

Open Nederlandse Masters Kampioenschappen 2009  
Eindhoven, 8. - 10.5.2009

Programmanr. 10  
09.05.2009 - 10:26

Heren, 200m schoolslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Remko Hoofst <i>Kampioenschaps Record</i>	De Duinkickers	2:36.61 8701405	<b>2:41.53</b>	+0,71	35.71	1:17.79	2:01.01	2:41.53
2. Herman van Dijk	HZ&PC Heerenveen	2:40.89 8900691	<b>2:41.74</b>	+0,99	35.47	1:16.43	1:59.03	2:41.74
3. Stefan van der Grift	Octopus	2:42.64 8701121	<b>2:46.45</b>	+0,79	37.00	1:19.49	2:03.08	2:46.45
4. Frank Heus	EZ&PC	3:01.06 8904085	<b>3:09.08</b>	+0,93	41.26	1:29.45	2:19.33	3:09.08
5. Melano Winter	RSW (SG)	2:59.67 8703847	<b>3:09.84</b>	+0,84	43.13	1:32.69	2:21.53	3:09.84
NG.ZA Dennis Stegerhütte	KZPC	2:38.80 8604397						
<b>Masters 25+</b>								
1. Sören Laub	SV Mannheim	2:39.44 77705	<b>2:41.11</b>	+0,82	36.69	1:19.25	2:01.38	2:41.11
2. Albert van Piekeren	Octopus	2:39.95 8401767	<b>2:41.33</b>	+0,84	36.56	1:17.76	1:59.56	2:41.33
3. Rob van Vliet	WZK Zwemmen	2:33.92 8402459	<b>2:41.49</b>	+0,90	36.50	1:17.45	1:59.92	2:41.49
4. Paul Oudendijk	OEZA	2:38.11 8101287	<b>2:42.01</b>	+0,94	37.32	1:19.15	2:01.90	2:42.01
5. Tommy van Overmeeren	De Schelde	2:39.41 8402887	<b>2:48.72</b>	+0,85	36.27	1:18.41	2:03.71	2:48.72
6. Jeroen Vogelsang	Het Y	2:48.56 8001645	<b>2:51.15</b>	+0,91	37.83	1:21.72	2:05.61	2:51.15
7. Dennis de Groot	De Zwoer	2:53.37 8300785	<b>2:52.53</b>	+0,84	39.29	1:23.98	2:08.44	2:52.53
8. Sebastiaan Baars	WS Twente	2:59.63 8300053	<b>2:58.80</b>	+1,00	38.90	1:23.68	2:10.84	2:58.80
9. Dennis Klop	De Biesboschzwemmers	3:01.33 8302643	<b>2:59.17</b>	+0,83	40.23	1:25.52	2:12.89	2:59.17
10. Thommy Nickel	Van Vliet Barracuda	2:44.25 8401627	<b>2:59.53</b>	+0,85	40.12	1:25.51	2:12.31	2:59.53
<b>Masters 30+</b>								
1. Freddie Geerlings	NIMO	2:35.83 7900379	<b>2:42.07</b>	+0,85	36.10	1:17.27	2:00.05	2:42.07
2. Vincent Versteeg	Zwemlust/Utrecht (SG)	2:40.07 7701003	<b>2:46.80</b>	+0,75	36.50	1:19.68	2:03.05	2:46.80
3. Bram Mommers	AquAmigos	2:46.42 7600647	<b>2:51.50</b>	+0,92	38.16	1:22.74	2:07.01	2:51.50
4. Vincent Bastin	CHTHN	2:48.86 CHTHN/295/77	<b>2:52.23</b>	+0,82	38.91	1:22.62	2:07.89	2:52.23
5. Rinke Nijland	IJZPC	3:19.90 7901735	<b>3:16.55</b>	+0,83	44.97	1:36.47	2:28.20	3:16.55
6. Olivier Kalek	CNBA	3:20.09 CNBA/785/75	<b>3:17.87</b>	+0,88	41.09	1:29.90	2:23.48	3:17.87
7. Han Ruijs	RZ	3:02.27 7901867	<b>3:19.03</b>	+0,80	39.36	1:26.76	2:21.26	3:19.03
<b>Masters 35+</b>								
1. Stefan Dortmond	Electrolux AZC	2:49.48 7201167	<b>2:46.21</b>	+0,88	39.57	1:23.24	2:04.83	2:46.21
2. Andreas Kaptur	SG Gladbeck	2:44.06 125218	<b>2:49.26</b>	+0,92	38.40	1:22.02	2:06.18	2:49.26
3. Paul van den Heuvel	Arethusa	2:49.03 7000441	<b>2:52.15</b>	+0,95	38.75	1:22.76	2:07.92	2:52.15
4. Jan-Willem van Herpen	Arethusa	2:58.30 7001347	<b>3:03.47</b>	+0,82	39.34	1:25.88	2:13.70	3:03.47
5. Arnold Jonker	HZ&PC Heerenveen	3:32.82 7000529	<b>3:46.83</b>	+0,94	52.05	1:48.68	2:47.98	3:46.83
<b>Masters 40+</b>								
1. Patrick Juncker <i>Kampioenschaps Record, Luxemburgs Masters Record</i>	Swimming Luxembourg	2:48.41 136	<b>2:46.11</b>	+0,85	37.87	1:19.95	2:02.77	2:46.11
2. Harold Matla	PSV	2:46.62 6800591	<b>2:49.03</b>	+0,93	38.94	1:22.92	2:06.85	2:49.03
3. Sander van den Berg	WS Twente	3:06.90 6801357	<b>3:02.48</b>	+0,92	40.30	1:27.21	2:15.24	3:02.48
4. Marcel van der Lem	Kon. AZ 1870	3:01.76 6500563	<b>3:08.66</b>	+0,83	41.86	1:29.36	2:18.95	3:08.66
5. Ronald Vos	SCOM	3:22.84 6901403	<b>3:13.74</b>	+1,06	42.58	1:30.34	2:21.33	3:13.74
6. Henk van Zetten	Octopus	3:33.41 6701261	<b>3:38.07</b>	+0,88	49.45	1:44.15	2:42.25	3:38.07
AFGEM Ronald Stolk	De Fuut	2:53.77 6601253						
AFGEM Jan de Lange	WS Twente	3:29.07 6501273						
<b>Masters 45+</b>								
1. Cees van Houwelingen <i>Kampioenschaps Record</i>	De Schelde	2:41.42 6300351	<b>2:48.72</b>	+0,94	37.79	1:20.95	2:05.45	2:48.72
2. Ronald Grove	Oceanus	2:57.76 6100161	<b>2:53.09</b>	+0,83	37.55	1:22.35	2:08.61	2:53.09
3. Arnold de Rover	De Futen	2:47.72 6400645	<b>2:56.55</b>	+0,90	39.75	1:24.41	2:09.57	2:56.55
4. Ron Phaff	PSV	2:53.89 6200495	<b>3:00.16</b>	+0,82	38.94	1:23.88	2:09.43	3:00.16
5. Ralph Caster	RZ	2:52.29 6100069	<b>3:02.71</b>	+0,91	40.75	1:27.32	2:15.04	3:02.71
6. Jan Vlasblom	PLONS	3:05.97 6100823	<b>3:04.22</b>	+0,85	40.53	1:27.08	2:15.07	3:04.22
7. Eric Henrard	AZV	3:10.37 AZV/017/60	<b>3:11.67</b>	+0,96	44.93	1:33.55	2:22.93	3:11.67
8. Michiel Klaren	PSV	3:14.53 6201087	<b>3:20.32</b>	+1,03	44.33	1:34.18	2:27.39	3:20.32
9. Jan Willem Heuten	WS Twente	3:42.12 6000883	<b>3:36.51</b>	+0,92	48.79	1:44.75	2:42.08	3:36.51
10. Wilko Versleeuwen	PSV	3:35.48 6301189	<b>3:42.84</b>	+1,04	51.43	1:49.70	2:47.30	3:42.84

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**Masters 50+**

1. Albert Boonstra	Aqua-Novio '94	2:54.65	5700425	<b>2:49.80</b>	+0,83	38.48	1:22.87	2:06.94	2:49.80
<i>Kampioenschaps Record</i>									
2. Peter Romkes	Luctor et Emergo	3:05.74	5900389	<b>3:02.36</b>	+0,78	40.62	1:27.45	2:16.54	3:02.36
3. Willem Zwiers	AquAmigos	3:03.68	5800505	<b>3:08.83</b>	+0,82	41.94	1:30.79	2:20.73	3:08.83
4. Vincent de Keijzer	PLONS	3:10.03	5800207	<b>3:11.55</b>	+0,88	42.48	1:31.81	2:22.58	3:11.55
5. Paul Bunnik	Triton	3:20.75	5600413	<b>3:25.65</b>	+0,99	44.10	1:37.75	2:33.53	3:25.65
6. Luc Nijs	AZV	3:23.45	AZV/080/59	<b>3:27.58</b>	+1,00	45.14	1:37.28	2:32.12	3:27.58

**Masters 55+**

1. Joseph Frizzo	U.S.T. Hayange Omnisports	2:59.90	886047	<b>3:10.22</b>	+0,87	41.34	1:29.46	2:19.79	3:10.22
2. Peter Gulyas	Totkomlosi Rozmarok	3:17.76	51gulyas	<b>3:16.17</b>	+0,91	44.72	1:35.03	2:26.80	3:16.17

**Masters 60+**

1. Donald Uijtenbogaart	Het Y	3:09.10	4700107	<b>3:12.17</b>	+0,91	44.43	1:33.24	2:22.99	3:12.17
2. Joop Draaisma	DZ&PC	3:33.52	4600155	<b>3:28.42</b>	+1,04	46.21	1:39.32	2:34.24	3:28.42
3. Jos van Alphen	PSV	3:57.68	4600157	<b>3:59.15</b>	+1,10	54.24	1:52.71	2:55.45	3:59.15
4. Mar van Geel	Old Dutch	3:53.91	4700135	<b>4:03.97</b>	+1,09	53.41	1:55.84	3:01.64	4:03.97
5. Henk Oostendorp	ZV De Bron	4:09.08	4800093	<b>4:09.77</b>	+1,16	55.87	1:59.33	3:05.68	4:09.77

**Masters 65+**

1. Rob Hanou	PSV	3:14.54	4300109	<b>3:19.47</b>	+1,10	44.67	1:35.96	2:29.06	3:19.47
2. Nico Baay	Old Dutch	3:40.53	4200053	<b>3:30.31</b>	+0,82	46.02	1:37.57	2:33.39	3:30.31
3. Ruud Sloof	De Rijn	3:35.24	4400073	<b>3:38.51</b>	+1,06	49.40	1:45.64	2:42.95	3:38.51

**Masters 70+**

1. Rob van Gestel	PSV	3:58.39	3500005	<b>4:07.82</b>	+1,26	56.29	1:58.78	3:03.29	4:07.82
2. Pieter Scharphorn	Neptunus	4:42.54	3800037	<b>4:49.11</b>	+1,35	1:01.63	2:12.12	3:29.90	4:49.11
NG.ZA Herman Rademaker	De Dolfijn	4:13.08	3600011						

**Masters 75+**

1. Georges Verhelst	RZV	4:07.25	RZV/160/31	<b>4:10.18</b>	+1,09	57.42	2:00.66	3:06.24	4:10.18
<i>Kampioenschaps Record</i>									
2. Guy Fricot	CCS	6:14.37	CCS/010/33	<b>6:25.34</b>	+1,21	1:25.62	3:07.77	4:46.68	6:25.34