

Nederlandse Junioren Kampioenschappen 800-1500 meter  
Dordrecht, 26.4.2009

Programmanr. 1  
26.04.2009 - 13:00

Jongens, 1500m vrije slag  
Pr.nrs.1, 2, 3 en 4 samengevoegd voor de indeling

Junioren 1 t/m 4  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	niveau		
<b>Junioren 1</b>								
1.	Niels Kemperink	OZ&PC	18:39.35	9600005	<b>18:58.60</b>	D		
	100m: 1:09.72	1:09.72	500m: 6:10.14	1:16.02	900m: 11:17.67	1:17.39	1300m: 16:25.75	1:16.40
	200m: 2:24.21	1:14.49	600m: 7:26.90	1:16.76	1000m: 12:34.98	1:17.31	1400m: 17:41.99	1:16.24
	300m: 3:38.51	1:14.30	700m: 8:43.68	1:16.78	1100m: 13:51.92	1:16.94	1500m: 18:58.60	1:16.61
	400m: 4:54.12	1:15.61	800m: 10:00.28	1:16.60	1200m: 15:09.35	1:17.43		
2.	Tim Furer	Aqua-Novio'94	19:20.38	9600087	<b>19:04.19</b>	D		
	100m: 1:10.71	1:10.71	500m: 6:20.05	1:17.93	900m: 11:26.96	1:16.88	1300m: 16:33.85	1:16.14
	200m: 2:26.85	1:16.14	600m: 7:36.60	1:16.55	1000m: 12:43.82	1:16.86	1400m: 17:50.67	1:16.82
	300m: 3:44.06	1:17.21	700m: 8:53.04	1:16.44	1100m: 14:00.66	1:16.84	1500m: 19:04.19	1:13.52
	400m: 5:02.12	1:18.06	800m: 10:10.08	1:17.04	1200m: 15:17.71	1:17.05		
3.	Karst Boersma	De Dinkel	20:00.54	9600849	<b>19:20.50</b>	E		
	100m: 1:12.76	1:12.76	500m: 6:23.14	1:17.86	900m: 11:32.77	1:16.70	1300m: 16:41.04	1:18.06
	200m: 2:30.23	1:17.47	600m: 7:40.64	1:17.50	1000m: 12:48.96	1:16.19	1400m: 18:01.19	1:20.15
	300m: 3:47.66	1:17.43	700m: 8:58.34	1:17.70	1100m: 14:05.73	1:16.77	1500m: 19:20.50	1:19.31
	400m: 5:05.28	1:17.62	800m: 10:16.07	1:17.73	1200m: 15:22.98	1:17.25		
4.	Timo van der Ende	WVZ	19:46.40	9601979	<b>19:27.56</b>	E		
	100m: 1:13.11	1:13.11	500m: 6:23.93	1:18.00	900m: 11:35.36	1:17.73	1300m: 16:51.62	1:20.46
	200m: 2:30.25	1:17.14	600m: 7:41.85	1:17.92	1000m: 12:53.23	1:17.87	1400m: 18:09.94	1:18.32
	300m: 3:48.12	1:17.87	700m: 8:59.85	1:18.00	1100m: 14:11.83	1:18.60	1500m: 19:27.56	1:17.62
	400m: 5:05.93	1:17.81	800m: 10:17.63	1:17.78	1200m: 15:31.16	1:19.33		
5.	Lars Haarsma	Zwemvereniging Hoorn	18:47.63	9600745	<b>19:31.13</b>	E		
	100m: 1:12.57	1:12.57	500m: 6:21.61	1:17.33	900m: 11:32.92	1:17.22	1300m: 16:50.46	1:21.90
	200m: 2:29.13	1:16.56	600m: 7:39.25	1:17.64	1000m: 12:50.19	1:17.27	1400m: 18:11.50	1:21.04
	300m: 3:46.36	1:17.23	700m: 8:57.30	1:18.05	1100m: 14:08.54	1:18.35	1500m: 19:31.13	1:19.63
	400m: 5:04.28	1:17.92	800m: 10:15.70	1:18.40	1200m: 15:28.56	1:20.02		
6.	Bart Klok	One Team Swimming	19:56.94	9600351	<b>19:32.00</b>	E		
	100m: 1:08.89	1:08.89	500m: 6:15.69	1:16.24	900m: 11:31.35	1:17.61	1300m: 16:53.45	1:20.95
	200m: 2:24.61	1:15.72	600m: 7:35.26	1:19.57	1000m: 12:51.01	1:19.66	1400m: 18:13.80	1:20.35
	300m: 3:41.83	1:17.22	700m: 8:54.19	1:18.93	1100m: 14:10.92	1:19.91	1500m: 19:32.00	1:18.20
	400m: 4:59.45	1:17.62	800m: 10:13.74	1:19.55	1200m: 15:32.50	1:21.58		
7.	Pepijn Smits	Eiffel Swimmers PSV	19:54.39	9600691	<b>19:49.79</b>	E		
	100m: 1:13.54	1:13.54	500m: 6:28.94	1:19.46	900m: 11:47.98	1:19.90	1300m: 17:11.40	1:20.79
	200m: 2:31.85	1:18.31	600m: 7:48.83	1:19.89	1000m: 13:07.51	1:19.53	1400m: 18:32.68	1:21.28
	300m: 3:50.52	1:18.67	700m: 9:08.14	1:19.31	1100m: 14:28.98	1:21.47	1500m: 19:49.79	1:17.11
	400m: 5:09.48	1:18.96	800m: 10:28.08	1:19.94	1200m: 15:50.61	1:21.63		
8.	Thomas Verouden	Oceanus	19:45.82	9602855	<b>20:18.31</b>			
	100m: 1:15.37	1:15.37	500m: 6:39.16	1:21.35	900m: 12:08.22	1:22.28	1300m: 17:39.65	1:23.62
	200m: 2:36.81	1:21.44	600m: 8:01.15	1:21.99	1000m: 13:30.73	1:22.51	1400m: 19:01.38	1:21.73
	300m: 3:57.64	1:20.83	700m: 9:23.31	1:22.16	1100m: 14:53.01	1:22.28	1500m: 20:18.31	1:16.93
	400m: 5:17.81	1:20.17	800m: 10:45.94	1:22.63	1200m: 16:16.03	1:23.02		
9.	Levy Kort	De Stormvogel	19:46.52	9600583	<b>20:51.31</b>			
	100m: 1:14.22	1:14.22	500m: 6:45.86	1:23.64	900m: 12:24.19	1:24.59	1300m: 18:05.26	1:25.99
	200m: 2:36.71	1:22.49	600m: 8:09.89	1:24.03	1000m: 13:48.93	1:24.74	1400m: 19:29.83	1:24.57
	300m: 3:59.02	1:22.31	700m: 9:34.78	1:24.89	1100m: 15:13.75	1:24.82	1500m: 20:51.31	1:21.48
	400m: 5:22.22	1:23.20	800m: 10:59.60	1:24.82	1200m: 16:39.27	1:25.52		
10.	Robin de Joode	De Granaet	19:51.19	9601371	<b>20:52.61</b>			
	100m: 1:13.25	1:13.25	500m: 6:45.81	1:24.50	900m: 12:25.96	1:25.30	1300m: 18:05.92	1:25.87
	200m: 2:34.52	1:21.27	600m: 8:10.89	1:25.08	1000m: 13:51.55	1:25.59	1400m: 19:32.70	1:26.78
	300m: 3:57.58	1:23.06	700m: 9:35.78	1:24.89	1100m: 15:15.76	1:24.21	1500m: 20:52.61	1:19.91
	400m: 5:21.31	1:23.73	800m: 11:00.66	1:24.88	1200m: 16:40.05	1:24.29		

**Junioren 2**

1.	Damon Peperkamp	De Dinkel	17:22.40	9501101	<b>17:56.18</b>	C		
	100m: 1:04.62	1:04.62	500m: 5:50.99	1:11.23	900m: 10:43.47	1:13.74	1300m: 15:35.44	1:12.93
	200m: 2:16.35	1:11.73	600m: 7:03.43	1:12.44	1000m: 11:54.44	1:10.97	1400m: 16:46.95	1:11.51
	300m: 3:28.61	1:12.26	700m: 8:16.29	1:12.86	1100m: 13:08.23	1:13.79	1500m: 17:56.18	1:09.23
	400m: 4:39.76	1:11.15	800m: 9:29.73	1:13.44	1200m: 14:22.51	1:14.28		
2.	Jeffrey Reijnders	Oceanus	19:07.15	9500877	<b>18:01.75</b>	C		
	100m: 1:06.23	1:06.23	500m: 5:54.03	1:11.92	900m: 10:43.65	1:12.54	1300m: 15:36.67	1:13.38
	200m: 2:18.10	1:11.87	600m: 7:05.95	1:11.92	1000m: 11:56.44	1:12.79	1400m: 16:50.16	1:13.49
	300m: 3:30.73	1:12.63	700m: 8:18.34	1:12.39	1100m: 13:09.55	1:13.11	1500m: 18:01.75	1:11.59
	400m: 4:42.11	1:11.38	800m: 9:31.11	1:12.77	1200m: 14:23.29	1:13.74		
3.	Maarten Brzoskowski	Eiffel Swimmers PSV	18:27.21	9500769	<b>18:05.78</b>	D		
	100m: 1:07.20	1:07.20	500m: 5:54.95	1:12.05	900m: 10:48.47	1:14.07	1300m: 15:43.09	1:13.66
	200m: 2:18.65	1:11.45	600m: 7:07.69	1:12.74	1000m: 12:02.62	1:14.15	1400m: 16:56.19	1:13.10
	300m: 3:30.96	1:12.31	700m: 8:21.35	1:13.66	1100m: 13:15.97	1:13.35	1500m: 18:05.78	1:09.59
	400m: 4:42.90	1:11.94	800m: 9:34.40	1:13.05	1200m: 14:29.43	1:13.46		

Nederlandse Junioren Kampioenschappen 800-1500 meter  
Dordrecht, 26.4.2009

Programmanr. 1, Jongens, 1500m vrije slag, Junioren 2

rang	naam	vereniging	inschrijftijd	startnr.	tijd	niveau		
4.	Luc van der Wolde	Stadskanaal	18:24.34	9500281	18:07.09	D		
	100m: 1:05.18	1:05.18	500m: 5:55.15	1:12.88	900m: 10:52.52	1:15.34	1300m: 15:44.97	1:13.78
	200m: 2:16.86	1:11.68	600m: 7:08.39	1:13.24	1000m: 12:04.07	1:11.55	1400m: 16:57.80	1:12.83
	300m: 3:29.74	1:12.88	700m: 8:22.78	1:14.39	1100m: 13:17.13	1:13.06	1500m: 18:07.09	1:09.29
	400m: 4:42.27	1:12.53	800m: 9:37.18	1:14.40	1200m: 14:31.19	1:14.06		
5.	Ruben Tol	Ed-Vo	18:26.07	9501119	18:12.51	D		
	100m: 1:05.90	1:05.90	500m: 5:55.50	1:12.81	900m: 10:50.44	1:13.81	1300m: 15:45.86	1:13.95
	200m: 2:17.36	1:11.46	600m: 7:08.78	1:13.28	1000m: 12:04.01	1:13.57	1400m: 16:59.97	1:14.11
	300m: 3:29.89	1:12.53	700m: 8:22.60	1:13.82	1100m: 13:17.72	1:13.71	1500m: 18:12.51	1:12.54
	400m: 4:42.69	1:12.80	800m: 9:36.63	1:14.03	1200m: 14:31.91	1:14.19		
6.	Yassine Maniani	Zwemlust/Utrecht (SG)	18:25.51	9501755	18:28.42	D		
	100m: 1:06.81	1:06.81	500m: 5:59.46	1:13.96	900m: 10:57.32	1:14.81	1300m: 15:59.63	1:15.99
	200m: 2:18.69	1:11.88	600m: 7:13.72	1:14.26	1000m: 12:12.64	1:15.32	1400m: 17:15.32	1:15.69
	300m: 3:31.55	1:12.86	700m: 8:28.10	1:14.38	1100m: 13:27.80	1:15.16	1500m: 18:28.42	1:13.10
	400m: 4:45.50	1:13.95	800m: 9:42.51	1:14.41	1200m: 14:43.64	1:15.84		
7.	Jeffrey Buddenberg	De Zeehond'73	18:55.43	9502289	18:41.79	E		
	100m: 1:05.98	1:05.98	500m: 5:57.96	1:14.98	900m: 11:05.03	1:16.97	1300m: 16:11.61	1:16.59
	200m: 2:17.88	1:11.90	600m: 7:14.42	1:16.46	1000m: 12:21.43	1:16.40	1400m: 17:27.70	1:16.09
	300m: 3:30.18	1:12.30	700m: 8:31.59	1:17.17	1100m: 13:37.88	1:16.45	1500m: 18:41.79	1:14.09
	400m: 4:42.98	1:12.80	800m: 9:48.06	1:16.47	1200m: 14:55.02	1:17.14		
8.	Kevin Wolters	Hellas-Glana	19:12.69	9501965	18:49.57	E		
	100m: 1:09.99	1:09.99	500m: 6:13.89	1:17.32	900m: 11:20.72	1:15.80	1300m: 16:23.69	1:16.28
	200m: 2:25.02	1:15.03	600m: 7:31.09	1:17.20	1000m: 12:36.25	1:15.53	1400m: 17:38.35	1:14.66
	300m: 3:40.74	1:15.72	700m: 8:47.62	1:16.53	1100m: 13:51.64	1:15.39	1500m: 18:49.57	1:11.22
	400m: 4:56.57	1:15.83	800m: 10:04.92	1:17.30	1200m: 15:07.41	1:15.77		
9.	Jurian Beukers	WVZ	19:07.01	9501327	19:01.49	E		
	100m: 1:12.12	1:12.12	500m: 6:20.31	1:17.33	900m: 11:27.05	1:16.84	1300m: 16:35.88	1:17.21
	200m: 2:28.89	1:16.77	600m: 7:37.05	1:16.74	1000m: 12:44.20	1:17.15	1400m: 17:50.74	1:14.86
	300m: 3:45.96	1:17.07	700m: 8:53.61	1:16.56	1100m: 14:01.83	1:17.63	1500m: 19:01.49	1:10.75
	400m: 5:02.98	1:17.02	800m: 10:10.21	1:16.60	1200m: 15:18.67	1:16.84		
10.	Max de Voogt	One Team Swimming	17:55.70	9502325	19:04.44	E		
	100m: 1:07.84	1:07.84	500m: 6:03.91	1:15.73	900m: 11:17.97	1:19.88	1300m: 16:35.29	1:16.01
	200m: 2:20.21	1:12.37	600m: 7:20.93	1:17.02	1000m: 12:39.79	1:21.82	1400m: 17:51.09	1:15.80
	300m: 3:33.51	1:13.30	700m: 8:37.25	1:16.32	1100m: 14:00.67	1:20.88	1500m: 19:04.44	1:13.35
	400m: 4:48.18	1:14.67	800m: 9:58.09	1:20.84	1200m: 15:19.28	1:18.61		
11.	Marco Uppelschoten	De Houtrib	18:50.35	9500375	19:07.64	E		
	100m: 1:08.61	1:08.61	500m: 6:18.63	1:18.92	900m: 11:30.13	1:17.26	1300m: 16:37.91	1:15.87
	200m: 2:23.62	1:15.01	600m: 7:37.00	1:18.37	1000m: 12:48.33	1:18.20	1400m: 17:53.87	1:15.96
	300m: 3:40.94	1:17.32	700m: 8:55.86	1:18.86	1100m: 14:06.06	1:17.73	1500m: 19:07.64	1:13.77
	400m: 4:59.71	1:18.77	800m: 10:12.87	1:17.01	1200m: 15:22.04	1:15.98		
12.	Mike Bravenboer	Poseidon'56	18:50.76	9500299	19:23.26			
	100m: 1:07.12	1:07.12	500m: 6:13.39	1:18.44	900m: 11:30.17	1:19.02	1300m: 16:49.03	1:20.26
	200m: 2:21.01	1:13.89	600m: 7:32.18	1:18.79	1000m: 12:49.02	1:18.85	1400m: 18:07.76	1:18.73
	300m: 3:37.88	1:16.87	700m: 8:51.89	1:19.71	1100m: 14:09.12	1:20.10	1500m: 19:23.26	1:15.50
	400m: 4:54.95	1:17.07	800m: 10:11.15	1:19.26	1200m: 15:28.77	1:19.65		
13.	Sjors Lieferst	DAW-FINENZO	18:27.00	9501389	19:35.50			
	100m: 1:08.85	1:08.85	500m: 6:23.96	1:19.75	900m: 11:41.88	1:19.39	1300m: 17:01.32	1:19.20
	200m: 2:25.65	1:16.80	600m: 7:43.82	1:19.86	1000m: 13:02.03	1:20.15	1400m: 18:19.07	1:17.75
	300m: 3:44.38	1:18.73	700m: 9:03.64	1:19.82	1100m: 14:22.08	1:20.05	1500m: 19:35.50	1:16.43
	400m: 5:04.21	1:19.83	800m: 10:22.49	1:18.85	1200m: 15:42.12	1:20.04		
NG	Jens Kobesen	Stadskanaal	18:03.10	9500117				

Junioren 3

1.	Willem Kees Roos	Orca	18:19.91	9402693	17:29.80	C		
	100m: 1:04.46	1:04.46	500m: 5:47.15	1:09.56	900m: 10:28.78	1:10.04	1300m: 15:14.50	1:12.54
	200m: 2:15.30	1:10.84	600m: 6:57.59	1:10.44	1000m: 11:39.15	1:10.37	1400m: 16:25.74	1:11.24
	300m: 3:26.49	1:11.19	700m: 8:08.26	1:10.67	1100m: 12:50.52	1:11.37	1500m: 17:29.80	1:04.06
	400m: 4:37.59	1:11.10	800m: 9:18.74	1:10.48	1200m: 14:01.96	1:11.44		
2.	Date v.d. Zaag	Eiffel Swimmers PSV	18:00.80	9403919	17:30.89	C		
	100m: 1:02.87	1:02.87	500m: 5:41.41	1:11.11	900m: 10:27.40	1:11.54	1300m: 15:14.01	1:12.19
	200m: 2:10.51	1:07.64	600m: 6:52.88	1:11.47	1000m: 11:38.62	1:11.22	1400m: 16:25.31	1:11.30
	300m: 3:19.76	1:09.25	700m: 8:04.39	1:11.51	1100m: 12:50.09	1:11.47	1500m: 17:30.89	1:05.58
	400m: 4:30.30	1:10.54	800m: 9:15.86	1:11.47	1200m: 14:01.82	1:11.73		
3.	Vincent Moolhuijsen	Oceanus	17:07.75	9401215	17:41.18	D		
	100m: 1:05.64	1:05.64	500m: 5:48.07	1:10.51	900m: 10:33.15	1:11.11	1300m: 15:18.40	1:11.94
	200m: 2:15.90	1:10.26	600m: 6:59.12	1:11.05	1000m: 11:43.89	1:10.74	1400m: 16:29.68	1:11.28
	300m: 3:26.96	1:11.06	700m: 8:10.65	1:11.53	1100m: 12:54.70	1:10.81	1500m: 17:41.18	1:11.50
	400m: 4:37.56	1:10.60	800m: 9:22.04	1:11.39	1200m: 14:06.46	1:11.76		
4.	Huib van Houweligen	AZ&PC	17:35.74	9406019	17:59.20	D		
	100m: 1:06.67	1:06.67	500m: 5:55.40	1:11.57	900m: 10:46.18	1:12.84	1300m: 15:36.64	1:12.46
	200m: 2:18.69	1:12.02	600m: 7:07.78	1:12.38	1000m: 11:58.88	1:12.70	1400m: 16:49.00	1:12.36
	300m: 3:31.58	1:12.89	700m: 8:20.55	1:12.77	1100m: 13:11.62	1:12.74	1500m: 17:59.20	1:10.20
	400m: 4:43.83	1:12.25	800m: 9:33.34	1:12.79	1200m: 14:24.18	1:12.56		

Nederlandse Junioren Kampioenschappen 800-1500 meter  
Dordrecht, 26.4.2009

Programmanr. 1, Jongens, 1500m vrije slag, Junioren 3

rang	naam	vereniging	inschrijftijd	startnr.	tijd	niveau		
5.	Jorrick Druyven	DAW-FINENZO	18:00.30	9400507	<b>18:34.46</b>	E		
	100m: 1:08.46	1:08.46	500m: 6:03.64	1:14.25	900m: 11:04.97	1:15.31	1300m: 16:08.15	1:15.80
	200m: 2:21.95	1:13.49	600m: 7:19.15	1:15.51	1000m: 12:20.77	1:15.80	1400m: 17:23.79	1:15.64
	300m: 3:35.49	1:13.54	700m: 8:34.36	1:15.21	1100m: 13:36.68	1:15.91	1500m: 18:34.46	1:10.67
	400m: 4:49.39	1:13.90	800m: 9:49.66	1:15.30	1200m: 14:52.35	1:15.67		
6.	Tom Brouwers	RZC	18:08.54	9402027	<b>18:34.89</b>	E		
	100m: 1:06.77	1:06.77	500m: 6:05.06	1:15.99	900m: 11:06.35	1:15.68	1300m: 16:08.27	1:14.76
	200m: 2:19.68	1:12.91	600m: 7:20.61	1:15.55	1000m: 12:22.30	1:15.95	1400m: 17:23.25	1:14.98
	300m: 3:34.36	1:14.68	700m: 8:35.67	1:15.06	1100m: 13:37.35	1:15.05	1500m: 18:34.89	1:11.64
	400m: 4:49.07	1:14.71	800m: 9:50.67	1:15.00	1200m: 14:53.51	1:16.16		
7.	Ivar van Ginkel	DWK	17:33.48	9400025	<b>18:36.91</b>	E		
	100m: 1:07.10	1:07.10	500m: 6:06.13	1:15.51	900m: 11:11.02	1:15.63	1300m: 16:12.94	1:15.40
	200m: 2:20.54	1:13.44	600m: 7:22.57	1:16.44	1000m: 12:25.76	1:14.74	1400m: 17:28.74	1:15.80
	300m: 3:35.35	1:14.81	700m: 8:39.41	1:16.84	1100m: 13:41.52	1:15.76	1500m: 18:36.91	1:08.17
	400m: 4:50.62	1:15.27	800m: 9:55.39	1:15.98	1200m: 14:57.54	1:16.02		
8.	Joey ten Doeschot	OZ&PC	18:36.73	9400145	<b>18:41.03</b>	E		
	100m: 1:04.86	1:04.86	500m: 6:00.73	1:16.69	900m: 11:07.65	1:16.97	1300m: 16:12.22	1:15.52
	200m: 2:16.41	1:11.55	600m: 7:17.29	1:16.56	1000m: 12:23.48	1:15.83	1400m: 17:27.88	1:15.66
	300m: 3:29.37	1:12.96	700m: 8:33.66	1:16.37	1100m: 13:39.91	1:16.43	1500m: 18:41.03	1:13.15
	400m: 4:44.04	1:14.67	800m: 9:50.68	1:17.02	1200m: 14:56.70	1:16.79		
9.	Simon Stouten	De Zijl LGB	18:15.54	9400943	<b>18:47.10</b>			
	100m: 1:08.54	1:08.54	500m: 6:08.88	1:15.79	900m: 11:15.60	1:17.92	1300m: 16:23.01	1:16.69
	200m: 2:23.25	1:14.71	600m: 7:24.92	1:16.04	1000m: 12:33.82	1:18.22	1400m: 17:38.35	1:15.34
	300m: 3:37.35	1:14.10	700m: 8:40.85	1:15.93	1100m: 13:49.69	1:15.87	1500m: 18:47.10	1:08.75
	400m: 4:53.09	1:15.74	800m: 9:57.68	1:16.83	1200m: 15:06.32	1:16.63		
10.	Jeffrey Thijssen	Zeester-Meerval	18:02.48	9400445	<b>19:03.62</b>			
	100m: 1:09.07	1:09.07	500m: 6:11.02	1:16.48	900m: 11:19.33	1:17.40	1300m: 16:29.26	1:17.72
	200m: 2:23.46	1:14.39	600m: 7:27.91	1:16.89	1000m: 12:35.90	1:16.57	1400m: 17:47.47	1:18.21
	300m: 3:38.81	1:15.35	700m: 8:44.14	1:16.23	1100m: 13:53.48	1:17.58	1500m: 19:03.62	1:16.15
	400m: 4:54.54	1:15.73	800m: 10:01.93	1:17.79	1200m: 15:11.54	1:18.06		
11.	Remy den Boer	De Warande	18:34.94	9401759	<b>19:05.27</b>			
	100m: 1:06.55	1:06.55	500m: 6:08.95	1:16.44	900m: 11:22.31	1:17.96	1300m: 16:32.94	1:17.17
	200m: 2:21.22	1:14.67	600m: 7:27.65	1:18.70	1000m: 12:40.42	1:18.11	1400m: 17:49.71	1:16.77
	300m: 3:36.37	1:15.15	700m: 8:46.26	1:18.61	1100m: 13:57.72	1:17.30	1500m: 19:05.27	1:15.56
	400m: 4:52.51	1:16.14	800m: 10:04.35	1:18.09	1200m: 15:15.77	1:18.05		
12.	Olivier Nass	WVZ	17:53.87	9402933	<b>19:11.65</b>			
	100m: 1:06.56	1:06.56	500m: 6:06.52	1:15.71	900m: 11:14.74	1:17.96	1300m: 16:33.11	1:20.48
	200m: 2:20.44	1:13.88	600m: 7:22.74	1:16.22	1000m: 12:33.97	1:19.23	1400m: 17:52.96	1:19.85
	300m: 3:35.23	1:14.79	700m: 8:39.83	1:17.09	1100m: 13:53.33	1:19.36	1500m: 19:11.65	1:18.69
	400m: 4:50.81	1:15.58	800m: 9:56.78	1:16.95	1200m: 15:12.63	1:19.30		

Junioren 4

1.	Niek Pereboom	WVZ	16:44.34	9305395	<b>16:56.43</b>	C		
	100m: 1:02.77	1:02.77	500m: 5:31.54	1:08.09	900m: 10:05.45	1:08.82	1300m: 14:42.24	1:09.49
	200m: 2:10.09	1:07.32	600m: 6:39.71	1:08.17	1000m: 11:14.51	1:09.06	1400m: 15:51.58	1:09.34
	300m: 3:16.35	1:06.26	700m: 7:48.11	1:08.40	1100m: 12:23.62	1:09.11	1500m: 16:56.43	1:04.85
	400m: 4:23.45	1:07.10	800m: 8:56.63	1:08.52	1200m: 13:32.75	1:09.13		
2.	Marcel Schouten	Rapido '82	17:21.38	9300653	<b>17:20.85</b>	D		
	100m: 1:04.38	1:04.38	500m: 5:42.31	1:09.80	900m: 10:23.11	1:09.96	1300m: 15:02.97	1:10.28
	200m: 2:13.16	1:08.78	600m: 6:52.94	1:10.63	1000m: 11:32.62	1:09.51	1400m: 16:13.02	1:10.05
	300m: 3:22.53	1:09.37	700m: 8:03.16	1:10.22	1100m: 12:42.92	1:10.30	1500m: 17:20.85	1:07.83
	400m: 4:32.51	1:09.98	800m: 9:13.15	1:09.99	1200m: 13:52.69	1:09.77		
3.	Bernd Kobesen	Stadskanaal	17:48.97	9300981	<b>17:25.89</b>	E		
	100m: 1:03.96	1:03.96	500m: 5:45.45	1:10.98	900m: 10:29.71	1:10.82	1300m: 15:10.17	1:09.91
	200m: 2:13.67	1:09.71	600m: 6:56.66	1:11.21	1000m: 11:39.93	1:10.22	1400m: 16:19.46	1:09.29
	300m: 3:23.73	1:10.06	700m: 8:07.71	1:11.05	1100m: 12:50.00	1:10.07	1500m: 17:25.89	1:06.43
	400m: 4:34.47	1:10.74	800m: 9:18.89	1:11.18	1200m: 14:00.26	1:10.26		
4.	Jens Bakker	E.ON-NZA	17:42.87	9300021	<b>17:29.35</b>	E		
	100m: 1:06.24	1:06.24	500m: 5:42.70	1:09.91	900m: 10:25.33	1:11.20	1300m: 15:09.92	1:11.70
	200m: 2:14.48	1:08.24	600m: 6:52.95	1:10.25	1000m: 11:36.15	1:10.82	1400m: 16:21.28	1:11.36
	300m: 3:23.64	1:09.16	700m: 8:03.65	1:10.70	1100m: 12:47.10	1:10.95	1500m: 17:29.35	1:08.07
	400m: 4:32.79	1:09.15	800m: 9:14.13	1:10.48	1200m: 13:58.22	1:11.12		
5.	Bastiaan Waanders	Oceanus	17:40.08	9301225	<b>17:33.52</b>	E		
	100m: 1:05.27	1:05.27	500m: 5:45.29	1:10.40	900m: 10:31.59	1:12.24	1300m: 15:15.88	1:10.90
	200m: 2:15.26	1:09.99	600m: 6:56.13	1:10.84	1000m: 11:43.52	1:11.93	1400m: 16:26.82	1:10.94
	300m: 3:25.25	1:09.99	700m: 8:07.76	1:11.63	1100m: 12:54.87	1:11.35	1500m: 17:33.52	1:06.70
	400m: 4:34.89	1:09.64	800m: 9:19.35	1:11.59	1200m: 14:04.98	1:10.11		
6.	Maurice Soudant	Eiffel Swimmers PSV	18:02.29	9302125	<b>17:36.77</b>	E		
	100m: 1:04.17	1:04.17	500m: 5:43.54	1:10.01	900m: 10:27.26	1:11.00	1300m: 15:15.85	1:12.21
	200m: 2:13.62	1:09.45	600m: 6:54.27	1:10.73	1000m: 11:39.75	1:12.49	1400m: 16:27.22	1:11.37
	300m: 3:23.55	1:09.93	700m: 8:05.02	1:10.75	1100m: 12:51.76	1:12.01	1500m: 17:36.77	1:09.55
	400m: 4:33.53	1:09.98	800m: 9:16.26	1:11.24	1200m: 14:03.64	1:11.88		

Nederlandse Junioren Kampioenschappen 800-1500 meter  
Dordrecht, 26.4.2009

Programmanr. 1, Jongens, 1500m vrije slag, Junioren 4

rang	naam	vereniging	inschrijftijd	startnr.	tijd	niveau		
7.	Daniel Langerveld	De Fuut	18:03.40	9302989	17:47.89	E		
	100m: 1:04.87	1:04.87	500m: 5:46.95	1:11.60	900m: 10:38.51	1:13.44	1300m: 15:26.58	1:11.82
	200m: 2:14.27	1:09.40	600m: 6:59.57	1:12.62	1000m: 11:52.53	1:14.02	1400m: 16:39.36	1:12.78
	300m: 3:24.19	1:09.92	700m: 8:11.95	1:12.38	1100m: 13:02.62	1:10.09	1500m: 17:47.89	1:08.53
	400m: 4:35.35	1:11.16	800m: 9:25.07	1:13.12	1200m: 14:14.76	1:12.14		
8.	Giovanni den Ouden	De Devel	17:49.99	9300877	17:49.36	E		
	100m: 1:04.35	1:04.35	500m: 5:48.70	1:12.19	900m: 10:36.69	1:12.42	1300m: 15:27.12	1:12.42
	200m: 2:14.49	1:10.14	600m: 6:59.88	1:11.18	1000m: 11:49.02	1:12.33	1400m: 16:39.75	1:12.63
	300m: 3:24.55	1:10.06	700m: 8:12.29	1:12.41	1100m: 13:02.03	1:13.01	1500m: 17:49.36	1:09.61
	400m: 4:36.51	1:11.96	800m: 9:24.27	1:11.98	1200m: 14:14.70	1:12.67		
9.	Sonny Corré	Luctor et Emergo	17:49.53	9303615	17:58.82	E		
	100m: 1:06.51	1:06.51	500m: 5:47.98	1:11.80	900m: 10:38.71	1:13.04	1300m: 15:30.56	1:13.60
	200m: 2:15.57	1:09.06	600m: 6:59.97	1:11.99	1000m: 11:52.73	1:14.02	1400m: 16:45.71	1:15.15
	300m: 3:25.05	1:09.48	700m: 8:12.52	1:12.55	1100m: 13:04.46	1:11.73	1500m: 17:58.82	1:13.11
	400m: 4:36.18	1:11.13	800m: 9:25.67	1:13.15	1200m: 14:16.96	1:12.50		
10.	Sebastian de Been	De Warande	18:05.71	9302233	18:06.84			
	100m: 1:07.13	1:07.13	500m: 5:52.70	1:11.08	900m: 10:42.95	1:13.18	1300m: 15:38.48	1:14.45
	200m: 2:18.48	1:11.35	600m: 7:04.35	1:11.65	1000m: 11:56.15	1:13.20	1400m: 16:53.17	1:14.69
	300m: 3:30.08	1:11.60	700m: 8:16.85	1:12.50	1100m: 13:10.25	1:14.10	1500m: 18:06.84	1:13.67
	400m: 4:41.62	1:11.54	800m: 9:29.77	1:12.92	1200m: 14:24.03	1:13.78		
11.	Pim Kienhuis	De Dinkel	17:24.73	9300263	18:13.59			
	100m: 1:07.98	1:07.98	500m: 6:03.05	1:13.41	900m: 10:54.50	1:12.27	1300m: 15:49.00	1:13.95
	200m: 2:21.64	1:13.66	600m: 7:15.47	1:12.42	1000m: 12:07.67	1:13.17	1400m: 17:02.96	1:13.96
	300m: 3:35.48	1:13.84	700m: 8:28.36	1:12.89	1100m: 13:21.55	1:13.88	1500m: 18:13.59	1:10.63
	400m: 4:49.64	1:14.16	800m: 9:42.23	1:13.87	1200m: 14:35.05	1:13.50		
12.	Kasper Leeuw	EZC	18:11.48	9304435	18:22.56			
	100m: 1:06.72	1:06.72	500m: 6:02.03	1:14.58	900m: 10:57.99	1:13.93	1300m: 15:55.85	1:15.27
	200m: 2:19.34	1:12.62	600m: 7:15.62	1:13.59	1000m: 12:12.28	1:14.29	1400m: 17:10.20	1:14.35
	300m: 3:33.17	1:13.83	700m: 8:29.82	1:14.20	1100m: 13:26.13	1:13.85	1500m: 18:22.56	1:12.36
	400m: 4:47.45	1:14.28	800m: 9:44.06	1:14.24	1200m: 14:40.58	1:14.45		