.62
	100m:	1:51.33	58.91	300m:	5:55.73	1:01.79	500m:	10:04.12	1:02.74	700m:	14:13.40	1:02.01
	150m:	2:53.08	1:01.75	350m:	6:57.83	1:02.10	550m:	11:06.59	1:02.47	750m:	15:14.24	1:00.84
	200m:	3:53.63	1:00.55	400m:	7:59.13	1:01.30	600m:	12:08.77	1:02.18	800m:	16:12.40	58.16

Masters 75+

1.	Annie de Vos		Old Dutch		18:09.47		3400004		19:04.78			
	50m:	1:03.36	1:03.36	250m:	5:45.22	1:10.81	450m:	10:32.75	1:11.58	650m:	15:25.28	1:12.81
	100m:	2:12.65	1:09.29	300m:	6:57.48	1:12.26	500m:	11:46.43	1:13.68	700m:	16:39.93	1:14.65
	150m:	3:22.80	1:10.15	350m:	8:09.24	1:11.76	550m:	12:58.18	1:11.75	750m:	17:51.71	1:11.78
	200m:	4:34.41	1:11.61	400m:	9:21.17	1:11.93	600m:	14:12.47	1:14.29	800m:	19:04.78	1:13.07