

Open Nederlandse Kampioenschappen 2009
Eindhoven, 12. - 14.6.2009

Programmanr. 37
14.06.2009 - 12:11

Heren, 1500m vrije slag

Jeugd 1 en ouder
Resultaten

Wereld Record	14:34.56	Grant Hackett	Fukuoka (JPN)	29.07.2001
Europees Record	14:43.21	Yuri Prilukov	Beijing (CHN)	17.08.2008
Nederlands Record Senioren	15:12.12	Job Kienhuis	Amsterdam	19.04.2009
Nederlands Record Jeugd	15:35.26	Sebastiaan Verschuren	Antwerpen (BEL)	11.03.2006
Kampioenschaps Record	15:29.11	Tom Vangeneugden	Eindhoven	08.06.2008

rang naam vereniging inschrijftijd tijd RT niv. finale

Jeugd 1 en 2

1.	Bryan Mannaart	WVZ	16:16.89	9101533	16:05.22	+0,89	A	
	50m: 29.05	29.05	450m: 4:42.99	32.17	850m: 9:02.82	33.02	1250m: 13:24.57	32.97
	100m: 59.29	30.24	500m: 5:15.26	32.27	900m: 9:35.14	32.32	1300m: 13:57.14	32.57
	150m: 1:30.67	31.38	550m: 5:47.54	32.28	950m: 10:07.82	32.68	1350m: 14:29.95	32.81
	200m: 2:02.40	31.73	600m: 6:19.79	32.25	1000m: 10:40.42	32.60	1400m: 15:02.30	32.35
	250m: 2:34.48	32.08	650m: 6:52.34	32.55	1050m: 11:13.31	32.89	1450m: 15:34.41	32.11
	300m: 3:06.58	32.10	700m: 7:24.69	32.35	1100m: 11:45.93	32.62	1500m: 16:05.22	30.81
	350m: 3:38.75	32.17	750m: 7:57.27	32.58	1150m: 12:18.85	32.92		
	400m: 4:10.82	32.07	800m: 8:29.80	32.53	1200m: 12:51.60	32.75		
2.	Enzo Murzilli	Comité de Provence	16:12.60	333060	16:24.73	+0,84	C	
	50m: 29.70	29.70	450m: 4:50.33	32.76	850m: 9:15.57	32.65	1250m: 13:40.25	32.82
	100m: 1:01.75	32.05	500m: 5:23.26	32.93	900m: 9:48.77	33.20	1300m: 14:13.35	33.10
	150m: 1:34.16	32.41	550m: 5:55.87	32.61	950m: 10:21.67	32.90	1350m: 14:46.73	33.38
	200m: 2:06.51	32.35	600m: 6:29.11	33.24	1000m: 10:55.15	33.48	1400m: 15:19.84	33.11
	250m: 2:39.11	32.60	650m: 7:02.39	33.28	1050m: 11:27.71	32.56	1450m: 15:52.39	32.55
	300m: 3:12.08	32.97	700m: 7:35.83	33.44	1100m: 12:00.96	33.25	1500m: 16:24.73	32.34
	350m: 3:44.84	32.76	750m: 8:09.15	33.32	1150m: 12:34.13	33.17		
	400m: 4:17.57	32.73	800m: 8:42.92	33.77	1200m: 13:07.43	33.30		
3.	Vincent van Iperen	Orca	16:39.31	9106179	16:29.45	+0,84	C	
	50m: 29.10	29.10	450m: 4:50.50	33.02	850m: 9:17.08	33.37	1250m: 13:44.42	33.71
	100m: 1:00.98	31.88	500m: 5:23.98	33.48	900m: 9:50.60	33.52	1300m: 14:17.61	33.19
	150m: 1:33.02	32.04	550m: 5:57.25	33.27	950m: 10:24.02	33.42	1350m: 14:51.35	33.74
	200m: 2:05.60	32.58	600m: 6:31.21	33.96	1000m: 10:57.40	33.38	1400m: 15:24.74	33.39
	250m: 2:38.12	32.52	650m: 7:04.16	32.95	1050m: 11:30.31	32.91	1450m: 15:58.31	33.57
	300m: 3:11.00	32.88	700m: 7:37.37	33.21	1100m: 12:04.09	33.78	1500m: 16:29.45	31.14
	350m: 3:44.41	33.41	750m: 8:10.74	33.37	1150m: 12:37.22	33.13		
	400m: 4:17.48	33.07	800m: 8:43.71	32.97	1200m: 13:10.71	33.49		
4.	Ferry Weertman	DWK	16:37.52	9201461	16:31.62	+0,81	B	
	50m: 28.87	28.87	450m: 4:55.77	33.41	850m: 9:22.48	33.75	1250m: 13:49.51	33.23
	100m: 1:01.62	32.75	500m: 5:28.77	33.00	900m: 9:55.54	33.06	1300m: 14:23.19	33.68
	150m: 1:35.12	33.50	550m: 6:02.08	33.31	950m: 10:28.91	33.37	1350m: 14:56.48	33.29
	200m: 2:08.72	33.60	600m: 6:35.43	33.35	1000m: 11:02.38	33.47	1400m: 15:29.53	33.05
	250m: 2:42.19	33.47	650m: 7:08.92	33.49	1050m: 11:35.81	33.43	1450m: 16:02.03	32.50
	300m: 3:15.39	33.20	700m: 7:42.12	33.20	1100m: 12:09.01	33.20	1500m: 16:31.62	29.59
	350m: 3:48.98	33.59	750m: 8:15.29	33.17	1150m: 12:42.84	33.83		
	400m: 4:22.36	33.38	800m: 8:48.73	33.44	1200m: 13:16.28	33.44		
5.	Hans Peter Hartog	DAW-FINENZO	16:54.47	9100859	16:54.92	+0,83	D	
	50m: 28.59	28.59	450m: 4:56.24	34.17	850m: 9:28.90	34.38	1250m: 14:03.64	34.72
	100m: 1:00.89	32.30	500m: 5:30.08	33.84	900m: 10:03.07	34.17	1300m: 14:38.22	34.58
	150m: 1:33.79	32.90	550m: 6:04.13	34.05	950m: 10:37.58	34.51	1350m: 15:13.13	34.91
	200m: 2:06.90	33.11	600m: 6:38.40	34.27	1000m: 11:11.77	34.19	1400m: 15:47.64	34.51
	250m: 2:40.54	33.64	650m: 7:12.40	34.00	1050m: 11:46.04	34.27	1450m: 16:21.99	34.35
	300m: 3:14.18	33.64	700m: 7:46.26	33.86	1100m: 12:20.10	34.06	1500m: 16:54.92	32.93
	350m: 3:48.07	33.89	750m: 8:20.50	34.24	1150m: 12:54.47	34.37		
	400m: 4:22.07	34.00	800m: 8:54.52	34.02	1200m: 13:28.92	34.45		
6.	Fabian Beimin	OZ&PC	17:35.76	9100087	17:00.67	+0,86	D	
	50m: 29.11	29.11	450m: 4:59.90	34.02	850m: 9:33.73	34.55	1250m: 14:09.68	34.21
	100m: 1:02.35	33.24	500m: 5:34.25	34.35	900m: 10:08.36	34.63	1300m: 14:44.75	35.07
	150m: 1:35.84	33.49	550m: 6:07.58	33.33	950m: 10:42.70	34.34	1350m: 15:18.70	33.95
	200m: 2:10.09	34.25	600m: 6:41.94	34.36	1000m: 11:17.61	34.91	1400m: 15:53.00	34.30
	250m: 2:43.73	33.64	650m: 7:15.81	33.87	1050m: 11:51.77	34.16	1450m: 16:26.92	33.92
	300m: 3:18.13	34.40	700m: 7:50.07	34.26	1100m: 12:25.90	34.13	1500m: 17:00.67	33.75
	350m: 3:51.95	33.82	750m: 8:24.88	34.81	1150m: 13:00.02	34.12		
	400m: 4:25.88	33.93	800m: 8:59.18	34.30	1200m: 13:35.47	35.45		
7.	Marco van der Stel	Vlaardingen	17:06.42	9102879	17:07.13	+0,71	D	
	50m: 30.26	30.26	450m: 5:04.22	34.29	850m: 9:40.53	34.59	1250m: 14:17.39	34.53
	100m: 1:03.92	33.66	500m: 5:38.89	34.67	900m: 10:15.07	34.54	1300m: 14:52.07	34.68
	150m: 1:38.06	34.14	550m: 6:13.22	34.33	950m: 10:49.62	34.55	1350m: 15:26.34	34.27
	200m: 2:12.45	34.39	600m: 6:48.03	34.81	1000m: 11:24.23	34.61	1400m: 16:00.73	34.39
	250m: 2:46.84	34.39	650m: 7:22.35	34.32	1050m: 11:58.59	34.36	1450m: 16:34.91	34.18
	300m: 3:21.31	34.47	700m: 7:56.93	34.58	1100m: 12:33.43	34.84	1500m: 17:07.13	32.22
	350m: 3:55.63	34.32	750m: 8:31.16	34.23	1150m: 13:08.13	34.70		
	400m: 4:29.93	34.30	800m: 9:05.94	34.78	1200m: 13:42.86	34.73		

Open Nederlandse Kampioenschappen 2009
Eindhoven, 12. - 14.6.2009

Programmanr. 37, Jongens, 1500m vrije slag, Jeugd 1 en 2

rang	naam	vereniging	inschrijftijd	tijd	RT	niv.	finale	
8.	Victor Poot	Vlaardingen	16:48.00	9203651	17:28.15	+0,77	E	
	50m: 29.24	29.24	450m: 5:03.34	35.13	850m: 9:46.44	35.54	1250m: 14:32.16	35.65
	100m: 1:01.73	32.49	500m: 5:38.76	35.42	900m: 10:22.07	35.63	1300m: 15:07.61	35.45
	150m: 1:35.60	33.87	550m: 6:13.85	35.09	950m: 10:57.99	35.92	1350m: 15:43.17	35.56
	200m: 2:09.67	34.07	600m: 6:49.02	35.17	1000m: 11:33.41	35.42	1400m: 16:18.49	35.32
	250m: 2:43.93	34.26	650m: 7:24.78	35.76	1050m: 12:09.36	35.95	1450m: 16:53.50	35.01
	300m: 3:18.30	34.37	700m: 8:00.14	35.36	1100m: 12:45.19	35.83	1500m: 17:28.15	34.65
	350m: 3:53.38	35.08	750m: 8:35.66	35.52	1150m: 13:20.95	35.76		
	400m: 4:28.21	34.83	800m: 9:10.90	35.24	1200m: 13:56.51	35.56		
9.	Jelmar Kluiwstra	LZ 1886	17:49.86	9204323	17:41.70	+0,95	E	
	50m: 30.46	30.46	450m: 5:14.47	35.90	850m: 10:01.60	35.91	1250m: 14:48.43	35.93
	100m: 1:04.41	33.95	500m: 5:50.59	36.12	900m: 10:37.33	35.73	1300m: 15:24.23	35.80
	150m: 1:39.19	34.78	550m: 6:25.97	35.38	950m: 11:12.87	35.54	1350m: 16:00.28	36.05
	200m: 2:14.25	35.06	600m: 7:01.39	35.42	1000m: 11:49.42	36.55	1400m: 16:35.54	35.26
	250m: 2:49.90	35.65	650m: 7:37.33	35.94	1050m: 12:25.25	35.83	1450m: 17:09.24	35.70
	300m: 3:26.53	36.63	700m: 8:13.52	36.19	1100m: 13:01.32	36.07	1500m: 17:41.70	32.46
	350m: 4:02.61	36.08	750m: 8:49.42	35.90	1150m: 13:37.16	35.84		
	400m: 4:38.57	35.96	800m: 9:25.69	36.27	1200m: 14:12.50	35.34		
10.	Boris Galjart	Vlaardingen	17:52.00	9201997	17:46.13	+0,75	E	
	50m: 30.97	30.97	450m: 5:12.89	36.29	850m: 10:01.32	35.86	1250m: 14:48.31	35.26
	100m: 1:04.99	34.02	500m: 5:49.05	36.16	900m: 10:37.52	36.20	1300m: 15:24.63	36.32
	150m: 1:39.59	34.60	550m: 6:25.29	36.24	950m: 11:12.78	35.26	1350m: 16:00.24	35.61
	200m: 2:14.31	34.72	600m: 7:01.62	36.33	1000m: 11:48.91	36.13	1400m: 16:36.50	36.26
	250m: 2:49.52	35.21	650m: 7:37.27	35.65	1050m: 12:24.74	35.83	1450m: 17:11.59	35.09
	300m: 3:24.92	35.40	700m: 8:12.79	35.52	1100m: 13:00.77	36.03	1500m: 17:46.13	34.54
	350m: 4:00.63	35.71	750m: 8:49.11	36.32	1150m: 13:37.24	36.47		
	400m: 4:36.60	35.97	800m: 9:25.46	36.35	1200m: 14:13.05	35.81		
11.	Dennis Eliveld	DAW-FINENZO	17:18.07	9202351	17:55.87	+0,90	E	
	50m: 29.81	29.81	450m: 5:12.16	35.64	850m: 10:03.38	36.79	1250m: 14:55.32	36.70
	100m: 1:04.30	34.49	500m: 5:48.81	36.65	900m: 10:39.11	35.73	1300m: 15:31.25	35.93
	150m: 1:38.75	34.45	550m: 6:24.93	36.12	950m: 11:15.44	36.33	1350m: 16:08.02	36.77
	200m: 2:14.55	35.80	600m: 7:00.92	35.99	1000m: 11:52.23	36.79	1400m: 16:43.89	35.87
	250m: 2:48.92	34.37	650m: 7:36.94	36.02	1050m: 12:29.16	36.93	1450m: 17:20.46	36.57
	300m: 3:24.27	35.35	700m: 8:14.07	37.13	1100m: 13:05.22	36.06	1500m: 17:55.87	35.41
	350m: 4:00.38	36.11	750m: 8:49.65	35.58	1150m: 13:42.52	37.30		
	400m: 4:36.52	36.14	800m: 9:26.59	36.94	1200m: 14:18.62	36.10		
12.	Donald Hillebregt	Oceanus	17:38.64	9202629	18:12.13	+0,86		
	50m: 29.74	29.74	450m: 5:11.48	36.55	850m: 10:05.28	36.79	1250m: 15:07.43	38.27
	100m: 1:02.66	32.92	500m: 5:48.22	36.74	900m: 10:42.18	36.90	1300m: 15:45.94	38.51
	150m: 1:36.86	34.20	550m: 6:24.66	36.44	950m: 11:19.34	37.16	1350m: 16:21.67	35.73
	200m: 2:11.79	34.93	600m: 7:01.08	36.42	1000m: 11:56.96	37.62	1400m: 16:58.58	36.91
	250m: 2:46.72	34.93	650m: 7:37.37	36.29	1050m: 12:34.70	37.74	1450m: 17:36.26	37.68
	300m: 3:22.53	35.81	700m: 8:14.46	37.09	1100m: 13:12.75	38.05	1500m: 18:12.13	35.87
	350m: 3:58.48	35.95	750m: 8:51.66	37.20	1150m: 13:50.84	38.09		
	400m: 4:34.93	36.45	800m: 9:28.49	36.83	1200m: 14:29.16	38.32		
13.	Dennis Cramer	Appingedam	17:38.90	9200199	18:18.32	+0,83		
	50m: 29.75	29.75	450m: 5:19.31	36.80	850m: 10:16.20	36.95	1250m: 15:16.25	37.85
	100m: 1:03.93	34.18	500m: 5:56.16	36.85	900m: 10:52.96	36.76	1300m: 15:53.07	36.82
	150m: 1:39.71	35.78	550m: 6:33.15	36.99	950m: 11:30.40	37.44	1350m: 16:30.79	37.72
	200m: 2:15.80	36.09	600m: 7:10.66	37.51	1000m: 12:08.27	37.87	1400m: 17:07.77	36.98
	250m: 2:51.92	36.12	650m: 7:47.68	37.02	1050m: 12:45.90	37.63	1450m: 17:43.34	35.57
	300m: 3:28.76	36.84	700m: 8:25.29	37.61	1100m: 13:23.64	37.74	1500m: 18:18.32	34.98
	350m: 4:05.09	36.33	750m: 9:02.47	37.18	1150m: 14:01.19	37.55		
	400m: 4:42.51	37.42	800m: 9:39.25	36.78	1200m: 14:38.40	37.21		
NG.ZA	Pierre Biol	Comité de Provence	17:23.74	382373				
all-in								
1.	Job Kienhuis	Eiffel Swimmers PSV	15:12.12	8901631	15:10.31	+0,94	A+	
	<i>Nederlands Record Senioren</i>							
	50m: 27.16	27.16	450m: 4:28.13	30.62	850m: 8:31.58	30.47	1250m: 12:37.51	30.68
	100m: 56.32	29.16	500m: 4:58.39	30.26	900m: 9:02.11	30.53	1300m: 13:08.26	30.75
	150m: 1:26.15	29.83	550m: 5:28.88	30.49	950m: 9:32.80	30.69	1350m: 13:38.82	30.56
	200m: 1:56.21	30.06	600m: 5:59.22	30.34	1000m: 10:03.96	31.16	1400m: 14:09.71	30.89
	250m: 2:26.49	30.28	650m: 6:29.81	30.59	1050m: 10:34.61	30.65	1450m: 14:40.25	30.54
	300m: 2:56.81	30.32	700m: 7:00.17	30.36	1100m: 11:05.36	30.75	1500m: 15:10.31	30.06
	350m: 3:27.17	30.36	750m: 7:30.65	30.48	1150m: 11:36.12	30.76		
	400m: 3:57.51	30.34	800m: 8:01.11	30.46	1200m: 12:06.83	30.71		

Open Nederlandse Kampioenschappen 2009
Eindhoven, 12. - 14.6.2009

Programmanr. 37, Heren, 1500m vrije slag, all-in

rang	naam	vereniging	inschrijftijd		tijd	RT	niv.	finale
2.	Bryan Mannaart	WVZ	16:16.89		9101533	16:05.22	+0,89	A
	50m: 29.05	29.05	450m: 4:42.99	32.17	850m: 9:02.82	33.02	1250m: 13:24.57	32.97
	100m: 59.29	30.24	500m: 5:15.26	32.27	900m: 9:35.14	32.32	1300m: 13:57.14	32.57
	150m: 1:30.67	31.38	550m: 5:47.54	32.28	950m: 10:07.82	32.68	1350m: 14:29.95	32.81
	200m: 2:02.40	31.73	600m: 6:19.79	32.25	1000m: 10:40.42	32.60	1400m: 15:02.30	32.35
	250m: 2:34.48	32.08	650m: 6:52.34	32.55	1050m: 11:13.31	32.89	1450m: 15:34.41	32.11
	300m: 3:06.58	32.10	700m: 7:24.69	32.35	1100m: 11:45.93	32.62	1500m: 16:05.22	30.81
	350m: 3:38.75	32.17	750m: 7:57.27	32.58	1150m: 12:18.85	32.92		
	400m: 4:10.82	32.07	800m: 8:29.80	32.53	1200m: 12:51.60	32.75		
3.	Enzo Murzilli	Comité de Provence	16:12.60		333060	16:24.73	+0,84	C
	50m: 29.70	29.70	450m: 4:50.33	32.76	850m: 9:15.57	32.65	1250m: 13:40.25	32.82
	100m: 1:01.75	32.05	500m: 5:23.26	32.93	900m: 9:48.77	33.20	1300m: 14:13.35	33.10
	150m: 1:34.16	32.41	550m: 5:55.87	32.61	950m: 10:21.67	32.90	1350m: 14:46.73	33.38
	200m: 2:06.51	32.35	600m: 6:29.11	33.24	1000m: 10:55.15	33.48	1400m: 15:19.84	33.11
	250m: 2:39.11	32.60	650m: 7:02.39	33.28	1050m: 11:27.71	32.56	1450m: 15:52.39	32.55
	300m: 3:12.08	32.97	700m: 7:35.83	33.44	1100m: 12:00.96	33.25	1500m: 16:24.73	32.34
	350m: 3:44.84	32.76	750m: 8:09.15	33.32	1150m: 12:34.13	33.17		
	400m: 4:17.57	32.73	800m: 8:42.92	33.77	1200m: 13:07.43	33.30		
4.	Vincent van Iperen	Orca	16:39.31		9106179	16:29.45	+0,84	C
	50m: 29.10	29.10	450m: 4:50.50	33.02	850m: 9:17.08	33.37	1250m: 13:44.42	33.71
	100m: 1:00.98	31.88	500m: 5:23.98	33.48	900m: 9:50.60	33.52	1300m: 14:17.61	33.19
	150m: 1:33.02	32.04	550m: 5:57.25	33.27	950m: 10:24.02	33.42	1350m: 14:51.35	33.74
	200m: 2:05.60	32.58	600m: 6:31.21	33.96	1000m: 10:57.40	33.38	1400m: 15:24.74	33.39
	250m: 2:38.12	32.52	650m: 7:04.16	32.95	1050m: 11:30.31	32.91	1450m: 15:58.31	33.57
	300m: 3:11.00	32.88	700m: 7:37.37	33.21	1100m: 12:04.09	33.78	1500m: 16:29.45	31.14
	350m: 3:44.41	33.41	750m: 8:10.74	33.37	1150m: 12:37.22	33.13		
	400m: 4:17.48	33.07	800m: 8:43.71	32.97	1200m: 13:10.71	33.49		
5.	Ferry Weertman	DWK	16:37.52		9201461	16:31.62	+0,81	B
	50m: 28.87	28.87	450m: 4:55.77	33.41	850m: 9:22.48	33.75	1250m: 13:49.51	33.23
	100m: 1:01.62	32.75	500m: 5:28.77	33.00	900m: 9:55.54	33.06	1300m: 14:23.19	33.68
	150m: 1:35.12	33.50	550m: 6:02.08	33.31	950m: 10:28.91	33.37	1350m: 14:56.48	33.29
	200m: 2:08.72	33.60	600m: 6:35.43	33.35	1000m: 11:02.38	33.47	1400m: 15:29.53	33.05
	250m: 2:42.19	33.47	650m: 7:08.92	33.49	1050m: 11:35.81	33.43	1450m: 16:02.03	32.50
	300m: 3:15.39	33.20	700m: 7:42.12	33.20	1100m: 12:09.01	33.20	1500m: 16:31.62	29.59
	350m: 3:48.98	33.59	750m: 8:15.29	33.17	1150m: 12:42.84	33.83		
	400m: 4:22.36	33.38	800m: 8:48.73	33.44	1200m: 13:16.28	33.44		
6.	Hans Peter Hartog	DAW-FINENZO	16:54.47		9100859	16:54.92	+0,83	D
	50m: 28.59	28.59	450m: 4:56.24	34.17	850m: 9:28.90	34.38	1250m: 14:03.64	34.72
	100m: 1:00.89	32.30	500m: 5:30.08	33.84	900m: 10:03.07	34.17	1300m: 14:38.22	34.58
	150m: 1:33.79	32.90	550m: 6:04.13	34.05	950m: 10:37.58	34.51	1350m: 15:13.13	34.91
	200m: 2:06.90	33.11	600m: 6:38.40	34.27	1000m: 11:11.77	34.19	1400m: 15:47.64	34.51
	250m: 2:40.54	33.64	650m: 7:12.40	34.00	1050m: 11:46.04	34.27	1450m: 16:21.99	34.35
	300m: 3:14.18	33.64	700m: 7:46.26	33.86	1100m: 12:20.10	34.06	1500m: 16:54.92	32.93
	350m: 3:48.07	33.89	750m: 8:20.50	34.24	1150m: 12:54.47	34.37		
	400m: 4:22.07	34.00	800m: 8:54.52	34.02	1200m: 13:28.92	34.45		
7.	Fabian Beimin	OZ&PC	17:35.76		9100087	17:00.67	+0,86	D
	50m: 29.11	29.11	450m: 4:59.90	34.02	850m: 9:33.73	34.55	1250m: 14:09.68	34.21
	100m: 1:02.35	33.24	500m: 5:34.25	34.35	900m: 10:08.36	34.63	1300m: 14:44.75	35.07
	150m: 1:35.84	33.49	550m: 6:07.58	33.33	950m: 10:42.70	34.34	1350m: 15:18.70	33.95
	200m: 2:10.09	34.25	600m: 6:41.94	34.36	1000m: 11:17.61	34.91	1400m: 15:53.00	34.30
	250m: 2:43.73	33.64	650m: 7:15.81	33.87	1050m: 11:51.77	34.16	1450m: 16:26.92	33.92
	300m: 3:18.13	34.40	700m: 7:50.07	34.26	1100m: 12:25.90	34.13	1500m: 17:00.67	33.75
	350m: 3:51.95	33.82	750m: 8:24.88	34.81	1150m: 13:00.02	34.12		
	400m: 4:25.88	33.93	800m: 8:59.18	34.30	1200m: 13:35.47	35.45		
8.	Marco van der Stel	Vlaardingen	17:06.42		9102879	17:07.13	+0,71	D
	50m: 30.26	30.26	450m: 5:04.22	34.29	850m: 9:40.53	34.59	1250m: 14:17.39	34.53
	100m: 1:03.92	33.66	500m: 5:38.89	34.67	900m: 10:15.07	34.54	1300m: 14:52.07	34.68
	150m: 1:38.06	34.14	550m: 6:13.22	34.33	950m: 10:49.62	34.55	1350m: 15:26.34	34.27
	200m: 2:12.45	34.39	600m: 6:48.03	34.81	1000m: 11:24.23	34.61	1400m: 16:00.73	34.39
	250m: 2:46.84	34.39	650m: 7:22.35	34.32	1050m: 11:58.59	34.36	1450m: 16:34.91	34.18
	300m: 3:21.31	34.47	700m: 7:56.93	34.58	1100m: 12:33.43	34.84	1500m: 17:07.13	32.22
	350m: 3:55.63	34.32	750m: 8:31.16	34.23	1150m: 13:08.13	34.70		
	400m: 4:29.93	34.30	800m: 9:05.94	34.78	1200m: 13:42.86	34.73		
9.	Rolan van der Lugt	ZV Westland Dijkglas	17:20.68		9001869	17:09.17	+0,92	E
	50m: 29.47	29.47	450m: 4:59.93	34.45	850m: 9:37.13	34.79	1250m: 14:15.64	34.87
	100m: 1:01.86	32.39	500m: 5:34.45	34.52	900m: 10:11.54	34.41	1300m: 14:50.67	35.03
	150m: 1:35.66	33.80	550m: 6:09.08	34.63	950m: 10:46.48	34.94	1350m: 15:26.06	35.39
	200m: 2:09.15	33.49	600m: 6:43.69	34.61	1000m: 11:21.11	34.63	1400m: 16:00.56	34.50
	250m: 2:43.14	33.99	650m: 7:18.43	34.74	1050m: 11:55.88	34.77	1450m: 16:35.44	34.88
	300m: 3:16.78	33.64	700m: 7:52.97	34.54	1100m: 12:30.56	34.68	1500m: 17:09.17	33.73
	350m: 3:51.33	34.55	750m: 8:27.58	34.61	1150m: 13:05.67	35.11		
	400m: 4:25.48	34.15	800m: 9:02.34	34.76	1200m: 13:40.77	35.10		

Open Nederlandse Kampioenschappen 2009
Eindhoven, 12. - 14.6.2009

Programmanr. 37, Heren, 1500m vrije slag, all-in

rang	naam	vereniging	inschrijftijd		tijd	RT	niv.	finale
10.	Erik Schröder	TriVia	16:44.41		8402025	17:09.19	+0,79	E
	50m: 30.18	30.18	450m: 5:04.31	34.68	850m: 9:40.39	34.08	1250m: 14:20.07	34.88
	100m: 1:03.47	33.29	500m: 5:39.00	34.69	900m: 10:14.66	34.27	1300m: 14:54.47	34.40
	150m: 1:37.19	33.72	550m: 6:13.68	34.68	950m: 10:49.45	34.79	1350m: 15:28.88	34.41
	200m: 2:11.35	34.16	600m: 6:48.47	34.79	1000m: 11:24.09	34.64	1400m: 16:02.84	33.96
	250m: 2:45.74	34.39	650m: 7:23.12	34.65	1050m: 11:59.40	35.31	1450m: 16:36.95	34.11
	300m: 3:20.28	34.54	700m: 7:57.58	34.46	1100m: 12:34.27	34.87	1500m: 17:09.19	32.24
	350m: 3:54.75	34.47	750m: 8:32.53	34.95	1150m: 13:09.59	35.32		
	400m: 4:29.63	34.88	800m: 9:06.31	33.78	1200m: 13:45.19	35.60		
11.	Tom Verbeek	Het Y	17:04.48		8803527	17:10.34	+0,83	E
	50m: 29.07	29.07	450m: 4:58.80	34.61	850m: 9:36.40	34.55	1250m: 14:15.69	35.51
	100m: 1:01.18	32.11	500m: 5:33.38	34.58	900m: 10:11.13	34.73	1300m: 14:50.89	35.20
	150m: 1:34.39	33.21	550m: 6:07.99	34.61	950m: 10:45.66	34.53	1350m: 15:25.98	35.09
	200m: 2:07.86	33.47	600m: 6:42.78	34.79	1000m: 11:20.54	34.88	1400m: 16:01.36	35.38
	250m: 2:41.70	33.84	650m: 7:17.65	34.87	1050m: 11:55.17	34.63	1450m: 16:36.95	35.29
	300m: 3:15.51	33.81	700m: 7:52.43	34.78	1100m: 12:29.91	34.74	1500m: 17:10.34	33.69
	350m: 3:49.68	34.17	750m: 8:27.34	34.91	1150m: 13:05.11	35.20		
	400m: 4:24.19	34.51	800m: 9:01.85	34.51	1200m: 13:40.18	35.07		
12.	Ewoud Potiek	DZ&PC	16:42.29		8902503	17:18.61	+0,82	E
	50m: 29.34	29.34	450m: 4:58.87	33.93	850m: 9:36.37	35.18	1250m: 14:20.23	35.85
	100m: 1:02.40	33.06	500m: 5:33.16	34.29	900m: 10:11.02	34.65	1300m: 14:56.22	35.99
	150m: 1:35.88	33.48	550m: 6:07.25	34.09	950m: 10:46.35	35.33	1350m: 15:32.41	36.19
	200m: 2:09.45	33.57	600m: 6:41.98	34.73	1000m: 11:21.65	35.30	1400m: 16:08.19	35.78
	250m: 2:42.94	33.49	650m: 7:16.25	34.27	1050m: 11:57.04	35.39	1450m: 16:44.01	35.82
	300m: 3:16.76	33.82	700m: 7:51.18	34.93	1100m: 12:32.61	35.57	1500m: 17:18.61	34.60
	350m: 3:50.81	34.05	750m: 8:25.94	34.76	1150m: 13:08.02	35.41		
	400m: 4:24.94	34.13	800m: 9:01.19	35.25	1200m: 13:44.38	36.36		
13.	Raymond van de Merwe	WVZ	17:05.84		8602077	17:22.92	+0,82	E
	50m: 30.01	30.01	450m: 5:07.13	35.02	850m: 9:46.91	35.12	1250m: 14:28.62	35.36
	100m: 1:03.76	33.75	500m: 5:42.31	35.18	900m: 10:21.81	34.90	1300m: 15:04.00	35.38
	150m: 1:38.33	34.57	550m: 6:17.22	34.91	950m: 10:57.02	35.21	1350m: 15:38.95	34.95
	200m: 2:12.70	34.37	600m: 6:52.19	34.97	1000m: 11:32.14	35.12	1400m: 16:14.29	35.34
	250m: 2:47.33	34.63	650m: 7:27.14	34.95	1050m: 12:07.49	35.35	1450m: 16:49.04	34.75
	300m: 3:22.10	34.77	700m: 8:02.12	34.98	1100m: 12:42.54	35.05	1500m: 17:22.92	33.88
	350m: 3:56.98	34.88	750m: 8:37.01	34.89	1150m: 13:17.93	35.39		
	400m: 4:32.11	35.13	800m: 9:11.79	34.78	1200m: 13:53.26	35.33		
14.	Victor Poot	Vlaardingen	16:48.00		9203651	17:28.15	+0,77	E
	50m: 29.24	29.24	450m: 5:03.34	35.13	850m: 9:46.44	35.54	1250m: 14:32.16	35.65
	100m: 1:01.73	32.49	500m: 5:38.76	35.42	900m: 10:22.07	35.63	1300m: 15:07.61	35.45
	150m: 1:35.60	33.87	550m: 6:13.85	35.09	950m: 10:57.99	35.92	1350m: 15:43.17	35.56
	200m: 2:09.67	34.07	600m: 6:49.02	35.17	1000m: 11:33.41	35.42	1400m: 16:18.49	35.32
	250m: 2:43.93	34.26	650m: 7:24.78	35.76	1050m: 12:09.36	35.95	1450m: 16:53.50	35.01
	300m: 3:18.30	34.37	700m: 8:00.14	35.36	1100m: 12:45.19	35.83	1500m: 17:28.15	34.65
	350m: 3:53.38	35.08	750m: 8:35.66	35.52	1150m: 13:20.95	35.76		
	400m: 4:28.21	34.83	800m: 9:10.90	35.24	1200m: 13:56.51	35.56		
15.	Erik Simons	WZK zwemmen	17:08.83		8902845	17:33.36	+0,85	
	50m: 29.19	29.19	450m: 5:04.79	35.28	850m: 9:48.71	35.68	1250m: 14:36.25	35.88
	100m: 1:02.29	33.10	500m: 5:40.06	35.27	900m: 10:24.31	35.60	1300m: 15:12.16	35.91
	150m: 1:36.41	34.12	550m: 6:15.00	34.94	950m: 10:57.08	35.77	1350m: 15:47.78	35.62
	200m: 2:10.63	34.22	600m: 6:50.51	35.51	1000m: 11:35.88	35.80	1400m: 16:23.90	36.12
	250m: 2:44.71	34.08	650m: 7:25.97	35.46	1050m: 12:11.42	35.54	1450m: 16:59.62	35.72
	300m: 3:19.36	34.65	700m: 8:01.57	35.60	1100m: 12:47.80	36.38	1500m: 17:33.36	33.74
	350m: 3:54.21	34.85	750m: 8:37.48	35.91	1150m: 13:23.74	35.94		
	400m: 4:29.51	35.30	800m: 9:13.03	35.55	1200m: 14:00.37	36.63		
16.	Tjark Blokzijl	TZC Vahalis	16:49.95		7901771	17:36.86	+0,99	
	50m: 28.67	28.67	450m: 5:05.51	35.44	850m: 9:53.30	36.11	1250m: 14:41.68	36.53
	100m: 1:00.89	32.22	500m: 5:41.40	35.89	900m: 10:29.49	36.19	1300m: 15:17.56	35.88
	150m: 1:34.61	33.72	550m: 6:16.98	35.58	950m: 11:05.38	35.89	1350m: 15:52.97	35.41
	200m: 2:09.09	34.48	600m: 6:53.24	36.26	1000m: 11:41.87	36.49	1400m: 16:28.47	35.50
	250m: 2:43.96	34.87	650m: 7:29.16	35.92	1050m: 12:17.75	35.88	1450m: 17:03.10	34.63
	300m: 3:19.31	35.35	700m: 8:05.15	35.99	1100m: 12:53.63	35.88	1500m: 17:36.86	33.76
	350m: 3:54.23	34.92	750m: 8:41.52	36.37	1150m: 13:29.35	35.72		
	400m: 4:30.07	35.84	800m: 9:17.19	35.67	1200m: 14:05.15	35.80		
17.	Jelmar Kluiwstra	LZ 1886	17:49.86		9204323	17:41.70	+0,95	E
	50m: 30.46	30.46	450m: 5:14.47	35.90	850m: 10:01.60	35.91	1250m: 14:48.43	35.93
	100m: 1:04.41	33.95	500m: 5:50.59	36.12	900m: 10:37.33	35.73	1300m: 15:24.23	35.80
	150m: 1:39.19	34.78	550m: 6:25.97	35.38	950m: 11:12.87	35.54	1350m: 16:00.28	36.05
	200m: 2:14.25	35.06	600m: 7:01.39	35.42	1000m: 11:49.42	36.55	1400m: 16:35.54	35.26
	250m: 2:49.90	35.65	650m: 7:37.33	35.94	1050m: 12:25.25	35.83	1450m: 17:09.24	33.70
	300m: 3:26.53	36.63	700m: 8:13.52	36.19	1100m: 13:01.32	36.07	1500m: 17:41.70	32.46
	350m: 4:02.61	36.08	750m: 8:49.42	35.90	1150m: 13:37.16	35.84		
	400m: 4:38.57	35.96	800m: 9:25.69	36.27	1200m: 14:12.50	35.34		

Open Nederlandse Kampioenschappen 2009
Eindhoven, 12. - 14.6.2009

Programmanr. 37, Heren, 1500m vrije slag, all-in

rang	naam	vereniging	inschrijftijd	tijd	RT	niv.	finale	
18.	Michael van der Linden	De Zijl/LGB	17:24.64	8601921	17:45.55	+0,83		
	50m: 30.39	30.39	450m: 5:06.23	35.27	850m: 9:53.05	36.23	1250m: 14:46.12	36.54
	100m: 1:03.80	33.41	500m: 5:41.39	35.16	900m: 10:29.73	36.68	1300m: 15:22.74	36.62
	150m: 1:38.25	34.45	550m: 6:16.78	35.39	950m: 11:06.19	36.46	1350m: 15:59.11	36.37
	200m: 2:12.38	34.13	600m: 6:52.36	35.58	1000m: 11:43.35	37.16	1400m: 16:35.54	36.43
	250m: 2:47.11	34.73	650m: 7:28.62	36.26	1050m: 12:19.46	36.11	1450m: 17:11.01	35.47
	300m: 3:21.65	34.54	700m: 8:04.51	35.89	1100m: 12:55.73	36.27	1500m: 17:45.55	34.54
	350m: 3:56.55	34.90	750m: 8:40.84	36.33	1150m: 13:32.66	36.93		
	400m: 4:30.96	34.41	800m: 9:16.82	35.98	1200m: 14:09.58	36.92		
19.	Boris Galjart	Vlaardingen	17:52.00	9201997	17:46.13	+0,75	E	
	50m: 30.97	30.97	450m: 5:12.89	36.29	850m: 10:01.32	35.86	1250m: 14:48.31	35.26
	100m: 1:04.99	34.02	500m: 5:49.05	36.16	900m: 10:37.52	36.20	1300m: 15:24.63	36.32
	150m: 1:39.59	34.60	550m: 6:25.29	36.24	950m: 11:12.78	35.26	1350m: 16:00.24	35.61
	200m: 2:14.31	34.72	600m: 7:01.62	36.33	1000m: 11:48.91	36.13	1400m: 16:36.50	36.26
	250m: 2:49.52	35.21	650m: 7:37.27	35.65	1050m: 12:24.74	35.83	1450m: 17:11.59	35.09
	300m: 3:24.92	35.40	700m: 8:12.79	35.52	1100m: 13:00.77	36.03	1500m: 17:46.13	34.54
	350m: 4:00.63	35.71	750m: 8:49.11	36.32	1150m: 13:37.24	36.47		
	400m: 4:36.60	35.97	800m: 9:25.46	36.35	1200m: 14:13.05	35.81		
20.	Matthijs Dekker	De Dolfijn	16:35.08	9000621	17:47.05	+0,89		
	50m: 30.46	30.46	450m: 5:11.08	35.89	850m: 9:58.02	36.02	1250m: 14:47.47	36.42
	100m: 1:03.99	33.53	500m: 5:46.62	35.54	900m: 10:33.85	35.83	1300m: 15:24.11	36.64
	150m: 1:38.65	34.66	550m: 6:22.13	35.51	950m: 11:09.89	36.04	1350m: 16:00.71	36.60
	200m: 2:13.29	34.64	600m: 6:57.73	35.60	1000m: 11:46.50	36.61	1400m: 16:36.99	36.28
	250m: 2:48.65	35.36	650m: 7:34.01	36.28	1050m: 12:22.62	36.12	1450m: 17:12.83	35.84
	300m: 3:24.13	35.48	700m: 8:10.13	36.12	1100m: 12:58.65	36.03	1500m: 17:47.05	34.22
	350m: 3:59.82	35.69	750m: 8:46.16	36.03	1150m: 13:35.07	36.42		
	400m: 4:35.19	35.37	800m: 9:22.00	35.84	1200m: 14:11.05	35.98		
21.	Dennis Eliveld	DAW-FINENZO	17:18.07	9202351	17:55.87	+0,90	E	
	50m: 29.81	29.81	450m: 5:12.16	35.64	850m: 10:03.38	36.79	1250m: 14:55.32	36.70
	100m: 1:04.30	34.49	500m: 5:48.81	36.65	900m: 10:39.11	35.73	1300m: 15:31.25	35.93
	150m: 1:38.75	34.45	550m: 6:24.93	36.12	950m: 11:15.44	36.33	1350m: 16:08.02	36.77
	200m: 2:14.55	35.80	600m: 7:00.92	35.99	1000m: 11:52.23	36.79	1400m: 16:43.89	35.87
	250m: 2:48.92	34.37	650m: 7:36.94	36.02	1050m: 12:29.16	36.93	1450m: 17:20.46	36.57
	300m: 3:24.27	35.35	700m: 8:14.07	37.13	1100m: 13:05.22	36.06	1500m: 17:55.87	35.41
	350m: 4:00.38	36.11	750m: 8:49.65	35.58	1150m: 13:42.52	37.30		
	400m: 4:36.52	36.14	800m: 9:26.59	36.94	1200m: 14:18.62	36.10		
22.	Donald Hillebregt	Oceanus	17:38.64	9202629	18:12.13	+0,86		
	50m: 29.74	29.74	450m: 5:11.48	36.55	850m: 10:05.28	36.79	1250m: 15:07.43	38.27
	100m: 1:02.66	32.92	500m: 5:48.22	36.74	900m: 10:42.18	36.90	1300m: 15:45.94	38.51
	150m: 1:36.86	34.20	550m: 6:24.66	36.44	950m: 11:19.34	37.16	1350m: 16:21.67	35.73
	200m: 2:11.79	34.93	600m: 7:01.08	36.42	1000m: 11:56.96	37.62	1400m: 16:58.58	36.91
	250m: 2:46.72	34.93	650m: 7:37.37	36.29	1050m: 12:34.70	37.74	1450m: 17:36.26	37.68
	300m: 3:22.53	35.81	700m: 8:14.46	37.09	1100m: 13:12.75	38.05	1500m: 18:12.13	35.87
	350m: 3:58.48	35.95	750m: 8:51.66	37.20	1150m: 13:50.84	38.09		
	400m: 4:34.93	36.45	800m: 9:28.49	36.83	1200m: 14:29.16	38.32		
23.	Dennis Cramer	Appingedam	17:38.90	9200199	18:18.32	+0,83		
	50m: 29.75	29.75	450m: 5:19.31	36.80	850m: 10:16.20	36.95	1250m: 15:16.25	37.85
	100m: 1:03.93	34.18	500m: 5:56.16	36.85	900m: 10:52.96	36.76	1300m: 15:53.07	36.82
	150m: 1:39.71	35.78	550m: 6:33.15	36.99	950m: 11:30.40	37.44	1350m: 16:30.79	37.72
	200m: 2:15.80	36.09	600m: 7:10.66	37.51	1000m: 12:08.27	37.87	1400m: 17:07.77	36.98
	250m: 2:51.92	36.12	650m: 7:47.68	37.02	1050m: 12:45.90	37.63	1450m: 17:43.34	35.57
	300m: 3:28.76	36.84	700m: 8:25.29	37.61	1100m: 13:23.64	37.74	1500m: 18:18.32	34.98
	350m: 4:05.09	36.33	750m: 9:02.47	37.18	1150m: 14:01.19	37.55		
	400m: 4:42.51	37.42	800m: 9:39.25	36.78	1200m: 14:38.40	37.21		
NG.ZA	Pierre Biol	Comité de Provence	17:23.74	382373				
BM	Wilfried Jaffuel	Comité de Provence	17:46.89	723151	17:45.88	+0,88	E	
	50m: 31.59	31.59	450m: 5:12.64	35.69	850m: 9:57.11	35.95	1250m: 14:48.38	36.45
	100m: 1:05.73	34.14	500m: 5:47.77	35.13	900m: 10:33.44	36.33	1300m: 15:24.60	36.22
	150m: 1:40.43	34.70	550m: 6:23.46	35.69	950m: 11:09.83	36.39	1350m: 16:01.34	36.74
	200m: 2:15.51	35.08	600m: 6:58.99	35.53	1000m: 11:46.16	36.33	1400m: 16:37.29	35.95
	250m: 2:50.66	35.15	650m: 7:34.43	35.44	1050m: 12:21.75	35.59	1450m: 17:12.43	35.14
	300m: 3:26.37	35.71	700m: 8:09.85	35.42	1100m: 12:58.27	36.52	1500m: 17:45.88	33.45
	350m: 4:01.59	35.22	750m: 8:45.48	35.63	1150m: 13:35.62	37.35		
	400m: 4:36.95	35.36	800m: 9:21.16	35.68	1200m: 14:11.93	36.31		