

Programmanr. 1
19.12.2008 - 9:00

Jongens, 400m vrije slag

Jeugd 1 en 2
Resultaten

rang	naam	vereniging	intijd	tijd	RT	niv.	finale
1.	Mike Marissen 50m: 28.05 100m: 58.15	AZ&PC 150m: 1:28.87 200m: 2:00.27	30.72 31.40	4:05.68 9202187 250m: 2:31.26 300m: 3:01.85	30.99 30.59	4:02.72 +0,90	A 350m: 3:32.50 400m: 4:02.72 30.65 30.22
2.	Bryan Mannaart 50m: 27.51 100m: 57.07	WVZ 150m: 1:27.95 200m: 1:58.80	30.88 30.85	4:08.44 9101533 250m: 2:30.08 300m: 3:01.56	31.28 31.48	4:03.28 +0,91	B 350m: 3:33.05 400m: 4:03.28 31.49 30.23
3.	Ferry Weertman 50m: 27.76 100m: 58.43	De Otters Het Gooi 150m: 1:29.93 200m: 2:01.48	31.50 31.55	4:08.68 9201461 250m: 2:32.83 300m: 3:03.92	31.35 31.09	4:05.92 +0,93	B 350m: 3:35.38 400m: 4:05.92 31.46 30.54
4.	Victor Poot 50m: 27.55 100m: 58.27	Vlaardingen 150m: 1:30.06 200m: 2:02.36	31.79 32.30	4:14.94 9203651 250m: 2:35.02 300m: 3:07.83	32.66 32.81	4:10.42 +0,72	C 350m: 3:39.59 400m: 4:10.42 31.76 30.83
5.	Vincent van Iperen 50m: 28.31 100m: 58.53	Orca 150m: 1:29.78 200m: 2:01.44	31.25 31.66	4:11.82 9106179 250m: 2:33.53 300m: 3:06.37	32.09 32.84	4:10.69 +0,93	D 350m: 3:38.77 400m: 4:10.69 32.40 31.92
6.	Marco van der Stel 50m: 28.14 100m: 59.48	Vlaardingen 150m: 1:31.52 200m: 2:04.20	32.04 32.68	4:12.23 9102879 250m: 2:36.57 300m: 3:09.12	32.37 32.55	4:10.94 +0,61	D 350m: 3:41.30 400m: 4:10.94 32.18 29.64
7.	Hans Peter Hartog 50m: 27.45 100m: 57.85	DAW-FINENZO 150m: 1:29.46 200m: 2:01.79	31.61 32.33	4:11.11 9100859 250m: 2:34.35 300m: 3:07.54	32.56 33.19	4:11.54 +0,85	D 350m: 3:40.41 400m: 4:11.54 32.87 31.13
8.	Christian Paaske 50m: 28.40 100m: 59.47	Køge Svømmeklub 150m: 1:31.17 200m: 2:03.25	31.70 32.08	4:15.07 9261AD 250m: 2:35.48 300m: 3:08.08	32.23 32.60	4:12.00 +0,70	C 350m: 3:40.70 400m: 4:12.00 32.62 31.30
9.	Tim Wagenmans 50m: 27.93 100m: 59.15	Aquarijn 150m: 1:31.00 200m: 2:03.30	31.85 32.30	4:15.49 9104945 250m: 2:36.00 300m: 3:08.73	32.70 32.73	4:13.27 +0,80	D 350m: 3:41.32 400m: 4:13.27 32.59 31.95
10.	Roy Visser 50m: 27.77 100m: 58.67	De Otters Het Gooi 150m: 1:30.85 200m: 2:03.38	32.18 32.53	4:13.82 9102423 250m: 2:36.01 300m: 3:08.77	32.63 32.76	4:13.37 +0,85	D 350m: 3:42.11 400m: 4:13.37 33.34 31.26
11.	Nick Hessing 50m: 27.87 100m: 59.71	De Dolfijn 150m: 1:31.96 200m: 2:04.38	32.25 32.42	4:15.84 9103753 250m: 2:36.89 300m: 3:09.50	32.51 32.61	4:14.41 +0,73	D 350m: 3:42.25 400m: 4:14.41 32.75 32.16
12.	Dennis Eliveld 50m: 27.67 100m: 58.61	DAW-FINENZO 150m: 1:30.74 200m: 2:03.21	32.13 32.47	4:19.24 9202351 250m: 2:36.05 300m: 3:09.27	32.84 33.22	4:15.20 +0,84	D 350m: 3:42.72 400m: 4:15.20 33.45 32.48
13.	Chris van Vliet 50m: 28.01 100m: 59.56	TriVia 150m: 1:31.66 200m: 2:04.29	32.10 32.63	4:16.81 9102425 250m: 2:37.15 300m: 3:10.76	32.86 33.61	4:17.25 +0,87	E 350m: 3:44.42 400m: 4:17.25 33.66 32.83
14.	Laurens Pepping 50m: 29.13 100m: 1:01.15	De Rijn 150m: 1:34.60 200m: 2:08.15	33.45 33.55	4:20.31 9203529 250m: 2:41.07 300m: 3:13.83	32.92 32.76	4:17.96 +0,92	D 350m: 3:46.17 400m: 4:17.96 32.34 31.79
15.	Boris Galjart 50m: 29.75 100m: 1:02.94	Vlaardingen 150m: 1:36.48 200m: 2:10.22	33.54 33.74	4:22.27 9201997 250m: 2:42.71 300m: 3:15.85	32.49 33.14	4:20.50 +0,78	E 350m: 3:49.25 400m: 4:20.50 33.40 31.25
16.	Jelmar Kluiwstra 50m: 28.38 100m: 1:00.65	LZ 1886-KartoenZ 150m: 1:34.40 200m: 2:08.32	33.75 33.92	4:19.99 9204323 250m: 2:41.69 300m: 3:15.24	33.37 33.55	4:20.89 +0,95	E 350m: 3:48.65 400m: 4:20.89 33.41 32.24
17.	Luuk Onrust 50m: 29.94 100m: 1:02.55	Zeester Meerval 150m: 1:35.80 200m: 2:09.14	33.25 33.34	4:18.97 9205125 250m: 2:42.11 300m: 3:16.20	32.97 34.09	4:24.05 +0,91	E 350m: 3:50.29 400m: 4:24.05 34.09 33.76

Programmanr. 1, Heren, 400m vrije slag

Programmanr. 1
19.12.2008 - 9:00

Heren, 400m vrije slag

all-in
Resultaten

rang	naam	vereniging	intijd	tijd	RT	niv.	finale
1.	Arjen van der Meulen <i>Kampioenschaps Record</i>	Eiffel Swimmers PSV	3:53.36	8702223	3:45.77	+0,97	A+
	50m: 27.38 27.38	150m: 1:23.29 27.47	250m: 2:19.33 28.31	350m: 3:17.93 29.47			
	100m: 55.82 28.44	200m: 1:51.02 27.73	300m: 2:48.46 29.13	400m: 3:45.77 27.84			
2.	Tom Vangeneugden	Eiffel Swimmers PSV	3:46.61	8302775	3:47.05	+0,92	A+
	50m: 26.70 26.70	150m: 1:23.70 28.73	250m: 2:21.09 28.63	350m: 3:19.03 28.98			
	100m: 54.97 28.27	200m: 1:52.46 28.76	300m: 2:50.05 28.96	400m: 3:47.05 28.02			
3.	Job Kienhuis	Eiffel Swimmers PSV	3:50.56	8901631	3:47.21	+0,93	A+
	50m: 26.91 26.91	150m: 1:24.30 28.79	250m: 2:22.34 28.92	350m: 3:19.63 28.68			
	100m: 55.51 28.60	200m: 1:53.42 29.12	300m: 2:50.95 28.61	400m: 3:47.21 27.58			
4.	Robin van Aggele	AZ&PC	3:58.46	8400017	3:47.24	+0,82	A+
	50m: 26.02 26.02	150m: 1:24.36 29.54	250m: 2:22.04 28.80	350m: 3:20.09 28.94			
	100m: 54.82 28.80	200m: 1:53.24 28.88	300m: 2:51.15 29.11	400m: 3:47.24 27.15			
5.	Alex Schelvis	MNC Dordrecht	4:02.66	8702927	3:53.72	+0,91	A
	50m: 26.14 26.14	150m: 1:23.87 29.22	250m: 2:23.19 29.65	350m: 3:23.44 30.33			
	100m: 55.65 28.51	200m: 1:53.54 29.67	300m: 2:53.11 29.92	400m: 3:53.72 30.28			
6.	Mike Marissen	AZ&PC	4:05.68	9202187	4:02.72	+0,90	A
	50m: 28.05 28.05	150m: 1:28.87 30.72	250m: 2:31.26 30.99	350m: 3:32.50 30.65			
	100m: 58.15 30.10	200m: 2:00.27 31.40	300m: 3:01.85 30.59	400m: 4:02.72 30.22			
7.	Robin den Boer	Eiffel Swimmers PSV	4:09.17	9006177	4:02.80	+0,82	B
	50m: 27.65 27.65	150m: 1:28.53 30.95	250m: 2:30.53 30.76	350m: 3:33.06 31.36			
	100m: 57.58 29.93	200m: 1:59.77 31.24	300m: 3:01.70 31.17	400m: 4:02.80 29.74			
8.	Bryan Mannaart	WVZ	4:08.44	9101533	4:03.28	+0,91	B
	50m: 27.51 27.51	150m: 1:27.95 30.88	250m: 2:30.08 31.28	350m: 3:33.05 31.49			
	100m: 57.07 29.56	200m: 1:58.80 30.85	300m: 3:01.56 31.48	400m: 4:03.28 30.23			
9.	Mark Moussa	Zwemlust/Utrecht(SG)	4:06.40	9002059	4:03.63	+0,92	C
	50m: 27.49 27.49	150m: 1:29.02 31.16	250m: 2:31.70 31.49	350m: 3:34.57 31.29			
	100m: 57.86 30.37	200m: 2:00.21 31.19	300m: 3:03.28 31.58	400m: 4:03.63 29.06			
10.	Ewoud Potiek	DZ&PC	4:05.92	8902503	4:04.46	+0,78	C
	50m: 27.49 27.49	150m: 1:28.78 30.73	250m: 2:31.14 31.22	350m: 3:33.91 31.60			
	100m: 58.05 30.56	200m: 1:59.92 31.14	300m: 3:02.31 31.17	400m: 4:04.46 30.55			
11.	Erik Schröder	TriVia	4:07.52	8402025	4:04.49	+0,98	D
	50m: 28.10 28.10	150m: 1:29.13 30.62	250m: 2:31.54 31.29	350m: 3:34.72 31.56			
	100m: 58.51 30.41	200m: 2:00.25 31.12	300m: 3:03.16 31.62	400m: 4:04.49 29.77			
12.	Marcel Thijsse	WVZ	4:05.13	8201719	4:05.64	+0,92	D
	50m: 28.21 28.21	150m: 1:29.81 30.79	250m: 2:31.56 30.92	350m: 3:34.37 31.75			
	100m: 59.02 30.81	200m: 2:00.64 30.83	300m: 3:02.62 31.06	400m: 4:05.64 31.27			
13.	Ferry Weertman	De Otters Het Gooi	4:08.68	9201461	4:05.92	+0,93	B
	50m: 27.76 27.76	150m: 1:29.93 31.50	250m: 2:32.83 31.35	350m: 3:35.38 31.46			
	100m: 58.43 30.67	200m: 2:01.48 31.55	300m: 3:03.92 31.09	400m: 4:05.92 30.54			
14.	Sebastiaan Reijnen	Het Y	4:10.32	8602533	4:06.86	+0,85	D
	50m: 27.29 27.29	150m: 1:28.05 30.85	250m: 2:30.76 31.50	350m: 3:35.17 32.63			
	100m: 57.20 29.91	200m: 1:59.26 31.21	300m: 3:02.54 31.78	400m: 4:06.86 31.69			
15.	Floor Verhaar	De Otters Het Gooi	4:05.72	9004603	4:07.26	+0,81	C
	50m: 26.78 26.78	150m: 1:28.68 31.28	250m: 2:31.99 31.49	350m: 3:36.09 32.12			
	100m: 57.40 30.62	200m: 2:00.50 31.82	300m: 3:03.97 31.98	400m: 4:07.26 31.17			
16.	Victor Poot	Vlaardingen	4:14.94	9203651	4:10.42	+0,72	C
	50m: 27.55 27.55	150m: 1:30.06 31.79	250m: 2:35.02 32.66	350m: 3:39.59 31.76			
	100m: 58.27 30.72	200m: 2:02.36 32.30	300m: 3:07.83 32.81	400m: 4:10.42 30.83			
17.	Vincent van Iperen	Orca	4:11.82	9106179	4:10.69	+0,93	D
	50m: 28.31 28.31	150m: 1:29.78 31.25	250m: 2:33.53 32.09	350m: 3:38.77 32.40			
	100m: 58.53 30.22	200m: 2:01.44 31.66	300m: 3:06.37 32.84	400m: 4:10.69 31.92			
18.	Marco van der Stel	Vlaardingen	4:12.23	9102879	4:10.94	+0,61	D
	50m: 28.14 28.14	150m: 1:31.52 32.04	250m: 2:36.57 32.37	350m: 3:41.30 32.18			
	100m: 59.48 31.34	200m: 2:04.20 32.68	300m: 3:09.12 32.55	400m: 4:10.94 29.64			
19.	Hans Peter Hartog	DAW-FINENZO	4:11.11	9100859	4:11.54	+0,85	D
	50m: 27.45 27.45	150m: 1:29.46 31.61	250m: 2:34.35 32.56	350m: 3:40.41 32.87			
	100m: 57.85 30.40	200m: 2:01.79 32.33	300m: 3:07.54 33.19	400m: 4:11.54 31.13			
20.	Christian Paaske	Køge Svømmeklub	4:15.07	9261AD	4:12.00	+0,70	C
	50m: 28.40 28.40	150m: 1:31.17 31.70	250m: 2:35.48 32.23	350m: 3:40.70 32.62			
	100m: 59.47 31.07	200m: 2:03.25 32.08	300m: 3:08.08 32.60	400m: 4:12.00 31.30			

Timing & Data-Handling by KNZB

Programmanr. 1, Heren, 400m vrije slag, all-in

rang	naam	vereniging	intijd	tijd	RT	niv.	finale	
21.	Matthijs Dekker	Zaanstad (SG)	4:12.48	9000621	4:12.07	+0,87	D	
	50m: 27.59	27.59	150m: 1:29.75	31.83	250m: 2:34.60	32.57	350m: 3:40.32	33.00
	100m: 57.92	30.33	200m: 2:02.03	32.28	300m: 3:07.32	32.72	400m: 4:12.07	31.75
22.	Tim Wagenmans	Aquarijn	4:15.49	9104945	4:13.27	+0,80	D	
	50m: 27.93	27.93	150m: 1:31.00	31.85	250m: 2:36.00	32.70	350m: 3:41.32	32.59
	100m: 59.15	31.22	200m: 2:03.30	32.30	300m: 3:08.73	32.73	400m: 4:13.27	31.95
23.	Roy Visser	De Otters Het Gooi	4:13.82	9102423	4:13.37	+0,85	D	
	50m: 27.77	27.77	150m: 1:30.85	32.18	250m: 2:36.01	32.63	350m: 3:42.11	33.34
	100m: 58.67	30.90	200m: 2:03.38	32.53	300m: 3:08.77	32.76	400m: 4:13.37	31.28
24.	Nick Hessing	De Dolfijn	4:15.84	9103753	4:14.41	+0,73	D	
	50m: 27.87	27.87	150m: 1:31.96	32.25	250m: 2:36.89	32.51	350m: 3:42.25	32.75
	100m: 59.71	31.84	200m: 2:04.38	32.42	300m: 3:09.50	32.61	400m: 4:14.41	32.16
25.	Michael van der Linden	De Zijl/LGB	4:09.80	8601921	4:15.15	+0,83	E	
	50m: 27.63	27.63	150m: 1:31.00	32.15	250m: 2:36.37	32.79	350m: 3:42.49	33.07
	100m: 58.85	31.22	200m: 2:03.58	32.58	300m: 3:09.42	33.05	400m: 4:15.15	32.66
26.	Dennis Eliveld	DAW-FINENZO	4:19.24	9202351	4:15.20	+0,84	D	
	50m: 27.67	27.67	150m: 1:30.74	32.13	250m: 2:36.05	32.84	350m: 3:42.72	33.45
	100m: 58.61	30.94	200m: 2:03.21	32.47	300m: 3:09.27	33.22	400m: 4:15.20	32.48
27.	Rolan van der Lugt	ZV Westland Dijkglas	4:13.93	9001869	4:16.70	+0,91	E	
	50m: 27.81	27.81	150m: 1:30.47	32.13	250m: 2:36.53	33.09	350m: 3:44.08	33.80
	100m: 58.34	30.53	200m: 2:03.44	32.97	300m: 3:10.28	33.75	400m: 4:16.70	32.62
28.	Chris van Vliet	TriVia	4:16.81	9102425	4:17.25	+0,87	E	
	50m: 28.01	28.01	150m: 1:31.66	32.10	250m: 2:37.15	32.86	350m: 3:44.42	33.66
	100m: 59.56	31.55	200m: 2:04.29	32.63	300m: 3:10.76	33.61	400m: 4:17.25	32.83
29.	Dennis Overhage	Eiffel Swimmers PSV	4:14.07	9002223	4:17.73	+0,65	E	
	50m: 27.66	27.66	150m: 1:31.56	32.93	250m: 2:38.77	33.84	350m: 3:44.45	32.69
	100m: 58.63	30.97	200m: 2:04.93	33.37	300m: 3:11.76	32.99	400m: 4:17.73	33.28
30.	Laurens Pepping	De Rijn	4:20.31	9203529	4:17.96	+0,92	D	
	50m: 29.13	29.13	150m: 1:34.60	33.45	250m: 2:41.07	32.92	350m: 3:46.17	32.34
	100m: 1:01.15	32.02	200m: 2:08.15	33.55	300m: 3:13.83	32.76	400m: 4:17.96	31.79
31.	Boris Galjart	Vlaardingen	4:22.27	9201997	4:20.50	+0,78	E	
	50m: 29.75	29.75	150m: 1:36.48	33.54	250m: 2:42.71	32.49	350m: 3:49.25	33.40
	100m: 1:02.94	33.19	200m: 2:10.22	33.74	300m: 3:15.85	33.14	400m: 4:20.50	31.25
32.	Jelmar Kluiwstra	LZ 1886-KartoenZ	4:19.99	9204323	4:20.89	+0,95	E	
	50m: 28.38	28.38	150m: 1:34.40	33.75	250m: 2:41.69	33.37	350m: 3:48.65	33.41
	100m: 1:00.65	32.27	200m: 2:08.32	33.92	300m: 3:15.24	33.55	400m: 4:20.89	32.24
33.	Luuk Onrust	Zeester Meerval	4:18.97	9205125	4:24.05	+0,91	E	
	50m: 29.94	29.94	150m: 1:35.80	33.25	250m: 2:42.11	32.97	350m: 3:50.29	34.09
	100m: 1:02.55	32.61	200m: 2:09.14	33.34	300m: 3:16.20	34.09	400m: 4:24.05	33.76
NG	Sebastian Verschuren	E.ON-NZA	3:53.45	8803571				