

LAC-1
Woerden, 29-9-2013

Event 1 Girls, 400m Freestyle 10 - 11 years
29-9-2013 - 15:45 Results

Points: FINA 2012

Rank									Time	Pts		
1.	SHI, Lisa		200200936 Zwemlust den Hommel						6:38.36	205		
	50m:	41.89	41.89	150m:	2:20.95	51.06	250m:	4:05.45	52.22	350m:	5:50.70	52.84
	100m:	1:29.89	48.00	200m:	3:13.23	52.28	300m:	4:57.86	52.41	400m:	6:38.36	47.66
2.	DE MOS, Emma		200301338 De Fuut						7:16.39	156		
	50m:	46.53	46.53	150m:			250m:			350m:		
	100m:	1:41.19	54.66	200m:	3:36.26		300m:			400m:	7:16.39	
3.	WRISTERS, Liselot		200302530 Zwemlust den Hommel						8:20.19	103		
	50m:	50.63	50.63	150m:	2:56.29	1:03.80	250m:	5:06.32	1:06.68	350m:	7:19.33	1:06.39
	100m:	1:52.49	1:01.86	200m:	3:59.64	1:03.35	300m:	6:12.94	1:06.62	400m:	8:20.19	1:00.86

Event 2 Boys, 400m Freestyle 10 - 11 years
29-9-2013 - 15:51 Results

Points: FINA 2012

Rank									Time	Pts		
1.	VAN DE VELDE, Nick		200202035 GoSwim						6:14.67	183		
	50m:	40.39	40.39	150m:	2:17.02	48.91	250m:	3:55.94	49.39	350m:	5:33.48	48.15
	100m:	1:28.11	47.72	200m:	3:06.55	49.53	300m:	4:45.33	49.39	400m:	6:14.67	41.19
2.	VAN DEN BOSCH, Delano		200200237 Aquarijn						6:23.89	170		
	50m:	41.36	41.36	150m:	2:17.54	49.31	250m:	3:56.80	50.10	350m:	5:35.94	49.18
	100m:	1:28.23	46.87	200m:	3:06.70	49.16	300m:	4:46.76	49.96	400m:	6:23.89	47.95
3.	BLANKENSTEIJN, Hans		200200159 Aquarijn						6:54.97	134		
	50m:	45.72	45.72	150m:	2:29.00	52.88	250m:	4:16.20	53.68	350m:	6:03.12	53.41
	100m:	1:36.12	50.40	200m:	3:22.52	53.52	300m:	5:09.71	53.51	400m:	6:54.97	51.85
4.	KORNET, Tristan		200200297 Zwemlust den Hommel						6:55.70	134		
	50m:	41.13	41.13	150m:	2:21.81	50.82	250m:	4:11.52	54.78	350m:	6:02.02	54.94
	100m:	1:30.99	49.86	200m:	3:16.74	54.93	300m:	5:07.08	55.56	400m:	6:55.70	53.68
WDR	VAN DOESBURG, Bjorn		200201867 Zwemlust den Hommel									

Event 3 Girls, 800m Freestyle 12 - 13 years
29-9-2013 - 16:00 Results

Points: FINA 2012

Rank									Time	Pts		
1.	SCHOUTEN, Claudia		200000812 De Fuut						10:12.20	495		
	100m:	1:09.39	1:09.39	300m:	3:41.82	1:16.56	500m:	6:17.54	1:18.38	700m:	8:56.48	1:19.25
	200m:	2:25.26	1:15.87	400m:	4:59.16	1:17.34	600m:	7:37.23	1:19.69	800m:	10:12.20	1:15.72
2.	BARTEN, Sanne		200101282 Aquarijn						10:26.50	462		
	100m:	1:14.18	1:14.18	300m:	3:52.63	1:19.09	500m:	6:31.32	1:19.63	700m:	9:09.77	1:19.29
	200m:	2:33.54	1:19.36	400m:	5:11.69	1:19.06	600m:	7:50.48	1:19.16	800m:	10:26.50	1:16.73
3.	BAARS, Jessica		200101966 De Fuut						11:23.65	356		
	100m:	1:16.91	1:16.91	300m:	4:09.83	1:27.53	500m:	7:07.42	1:29.18	700m:	10:00.46	1:25.84
	200m:	2:42.30	1:25.39	400m:	5:38.24	1:28.41	600m:	8:34.62	1:27.20	800m:	11:23.65	1:23.19
4.	MILTENBURG, Michelle		200000224 De Fuut						11:52.26	314		
	100m:	1:16.17	1:16.17	300m:	4:12.66	1:31.08	500m:	7:19.43	1:33.35	700m:	10:25.66	1:32.78
	200m:	2:41.58	1:25.41	400m:	5:46.08	1:33.42	600m:	8:52.88	1:33.45	800m:	11:52.26	1:26.60

LAC-1
Woerden, 29-9-2013

Event 3, Girls, 800m Freestyle, 12 - 13 years

Rank									Time	Pts	
5.	HAZE, Tara	200002892 GoSwim								11:55.19	310
	100m: 1:18.70	1:18.70	300m: 4:16.45	1:30.37	500m: 7:23.67	1:34.32	700m: 10:31.83	1:34.16			
	200m: 2:46.08	1:27.38	400m: 5:49.35	1:32.90	600m: 8:57.67	1:34.00	800m: 11:55.19	1:23.36			
6.	WIJK VAN, Shania	200000968 De Fuut								11:56.51	309
	100m: 1:18.54	1:18.54	300m: 4:13.39	1:29.82	500m: 7:18.89	1:33.89	700m: 10:26.23	1:33.84			
	200m: 2:43.57	1:25.03	400m: 5:45.00	1:31.61	600m: 8:52.39	1:33.50	800m: 11:56.51	1:30.28			
7.	VAN WEVERWIJK, Myckelle	200101264 De Fuut								12:37.43	261
	100m: 1:25.23	1:25.23	300m: 4:36.67	1:37.28	500m: 7:52.12	1:37.57	700m: 11:06.89	1:36.95			
	200m: 2:59.39	1:34.16	400m: 6:14.55	1:37.88	600m: 9:29.94	1:37.82	800m: 12:37.43	1:30.54			
8.	JONKMAN, Nikki	200102600 GoSwim								12:56.52	242
	100m: 1:29.30	1:29.30	300m: 4:46.14	1:39.13	500m: 8:06.52	1:41.60	700m: 11:27.08	1:41.28			
	200m: 3:07.01	1:37.71	400m: 6:24.92	1:38.78	600m: 9:45.80	1:39.28	800m: 12:56.52	1:29.44			
9.	ARTS, Lotte	200104958 Aquarijn								13:06.89	233
	100m: 1:26.06	1:26.06	300m: 4:43.10	1:39.38	500m: 8:07.36	1:41.81	700m: 11:31.48	1:41.08			
	200m: 3:03.72	1:37.66	400m: 6:25.55	1:42.45	600m: 9:50.40	1:43.04	800m: 13:06.89	1:35.41			
10.	VAN MUNSTER, Veerle	200102632 ZPC Woerden								13:11.35	229
	100m: 1:26.98	1:26.98	300m: 4:44.24	1:40.12	500m: 8:08.40	1:42.30	700m: 11:35.74	1:44.10			
	200m: 3:04.12	1:37.14	400m: 6:26.10	1:41.86	600m: 9:51.64	1:43.24	800m: 13:11.35	1:35.61			
DSQ	PIETERSEN, Saskia	200101580 De Fuut									
	<i>AF - De aangegeven afstand niet uitgezwommen., DISqualificatie: AF - afstand niet volledig afgelegd</i>										
	100m: 1:10.82	1:10.82	300m: 3:55.40	1:23.99	500m:		700m:				
	200m: 2:31.41	1:20.59	400m:		600m:		800m:				
WDR	BROEKHUIZEN, Sterre	200005104 Zwemlust den Hommel									

Event 4 Boys, 800m Freestyle 12 - 13 years
29-9-2013 - 16:24 Results

Points: FINA 2012

Rank									Time	Pts	
1.	WILSON, Tyrese	200000223 De Fuut								9:52.89	418
	100m: 1:08.92	1:08.92	300m: 3:37.13	1:15.11	500m: 6:08.02	1:15.76	700m: 8:38.95	1:15.93			
	200m: 2:22.02	1:13.10	400m: 4:52.26	1:15.13	600m: 7:23.02	1:15.00	800m: 9:52.89	1:13.94			
2.	VAN DEN BURG, Karl	200000553 GoSwim								10:38.75	334
	100m: 1:14.65	1:14.65	300m: 3:57.37	1:21.75	500m: 6:40.11	1:21.19	700m: 9:20.81	1:19.85			
	200m: 2:35.62	1:20.97	400m: 5:18.92	1:21.55	600m: 8:00.96	1:20.85	800m: 10:38.75	1:17.94			
3.	VAN BENTUM, Bas	200101109 GoSwim								11:21.32	275
	100m: 1:18.16	1:18.16	300m: 4:10.52	1:26.98	500m: 7:06.25	1:27.52	700m: 9:58.26	1:25.66			
	200m: 2:43.54	1:25.38	400m: 5:38.73	1:28.21	600m: 8:32.60	1:26.35	800m: 11:21.32	1:23.06			
4.	VAN ELTEREN, Swen	200103331 Zwemlust den Hommel								11:27.49	268
	100m: 1:20.69	1:20.69	300m: 4:17.67	1:29.15	500m: 7:12.81	1:27.34	700m: 10:06.30	1:26.32			
	200m: 2:48.52	1:27.83	400m: 5:45.47	1:27.80	600m: 8:39.98	1:27.17	800m: 11:27.49	1:21.19			
5.	STEKELENBURG, Jonah	200101667 Zwemlust den Hommel								11:30.35	264
	100m: 1:22.77	1:22.77	300m: 4:18.89	1:28.59	500m: 7:14.73	1:28.00	700m: 10:08.67	1:26.97			
	200m: 2:50.30	1:27.53	400m: 5:46.73	1:27.84	600m: 8:41.70	1:26.97	800m: 11:30.35	1:21.68			
6.	DE ROO, Milan	200102215 ZPC Woerden								11:30.73	264
	100m: 1:20.58	1:20.58	300m: 4:17.15	1:28.60	500m: 7:13.50	1:28.01	700m: 10:08.97	1:27.46			
	200m: 2:48.55	1:27.97	400m: 5:45.49	1:28.34	600m: 8:41.51	1:28.01	800m: 11:30.73	1:21.76			

LAC-1
Woerden, 29-9-2013

Event 4, Boys, 800m Freestyle, 12 - 13 years

Rank									Time	Pts		
7.	ASSOUSSI, Naktal		200103011		Zwemlust den Hommel		13:37.07		159			
	100m:	1:31.01	1:31.01	300m:	4:58.22	1:44.29	500m:	8:31.28	1:46.77	700m:	11:59.39	1:43.25
	200m:	3:13.93	1:42.92	400m:	6:44.51	1:46.29	600m:	10:16.14	1:44.86	800m:	13:37.07	1:37.68

Event 5
29-9-2013 - 16:45

Girls, 800m Freestyle

14 - 15 years
Results

Points: FINA 2012

Rank									Time	Pts		
1.	BAARS, Melissa		199900376		De Fuut		10:14.76		489			
	100m:	1:08.60	1:08.60	300m:	3:42.10	1:17.90	500m:	6:20.73	1:19.81	700m:	8:59.80	1:19.23
	200m:	2:24.20	1:15.60	400m:	5:00.92	1:18.82	600m:	7:40.57	1:19.84	800m:	10:14.76	1:14.96
2.	STOOF, Maartje		199903696		De Fuut		10:59.04		397			
	100m:	1:11.86	1:11.86	300m:	3:57.19	1:23.72	500m:	6:48.65	1:26.17	700m:	9:39.03	1:24.11
	200m:	2:33.47	1:21.61	400m:	5:22.48	1:25.29	600m:	8:14.92	1:26.27	800m:	10:59.04	1:20.01
3.	OZDEMIR, Merve		199903380		GoSwim		11:04.77		387			
	100m:	1:17.66	1:17.66	300m:	4:05.54	1:23.88	500m:	6:54.45	1:24.65	700m:	9:44.51	1:24.80
	200m:	2:41.66	1:24.00	400m:	5:29.80	1:24.26	600m:	8:19.71	1:25.26	800m:	11:04.77	1:20.26
4.	VAN HELM, Sybel		199803270		De Fuut		11:10.52		377			
	100m:	1:15.13	1:15.13	300m:	4:04.07	1:25.69	500m:	6:56.16	1:26.50	700m:	9:47.60	1:24.94
	200m:	2:38.38	1:23.25	400m:	5:29.66	1:25.59	600m:	8:22.66	1:26.50	800m:	11:10.52	1:22.92
5.	BARTEN, Michelle		199903724		Aquarijn		11:11.62		375			
	100m:	1:17.81	1:17.81	300m:	4:05.82	1:24.29	500m:	6:56.47	1:25.58	700m:	9:47.90	1:25.82
	200m:	2:41.53	1:23.72	400m:	5:30.89	1:25.07	600m:	8:22.08	1:25.61	800m:	11:11.62	1:23.72
6.	MOLENAAR, Demi		199803156		De Fuut		11:19.80		362			
	100m:	1:18.23	1:18.23	300m:	4:06.00	1:24.24	500m:	7:01.00	1:27.68	700m:	9:59.02	1:28.35
	200m:	2:41.76	1:23.53	400m:	5:33.32	1:27.32	600m:	8:30.67	1:29.67	800m:	11:19.80	1:20.78
7.	VAN WEVERWIJK, Milya		199902990		De Fuut		11:34.24		339			
	100m:	1:17.63	1:17.63	300m:	4:09.34	1:27.27	500m:	7:09.06	1:30.10	700m:	10:08.46	1:29.12
	200m:	2:42.07	1:24.44	400m:	5:38.96	1:29.62	600m:	8:39.34	1:30.28	800m:	11:34.24	1:25.78
8.	SHI, Louisa		199904970		Zwemlust den Hommel		12:30.46		269			
	100m:	1:22.21	1:22.21	300m:	4:29.29	1:35.55	500m:	7:43.70	1:37.31	700m:	10:57.28	1:36.30
	200m:	2:53.74	1:31.53	400m:	6:06.39	1:37.10	600m:	9:20.98	1:37.28	800m:	12:30.46	1:33.18
9.	GEERARS, Roos		199802380		ZPC Woerden		12:41.91		257			
	100m:	1:25.23	1:25.23	300m:	4:36.43	1:36.66	500m:	7:52.63	1:38.90	700m:	11:08.79	1:36.94
	200m:	2:59.77	1:34.54	400m:	6:13.73	1:37.30	600m:	9:31.85	1:39.22	800m:	12:41.91	1:33.12
WDR	GEURTS, Lisa		199904924		GoSwim							
WDR	DE KRUIF, Iris		199903658		Zwemlust den Hommel							

LAC-1
Woerden, 29-9-2013

Event 6
29-9-2013 - 17:12

Women, 800m Freestyle

16 years and older
Results

Points: FINA 2012

Rank									Time	Pts		
1.	HORST, Malissa	199200810	Zwemlust den Hommel	9:20.80	644							
	100m:	1:04.32	1:04.32	300m:	3:26.67	1:11.75	500m:	5:48.74	1:11.29	700m:	8:10.88	1:11.12
	200m:	2:14.92	1:10.60	400m:	4:37.45	1:10.78	600m:	6:59.76	1:11.02	800m:	9:20.80	1:09.92
2.	KAMPERMAN, Linda	199601238	Zwemlust den Hommel	9:33.42	603							
	100m:	1:06.22	1:06.22	300m:	3:29.55	1:12.15	500m:	5:54.08	1:12.77	700m:	8:20.79	1:13.27
	200m:	2:17.40	1:11.18	400m:	4:41.31	1:11.76	600m:	7:07.52	1:13.44	800m:	9:33.42	1:12.63
3.	VAN VEEN, Jamilla	199603192	ZPC Woerden	9:41.73	577							
	100m:	1:05.92	1:05.92	300m:	3:29.10	1:11.87	500m:	5:57.07	1:14.56	700m:	8:27.95	1:15.22
	200m:	2:17.23	1:11.31	400m:	4:42.51	1:13.41	600m:	7:12.73	1:15.66	800m:	9:41.73	1:13.78
4.	WERKMAN, Eva	199703458	Zwemlust den Hommel	10:09.06	503							
	100m:	1:06.15	1:06.15	300m:	3:37.65	1:16.69	500m:	6:15.52	1:20.68	700m:	8:52.82	1:18.32
	200m:	2:20.96	1:14.81	400m:	4:54.84	1:17.19	600m:	7:34.50	1:18.98	800m:	10:09.06	1:16.24
5.	BROUWERS, Kayleigh	199603472	GoSwim	10:10.77	499							
	100m:	1:08.69	1:08.69	300m:	3:41.11	1:16.67	500m:	6:19.89	1:19.94	700m:	8:59.20	1:19.46
	200m:	2:24.44	1:15.75	400m:	4:59.95	1:18.84	600m:	7:39.74	1:19.85	800m:	10:10.77	1:11.57
6.	BECKER, Elles	199600628	ZC Zeist	10:20.31	476							
	100m:	1:11.06	1:11.06	300m:	3:45.77	1:17.13	500m:	6:23.07	1:18.93	700m:	9:02.84	1:20.34
	200m:	2:28.64	1:17.58	400m:	5:04.14	1:18.37	600m:	7:42.50	1:19.43	800m:	10:20.31	1:17.47
7.	SCHEFFER, Laura	199407222	Aquarijn	11:25.23	353							
	100m:	1:16.33	1:16.33	300m:	4:07.74	1:26.44	500m:	7:00.26	1:26.62	700m:	9:56.83	1:29.47
	200m:	2:41.30	1:24.97	400m:	5:33.64	1:25.90	600m:	8:27.36	1:27.10	800m:	11:25.23	1:28.40
8.	LAUWERS, Amber	199504926	ZC Zeist	11:31.63	343							
	100m:	1:17.49	1:17.49	300m:	4:08.55	1:26.63	500m:	7:02.59	1:26.68	700m:	10:03.28	1:30.64
	200m:	2:41.92	1:24.43	400m:	5:35.91	1:27.36	600m:	8:32.64	1:30.05	800m:	11:31.63	1:28.35
9.	BREEUWSMA, Nynke	199704476	ZPC Woerden	12:00.87	303							
	100m:	1:22.96	1:22.96	300m:	4:26.93	1:32.53	500m:	7:31.91	1:32.70	700m:	10:36.19	1:31.60
	200m:	2:54.40	1:31.44	400m:	5:59.21	1:32.28	600m:	9:04.59	1:32.68	800m:	12:00.87	1:24.68
10.	BROEKE, Claudia	197300058	De Fuut	12:27.19	272							
	100m:	1:26.40	1:26.40	300m:	4:33.22	1:34.31	500m:	7:42.43	1:33.71	700m:	10:54.35	1:35.57
	200m:	2:58.91	1:32.51	400m:	6:08.72	1:35.50	600m:	9:18.78	1:36.35	800m:	12:27.19	1:32.84
11.	VAN BEEK, Gislaine	199703246	De Fuut	13:37.68	208							
	100m:	1:30.68	1:30.68	300m:	4:51.65	1:41.46	500m:	8:22.68	1:46.21	700m:	11:56.76	1:46.91
	200m:	3:10.19	1:39.51	400m:	6:36.47	1:44.82	600m:	10:09.85	1:47.17	800m:	13:37.68	1:40.92
12.	PRINS, Marleen	197300864	De Fuut	15:35.71	138							
	100m:	1:44.80	1:44.80	300m:	5:43.46	2:00.44	500m:	9:44.84	2:00.10	700m:	13:44.49	1:59.53
	200m:	3:43.02	1:58.22	400m:	7:44.74	2:01.28	600m:	11:44.96	2:00.12	800m:	15:35.71	1:51.22
13.	VAN ROOIJEN, Pilar	197100970	NTB	15:38.93	137							
	100m:	1:43.09	1:43.09	300m:	5:38.53	2:00.21	500m:	9:40.39	2:00.61	700m:	13:41.41	1:59.91
	200m:	3:38.32	1:55.23	400m:	7:39.78	2:01.25	600m:	11:41.50	2:01.11	800m:	15:38.93	1:57.52
WDR	SIGSGAARD, Grith	197200772	Zwemlust den Hommel									

LAC-1
Woerden, 29-9-2013

Event 7
29-9-2013 - 17:51

Boys, 1500m Freestyle

14 - 15 years
Results

Points: FINA 2012

Rank									Time	Pts		
1.	BOND, Max		199900605 Zwemlust den Hommel				18:03.32		483			
	100m:	1:04.35	1:04.35	500m:	5:55.59	1:14.05	900m:	10:51.61	1:13.32	1300m:	15:44.87	1:12.69
	200m:	2:15.69	1:11.34	600m:	7:11.09	1:15.50	1000m:	12:05.54	1:13.93	1400m:	16:57.11	1:12.24
	300m:	3:28.68	1:12.99	700m:	8:25.20	1:14.11	1100m:	13:18.97	1:13.43	1500m:	18:03.32	1:06.21
	400m:	4:41.54	1:12.86	800m:	9:38.29	1:13.09	1200m:	14:32.18	1:13.21			
2.	MUTHERT, Cyriel		199802315 ZPC Woerden				20:18.22		339			
	100m:	1:11.45	1:11.45	500m:	6:37.31	1:21.24	900m:	12:11.63	1:22.92	1300m:	17:41.89	1:21.64
	200m:	2:31.45	1:20.00	600m:	8:03.00	1:25.69	1000m:	13:34.24	1:22.61	1400m:	19:01.82	1:19.93
	300m:	3:53.43	1:21.98	700m:	9:25.47	1:22.47	1100m:	14:57.11	1:22.87	1500m:	20:18.22	1:16.40
	400m:	5:16.07	1:22.64	800m:	10:48.71	1:23.24	1200m:	16:20.25	1:23.14			
3.	BAS, Menno		199902947 ZC Zeist				20:18.36		339			
	100m:	1:15.94	1:15.94	500m:	6:41.77	1:22.17	900m:	12:11.76	1:22.03	1300m:	17:41.98	1:22.72
	200m:	2:36.23	1:20.29	600m:	8:02.95	1:21.18	1000m:	13:33.86	1:22.10	1400m:	19:01.70	1:19.72
	300m:	3:58.17	1:21.94	700m:	9:25.95	1:23.00	1100m:	14:56.83	1:22.97	1500m:	20:18.36	1:16.66
	400m:	5:19.60	1:21.43	800m:	10:49.73	1:23.78	1200m:	16:19.26	1:22.43			
4.	HAHN, Jeffrey		199802489 ZC Zeist				21:10.28		299			
	100m:	1:12.46	1:12.46	500m:	6:43.00	1:23.33	900m:	12:28.18	1:26.12	1300m:	18:16.88	1:27.95
	200m:	2:34.67	1:22.21	600m:	8:09.39	1:26.39	1000m:	13:54.87	1:26.69	1400m:	19:43.56	1:26.68
	300m:	3:55.96	1:21.29	700m:	9:36.01	1:26.62	1100m:	15:21.44	1:26.57	1500m:	21:10.28	1:26.72
	400m:	5:19.67	1:23.71	800m:	11:02.06	1:26.05	1200m:	16:48.93	1:27.49			
5.	SCHAAF SMA, Harmen		199802207 ZPC Woerden				24:49.12		186			
	100m:	1:17.99	1:17.99	500m:	7:51.83	1:41.05	900m:	14:46.04	1:44.85	1300m:	21:38.22	1:39.66
	200m:	2:50.92	1:32.93	600m:	9:32.76	1:40.93	1000m:	16:31.50	1:45.46	1400m:	23:18.53	1:40.31
	300m:	4:30.37	1:39.45	700m:	11:17.07	1:44.31	1100m:	18:13.56	1:42.06	1500m:	24:49.12	1:30.59
	400m:	6:10.78	1:40.41	800m:	13:01.19	1:44.12	1200m:	19:58.56	1:45.00			
DSQ	HAZE, Balder		199802449 GoSwim									
	<i>AF - De aangegeven afstand niet uitgezwommen., afstand niet uitgezwommen</i>											
	100m:	1:17.80	1:17.80	500m:			900m:			1300m:		
	200m:	2:44.00	1:26.20	600m:			1000m:			1400m:		
	300m:	4:11.33	1:27.33	700m:			1100m:			1500m:		
	400m:	5:38.67	1:27.34	800m:			1200m:					

Event 8
29-9-2013 - 18:15

Men, 1500m Freestyle

16 years and older
Results

Points: FINA 2012

Rank									Time	Pts		
1.	AVEZAAT, Stijn		199700729 ZPC Woerden				16:34.85		623			
	100m:	59.44	59.44	500m:	5:22.18	1:06.77	900m:	9:51.37	1:07.61	1300m:		
	200m:	2:04.05	1:04.61	600m:	6:29.35	1:07.17	1000m:			1400m:		
	300m:	3:09.61	1:05.56	700m:	7:36.44	1:07.09	1100m:			1500m:	16:34.85	
	400m:	4:15.41	1:05.80	800m:	8:43.76	1:07.32	1200m:					
2.	KORNET, Martijn		199700231 ZPC Woerden				17:50.61		500			
	100m:	1:02.33	1:02.33	500m:			900m:			1300m:		
	200m:	2:09.45	1:07.12	600m:			1000m:			1400m:		
	300m:			700m:			1100m:			1500m:	17:50.61	
	400m:	4:27.83		800m:	9:16.45		1200m:					

LAC-1
Woerden, 29-9-2013

Event 8, Men, 1500m Freestyle, 16 years and older

Rank											Time	Pts
3.	VAN DEN BOSCH, Donny										18:34.13	444
	100m:	1:05.03	1:05.03	500m:			900m:			1300m:		
	200m:	2:16.70	1:11.67	600m:			1000m:			1400m:		
	300m:			700m:			1100m:			1500m:	18:34.13	
	400m:	4:45.00		800m:	9:49.16		1200m:					
4.	REMMITS, Johan										18:40.01	437
	100m:	1:08.50	1:08.50	500m:	6:07.31	1:14.80	900m:	11:06.87	1:14.54	1300m:	16:09.55	1:16.90
	200m:	2:23.29	1:14.79	600m:	7:22.15	1:14.84	1000m:	12:22.12	1:15.25	1400m:	17:25.47	1:15.92
	300m:	3:37.79	1:14.50	700m:	8:37.27	1:15.12	1100m:	13:37.09	1:14.97	1500m:	18:40.01	1:14.54
	400m:	4:52.51	1:14.72	800m:	9:52.33	1:15.06	1200m:	14:52.65	1:15.66			
5.	DE VOS, Duncan										19:34.21	379
	100m:	1:04.50	1:04.50	500m:	6:11.24	1:19.31	900m:	11:38.55	1:21.88	1300m:	16:57.22	1:18.95
	200m:	2:17.10	1:12.60	600m:	7:32.15	1:20.91	1000m:	12:57.47	1:18.92	1400m:	18:17.58	1:20.36
	300m:	3:32.96	1:15.86	700m:	8:55.65	1:23.50	1100m:	14:18.19	1:20.72	1500m:	19:34.21	1:16.63
	400m:	4:51.93	1:18.97	800m:	10:16.67	1:21.02	1200m:	15:38.27	1:20.08			
6.	VAN BARNEVELD, Efrim										20:18.38	339
	100m:	1:14.81	1:14.81	500m:	6:47.05	1:24.13	900m:	12:17.25	1:21.24	1300m:	17:40.91	1:20.74
	200m:	2:36.19	1:21.38	600m:	8:10.50	1:23.45	1000m:	13:39.38	1:22.13	1400m:	19:02.66	1:21.75
	300m:	3:58.91	1:22.72	700m:	9:33.13	1:22.63	1100m:	14:59.77	1:20.39	1500m:	20:18.38	1:15.72
	400m:	5:22.92	1:24.01	800m:	10:56.01	1:22.88	1200m:	16:20.17	1:20.40			
7.	VERKUIL, Joshua										20:59.58	307
	100m:	1:12.63	1:12.63	500m:			900m:			1300m:		
	200m:	2:36.53	1:23.90	600m:			1000m:			1400m:		
	300m:			700m:			1100m:			1500m:	20:59.58	
	400m:	5:28.28		800m:	11:14.03		1200m:					
8.	GIEZEMAN, Bas										21:12.28	298
	100m:	1:15.90	1:15.90	500m:	6:56.67	1:25.78	900m:	12:42.09	1:26.40	1300m:	18:27.21	1:26.58
	200m:	2:39.84	1:23.94	600m:	8:22.43	1:25.76	1000m:	14:08.23	1:26.14	1400m:	19:52.39	1:25.18
	300m:	4:05.21	1:25.37	700m:	9:49.15	1:26.72	1100m:	15:34.66	1:26.43	1500m:	21:12.28	1:19.89
	400m:	5:30.89	1:25.68	800m:	11:15.69	1:26.54	1200m:	17:00.63	1:25.97			
9.	SCHOUTEN, Jelle										21:14.10	297
	100m:	1:16.09	1:16.09	500m:	6:57.86	1:26.66	900m:	12:44.78	1:27.03	1300m:	18:35.54	1:26.43
	200m:	2:40.19	1:24.10	600m:	8:23.87	1:26.01	1000m:	14:12.39	1:27.61	1400m:	19:59.29	1:23.75
	300m:	4:05.01	1:24.82	700m:	9:50.97	1:27.10	1100m:	15:40.56	1:28.17	1500m:	21:14.10	1:14.81
	400m:	5:31.20	1:26.19	800m:	11:17.75	1:26.78	1200m:	17:09.11	1:28.55			
10.	VAN VAARDEGEM, Martin										22:05.90	263
	100m:	1:16.48	1:16.48	500m:	7:07.12	1:29.90	900m:	13:05.28	1:29.85	1300m:	19:09.13	1:30.40
	200m:	2:41.83	1:25.35	600m:	8:36.66	1:29.54	1000m:	14:36.25	1:30.97	1400m:	20:39.94	1:30.81
	300m:	4:08.54	1:26.71	700m:	10:06.34	1:29.68	1100m:	16:07.83	1:31.58	1500m:	22:05.90	1:25.96
	400m:	5:37.22	1:28.68	800m:	11:35.43	1:29.09	1200m:	17:38.73	1:30.90			
11.	KLOK, Rens										22:43.80	242
	100m:	1:19.79	1:19.79	500m:	7:24.17	1:31.49	900m:	13:33.21	1:32.64	1300m:	19:40.41	1:31.36
	200m:	2:49.41	1:29.62	600m:	8:55.23	1:31.06	1000m:	15:05.99	1:32.78	1400m:	21:12.79	1:32.38
	300m:	4:20.74	1:31.33	700m:	10:28.53	1:33.30	1100m:	16:37.93	1:31.94	1500m:	22:43.80	1:31.01
	400m:	5:52.68	1:31.94	800m:	12:00.57	1:32.04	1200m:	18:09.05	1:31.12			
12.	BUTSELAAR, Rudi										23:15.12	226
	100m:	1:17.08	1:17.08	500m:	7:24.06	1:34.34	900m:	13:46.20	1:34.36	1300m:	20:06.33	1:35.19
	200m:	2:45.08	1:28.00	600m:	8:59.39	1:35.33	1000m:	15:20.92	1:34.72	1400m:	21:41.56	1:35.23
	300m:	4:16.28	1:31.20	700m:	10:36.38	1:36.99	1100m:	16:55.86	1:34.94	1500m:	23:15.12	1:33.56
	400m:	5:49.72	1:33.44	800m:	12:11.84	1:35.46	1200m:	18:31.14	1:35.28			

Event 8, Men, 1500m Freestyle, 16 years and older

Rank									Time	Pts		
13.	HULLEGIEN, Nils			199705371	ZPC Woerden				25:19.33	175		
	100m:	1:20.86	1:20.86	500m:	7:51.45	1:42.59	900m:	14:52.11	1:45.94	1300m:	21:57.86	1:45.97
	200m:	2:52.80	1:31.94	600m:	9:35.77	1:44.32	1000m:	16:39.23	1:47.12	1400m:	23:41.30	1:43.44
	300m:	4:29.11	1:36.31	700m:	11:19.20	1:43.43	1100m:	18:27.26	1:48.03	1500m:	25:19.33	1:38.03
	400m:	6:08.86	1:39.75	800m:	13:06.17	1:46.97	1200m:	20:11.89	1:44.63			
DSQ	JONGE, Patrick			198906635	ZPC Woerden							
	<i>AF - De aangegeven afstand niet uitgezwommen., Afstand niet volledig afgelegd</i>											
	100m:	1:16.10	1:16.10	500m:	7:50.60	1:42.66	900m:			1300m:		
	200m:	2:48.08	1:31.98	600m:	9:36.08	1:45.48	1000m:			1400m:		
	300m:	4:27.19	1:39.11	700m:			1100m:			1500m:		
	400m:	6:07.94	1:40.75	800m:			1200m:					