

Open Nederlandse Kampioenschappen 2009
Eindhoven, 12. - 14.6.2009

Medaillelijst per programmanr.

Alle wedstrijden

Jongens, 400m vrije slag

Jeugd 1 en 2

| | | | | | | |
|------------------------|--------------------|---------|---------|----------------|-------|---|
| 1. Bryan Mannaart | WVZ | 4:06.74 | 9101533 | 4:03.86 | +0,86 | B |
| 2. Grégoire Brousmiche | Nord Pas de Calais | 4:04.12 | 380936 | 4:04.86 | +0,86 | A |
| 3. Mike Marissen | AZ&PC | 4:11.86 | 9202187 | 4:08.60 | +0,82 | B |

Heren, 400m vrije slag

all-in

| | | | | | | |
|--------------------------|---------------------|---------|---------|----------------|-------|----|
| 1. Sebastiaan Verschuren | E.ON-NZA | 3:50.23 | 8803571 | 3:51.17 | +0,83 | A+ |
| 2. Tom Vangeneugden | Eiffel Swimmers PSV | 3:55.16 | 8302775 | 3:54.47 | +0,89 | A |
| 3. Job Kienhuis | Eiffel Swimmers PSV | 3:54.13 | 8901631 | 3:55.28 | +0,94 | A+ |

Meisjes, 400m vrije slag

Jeugd 1 en 2

| | | | | | | |
|--------------------------|----------------------|---------|---------|----------------|-------|----|
| 1. Sharon van Rouwendaal | KNZB | 4:12.53 | 9307422 | 4:11.35 | +0,85 | A+ |
| 2. Andrea Kneppers | Zwemvereniging Hoorn | 4:25.88 | 9302216 | 4:22.00 | +0,96 | A+ |
| 3. Pauline van Dam | Eiffel Swimmers PSV | 4:35.23 | 9304422 | 4:31.31 | +0,78 | C |

Dames, 400m vrije slag

all-in

| | | | | | | |
|--------------------------|----------|---------|---------|----------------|-------|----|
| 1. Sharon van Rouwendaal | KNZB | 4:12.53 | 9307422 | 4:11.35 | +0,85 | A+ |
| 2. Femke Heemskerk | E.ON-NZA | 4:13.82 | 8705224 | 4:13.33 | +0,86 | A+ |
| 3. Rieneke Terink | AZ&PC | 4:18.74 | 8402424 | 4:14.82 | +0,86 | A+ |

Heren, 200m rugslag

all-in

| | | | | | | |
|---------------------|---------------------|---------|---------|----------------|-------|----|
| 1. Bastiaan Lijesen | Eiffel Swimmers PSV | 2:07.64 | 9001819 | 2:03.13 | +0,70 | A+ |
| 2. Arvid Munsters | Eiffel Swimmers PSV | 2:08.30 | 9203625 | 2:08.32 | +0,73 | A |
| 3. Nathan Fraysse | Comité de Provence | 2:12.84 | 491627 | 2:09.63 | +0,65 | C |

Jongens, 200m rugslag

Jeugd 1 en 2

| | | | | | | | |
|-------------------|---------------------|---------|---------|----------------|-------|---|---|
| 1. Arvid Munsters | Eiffel Swimmers PSV | 2:09.38 | 9203625 | 2:08.30 | +0,71 | A | A |
| 2. Joey de Ruiter | Eiffel Swimmers PSV | 2:12.09 | 9101971 | 2:10.33 | +0,67 | C | A |
| 3. Jos de Graaf | DWK | 2:11.11 | 9106095 | 2:11.29 | +0,81 | C | A |

Dames, 200m rugslag

all-in

| | | | | | | |
|---------------------|----------------------|---------|---------|----------------|-------|----|
| 1. Wendy vd Zanden | Eiffel Swimmers PSV | 2:16.99 | 8805004 | 2:14.72 | +0,81 | A |
| 2. Mariët Koster | ZPC Bikkel Hoogeveen | 2:21.41 | 8301162 | 2:16.88 | +0,83 | B |
| 3. Kimberley Albers | Vlaardingen | 2:20.51 | 9204102 | 2:17.19 | +0,73 | A+ |

Meisjes, 200m rugslag

Jeugd 1 en 2

| | | | | | | | |
|--------------------------|---------------|---------|---------|----------------|-------|----|---|
| 1. Sharon van Rouwendaal | KNZB | 2:13.33 | 9307422 | 2:14.69 | +0,68 | A+ | A |
| 2. Judith Stap | De Stormvogel | 2:25.00 | 9302702 | 2:22.08 | +0,72 | A | A |
| 3. Kira Toussaint | E.ON-NZA | 2:21.66 | 9400990 | 2:22.11 | +0,66 | A | A |

Heren, 100m schoolslag

all-in

| | | | | | | |
|-------------------------|----------|---------|---------|----------------|-------|----|
| 1. Thijs van Valkengoed | WVZ | 1:04.79 | 8302141 | 1:02.52 | +0,77 | A+ |
| 2. Lennart Stekelenburg | E.ON-NZA | 1:03.92 | 8602979 | 1:02.73 | +0,74 | A |
| 3. Devi Wolthuizen | TriVia | 1:04.31 | 8703887 | 1:04.15 | +0,76 | B |

Open Nederlandse Kampioenschappen 2009
Eindhoven, 12. - 14.6.2009

Jongens, 100m schoolslag Jeugd 1 en 2

| | | | | | | | |
|---------------------|--------------------|---------|---------|----------------|-------|---|---|
| 1. Stefan Hazeleger | DWK | 1:07.77 | 9100867 | 1:06.34 | +0,89 | C | B |
| 2. Benjamin Durot | Nord Pas de Calais | 1:07.44 | 394496 | 1:07.21 | +0,85 | C | B |
| 3. Kay op den Kamp | ZC Valkenburg | 1:07.11 | 9103425 | 1:07.57 | +0,93 | C | R |

Dames, 100m schoolslag all-in

| | | | | | | | |
|-------------------|------------|---------|---------|----------------|-------|----|--|
| 1. Moniek Nijhuis | De Dolfijn | 1:10.81 | 8803188 | 1:08.42 | +0,90 | A+ | |
| 2. Tessa Brouwer | E.ON-NZA | 1:12.77 | 9105548 | 1:09.76 | +0,88 | A+ | |
| 3. Lia Dekker | DZ&PC | 1:11.31 | 8700830 | 1:10.11 | +0,82 | A+ | |

Meisjes, 100m schoolslag Jeugd 1 en 2

| | | | | | | | |
|------------------------|---------------------|---------|---------|----------------|-------|---|---|
| 1. Lonne Dijkhuis | De Dinkel | 1:17.69 | 9400030 | 1:15.26 | +0,94 | C | A |
| 2. Kristel Doreleijers | Eiffel Swimmers PSV | 1:15.34 | 9302568 | 1:15.49 | +0,81 | C | B |
| 3. Jocelyn Spruit | Eiffel Swimmers PSV | 1:16.70 | 9302044 | 1:16.10 | +0,82 | C | B |

Heren, 200m vlinderslag all-in

| | | | | | | | |
|----------------------|---------------------|---------|---------|----------------|-------|---|--|
| 1. Joeri Verlinden | Eiffel Swimmers PSV | 2:06.98 | 8803549 | 2:01.04 | +0,76 | A | |
| 2. Jurjen Willemssen | Eiffel Swimmers PSV | 2:07.57 | 9003315 | 2:03.43 | +0,78 | A | |
| 3. Wouter Houtman | Eiffel Swimmers PSV | 2:08.19 | 9001293 | 2:04.02 | +0,67 | A | |

Jongens, 200m vlinderslag Jeugd 1 en 2

| | | | | | | | |
|----------------------|---------------|---------|---------|----------------|-------|---|---|
| 1. Fabian Beimin | OZ&PC | 2:11.86 | 9100087 | 2:05.56 | +0,89 | A | A |
| 2. Mitch Notten | ZC Valkenburg | 2:11.84 | 9202505 | 2:08.12 | +0,82 | B | A |
| 3. Niels van Polanen | De Columbiaan | 2:09.69 | 9101809 | 2:08.66 | +0,88 | C | A |

Dames, 200m vlinderslag all-in

| | | | | | | | |
|---------------------|-----------------------|---------|---------|----------------|-------|---|--|
| 1. Marleen Veldhuis | Eiffel Swimmers PSV | 2:19.36 | 7900894 | 2:14.39 | +0,81 | A | |
| 2. Jessica Spruit | Eiffel Swimmers PSV | 2:17.09 | 9103756 | 2:15.06 | +0,81 | A | |
| 3. Ilse van Hoorn | Zwemlust/Utrecht (SG) | 2:24.57 | 9001578 | 2:24.48 | +0,84 | E | |

Meisjes, 200m vlinderslag Jeugd 1 en 2

| | | | | | | | |
|--------------------|----------------------|---------|---------|----------------|-------|---|---|
| 1. Andrea Kneppers | Zwemvereniging Hoorn | 2:18.55 | 9302216 | 2:18.01 | +0,95 | A | A |
| 2. Merle Verkijk | Van Uden-De Gouwe | 2:28.10 | 9400278 | 2:26.85 | +0,76 | D | A |
| 3. Estelle Moorman | ZVZ | 2:35.26 | 9300540 | 2:29.17 | +0,81 | E | A |

Heren, 50m vrije slag all-in

| | | | | | | | |
|-------------------------|----------------------|-------|---------|--------------|-------|---|--|
| 1. Arjan van der Plaats | MNC Dordrecht | 23.39 | 8602403 | 23.15 | +0,87 | B | |
| 2. Rudy Ted de Haan | ANKER TEAM GRONINGEN | 23.53 | 8400805 | 23.22 | +0,80 | B | |
| 3. Nosy Pelagie | Comité de Provence | 23.40 | 730316 | 23.35 | +0,79 | A | |

Jongens, 50m vrije slag Jeugd 1 en 2

| | | | | | | | |
|---------------------|--------------------|-------|---------|--------------|-------|---|---|
| 1. Nosy Pelagie | Comité de Provence | 22.63 | 730316 | 23.40 | +0,78 | A | A |
| 2. Mark Costeris | De Schotejil | 23.82 | 9202327 | 23.84 | +0,86 | B | B |
| 3. Tim van Deutekom | DWK | 24.33 | 9100459 | 23.92 | +0,79 | C | B |

Dames, 50m vrije slag all-in

| | | | | | | | |
|---------------------|----------|-------|---------|--------------|-------|----|--|
| 1. Chantal Groot | E.ON-NZA | 26.11 | 8200562 | 25.41 | +0,80 | A+ | |
| 2. Ilse Kraaijeveld | Orca | 26.24 | 9002110 | 25.49 | +0,77 | A+ | |
| 3. Saskia de Jonge | E.ON-NZA | 25.93 | 8601826 | 25.92 | +0,72 | A | |

Open Nederlandse Kampioenschappen 2009
Eindhoven, 12. - 14.6.2009

Meisjes, 50m vrije slag Jeugd 1 en 2

| | | | | | | | |
|-------------------|---------------------|-------|---------|--------------|-------|----|---|
| 1. Chantal Senden | ZC Valkenburg | 26.42 | 9300698 | 26.51 | +0,73 | A+ | A |
| 2. Manon Minneboo | De Stormvogel | 27.01 | 9301548 | 26.92 | +0,76 | A | A |
| 3. Jocelyn Spruit | Eiffel Swimmers PSV | 27.39 | 9302044 | 27.31 | +0,80 | B | B |

Heren, 200m wisselslag all-in

| | | | | | | | |
|---------------------|---------------------|---------|---------|----------------|-------|---|--|
| 1. Robin van Aggele | AZ&PC | 2:06.70 | 8400017 | 2:05.32 | +0,80 | A | |
| 2. Bram Dekker | Eiffel Swimmers PSV | 2:08.53 | 8900649 | 2:05.88 | +0,79 | A | |
| 3. Davy Verreussel | Hellas-Glana | 2:09.44 | 8903341 | 2:06.85 | +0,83 | A | |

Jongens, 200m wisselslag Jeugd 1 en 2

| | | | | | | | |
|-----------------------|---------------------|---------|---------|----------------|-------|---|---|
| 1. Mike Marissen | AZ&PC | 2:07.00 | 9202187 | 2:10.22 | +0,77 | A | A |
| 2. Patrick Janssen | Eiffel Swimmers PSV | 2:10.08 | 9102817 | 2:10.28 | +0,70 | B | A |
| 3. Vincent van Iperen | Orca | 2:13.79 | 9106179 | 2:10.33 | +0,75 | B | B |

Dames, 200m wisselslag all-in

| | | | | | | | |
|--------------------------|---------------------|---------|---------|----------------|-------|----|--|
| 1. Hinkelien Schreuder | Eiffel Swimmers PSV | 2:20.36 | 8402192 | 2:17.04 | +0,82 | A+ | |
| 2. Rieneke Terink | AZ&PC | 2:23.35 | 8402424 | 2:17.20 | +0,86 | A+ | |
| 3. Sharon van Rouwendaal | KNZB | 2:22.15 | 9307422 | 2:18.07 | +0,80 | A+ | |

Meisjes, 200m wisselslag Jeugd 1 en 2

| | | | | | | | |
|--------------------------|---------------|---------|---------|----------------|-------|---|---|
| 1. Sharon van Rouwendaal | KNZB | 2:17.23 | 9307422 | 2:22.15 | +0,82 | A | A |
| 2. Judith Stap | De Stormvogel | 2:23.00 | 9302702 | 2:23.87 | +0,76 | B | A |
| 3. Marjolein Delno | De Rijn | 2:22.67 | 9400024 | 2:24.01 | +0,90 | B | B |

Heren, 4 x 200m vrije slag Senioren Open

| | | | | | | | |
|--------------------------|---------------------|---------|--|----------------|-------|--|--|
| 1. Eiffel Swimmers PSV 1 | Eiffel Swimmers PSV | 7:25.67 | | 7:28.25 | +0,88 | | |
| 2. AZ&PC 1 | AZ&PC | 7:42.11 | | 7:47.33 | +0,82 | | |
| 3. WVZ 1 | WVZ | 7:58.04 | | 7:59.43 | +0,76 | | |

Dames, 4 x 100m vrije slag Senioren Open

| | | | | | | | |
|----------------------------|-----------------------|---------|--|----------------|-------|--|--|
| 1. Eiffel Swimmers PSV 1 | Eiffel Swimmers PSV | 3:45.84 | | 3:47.42 | +0,81 | | |
| 2. De Dolfijn 1 | De Dolfijn | 3:43.33 | | 3:51.31 | +0,83 | | |
| 3. Zwemlust/Utrecht (SG) 1 | Zwemlust/Utrecht (SG) | 3:54.72 | | 3:52.78 | +0,94 | | |

Dames, 100m vlinderslag all-in

| | | | | | | | |
|------------------------|---------------------|---------|---------|----------------|-------|----|--|
| 1. Chantal Groot | E.ON-NZA | 1:01.71 | 8200562 | 59.52 | +0,75 | A+ | |
| 2. Ranomi Kromowidjojo | Eiffel Swimmers PSV | 1:00.79 | 9002156 | 59.72 | +0,86 | A+ | |
| 3. Jessica Spruit | Eiffel Swimmers PSV | 1:02.60 | 9103756 | 1:00.89 | +0,82 | A | |

Meisjes, 100m vlinderslag Jeugd 1 en 2

| | | | | | | | |
|---------------------|----------------------|---------|---------|----------------|-------|----|---|
| 1. Andrea Kneppers | Zwemvereniging Hoorn | 1:02.71 | 9302216 | 1:02.52 | +0,95 | A+ | A |
| 2. Christel Vinke | ZVZ | 1:05.83 | 9400152 | 1:04.32 | +0,71 | B | B |
| 3. Parand Zarekiani | E.ON-NZA | 1:04.50 | 9402150 | 1:04.92 | +0,83 | C | B |

Heren, 100m vlinderslag all-in

| | | | | | | | |
|--------------------|----------------------|-------|---------|--------------|-------|----|--|
| 1. Joeri Verlinden | Eiffel Swimmers PSV | 55.95 | 8803549 | 53.08 | +0,76 | A+ | |
| 2. Jeroen Stuit | TriVia | 56.34 | 8803315 | 55.08 | +0,83 | B | |
| 3. Marc Kremer | ANKER TEAM GRONINGEN | 55.20 | 9004667 | 55.27 | +0,72 | A | |

Open Nederlandse Kampioenschappen 2009
Eindhoven, 12. - 14.6.2009

Jongens, 100m vlinderslag Jeugd 1 en 2

| | | | | | | | | |
|----|-------------------|----------------------|-------|---------|--------------|-------|---|---|
| 1. | Robert Klinkhamer | ZPC Bikkel Hoogeveen | 57.34 | 9101241 | 56.69 | +0,74 | B | A |
| 2. | Fabian Beimin | OZ&PC | 58.85 | 9100087 | 56.83 | +0,87 | C | B |
| 3. | Mike Marissen | AZ&PC | 57.90 | 9202187 | 57.02 | +0,83 | B | B |

Dames, 200m schoolslag all-in

| | | | | | | | |
|----|----------------|----------|---------|---------|----------------|-------|---|
| 1. | Loes Zanderink | AZ&PC | 2:38.15 | 8805006 | 2:32.30 | +0,84 | A |
| 2. | Lia Dekker | DZ&PC | 2:36.99 | 8700830 | 2:33.20 | +0,82 | A |
| 3. | Tessa Brouwer | E.ON-NZA | 2:44.38 | 9105548 | 2:34.14 | +0,86 | A |

Meisjes, 200m schoolslag Jeugd 1 en 2

| | | | | | | | | |
|----|---------------------|---------------------|---------|---------|----------------|-------|---|---|
| 1. | Fantine Lesaffre | Nord Pas de Calais | 2:40.67 | 632125 | 2:41.23 | +0,83 | B | A |
| 2. | Marjolein Delno | De Rijn | 2:43.81 | 9400024 | 2:44.69 | +0,91 | C | A |
| 3. | Kristel Doreleijers | Eiffel Swimmers PSV | 2:42.64 | 9302568 | 2:47.18 | +0,85 | D | A |

Heren, 200m schoolslag all-in

| | | | | | | | |
|----|----------------------|----------|---------|---------|----------------|-------|---|
| 1. | Thijs van Valkengoed | WVZ | 2:25.05 | 8302141 | 2:17.21 | +0,80 | A |
| 2. | Lennart Stekelenburg | E.ON-NZA | 2:22.84 | 8602979 | 2:17.77 | +0,74 | B |
| 3. | Rutger Sloof | E.ON-NZA | 2:22.36 | 8803141 | 2:20.38 | +0,76 | D |

Jongens, 200m schoolslag Jeugd 1 en 2

| | | | | | | | | |
|----|------------------|--------------------|---------|---------|----------------|-------|---|---|
| 1. | Benjamin Durot | Nord Pas de Calais | 2:26.06 | 394496 | 2:24.27 | +0,81 | B | A |
| 2. | Quentin Barois | Nord Pas de Calais | 2:26.21 | 428575 | 2:25.95 | +0,82 | C | A |
| 3. | Stefan Hazeleger | DWK | 2:31.66 | 9100867 | 2:27.21 | +0,90 | D | A |

Dames, 50m rugslag all-in

| | | | | | | | |
|----|---------------------|---------------------|-------|---------|--------------|-------|----|
| 1. | Hinkelien Schreuder | Eiffel Swimmers PSV | 30.00 | 8402192 | 29.04 | +0,71 | A+ |
| 2. | Kimberley Albers | Vlaardingen | 30.04 | 9204102 | 29.45 | +0,64 | A+ |
| 3. | Anja van der Hout | De Dolfijn | 30.34 | 9001598 | 30.09 | +0,69 | B |

Meisjes, 50m rugslag Jeugd 1 en 2

| | | | | | | | | |
|----|------------------|---------------------|-------|---------|--------------|-------|---|---|
| 1. | Ashley Verburg | Eiffel Swimmers PSV | 30.46 | 9301616 | 30.69 | +0,68 | A | A |
| 2. | Kira Toussaint | E.ON-NZA | 31.38 | 9400990 | 30.71 | +0,64 | A | A |
| 3. | Tamara van Vliet | De Columbiaan | 31.50 | 9403562 | 31.28 | +0,64 | B | B |

Heren, 50m rugslag all-in

| | | | | | | | |
|----|------------------|---------------------|-------|---------|--------------|-------|----|
| 1. | Bastiaan Lijesen | Eiffel Swimmers PSV | 26.20 | 9001819 | 25.91 | +0,68 | A+ |
| 2. | Jan Kersten | De Columbiaan | 26.93 | 8601561 | 26.79 | +0,60 | B |
| 3. | Robert Yallop | AZ&PC | 27.30 | 8903679 | 27.09 | +0,63 | C |
| 3. | Nathan Fraysse | Comité de Provence | 27.58 | 491627 | 27.09 | +0,64 | A |

Jongens, 50m rugslag Jeugd 1 en 2

| | | | | | | | | |
|----|-------------------|---------------------|-------|---------|--------------|-------|---|---|
| 1. | Joey de Ruiter | Eiffel Swimmers PSV | 26.96 | 9101971 | 27.24 | +0,60 | A | A |
| 2. | Nathan Fraysse | Comité de Provence | 26.28 | 491627 | 27.58 | +0,69 | B | A |
| 3. | Sverre Eschweiler | MSV- Zeemacht | 27.63 | 9204035 | 27.59 | +0,61 | A | A |

Jongens, 400m wisselslag Jeugd 1 en 2

| | | | | | | | |
|----|--------------------|-------|---------|---------|----------------|-------|---|
| 1. | Vincent van Iperen | Orca | 4:35.80 | 9106179 | 4:33.34 | +0,81 | A |
| 2. | Mike Marissen | AZ&PC | 4:40.34 | 9202187 | 4:35.15 | +0,81 | A |
| 3. | Ferry Weertman | DWK | 4:41.80 | 9201461 | 4:44.91 | +0,81 | C |

Open Nederlandse Kampioenschappen 2009
Eindhoven, 12. - 14.6.2009

Heren, 400m wisselslag all-in

| | | | | | | | |
|----|------------------|---------------------|---------|---------|----------------|-------|---|
| 1. | Robin van Aggele | AZ&PC | 4:30.97 | 8400017 | 4:28.21 | +0,78 | B |
| 2. | Davy Verreussel | Hellas-Glana | 4:31.63 | 8903341 | 4:28.65 | +0,78 | A |
| 3. | Bram Dekker | Eiffel Swimmers PSV | 4:32.14 | 8900649 | 4:32.56 | +0,81 | B |

Dames, 200m vrije slag all-in

| | | | | | | | |
|----|-----------------|----------|---------|---------|----------------|-------|----|
| 1. | Femke Heemskerk | E.ON-NZA | 2:01.61 | 8705224 | 1:57.84 | +0,84 | A+ |
| 2. | Rieneke Terink | AZ&PC | 2:04.71 | 8402424 | 2:00.46 | +0,83 | A+ |
| 3. | Saskia de Jonge | E.ON-NZA | 2:01.31 | 8601826 | 2:00.51 | +0,74 | A+ |

Meisjes, 200m vrije slag Jeugd 1 en 2

| | | | | | | | |
|----|-----------------------|----------------------|---------|---------|----------------|-------|------|
| 1. | Sharon van Rouwendaal | KNZB | 2:01.30 | 9307422 | 2:02.08 | +0,80 | A+ A |
| 2. | Andrea Kneppers | Zwemvereniging Hoorn | 2:03.53 | 9302216 | 2:06.51 | +0,96 | A B |
| 3. | Marcha Admiraal | De Biesboschzwemmers | 2:08.09 | 9300012 | 2:09.02 | +0,85 | C B |

Heren, 200m vrije slag all-in

| | | | | | | | |
|----|-----------------------|---------------------|---------|---------|----------------|-------|----|
| 1. | Sebastiaan Verschuren | E.ON-NZA | 1:51.48 | 8803571 | 1:48.50 | +0,84 | A+ |
| 2. | Joost Reijns | E.ON-NZA | 1:53.03 | 8702725 | 1:50.68 | +0,78 | A |
| 3. | Joeri Verlinden | Eiffel Swimmers PSV | 1:53.20 | 8803549 | 1:51.06 | +0,78 | A |

Jongens, 200m vrije slag Jeugd 1 en 2

| | | | | | | | |
|----|----------------------|---------------------|---------|---------|----------------|-------|-----|
| 1. | Sebastiaan Rosendaal | De Schotelij | 1:54.92 | 9101947 | 1:54.35 | +0,82 | B A |
| 2. | Patrick Janssen | Eiffel Swimmers PSV | 1:54.15 | 9102817 | 1:54.46 | +0,66 | B A |
| 3. | Joost Groeneveld | VZC-E&P | 1:58.10 | 9200409 | 1:56.35 | +0,65 | B B |

Meisjes, 800m vrije slag Jeugd 1 en 2

Limiet EJOJ Tampère (FIN) 9:15.00

| | | | | | | | |
|----|-----------------------|----------------------|---------|---------|----------------|-------|----|
| 1. | Sharon van Rouwendaal | KNZB | 8:37.58 | 9307422 | 8:44.32 | +0,81 | A+ |
| 2. | Marcha Admiraal | De Biesboschzwemmers | 9:21.10 | 9300012 | 9:17.85 | +0,84 | B |
| 3. | Leonie van Noort | De Zijl/LGB | 9:23.63 | 9301752 | 9:18.27 | +0,91 | B |

Dames, 800m vrije slag all-in

Limiet EJOJ Tampère (FIN) 9:15.00

| | | | | | | | |
|----|-----------------------|-------|---------|---------|----------------|-------|----|
| 1. | Sharon van Rouwendaal | KNZB | 8:37.58 | 9307422 | 8:44.32 | +0,81 | A+ |
| 2. | Rieneke Terink | AZ&PC | 8:43.83 | 8402424 | 8:56.41 | +0,90 | B |
| 3. | Lieke Verouden | AZ&PC | 9:16.79 | 9003948 | 9:02.40 | +0,83 | B |

Jongens, 800m vrije slag Jeugd 1 en 2

| | | | | | | | |
|----|---------------------|--------------------|---------|---------|----------------|-------|---|
| 1. | Bryan Mannaart | WVZ | 8:25.52 | 9101533 | 8:21.27 | +0,88 | A |
| 2. | Enzo Murzilli | Comité de Provence | 8:24.89 | 333060 | 8:35.29 | +0,83 | C |
| 3. | Grégoire Brousmiche | Nord Pas de Calais | 8:44.95 | 380936 | 8:38.52 | +0,90 | B |

Heren, 800m vrije slag all-in

| | | | | | | | |
|----|----------------------|---------------------|---------|---------|----------------|-------|----|
| 1. | Job Kienhuis | Eiffel Swimmers PSV | 8:00.69 | 8901631 | 7:57.48 | +0,89 | A+ |
| 2. | Arjen van der Meulen | Eiffel Swimmers PSV | 8:05.55 | 8702223 | 8:19.98 | +0,92 | B |
| 3. | Bryan Mannaart | WVZ | 8:25.52 | 9101533 | 8:21.27 | +0,88 | A |

Dames, 4 x 100m wisselslag Senioren Open

| | | | | | | |
|----|-----------------------|---------------------|---------|--|----------------|-------|
| 1. | De Dolfijn 1 | De Dolfijn | 4:04.19 | | 4:08.01 | +0,76 |
| 2. | Eiffel Swimmers PSV 1 | Eiffel Swimmers PSV | 4:16.94 | | 4:15.23 | +0,74 |
| 3. | De Dolfijn 2 | De Dolfijn | 4:16.13 | | 4:17.20 | +0,71 |

Open Nederlandse Kampioenschappen 2009
Eindhoven, 12. - 14.6.2009

Heren, 4 x 100m vrije slag Senioren Open

| | | | | | |
|--------------------------|---------------------|---------|--|----------------|-------|
| 1. De Dolfijn 1 | De Dolfijn | 3:19.07 | | 3:20.78 | +0,74 |
| 2. Eiffel Swimmers PSV 1 | Eiffel Swimmers PSV | 3:27.00 | | 3:25.33 | +0,74 |
| 3. AZ&PC 1 | AZ&PC | 3:29.06 | | 3:26.35 | +0,81 |

Heren, 100m vrije slag all-in

| | | | | | | |
|--------------------------|----------|-------|---------|--------------|-------|----|
| 1. Sebastiaan Verschuren | E.ON-NZA | 50.04 | 8803571 | 49.45 | +0,81 | A+ |
| 2. Stefan de Die | E.ON-NZA | 51.28 | 8603905 | 50.53 | +0,80 | A |
| 3. Joost Reijns | E.ON-NZA | 51.55 | 8702725 | 50.57 | +0,78 | A |

Jongens, 100m vrije slag Jeugd 1 en 2

| | | | | | | | |
|--------------------|---------------------|-------|---------|--------------|-------|---|---|
| 1. Nosy Pelagie | Comité de Provence | 49.73 | 730316 | 51.44 | +0,77 | B | A |
| 2. Mark Costeris | De Schoteteil | 52.46 | 9202327 | 51.69 | +0,76 | A | A |
| 3. Patrick Janssen | Eiffel Swimmers PSV | 52.30 | 9102817 | 52.18 | +0,66 | B | B |

Dames, 100m vrije slag all-in

| | | | | | | |
|---------------------|----------|-------|---------|--------------|-------|----|
| 1. Femke Heemskerk | E.ON-NZA | 55.03 | 8705224 | 54.04 | +0,82 | A+ |
| 2. Ilse Kraaijeveld | Orca | 55.92 | 9002110 | 55.26 | +0,77 | A+ |
| 3. Saskia de Jonge | E.ON-NZA | 56.33 | 8601826 | 55.31 | +0,74 | A+ |

Meisjes, 100m vrije slag Jeugd 1 en 2

| | | | | | | | |
|--------------------|----------------------|---------|---------|--------------|-------|----|---|
| 1. Andrea Kneppers | Zwemvereniging Hoorn | 57.99 | 9302216 | 57.52 | +0,97 | A+ | B |
| 2. Chantal Senden | ZC Valkenburg | 57.78 | 9300698 | 57.61 | +0,75 | A+ | B |
| 3. Estelle Moorman | ZVZ | 1:00.05 | 9300540 | 59.00 | +0,78 | B | B |

Heren, 100m rugslag all-in

| | | | | | | |
|---------------------|---------------------|-------|---------|--------------|-------|----|
| 1. Bastiaan Lijesen | Eiffel Swimmers PSV | 58.07 | 9001819 | 56.33 | +0,69 | A+ |
| 2. Jurjen Willemsen | Eiffel Swimmers PSV | 59.53 | 9003315 | 57.33 | +0,68 | A |
| 3. Nathan Fraysse | Comité de Provence | 58.69 | 491627 | 58.68 | +0,71 | A |

Jongens, 100m rugslag Jeugd 1 en 2

| | | | | | | | |
|----------------------|---------------------|---------|---------|--------------|-------|---|---|
| 1. Nathan Fraysse | Comité de Provence | 56.85 | 491627 | 58.69 | +0,75 | A | A |
| 2. Joey de Ruiter | Eiffel Swimmers PSV | 58.91 | 9101971 | 58.97 | +0,62 | B | A |
| 3. Sverre Eschweiler | MSV- Zeemacht | 1:00.28 | 9204035 | 59.33 | +0,72 | B | A |

Dames, 100m rugslag all-in

| | | | | | | |
|--------------------------|---------------------|---------|---------|----------------|-------|----|
| 1. Sharon van Rouwendaal | KNZB | 1:03.36 | 9307422 | 1:02.72 | +0,64 | A+ |
| 2. Kimberley Albers | Vlaardingen | 1:04.07 | 9204102 | 1:03.21 | +0,65 | A+ |
| 3. Wendy vd Zanden | Eiffel Swimmers PSV | 1:03.90 | 8805004 | 1:03.31 | +0,81 | A |

Meisjes, 100m rugslag Jeugd 1 en 2

| | | | | | | | |
|--------------------------|---------------------|---------|---------|----------------|-------|----|---|
| 1. Sharon van Rouwendaal | KNZB | 1:02.02 | 9307422 | 1:03.36 | +0,66 | A+ | A |
| 2. Kira Toussaint | E.ON-NZA | 1:06.85 | 9400990 | 1:05.66 | +0,67 | A+ | A |
| 3. Judith Stap | De Stormvogel | 1:06.64 | 9302702 | 1:06.42 | +0,75 | B | B |
| 3. Ashley Verburg | Eiffel Swimmers PSV | 1:05.97 | 9301616 | 1:06.42 | +0,72 | B | B |

Heren, 50m schoolslag all-in

| | | | | | | |
|-------------------------|----------------------|-------|---------|--------------|-------|---|
| 1. Robin van Aggele | AZ&PC | 29.34 | 8400017 | 28.68 | +0,74 | A |
| 2. Thijs van Valkengoed | WVZ | 29.51 | 8302141 | 29.19 | +0,78 | B |
| 3. Rudy Ted de Haan | ANKER TEAM GRONINGEN | 29.52 | 8400805 | 29.25 | +0,87 | B |

Open Nederlandse Kampioenschappen 2009
Eindhoven, 12. - 14.6.2009

Jongens, 50m schoolslag Jeugd 1 en 2

| | | | | | | | |
|---------------------|---------------|-------|---------|--------------|-------|---|---|
| 1. Aaron Eisank | ZON/S&S | 29.59 | 9100577 | 29.53 | +0,72 | A | A |
| 2. Stefan Hazeleger | DWK | 30.90 | 9100867 | 30.08 | +0,82 | B | B |
| 3. Kay op den Kamp | ZC Valkenburg | 30.60 | 9103425 | 30.59 | +0,82 | C | B |

Dames, 50m schoolslag all-in

| | | | | | | | |
|-------------------|------------|-------|---------|--------------|-------|----|--|
| 1. Moniek Nijhuis | De Dolfijn | 31.89 | 8803188 | 31.46 | +0,88 | A+ | |
| 2. Tessa Brouwer | E.ON-NZA | 32.60 | 9105548 | 32.05 | +0,93 | A+ | |
| 3. Eline Boers | E.ON-NZA | 33.88 | 9104546 | 32.89 | +0,82 | A | |

Meisjes, 50m schoolslag Jeugd 1 en 2

| | | | | | | | |
|--------------------------|---------------------|-------|---------|--------------|-------|---|---|
| 1. Jocelyn Spruit | Eiffel Swimmers PSV | 34.56 | 9302044 | 34.55 | +0,83 | C | A |
| 2. Karin Rijkelijkhuisen | Zignea | 34.60 | 9403358 | 34.61 | +0,75 | B | A |
| 3. Lonne Dijkhuis | De Dinkel | 34.48 | 9400030 | 34.65 | +0,91 | B | B |

Meisjes, 400m wisselslag Jeugd 1 en 2

| | | | | | | | |
|---------------------|--------------------|---------|---------|----------------|-------|---|--|
| 1. Judith Stap | De Stormvogel | 5:06.14 | 9302702 | 5:01.01 | +0,79 | A | |
| 2. Marjolein Delno | De Rijn | 5:04.16 | 9400024 | 5:11.22 | +1,01 | B | |
| 3. Fantine Lesaffre | Nord Pas de Calais | 5:08.65 | 632125 | 5:12.06 | +0,75 | B | |

Dames, 400m wisselslag all-in

| | | | | | | | |
|-------------------|----------|---------|---------|----------------|-------|---|--|
| 1. Rieneke Terink | AZ&PC | 4:58.46 | 8402424 | 4:50.27 | +0,84 | A | |
| 2. Lieke Verouden | AZ&PC | 4:59.92 | 9003948 | 4:56.79 | +0,87 | B | |
| 3. Lona Kroese | E.ON-NZA | 5:01.59 | 8702382 | 4:59.38 | +0,85 | C | |

Heren, 50m vlinderslag all-in

| | | | | | | | |
|----------------------|---------------------|-------|---------|--------------|-------|----|--|
| 1. Joeri Verlinden | Eiffel Swimmers PSV | 24.60 | 8803549 | 24.09 | +0,74 | A+ | |
| 2. Bastiaan Tamminga | Eiffel Swimmers PSV | 24.62 | 8101659 | 24.36 | +0,80 | A | |
| 3. Jeroen Stuut | TriVia | 24.81 | 8803315 | 24.48 | +0,77 | A | |

Jongens, 50m vlinderslag Jeugd 1 en 2

| | | | | | | | |
|----------------------|-----------------------|-------|---------|--------------|-------|---|---|
| 1. Tim van Deutekom | DWK | 25.42 | 9100459 | 25.32 | +0,78 | A | A |
| 2. Mike Marissen | AZ&PC | 25.57 | 9202187 | 25.53 | +0,80 | A | B |
| 3. Robert Klinkhamer | ZPC Bikkell Hoogeveen | 26.04 | 9101241 | 25.54 | +0,72 | B | B |

Dames, 50m vlinderslag all-in

| | | | | | | | |
|------------------------|---------------------|-------|---------|--------------|-------|----|--|
| 1. Hinkelien Schreuder | Eiffel Swimmers PSV | 27.49 | 8402192 | 26.31 | +0,86 | A+ | |
| 2. Chantal Groot | E.ON-NZA | 27.48 | 8200562 | 26.69 | +0,80 | A+ | |
| 3. Kelly de Jong | E.ON-NZA | 27.72 | 9101474 | 27.49 | +0,82 | A | |

Meisjes, 50m vlinderslag Jeugd 1 en 2

| | | | | | | | |
|---------------------|----------------------|-------|---------|--------------|-------|---|---|
| 1. Andrea Kneppers | Zwemvereniging Hoorn | 29.09 | 9302216 | 29.04 | +0,94 | B | B |
| 2. Judith Stap | De Stormvogel | 29.62 | 9302702 | 29.12 | +0,77 | B | B |
| 3. Parand Zarekiani | E.ON-NZA | 29.01 | 9402150 | 29.24 | +0,86 | B | B |

Jongens, 1500m vrije slag Jeugd 1 en 2

| | | | | | | | |
|-----------------------|--------------------|----------|---------|-----------------|-------|---|--|
| 1. Bryan Mannaart | WVZ | 16:16.89 | 9101533 | 16:05.22 | +0,89 | A | |
| 2. Enzo Murzilli | Comité de Provence | 16:12.60 | 333060 | 16:24.73 | +0,84 | C | |
| 3. Vincent van Iperen | Orca | 16:39.31 | 9106179 | 16:29.45 | +0,84 | C | |

Open Nederlandse Kampioenschappen 2009
Eindhoven, 12. - 14.6.2009

Heren, 1500m vrije slag

all-in

| | | | | | | | |
|----|----------------|---------------------|----------|---------|-----------------|-------|----|
| 1. | Job Kienhuis | Eiffel Swimmers PSV | 15:12.12 | 8901631 | 15:10.31 | +0,94 | A+ |
| 2. | Bryan Mannaart | WVZ | 16:16.89 | 9101533 | 16:05.22 | +0,89 | A |
| 3. | Enzo Murzilli | Comité de Provence | 16:12.60 | 333060 | 16:24.73 | +0,84 | C |

Meisjes, 1500m vrije slag

Jeugd 1 en 2

| | | | | | | | |
|----|-----------------------|----------------------|----------|---------|-----------------|-------|----|
| 1. | Sharon van Rouwendaal | KNZB | 16:36.44 | 9307422 | 16:47.63 | +0,81 | A+ |
| 2. | Leonie van Noort | De Zijl/LGB | 18:18.42 | 9301752 | 17:45.53 | +0,92 | B |
| 3. | Marcha Admiraal | De Biesboschzwemmers | 18:01.21 | 9300012 | 17:46.14 | +0,85 | B |

Dames, 1500m vrije slag

all-in

| | | | | | | | |
|----|-----------------------|-------|----------|---------|-----------------|-------|----|
| 1. | Sharon van Rouwendaal | KNZB | 16:36.44 | 9307422 | 16:47.63 | +0,81 | A+ |
| 2. | Marieke Nijhuis | OZ&PC | 17:07.11 | 9201296 | 17:30.72 | +0,90 | B |
| 3. | Marion van den Berg | DWK | 17:30.58 | 8600272 | 17:31.31 | +0,96 | C |

Heren, 4 x 100m wisselslag

Senioren Open

| | | | | | | | |
|----|------------------------|----------------------|---------|--|----------------|-------|--|
| 1. | Eiffel Swimmers PSV 1 | Eiffel Swimmers PSV | 3:45.42 | | 3:42.97 | +0,66 | |
| 2. | AZ&PC 1 | AZ&PC | 3:47.40 | | 3:48.25 | +0,73 | |
| 3. | ANKER TEAM GRONINGEN 1 | ANKER TEAM GRONINGEN | 3:57.45 | | 3:54.06 | +0,70 | |

Dames, 4 x 200m vrije slag

Senioren Open

| | | | | | | | |
|----|-----------------------|---------------------|---------|--|----------------|-------|--|
| 1. | Eiffel Swimmers PSV 1 | Eiffel Swimmers PSV | 8:19.74 | | 8:17.10 | +0,74 | |
| 2. | Orca 1 | Orca | 8:45.40 | | 8:26.45 | +0,84 | |
| 3. | AZ&PC 1 | AZ&PC | 8:33.89 | | 8:30.22 | +0,85 | |