

LAC 2e ronde - deel 2  
Zaandam, 23 februari 2014

Programmanr. 1  
23-2-2014

200m wisselslag

Minioren 3 en 4  
Resultaten

| rang                            | naam   | vereniging            | inschrijftijd | tijd           |
|---------------------------------|--|-----------------------|---------------|----------------|
| <b>Minioren 3 en 4, Meisjes</b> |  |                       |               |                |
| 1.                              | Aniek van den Brink<br>50m: 46.87 200m:  | De Dolfijn<br>3:28.65 | NT 200500090  | <b>3:28.65</b> |
| 2.                              | Romée Veldt<br>50m: 48.96 200m:  | Oceanus<br>3:30.39    | NT 200500164  | <b>3:30.39</b> |
| DIS                             | Yvette Buis<br><i>RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.</i> | De Dolfijn            | NT 200401830  | RC             |

Programmanr. 2  
23-2-2014

Meisjes, 200m wisselslag

Minioren 5 en Junioren 1  
Resultaten

| rang  | naam   | vereniging                      | inschrijftijd     | tijd           |
|-------|--|---------------------------------|-------------------|----------------|
| 1.    | Anouk Hilgers<br>50m: 40.25 200m:  | Oceanus<br>2:57.04              | 3:05.49 200201890 | <b>2:57.04</b> |
| 2.    | Nicole van Strien<br>50m: 40.78 200m:  | Wvz<br>3:04.22                  | 3:02.93 200200236 | <b>3:04.22</b> |
| 3.    | Eline Hoekstra<br>50m: 46.87 200m:   | OEZA<br>3:14.56                 | 3:20.59 200301280 | <b>3:14.56</b> |
| 4.    | Mila Kok<br>50m: 47.45 200m:   | ZV De Zaan<br>3:17.23           | 3:41.55 200301116 | <b>3:17.23</b> |
| 5.    | Esmeralda Duarte de Pina<br>50m: 45.27 200m:   | ZV De Zaan<br>3:22.80           | 3:31.39 200302744 | <b>3:22.80</b> |
| 6.    | Feia Persad<br>50m: 49.00 200m:  | Zwemvereniging Hoorn<br>3:23.18 | 3:27.99 200201828 | <b>3:23.18</b> |
| 7.    | Tessa Takken   | Zwemvereniging Hoorn            | 3:27.52 200301692 | <b>3:25.17</b> |
| 8.    | Chimène Breuring<br>50m: 49.02 200m:   | ZV De Zaan<br>3:26.82           | 3:26.90 200201210 | <b>3:26.82</b> |
| 9.    | Yvonne Engel<br>50m: 53.07 200m:   | ZV De Zaan<br>3:35.53           | 3:42.91 200300780 | <b>3:35.53</b> |
| 10.   | Sanne Lagerweij<br>50m: 54.03 200m:  | ZV De Zaan<br>3:46.16           | 3:41.11 200201552 | <b>3:46.16</b> |
| 11.   | Maura Bakker<br>50m: 54.26 200m:   | ZV De Zaan<br>3:46.40           | NT 200300940      | <b>3:46.40</b> |
| DIS   | Manou ten Hoorn<br><i>RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.</i> | ZV De Zaan                      | 3:20.44 200202086 | RC             |
| AFGEM | Indy van Stelten   | ZV De Zaan                      | 3:42.75 200300370 |                |
| AFGEM | Yara Winkelman   | ZV De Zaan                      | NT 200300882      |                |
| AFGEM | Kenza Bole   | De Dolfijn                      | 3:04.97 200202566 |                |
| AFGEM | Céline Fouzaï  | De Dolfijn                      | 2:56.99 200202750 |                |

Programmanr. 3  
23-2-2014

Jongens, 200m wisselslag

Minioren 5 en 6  
Resultaten

| rang  | naam                                      | vereniging            | inschrijftijd     | tijd           |
|-------|---|-----------------------|-------------------|----------------|
| 1.    | Pepijn van der Putten<br>50m: 57.02 200m: | ZV De Zaan<br>3:38.44 | 3:38.96 200300361 | <b>3:38.44</b> |
| 2.    | Gijs Hockx<br>50m: 59.87 200m:            | Oceanus<br>4:10.64    | 4:01.48 200300795 | <b>4:10.64</b> |
| AFGEM | Mitch Kolkman                             | ZV Haerlem            | 3:31.80 200201211 |                |

LAC 2e ronde - deel 2  
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Programmanr. 4 Dames, 400m wisselslag Junioren 2 en ouder  
23-2-2014 Resultaten

| rang | naam  | vereniging           | inschrijftijd | tijd                        |
|------|---|----------------------|---------------|-----------------------------|
| 1.   | Noa Oldenhof<br>50m: 34.60 100m: 1:16.39 400m: 5:27.21      | De Dolfijn           | 5:27.69       | 199700622<br><b>5:27.21</b> |
| 2.   | Melissa Zwaan<br>50m: 35.00 100m: 1:15.90 400m: 5:39.20     | Daw                  | 5:28.73       | 199103666<br><b>5:39.20</b> |
| 3.   | Chantal Beijer<br>50m: 34.90 100m: 1:17.90 400m: 5:41.72    | ZV Haerlem           | 5:38.26       | 199700884<br><b>5:41.72</b> |
| 4.   | Giulia Corsi<br>50m: 38.95 100m: 1:26.26 400m: 5:54.20      | Oceanus              | NT            | 200100468<br><b>5:54.20</b> |
| 5.   | Susanne Does<br>50m: 42.39 100m: 1:36.43 400m: 6:05.11      | De Columbiaan        | NT            | 200101648<br><b>6:05.11</b> |
| 6.   | Dieuwertje Jorink<br>50m: 42.09 100m: 1:32.59 400m: 6:35.31 | Daw                  | 6:16.79       | 199302306<br><b>6:35.31</b> |
| 7.   | Naomi Buur<br>50m: 45.94 100m: 1:46.84 400m: 6:38.69        | OEZA                 | NT            | 200101520<br><b>6:38.69</b> |
| 8.   | Fabienne Scholing<br>50m: 42.13 100m: 1:38.54 400m: 6:43.48 | Zwemvereniging Hoorn | NT            | 200004380<br><b>6:43.48</b> |

Programmanr. 5 Heren, 400m wisselslag Junioren 1 en ouder  
23-2-2014 Resultaten

| rang | naam   | vereniging | inschrijftijd | tijd                        |
|------|--|------------|---------------|-----------------------------|
| 1.   | Ensgar Kotterink<br>50m: 28.16 100m: 1:01.00 400m: 4:30.51       | Albion     | 4:29.55       | 199403391<br><b>4:30.51</b> |
| 2.   | Floris Kotterink<br>50m: 29.19 100m: 1:04.32 400m: 4:43.45       | Albion     | 4:48.48       | 199800199<br><b>4:43.45</b> |
| 3.   | Vincent Moolhuijsen<br>50m: 30.05 100m: 1:04.69 400m: 4:46.05    | Oceanus    | 4:38.36       | 199401215<br><b>4:46.05</b> |
| 4.   | Sander Kirillova<br>50m: 30.85 100m: 1:07.10 400m: 5:00.35       | Albion     | 5:04.21       | 199800121<br><b>5:00.35</b> |
| 5.   | Martijn van der Zwaard<br>50m: 35.18 100m: 1:16.60 400m: 5:36.78 | Oceanus    | 5:42.22       | 199602343<br><b>5:36.78</b> |
| 6.   | Brian Otjes<br>50m: 33.38 100m: 1:14.08 400m: 5:55.90            | Aquarius   | 6:23.26       | 199901135<br><b>5:55.90</b> |

Programmanr. 6 400m vrije slag Minioren 3 en 4  
23-2-2014 Resultaten

| rang                            | naam  | vereniging    | inschrijftijd | tijd                        |
|---------------------------------|---|---------------|---------------|-----------------------------|
| <b>Minioren 3 en 4, Meisjes</b> |   |               |               |                             |
| 1.                              | Xeanne Derksen<br>50m: 45.28 100m: 1:35.27 200m: 3:14.56 400m: 6:33.15    | De Columbiaan | NT            | 200400856<br><b>6:33.15</b> |
| 2.                              | Yente Bouwmeester<br>50m: 45.59 100m: 1:39.14 200m: 3:29.38 400m: 7:05.06 | De Columbiaan | NT            | 200500340<br><b>7:05.06</b> |
| <b>Minioren 3 en 4, Jongens</b> |   |               |               |                             |
| 1.                              | Thomas van Peenen<br>50m: 44.43 100m: 1:35.23 200m: 3:17.26 400m: 6:36.16 | De Columbiaan | NT            | 200400097<br><b>6:36.16</b> |
| 2.                              | Liam Breebaart<br>50m: 43.63 100m: 1:35.64 200m: 3:19.98 400m: 6:42.54    | Oceanus       | NT            | 200400247<br><b>6:42.54</b> |
| 3.                              | Joren Oldenhof<br>50m: 46.19 100m: 1:39.22 200m: 3:26.05 400m: 6:55.69    | De Dolfijn    | NT            | 200400045<br><b>6:55.69</b> |
| 4.                              | Plato Derksen<br>50m: 46.89 100m: 1:40.64 200m: 3:30.23 400m: 6:58.42     | De Columbiaan | NT            | 200400599<br><b>6:58.42</b> |
| 5.                              | Émile Fouzaï<br>50m: 50.08 100m: 1:48.66 200m: 3:49.00 400m: 7:49.40      | De Dolfijn    | NT            | 200500263<br><b>7:49.40</b> |

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Programmanr. 7  
23-2-2014

Meisjes, 800m vrije slag

Minioren 5 en Junioren 1  
Resultaten

| rang | naam   | vereniging  | inschrijftijd             | tijd                                     |
|------|--|---|---------------------------|--|
| 1.   | Sophie de Jonge<br>50m: 34.52 100m:          | zc De Schotejil<br>1:12.23 200m: 2:28.52 400m:      | 10:15.53<br>5:02.18 800m: | 200200118<br>10:06.09<br><b>10:06.09</b> |
| 2.   | Céline Fouzaï<br>50m: 38.31 100m:            | De Dolfijn<br>1:20.18 200m: 2:46.88 400m:           | NT<br>5:42.37 800m:       | 200202750<br>11:26.93<br><b>11:26.93</b> |
| 3.   | Grace Anderson<br>50m: 37.10 100m:           | Wzk<br>1:18.48 200m: 2:45.23 400m:                  | NT<br>5:41.45 800m:       | 200200578<br>11:27.02<br><b>11:27.02</b> |
| 4.   | Amy Koelman<br>50m: 40.05 100m:              | De Columbiaan<br>1:24.59 200m: 2:55.41 400m:        | NT<br>6:00.00 800m:       | 200300922<br>12:04.04<br><b>12:04.04</b> |
| 5.   | Anouk Hilgers<br>50m: 41.12 100m:            | Oceanus<br>1:25.93 200m: 2:58.74 400m:              | NT<br>6:07.90 800m:       | 200201890<br>12:11.97<br><b>12:11.97</b> |
| 6.   | Nicole van Strien<br>50m: 42.73 100m:        | Wvz<br>1:29.68 200m: 3:06.42 400m:                  | 14:28.24<br>6:19.67 800m: | 200200236<br>12:29.98<br><b>12:29.98</b> |
| 7.   | Renske Dutilh<br>50m: 40.28 100m:            | Het Y<br>1:26.91 200m: 3:04.03 400m:                | 13:29.48<br>6:17.23 800m: | 200201188<br>12:35.22<br><b>12:35.22</b> |
| 8.   | Tessa Takken<br>50m: 44.50 100m:             | Zwemvereniging Hoorn<br>1:33.73 200m: 3:15.60 400m: | NT<br>6:38.19 800m:       | 200301692<br>13:03.00<br><b>13:03.00</b> |
| 9.   | Esmeralda Duarte de Pina<br>50m: 44.80 100m: | ZV De Zaan<br>1:33.84 200m: 3:15.48 400m:           | NT<br>6:39.91 800m:       | 200302744<br>13:05.73<br><b>13:05.73</b> |
| 10.  | Britt van Bommel<br>50m: 42.89 100m:         | De Columbiaan<br>1:30.43 200m: 3:11.77 400m:        | NT<br>6:35.92 800m:       | 200301982<br>13:22.39<br><b>13:22.39</b> |
| 11.  | Noah Koelman<br>50m: 43.03 100m:             | De Columbiaan<br>1:31.22 200m: 3:15.53 400m:        | NT<br>6:56.89 800m:       | 200300918<br>14:11.68<br><b>14:11.68</b> |

Programmanr. 8  
23-2-2014

Jongens, 800m vrije slag

Minioren 5 en 6  
Resultaten

| rang  | naam                                      | vereniging                                   | inschrijftijd             | tijd                                     |
|-------|---|--|---------------------------|--|
| 1.    | Bas van Wieringen<br>50m: 39.70 100m:     | De Columbiaan<br>1:24.68 200m: 2:58.45 400m: | NT<br>6:09.45 800m:       | 200200119<br>12:12.70<br><b>12:12.70</b> |
| 2.    | Jelle Bosch<br>50m: 38.83 100m:           | ZV De Zaan<br>1:23.85 200m: 2:57.22 400m:    | NT<br>6:05.66 800m:       | 200200887<br>12:16.65<br><b>12:16.65</b> |
| 3.    | Robin van Peenen<br>50m: 40.55 100m:      | De Columbiaan<br>1:27.34 200m: 3:04.39 400m: | NT<br>6:20.91 800m:       | 200201059<br>12:45.90<br><b>12:45.90</b> |
| 4.    | Robin Phaff<br>50m: 41.50 100m:           | ZV De Zaan<br>1:29.59 200m: 3:08.51 400m:    | 14:51.10<br>6:29.66 800m: | 200201371<br>13:14.44<br><b>13:14.44</b> |
| 5.    | Joel Sieben<br>50m: 46.53 100m:           | ZV De Zaan<br>1:40.25 200m: 3:29.28 400m:    | NT<br>7:08.76 800m:       | 200200889<br>14:12.64<br><b>14:12.64</b> |
| 6.    | Jur In de Braekt<br>50m: 44.20 100m:      | ZV De Zaan<br>1:36.22 200m: 3:25.67 400m:    | NT<br>7:06.44 800m:       | 200300365<br>14:23.49<br><b>14:23.49</b> |
| 7.    | Pepijn van der Putten<br>50m: 47.23 100m: | ZV De Zaan<br>1:41.91 200m: 3:32.97 400m:    | NT<br>7:18.51 800m:       | 200300361<br>14:44.01<br><b>14:44.01</b> |
| 8.    | Joost Slootbeek<br>50m: 47.97 100m:       | De Columbiaan<br>1:41.52 200m: 3:33.00 400m: | NT<br>7:20.18 800m:       | 200301817<br>14:48.01<br><b>14:48.01</b> |
| 9.    | Gijs Hockx<br>50m: 53.24 100m:            | Oceanus<br>1:51.69 200m: 3:50.74 400m:       | NT<br>7:56.38 800m:       | 200300795<br>15:56.95<br><b>15:56.95</b> |
| AFGEM | Mitch Kolkman                             | ZV Haerlem                                   | 14:05.55                  | 200201211                                |

LAC 2e ronde - deel 2  
Zaandam, 23 februari 2014

Programmanr. 9  
23-2-2014

Dames, 1500m vrije slag

Junioren 2 en ouder  
Resultaten

| rang | naam                                  | vereniging             | inschrijftijd | tijd                  |
|------|---------------------------------------|------------------------|---------------|-----------------------|
| 1.   | Leonie van Noort<br>50m: 30.70        | De Zijl/LGB            | 17:08.11      | 199301752<br>16:48.95 |
| 2.   | Nikita van den Ouden<br>50m: 32.97    | Z & PC De Zeeuwse Kust | 19:38.67      | 199900622<br>18:22.33 |
| 3.   | Noa Oldenhof<br>50m: 34.39            | De Dolfijn             | 18:51.07      | 199700622<br>18:29.42 |
| 4.   | Jasmijn Ruijgrok<br>50m: 34.67        | De Zijl/LGB            | 19:24.90      | 199401032<br>19:18.99 |
| 5.   | Bibi Stokvis<br>50m: 34.33            | De Dolfijn             | 20:26.27      | 199900892<br>19:24.94 |
| 6.   | Sanne Heemskerk<br>50m: 34.66         | LZ 1886                | 19:56.03      | 200100600<br>19:33.75 |
| 7.   | Moniek Heemskerk<br>50m: 33.02        | LZ 1886                | 18:54.46      | 199601964<br>19:33.99 |
| 8.   | Simone Does<br>50m: 33.70             | De Columbiaan          | NT            | 199902932<br>19:43.14 |
| 9.   | Sarah Scholten<br>50m: 35.42          | De Columbiaan          | NT            | 200006196<br>19:52.17 |
| 10.  | Emma Siemensma<br>50m: 35.80          | De Zijl/LGB            | 19:45.95      | 199402716<br>20:11.98 |
| 11.  | Chantal Beijer<br>50m: 37.53          | ZV Haerlem             | 21:07.20      | 199700884<br>20:13.53 |
| 12.  | Samira Mijnen<br>50m: 35.16           | ZV De Zaan             | 21:11.54      | 199701320<br>20:34.93 |
| 13.  | Catannia Nortan<br>50m: 37.56         | Albion                 | NT            | 199904400<br>21:10.81 |
| 14.  | Maaïke Baker<br>50m: 36.14            | De Columbiaan          | NT            | 199902930<br>21:14.83 |
| 15.  | Rachel Jahn<br>50m: 36.38             | ZV De Zaan             | NT            | 200100958<br>21:36.81 |
| 16.  | Kimberley Kort<br>50m: 39.09          | Daw                    | NT            | 199804698<br>22:42.41 |
| 17.  | Sam Eveleens<br>50m: 38.89            | Oceanus                | NT            | 200100508<br>22:51.29 |
| 18.  | Dieuwertje Jorink<br>50m: 38.73       | Daw                    | 22:14.23      | 199302306<br>22:53.73 |
| 19.  | Margriet Grove-Lingeman<br>50m: 40.98 | Oceanus                | 23:00.00      | 196200080<br>23:03.91 |
| 20.  | Daphne Duinkerke<br>50m: 37.43        | ZV De Zaan             | NT            | 199702176<br>23:31.10 |
| 21.  | Britt van der Linden<br>50m: 40.75    | Oceanus                | NT            | 200100960<br>25:13.04 |

Programmanr. 10  
23-2-2014

Heren, 1500m vrije slag

Junioren 1 en ouder  
Resultaten

| rang | naam                              | vereniging    | inschrijftijd | tijd                  |
|------|-----------------------------------|---------------|---------------|-----------------------|
| 1.   | Ensgar Kotterink<br>50m: 29.20    | Albion        | 16:37.08      | 199403391<br>16:50.91 |
| 2.   | Vincent Moolhuijsen<br>50m: 30.19 | Oceanus       | 16:11.65      | 199401215<br>17:19.25 |
| 3.   | Jens Krijgsman<br>50m: 31.13      | De Columbiaan | 17:10.91      | 199901429<br>17:27.74 |
| 4.   | Wesley Bos<br>50m: 30.06          | De Columbiaan | 18:07.78      | 199901241<br>17:27.86 |
| 5.   | Thijs van Wieringen<br>50m: 31.97 | De Columbiaan | 18:17.96      | 199900577<br>17:50.47 |

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Zaandam, 23 februari 2014

Programmanr. 10, Heren, 1500m vrije slag, Junioren 1 en ouder

| rang  | naam                     |       | vereniging           |         | inschrijftijd |           |       |         | tijd            |          |        |          |
|-------|--------------------------|-------|----------------------|---------|---------------|-----------|-------|---------|-----------------|----------|--------|----------|
| 6.    | Olivier Jans             |       | De Dolfijn           |         | 18:36.82      | 200001815 |       |         | <b>18:22.13</b> |          |        |          |
|       | 50m:                     | 33.00 | 100m:                | 1:08.45 | 200m:         | 2:21.02   | 400m: | 4:48.48 | 800m:           | 9:44.89  | 1500m: | 18:22.13 |
| 7.    | Nick van der Woude       |       | ZV Haerlem           |         | 20:38.06      | 200001391 |       |         | <b>19:23.04</b> |          |        |          |
|       | 50m:                     | 33.26 | 100m:                | 1:11.28 | 200m:         | 2:29.08   | 400m: | 5:07.00 | 800m:           | 11:02.95 | 1500m: | 19:23.04 |
| 8.    | Roy van der Woude        |       | ZV Haerlem           |         | NT            | 199700579 |       |         | <b>19:23.22</b> |          |        |          |
|       | 50m:                     | 34.03 | 100m:                | 1:11.26 | 200m:         | 2:28.04   | 400m: | 5:03.17 | 800m:           | 10:18.84 | 1500m: | 19:23.22 |
| 9.    | Tjeerd van Stein         |       | LZ 1886              |         | 19:49.86      | 200101439 |       |         | <b>19:30.16</b> |          |        |          |
|       | 50m:                     | 34.30 | 100m:                | 1:12.33 | 200m:         | 2:31.04   | 400m: | 5:09.70 | 800m:           | 10:23.64 | 1500m: | 19:30.16 |
| 10.   | Dave van den Nieuwendijk |       | De Columbiaan        |         | NT            | 200100475 |       |         | <b>20:17.68</b> |          |        |          |
|       | 50m:                     | 36.28 | 100m:                | 1:16.36 | 200m:         | 2:39.14   | 400m: | 5:24.64 | 800m:           | 10:53.70 | 1500m: | 20:17.68 |
| 11.   | Martijn van der Zwaard   |       | Oceanus              |         | 19:44.64      | 199602343 |       |         | <b>20:22.43</b> |          |        |          |
|       | 50m:                     | 35.68 | 100m:                | 1:14.91 | 200m:         | 2:36.06   | 400m: | 5:22.31 | 800m:           | 10:52.82 | 1500m: | 20:22.43 |
| 12.   | Miquel Koeleman          |       | De Columbiaan        |         | NT            | 200002763 |       |         | <b>20:33.36</b> |          |        |          |
|       | 50m:                     | 34.11 | 100m:                | 1:14.00 | 200m:         | 2:36.75   | 400m: | 5:21.25 | 800m:           | 10:58.71 | 1500m: | 20:33.36 |
| 13.   | Ricardo Graafmans        |       | De Futen             |         | 21:07.42      | 199900409 |       |         | <b>20:45.05</b> |          |        |          |
|       | 50m:                     | 33.65 | 100m:                | 1:12.14 | 200m:         | 2:31.54   | 400m: | 5:13.82 | 800m:           | 10:48.82 | 1500m: | 20:45.05 |
| 14.   | Koen Gaal                |       | OEZA                 |         | 22:18.47      | 199901113 |       |         | <b>21:07.13</b> |          |        |          |
|       | 50m:                     | 37.48 | 100m:                | 1:20.07 | 200m:         | 2:45.47   | 400m: | 5:40.03 | 800m:           | 11:23.94 | 1500m: | 21:07.13 |
| 15.   | Paul McKenzie            |       | Wzk                  |         | 22:56.05      | 200004399 |       |         | <b>21:10.79</b> |          |        |          |
|       | 50m:                     | 36.68 | 100m:                | 1:17.80 | 200m:         | 2:43.14   | 400m: | 5:35.43 | 800m:           | 11:19.33 | 1500m: | 21:10.79 |
| 16.   | Oliver Maddock           |       | Wzk                  |         | 24:07.80      | 200002281 |       |         | <b>21:11.70</b> |          |        |          |
|       | 50m:                     | 35.00 | 100m:                | 1:15.16 | 200m:         | 2:38.53   | 400m: | 5:30.66 | 800m:           | 11:19.84 | 1500m: | 21:11.70 |
| 17.   | Enrico Molly             |       | De Dolfijn           |         | 20:36.06      | 200004147 |       |         | <b>21:13.28</b> |          |        |          |
|       | 50m:                     | 35.25 | 100m:                | 1:13.81 | 200m:         | 2:37.04   | 400m: | 5:28.16 | 800m:           | 11:13.26 | 1500m: | 21:13.28 |
| 18.   | Sander van Beek          |       | LZ 1886              |         | 21:06.49      | 200002917 |       |         | <b>21:17.91</b> |          |        |          |
|       | 50m:                     | 35.24 | 100m:                | 1:16.50 | 200m:         | 2:40.21   | 400m: | 5:30.83 | 800m:           | 11:15.81 | 1500m: | 21:17.91 |
| 19.   | Davy Heysteeg            |       | Oceanus              |         | 23:07.38      | 199904837 |       |         | <b>21:53.48</b> |          |        |          |
|       | 50m:                     | 37.50 | 100m:                | 1:19.15 | 200m:         | 2:46.70   | 400m: | 5:44.86 | 800m:           | 11:42.86 | 1500m: | 21:53.48 |
| 20.   | Dave van der Voet        |       | Zwemvereniging Hoorn |         | NT            | 200102783 |       |         | <b>21:54.10</b> |          |        |          |
|       | 50m:                     | 36.67 | 100m:                | 1:17.73 | 200m:         | 2:44.25   | 400m: | 5:38.97 | 800m:           | 11:33.96 | 1500m: | 21:54.10 |
| 21.   | Luca Dellantonio         |       | De Columbiaan        |         | NT            | 200002759 |       |         | <b>21:54.94</b> |          |        |          |
|       | 50m:                     | 39.87 | 100m:                | 1:24.04 | 200m:         | 2:52.82   | 400m: | 5:51.34 | 800m:           | 11:48.02 | 1500m: | 21:54.94 |
| 22.   | Stefan Woudsma           |       | OEZA                 |         | 24:52.56      | 200003437 |       |         | <b>22:06.95</b> |          |        |          |
|       | 50m:                     | 38.08 | 100m:                | 1:21.23 | 200m:         | 2:50.11   | 400m: | 5:47.20 | 800m:           | 11:44.20 | 1500m: | 22:06.95 |
| 23.   | Friso Datema             |       | Aquarius             |         | NT            | 200003027 |       |         | <b>22:32.87</b> |          |        |          |
|       | 50m:                     | 38.81 | 100m:                | 1:21.76 | 200m:         | 2:49.91   | 400m: | 5:51.98 | 800m:           | 12:00.80 | 1500m: | 22:32.87 |
| 24.   | Finn van Bommel          |       | De Columbiaan        |         | NT            | 200103683 |       |         | <b>22:44.79</b> |          |        |          |
|       | 50m:                     | 38.76 | 100m:                | 1:21.53 | 200m:         | 2:51.30   | 400m: | 5:53.42 | 800m:           | 12:06.17 | 1500m: | 22:44.79 |
| 25.   | Jarno Groen              |       | OEZA                 |         | NT            | 200102263 |       |         | <b>22:45.37</b> |          |        |          |
|       | 50m:                     | 38.94 | 100m:                | 1:22.72 | 200m:         | 2:52.22   | 400m: | 5:54.12 | 800m:           | 12:02.34 | 1500m: | 22:45.37 |
| 26.   | Arie Herremans           |       | Wvz                  |         | NT            | 200100591 |       |         | <b>22:48.81</b> |          |        |          |
|       | 50m:                     | 40.07 | 100m:                | 1:23.73 | 200m:         | 2:54.39   | 400m: | 5:58.24 | 800m:           | 12:00.86 | 1500m: | 22:48.81 |
| 27.   | Romarin van der Tang     |       | De Columbiaan        |         | NT            | 200102155 |       |         | <b>23:06.00</b> |          |        |          |
|       | 50m:                     | 39.62 | 100m:                | 1:25.28 | 200m:         | 2:58.06   | 400m: | 6:05.09 | 800m:           | 12:24.81 | 1500m: | 23:06.00 |
| 28.   | Koen Becker              |       | Zwemvereniging Hoorn |         | NT            | 200103641 |       |         | <b>23:23.25</b> |          |        |          |
|       | 50m:                     | 40.92 | 100m:                | 1:27.04 | 200m:         | 3:02.95   | 400m: | 6:14.54 | 800m:           | 12:34.07 | 1500m: | 23:23.25 |
| 29.   | Olav Sloopbeek           |       | De Columbiaan        |         | NT            | 200100403 |       |         | <b>23:59.50</b> |          |        |          |
|       | 50m:                     | 41.42 | 100m:                | 1:26.56 | 200m:         | 3:02.05   | 400m: | 6:18.32 | 800m:           | 12:46.62 | 1500m: | 23:59.50 |
| 30.   | Boy Borreman             |       | LZ 1886              |         | 24:42.06      | 200102751 |       |         | <b>24:33.06</b> |          |        |          |
|       | 50m:                     | 40.99 | 100m:                | 1:28.56 | 200m:         | 3:04.68   | 400m: | 6:21.20 | 800m:           | 12:52.66 | 1500m: | 24:33.06 |
| 31.   | Tim Wijnberger           |       | Zwemvereniging Hoorn |         | NT            | 200100467 |       |         | <b>25:16.55</b> |          |        |          |
|       | 50m:                     | 43.06 | 100m:                | 1:31.23 | 200m:         | 3:12.04   | 400m: | 6:36.45 | 800m:           | 13:26.66 | 1500m: | 25:16.55 |
| 32.   | Vincent Dragt            |       | Zwemvereniging Hoorn |         | NT            | 200104091 |       |         | <b>27:00.20</b> |          |        |          |
|       | 50m:                     | 46.39 | 100m:                | 1:37.42 | 200m:         | 3:23.57   | 400m: | 6:59.64 | 800m:           | 14:13.73 | 1500m: | 27:00.20 |
| AFGEM | Jacob Anderson           |       | Wzk                  |         | NT            | 200002285 |       |         |                 |          |        |          |

LAC 2e ronde - deel 2  
Zaandam, 23 februari 2014

Programmanr. 11  
23-2-2014

Dames, 2000m vrije slag

Jeugd 1 en ouder  
Resultaten

| rang | naam  | vereniging                                    | inschrijftijd  | tijd                         |
|------|---|---|--|------------------------------|
| 1.   | Evelien Sohl<br>50m: 33.56<br>100m: 1:09.28     | Het Y<br>200m: 2:21.25<br>400m: 4:46.45       | 800m: 9:38.74<br>1500m: 18:09.49<br>2000m: 24:00.45  | 198603346<br><b>24:10.27</b> |
| 2.   | Alice Bravo<br>50m: 32.45<br>100m: 1:07.15      | Het Y<br>200m: 2:18.95<br>400m: 4:44.92       | 800m: 9:38.10<br>1500m: 18:09.24<br>2000m: 24:13.13  | 198705346<br><b>24:13.81</b> |
| 3.   | Nienke Lijzenga<br>50m: 33.44<br>100m: 1:09.89  | LZ 1886<br>200m: 2:24.98<br>400m: 4:55.54     | 800m: 9:57.83<br>1500m: 18:48.30<br>2000m: 24:59.18  | 199805338<br><b>24:59.18</b> |
| 4.   | Chantal Grove<br>50m: 33.92<br>100m: 1:10.84    | De Dolfijn<br>200m: 2:25.17<br>400m: 4:55.31  | 800m: 9:57.49<br>1500m: 18:48.59<br>2000m: 24:44.23  | 199401844<br><b>25:02.28</b> |
| 5.   | Danielle Grootes<br>50m: 33.91<br>100m: 1:11.04 | De Zijl/LGB<br>200m: 2:27.03<br>400m: 5:01.83 | 800m: 10:12.41<br>1500m: 19:14.16<br>2000m: 24:47.41 | 199501278<br><b>25:36.16</b> |
| 6.   | Anne Noom<br>50m: 32.03<br>100m: 1:07.00        | De Dolfijn<br>200m: 2:22.48<br>400m: 4:58.36  | 800m: 10:18.34<br>1500m: 19:43.76<br>2000m: 26:45.02 | 199800062<br><b>26:24.10</b> |
| 7.   | Nikita Vos<br>50m: 35.72<br>100m: 1:15.79       | LZ 1886<br>200m: 2:39.22<br>400m: 5:27.94     | 800m: 11:09.94<br>1500m: 21:17.14<br>2000m: 28:26.76 | 199900356<br><b>28:26.76</b> |
| 8.   | Aïcha Croes<br>50m: 37.54<br>100m: 1:17.34      | Oceanus<br>200m: 2:39.74<br>400m: 5:30.01     | 800m: 11:18.72<br>1500m: 21:42.57<br>2000m: 28:46.07 | 199803338<br><b>28:46.07</b> |

Programmanr. 12  
23-2-2014

Heren, 2000m vrije slag

Junioren 3 en ouder  
Resultaten

| rang | naam  | vereniging   | inschrijftijd  | tijd                         |
|------|---|--|--|------------------------------|
| 1.   | Jens Bakker<br>50m: 30.76<br>100m: 1:03.13      | De Dolfijn<br>200m: 2:09.02<br>400m: 4:22.39           | 800m: 8:51.23<br>1500m: 16:57.82<br>2000m: 22:48.89  | 199300021<br><b>22:48.89</b> |
| 2.   | Ruben Griffioen<br>50m: 28.93<br>100m: 1:01.89  | De Columbiaan<br>200m: 2:10.46<br>400m: 4:28.08        | 800m: 9:05.06<br>1500m: 17:20.78<br>2000m: 23:09.99  | 199900771<br><b>23:09.99</b> |
| 3.   | Sander Kirillova<br>50m: 31.50<br>100m: 1:05.86 | Albion<br>200m: 2:16.03<br>400m: 4:37.99               | 800m: 9:23.44<br>1500m: 17:48.34<br>2000m: 23:40.65  | 199800121<br><b>23:40.65</b> |
| 4.   | Dennis Wijbenga<br>50m: 30.85<br>100m: 1:05.38  | ZPC Stadskanaal<br>200m: 2:15.72<br>400m: 4:37.78      | 800m: 9:23.16<br>1500m: 17:50.75<br>2000m: 23:44.45  | 199003283<br><b>23:40.72</b> |
| 5.   | Robin van Beek<br>50m: 31.66<br>100m: 1:05.72   | LZ 1886<br>200m: 2:16.20<br>400m: 4:38.38              | 800m: 9:24.20<br>1500m: 17:49.26<br>2000m: 24:40.94  | 199704023<br><b>23:49.32</b> |
| 6.   | Bas Takken<br>50m: 32.69<br>100m: 1:08.21       | Zwemvereniging Hoorn<br>200m: 2:22.25<br>400m: 4:51.16 | 800m: 9:47.88<br>1500m: 18:23.68<br>2000m: 24:30.28  | 199901643<br><b>24:30.28</b> |
| 7.   | Fred Smink<br>50m: 31.73<br>100m: 1:05.41       | Het Y<br>200m: 2:14.63<br>400m: 4:38.75                | 800m: 9:37.66<br>1500m: 18:27.16<br>2000m: 24:29.22  | 199104519<br><b>24:47.69</b> |
| 8.   | Simon Koopen<br>50m: 33.54<br>100m: 1:09.67     | ZV De Zaan<br>200m: 2:24.20<br>400m: 4:55.33           | 800m: 10:01.24<br>1500m: 18:57.95<br>2000m: 25:15.27 | 199802127<br><b>25:15.27</b> |
| 9.   | Gijs Ruijgrok<br>50m: 33.18<br>100m: 1:10.36    | De Zijl/LGB<br>200m: 2:28.27<br>400m: 5:05.50          | 800m: 10:18.56<br>1500m: 19:24.50<br>2000m: 25:58.18 | 199605659<br><b>25:47.63</b> |
| 10.  | Erno Vriens<br>50m: 34.67<br>100m: 1:13.14      | WZ&PC Purmerend<br>200m: 2:30.60<br>400m: 5:06.41      | 800m: 10:26.02<br>1500m: 19:51.04<br>2000m: 26:22.86 | 199902587<br><b>26:22.86</b> |
| 11.  | Herman de Bruin<br>50m: 37.38<br>100m: 1:18.12  | De Zijl/LGB<br>200m: 2:38.68<br>400m: 5:22.14          | 800m: 10:51.61<br>1500m: 20:30.17<br>2000m: 27:15.16 | 199903483<br><b>27:15.16</b> |
| 12.  | Casper Gras<br>50m: 34.64<br>100m: 1:13.42      | ZV De Zaan<br>200m: 2:35.64<br>400m: 5:26.51           | 800m: 11:04.89<br>1500m: 21:05.48<br>2000m: 28:15.29 | 199200403<br><b>28:22.50</b> |

LAC 2e ronde - deel 2  
Zaandam, 23 februari 2014

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Programmanr. 12, Heren, 2000m vrije slag, Junioren 3 en ouder

| rang | naam          |         |       | vereniging |        |          |        | inschrijftijd |           | tijd            |
|------|---------------|---------|-------|------------|--------|----------|--------|---------------|-----------|-----------------|
| 13.  | Ronald Grove  |         |       | Oceanus    |        |          |        | 28:24.15      | 196100161 | <b>28:44.07</b> |
|      | 50m:          | 36.85   | 200m: | 2:39.89    | 800m:  | 11:11.78 | 2000m: | 28:44.07      |           |                 |
|      | 100m:         | 1:16.95 | 400m: | 5:29.13    | 1500m: | 21:24.59 |        |               |           |                 |
| 14.  | Pepijn Jorink |         |       | Daw        |        |          |        | 27:55.76      | 199502575 | <b>29:01.26</b> |
|      | 50m:          | 36.69   | 200m: | 2:38.59    | 800m:  | 11:17.59 | 2000m: | 29:01.26      |           |                 |
|      | 100m:         | 1:15.44 | 400m: | 5:28.05    | 1500m: | 21:36.69 |        |               |           |                 |
| 15.  | Tim Essers    |         |       | OEZA       |        |          |        | NT            | 198800987 | <b>29:07.30</b> |
|      | 50m:          | 37.39   | 200m: | 2:44.40    | 800m:  | 11:27.70 | 2000m: | 29:07.30      |           |                 |
|      | 100m:         | 1:18.18 | 400m: | 5:37.52    | 1500m: | 21:48.54 |        |               |           |                 |