

Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

1 - ONMK 2010 lb sessie 1

07.05.2010 - 12:30

Programmanr. 1  
07.05.2010 - 12:30

Dames, 1500m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
<b>Masters 20+</b>								
1.	Ildiko van der Ploeg	De Warande	21:32.42	9002960	<b>23:12.96</b>	+0,83		
	50m: 37.42	37.42	450m: 6:38.37	46.10	850m: 12:54.99	47.25	1250m: 19:15.41	47.71
	100m: 1:19.85	42.43	500m: 7:25.59	47.22	900m: 13:42.86	47.87	1300m: 20:03.65	48.24
	150m: 2:04.77	44.92	550m: 8:12.44	46.85	950m: 14:30.18	47.32	1350m: 20:52.14	48.49
	200m: 2:49.87	45.10	600m: 8:59.19	46.75	1000m: 15:18.53	48.35	1400m: 21:40.24	48.10
	250m: 3:35.65	45.78	650m: 9:45.63	46.44	1050m: 16:05.66	47.13	1450m: 22:28.07	47.83
	300m: 4:21.53	45.88	700m: 10:33.33	47.70	1100m: 16:52.98	47.32	1500m: 23:12.96	44.89
	350m: 5:06.30	44.77	750m: 11:20.55	47.22	1150m: 17:39.68	46.70		
	400m: 5:52.27	45.97	800m: 12:07.74	47.19	1200m: 18:27.70	48.02		
2.	Maaïke van Diggele	ZPB H&L Productions	21:58.35	8700868	<b>24:05.92</b>	+0,91		
	50m: 38.15	38.15	450m: 6:44.67	47.85	850m: 13:20.71	49.79	1250m: 20:00.82	50.24
	100m: 1:20.32	42.17	500m: 7:33.50	48.83	900m: 14:10.72	50.01	1300m: 20:51.61	50.79
	150m: 2:04.18	43.86	550m: 8:22.60	49.10	950m: 15:00.33	49.61	1350m: 21:41.87	50.26
	200m: 2:49.90	45.72	600m: 9:12.05	49.45	1000m: 15:50.57	50.24	1400m: 22:30.91	49.04
	250m: 3:35.74	45.84	650m: 10:01.41	49.36	1050m: 16:40.14	49.57	1450m: 23:19.23	48.32
	300m: 4:22.58	46.84	700m: 10:51.34	49.93	1100m: 17:30.18	50.04	1500m: 24:05.92	46.69
	350m: 5:09.12	46.54	750m: 11:40.70	49.36	1150m: 18:20.28	50.10		
	400m: 5:56.82	47.70	800m: 12:30.92	50.22	1200m: 19:10.58	50.30		
<b>Masters 25+</b>								
1.	Linda Hoogendam	D'Elft	20:58.54	8300892	<b>20:47.55</b>	+0,80		
	50m: 34.30	34.30	450m: 6:07.48	41.62	850m: 11:47.48	41.98	1250m: 17:24.69	40.85
	100m: 1:15.00	40.70	500m: 6:50.17	42.69	900m: 12:30.62	43.14	1300m: 18:07.32	42.63
	150m: 1:55.57	40.57	550m: 7:31.78	41.61	950m: 13:12.89	42.27	1350m: 18:48.24	40.92
	200m: 2:37.41	41.84	600m: 8:14.48	42.70	1000m: 13:55.70	42.81	1400m: 19:30.27	42.03
	250m: 3:18.75	41.34	650m: 8:57.11	42.63	1050m: 14:36.99	41.29	1450m: 20:09.88	39.61
	300m: 4:00.78	42.03	700m: 9:39.96	42.85	1100m: 15:20.10	43.11	1500m: 20:47.55	37.67
	350m: 4:42.95	42.17	750m: 10:22.46	42.50	1150m: 16:02.18	42.08		
	400m: 5:25.86	42.91	800m: 11:05.50	43.04	1200m: 16:43.84	41.66		
2.	Pauline Tieleman	De Geul	21:22.25	8403348	<b>20:58.72</b>	+0,79		
	50m: 36.11	36.11	450m: 6:10.11	42.59	850m: 11:49.33	42.49	1250m: 17:29.42	42.60
	100m: 1:16.95	40.84	500m: 6:52.43	42.32	900m: 12:31.78	42.45	1300m: 18:11.66	42.24
	150m: 1:58.26	41.31	550m: 7:35.17	42.74	950m: 13:14.81	43.03	1350m: 18:54.42	42.76
	200m: 2:39.55	41.29	600m: 8:17.51	42.34	1000m: 13:57.14	42.33	1400m: 19:36.80	42.38
	250m: 3:21.44	41.89	650m: 9:00.54	43.03	1050m: 14:39.82	42.68	1450m: 20:18.81	42.01
	300m: 4:03.16	41.72	700m: 9:42.40	41.86	1100m: 15:21.94	42.12	1500m: 20:58.72	39.91
	350m: 4:45.59	42.43	750m: 10:24.70	42.30	1150m: 16:04.87	42.93		
	400m: 5:27.52	41.93	800m: 11:06.84	42.14	1200m: 16:46.82	41.95		
3.	Sandra Schellekens	Neptunus'58	21:11.09	8503416	<b>21:44.75</b>	+0,83		
	50m: 35.87	35.87	450m: 6:17.46	43.83	850m: 12:10.27	44.29	1250m: 18:07.32	45.04
	100m: 1:16.26	40.39	500m: 7:01.55	44.09	900m: 12:54.20	43.93	1300m: 18:52.55	45.23
	150m: 1:58.54	42.28	550m: 7:45.21	43.66	950m: 13:38.84	44.64	1350m: 19:37.71	45.16
	200m: 2:40.80	42.26	600m: 8:29.52	44.31	1000m: 14:23.31	44.47	1400m: 20:21.58	43.87
	250m: 3:24.08	43.28	650m: 9:13.40	43.88	1050m: 15:07.92	44.61	1450m: 21:05.48	43.90
	300m: 4:07.08	43.00	700m: 9:57.49	44.09	1100m: 15:52.68	44.76	1500m: 21:44.75	39.27
	350m: 4:49.95	42.87	750m: 10:41.78	44.29	1150m: 16:37.48	44.80		
	400m: 5:33.63	43.68	800m: 11:25.98	44.20	1200m: 17:22.28	44.80		
4.	Bianca van Ringelestijn	PSV	20:24.47	8502466	<b>21:50.41</b>	+1,01		
	50m: 37.07	37.07	450m: 6:23.58	43.66	850m: 12:15.19	43.94	1250m: 18:12.01	44.97
	100m: 1:19.28	42.21	500m: 7:07.46	43.88	900m: 12:58.97	43.78	1300m: 18:56.14	44.13
	150m: 2:02.52	43.24	550m: 7:51.47	44.01	950m: 13:43.63	44.66	1350m: 19:40.43	44.29
	200m: 2:46.61	44.09	600m: 8:35.67	44.20	1000m: 14:28.26	44.63	1400m: 20:24.72	44.29
	250m: 3:29.90	43.29	650m: 9:19.59	43.92	1050m: 15:12.83	44.57	1450m: 21:08.37	43.65
	300m: 4:13.64	43.74	700m: 10:03.74	44.15	1100m: 15:57.34	44.51	1500m: 21:50.41	42.04
	350m: 4:56.62	42.98	750m: 10:47.52	43.78	1150m: 16:42.14	44.80		
	400m: 5:39.92	43.30	800m: 11:31.25	43.73	1200m: 17:27.04	44.90		
5.	Judith Kremers	De Spatters	22:38.44	8102094	<b>22:58.85</b>	+0,80		
	50m: 38.08	38.08	450m: 6:44.38	46.39	850m: 13:03.05	46.90	1250m: 19:13.64	46.33
	100m: 1:20.73	42.65	500m: 7:31.58	47.20	900m: 13:49.83	46.78	1300m: 19:59.68	46.04
	150m: 2:05.28	44.55	550m: 8:18.67	47.09	950m: 14:35.74	45.91	1350m: 20:45.87	46.19
	200m: 2:51.03	45.75	600m: 9:06.06	47.39	1000m: 15:22.35	46.61	1400m: 21:31.03	45.16
	250m: 3:37.69	46.66	650m: 9:52.94	46.88	1050m: 16:07.96	45.61	1450m: 22:15.41	44.38
	300m: 4:24.64	46.95	700m: 10:41.10	48.16	1100m: 16:54.94	46.98	1500m: 22:58.85	43.44
	350m: 5:11.23	46.59	750m: 11:28.49	47.39	1150m: 17:40.30	45.36		
	400m: 5:57.99	46.76	800m: 12:16.15	47.66	1200m: 18:27.31	47.01		

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 1, Dames, 1500m vrije slag

Masters 30+

1. Jolanda van Gendt	PSV	22:38.84	7800266	23:13.49	+0,88
50m: 36.44 36.44	450m: 6:40.55 46.35	850m: 12:56.77 46.48	1250m: 19:16.45 47.79		
100m: 1:19.66 43.22	500m: 7:27.84 47.29	900m: 13:44.06 47.29	1300m: 20:04.56 48.11		
150m: 2:03.97 44.31	550m: 8:14.65 46.81	950m: 14:30.30 46.24	1350m: 20:51.31 46.75		
200m: 2:49.28 45.31	600m: 9:02.05 47.40	1000m: 15:17.70 47.40	1400m: 21:38.87 47.56		
250m: 3:34.76 45.48	650m: 9:48.86 46.81	1050m: 16:04.36 46.66	1450m: 22:25.55 46.68		
300m: 4:21.10 46.34	700m: 10:35.97 47.11	1100m: 16:52.59 48.23	1500m: 23:13.49 47.94		
350m: 5:07.24 46.14	750m: 11:22.63 46.66	1150m: 17:40.21 47.62			
400m: 5:54.20 46.96	800m: 12:10.29 47.66	1200m: 18:28.66 48.45			
2. Clementine van Bruxvoort	ZPB H&L Productions	26:52.66	7700138	26:40.05	+0,90
50m: 44.43 44.43	450m: 7:40.80 53.31	850m: 14:47.43 54.22	1250m: 22:08.96 56.82		
100m: 1:34.45 50.02	500m: 8:33.92 53.12	900m: 15:40.89 53.46	1300m: 23:04.26 55.30		
150m: 2:25.94 51.49	550m: 9:27.09 53.17	950m: 16:36.68 55.79	1350m: 23:59.63 55.37		
200m: 3:18.08 52.14	600m: 10:19.46 52.37	1000m: 17:31.40 54.72	1400m: 24:55.68 56.05		
250m: 4:10.75 52.67	650m: 11:12.70 53.24	1050m: 18:26.28 54.88	1450m: 25:50.97 55.29		
300m: 5:02.64 51.89	700m: 12:06.78 54.08	1100m: 19:21.09 54.81	1500m: 26:40.05 49.08		
350m: 5:55.09 52.45	750m: 13:00.02 53.24	1150m: 20:17.56 56.47			
400m: 6:47.49 52.40	800m: 13:53.21 53.19	1200m: 21:12.14 54.58			

Masters 35+

1. Grith Sigsgaard	Het Y	18:46.21	7200772	18:54.68	+0,95
50m: 33.59 33.59	450m: 5:33.56 37.53	850m: 10:38.06 38.34	1250m: 15:43.57 38.18		
100m: 1:10.76 37.17	500m: 6:11.54 37.98	900m: 11:16.01 37.95	1300m: 16:22.42 38.85		
150m: 1:48.17 37.41	550m: 6:49.17 37.63	950m: 11:54.45 38.44	1350m: 17:00.76 38.34		
200m: 2:25.88 37.71	600m: 7:27.48 38.31	1000m: 12:32.67 38.22	1400m: 17:39.30 38.54		
250m: 3:03.05 37.17	650m: 8:05.35 37.87	1050m: 13:10.66 37.99	1450m: 18:17.68 38.38		
300m: 3:40.69 37.64	700m: 8:43.67 38.32	1100m: 13:48.90 38.24	1500m: 18:54.68 37.00		
350m: 4:18.15 37.46	750m: 9:21.79 38.12	1150m: 14:26.94 38.04			
400m: 4:56.03 37.88	800m: 9:59.72 37.93	1200m: 15:05.39 38.45			
2. Marleen Vos	Aquapoldro	20:06.03	7400598	20:19.72	+0,87
400m, 800m *					
50m: 36.23 36.23	450m: 6:00.21 40.61	850m: 11:27.80 40.98	1250m: 16:56.43 40.89		
100m: 1:16.20 39.97	500m: 6:41.19 40.98	900m: 12:09.06 41.26	1300m: 17:37.79 41.36		
150m: 1:56.30 40.10	550m: 7:22.32 41.13	950m: 12:50.47 41.41	1350m: 18:18.77 40.98		
200m: 2:36.94 40.64	600m: 8:03.59 41.27	1000m: 13:31.39 40.92	1400m: 18:59.40 40.63		
250m: 3:17.29 40.35	650m: 8:43.68 40.09	1050m: 14:12.39 41.00	1450m: 19:40.12 40.72		
300m: 3:58.04 40.75	700m: 9:24.58 40.90	1100m: 14:53.47 41.08	1500m: 20:19.72 39.60		
350m: 4:38.86 40.82	750m: 10:05.95 41.37	1150m: 15:34.40 40.93			
400m: 5:19.60 40.74	800m: 10:46.82 40.87	1200m: 16:15.54 41.14			
3. Annette de Visser	Oceanus	20:06.16	7100602	20:49.59	+0,91
50m: 37.19 37.19	450m: 6:12.52 41.95	850m: 11:48.59 42.04	1250m: 17:23.50 42.01		
100m: 1:18.59 41.40	500m: 6:54.19 41.67	900m: 12:30.59 42.00	1300m: 18:05.35 41.85		
150m: 2:01.08 42.49	550m: 7:36.29 42.10	950m: 13:12.94 42.35	1350m: 18:47.25 41.90		
200m: 2:43.27 42.19	600m: 8:18.57 42.28	1000m: 13:54.39 41.45	1400m: 19:29.24 41.99		
250m: 3:24.93 41.66	650m: 9:00.51 41.94	1050m: 14:36.28 41.89	1450m: 20:10.00 40.76		
300m: 4:07.10 42.17	700m: 9:42.60 42.09	1100m: 15:18.15 41.87	1500m: 20:49.59 39.59		
350m: 4:48.90 41.80	750m: 10:24.84 42.24	1150m: 15:59.76 41.61			
400m: 5:30.57 41.67	800m: 11:06.55 41.71	1200m: 16:41.49 41.73			
4. Annet Kootstra	Swol 1894	23:22.92	7100344	23:24.68	+1,04
50m: 40.14 40.14	450m: 6:53.62 46.77	850m: 13:13.72 47.13	1250m: 19:31.94 47.66		
100m: 1:24.99 44.85	500m: 7:41.50 47.88	900m: 14:01.36 47.64	1300m: 20:19.46 47.52		
150m: 2:10.71 45.72	550m: 8:28.82 47.32	950m: 14:48.69 47.33	1350m: 21:06.42 46.96		
200m: 2:57.76 47.05	600m: 9:16.17 47.35	1000m: 15:36.23 47.54	1400m: 21:53.32 46.90		
250m: 3:45.00 47.24	650m: 10:03.71 47.54	1050m: 16:23.21 46.98	1450m: 22:39.49 46.17		
300m: 4:32.34 47.34	700m: 10:51.28 47.57	1100m: 17:10.32 47.11	1500m: 23:24.68 45.19		
350m: 5:19.01 46.67	750m: 11:38.55 47.27	1150m: 17:56.76 46.44			
400m: 6:06.85 47.84	800m: 12:26.59 48.04	1200m: 18:44.28 47.52			
5. Natacha Van Hoof	ShaRK	23:51.36	ShaRK/260/73	23:44.86	+1,06
50m: 42.56 42.56	450m: 6:58.75 48.10	850m: 13:21.21 48.43	1250m: 19:48.67 48.21		
100m: 1:28.51 45.95	500m: 7:46.18 47.43	900m: 14:09.29 48.08	1300m: 20:36.63 47.96		
150m: 2:15.40 46.89	550m: 8:33.93 47.75	950m: 14:57.70 48.41	1350m: 21:25.40 48.77		
200m: 3:02.19 46.79	600m: 9:21.64 47.71	1000m: 15:45.96 48.26	1400m: 22:12.81 47.41		
250m: 3:49.13 46.94	650m: 10:09.84 48.20	1050m: 16:34.62 48.66	1450m: 22:59.68 46.87		
300m: 4:36.17 47.04	700m: 10:57.47 47.63	1100m: 17:22.90 48.28	1500m: 23:44.86 45.18		
350m: 5:23.44 47.27	750m: 11:45.30 47.83	1150m: 18:11.75 48.85			
400m: 6:10.65 47.21	800m: 12:32.78 47.48	1200m: 19:00.46 48.71			

Open Nederlandse Masters  
Kampioenschappen 2010 Ib  
Eindhoven, 7-9 mei 2010

Programmanr. 1, Dames, 1500m vrije slag, Masters 35+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
6.	Tony de Groot 800m *	De Futen	22:37.36	7300758	<b>24:46.09</b>	+1,00		
	50m: 38.76	38.76	450m: 7:09.52	50.37	850m: 13:55.42	51.13	1250m: 21:30.58	
	100m: 1:23.75	44.99	500m: 7:59.54	50.02	900m: 14:46.51	51.09	1300m: 22:20.26	49.68
	150m: 2:10.97	47.22	550m: 8:49.64	50.10	950m: 15:37.32	50.81	1350m: 23:10.77	50.51
	200m: 3:00.07	49.10	600m: 9:40.71	51.07	1000m: 16:28.17	50.85	1400m: 24:00.18	49.41
	250m: 3:49.14	49.07	650m: 10:31.84	51.13	1050m: 17:17.75	49.58	1450m: 24:46.09	45.91
	300m: 4:38.97	49.83	700m: 11:22.49	50.65	1100m: 18:08.30	50.55		
	350m: 5:28.96	49.99	750m: 12:13.84	51.35	1150m: 19:48.52			
	400m: 6:19.15	50.19	800m: 13:04.29	50.45				

Masters 40+

1.	Cynthia Noordermeer	Het Y	20:14.20	7000358	<b>20:18.24</b>	+0,89		
	50m: 37.05	37.05	450m: 6:00.34	40.94	850m: 11:28.05	41.07	1250m: 16:56.51	40.81
	100m: 1:16.57	39.52	500m: 6:41.15	40.81	900m: 12:09.27	41.22	1300m: 17:37.82	41.31
	150m: 1:56.52	39.95	550m: 7:22.45	41.30	950m: 12:50.44	41.17	1350m: 18:18.58	40.76
	200m: 2:36.96	40.44	600m: 8:03.34	40.89	1000m: 13:31.63	41.19	1400m: 18:59.67	41.09
	250m: 3:17.32	40.36	650m: 8:44.17	40.83	1050m: 14:12.51	40.88	1450m: 19:39.98	40.31
	300m: 3:58.01	40.69	700m: 9:25.01	40.84	1100m: 14:53.73	41.22	1500m: 20:18.24	38.26
	350m: 4:38.48	40.47	750m: 10:05.64	40.63	1150m: 15:34.64	40.91		
	400m: 5:19.40	40.92	800m: 10:46.98	41.34	1200m: 16:15.70	41.06		
2.	Laura Staal	Oceanus	20:50.39	6700358	<b>20:44.95</b>	+0,94		
	50m: 37.19	37.19	450m: 6:41.50	41.59	850m: 11:44.54	41.91	1250m: 17:19.24	42.03
	100m: 1:18.03	40.84	500m: 6:52.44	41.54	900m: 12:25.85	41.31	1300m: 18:01.16	41.92
	150m: 2:00.02	41.99	550m: 7:34.35	41.91	950m: 13:07.82	41.97	1350m: 18:43.25	42.09
	200m: 2:41.88	41.86	600m: 8:15.84	41.49	1000m: 13:49.52	41.70	1400m: 19:24.78	41.53
	250m: 3:24.07	42.19	650m: 8:57.54	41.70	1050m: 14:31.42	41.90	1450m: 20:05.69	40.91
	300m: 4:05.94	41.87	700m: 9:39.45	41.91	1100m: 15:13.51	42.09	1500m: 20:44.95	39.26
	350m: 4:47.67	41.73	750m: 10:21.12	41.67	1150m: 15:55.48	41.97		
	400m: 5:29.31	41.64	800m: 11:02.63	41.51	1200m: 16:37.21	41.73		
3.	Karin van den Heuvel	AquAmigos	22:48.99	6600188	<b>22:43.14</b>	+1,08		
	50m: 40.59	40.59	450m: 6:41.51	46.02	850m: 12:46.95	45.97	1250m: 18:53.53	45.84
	100m: 1:24.42	43.83	500m: 7:26.86	45.35	900m: 13:32.85	45.90	1300m: 19:39.62	46.09
	150m: 2:09.54	45.12	550m: 8:12.37	45.51	950m: 14:19.37	46.52	1350m: 20:26.08	46.46
	200m: 2:54.28	44.74	600m: 8:58.13	45.76	1000m: 15:05.51	46.14	1400m: 21:12.27	46.19
	250m: 3:39.81	45.53	650m: 9:44.34	46.21	1050m: 15:50.87	45.36	1450m: 21:58.53	46.26
	300m: 4:24.68	44.87	700m: 10:29.89	45.55	1100m: 16:36.28	45.41	1500m: 22:43.14	44.61
	350m: 5:10.30	45.62	750m: 11:15.64	45.75	1150m: 17:22.05	45.77		
	400m: 5:55.49	45.19	800m: 12:00.98	45.34	1200m: 18:07.69	45.64		
4.	Margreet van der Pol 200, 400 en 800m *	De Futen	22:37.88	6600276	<b>23:46.93</b>	+1,10		
	50m: 39.17	39.17	450m: 6:56.00	47.52	850m: 13:22.97	48.02	1250m: 19:50.70	48.57
	100m: 1:23.63	44.46	500m: 7:44.33	48.33	900m: 14:11.42	48.45	1300m: 20:39.58	48.88
	150m: 2:09.83	46.20	550m: 8:32.18	47.85	950m: 14:59.62	48.20	1350m: 21:27.27	47.69
	200m: 2:57.68	47.85	600m: 9:21.49	49.31	1000m: 15:48.87	49.25	1400m: 22:15.47	48.20
	250m: 3:44.83	47.15	650m: 10:09.86	48.37	1050m: 16:37.06	48.19	1450m: 23:02.50	47.03
	300m: 4:32.59	47.76	700m: 10:58.26	48.40	1100m: 17:25.13	48.07	1500m: 23:46.93	44.43
	350m: 5:20.24	47.65	750m: 11:45.51	47.25	1150m: 18:13.25	48.12		
	400m: 6:08.48	48.24	800m: 12:34.95	49.44	1200m: 19:02.13	48.88		
5.	Desiree van der Lem	Kon AZ 1870	24:06.15	6800282	<b>25:25.61</b>	+0,92		
	50m: 39.02	39.02	450m: 7:17.58	51.14	850m: 14:13.64	51.96	1250m: 21:12.76	52.35
	100m: 1:24.88	45.86	500m: 8:09.23	51.65	900m: 15:06.69	53.05	1300m: 22:04.69	51.93
	150m: 2:12.25	47.37	550m: 9:00.23	51.00	950m: 15:58.41	51.72	1350m: 22:56.25	51.56
	200m: 3:02.03	49.78	600m: 9:52.46	52.23	1000m: 16:50.51	52.10	1400m: 23:46.94	50.69
	250m: 3:52.26	50.23	650m: 10:44.39	51.93	1050m: 17:42.20	51.69	1450m: 24:36.57	49.63
	300m: 4:43.80	51.54	700m: 11:36.92	52.53	1100m: 18:35.87	53.67	1500m: 25:25.61	49.04
	350m: 5:35.14	51.34	750m: 12:29.40	52.48	1150m: 19:28.47	52.60		
	400m: 6:26.44	51.30	800m: 13:21.68	52.28	1200m: 20:20.41	51.94		
6.	Meke Oomens	Old Dutch	25:20.54	7000370	<b>25:46.29</b>	+1,17		
	50m: 40.59	40.59	450m: 7:35.33	51.50	850m: 14:28.34	51.30	1250m: 21:26.30	52.73
	100m: 1:35.09	45.71	500m: 8:26.92	51.59	900m: 15:20.46	52.12	1300m: 22:18.91	52.61
	150m: 2:25.80	50.71	550m: 9:18.05	51.13	950m: 16:12.36	51.90	1350m: 23:11.06	52.15
	200m: 3:17.70	51.90	600m: 10:09.84	51.79	1000m: 17:04.88	52.52	1400m: 24:03.52	52.46
	250m: 4:09.31	51.61	650m: 11:01.20	51.36	1050m: 17:56.94	52.06	1450m: 24:55.29	51.77
	300m: 5:01.47	52.16	700m: 11:53.63	52.43	1100m: 18:49.02	52.08	1500m: 25:46.29	51.00
	350m: 5:52.24	50.77	750m: 12:45.34	51.71	1150m: 19:40.93	51.91		
	400m: 6:43.83	51.59	800m: 13:37.04	51.70	1200m: 20:33.57	52.64		

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 1, Dames, 1500m vrije slag, Masters 40+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
AFGEM	Kristien Van De Moortel	ShaRK	22:54.89	ShaRK/315/69		
	50m:	450m:	850m:	1250m:		
	100m:	500m:	900m:	1300m:		
	150m:	550m:	950m:	1350m:		
	200m:	600m:	1000m:	1400m:		
	250m:	650m:	1050m:	1450m:		
	300m:	700m:	1100m:	1500m:		
	350m:	750m:	1150m:			
	400m:	800m:	1200m:			

Masters 45+

1.	Kristin van Cauteren	Lokerse Zwemvereniging	20:03.59	LZV/009/64	<b>20:29.34</b>	+0,96	
	<i>Belgisch Masters Record</i>						
	50m: 37.12	450m: 6:08.17	41.08	850m: 11:38.38	41.23	1250m: 17:07.14	41.54
	100m: 1:18.20	500m: 6:49.59	41.42	900m: 12:19.39	41.01	1300m: 17:48.38	41.24
	150m: 2:00.23	550m: 7:31.39	41.80	950m: 13:00.74	41.35	1350m: 18:29.26	40.88
	200m: 2:41.82	600m: 8:12.34	40.95	1000m: 13:41.33	40.59	1400m: 19:09.76	40.50
	250m: 3:23.37	650m: 8:53.63	41.29	1050m: 14:22.75	41.42	1450m: 19:50.34	40.58
	300m: 4:04.59	700m: 9:34.72	41.09	1100m: 15:03.59	40.84	1500m: 20:29.34	39.00
	350m: 4:45.99	750m: 10:16.24	41.52	1150m: 15:44.84	41.25		
	400m: 5:27.09	800m: 10:57.15	40.91	1200m: 16:25.60	40.76		

2.	Jacqueline Brouwer	ZV De Bron	28:23.33	6100296	<b>28:31.17</b>	+0,96	
	50m: 47.36	450m: 8:20.15	57.54	850m: 15:58.62	58.26	1250m: 23:44.97	58.71
	100m: 1:41.14	500m: 9:16.97	56.82	900m: 16:56.83	58.21	1300m: 24:43.88	58.91
	150m: 2:36.86	550m: 10:14.36	57.39	950m: 17:55.03	58.20	1350m: 25:43.15	59.27
	200m: 3:34.11	600m: 11:10.92	56.56	1000m: 18:53.46	58.43	1400m: 26:41.81	58.66
	250m: 4:30.90	650m: 12:08.39	57.47	1050m: 19:51.77	58.31	1450m: 27:38.19	56.38
	300m: 5:27.83	700m: 13:05.07	56.68	1100m: 20:49.80	58.03	1500m: 28:31.17	52.98
	350m: 6:25.08	750m: 14:02.18	57.11	1150m: 21:47.91	58.11		
	400m: 7:22.61	800m: 15:00.36	58.18	1200m: 22:46.26	58.35		

Masters 50+

1.	Irene van der Laan	ZV De Bron	20:32.72	6000096	<b>21:08.59</b>	+0,90	
	<i>Nederlands Masters Record</i>						
	50m: 39.38	450m: 6:16.66	42.19	850m: 11:54.83	42.09	1250m: 17:35.12	42.67
	100m: 1:21.52	500m: 6:59.46	42.80	900m: 12:37.39	42.56	1300m: 18:18.34	43.22
	150m: 2:03.29	550m: 7:41.57	42.11	950m: 13:19.65	42.26	1350m: 19:00.93	42.59
	200m: 2:45.93	600m: 8:24.13	42.56	1000m: 14:01.87	42.22	1400m: 19:43.98	43.05
	250m: 3:27.74	650m: 9:06.13	42.00	1050m: 14:44.20	42.33	1450m: 20:26.79	42.81
	300m: 4:10.30	700m: 9:48.85	42.72	1100m: 15:26.98	42.78	1500m: 21:08.59	41.80
	350m: 4:51.92	750m: 10:30.37	41.52	1150m: 16:09.19	42.21		
	400m: 5:34.47	800m: 11:12.74	42.37	1200m: 16:52.45	43.26		

2.	Patty Verhagen	AquAmigos	21:19.17	5900146	<b>21:11.22</b>	+1,01	
	50m: 37.86	450m: 6:12.17	42.52	850m: 11:52.94	42.45	1250m: 17:36.90	43.08
	100m: 1:18.58	500m: 6:54.86	42.69	900m: 12:35.78	42.84	1300m: 18:20.05	43.15
	150m: 1:59.41	550m: 7:37.37	42.51	950m: 13:18.42	42.64	1350m: 19:03.25	43.20
	200m: 2:41.36	600m: 8:20.07	42.70	1000m: 14:01.73	43.31	1400m: 19:46.55	43.30
	250m: 3:22.99	650m: 9:02.37	42.30	1050m: 14:44.45	42.72	1450m: 20:29.56	43.01
	300m: 4:05.13	700m: 9:44.99	42.62	1100m: 15:27.85	43.40	1500m: 21:11.22	41.66
	350m: 4:47.18	750m: 10:27.37	42.38	1150m: 16:10.52	42.67		
	400m: 5:29.65	800m: 11:10.49	43.12	1200m: 16:53.82	43.30		

3.	Pia van der Molen	HZ&PC Heerenveen	26:52.83	6000116	<b>24:54.32</b>	+0,95	
	50m: 40.96	450m: 7:16.01	50.00	850m: 13:58.89	50.59	1250m: 20:43.68	50.31
	100m: 1:27.17	500m: 8:06.80	50.79	900m: 14:49.44	50.55	1300m: 21:34.72	51.04
	150m: 2:15.97	550m: 8:57.23	50.43	950m: 15:39.28	49.84	1350m: 22:25.27	50.55
	200m: 3:05.90	600m: 9:47.25	50.02	1000m: 16:30.36	51.08	1400m: 23:16.24	50.97
	250m: 3:55.95	650m: 10:37.01	49.76	1050m: 17:20.62	50.26	1450m: 24:07.01	50.77
	300m: 4:45.79	700m: 11:27.45	50.44	1100m: 18:11.78	51.16	1500m: 24:54.32	47.31
	350m: 5:35.86	750m: 12:17.80	50.35	1150m: 19:02.30	50.52		
	400m: 6:26.01	800m: 13:08.30	50.50	1200m: 19:53.37	51.07		

4.	Katinka Elders	Oceanus	25:46.92	6000292	<b>26:17.71</b>	+0,78	
	50m: 44.10	450m: 7:39.07	52.79	850m: 14:41.68	52.38	1250m: 21:49.78	53.24
	100m: 1:33.71	500m: 8:32.54	53.47	900m: 15:34.60	52.92	1300m: 22:43.85	54.07
	150m: 2:24.78	550m: 9:24.48	51.94	950m: 16:27.57	52.97	1350m: 23:37.86	54.01
	200m: 3:16.86	600m: 10:18.75	54.27	1000m: 17:20.93	53.36	1400m: 24:31.84	53.98
	250m: 4:08.84	650m: 11:10.72	51.97	1050m: 18:14.15	53.22	1450m: 25:25.09	53.25
	300m: 5:00.60	700m: 12:03.27	52.55	1100m: 19:07.90	53.75	1500m: 26:17.71	52.62
	350m: 5:53.08	750m: 12:55.96	52.69	1150m: 20:01.95	54.05		
	400m: 6:46.28	800m: 13:49.30	53.34	1200m: 20:56.54	54.59		

Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

Programmanr. 1, Dames, 1500m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
5.	Magda Wallaert	CNBA	26:58.50	CNBA/649/60	<b>27:24.07</b>	+1,14		
	50m: 45.96	45.96	450m: 8:01.20	54.86	850m: 15:22.42	55.69	1250m: 22:48.20	55.60
	100m: 1:36.97	51.01	500m: 8:56.46	55.26	900m: 16:17.82	55.40	1300m: 23:44.19	55.99
	150m: 2:30.77	53.80	550m: 9:51.81	55.35	950m: 17:13.84	56.02	1350m: 24:39.73	55.54
	200m: 3:26.04	55.27	600m: 10:46.71	54.90	1000m: 18:09.11	55.27	1400m: 25:35.58	55.85
	250m: 4:20.53	54.49	650m: 11:41.63	54.92	1050m: 19:04.96	55.85	1450m: 26:32.33	56.75
	300m: 5:16.04	55.51	700m: 12:36.39	54.76	1100m: 20:00.34	55.38	1500m: 27:24.07	51.74
	350m: 6:11.64	55.60	750m: 13:31.64	55.25	1150m: 20:56.57	56.23		
	400m: 7:06.34	54.70	800m: 14:26.73	55.09	1200m: 21:52.60	56.03		

Masters 55+

1.	Margriet Pasma	De Pinquin	23:16.72	5500088	<b>24:12.10</b>	+1,06		
	50m: 40.82	40.82	450m: 7:05.05	47.92	850m: 13:34.92	48.43	1250m: 20:06.81	48.57
	100m: 1:27.76	46.94	500m: 7:53.70	48.65	900m: 14:24.06	49.14	1300m: 20:56.12	49.31
	150m: 2:15.26	47.50	550m: 8:41.24	47.54	950m: 15:12.47	48.41	1350m: 21:45.51	49.39
	200m: 3:03.72	48.46	600m: 9:30.77	49.53	1000m: 16:02.08	49.61	1400m: 22:35.08	49.57
	250m: 3:51.12	47.40	650m: 10:18.88	48.11	1050m: 16:50.70	48.62	1450m: 23:24.02	48.94
	300m: 4:40.29	49.17	700m: 11:08.80	49.92	1100m: 17:39.96	49.26	1500m: 24:12.10	48.08
	350m: 5:28.13	47.84	750m: 11:57.22	48.42	1150m: 18:28.69	48.73		
	400m: 6:17.13	49.00	800m: 12:46.49	49.27	1200m: 19:18.24	49.55		

2.	Corine Kalbfeisch	DWT	26:53.44	5200024	<b>28:13.65</b>	+1,15		
	50m: 46.99	46.99	450m: 8:20.72	57.15	850m: 15:56.04	57.73	1250m: 23:31.93	56.32
	100m: 1:42.23	55.24	500m: 9:17.63	56.91	900m: 16:54.52	58.48	1300m: 24:29.43	57.50
	150m: 2:38.49	56.26	550m: 10:14.26	56.63	950m: 17:51.15	56.63	1350m: 25:26.87	57.44
	200m: 3:34.54	56.05	600m: 11:11.69	57.43	1000m: 18:48.06	56.91	1400m: 26:24.58	57.71
	250m: 4:31.11	56.57	650m: 12:07.78	56.09	1050m: 19:45.40	57.34	1450m: 27:20.78	56.20
	300m: 5:28.11	57.00	700m: 13:04.45	56.67	1100m: 20:42.66	57.26	1500m: 28:13.65	52.87
	350m: 6:25.87	57.76	750m: 14:00.86	56.41	1150m: 21:38.62	55.96		
	400m: 7:23.57	57.70	800m: 14:58.31	57.45	1200m: 22:35.61	56.99		

3.	Gonnie Bak	PSV	29:37.69	5100002	<b>29:58.66</b>	+1,02		
	50m: 48.93	48.93	450m: 8:43.01	59.40	850m: 16:47.39	1:00.26	1250m: 24:54.41	1:00.54
	100m: 1:46.36	57.43	500m: 9:44.32	1:01.31	900m: 17:48.30	1:00.91	1300m: 25:56.25	1:01.84
	150m: 2:44.69	58.33	550m: 10:44.82	1:00.50	950m: 18:49.35	1:01.05	1350m: 26:57.52	1:01.27
	200m: 3:44.86	1:00.17	600m: 11:45.35	1:00.53	1000m: 19:50.69	1:01.34	1400m: 27:59.25	1:01.73
	250m: 4:43.91	59.05	650m: 12:44.97	59.62	1050m: 20:50.73	1:00.04	1450m: 28:59.45	1:00.20
	300m: 5:43.48	59.57	700m: 13:45.84	1:00.87	1100m: 21:51.96	1:01.23	1500m: 29:58.66	59.21
	350m: 6:43.31	59.83	750m: 14:45.76	59.92	1150m: 22:52.61	1:00.65		
	400m: 7:43.61	1:00.30	800m: 15:47.13	1:01.37	1200m: 23:53.87	1:01.26		

AFGEM	Carla Hensen	PSV	26:51.86	5300062		
	50m:	450m:	850m:	1250m:		
	100m:	500m:	900m:	1300m:		
	150m:	550m:	950m:	1350m:		
	200m:	600m:	1000m:	1400m:		
	250m:	650m:	1050m:	1450m:		
	300m:	700m:	1100m:	1500m:		
	350m:	750m:	1150m:			
	400m:	800m:	1200m:			

Masters 60+

1.	Conny Boer-Buys	Vlaardingen	21:37.83	5000006	<b>22:36.02</b>	+0,94		
	<i>Europees Masters Record</i>							
	50m: 38.53	38.53	450m: 6:40.02	45.18	850m: 12:45.09	45.96	1250m: 18:53.51	46.45
	100m: 1:21.56	43.03	500m: 7:25.63	45.61	900m: 13:30.45	45.36	1300m: 19:39.25	45.74
	150m: 2:06.32	44.76	550m: 8:11.97	46.34	950m: 14:16.55	46.10	1350m: 20:24.87	45.62
	200m: 2:51.85	45.53	600m: 8:57.46	45.49	1000m: 15:02.40	45.85	1400m: 21:10.06	45.19
	250m: 3:37.60	45.75	650m: 9:43.30	45.84	1050m: 15:48.91	46.51	1450m: 21:54.60	44.54
	300m: 4:23.21	45.61	700m: 10:28.16	44.86	1100m: 16:34.88	45.97	1500m: 22:36.02	41.42
	350m: 5:08.99	45.78	750m: 11:14.04	45.88	1150m: 17:21.07	46.19		
	400m: 5:54.84	45.85	800m: 11:59.13	45.09	1200m: 18:07.06	45.99		

Masters 75+

Open Nederlandse Masters  
Kampioenschappen 2010 Ib  
Eindhoven, 7-9 mei 2010

Programmanr. 1, Dames, 1500m vrije slag, Masters 75+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
1.	Annie de Vos	Old Dutch	34:49.43	3400004	<b>35:53.29</b>	
	<i>Kampioenschaps Record</i>					
	50m: 58.79	58.79	450m: 10:23.36	1:10.71	850m: 20:00.26	1:11.95
	100m: 2:07.64	1:08.85	500m: 11:35.46	1:12.10	900m: 21:13.94	1:13.68
	150m: 3:16.87	1:09.23	550m: 12:46.13	1:10.67	950m: 22:25.48	1:11.54
	200m: 4:29.04	1:12.17	600m: 13:59.08	1:12.95	1000m: 23:39.16	1:13.68
	250m: 5:39.56	1:10.52	650m: 15:09.44	1:10.36	1050m: 24:52.42	1:13.26
	300m: 6:51.04	1:11.48	700m: 16:22.93	1:13.49	1100m: 26:06.50	1:14.08
	350m: 8:01.04	1:10.00	750m: 17:35.02	1:12.09	1150m: 27:18.58	1:12.08
	400m: 9:12.65	1:11.61	800m: 18:48.31	1:13.29	1200m: 28:32.35	1:13.77
					1250m: 29:45.67	1:13.32
					1300m: 30:58.99	1:13.32
					1350m: 32:11.65	1:12.66
					1400m: 33:26.14	1:14.49
					1450m: 34:39.83	1:13.69
					1500m: 35:53.29	1:13.46
BM	Éva Kézsmárki	Sprint Fortuna SC	24:52.50	77KEZS	<b>22:41.37</b>	
	50m: 39.61	39.61	450m: 6:41.36	45.63	850m: 12:47.84	46.04
	100m: 1:22.86	43.25	500m: 7:27.01	45.65	900m: 13:33.66	45.82
	150m: 2:06.93	44.07	550m: 8:13.08	46.07	950m: 14:19.14	45.48
	200m: 2:51.80	44.87	600m: 8:58.89	45.81	1000m: 15:04.73	45.59
	250m: 3:37.44	45.64	650m: 9:44.55	45.66	1050m: 15:50.30	45.57
	300m: 4:22.94	45.50	700m: 10:30.57	46.02	1100m: 16:35.98	45.68
	350m: 5:09.76	46.82	750m: 11:16.32	45.75	1150m: 17:21.93	45.95
	400m: 5:55.73	45.97	800m: 12:01.80	45.48	1200m: 18:07.63	45.70
					1250m: 18:53.46	45.83
					1300m: 19:39.48	46.02
					1350m: 20:25.87	46.39
					1400m: 21:11.99	46.12
					1450m: 21:57.76	45.77
					1500m: 22:41.37	43.61

Programmanr. 2 Heren, 1500m vrije slag Masters Open  
07.05.2010 - 14:35 Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Tim Bunnik	Triton	18:25.06	9000505	<b>19:15.63</b>	+0,97
	50m: 31.97	31.97	450m: 5:39.17	39.52	850m: 10:54.74	40.43
	100m: 1:08.16	36.19	500m: 6:18.84	39.67	900m: 11:33.39	38.65
	150m: 1:45.78	37.62	550m: 6:57.77	38.93	950m: 12:13.90	40.51
	200m: 2:23.72	37.94	600m: 7:37.54	39.77	1000m: 12:52.36	38.46
	250m: 3:02.70	38.98	650m: 8:16.85	39.31	1050m: 13:32.23	39.87
	300m: 3:41.00	38.30	700m: 8:56.10	39.25	1100m: 14:10.10	37.87
	350m: 4:20.09	39.09	750m: 9:35.20	39.10	1150m: 14:49.85	39.75
	400m: 4:59.65	39.56	800m: 10:14.31	39.11	1200m: 15:29.35	39.50
					1250m: 16:08.33	38.98
					1300m: 16:47.06	38.73
					1350m: 17:25.10	38.04
					1400m: 18:04.18	39.08
					1450m: 18:41.06	36.88
					1500m: 19:15.63	34.57
2.	Niels Albrechts	De Schotejil	20:20.48	8800039	<b>20:09.52</b>	+0,93
	50m: 35.74	35.74	450m: 5:56.27	40.11	850m: 11:19.13	41.05
	100m: 1:14.42	38.68	500m: 6:36.56	40.29	900m: 11:59.37	40.24
	150m: 1:54.09	39.67	550m: 7:16.11	39.55	950m: 12:39.68	40.31
	200m: 2:34.68	40.59	600m: 7:56.11	40.00	1000m: 13:19.76	40.08
	250m: 3:15.32	40.64	650m: 8:36.42	40.31	1050m: 14:00.60	40.84
	300m: 3:55.86	40.54	700m: 9:17.18	40.76	1100m: 14:42.56	41.96
	350m: 4:35.76	39.90	750m: 9:57.66	40.48	1150m: 15:24.55	41.99
	400m: 5:16.16	40.40	800m: 10:38.08	40.42	1200m: 16:08.73	44.18
					1250m: 16:50.35	41.62
					1300m: 17:31.57	41.22
					1350m: 18:12.55	40.98
					1400m: 18:53.97	41.42
					1450m: 19:34.23	40.26
					1500m: 20:09.52	35.29
<b>Masters 25+</b>						
1.	Erik Schröder	TriVia	16:44.41	8402025	<b>17:32.99</b>	+0,88
	50m: 29.14	29.14	450m: 5:08.23	35.96	850m: 9:56.16	35.76
	100m: 1:01.82	32.68	500m: 5:44.14	35.91	900m: 10:32.02	35.86
	150m: 1:36.06	34.24	550m: 6:20.19	36.05	950m: 11:07.58	35.56
	200m: 2:10.96	34.90	600m: 6:56.30	36.11	1000m: 11:43.46	35.88
	250m: 2:46.05	35.09	650m: 7:32.40	36.10	1050m: 12:18.83	35.37
	300m: 3:21.57	35.52	700m: 8:08.33	35.93	1100m: 12:55.12	36.29
	350m: 3:56.88	35.31	750m: 8:44.33	36.00	1150m: 13:30.66	35.54
	400m: 4:32.27	35.39	800m: 9:20.40	36.07	1200m: 14:06.85	36.19
					1250m: 14:42.05	35.20
					1300m: 15:16.99	34.94
					1350m: 15:51.89	34.90
					1400m: 16:27.18	35.29
					1450m: 17:00.72	33.54
					1500m: 17:32.99	32.27
2.	Ian van der Hulst	PSV	18:45.00	8401021	<b>18:18.83</b>	+0,86
	50m: 30.91	30.91	450m: 5:20.51	36.50	850m: 10:14.72	36.49
	100m: 1:06.48	35.57	500m: 5:57.80	37.29	900m: 10:52.10	37.38
	150m: 1:41.38	34.90	550m: 6:33.90	36.10	950m: 11:28.73	36.63
	200m: 2:17.76	36.38	600m: 7:11.25	37.35	1000m: 12:06.33	37.60
	250m: 2:53.41	35.65	650m: 7:47.35	36.10	1050m: 12:43.15	36.82
	300m: 3:30.50	37.09	700m: 8:24.48	37.13	1100m: 13:20.78	37.63
	350m: 4:06.51	36.01	750m: 9:00.83	36.35	1150m: 13:57.79	37.01
	400m: 4:44.01	37.50	800m: 9:38.23	37.40	1200m: 14:35.51	37.72
					1250m: 15:12.67	37.16
					1300m: 15:50.51	37.84
					1350m: 16:27.90	37.39
					1400m: 17:05.72	37.82
					1450m: 17:41.99	36.27
					1500m: 18:18.83	36.84

Open Nederlandse Masters  
Kampioenschappen 2010 Ib  
Eindhoven, 7-9 mei 2010

Programmanr. 2, Heren, 1500m vrije slag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
3.	Remco van Althuis	SBC2000	18:37.28	8300029	18:55.33	+0,85
	50m: 32.86	32.86	450m: 5:32.54	37.83	850m: 10:38.07	37.83
	100m: 1:08.78	35.92	500m: 6:11.69	39.15	900m: 11:16.36	38.29
	150m: 1:45.65	36.87	550m: 6:49.73	38.04	950m: 11:54.58	38.22
	200m: 2:23.53	37.88	600m: 7:27.85	38.12	1000m: 12:33.07	38.49
	250m: 3:01.07	37.54	650m: 8:05.72	37.87	1050m: 13:11.50	38.43
	300m: 3:38.98	37.91	700m: 8:43.93	38.21	1100m: 13:49.82	38.32
	350m: 4:16.58	37.60	750m: 9:21.77	37.84	1150m: 14:28.02	38.20
	400m: 4:54.71	38.13	800m: 10:00.24	38.47	1200m: 15:06.66	38.64

4.	Lennart Middel	Wave	20:13.68	8503723	20:27.77	+0,86
	50m: 35.28	35.28	450m: 6:01.92	41.81	850m: 11:33.76	40.92
	100m: 1:13.65	38.37	500m: 6:43.50	41.58	900m: 12:15.75	41.99
	150m: 1:53.78	40.13	550m: 7:25.62	42.12	950m: 12:57.20	41.45
	200m: 2:34.77	40.99	600m: 8:06.57	40.95	1000m: 13:39.12	41.92
	250m: 3:15.84	41.07	650m: 8:47.79	41.22	1050m: 14:20.79	41.67
	300m: 3:57.33	41.49	700m: 9:29.42	41.63	1100m: 15:03.17	42.38
	350m: 4:38.68	41.35	750m: 10:10.93	41.51	1150m: 15:43.97	40.80
	400m: 5:20.11	41.43	800m: 10:52.84	41.91	1200m: 16:25.99	42.02

Masters 30+

1.	Gergely Molnár	Sprint Fortuna SC	18:10.60	80MOLN	18:00.47	+0,88
	<i>Hongaars Masters Record</i>					
	50m: 31.11	31.11	450m: 5:17.73	36.52	850m: 10:09.55	36.71
	100m: 1:05.33	34.22	500m: 5:53.75	36.02	900m: 10:45.52	35.97
	150m: 1:40.74	35.41	550m: 6:30.05	36.30	950m: 11:22.25	36.73
	200m: 2:16.96	36.22	600m: 7:06.39	36.34	1000m: 11:58.32	36.07
	250m: 2:53.17	36.21	650m: 7:42.76	36.37	1050m: 12:34.80	36.48
	300m: 3:28.89	35.72	700m: 8:19.13	36.37	1100m: 13:11.01	36.21
	350m: 4:04.58	35.69	750m: 8:56.28	37.15	1150m: 13:47.45	36.44
	400m: 4:41.21	36.63	800m: 9:32.84	36.56	1200m: 14:23.73	36.28

2.	Ralf Peters	KZPC	18:35.54	7600737	19:14.46	+0,90
	50m: 31.83	31.83	450m: 5:36.22	38.37	850m: 10:45.85	39.14
	100m: 1:08.26	36.43	500m: 6:14.58	38.36	900m: 11:24.62	38.77
	150m: 1:45.50	37.24	550m: 6:53.21	38.63	950m: 12:03.73	39.11
	200m: 2:23.98	38.48	600m: 7:31.80	38.59	1000m: 12:43.21	39.48
	250m: 3:02.16	38.18	650m: 8:10.39	38.59	1050m: 13:22.49	39.28
	300m: 3:40.75	38.59	700m: 8:48.89	38.50	1100m: 14:01.94	39.45
	350m: 4:19.04	38.29	750m: 9:27.93	39.04	1150m: 14:41.59	39.65
	400m: 4:57.85	38.81	800m: 10:06.71	38.78	1200m: 15:21.54	39.95

3.	Jeroen Vogelsang	Het Y	18:24.57	8001645	20:00.09	+0,94
	50m: 32.18	32.18	450m: 5:43.23	40.91	850m: 11:08.66	39.84
	100m: 1:08.83	36.65	500m: 6:24.41	41.18	900m: 11:48.82	40.16
	150m: 1:47.12	38.29	550m: 7:04.50	40.09	950m: 12:30.82	42.00
	200m: 2:25.17	38.05	600m: 7:44.63	40.13	1000m: 13:12.27	41.45
	250m: 3:04.41	39.24	650m: 8:25.59	40.96	1050m: 13:52.12	39.85
	300m: 3:43.15	38.74	700m: 9:05.94	40.35	1100m: 14:33.63	41.51
	350m: 4:22.39	39.24	750m: 9:47.17	41.23	1150m: 15:15.19	41.56
	400m: 5:02.32	39.93	800m: 10:28.82	41.65	1200m: 15:56.63	41.44

4.	Ferdie Witvoet	De Pinquin	19:05.29	7801241	20:17.58	+0,97
	50m: 35.50	35.50	450m: 5:59.18	41.52	850m: 11:28.90	40.79
	100m: 1:13.55	38.05	500m: 6:40.93	41.75	900m: 12:09.27	40.37
	150m: 1:52.68	39.13	550m: 7:22.58	41.65	950m: 12:50.07	40.80
	200m: 2:32.87	40.19	600m: 8:03.74	41.16	1000m: 13:30.44	40.37
	250m: 3:13.73	40.86	650m: 8:45.05	41.31	1050m: 14:10.88	40.44
	300m: 3:54.75	41.02	700m: 9:25.87	40.82	1100m: 14:51.94	41.06
	350m: 4:36.05	41.30	750m: 10:07.11	41.24	1150m: 15:32.13	40.19
	400m: 5:17.66	41.61	800m: 10:48.11	41.00	1200m: 16:13.06	40.93

5.	Koen de Haan	PSV	19:56.07	7801671	20:19.00	+0,99
	50m: 34.68	34.68	450m: 6:02.17	41.30	850m: 11:30.34	41.02
	100m: 1:13.51	38.83	500m: 6:43.90	41.73	900m: 12:11.78	41.44
	150m: 1:53.71	40.20	550m: 7:25.04	41.14	950m: 12:52.59	40.81
	200m: 2:34.39	40.68	600m: 8:06.09	41.05	1000m: 13:34.03	41.44
	250m: 3:16.19	41.80	650m: 8:46.23	40.14	1050m: 14:14.50	40.47
	300m: 3:57.62	41.43	700m: 9:27.57	41.34	1100m: 14:56.00	41.50
	350m: 4:39.45	41.83	750m: 10:08.30	40.73	1150m: 15:37.75	41.75
	400m: 5:20.87	41.42	800m: 10:49.32	41.02	1200m: 16:19.91	42.16

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 2, Heren, 1500m vrije slag, Masters 30+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
6.	Michel Wigbers	DWT	21:32.42	8001743	<b>20:56.00</b>	+0,93		
	50m: 35.38	35.38	450m: 6:07.22	42.80	850m: 11:45.97	42.20	1250m: 17:27.11	42.76
	100m: 1:13.87	38.49	500m: 6:49.13	41.91	900m: 12:28.36	42.39	1300m: 18:10.22	43.11
	150m: 1:54.58	40.71	550m: 7:31.13	42.00	950m: 13:10.71	42.35	1350m: 18:52.82	42.60
	200m: 2:35.85	41.27	600m: 8:13.30	42.17	1000m: 13:53.34	42.63	1400m: 19:35.02	42.20
	250m: 3:17.71	41.86	650m: 8:56.08	42.78	1050m: 14:35.94	42.60	1450m: 20:17.17	42.15
	300m: 3:59.63	41.92	700m: 9:38.71	42.63	1100m: 15:18.78	42.84	1500m: 20:56.00	38.83
	350m: 4:42.06	42.43	750m: 10:21.11	42.40	1150m: 16:01.40	42.62		
	400m: 5:24.42	42.36	800m: 11:03.77	42.66	1200m: 16:44.35	42.95		
7.	Jeroen Tebbens	IJZ&PC	27:42.49	7601405	<b>29:17.75</b>	+1,08		
	200m *							
	50m: 43.72	43.72	450m: 8:13.35	57.97	850m: 16:10.45	1:00.24	1250m: 24:16.66	1:03.09
	100m: 1:33.67	49.95	500m: 9:11.38	58.03	900m: 17:09.75	59.30	1300m: 25:18.76	1:02.10
	150m: 2:29.20	55.53	550m: 10:11.58	1:00.20	950m: 18:09.83	1:00.08	1350m: 26:21.27	1:02.51
	200m: 3:24.53	55.33	600m: 11:11.74	1:00.16	1000m: 19:11.43	1:01.60	1400m: 27:20.83	59.56
	250m: 4:22.11	57.58	650m: 12:11.89	1:00.15	1050m: 20:12.47	1:01.04	1450m: 28:20.08	59.25
	300m: 5:18.98	56.87	700m: 13:10.71	58.82	1100m: 21:11.92	59.45	1500m: 29:17.75	57.67
	350m: 6:17.06	58.08	750m: 14:10.42	59.71	1150m: 22:13.02	1:01.10		
	400m: 7:15.38	58.32	800m: 15:10.21	59.79	1200m: 23:13.57	1:00.55		

Masters 35+

1.	Casper van der Burgh	LZ 1886	18:55.14	7201413	<b>20:09.83</b>	+1,01		
	50m: 34.69	34.69	450m: 5:51.22	40.06	850m: 11:17.32	41.05	1250m: 16:46.41	40.71
	100m: 1:13.06	38.37	500m: 6:32.09	40.87	900m: 11:59.38	42.06	1300m: 17:27.86	41.45
	150m: 1:51.35	38.29	550m: 7:12.32	40.23	950m: 12:40.26	40.88	1350m: 18:08.07	40.21
	200m: 2:31.43	40.08	600m: 7:53.36	41.04	1000m: 13:21.46	41.20	1400m: 18:49.43	41.36
	250m: 3:11.12	39.69	650m: 8:33.67	40.31	1050m: 14:02.00	40.54	1450m: 19:29.32	39.89
	300m: 3:51.09	39.97	700m: 9:14.32	40.65	1100m: 14:43.12	41.12	1500m: 20:09.83	40.51
	350m: 4:30.94	39.85	750m: 9:54.84	40.52	1150m: 15:24.02	40.90		
	400m: 5:11.16	40.22	800m: 10:36.27	41.43	1200m: 16:05.70	41.68		

Masters 40+

1.	René Beetsma	HZ&PC Heerenveen	18:56.81	6900069	<b>20:21.70</b>	+1,03		
	50m: 34.92	34.92	450m: 5:50.71	40.45	850m: 11:22.71	41.89	1250m: 16:55.15	41.61
	100m: 1:13.09	38.17	500m: 6:31.06	40.35	900m: 12:04.66	41.95	1300m: 17:36.95	41.80
	150m: 1:52.23	39.14	550m: 7:12.24	41.18	950m: 12:46.16	41.50	1350m: 18:18.38	41.43
	200m: 2:31.28	39.05	600m: 7:53.32	41.08	1000m: 13:27.70	41.54	1400m: 18:58.58	40.20
	250m: 3:10.97	39.69	650m: 8:34.78	41.46	1050m: 14:08.90	41.20	1450m: 19:41.05	42.47
	300m: 3:50.25	39.28	700m: 9:16.60	41.82	1100m: 14:49.85	40.95	1500m: 20:21.70	40.65
	350m: 4:30.43	40.18	750m: 9:58.76	42.16	1150m: 15:31.72	41.87		
	400m: 5:10.26	39.83	800m: 10:40.82	42.06	1200m: 16:13.54	41.82		
2.	Arnold Jonker	HZ&PC Heerenveen	26:19.47	7000529	<b>26:01.78</b>	+0,99		
	50m: 47.89	47.89	450m: 7:46.89	51.86	850m: 14:40.46	51.53	1250m: 21:42.01	53.77
	100m: 1:39.31	51.42	500m: 8:39.28	52.39	900m: 15:33.00	52.54	1300m: 22:35.29	53.28
	150m: 2:31.78	52.47	550m: 9:30.68	51.40	950m: 16:25.40	52.40	1350m: 23:29.14	53.85
	200m: 3:24.34	52.56	600m: 10:21.83	51.15	1000m: 17:16.62	51.22	1400m: 24:21.69	52.55
	250m: 4:17.05	52.71	650m: 11:13.52	51.69	1050m: 18:09.21	52.59	1450m: 25:13.24	51.55
	300m: 5:09.27	52.22	700m: 12:04.88	51.36	1100m: 19:01.99	52.78	1500m: 26:01.78	48.54
	350m: 6:02.73	53.46	750m: 12:56.70	51.82	1150m: 19:54.33	52.34		
	400m: 6:55.03	52.30	800m: 13:48.93	52.23	1200m: 20:48.24	53.91		

DIS	Norbert Nagy	Sprint Fortuna SC	18:50.31	69NAGY	AA
	50m:	450m:	850m:	1250m:	
	100m:	500m:	900m:	1300m:	
	150m:	550m:	950m:	1350m:	
	200m:	600m:	1000m:	1400m:	
	250m:	650m:	1050m:	1450m:	
	300m:	700m:	1100m:	1500m:	
	350m:	750m:	1150m:		
	400m:	800m:	1200m:		

Masters 45+

1.	Marcel Stroet	ZV De Bron	19:57.37	6400929	<b>20:19.88</b>	+1,09		
	50m: 34.49	34.49	450m: 5:56.25	40.58	850m: 11:24.28	41.20	1250m: 16:55.02	41.70
	100m: 1:13.35	38.86	500m: 6:36.95	40.70	900m: 12:05.40	41.12	1300m: 17:36.50	41.48
	150m: 1:53.12	39.77	550m: 7:17.84	40.89	950m: 12:46.34	40.94	1350m: 18:18.39	41.89
	200m: 2:33.53	40.41	600m: 7:58.85	41.01	1000m: 13:27.53	41.19	1400m: 19:00.06	41.67
	250m: 3:13.81	40.28	650m: 8:39.89	41.04	1050m: 14:08.82	41.29	1450m: 19:40.94	40.88
	300m: 3:54.50	40.69	700m: 9:21.04	41.15	1100m: 14:49.95	41.13	1500m: 20:19.88	38.94
	350m: 4:35.09	40.59	750m: 10:02.07	41.03	1150m: 15:31.76	41.81		
	400m: 5:15.67	40.58	800m: 10:43.08	41.01	1200m: 16:13.32	41.56		



Open Nederlandse Masters  
Kampioenschappen 2010 Ib  
Eindhoven, 7-9 mei 2010

Programmanr. 2, Heren, 1500m vrije slag, Masters 45+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
2.	<b>Alessandro Fabrini</b>	<b>SS Lazio Nuoto</b>	<b>21:04.56</b>	<b>LAZ07978</b>	<b>21:22.02</b>	<b>+1,08</b>
	50m: 39.48	39.48	450m: 6:28.60	43.14	850m: 12:09.59	42.66
	100m: 1:22.54	43.06	500m: 7:11.99	43.39	900m: 12:52.58	42.99
	150m: 2:05.80	43.26	550m: 7:54.46	42.47	950m: 13:34.78	42.20
	200m: 2:49.54	43.74	600m: 8:37.56	43.10	1000m: 14:17.20	42.42
	250m: 3:33.37	43.83	650m: 9:19.52	41.96	1050m: 14:59.08	41.88
	300m: 4:17.96	44.59	700m: 10:02.10	42.58	1100m: 15:41.51	42.43
	350m: 5:01.32	43.36	750m: 10:44.22	42.12	1150m: 16:23.76	42.25
	400m: 5:45.46	44.14	800m: 11:26.93	42.71	1200m: 17:06.47	42.71
3.	<b>Paul van der Voort</b>	<b>De Zwoer</b>	<b>21:17.96</b>	<b>6200715</b>	<b>21:47.95</b>	<b>+1,14</b>
	50m: 36.45	36.45	450m: 6:25.23	44.41	850m: 12:17.82	44.49
	100m: 1:18.53	42.08	500m: 7:09.84	44.61	900m: 13:02.51	44.69
	150m: 2:01.78	43.25	550m: 7:53.63	43.79	950m: 13:46.14	43.63
	200m: 2:45.36	43.58	600m: 8:37.72	44.09	1000m: 14:30.11	43.97
	250m: 3:28.45	43.09	650m: 9:21.80	44.08	1050m: 15:13.89	43.78
	300m: 4:13.16	44.71	700m: 10:05.55	43.75	1100m: 15:57.85	43.96
	350m: 4:56.98	43.82	750m: 10:49.42	43.87	1150m: 16:42.06	44.21
	400m: 5:40.82	43.84	800m: 11:33.33	43.91	1200m: 17:25.92	43.86
4.	<b>Eric Smits</b>	<b>Z&amp;PC De Gouwe</b>	<b>21:54.38</b>	<b>6501453</b>	<b>22:14.88</b>	<b>+1,19</b>
	50m: 39.16	39.16	450m: 6:40.16	45.42	850m: 12:39.08	45.01
	100m: 1:22.91	43.75	500m: 7:25.72	45.56	900m: 13:23.71	44.63
	150m: 2:07.58	44.67	550m: 8:10.79	45.07	950m: 14:08.69	44.98
	200m: 2:53.07	45.49	600m: 8:55.74	44.95	1000m: 14:53.69	45.00
	250m: 3:38.18	45.11	650m: 9:40.55	44.81	1050m: 15:38.46	44.77
	300m: 4:23.78	45.60	700m: 10:25.03	44.48	1100m: 16:22.80	44.34
	350m: 5:09.04	45.26	750m: 11:09.66	44.63	1150m: 17:07.14	44.34
	400m: 5:54.74	45.70	800m: 11:54.07	44.41	1200m: 17:51.07	43.93
5.	<b>Peter Marc de Rooij</b>	<b>Zwemvereniging Utrecht</b>	<b>21:58.29</b>	<b>6100829</b>	<b>22:21.80</b>	<b>+0,90</b>
	50m: 37.24	37.24	450m: 6:32.54	44.56	850m: 12:33.02	45.12
	100m: 1:20.73	43.49	500m: 7:17.47	44.93	900m: 13:19.28	46.26
	150m: 2:04.41	43.68	550m: 8:01.81	44.34	950m: 14:04.60	45.32
	200m: 2:49.63	45.22	600m: 8:47.03	45.22	1000m: 14:50.55	45.95
	250m: 3:33.46	43.83	650m: 9:31.47	44.44	1050m: 15:35.59	45.04
	300m: 4:18.21	44.75	700m: 10:17.45	45.98	1100m: 16:21.68	46.09
	350m: 5:02.22	44.01	750m: 11:02.33	44.88	1150m: 17:06.81	45.13
	400m: 5:47.98	45.76	800m: 11:47.90	45.57	1200m: 17:52.41	45.60
6.	<b>Joost de Kroon</b>	<b>AquAmigos</b>	<b>21:37.15</b>	<b>6400999</b>	<b>22:41.26</b>	<b>+1,07</b>
	50m: 39.54	39.54	450m: 6:41.94	45.61	850m: 12:48.62	45.40
	100m: 1:23.17	43.63	500m: 7:28.19	46.25	900m: 13:34.75	46.13
	150m: 2:08.05	44.88	550m: 8:13.88	45.69	950m: 14:20.99	46.24
	200m: 2:53.42	45.37	600m: 9:00.18	46.30	1000m: 15:07.24	46.25
	250m: 3:38.80	45.38	650m: 9:45.43	45.25	1050m: 15:53.27	46.03
	300m: 4:25.00	46.20	700m: 10:31.37	45.94	1100m: 16:40.08	46.81
	350m: 5:10.48	45.48	750m: 11:16.71	45.34	1150m: 17:25.70	45.62
	400m: 5:56.33	45.85	800m: 12:03.22	46.51	1200m: 18:11.79	46.09
7.	<b>Edzo Huisman</b>	<b>Aquapoldro</b>	<b>21:55.83</b>	<b>6301029</b>	<b>22:53.54</b>	<b>+1,01</b>
	50m: 37.45	37.45	450m: 6:47.35	48.07	850m: 13:01.94	45.30
	100m: 1:19.73	42.28	500m: 7:34.92	47.57	900m: 13:47.35	45.41
	150m: 2:04.19	44.46	550m: 8:22.47	47.55	950m: 14:32.10	44.75
	200m: 2:50.10	45.91	600m: 9:10.40	47.93	1000m: 15:17.50	45.40
	250m: 3:37.14	47.04	650m: 9:57.02	46.62	1050m: 16:01.86	44.36
	300m: 4:24.72	47.58	700m: 10:43.92	46.90	1100m: 16:47.85	45.99
	350m: 5:11.64	46.92	750m: 11:29.96	46.04	1150m: 17:34.05	46.20
	400m: 5:59.28	47.64	800m: 12:16.64	46.68	1200m: 18:21.04	46.99
8.	<b>Aldo Atzeni</b> <i>100m400m800m*</i>	<b>Florange olympique club</b>	<b>23:23.52</b>	<b>546024</b>	<b>23:46.29</b>	<b>+0,98</b>
	50m: 39.76	39.76	450m: 6:48.68	48.01	850m: 13:12.34	49.07
	100m: 1:23.36	43.60	500m: 7:36.09	47.41	900m: 14:00.72	48.38
	150m: 2:08.30	44.94	550m: 8:23.77	47.68	950m: 14:50.81	50.09
	200m: 2:54.45	46.15	600m: 9:11.10	47.33	1000m: 15:39.96	49.15
	250m: 3:40.59	46.14	650m: 9:59.37	48.27	1050m: 16:29.43	49.47
	300m: 4:27.67	47.08	700m: 10:46.76	47.39	1100m: 17:18.80	49.37
	350m: 5:14.17	46.50	750m: 11:35.01	48.25	1150m: 18:07.76	48.96
	400m: 6:00.67	46.50	800m: 12:23.27	48.26	1200m: 18:56.63	48.87
9.	<b>Marcel van der Lem</b>	<b>Kon AZ 1870</b>	<b>22:56.12</b>	<b>6500563</b>	<b>25:13.39</b>	<b>+0,86</b>
	50m: 37.45	37.45	450m: 6:52.20	49.27	850m: 13:40.66	52.11
	100m: 1:20.50	43.05	500m: 7:42.34	50.14	900m: 14:37.75	57.09
	150m: 2:05.52	45.02	550m: 8:32.96	50.62	950m: 15:34.08	56.33
	200m: 2:51.44	45.92	600m: 9:23.21	50.25	1000m: 16:31.59	57.51
	250m: 3:39.00	47.56	650m: 10:14.12	50.91	1050m: 17:21.11	49.52
	300m: 4:25.93	46.93	700m: 11:04.96	50.84	1100m: 18:13.49	52.38
	350m: 5:14.51	48.58	750m: 11:56.63	51.67	1150m: 19:05.70	52.21
	400m: 6:02.93	48.42	800m: 12:48.55	51.92	1200m: 19:58.80	53.10

**Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010**

**Programmanr. 2, Heren, 1500m vrije slag, Masters 45+**

rang	naam		vereniging		inschrijftijd		startnr.		tijd	RT		
10.	Rik van Gasteren		AquAmigos		25:31.56		6401015		<b>27:34.82</b>	+1,16		
	50m:	44.49	44.49	450m:	7:58.25	54.47	850m:	15:27.30	55.65	1250m:	23:05.03	55.74
	100m:	1:36.56	52.07	500m:	8:53.50	55.25	900m:	16:24.96	57.66	1300m:	24:01.29	56.26
	150m:	2:29.89	53.33	550m:	9:49.99	56.49	950m:	17:21.42	56.46	1350m:	24:56.53	55.24
	200m:	3:24.58	54.69	600m:	10:46.38	56.39	1000m:	18:19.71	58.29	1400m:	25:52.24	55.71
	250m:	4:18.85	54.27	650m:	11:42.60	56.22	1050m:	19:17.60	57.89	1450m:	26:46.61	54.37
	300m:	5:13.76	54.91	700m:	12:39.00	56.40	1100m:	20:14.00	56.40	1500m:	27:34.82	48.21
	350m:	6:08.26	54.50	750m:	13:33.79	54.79	1150m:	21:10.99	56.99			
	400m:	7:03.78	55.52	800m:	14:31.65	57.86	1200m:	22:09.29	58.30			

**Masters 50+**

1.	Marius Ros		ZCNF'34		20:27.06		5900779		<b>20:48.00</b>	+0,89		
	100m, 400m *											
	50m:	37.20	37.20	450m:	6:05.44	40.58	850m:	11:39.46	41.61	1250m:	17:19.04	42.41
	100m:	1:18.41	41.21	500m:	6:47.45	42.01	900m:	12:22.26	42.80	1300m:	18:02.32	43.28
	150m:	1:58.63	40.22	550m:	7:28.76	41.31	950m:	13:03.90	41.64	1350m:	18:43.44	41.12
	200m:	2:40.39	41.76	600m:	8:10.65	41.89	1000m:	13:47.05	43.15	1400m:	19:26.42	42.98
	250m:	3:20.59	40.20	650m:	8:51.81	41.16	1050m:	14:28.64	41.59	1450m:	20:07.99	41.57
	300m:	4:02.42	41.83	700m:	9:33.99	42.18	1100m:	15:11.44	42.80	1500m:	20:48.00	40.01
	350m:	4:42.71	40.29	750m:	10:15.18	41.19	1150m:	15:53.24	41.80			
	400m:	5:24.86	42.15	800m:	10:57.85	42.67	1200m:	16:36.63	43.39			
2.	Elzo Dijkhuis		TriVia		19:49.99		6000873		<b>21:20.36</b>	+1,16		
	50m:	35.72	35.72	450m:	6:09.85	42.18	850m:	11:56.84	43.58	1250m:	17:46.02	43.75
	100m:	1:15.34	39.62	500m:	6:52.80	42.95	900m:	12:39.97	43.13	1300m:	18:30.34	44.32
	150m:	1:56.42	41.08	550m:	7:35.54	42.74	950m:	13:23.92	43.95	1350m:	19:13.15	42.81
	200m:	2:38.16	41.74	600m:	8:18.97	43.43	1000m:	14:07.79	43.87	1400m:	19:56.16	43.01
	250m:	3:19.98	41.82	650m:	9:02.38	43.41	1050m:	14:51.34	43.55	1450m:	20:39.43	43.27
	300m:	4:02.65	42.67	700m:	9:45.69	43.31	1100m:	15:34.39	43.05	1500m:	21:20.36	40.93
	350m:	4:45.14	42.49	750m:	10:29.68	43.99	1150m:	16:18.52	44.13			
	400m:	5:27.67	42.53	800m:	11:13.26	43.58	1200m:	17:02.27	43.75			
3.	Lex Hoogendam		MNC Dordrecht		21:40.71		5700541		<b>23:03.70</b>	+1,01		
	50m:	38.85	38.85	450m:	6:43.02	46.21	850m:	12:57.47	46.42	1250m:	19:12.46	46.84
	100m:	1:22.04	43.19	500m:	7:29.64	46.62	900m:	13:44.75	47.28	1300m:	19:59.62	47.16
	150m:	2:07.14	45.10	550m:	8:16.51	46.87	950m:	14:31.12	46.37	1350m:	20:46.46	46.84
	200m:	2:53.50	46.36	600m:	9:03.58	47.07	1000m:	15:17.92	46.80	1400m:	21:32.97	46.51
	250m:	3:39.21	45.71	650m:	9:50.20	46.62	1050m:	16:04.65	46.73	1450m:	22:19.56	46.59
	300m:	4:24.84	45.63	700m:	10:37.10	46.90	1100m:	16:52.29	47.64	1500m:	23:03.70	44.14
	350m:	5:10.75	45.91	750m:	11:23.95	46.85	1150m:	17:38.64	46.35			
	400m:	5:56.81	46.06	800m:	12:11.05	47.10	1200m:	18:25.62	46.98			
4.	Paul Bunnik		Triton		23:03.94		5600413		<b>23:42.57</b>	+1,06		
	50m:	37.30	37.30	450m:	6:50.43	47.25	850m:	13:13.58	47.19	1250m:	19:44.54	48.70
	100m:	1:20.67	43.37	500m:	7:38.73	48.30	900m:	14:03.28	49.70	1300m:	20:34.22	49.68
	150m:	2:06.21	45.54	550m:	8:25.18	46.45	950m:	14:51.46	48.18	1350m:	21:22.48	48.26
	200m:	2:53.75	47.54	600m:	9:13.68	48.50	1000m:	15:40.67	49.21	1400m:	22:10.83	48.35
	250m:	3:40.36	46.61	650m:	10:01.11	47.43	1050m:	16:28.57	47.90	1450m:	22:58.00	47.17
	300m:	4:28.44	48.08	700m:	10:50.28	49.17	1100m:	17:17.55	48.98	1500m:	23:42.57	44.57
	350m:	5:15.07	46.63	750m:	11:37.55	47.27	1150m:	18:06.53	48.98			
	400m:	6:03.18	48.11	800m:	12:26.39	48.84	1200m:	18:55.84	49.31			
5.	Guy Jullien		CHAT		26:17.66		CHAT/256/57		<b>26:47.68</b>	+1,08		
	100m200m400m800m*											
	50m:	46.25	46.25	450m:	7:51.68	53.72	850m:	15:04.02	53.16	1250m:	22:17.12	53.25
	100m:	1:37.44	51.19	500m:	8:46.92	55.24	900m:	15:58.67	54.65	1300m:	23:12.17	55.05
	150m:	2:28.92	51.48	550m:			950m:	16:51.95	53.28	1350m:	24:05.58	53.41
	200m:	3:22.60	53.68	600m:	10:34.33		1000m:	17:45.69	53.74	1400m:	25:00.38	54.80
	250m:	4:15.26	52.66	650m:	11:28.73	54.40	1050m:	18:38.57	52.88	1450m:	25:53.61	53.23
	300m:	5:09.59	54.33	700m:	12:23.34	54.61	1100m:	19:33.80	55.23	1500m:	26:47.68	54.07
	350m:	6:03.08	53.49	750m:	13:16.35	53.01	1150m:					
	400m:	6:57.96	54.88	800m:	14:10.86	54.51	1200m:	21:23.87				
6.	Rene Groot		ZV De Bron		27:02.91		5900617		<b>27:02.18</b>	+1,19		
	50m:	45.40	45.40	450m:	7:54.17	54.42	850m:	15:11.40	54.76	1250m:	22:30.77	54.68
	100m:	1:36.45	51.05	500m:	8:47.85	53.68	900m:	16:06.07	54.67	1300m:	23:25.85	55.08
	150m:	2:30.76	54.31	550m:	9:42.28	54.43	950m:	16:59.80	53.73	1350m:	24:21.13	55.28
	200m:	3:22.94	52.18	600m:	10:36.83	54.55	1000m:	17:55.03	55.23	1400m:	25:16.56	55.43
	250m:	4:16.97	54.03	650m:	11:32.00	55.17	1050m:	18:51.05	56.02	1450m:	26:10.06	53.50
	300m:	5:11.24	54.27	700m:	12:26.97	54.97	1100m:	19:45.84	54.79	1500m:	27:02.18	52.12
	350m:	6:05.86	54.62	750m:	13:22.05	55.08	1150m:	20:41.78	55.94			
	400m:	6:59.75	53.89	800m:	14:16.64	54.59	1200m:	21:36.09	54.31			

Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

Programmanr. 2, Heren, 1500m vrije slag, Masters 50+

rang	naam	vereniging		inschrijftijd		startnr.	tijd		RT			
7.	Kees Karsten	Gay Swim Amsterdam		32:14.59		5800203	<b>29:08.08</b>		+0,94			
	<b>400m *</b>											
	50m:	49.04	49.04	450m:	8:26.46	58.36	850m:	16:14.40	59.63	1250m:	24:11.47	1:00.77
	100m:	1:45.34	56.30	500m:	9:23.72	57.26	900m:	17:13.17	58.77	1300m:	25:11.77	1:00.30
	150m:	2:41.85	56.51	550m:	10:22.40	58.68	950m:	18:12.49	59.32	1350m:	26:12.04	1:00.27
	200m:	3:38.94	57.09	600m:	11:19.37	56.97	1000m:	19:11.83	59.34	1400m:	27:12.02	59.98
	250m:	4:36.33	57.39	650m:	12:18.33	58.96	1050m:	20:12.00	1:00.17	1450m:	28:12.68	1:00.66
	300m:	5:33.39	57.06	700m:	13:16.44	58.11	1100m:	21:10.87	58.87	1500m:	29:08.08	55.40
	350m:	6:30.92	57.53	750m:	14:15.75	59.31	1150m:	22:10.54	59.67			
	400m:	7:28.10	57.18	800m:	15:14.77	59.02	1200m:	23:10.70	1:00.16			

Masters 55+

1.	Henk Slomp	De Pinquin		21:14.40		5500359	<b>22:32.52</b>		+0,96			
	50m:	37.61	37.61	450m:	6:31.94	45.19	850m:	12:35.12	45.72	1250m:	18:46.01	46.25
	100m:	1:19.63	42.02	500m:	7:16.66	44.72	900m:	13:20.80	45.68	1300m:	19:31.72	45.71
	150m:	2:03.26	43.63	550m:	8:02.61	45.95	950m:	14:04.99	44.19	1350m:	20:19.40	47.68
	200m:	2:46.83	43.57	600m:	8:47.56	44.95	1000m:	14:51.91	46.92	1400m:	21:05.55	46.15
	250m:	3:31.54	44.71	650m:	9:33.41	45.85	1050m:	15:38.75	46.84	1450m:	21:51.52	45.97
	300m:	4:16.15	44.61	700m:	10:18.61	45.20	1100m:	16:24.97	46.22	1500m:	22:32.52	41.00
	350m:	5:01.86	45.71	750m:	11:04.51	45.90	1150m:	17:12.26	47.29			
	400m:	5:46.75	44.89	800m:	11:49.40	44.89	1200m:	17:59.76	47.50			

2.	Hugo Staudt	WS Twente		23:49.81		5300253	<b>22:48.53</b>		+0,93			
	50m:	40.77	40.77	450m:	6:49.29	45.15	850m:	12:55.76	45.96	1250m:	19:03.04	45.91
	100m:	1:25.73	44.96	500m:	7:35.30	46.01	900m:	13:41.66	45.90	1300m:	19:49.52	46.48
	150m:	2:12.50	46.77	550m:	8:20.69	45.39	950m:	14:27.33	45.67	1350m:	20:35.30	45.78
	200m:	2:59.22	46.72	600m:	9:06.63	45.94	1000m:	15:13.90	46.57	1400m:	21:21.50	46.20
	250m:	3:45.49	46.27	650m:	9:52.32	45.69	1050m:	15:59.25	45.35	1450m:	22:05.95	44.45
	300m:	4:31.89	46.40	700m:	10:38.90	46.58	1100m:	16:45.68	46.43	1500m:	22:48.53	42.58
	350m:	5:17.92	46.03	750m:	11:24.37	45.47	1150m:	17:30.80	45.12			
	400m:	6:04.14	46.22	800m:	12:09.80	45.43	1200m:	18:17.13	46.33			

3.	Peter van Genderen	Old Dutch		26:45.48		5500405	<b>26:45.30</b>		+1,06			
	<b>100m, 200m *</b>											
	50m:	42.71	42.71	450m:	7:39.81	54.10	850m:	14:53.24	53.89	1250m:	22:13.14	55.28
	100m:	1:30.45	47.74	500m:	8:35.07	55.26	900m:	15:49.24	56.00	1300m:	23:07.53	54.39
	150m:	2:20.78	50.33	550m:	9:28.31	53.24	950m:	16:42.45	53.21	1350m:	24:02.63	55.10
	200m:	3:12.65	51.87	600m:	10:23.04	54.73	1000m:	17:37.02	54.57	1400m:	24:58.03	55.40
	250m:	4:05.08	52.43	650m:	11:16.11	53.07	1050m:	18:31.96	54.94	1450m:	25:52.83	54.80
	300m:	4:58.09	53.01	700m:	12:10.34	54.23	1100m:	19:27.84	55.88	1500m:	26:45.30	52.47
	350m:	5:51.73	53.64	750m:	13:05.28	54.94	1150m:	20:22.58	54.74			
	400m:	6:45.71	53.98	800m:	13:59.35	54.07	1200m:	21:17.86	55.28			

4.	Michel Hougardy	CNBA		25:04.81		CNBA/648/51	<b>27:07.30</b>		+1,06			
	50m:	45.29	45.29	450m:	7:52.89	54.36	850m:	15:11.25	55.45	1250m:	22:31.80	55.88
	100m:	1:34.61	49.32	500m:	8:46.85	53.96	900m:	16:05.43	54.18	1300m:	23:26.67	54.87
	150m:	2:26.51	51.90	550m:	9:41.85	55.00	950m:	17:00.26	54.83	1350m:	24:22.76	56.09
	200m:	3:19.81	53.30	600m:	10:36.28	54.43	1000m:	17:54.81	54.55	1400m:	25:18.18	55.42
	250m:	4:14.07	54.26	650m:	11:30.58	54.30	1050m:	18:49.75	54.94	1450m:	26:13.33	55.15
	300m:	5:08.75	54.68	700m:	12:25.15	54.57	1100m:	19:44.93	55.18	1500m:	27:07.30	53.97
	350m:	6:02.77	54.02	750m:	13:20.12	54.97	1150m:	20:40.43	55.50			
	400m:	6:58.53	55.76	800m:	14:15.80	55.68	1200m:	21:35.92	55.49			

5.	Rudolf Post	Gay Swim Amsterdam		28:41.59		5500325	<b>29:42.81</b>		+1,08			
	<b>400m, 800m *</b>											
	50m:	51.08	51.08	450m:	8:44.22	58.74	850m:	16:45.83	1:02.13	1250m:	24:50.67	1:01.25
	100m:	1:49.35	58.27	500m:	9:44.58	1:00.36	900m:	17:47.66	1:01.83	1300m:	25:50.49	59.82
	150m:	2:48.35	59.00	550m:	10:44.57	59.99	950m:	18:46.58	58.92	1350m:	26:49.42	58.93
	200m:	3:46.79	58.44	600m:	11:44.45	59.88	1000m:	19:48.55	1:01.97	1400m:	27:48.87	59.45
	250m:	4:44.93	58.14	650m:	12:44.50	1:00.05	1050m:	20:47.44	58.89	1450m:	28:47.56	58.69
	300m:	5:45.60	1:00.67	700m:	13:44.44	59.94	1100m:	21:49.17	1:01.73	1500m:	29:42.81	55.25
	350m:	6:45.15	59.55	750m:	14:44.27	59.83	1150m:	22:48.89	59.72			
	400m:	7:45.48	1:00.33	800m:	15:43.70	59.43	1200m:	23:49.42	1:00.53			

Masters 60+

1.	Donald Uijtenbogaart	Het Y		20:32.13		4700107	<b>20:23.60</b>		+0,93			
	<b>200m *</b>											
	50m:	38.74	38.74	450m:	6:07.64	40.58	850m:	11:36.22	40.85	1250m:	17:03.75	40.96
	100m:	1:20.00	41.26	500m:	6:48.87	41.23	900m:	12:17.19	40.97	1300m:	17:44.15	40.40
	150m:	2:01.13	41.13	550m:	7:29.55	40.68	950m:	12:58.18	40.99	1350m:	18:25.27	41.12
	200m:	2:42.64	41.51	600m:	8:10.81	41.26	1000m:	13:39.06	40.88	1400m:	19:05.99	40.72
	250m:	3:23.52	40.88	650m:	8:51.69	40.88	1050m:	14:19.84	40.78	1450m:	19:45.31	39.32
	300m:	4:04.97	41.45	700m:	9:33.34	41.65	1100m:	15:00.37	40.53	1500m:	20:23.60	38.29
	350m:	4:46.00	41.03	750m:	10:14.30	40.96	1150m:	15:41.46	41.09			
	400m:	5:27.06	41.06	800m:	10:55.37	41.07	1200m:	16:22.79	41.33			

Open Nederlandse Masters  
Kampioenschappen 2010 Ib  
Eindhoven, 7-9 mei 2010

Programmanr. 2, Heren, 1500m vrije slag

Masters 65+

1. Rob Hanou		PSV		24:30.05	4300109	<b>24:48.29</b>	+1,10
50m: 41.71	41.71	450m: 7:18.44	50.48	850m: 14:02.38	51.29	1250m: 20:42.42	49.86
100m: 1:28.99	47.28	500m: 8:09.39	50.95	900m: 14:52.62	50.24	1300m: 21:33.04	50.62
150m: 2:18.04	49.05	550m: 8:59.50	50.11	950m: 15:42.68	50.06	1350m: 22:22.98	49.94
200m: 3:08.25	50.21	600m: 9:49.68	50.18	1000m: 16:33.05	50.37	1400m: 23:12.57	49.59
250m: 3:57.90	49.65	650m: 10:39.75	50.07	1050m: 17:22.69	49.64	1450m: 24:00.67	48.10
300m: 4:47.66	49.76	700m: 11:30.14	50.39	1100m: 18:12.47	49.78	1500m: 24:48.29	47.62
350m: 5:37.37	49.71	750m: 12:21.09	50.95	1150m: 19:02.67	50.20		
400m: 6:27.96	50.59	800m: 13:11.09	50.00	1200m: 19:52.56	49.89		
2. Manfred Bottin		SV Langenfeld 1912		25:59.29	057993	<b>26:59.39</b>	+1,19
50m: 46.46	46.46	450m: 7:58.21	54.67	850m: 15:14.80	54.33	1250m: 22:29.36	53.98
100m: 1:39.70	53.24	500m: 8:53.52	55.31	900m: 16:08.96	54.16	1300m: 23:22.18	52.82
150m: 2:33.33	53.63	550m: 9:49.08	55.56	950m: 17:03.73	54.77	1350m: 24:17.71	55.53
200m: 3:26.63	53.30	600m: 10:43.21	54.13	1000m: 17:57.93	54.20	1400m: 25:13.44	55.73
250m: 4:20.69	54.06	650m: 11:38.05	54.84	1050m: 18:53.00	55.07	1450m: 26:08.52	55.08
300m: 5:14.85	54.16	700m: 12:32.40	54.35	1100m: 19:46.67	53.67	1500m: 26:59.39	50.87
350m: 6:09.14	54.29	750m: 13:26.50	54.10	1150m: 20:40.85	54.18		
400m: 7:03.54	54.40	800m: 14:20.47	53.97	1200m: 21:35.38	54.53		
3. Bob Arendsen		De Futen		27:04.29	4400005	<b>27:53.05</b>	
50m: 45.12	45.12	450m: 8:08.94	55.65	850m: 15:43.62	56.31	1250m: 23:18.88	55.94
100m: 1:37.75	52.63	500m: 9:06.09	57.15	900m: 16:40.97	57.35	1300m: 24:16.50	57.62
150m: 2:32.71	54.96	550m: 10:02.05	55.96	950m: 17:37.22	56.25	1350m: 25:11.58	55.08
200m: 3:29.42	56.71	600m: 10:59.06	57.01	1000m: 18:35.14	57.92	1400m: 26:07.10	55.52
250m: 4:24.17	54.75	650m: 11:55.24	56.18	1050m: 19:31.46	56.32	1450m: 27:01.23	54.13
300m: 5:20.44	56.27	700m: 12:52.57	57.33	1100m: 20:29.45	57.99	1500m: 27:53.05	51.82
350m: 6:16.13	55.69	750m: 13:49.34	56.77	1150m: 21:25.19	55.74		
400m: 7:13.29	57.16	800m: 14:47.31	57.97	1200m: 22:22.94	57.75		
4. Peter Ouweneel		RSW (SG)		36:54.29	4500077	<b>34:43.90</b>	+1,16
50m: 56.79	56.79	450m: 10:03.60	1:09.75	850m: 19:22.44	1:08.93	1250m: 28:49.26	1:11.66
100m: 2:02.43	1:05.64	500m: 11:16.04	1:12.44	900m: 20:32.95	1:10.51	1300m: 30:03.51	1:14.25
150m: 3:08.26	1:05.83	550m: 12:25.20	1:09.16	950m: 21:42.83	1:09.88	1350m: 31:14.06	1:10.55
200m: 4:17.73	1:09.47	600m: 13:36.47	1:11.27	1000m: 22:54.77	1:11.94	1400m: 32:28.63	1:14.57
250m: 5:24.81	1:07.08	650m: 14:45.86	1:09.39	1050m: 24:02.90	1:08.13	1450m: 33:38.15	1:09.52
300m: 6:34.65	1:09.84	700m: 15:56.00	1:10.14	1100m: 25:12.80	1:09.90	1500m: 34:43.90	1:05.75
350m: 7:43.29	1:08.64	750m: 17:04.85	1:08.85	1150m: 26:23.81	1:11.01		
400m: 8:53.85	1:10.56	800m: 18:13.51	1:08.66	1200m: 27:37.60	1:13.79		

Masters 70+

1. Nico Geers		Z&PC De Gouwe		23:52.88	3800007	<b>24:25.43</b>	+1,01
50m: 42.57	42.57	450m: 7:11.26	48.99	850m: 13:49.99	49.81	1250m: 20:26.38	48.88
100m: 1:29.35	46.78	500m: 8:01.44	50.18	900m: 14:39.00	49.01	1300m: 21:16.01	49.63
150m: 2:17.03	47.68	550m: 8:50.52	49.08	950m: 15:29.20	50.20	1350m: 22:05.20	49.19
200m: 3:05.78	48.75	600m: 9:40.43	49.91	1000m: 16:19.36	50.16	1400m: 22:53.25	48.05
250m: 3:54.15	48.37	650m: 10:30.40	49.97	1050m: 17:08.36	49.00	1450m: 23:42.04	48.79
300m: 4:43.84	49.69	700m: 11:20.48	50.08	1100m: 17:58.16	49.80	1500m: 24:25.43	43.39
350m: 5:33.07	49.23	750m: 12:10.11	49.63	1150m: 18:47.89	49.73		
400m: 6:22.27	49.20	800m: 13:00.18	50.07	1200m: 19:37.50	49.61		
2. Jaap v.d. Velden		Oceanus		26:21.57	4000057	<b>27:00.13</b>	+0,96
50m: 45.73	45.73	450m: 7:57.53	54.15	850m: 15:11.37	53.99	1250m: 22:28.83	55.83
100m: 1:36.99	51.26	500m: 8:51.93	54.40	900m: 16:05.31	53.94	1300m: 23:24.03	55.20
150m: 2:30.55	53.56	550m: 9:40.43	54.08	950m: 17:03.57	54.16	1350m: 24:19.04	55.01
200m: 3:25.24	54.69	600m: 10:40.68	53.94	1000m: 17:53.57	55.58	1400m: 25:14.75	55.71
250m: 4:19.30	54.06	650m: 11:34.76	53.73	1050m: 18:47.73	54.91	1450m: 26:11.47	56.72
300m: 5:13.94	54.64	700m: 12:28.70	54.95	1100m: 19:43.31	54.78	1500m: 27:00.13	48.66
350m: 6:08.09	54.15	750m: 13:22.43		1150m: 20:38.22			
400m: 7:03.38	55.29	800m: 14:17.38		1200m: 21:33.00			
3. Gregor Pompen		Aqua-Novio'94		26:36.11	3700021	<b>27:38.18</b>	+1,02
50m: 48.59	48.59	450m: 8:04.73	55.52	850m: 15:30.89	56.21	1250m: 22:59.38	55.78
100m: 1:40.85	52.26	500m: 9:00.01	55.28	900m: 16:27.34	56.45	1300m: 23:55.91	56.53
150m: 2:34.86	54.01	550m: 9:55.86	55.85	950m: 17:23.24	55.90	1350m: 24:52.10	56.19
200m: 3:28.91	54.05	600m: 10:51.07	55.21	1000m: 18:20.06	56.82	1400m: 25:48.18	56.08
250m: 4:24.59	55.68	650m: 11:46.71	55.64	1050m: 19:15.04	54.98	1450m: 26:44.18	56.00
300m: 5:18.99	54.40	700m: 12:42.63	55.92	1100m: 20:11.25	56.21	1500m: 27:38.18	54.00
350m: 6:14.50	55.51	750m: 13:38.26	55.63	1150m: 21:06.88	55.63		
400m: 7:09.21	54.71	800m: 14:34.68	56.42	1200m: 22:03.60	56.72		

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 3  
07.05.2010 - 17:02

Dames, 200m rugslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Cynthia Grooteboer <i>Kampioenschaps Record</i>	De Reest	2:39.61 8901462	<b>2:42.57</b>	+0,76	38.37	1:19.79	2:01.87	2:42.57
2. Sunanda van Heteren	PCG	2:41.30 8901728	<b>2:46.58</b>	+0,80	39.26	1:21.59	2:04.76	2:46.58
3. Maaïke de Boer	De Duinkickers	2:44.80 9000362	<b>2:48.60</b>	+0,70	40.15	1:23.52	2:06.62	2:48.60
4. Monique Nieuwelink	De Haaien	2:44.63 9002724	<b>2:49.80</b>	+0,83	41.13	1:23.77	2:07.86	2:49.80
5. Esther van Maastrigt	Montferland	2:52.20 8802836	<b>2:55.14</b>	+0,65	41.26	1:25.68	2:11.08	2:55.14
6. Miriam Visserman	Octopus	2:51.96 8704364	<b>2:56.81</b>	+0,88	42.05	1:26.48	2:12.10	2:56.81
7. Sanne van Dijk	Zoetermeer	2:51.63 9000818	<b>2:58.28</b>	+0,72	40.32	1:24.96	2:11.78	2:58.28
8. Eline Schoenmaker	De Duinkickers	2:50.70 9003322	<b>3:00.03</b>	+0,72	43.00	1:29.73	2:16.41	3:00.03
9. Annelette de Vries	De Veene	2:51.60 8603908	<b>3:00.29</b>	+0,80	40.63	1:26.68	2:14.08	3:00.29
10. Maaïke van Diggele	ZPB H&L Productions	2:54.80 8700868	<b>3:00.66</b>	+0,84	42.18	1:26.77	2:13.86	3:00.66
11. Karin Simons	WZK Zwemmen	2:43.56 8903804	<b>3:04.05</b>	+0,79	39.88	1:26.99	2:16.44	3:04.05
12. Annebeth van Ark	Octopus	2:55.34 8805588	<b>3:06.19</b>	+0,81	43.31	1:31.52	2:20.50	3:06.19
13. Fleur Maas	Zoetermeer	3:06.02 8902768	<b>3:16.95</b>	+0,81	44.97	1:36.95	2:28.16	3:16.95
14. Paulien v.d Molen	HZ&PC Heerenveen	3:24.60 9006048	<b>3:38.99</b>	+0,84	52.67	1:47.51	2:43.81	3:38.99
<b>Masters 25+</b>								
1. Bianca van Ringelestijn	PSV	2:43.60 8502466	<b>2:48.45</b>	+0,68	38.63	1:22.12	2:06.29	2:48.45
2. Hanneke Heymen	Montferland	2:44.62 8400968	<b>2:48.54</b>	+0,63	39.90	1:23.31	2:06.70	2:48.54
3. Annette Vogelsang	ZV De Bron	3:11.74 8402632	<b>3:04.40</b>	+0,72	43.04	1:30.47	2:18.83	3:04.40
<b>Masters 30+</b>								
1. Janneke Harmsen <i>Kampioenschaps Record</i>	De Spatters	2:47.36 7700938	<b>2:42.09</b>	+0,78	36.30	1:17.17	2:00.14	2:42.09
2. Francijna de Kooter	De Biesboschzwemmers	2:47.15 8000634	<b>2:48.05</b>	+0,77	38.71	1:21.92	2:05.82	2:48.05
3. Emerentia Knebel	KZPC	2:44.14 7600322	<b>2:48.51</b>	+0,71	38.99	1:22.10	2:05.73	2:48.51
4. Jolanda van Gendt	PSV	2:51.04 7800266	<b>2:52.65</b>	+0,69	40.02	1:23.71	2:08.80	2:52.65
5. Margriet Leeffers	Deltasteur	3:21.43 7800448	<b>3:29.41</b>	+0,76	47.60	1:40.50	2:35.34	3:29.41
<b>Masters 35+</b>								
1. Liselotte Joling	PSV	2:59.87 7500268	<b>2:54.92</b>	+0,78	40.11	1:24.28	2:09.78	2:54.92
2. Henriëtte Manting	GZVV	3:04.90 7100246	<b>3:05.43</b>	+0,71	41.94	1:28.21	2:16.43	3:05.43
3. Dianne Nien	RZ	3:02.75 7100452	<b>3:06.58</b>	+0,75	43.30	1:30.30	2:18.97	3:06.58
<b>Masters 40+</b>								
1. Henriëtte v. Norden	AZ&PC	2:55.39 6800046	<b>3:00.07</b>	+0,84	41.45	1:26.93	2:13.50	3:00.07
2. Susanne van Hooven	De Schoteijl	2:56.49 6800752	<b>3:04.05</b>	+0,82	42.10	1:28.20	2:16.12	3:04.05
3. Helen Turner	PSV	3:12.88 7000894	<b>3:07.35</b>	+0,69	44.77	1:32.57	2:21.40	3:07.35
4. Desiree van der Lem	Kon AZ 1870	3:14.39 6800282	<b>3:16.57</b>	+0,74	44.19	1:34.24	2:26.31	3:16.57
5. Haya Mellema	Aquapoldro	4:05.98 6600482	<b>4:10.04</b>	+0,90	54.48	1:59.06	3:04.65	4:10.04
<b>Masters 45+</b>								
1. Judith Cromjongh <i>Nederlands Masters Record</i>	De Zwoer	2:40.35 6400054	<b>2:43.93</b>	+0,75	38.70	1:20.06	2:02.60	2:43.93
2. Jacqueline Rolloos	De Lansingh	2:53.72 6300222	<b>3:00.67</b>	+0,84	42.60	1:28.50	2:15.79	3:00.67
3. Fabienne Demoor <i>100m*</i>	Asl Janville Lardy	3:31.35 542895	<b>3:30.78</b>	+0,89	48.88	1:42.59	2:36.29	3:30.78
4. Alie Visser	HZ&PC Heerenveen	3:33.83 6400494	<b>3:35.57</b>	+0,69	48.68	1:43.71	2:40.25	3:35.57

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 3, Dames, 200m rugslag

Masters 50+

1. Atie Pijtak-Radersma	AZ&PC	2:54.73	5600048	<b>2:59.54</b>	+0,73	41.67	1:27.44	2:13.42	2:59.54
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Masters 55+

1. Margriet Pasma	De Pinquin	3:07.84	5500088	<b>3:15.67</b>	+0,73	44.68	1:33.31	2:24.78	3:15.67
2. Tineke van Diggelen	Oceanus	3:51.11	5200048	<b>4:01.47</b>	+0,89	55.70	1:57.08	2:59.13	4:01.47
3. Corine Kalbfleisch	DWT	3:57.53	5200024	<b>4:03.56</b>	+0,91	56.31	1:59.39	3:04.30	4:03.56
4. Gonnje Bak	PSV	4:25.00	5100002	<b>4:06.67</b>	+0,65	59.58	2:06.46	3:10.47	4:06.67

100m\*

Masters 60+

1. A. Gilding-Tussaud	WS Twente	3:46.44	5000038	<b>3:41.95</b>	+0,75	49.53	1:46.89	2:47.59	3:41.95
<i>Kampioenschaps Record</i>									
2. Hannelore Bottin	SV Langenfeld 1912	5:14.38	057992	<b>5:23.68</b>		1:09.87	2:33.52	3:58.89	5:23.68

Masters 65+

1. Nicole Davidson	ShaRK	4:21.07	ShaRK/184/44	<b>4:26.52</b>	+0,75	59.53	2:08.06	3:18.91	4:26.52
2. Leny Kamp	Aquapoldro	4:15.07	4400008	<b>4:38.36</b>	+0,71	1:01.09	2:11.42	3:25.48	4:38.36

Masters 70+

1. Tineke de Bueger	Old Dutch	4:59.00	3700010	<b>5:29.07</b>	+0,88	1:13.34	2:40.43	4:05.77	5:29.07
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Masters 75+

1. Lottie Geurts	PSV	4:04.63	3500006	<b>4:12.57</b>	+0,49	59.11	2:04.67	3:11.54	4:12.57
<i>Nederlands Masters Record</i>									
2. Jeltje van Bergen	De Pinquin	4:22.20	3500002	<b>4:19.08</b>	+0,75	57.12	2:03.76	3:11.73	4:19.08
3. Annie de Vos	Old Dutch	4:28.27	3400004	<b>4:30.37</b>	+0,83	1:02.14	2:10.73	3:22.19	4:30.37

Programmanr. 4  
07.05.2010 - 17:25

Heren, 200m rugslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
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Masters 20+

1. Alex Vermeulen	WZK Zwemmen	2:22.52	8905811	<b>2:27.09</b>	+0,70	34.26	1:11.44	1:49.95	2:27.09
2. Mark Pijtak	AZ&PC	2:40.67	9002287	<b>2:37.24</b>	+0,72	36.60	1:17.57	1:59.18	2:37.24
3. Harmen Reemst	ZOB'66	2:38.36	8702715	<b>2:44.65</b>	+0,67	37.35	1:18.63	2:01.80	2:44.65
4. Sven van Zanten	De Duinkickers	2:41.67	9003405	<b>2:44.98</b>	+0,67	38.33	1:20.71	2:04.70	2:44.98

Masters 25+

1. Thommy Nickel	Van Vliet-Barracuda	2:23.88	8401627	<b>2:25.29</b>	+0,73	33.48	1:09.33	1:46.82	2:25.29
2. Martijn Giezen	Montferland	2:30.14	8500813	<b>2:25.73</b>	+0,63	32.44	1:09.73	1:48.08	2:25.73
3. Marcel Reefhuis	De Veene	2:24.20	8101381	<b>2:26.80</b>	+0,78	33.52	1:10.24	1:47.51	2:26.80
4. Leander Noordijk	De Schotelijk	2:20.23	8101221	<b>2:28.20</b>	+0,82	34.79	1:13.38	1:51.21	2:28.20
5. Albert van Piekeren	Octopus	2:30.42	8401767	<b>2:35.11</b>	+0,72	34.89	1:13.27	1:54.28	2:35.11

Masters 30+

1. Dennis Brouwers	HZPC	2:15.41	7800167	<b>2:18.36</b>	+0,73	32.60	1:07.30	1:42.58	2:18.36
<i>Nederlands Masters Record</i>									
2. Erik Kusters	Dedemsvaart-AC	2:23.04	8000837	<b>2:29.20</b>	+0,79	34.12	1:11.54	1:50.37	2:29.20
3. Stan Dekker	PLONS	2:30.21	7901823	<b>2:32.97</b>	+0,73	35.08	1:13.19	1:53.00	2:32.97
4. Freddie Geerlings	NIMO	2:25.71	7900379	<b>2:40.57</b>	+0,74	36.70	1:16.54	1:59.09	2:40.57

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 4, Heren, 200m rugslag

Masters 35+

1. Erwin Zuidervelt	De Futen	2:36.96	7501015	<b>2:45.54</b>	+0,69	37.93	1:18.37	2:01.89	2:45.54
2. Gerard Eghuizen	HZ&PC Heerenveen	2:45.03	7400197	<b>3:14.47</b>	+0,85	45.02	1:34.16	2:25.19	3:14.47

Masters 40+

1. Zoltan Balajti	Budapesti Delfinek	2:25.81	66BALA	<b>2:29.36</b>	+0,67	34.85	1:13.98	1:52.74	2:29.36
2. Casper de Zeeuw	WS Twente	2:47.50	7001137	<b>2:44.61</b>	+0,72	39.46	1:21.20	2:03.07	2:44.61
3. Arjon de Bok	De Biesboschzwemmers	2:37.27	6900125	<b>2:45.00</b>	+0,81	37.14	1:18.87	2:02.25	2:45.00
AFGEM Henk van Zetten	Octopus	3:20.10	6701261						
AFGEM Patrick Juncker	Swimming Luxembourg	2:45.80	67-JUNC						

Masters 45+

1. Edwin v. Norden	AZ&PC	2:20.19	6300563	<b>2:34.68</b>	+0,75	34.79	1:12.86	1:53.71	2:34.68
2. Arnold de Rover	De Futen	2:41.95	6400645	<b>2:43.51</b>	+0,73	37.31	1:18.06	2:00.48	2:43.51
3. Ron Phaff	PSV	2:45.69	6200495	<b>2:50.99</b>	+0,68	39.36	1:22.72	2:06.70	2:50.99
4. Marcel van der Lem	Kon AZ 1870	2:56.17	6500563	<b>3:02.90</b>	+0,73	39.26	1:25.63	2:14.84	3:02.90

100m\*

Masters 50+

1. Hugo Bregman	WVZ	2:26.92	5800069	<b>2:28.60</b>	+0,80	34.65	1:12.07	1:51.36	2:28.60
<i>Nederlands Masters Record</i>									
2. Elzo Dijkhuis	TriVia	2:42.38	6000873	<b>2:51.85</b>	+0,70	39.61	1:22.34	2:08.12	2:51.85
3. Andre Storm	Zoetermeer	2:52.57	5600407	<b>2:52.42</b>	+0,55	40.27	1:24.98	2:10.03	2:52.42
4. Filip Timmermans	ShaRK	3:38.83	ShaRK/163/60	<b>3:41.85</b>	+0,87	52.38	1:48.84	2:47.08	3:41.85
5. Michiel Tonsbeek	DWT	3:49.84	6000889	<b>3:53.15</b>	+0,84	55.74	1:55.52	2:54.72	3:53.15
DIS Wim de Lange	Electrolux AZC	2:52.91	5800533	<b>3:02.61</b>	+0,69	41.26	1:25.86	2:14.79	3:02.61

RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder met de keerhandeling bezig te zijn.

Masters 55+

1. Henk Slomp	De Pinquin	3:01.11	5500359	<b>3:06.28</b>	+0,86	43.47	1:30.69	2:20.22	3:06.28
AFGEM Peter Gulyas	Totkomlosi Rozmar Szenior	3:05.88	51GULY						

Masters 60+

1. Janos Koczian	Budapesti Delfinek	3:05.60	50KOCZ	<b>3:07.27</b>	+0,79	42.90	1:30.10	2:20.07	3:07.27
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Masters 70+

1. Frans van Enst	WS Twente	3:02.51	4000011	<b>3:04.41</b>	+0,65	41.08	1:27.75	2:15.96	3:04.41
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Europees Masters Record, tt 100m Nederlands Masters Record

Masters 85+

1. Ru Holtes	De Dolfijn	4:40.15	2500001	<b>4:28.19</b>	+0,72	1:01.34	2:09.49	3:19.84	4:28.19
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Nederlands Masters Record

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 5  
07.05.2010 - 17:42

Dames, 400m wisselag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Karin van Dijk	HZ&PC Heerenveen	5:46.16	8600850	<b>5:51.17</b>	+0,95
	50m: 35.44 35.44	150m: 2:10.33 51.23	250m: 3:45.17	44.70 350m:	5:12.21 40.13	
	100m: 1:19.10 43.66	200m: 3:00.47 50.14	300m: 4:32.08	46.91 400m:	5:51.17 38.96	
2.	Kitty van Gendt	PSV	6:20.00	8701288	<b>6:13.38</b>	+0,87
	50m: 36.30 36.30	150m: 2:10.01 48.92	250m: 3:52.77	55.69 350m:	5:31.73 41.69	
	100m: 1:21.09 44.79	200m: 2:57.08 47.07	300m: 4:50.04	57.27 400m:	6:13.38 41.65	
3.	Whitley Rens	De Schoteijl	6:38.63	9007520	<b>6:50.17</b>	+0,89
	50m: 43.38 43.38	150m: 2:29.14 53.67	250m: 4:17.24	57.18 350m:	6:04.46 48.21	
	100m: 1:35.47 52.09	200m: 3:20.06 50.92	300m: 5:16.25	59.01 400m:	6:50.17 45.71	
<b>Masters 25+</b>						
1.	Nadya Putter	Vlaardingen	5:35.02	8301630	<b>5:34.24</b>	+0,82
	<i>Kampioenschaps Record</i>					
	50m: 34.06 34.06	150m: 1:56.49 42.99	250m: 3:26.76	48.33 350m:	4:56.09 39.53	
	100m: 1:13.50 39.44	200m: 2:38.43 41.94	300m: 4:16.56	49.80 400m:	5:34.24 38.15	
2.	Roos van Esch	TRB-RES	5:37.21	8200468	<b>5:51.84</b>	+0,90
	50m: 35.52 35.52	150m: 2:01.97 45.49	250m: 3:39.57	52.82 350m:	5:12.55 39.89	
	100m: 1:16.48 40.96	200m: 2:46.75 44.78	300m: 4:32.66	53.09 400m:	5:51.84 39.29	
3.	Linda Hoogendam	D'Eift	5:57.00	8300892	<b>6:19.89</b>	+0,79
	50m: 37.83 37.83	150m: 2:15.77 47.84	250m: 3:59.54	56.70 350m:	5:40.42 42.25	
	100m: 1:27.93 50.10	200m: 3:02.84 47.07	300m: 4:58.17	58.63 400m:	6:19.89 39.47	
4.	Annette Vogelsang	ZV De Bron	6:33.88	8402632	<b>6:31.02</b>	+0,93
	50m: 39.44 39.44	150m: 2:18.77 49.76	250m: 4:03.42	55.84 350m:	5:44.93 44.38	
	100m: 1:29.01 49.57	200m: 3:07.58 48.81	300m: 5:00.55	57.13 400m:	6:31.02 46.09	
5.	Miranda Mud	HZ&PC Heerenveen	7:03.55	8201156	<b>7:22.07</b>	+0,80
	50m: 47.75 47.75	150m: 2:45.50 56.78	250m: 4:41.04	59.02 350m:	6:30.77 50.78	
	100m: 1:48.72 1:00.97	200m: 3:42.02 56.52	300m: 5:39.99	58.95 400m:	7:22.07 51.30	
6.	Rianne van Vegchelen	Deltasteur	7:36.37	8101530	<b>7:36.14</b>	+1,11
	50m: 47.50 47.50	150m: 2:51.65 1:01.26	250m: 4:54.27	1:02.90 350m:	6:46.83 48.67	
	100m: 1:50.39 1:02.89	200m: 3:51.37 59.72	300m: 5:58.16	1:03.89 400m:	7:36.14 49.31	
<b>Masters 30+</b>						
1.	Margriet Leeffers	Deltasteur	7:02.54	7800448	<b>7:19.04</b>	+1,00
	50m: 47.55 47.55	150m: 2:41.57 57.78	250m: 4:35.92	57.75 350m:	6:26.60 50.56	
	100m: 1:43.79 56.24	200m: 3:38.17 56.60	300m: 5:36.04	1:00.12 400m:	7:19.04 52.44	
2.	Clementine van Bruxvoort	ZPB H&L Productions	7:29.28	7700138	<b>7:39.67</b>	+0,95
	50m: 47.66 47.66	150m: 2:46.14 58.60	250m: 4:48.20	1:07.46 350m:	6:49.86 54.10	
	100m: 1:47.54 59.88	200m: 3:40.74 54.60	300m: 5:55.76	1:07.56 400m:	7:39.67 49.81	
<b>Masters 35+</b>						
1.	Dóra Cerva	Sprint Fortuna SC	5:39.55	74CERV	<b>5:31.25</b>	+0,92
	<i>Kampioenschaps Record, Hongaars Masters Record</i>					
	50m: 33.42 33.42	150m: 1:56.33 44.34	250m: 3:26.16	46.62 350m:	4:53.73 39.20	
	100m: 1:11.99 38.57	200m: 2:39.54 43.21	300m: 4:14.53	48.37 400m:	5:31.25 37.52	
2.	Marleen Vos	Aquapoldro	5:39.06	7400598	<b>5:54.37</b>	+0,84
	50m: 37.61 37.61	150m: 2:10.08 46.49	250m: 3:44.79	48.72 350m:	5:15.25 40.79	
	100m: 1:23.59 45.98	200m: 2:56.07 45.99	300m: 4:34.46	49.67 400m:	5:54.37 39.12	
3.	Dianne Nien	RZ	6:11.77	7100452	<b>6:32.70</b>	+0,88
	50m: 39.19 39.19	150m: 2:19.87 52.48	250m: 4:08.66	58.86 350m:	5:51.16 43.37	
	100m: 1:27.39 48.20	200m: 3:09.80 49.93	300m: 5:07.79	59.13 400m:	6:32.70 41.54	
4.	Annet Kootstra	Swol 1894	6:45.29	7100344	<b>6:48.92</b>	+0,92
	50m: 42.51 42.51	150m: 2:29.75 54.31	250m: 4:21.26	57.98 350m:	6:05.90 45.27	
	100m: 1:35.44 52.93	200m: 3:23.28 53.53	300m: 5:20.63	59.37 400m:	6:48.92 43.02	



Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

Programmanr. 5, Dames, 400m wisselslag

Masters 40+

1. Anita Smits	DIO	5:40.47	6900522	<b>5:38.89</b>	+0,88
<i>Nederlands Masters Record</i>					
50m: 34.17	34.17	150m: 2:00.44	46.22	250m: 3:34.71	48.90
100m: 1:14.22	40.05	200m: 2:45.81	45.37	300m: 4:24.76	50.05
				350m: 5:01.94	37.18
				400m: 5:38.89	36.95
2. Meke Oomens	Old Dutch	7:03.61	7000370	<b>7:10.25</b>	+1,18
50m: 45.28	45.28	150m: 2:36.66	57.55	250m: 4:27.41	55.18
100m: 1:39.11	53.83	200m: 3:32.23	55.57	300m: 5:26.26	58.85
				350m: 6:18.78	52.52
				400m: 7:10.25	51.47

Masters 45+

1. Alie Visser	HZ&PC Heerenveen	8:00.14	6400494	<b>7:53.66</b>	+0,98
50m: 49.34	49.34	150m: 2:47.36	1:00.21	250m: 4:51.93	1:03.70
100m: 1:47.15	57.81	200m: 3:48.23	1:00.87	300m: 5:57.83	1:05.90
				350m: 6:55.93	58.10
				400m: 7:53.66	57.73

Masters 50+

1. Mathilde Vink	Swol 1894	6:27.76	5800128	<b>6:40.05</b>	+1,00
50m: 38.68	38.68	150m: 2:16.91	54.85	250m: 4:10.95	1:01.55
100m: 1:22.06	43.38	200m: 3:09.40	52.49	300m: 5:12.37	1:01.42
				350m: 5:57.01	44.64
				400m: 6:40.05	43.04
2. Pia van der Molen	HZ&PC Heerenveen	7:21.33	6000116	<b>7:13.24</b>	+0,93
50m: 46.67	46.67	150m: 2:42.02	55.09	250m: 4:35.28	58.52
100m: 1:46.93	1:00.26	200m: 3:36.76	54.74	300m: 5:37.63	1:02.35
				350m: 6:25.47	47.84
				400m: 7:13.24	47.77

Masters 60+

1. Antoinette Gilding-Tussaud	WS Twente	8:10.47	5000038	<b>8:33.21</b>	+1,08
50m: 57.91	57.91	150m: 3:10.73	1:02.24	250m: 5:25.56	1:15.31
100m: 2:08.49	1:10.58	200m: 4:10.25	59.52	300m: 6:36.85	1:11.29
				350m: 7:37.16	1:00.31
				400m: 8:33.21	56.05

Masters 65+

1. Matty van der Veen	Old Dutch	8:16.24	4400020	<b>8:31.87</b>	+1,09
50m: 58.56	58.56	150m: 3:18.41	1:09.37	250m: 5:32.81	1:07.25
100m: 2:09.04	1:10.48	200m: 4:25.56	1:07.15	300m: 6:38.51	1:05.70
				350m: 7:35.15	56.64
				400m: 8:31.87	56.72

Programmanr. 6  
07.05.2010 - 18:07

Heren, 400m wisselslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Tim Bunnik	Triton	5:16.72	9000505	<b>5:22.44</b>	+0,98
	<i>Kampioenschaps Record</i>					
	50m: 33.13	33.13	150m: 1:55.47	42.41	250m: 3:24.82	48.07
	100m: 1:13.06	39.93	200m: 2:36.75	41.28	300m: 4:13.05	48.23
					350m: 4:48.09	35.04
					400m: 5:22.44	34.35
2.	Niels Albrechts	De Schoteijl	5:36.40	8800039	<b>5:50.30</b>	+0,96
	50m: 35.89	35.89	150m: 2:04.67	44.48	250m: 3:44.02	55.72
	100m: 1:20.19	44.30	200m: 2:48.30	43.63	300m: 4:40.03	56.01
					350m: 5:15.07	35.04
					400m: 5:50.30	35.23
<b>Masters 25+</b>						
1.	Rob van Vliet	AZ&PC	4:57.19	8402459	<b>5:12.37</b>	+0,92
	50m: 32.41	32.41	150m: 1:53.57	42.92	250m: 3:17.52	42.55
	100m: 1:10.65	38.24	200m: 2:34.97	41.40	300m: 4:00.85	43.33
					350m: 4:37.23	36.38
					400m: 5:12.37	35.14
2.	Marcel Reefhuis	De Veene	5:30.77	8101381	<b>5:23.12</b>	+0,85
	50m: 32.59	32.59	150m: 1:53.63	42.64	250m: 3:20.66	44.80
	100m: 1:10.99	38.40	200m: 2:35.86	42.23	300m: 4:07.79	47.13
					350m: 4:45.69	37.90
					400m: 5:23.12	37.43
3.	Albert van Piekeren	Octopus	5:23.43	8401767	<b>5:40.09</b>	+0,87
	50m: 35.59	35.59	150m: 1:59.47	41.93	250m: 3:28.39	46.80
	100m: 1:17.54	41.95	200m: 2:41.59	42.12	300m: 4:16.65	48.26
					350m: 4:59.29	42.64
					400m: 5:40.09	40.80

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 6, Heren, 400m wisselslag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
DIS	Leander Noordijk	De Schoteijl	5:16.20	8101221	<b>5:32.56</b>	+0,96
	<i>SD - De bewegingen van de benen niet te allen tijde gelijktijdig in hetzelfde horizontale vlak uitgevoerd.</i>					
	50m: 33.00	33.00	150m: 1:57.62	44.02	250m: 3:28.43	48.85
	100m: 1:13.60	40.60	200m: 2:39.58	41.96	300m: 4:17.29	48.86
					350m: 4:55.96	38.67
					400m: 5:32.56	36.60

Masters 30+

1.	Gergely Molnár	Sprint Fortuna SC	5:07.52	80MOLN	<b>5:15.02</b>	+0,88
	<i>Kampioenschaps Record, Hongaars Masters Record</i>					
	50m: 31.85	31.85	150m: 1:52.83	43.29	250m: 3:18.66	44.51
	100m: 1:09.54	37.69	200m: 2:34.15	41.32	300m: 4:03.73	45.07
					350m: 4:40.09	36.36
					400m: 5:15.02	34.93
2.	Dennis Brouwers	HZPC	5:08.18	7800167	<b>5:15.25</b>	+0,86
	50m: 35.90	35.90	150m: 1:58.12	37.33	250m: 3:21.12	45.22
	100m: 1:20.79	44.89	200m: 2:35.90	37.78	300m: 4:06.87	45.75
					350m: 4:41.48	34.61
					400m: 5:15.25	33.77
3.	Freddie Geerlings	NIMO	5:08.31	7900379	<b>5:21.94</b>	+0,93
	50m: 32.96	32.96	150m: 1:58.93	43.29	250m: 3:25.19	43.05
	100m: 1:15.64	42.68	200m: 2:42.14	43.21	300m: 4:08.88	43.69
					350m: 4:45.47	36.59
					400m: 5:21.94	36.47
4.	Erik Kusters	Dedemvaart-AC	5:14.11	8000837	<b>5:24.87</b>	+0,96
	50m: 32.11	32.11	150m: 1:53.27	41.90	250m: 3:19.96	45.49
	100m: 1:11.37	39.26	200m: 2:34.47	41.20	300m: 4:08.59	48.63
					350m: 4:46.77	38.18
					400m: 5:24.87	38.10
5.	Ralf Peters	KZPC	5:08.08	7600737	<b>5:27.25</b>	+0,89
	50m: 31.92	31.92	150m: 1:55.65	44.36	250m: 3:24.40	46.81
	100m: 1:11.29	39.37	200m: 2:37.59	41.94	300m: 4:11.75	47.35
					350m: 4:49.67	37.92
					400m: 5:27.25	37.58
6.	Ferdie Witvoet	De Pinquin	5:31.73	7801241	<b>5:49.40</b>	+0,92
	50m: 34.15	34.15	150m: 2:01.04	44.57	250m: 3:36.10	51.11
	100m: 1:16.47	42.32	200m: 2:44.99	43.95	300m: 4:29.03	52.93
					350m: 5:09.06	40.03
					400m: 5:49.40	40.34
7.	Niels van Wageningen	D'Elft	5:56.99	7601335	<b>5:55.37</b>	+0,85
	50m: 34.87	34.87	150m: 2:05.06	48.80	250m: 3:43.85	52.57
	100m: 1:16.26	41.39	200m: 2:51.28	46.22	300m: 4:36.21	52.36
					350m: 5:17.02	40.81
					400m: 5:55.37	38.35

Masters 35+

1.	Oscar van Holsteyn	AquAmigos	5:55.53	7100373	<b>5:53.43</b>	+0,88
	50m: 34.13	34.13	150m: 2:04.00	49.26	250m: 3:42.94	50.26
	100m: 1:14.74	40.61	200m: 2:52.68	48.68	300m: 4:34.46	51.52
					350m: 5:13.81	39.35
					400m: 5:53.43	39.62
2.	Gerard Eghuizen	HZ&PC Heerenveen	6:12.46	7400197	<b>7:04.89</b>	+1,22
	50m: 46.46	46.46	150m: 2:31.48	51.39	250m: 4:20.28	58.27
	100m: 1:40.09	53.63	200m: 3:22.01	50.53	300m: 5:18.48	58.20
					350m: 6:08.91	50.43
					400m: 7:04.89	55.98

Masters 40+

1.	Norbert Nagy	Sprint Fortuna SC	5:25.01	69NAGY	<b>5:27.89</b>	+0,80
	50m: 33.78	33.78	150m: 1:57.80	44.18	250m: 3:25.72	44.72
	100m: 1:13.62	39.84	200m: 2:41.00	43.20	300m: 4:11.73	46.01
					350m: 4:50.24	38.51
					400m: 5:27.89	37.65
2.	René Beetsma	HZ&PC Heerenveen	5:16.11	6900069	<b>5:42.67</b>	+0,95
	50m: 33.43	33.43	150m: 2:00.44	45.20	250m: 3:33.89	50.42
	100m: 1:15.24	41.81	200m: 2:43.47	43.03	300m: 4:23.39	49.50
					350m: 5:03.19	39.80
					400m: 5:42.67	39.48
3.	Frank Reimert	Haerlem'04 (SG)	5:32.78	6900811	<b>5:44.82</b>	+0,86
	50m: 33.99	33.99	150m: 2:00.18	45.91	250m: 3:34.39	50.32
	100m: 1:14.27	40.28	200m: 2:44.07	43.89	300m: 4:25.63	51.24
					350m: 5:06.11	40.48
					400m: 5:44.82	38.71
4.	Oliver Podebrad	SC Wiesbaden 1911	6:24.82	262705	<b>6:28.04</b>	+0,89
	50m: 41.13	41.13	150m: 2:23.61	52.13	250m: 4:09.65	55.16
	100m: 1:31.48	50.35	200m: 3:14.49	50.88	300m: 5:05.18	55.53
					350m: 5:47.99	42.81
					400m: 6:28.04	40.05

Masters 45+

1.	Arnold de Rover	De Futen	5:26.85	6400645	<b>5:38.31</b>	+0,93
	50m: 34.56	34.56	150m: 2:01.55	46.60	250m: 3:35.12	48.53
	100m: 1:14.95	40.39	200m: 2:46.59	45.04	300m: 4:24.23	49.11
					350m: 5:01.99	37.76
					400m: 5:38.31	36.32
2.	Ronald Grove	Oceanus	5:43.72	6100161	<b>5:52.14</b>	+0,97
	50m: 35.20	35.20	150m: 2:06.98	48.31	250m: 3:43.18	49.23
	100m: 1:18.67	43.47	200m: 2:53.95	46.97	300m: 4:33.09	49.91
					350m: 5:13.11	40.02
					400m: 5:52.14	39.03

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 6, Heren, 400m wisselslag, Masters 45+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
3.	Paul van der Voort	De Zwoer	6:10.06	6200715	<b>6:19.11</b>	+1,19		
	50m: 38.10	38.10	150m: 2:16.20	50.02	250m: 4:02.52	55.66	350m: 5:38.68	38.83
	100m: 1:26.18	48.08	200m: 3:06.86	50.66	300m: 4:59.85	57.33	400m: 6:19.11	40.43
4.	Aan Tjalke Pander	Gay Swim Amsterdam	6:16.61	6400569	<b>6:26.21</b>	+0,96		
	50m: 39.27	39.27	150m: 2:22.44	52.27	250m: 4:07.19	54.30	350m: 5:44.21	43.32
	100m: 1:30.17	50.90	200m: 3:12.89	50.45	300m: 5:00.89	53.70	400m: 6:26.21	42.00

Masters 50+

1.	Hugo Bregman	WVZ	5:06.60	5800069	<b>5:15.42</b>	+0,89		
	50m: 31.81	31.81	150m: 1:51.00	42.46	250m: 3:19.51	47.55	350m: 4:41.52	36.75
	100m: 1:08.54	36.73	200m: 2:31.96	40.96	300m: 4:04.77	45.26	400m: 5:15.42	33.90
2.	Marius Ros	ZCNF'34	5:57.16	5900779	<b>6:16.20</b>	+0,84		
	50m: 39.64	39.64	150m: 2:23.53	53.14	250m: 4:04.47	51.92	350m: 5:37.86	40.75
	100m: 1:30.39	50.75	200m: 3:12.55	49.02	300m: 4:57.11	52.64	400m: 6:16.20	38.34
3.	Paul Bunnik	Triton	6:18.48	5600413	<b>6:40.56</b>	+1,07		
	50m: 41.45	41.45	150m: 2:28.43	54.17	250m: 4:16.78	54.69	350m: 5:56.88	44.22
	100m: 1:34.26	52.81	200m: 3:22.09	53.66	300m: 5:12.66	55.88	400m: 6:40.56	43.68
4.	Jan Willem Heuten	WS Twente	6:35.37	6000883	<b>6:50.26</b>	+1,02		
	50m: 38.40	38.40	150m: 2:24.53	58.96	250m: 4:22.99	1:01.30	350m: 6:06.40	44.51
	100m: 1:25.57	47.17	200m: 3:21.69	57.16	300m: 5:21.89	58.90	400m: 6:50.26	43.86
5.	Michiel Tonsbeek	DWT	8:19.82	6000889	<b>8:18.12</b>	+1,12		
	50m: 55.89	55.89	150m: 3:18.34	1:03.65	250m: 5:24.40	1:05.21	350m: 7:23.16	55.79
	100m: 2:14.69	1:18.80	200m: 4:19.19	1:00.85	300m: 6:27.37	1:02.97	400m: 8:18.12	54.96

Masters 60+

1.	Donald Uijtenbogaart	Het Y	6:05.24	4700107	<b>6:07.54</b>	+0,96		
	50m: 40.19	40.19	150m: 2:17.21	51.67	250m: 3:57.35	50.81	350m: 5:29.43	40.42
	100m: 1:25.54	45.35	200m: 3:06.54	49.33	300m: 4:49.01	51.66	400m: 6:07.54	38.11

Masters 65+

1.	Rob Hanou	PSV	6:41.35	4300109	<b>7:04.88</b>	+1,21		
	50m: 44.36	44.36	150m: 2:38.10	58.50	250m: 4:32.04	56.15	350m: 6:17.84	47.89
	100m: 1:39.60	55.24	200m: 3:35.89	57.79	300m: 5:29.95	57.91	400m: 7:04.88	47.04
2.	Manfred Bottin	SV Langenfeld 1912	8:13.22	057993	<b>8:20.05</b>	+1,23		
	50m: 51.47	51.47	150m: 3:11.79	1:10.15	250m: 5:31.07	1:10.96	350m: 7:29.82	50.68
	100m: 2:01.64	1:10.17	200m: 4:20.11	1:08.32	300m: 6:39.14	1:08.07	400m: 8:20.05	50.23

Masters 70+

1.	Nico Geers	Z&PC De Gouwe	7:21.76	3800007	<b>7:40.80</b>	+1,11		
	50m: 51.17	51.17	150m: 2:49.11	1:00.17	250m: 4:56.22	1:08.78	350m: 6:55.19	49.09
	100m: 1:48.94	57.77	200m: 3:47.44	58.33	300m: 6:06.10	1:09.88	400m: 7:40.80	45.61

Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

Programmanr. 8  
08.05.2010 - 9:00

Heren, 400m vrije slag

Masters Open  
Resultaten

rang	naam		vereniging		inschrijftijd		startnr.		tijd	RT	
<b>Masters 20+</b>											
1.	Marc Catsburg		MNC Dordrecht		4:21.36		9000533		<b>4:36.59</b>	+0,88	
	50m:	30.59	150m:	1:39.99	35.07	250m:	2:50.25	35.17	350m:	4:01.39	35.73
	100m:	1:04.92	200m:	2:15.08	35.09	300m:	3:25.66	35.41	400m:	4:36.59	35.20
2.	Tim Bunnik		Triton		4:51.29		9000505		<b>4:50.67</b>	+0,95	
	50m:	31.05	150m:	1:44.33	37.66	250m:	2:59.75	38.13	350m:	4:13.65	36.70
	100m:	1:06.67	200m:	2:21.62	37.29	300m:	3:36.95	37.20	400m:	4:50.67	37.02
3.	Rick Hellenbrand		NIMO		4:54.82		8901173		<b>4:53.18</b>	+0,92	
	50m:	32.57	150m:	1:45.37	36.89	250m:	3:00.45	37.67	350m:	4:15.70	37.72
	100m:	1:08.48	200m:	2:22.78	37.41	300m:	3:37.98	37.53	400m:	4:53.18	37.48
4.	Niels Albrechts		De Schotejil		4:39.16		8800039		<b>4:56.40</b>	+0,94	
	200m *										
	50m:	32.25	150m:	1:46.13	37.74	250m:	3:03.06	39.22	350m:	4:21.43	39.15
	100m:	1:08.39	200m:	2:23.84	37.71	300m:	3:42.28	39.22	400m:	4:56.40	34.97
5.	Jan Hofstede		De Reest		5:10.54		8601269		<b>5:31.16</b>	+0,81	
	50m:	33.44	150m:	1:55.02	41.54	250m:	3:20.83	41.94	350m:	4:49.79	44.27
	100m:	1:13.48	200m:	2:38.89	43.87	300m:	4:05.52	44.69	400m:	5:31.16	41.37
6.	Martijn van Hoorn		De Schotejil		5:18.08		8901343		<b>5:33.38</b>	+0,90	
	50m:	34.18	150m:	1:54.73	41.13	250m:	3:22.71	44.52	350m:	4:52.17	44.91
	100m:	1:13.60	200m:	2:38.19	43.46	300m:	4:07.26	44.55	400m:	5:33.38	41.21
<b>Masters 25+</b>											
1.	Erik Schröder		TriVia		4:12.70		8402025		<b>4:25.83</b>	+0,88	
	50m:	29.01	150m:	1:35.33	33.58	250m:	2:43.73	34.48	350m:	3:53.07	34.77
	100m:	1:01.75	200m:	2:09.25	33.92	300m:	3:18.30	34.57	400m:	4:25.83	32.76
2.	Ian van der Hulst		PSV		4:38.14		8401021		<b>4:33.84</b>	+0,85	
	50m:	29.50	150m:	1:39.62	34.92	250m:	2:49.52	33.87	350m:	3:59.08	34.79
	100m:	1:04.70	200m:	2:15.65	36.03	300m:	3:24.29	34.77	400m:	4:33.84	34.76
3.	Sylvain Faticoni		CHTHN		4:32.19		CHTHN/066/83		<b>4:39.40</b>	+0,82	
	50m:	31.27	150m:	1:39.97	34.82	250m:	2:50.95	35.74	350m:	4:03.90	36.66
	100m:	1:05.15	200m:	2:15.21	35.24	300m:	3:27.24	36.29	400m:	4:39.40	35.50
4.	Remco van Althuis		SBC2000		4:36.53		8300029		<b>4:45.52</b>	+0,88	
	50m:	30.93	150m:	1:41.16	35.82	250m:	2:54.71	36.66	350m:	4:09.25	37.35
	100m:	1:05.34	200m:	2:18.05	36.89	300m:	3:31.90	37.19	400m:	4:45.52	36.27
5.	Sander Bouts		RZ		4:29.91		8500331		<b>4:45.56</b>	+0,82	
	50m:	31.86	150m:	1:43.36	36.09	250m:	2:56.73	36.64	350m:	4:09.69	36.43
	100m:	1:07.27	200m:	2:20.09	36.73	300m:	3:33.26	36.53	400m:	4:45.56	35.87
6.	Marcel Reefhuis		De Veene		4:43.12		8101381		<b>4:46.18</b>	+0,81	
	50m:	31.03	150m:	1:41.57	35.62	250m:	2:53.95	35.96	350m:	4:08.51	37.59
	100m:	1:05.95	200m:	2:17.99	36.42	300m:	3:30.92	36.97	400m:	4:46.18	37.67
<b>Masters 30+</b>											
1.	Gergely Molnár		Sprint Fortuna SC		4:38.00		80MOLN		<b>4:36.66</b>	+0,87	
	50m:	31.35	150m:	1:41.37	35.58	250m:	2:52.20	35.41	350m:	4:02.61	34.99
	100m:	1:05.79	200m:	2:16.79	35.42	300m:	3:27.62	35.42	400m:	4:36.66	34.05
2.	Ivo Roozeboom		DES		4:41.49		7700801		<b>4:37.79</b>	+0,88	
	50m:	30.58	150m:	1:40.83	35.84	250m:	2:52.35	36.05	350m:	4:03.68	35.43
	100m:	1:04.99	200m:	2:16.30	35.47	300m:	3:28.25	35.90	400m:	4:37.79	34.11
3.	Ralf Peters		KZPC		4:37.00		7600737		<b>4:39.87</b>	+0,85	
	50m:	30.49	150m:	1:41.44	35.71	250m:	2:53.09	35.57	350m:	4:05.46	36.02
	100m:	1:05.73	200m:	2:17.52	36.08	300m:	3:29.44	36.35	400m:	4:39.87	34.41
4.	Jeroen Vogelsang		Het Y		4:45.08		8001645		<b>4:58.29</b>	+0,91	
	50m:	31.40	150m:	1:44.52	37.06	250m:	3:01.92	38.57	350m:	4:20.59	38.00
	100m:	1:07.46	200m:	2:23.35	38.83	300m:	3:42.59	40.67	400m:	4:58.29	37.70
5.	Koen de Haan		PSV		4:57.84		7801671		<b>5:02.21</b>	+0,92	
	50m:	30.87	150m:	1:44.98	38.18	250m:	3:04.37	40.11	350m:	4:22.73	38.75
	100m:	1:06.80	200m:	2:24.26	39.28	300m:	3:43.98	39.61	400m:	5:02.21	39.48

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 8, Heren, 400m vrije slag, Masters 30+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
6.	Michel Wigbers	DWT	5:09.34	8001743	<b>5:18.53</b>	+0,90
	50m: 34.67	34.67	150m: 1:54.30	40.51	250m: 3:17.11	41.49
	100m: 1:13.79	39.12	200m: 2:35.62	41.32	300m: 3:58.99	41.88
					350m: 4:40.21	41.22
					400m: 5:18.53	38.32
7.	Han Ruijs	RZ	5:52.16	7901867	<b>6:10.64</b>	+0,82
	50m: 37.36	37.36	150m: 2:07.38	47.09	250m: 3:44.15	49.39
	100m: 1:20.29	42.93	200m: 2:54.76	47.38	300m: 4:33.80	49.65
					350m: 5:22.14	48.34
					400m: 6:10.64	48.50
8.	Jeroen Tebbens	IJZ&PC	6:41.42	7601405	<b>7:00.65</b>	+0,92
	50m: 42.05	42.05	150m: 2:26.10	54.25	250m: 4:17.08	56.11
	100m: 1:31.85	49.80	200m: 3:20.97	54.87	300m: 5:13.16	56.08
					350m: 6:09.39	56.23
					400m: 7:00.65	51.26

Masters 35+

1.	Agnus Gerringa	DWK	5:01.49	7100285	<b>4:55.04</b>	+0,91
	50m: 31.54	31.54	150m: 1:44.62	37.36	250m: 3:00.28	37.81
	100m: 1:07.26	35.72	200m: 2:22.47	37.85	300m: 3:38.66	38.38
					350m: 4:16.94	38.28
					400m: 4:55.04	38.10
2.	Erwin Zuidervelt	De Futen	5:01.43	7501015	<b>5:12.90</b>	+0,86
	50m: 34.95	34.95	150m: 1:52.84	39.38	250m: 3:13.23	40.38
	100m: 1:13.46	38.51	200m: 2:32.85	40.01	300m: 3:54.21	40.98
					350m: 4:34.73	40.52
					400m: 5:12.90	38.17

Masters 40+

1.	Norbert Nagy	Sprint Fortuna SC	4:40.72	69NAGY	<b>4:47.93</b>	+0,82
	50m: 32.25	32.25	150m: 1:44.48	36.58	250m: 2:57.90	36.58
	100m: 1:07.90	35.65	200m: 2:21.32	36.84	300m: 3:35.06	37.16
					350m: 4:11.68	36.62
					400m: 4:47.93	36.25
2.	René Beetsma	HZ&PC Heerenveen	4:40.26	6900069	<b>4:58.90</b>	+0,89
	50m: 31.76	31.76	150m: 1:45.38	37.72	250m: 3:03.11	39.07
	100m: 1:07.66	35.90	200m: 2:24.04	38.66	300m: 3:42.17	39.06
					350m: 4:20.90	38.73
					400m: 4:58.90	38.00
3.	Kees Akershoek	De Stelle	4:51.00	6900009	<b>5:08.08</b>	+0,85
	50m: 33.88	33.88	150m: 1:49.50	38.67	250m: 3:08.55	39.90
	100m: 1:10.83	36.95	200m: 2:28.65	39.15	300m: 3:48.33	39.78
					350m: 4:28.33	40.00
					400m: 5:08.08	39.75
4.	Erik van Dartel 200m *	PSV	4:42.19	6700185	<b>5:21.77</b>	+1,01
	50m: 34.67	34.67	150m: 1:53.80	39.94	250m: 3:15.73	41.41
	100m: 1:13.86	39.19	200m: 2:34.32	40.52	300m: 3:57.57	41.84
					350m: 4:39.82	42.25
					400m: 5:21.77	41.95
5.	Peter v. Meerveld	AZ&PC	5:07.26	6700649	<b>5:29.63</b>	+0,98
	50m: 35.75	35.75	150m: 1:57.97	41.66	250m: 3:24.60	43.25
	100m: 1:16.31	40.56	200m: 2:41.35	43.38	300m: 4:07.92	43.32
					350m: 4:49.56	41.64
					400m: 5:29.63	40.07
6.	Arnold Jonker	HZ&PC Heerenveen	6:42.51	7000529	<b>6:27.21</b>	+0,85
	50m: 40.94	40.94	150m: 2:15.80	47.44	250m: 3:55.60	49.62
	100m: 1:28.36	47.42	200m: 3:05.98	50.18	300m: 4:46.74	51.14
					350m: 5:37.16	50.42
					400m: 6:27.21	50.05
7.	Marcel Brittijn	De Duinkickers	6:44.51	6900159	<b>6:33.81</b>	+0,87
	50m: 39.31	39.31	150m: 2:13.23	48.89	250m: 3:56.80	52.13
	100m: 1:24.34	45.03	200m: 3:04.67	51.44	300m: 4:51.23	54.43
					350m: 5:45.49	54.26
					400m: 6:33.81	48.32
AFGEM	Henk van Zetten	Octopus	6:23.29	6701261		
	50m:		150m:		250m:	350m:
	100m:		200m:		300m:	400m:

Masters 45+

1.	Frank Gomoll	SG Gladbeck	4:44.52	112232	<b>4:43.32</b>	+1,04
	50m: 33.24	33.24	150m: 1:43.97	35.62	250m: 2:55.97	36.00
	100m: 1:08.35	35.11	200m: 2:19.97	36.00	300m: 3:31.86	35.89
					350m: 4:08.81	36.95
					400m: 4:43.32	34.51
2.	Edwin v. Norden	AZ&PC	4:35.06	6300563	<b>4:47.09</b>	+0,82
	50m: 32.14	32.14	150m: 1:43.61	36.11	250m: 2:56.64	36.48
	100m: 1:07.50	35.36	200m: 2:20.16	36.55	300m: 3:33.73	37.09
					350m: 4:10.19	36.46
					400m: 4:47.09	36.90
3.	Jan Brink 100m, 200m *	De Stormvogel	4:43.27	6200091	<b>4:53.91</b>	+0,81
	50m: 33.15	33.15	150m: 1:46.32	36.56	250m: 3:01.02	37.06
	100m: 1:09.76	36.61	200m: 2:23.96	37.64	300m: 3:38.89	37.87
					350m: 4:16.57	37.68
					400m: 4:53.91	37.34
4.	Rene de Boer	DAW-FINENZO	4:53.13	6400087	<b>5:03.55</b>	+0,95
	50m: 31.83	31.83	150m: 1:45.98	37.99	250m: 3:04.02	39.36
	100m: 1:07.99	36.16	200m: 2:24.66	38.68	300m: 3:43.94	39.92
					350m: 4:24.59	40.65
					400m: 5:03.55	38.96

Open Nederlandse Masters  
Kampioenschappen 2010 Ib  
Eindhoven, 7-9 mei 2010

Programmanr. 8, Heren, 400m vrije slag, Masters 45+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
5.	John Stoffer	Zoetermeer	5:13.58	6300725	<b>5:22.62</b>	+0,89
	50m: 34.53 34.53	150m: 1:53.57 40.76	250m: 3:18.07 42.23	350m: 4:42.46 42.08		
	100m: 1:12.81 38.28	200m: 2:35.84 42.27	300m: 4:00.38 42.31	400m: 5:22.62 40.16		
6.	Mark Kas	PLONS	5:22.86	6100285	<b>5:23.66</b>	+0,87
	50m: 36.55 36.55	150m: 1:59.87 41.92	250m: 3:23.21 41.31	350m: 4:44.78 39.96		
	100m: 1:17.95 41.40	200m: 2:41.90 42.03	300m: 4:04.82 41.61	400m: 5:23.66 38.88		
7.	Edzo Huisman	Aquapoldro	5:09.94	6301029	<b>5:29.01</b>	+0,95
	50m: 34.99 34.99	150m: 1:56.12 41.57	250m: 3:22.10 43.44	350m: 4:48.72 42.98		
	100m: 1:14.55 39.56	200m: 2:38.66 42.54	300m: 4:05.74 43.64	400m: 5:29.01 40.29		
8.	Aan Tjalke Pander	Gay Swim Amsterdam	5:41.73	6400569	<b>5:37.50</b>	+0,98
	50m: 39.21 39.21	150m: 2:05.37 43.51	250m: 3:32.60 43.31	350m: 4:58.90 42.04		
	100m: 1:21.86 42.65	200m: 2:49.29 43.92	300m: 4:16.86 44.26	400m: 5:37.50 38.60		
9.	Joost de Kroon 200m*	AquAmigos	5:29.00	6400999	<b>5:37.84</b>	+1,02
	50m: 37.98 37.98	150m: 2:03.48 43.12	250m: 3:30.82 43.80	350m: 4:57.31 42.92		
	100m: 1:20.36 42.38	200m: 2:47.02 43.54	300m: 4:14.39 43.57	400m: 5:37.84 40.53		
10.	Paul van der Voort	De Zwoer	5:24.39	6200715	<b>5:39.48</b>	+1,11
	50m: 35.90 35.90	150m: 2:00.51 43.18	250m: 3:29.17 43.93	350m: 4:58.69 43.84		
	100m: 1:17.33 41.43	200m: 2:45.24 44.73	300m: 4:14.85 45.68	400m: 5:39.48 40.79		
11.	Aldo Atzeni	Florange olympique club	5:54.90	546024	<b>6:02.09</b>	+0,99
	50m: 38.70 38.70	150m: 2:06.21 44.20	250m: 3:39.61 45.89	350m: 5:15.03 46.93		
	100m: 1:22.01 43.31	200m: 2:53.72 47.51	300m: 4:28.10 48.49	400m: 6:02.09 47.06		
12.	Erik Saan 100m*	De Duck	5:55.58	6500769	<b>6:03.54</b>	+1,07
	50m: 36.16 36.16	150m: 2:05.21 46.53	250m: 3:40.59 48.69	350m: 5:18.67 49.55		
	100m: 1:18.68 42.52	200m: 2:51.90 46.69	300m: 4:29.12 48.53	400m: 6:03.54 44.87		
13.	Aris Jan van Ek	IJZ&PC	6:52.31	6100125	<b>7:04.02</b>	+0,99
	50m: 44.59 44.59	150m: 2:27.67 53.79	250m: 4:19.54 56.68	350m: 5:47.23 31.11		
	100m: 1:33.88 49.29	200m: 3:22.86 55.19	300m: 5:16.12 56.58	400m: 7:04.02 1:16.79		
14.	Perry Dekker	ZV De Bron	7:18.02	6201081	<b>7:29.72</b>	+1,23
	50m: 46.71 46.71	150m: 2:37.97 57.56	250m: 4:35.17 58.65	350m: 6:32.82 59.13		
	100m: 1:40.41 53.70	200m: 3:36.52 58.55	300m: 5:33.69 58.52	400m: 7:29.72 56.90		

Masters 50+

1.	Hugo Bregman <i>Nederlands Masters Record</i>	WVZ	4:38.49	5800069	<b>4:40.92</b>	+0,85
	50m: 32.05 32.05	150m: 1:43.31 36.48	250m: 2:55.12 36.22	350m: 4:06.67 35.98		
	100m: 1:06.83 34.78	200m: 2:18.90 35.59	300m: 3:30.69 35.57	400m: 4:40.92 34.25		
2.	Hans Groothelm	DBD	5:30.50	5800151	<b>5:36.25</b>	+0,87
	50m: 36.29 36.29	150m: 2:00.23 42.57	250m: 3:27.41 43.89	350m: 4:54.92 43.76		
	100m: 1:17.66 41.37	200m: 2:43.52 43.29	300m: 4:11.16 43.75	400m: 5:36.25 41.33		
3.	Philippe Mattelaer	AZV	5:48.78	AZV/124/60	<b>5:39.37</b>	+0,82
	50m: 35.76 35.76	150m: 2:01.00 43.58	250m: 3:29.79 44.44	350m: 4:59.01 44.48		
	100m: 1:17.42 41.66	200m: 2:45.35 44.35	300m: 4:14.53 44.74	400m: 5:39.37 40.36		
4.	André Wertz	Royal Verviers Natation	5:17.83	VN/110/56	<b>5:44.41</b>	+0,89
	50m: 38.28 38.28	150m: 2:04.96 43.78	250m: 3:33.32 44.17	350m: 5:02.94 44.67		
	100m: 1:21.18 42.90	200m: 2:49.15 44.19	300m: 4:18.27 44.95	400m: 5:44.41 41.47		
5.	Jan Willem Heuten	WS Twente	5:51.10	6000883	<b>5:53.02</b>	+0,99
	50m: 36.81 36.81	150m: 2:03.75 44.74	250m: 3:37.08 46.33	350m: 5:09.60 45.07		
	100m: 1:19.01 42.20	200m: 2:50.75 47.00	300m: 4:24.53 47.45	400m: 5:53.02 43.42		
6.	Paul Bunnik	Triton	5:43.59	5600413	<b>5:53.32</b>	+1,06
	50m: 35.78 35.78	150m: 2:04.47 46.04	250m: 3:37.92 47.28	350m: 5:12.18 47.15		
	100m: 1:18.43 42.65	200m: 2:50.64 46.17	300m: 4:25.03 47.11	400m: 5:53.32 41.14		
7.	Filip Timmermans	ShaRK	6:24.79	ShaRK/163/60	<b>6:56.72</b>	+1,03
	50m: 50.06 50.06	150m: 2:31.54 52.09	250m: 4:15.48 53.42	350m: 6:06.14 56.73		
	100m: 1:39.45 49.39	200m: 3:22.06 50.52	300m: 5:09.41 53.93	400m: 6:56.72 50.58		
8.	Jan Minkels	Zegenwerp	7:26.07	5600213	<b>7:33.29</b>	+1,18
	50m: 49.75 49.75	150m: 2:45.85 58.78	250m: 4:44.67 59.14	350m: 6:40.82 58.16		
	100m: 1:47.07 57.32	200m: 3:45.53 59.68	300m: 5:42.66 57.99	400m: 7:33.29 52.47		
AFGEM	Elzo Dijkhuis	TriVia	4:58.71	6000873		
	50m:	150m:	250m:	350m:		
	100m:	200m:	300m:	400m:		

Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

Programmanr. 8, Heren, 400m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
AFGEM	Marius Ros	ZCNF'34	5:04.96	5900779		
	50m:	150m:	250m:	350m:		
	100m:	200m:	300m:	400m:		

Masters 55+

1.	Henk Slomp	De Pinquin	5:23.03	5500359	<b>5:39.22</b>	+0,97
	50m: 36.18	150m: 1:59.97	250m: 3:28.89	350m: 4:59.09	44.56	
	100m: 1:16.58	200m: 2:43.51	300m: 4:14.53	400m: 5:39.22	40.13	
2.	Hugo Staudt	WS Twente	5:47.36	5300253	<b>5:45.97</b>	+0,88
	50m: 38.93	150m: 2:05.85	250m: 3:35.87	350m: 5:04.41	44.30	
	100m: 1:21.05	200m: 2:51.03	300m: 4:20.11	400m: 5:45.97	41.56	
3.	Arthur Jansen	Gay Swim Amsterdam	6:26.78	5400299	<b>6:20.87</b>	+0,87
	100m.200m*					
	50m: 39.77	150m: 2:14.39	250m: 3:55.40	350m: 5:35.62	49.83	
	100m: 1:24.94	200m: 3:03.97	300m: 4:45.79	400m: 6:20.87	45.25	

Masters 60+

1.	Donald Uijtenbogaart	Het Y	5:09.12	4700107	<b>5:17.77</b>	+0,94
	50m: 37.22	150m: 1:58.32	250m: 3:19.81	350m: 4:39.98	40.06	
	100m: 1:16.71	200m: 2:39.26	300m: 3:59.92	400m: 5:17.77	37.79	
2.	Mar van Geel	Old Dutch	6:53.09	4700135	<b>7:10.32</b>	+1,18
	50m: 44.42	150m: 2:31.17	250m: 4:23.12	350m: 6:16.61	56.39	
	100m: 1:35.63	200m: 3:26.51	300m: 5:20.22	400m: 7:10.32	53.71	

Masters 65+

1.	Rob Hanou	PSV	6:04.73	4300109	<b>6:17.95</b>	+1,12
	50m: 40.15	150m: 2:15.96	250m: 3:54.50	350m: 5:32.41	47.96	
	100m: 1:26.94	200m: 3:05.64	300m: 4:44.45	400m: 6:17.95	45.54	
2.	Manfred Bottin	SV Langenfeld 1912	6:38.77	057993	<b>6:56.66</b>	+1,16
	50m: 44.09	150m: 2:29.08	250m: 4:19.37	350m: 6:06.50	52.66	
	100m: 1:35.61	200m: 3:24.76	300m: 5:13.84	400m: 6:56.66	50.16	
3.	Peter Ouweneel	RSW (SG)	9:05.23	4500077	<b>8:35.06</b>	+1,28
	50m: 53.34	150m: 3:02.97	250m: 5:18.47	350m: 7:34.18	1:08.23	
	100m: 1:57.19	200m: 4:09.83	300m: 6:25.95	400m: 8:35.06	1:00.88	

Masters 70+

1.	Nico Geers	Z&PC De Gouwe	5:49.34	3800007	<b>6:02.37</b>	+1,05
	50m: 41.95	150m: 2:13.74	250m: 3:47.26	350m: 5:19.83	45.84	
	100m: 1:27.52	200m: 3:00.86	300m: 4:33.99	400m: 6:02.37	42.54	
2.	Frans van Enst	WS Twente	6:28.32	4000011	<b>6:36.15</b>	+1,09
	50m: 40.43	150m: 2:21.91	250m: 4:04.59	350m: 5:46.55	50.82	
	100m: 1:29.93	200m: 3:13.57	300m: 4:55.73	400m: 6:36.15	49.60	
3.	Gregor Pompen	Aqua-Novio'94	6:38.33	3700021	<b>6:58.90</b>	+1,00
	50m: 46.01	150m: 2:29.63	250m: 4:17.14	350m: 6:07.18	55.55	
	100m: 1:36.76	200m: 3:22.80	300m: 5:11.63	400m: 6:58.90	51.72	
4.	Ad Tersteeg	Old Dutch	8:55.59	3900021	<b>9:12.85</b>	+1,18
	50m:	150m: 4:37.12	250m: 5:47.10	350m: 8:05.62	1:08.20	
	100m: 2:10.44	200m: 4:37.12	300m: 6:57.42	400m: 9:12.85	1:07.23	
5.	Wim ter Laak	PSV	8:55.16	4000027	<b>9:21.58</b>	+1,17
	50m: 1:02.17	150m: 3:32.03	250m: 5:56.82	350m: 8:17.12	1:09.08	
	100m: 2:16.30	200m: 4:45.65	300m: 7:08.04	400m: 9:21.58	1:04.46	

Masters 75+

1.	Georges Verhelst	RZV	7:28.33	RZV/160/31	<b>7:51.92</b>	+1,11
	<i>Kampioenschaps Record</i>					
	50m:	150m:	250m:	350m:	6:52.63	1:00.95
	100m: 1:47.55	200m: 3:47.69	300m: 5:51.68	400m: 7:51.92	59.29	

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 9  
08.05.2010 - 9:49

Dames, 400m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
<b>Masters 20+</b>								
1.	Petra de Groot	Van Vliet-Barracuda	4:33.73	8701420	<b>4:39.09</b>	+0,93		
	50m: 32.07	32.07	150m: 1:41.07	34.74	250m: 2:51.60	34.99	350m: 4:03.88	36.03
	100m: 1:06.33	34.26	200m: 2:16.61	35.54	300m: 3:27.85	36.25	400m: 4:39.09	35.21
2.	Samantha Vuijst	De Otters Het Gooi	4:47.63	8904522	<b>4:50.58</b>	+0,92		
	50m: 32.59	32.59	150m: 1:45.58	37.17	250m: 3:00.55	37.24	350m: 4:14.98	36.87
	100m: 1:08.41	35.82	200m: 2:23.31	37.73	300m: 3:38.11	37.56	400m: 4:50.58	35.60
3.	Iris Barendregt	Van Vliet-Barracuda	4:57.35	8600172	<b>4:52.98</b>	+0,83		
	50m: 33.36	33.36	150m: 1:47.54	37.49	250m: 3:02.97	37.50	350m: 4:17.04	37.11
	100m: 1:10.05	36.69	200m: 2:25.47	37.93	300m: 3:39.93	36.96	400m: 4:52.98	35.94
4.	Cynthia Grooteboer	De Reest	5:06.88	8901462	<b>5:18.11</b>	+0,83		
	50m: 34.72	34.72	150m: 1:54.71	40.85	250m: 3:17.34	41.18	350m: 4:39.24	40.42
	100m: 1:13.86	39.14	200m: 2:36.16	41.45	300m: 3:58.82	41.48	400m: 5:18.11	38.87
5.	Tonny Methorst	De Biesboschzwemmers	5:13.49	8802998	<b>5:22.05</b>	+0,87		
	50m: 36.27	36.27	150m: 1:58.74	41.36	250m: 3:21.55	41.05	350m: 4:44.04	40.91
	100m: 1:17.38	41.11	200m: 2:40.50	41.76	300m: 4:03.13	41.58	400m: 5:22.05	38.01
6.	Monique Nieuwelink	De Haaien	5:15.57	9002724	<b>5:26.10</b>	+0,96		
	50m: 36.45	36.45	150m: 1:58.68	41.87	250m: 3:22.92	41.92	350m: 4:46.71	41.64
	100m: 1:18.81	40.36	200m: 2:41.00	42.32	300m: 4:05.07	42.15	400m: 5:26.10	39.39
7.	Miriam Visserman	Octopus	5:40.36	8704364	<b>5:36.72</b>	+0,88		
	50m: 37.38	37.38	150m: 2:01.73	42.59	250m: 3:27.60	43.18	350m: 4:54.92	43.91
	100m: 1:19.14	41.76	200m: 2:44.42	42.69	300m: 4:11.01	43.41	400m: 5:36.72	41.80
8.	Anita Engels	Zegenwerp	5:42.22	9001016	<b>5:43.33</b>	+0,86		
	50m: 37.31	37.31	150m: 2:03.26	43.73	250m: 3:31.51	44.37	350m: 5:00.83	44.29
	100m: 1:19.53	42.22	200m: 2:47.14	43.88	300m: 4:16.54	45.03	400m: 5:43.33	42.50
9.	Kitty van Gendt	PSV	6:05.15	8701288	<b>5:47.78</b>	+0,89		
	50m: 37.52	37.52	150m: 2:04.67	44.67	250m: 3:35.49	45.81	350m: 5:05.79	45.30
	100m: 1:20.00	42.48	200m: 2:49.68	45.01	300m: 4:20.49	45.00	400m: 5:47.78	41.99
10.	Henrike de Vries	De Veene	5:24.00	8904490	<b>5:49.00</b>	+1,00		
	50m: 37.93	37.93	150m: 2:02.69	43.15	250m: 3:32.09	44.41	350m: 5:03.57	45.42
	100m: 1:19.54	41.61	200m: 2:47.68	44.99	300m: 4:18.15	46.06	400m: 5:49.00	45.43
11.	Liset de Veer	Aqua-Novio'94	5:36.84	8704190	<b>5:51.68</b>	+0,86		
	50m: 38.37	38.37	150m: 2:04.07	43.47	250m: 3:33.59	44.88	350m: 5:05.68	45.81
	100m: 1:20.60	42.23	200m: 2:48.71	44.64	300m: 4:19.87	46.28	400m: 5:51.68	46.00
12.	Liesbeth van Mill	DWK	5:47.80	8702786	<b>5:54.64</b>	+0,98		
	50m: 40.03	40.03	150m: 2:10.45	45.31	250m: 3:41.43	45.32	350m: 5:12.35	45.35
	100m: 1:25.14	45.11	200m: 2:56.11	45.66	300m: 4:27.00	45.57	400m: 5:54.64	42.29
13.	Annebeth van Ark	Octopus	5:47.02	8805588	<b>5:59.26</b>	+0,89		
	50m: 39.61	39.61	150m: 2:08.06	44.67	250m: 3:40.17	46.80	350m: 5:14.71	47.38
	100m: 1:23.39	43.78	200m: 2:53.37	45.31	300m: 4:27.33	47.16	400m: 5:59.26	44.55
14.	Ildiko van der Ploeg	De Warande	5:34.95	9002960	<b>5:59.74</b>	+0,79		
	50m: 36.92	36.92	150m: 2:06.27	46.27	250m: 3:38.55	47.31	350m: 5:12.42	46.84
	100m: 1:20.00	43.08	200m: 2:51.24	44.97	300m: 4:25.58	47.03	400m: 5:59.74	47.32
15.	Esther van Maastrigt	Montferland	5:55.07	8802836	<b>6:06.32</b>	+0,88		
	50m: 42.87	42.87	150m: 2:15.61	46.76	250m: 3:49.28	46.58	350m: 5:22.42	46.29
	100m: 1:28.85	45.98	200m: 3:02.70	47.09	300m: 4:36.13	46.85	400m: 6:06.32	43.90
AFGEM	Chantal Enkoroma Coffie	DES	4:56.45	8701142				
	50m:	150m:	250m:	350m:				
	100m:	200m:	300m:	400m:				
<b>Masters 25+</b>								
1.	Nadya Putter	Vlaardingen	4:55.65	8301630	<b>4:56.20</b>	+0,88		
	50m: 34.08	34.08	150m: 1:47.42	36.82	250m: 3:02.97	37.87	350m: 4:19.25	38.10
	100m: 1:10.60	36.52	200m: 2:25.10	37.68	300m: 3:41.15	38.18	400m: 4:56.20	36.95
2.	Linda Hoogendam	D'Elft	5:13.24	8300892	<b>5:14.46</b>	+0,76		
	50m: 34.00	34.00	150m: 1:54.63	41.13	250m: 3:16.44	40.54	350m: 4:37.61	40.08
	100m: 1:13.50	39.50	200m: 2:35.90	41.27	300m: 3:57.53	41.09	400m: 5:14.46	36.85
3.	Sandra Schellekens	Neptunus'58	5:19.53	8503416	<b>5:23.22</b>	+0,88		
	50m: 35.79	35.79	150m: 1:58.37	41.98	250m: 3:22.18	42.01	350m: 4:46.21	42.27
	100m: 1:16.39	40.60	200m: 2:40.17	41.80	300m: 4:03.94	41.76	400m: 5:23.22	37.01



Open Nederlandse Masters  
Kampioenschappen 2010 Ib  
Eindhoven, 7-9 mei 2010

Programmanr. 9, Dames, 400m vrije slag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
4.	Ramona Linting	HoogenboomTours/BZ&PC	5:17.00	8301274	<b>5:23.65</b>	+0,93
	50m: 36.11 36.11	150m: 1:57.79 41.32	250m: 3:21.00 41.54	350m: 4:44.29 41.80		
	100m: 1:16.47 40.36	200m: 2:39.46 41.67	300m: 4:02.49 41.49	400m: 5:23.65 39.36		
5.	Andrea van Leeuwen	De Zijl/LGB	5:33.66	8100904	<b>5:26.41</b>	+0,91
	50m: 34.94 34.94	150m: 1:55.72 41.21	250m: 3:20.22 42.36	350m: 4:45.65 42.11		
	100m: 1:14.51 39.57	200m: 2:37.86 42.14	300m: 4:03.54 43.32	400m: 5:26.41 40.76		
6.	Cindy Joller	Florange olympique club	5:37.73	107966	<b>5:37.17</b>	+1,00
	50m: 35.87 35.87	150m: 1:57.92 42.05	250m: 3:25.27 43.93	350m: 4:54.22 44.36		
	100m: 1:15.87 40.00	200m: 2:41.34 43.42	300m: 4:09.86 44.59	400m: 5:37.17 42.95		
7.	Rianne van Vegchelen 200m*	Deltasteur	6:27.07	8101530	<b>6:33.79</b>	+1,08
	50m: 41.89 41.89	150m: 2:20.83 49.51	250m: 4:01.31 50.08	350m: 5:41.91 49.17		
	100m: 1:31.32 49.43	200m: 3:11.23 50.40	300m: 4:52.74 51.43	400m: 6:33.79 51.88		
DIS	Roos van Esch	TRB-RES	4:46.42	8200468		
	<i>AA - Te vroeg weg of bewogen bij start.(geen tijd noteren)</i>					
	50m:	150m:	250m:	350m:		
	100m:	200m:	300m:	400m:		

Masters 30+

1.	Myriam Reuland <i>Luxemburgs Masters Record</i>	Le Dauphin Ettelbruck	5:27.85	2014	<b>5:12.73</b>	+0,86
	50m: 35.78 35.78	150m: 1:54.99 40.10	250m: 3:14.55 39.31	350m: 4:34.13 39.68		
	100m: 1:14.89 39.11	200m: 2:35.24 40.25	300m: 3:54.45 39.90	400m: 5:12.73 38.60		
2.	Yvonne Gerritsen	DES	5:24.40	8000342	<b>5:18.39</b>	+0,88
	50m: 34.10 34.10	150m: 1:54.00 40.82	250m: 3:15.93 41.03	350m: 4:38.13 40.71		
	100m: 1:13.18 39.08	200m: 2:34.90 40.90	300m: 3:57.42 41.49	400m: 5:18.39 40.26		
3.	Alana Miles	KZPC	5:27.13	8001626	<b>5:23.62</b>	+0,93
	50m: 34.64 34.64	150m: 1:53.28 40.21	250m: 3:16.36 41.97	350m: 4:41.67 43.35		
	100m: 1:13.07 38.43	200m: 2:34.39 41.11	300m: 3:58.32 41.96	400m: 5:23.62 41.95		
4.	Emerentia Knebel	KZPC	5:41.44	7600322	<b>5:24.91</b>	+0,83
	50m: 36.13 36.13	150m: 1:57.57 41.25	250m: 3:20.86 41.27	350m: 4:44.77 41.79		
	100m: 1:16.32 40.19	200m: 2:39.59 42.02	300m: 4:02.98 42.12	400m: 5:24.91 40.14		
5.	Jolanda van Gendt	PSV	5:37.44	7800266	<b>5:45.19</b>	+0,78
	50m: 36.67 36.67	150m: 2:02.89 44.55	250m: 3:32.46 45.01	350m: 5:01.62 44.36		
	100m: 1:18.34 41.67	200m: 2:47.45 44.56	300m: 4:17.26 44.80	400m: 5:45.19 43.57		
6.	Clementine van Bruxvoort	ZPB H&L Productions	6:38.26	7700138	<b>6:41.08</b>	+0,96
	50m: 42.61 42.61	150m: 2:22.69 50.45	250m: 4:07.06 52.09	350m: 5:51.24 51.47		
	100m: 1:32.24 49.63	200m: 3:14.97 52.28	300m: 4:59.77 52.71	400m: 6:41.08 49.84		
NG	Helma Koot	AZ&PC	5:39.60	7600336		
	50m:	150m:	250m:	350m:		
	100m:	200m:	300m:	400m:		

Masters 35+

1.	Grith Sigsgaard	Het Y	4:49.20	7200772	<b>4:51.51</b>	+0,86
	50m: 33.47 33.47	150m: 1:47.08 37.06	250m: 3:01.03 36.81	350m: 4:15.41 36.97		
	100m: 1:10.02 36.55	200m: 2:24.22 37.14	300m: 3:38.44 37.41	400m: 4:51.51 36.10		
2.	Marleen Vos	Aquapoldro	5:03.45	7400598	<b>5:12.00</b>	+0,91
	50m: 35.61 35.61	150m: 1:53.81 39.21	250m: 3:13.65 39.61	350m: 4:33.43 39.61		
	100m: 1:14.60 38.99	200m: 2:34.04 40.23	300m: 3:53.82 40.17	400m: 5:12.00 38.57		
3.	Annette de Visser	Oceanus	5:15.13	7100602	<b>5:16.02</b>	+0,86
	50m: 35.49 35.49	150m: 1:54.88 39.98	250m: 3:16.49 40.98	350m: 4:38.33 40.53		
	100m: 1:14.90 39.41	200m: 2:35.51 40.63	300m: 3:57.80 41.31	400m: 5:16.02 37.69		
4.	Inez Heideman	WS Twente	5:37.90	7500198	<b>5:42.49</b>	+0,92
	50m: 36.85 36.85	150m: 2:03.78 44.50	250m: 3:32.82 44.39	350m: 5:00.17 43.59		
	100m: 1:19.28 42.43	200m: 2:48.43 44.65	300m: 4:16.58 43.76	400m: 5:42.49 42.32		
5.	Natacha Van Hoof	ShaRK	6:00.90	ShaRK/260/73	<b>5:58.76</b>	+1,01
	50m: 41.85 41.85	150m: 2:12.74 45.93	250m: 3:43.82 45.32	350m: 5:14.95 45.43		
	100m: 1:26.81 44.96	200m: 2:58.50 45.76	300m: 4:29.52 45.70	400m: 5:58.76 43.81		
6.	Ingrid Versteegen	DBD	6:25.84	7300770	<b>6:30.52</b>	+0,92
	50m: 42.72 42.72	150m: 2:20.30 49.68	250m: 4:01.64 50.78	350m: 5:42.75 50.24		
	100m: 1:30.62 47.90	200m: 3:10.86 50.56	300m: 4:52.51 50.87	400m: 6:30.52 47.77		

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 9, Dames, 400m vrije slag

Masters 40+

1.	Anita Smits		DIO		5:00.30	6900522		<b>5:02.77</b>	+0,85			
	50m:	33.36	33.36	150m:	1:49.30	38.87	250m:	3:07.63	39.36	350m:	4:25.40	38.81
	100m:	1:10.43	37.07	200m:	2:28.27	38.97	300m:	3:46.59	38.96	400m:	5:02.77	37.37
2.	Laura Staal		Oceanus		5:15.63	6700358		<b>5:26.77</b>	+0,97			
	50m:	36.49	36.49	150m:	1:58.32	41.06	250m:	3:22.06	41.77	350m:	4:46.33	41.54
	100m:	1:17.26	40.77	200m:	2:40.29	41.97	300m:	4:04.79	42.73	400m:	5:26.77	40.44
3.	Helen Turner		PSV		5:49.23	7000894		<b>5:50.74</b>	+0,81			
	50m:	38.70	38.70	150m:	2:06.62	44.48	250m:	3:36.84	45.31	350m:	5:06.83	45.30
	100m:	1:22.14	43.44	200m:	2:51.53	44.91	300m:	4:21.53	44.69	400m:	5:50.74	43.91
4.	Emmy Radelaar		De Fuut		6:23.65	6600572		<b>6:24.38</b>	+1,11			
	50m:	41.96	41.96	150m:	2:16.44	48.32	250m:	3:55.51	49.82	350m:	5:35.02	49.88
	100m:	1:28.12	46.16	200m:	3:05.69	49.25	300m:	4:45.14	49.63	400m:	6:24.38	49.36
5.	Meke Oomens		Old Dutch		6:23.94	7000370		<b>6:40.57</b>	+1,10			
	50m:	43.35	43.35	150m:	2:22.33	50.05	250m:	4:05.10	51.06	350m:	5:49.46	52.09
	100m:	1:32.28	48.93	200m:	3:14.04	51.71	300m:	4:57.37	52.27	400m:	6:40.57	51.11
6.	Remona Dekker		ZV De Bron		6:55.48	6600620		<b>6:57.02</b>	+1,56			
	50m:	45.45	45.45	150m:	2:30.01	53.32	250m:	4:18.66	54.84	350m:	6:07.88	55.11
	100m:	1:36.69	51.24	200m:	3:23.82	53.81	300m:	5:12.77	54.11	400m:	6:57.02	49.14

Masters 45+

1.	Kristin van Cauteren		Lokerse Zwemvereniging		5:17.70	LZV/009/64		<b>5:16.02</b>	+0,87			
	<i>Belgisch Masters Record</i>											
	50m:	36.47	36.47	150m:	1:55.53	39.41	250m:	3:16.64	40.24	350m:	4:37.30	40.06
	100m:	1:16.12	39.65	200m:	2:36.40	40.87	300m:	3:57.24	40.60	400m:	5:16.02	38.72
2.	Jacqueline Rolloos		De Lansingh		5:42.92	6300222		<b>5:40.17</b>	+1,02			
	50m:	37.90	37.90	150m:	2:04.18	43.54	250m:	3:32.13	43.59	350m:	4:58.94	42.78
	100m:	1:20.64	42.74	200m:	2:48.54	44.36	300m:	4:16.16	44.03	400m:	5:40.17	41.23

Masters 50+

1.	Patty Verhagen		AquAmigos		5:21.77	5900146		<b>5:27.82</b>	+0,97			
	50m:	37.04	37.04	150m:	1:57.66	40.53	250m:	3:21.82	41.94	350m:	4:46.52	42.07
	100m:	1:17.13	40.09	200m:	2:39.88	42.22	300m:	4:04.45	42.63	400m:	5:27.82	41.30
2.	Pia van der Molen		HZ&PC Heerenveen		6:11.66	6000116		<b>6:26.14</b>	+0,92			
	50m:	41.16	41.16	150m:	2:17.30	48.64	250m:	3:56.78	49.63	350m:	5:37.17	50.24
	100m:	1:28.66	47.50	200m:	3:07.15	49.85	300m:	4:46.93	50.15	400m:	6:26.14	48.97
3.	Inge Wolfs		PLONS		6:35.44	6000304		<b>6:29.01</b>	+1,08			
	50m:	43.03	43.03	150m:	2:19.83	49.62	250m:	3:57.55	49.14	350m:	5:38.14	51.70
	100m:	1:30.21	47.18	200m:	3:08.41	48.58	300m:	4:46.44	48.89	400m:	6:29.01	50.87

Masters 55+

1.	Margriet Pasma		De Pinquin		6:04.80	5500088		<b>6:17.32</b>	+0,96			
	50m:	42.51	42.51	150m:	2:18.08	48.59	250m:	3:55.34	49.22	350m:	5:31.69	48.41
	100m:	1:29.49	46.98	200m:	3:06.12	48.04	300m:	4:43.28	47.94	400m:	6:17.32	45.63
2.	Carla Hensen		PSV		7:05.33	5300062		<b>7:05.94</b>	+0,97			
	50m:	44.95	44.95	150m:	2:31.78	53.85	250m:	4:21.93	54.91	350m:	6:11.95	54.25
	100m:	1:37.93	52.98	200m:	3:27.02	55.24	300m:	5:17.70	55.77	400m:	7:05.94	53.99
3.	Corine Kalbfleisch		DWT		7:04.65	5200024		<b>7:11.33</b>	+1,15			
	50m:	46.07	46.07	150m:	2:34.38	54.64	250m:	4:26.71	56.18	350m:	6:18.62	55.21
	100m:	1:39.74	53.67	200m:	3:30.53	56.15	300m:	5:23.41	56.70	400m:	7:11.33	52.71
4.	Gonnie Bak		PSV		7:19.05	5100002		<b>7:46.49</b>	+0,95			
	50m:	49.30	49.30	150m:	2:47.30	1:00.14	250m:	4:47.09	59.36	350m:	6:48.30	1:01.05
	100m:	1:47.16	57.86	200m:	3:47.73	1:00.43	300m:	5:47.25	1:00.16	400m:	7:46.49	58.19

Masters 60+

1.	Conny Boer-Buys		Vlaardingeng		5:33.86	5000006		<b>5:46.88</b>	+0,93			
	<i>Nederlands Masters Record, tussentijden 100m en 200m NMR</i>											
	50m:	36.63	36.63	150m:	2:04.30	45.09	250m:	3:35.63	45.72	350m:	5:05.03	44.40
	100m:	1:19.21	42.58	200m:	2:49.91	45.61	300m:	4:20.63	45.00	400m:	5:46.88	41.85

Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

Programmanr. 9, Dames, 400m vrije slag, Masters 60+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
2.	Marja van der Meer	Neptunus	6:56.32	4700014	<b>7:00.44</b>	+1,05
	50m: 44.84	44.84	150m: 2:29.10	53.63	250m: 4:17.57	54.58
	100m: 1:35.47	50.63	200m: 3:22.99	53.89	300m: 5:11.85	54.28
					350m: 6:06.73	54.88
					400m: 7:00.44	53.71

Masters 65+

DIS	Liesbeth ter Laak	PSV	10:54.68	4200008		
	<i>AA - Te vroeg weg of bewogen bij start.(geen tijd noteren)</i>					
	50m:	150m:	250m:	350m:		
	100m:	200m:	300m:	400m:		

Masters 70+

1.	Bep van Riessen	Aquapoldro	8:59.28	3700006	<b>9:12.39</b>	+1,43
	<i>100m,200m*</i>					
	50m: 57.96	57.96	150m: 3:15.99	1:09.35	250m: 5:38.65	1:11.07
	100m: 2:06.64	1:08.68	200m: 4:27.58	1:11.59	300m: 6:52.54	1:13.89
					350m: 8:03.72	1:11.18
					400m: 9:12.39	1:08.67

Masters 75+

1.	Annie de Vos	Old Dutch	8:44.83	3400004	<b>9:08.07</b>	+0,98
	50m: 59.74	59.74	150m: 3:18.00	1:09.51	250m: 5:37.65	1:09.70
	100m: 2:08.49	1:08.75	200m: 4:27.95	1:09.95	300m: 6:48.66	1:11.01
					350m: 7:58.42	1:09.76
					400m: 9:08.07	1:09.65

AFGEM	Lottie Geurts	PSV	6:50.22	3500006		
	50m:	150m:	250m:	350m:		
	100m:	200m:	300m:	400m:		

Masters 80+

1.	Ati Derkse	Aquapoldro	10:43.02	2900002	<b>11:30.17</b>	
	50m: 1:21.30	1:21.30	150m: 4:19.48	1:30.94	250m: 7:18.72	1:31.46
	100m: 2:48.54	1:27.24	200m: 5:47.26	1:27.78	300m: 8:42.11	1:23.39
					350m: 10:10.86	1:28.75
					400m: 11:30.17	1:19.31

Programmanr. 10  
08.05.2010 - 10:50

Heren, 200m schoolslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
<b>Masters 20+</b>									
1.	Erik Simons	WZK Zwemmen	2:36.57 8902845	<b>2:39.87</b>	+0,84	34.67	1:16.15	1:58.37	2:39.87
	<i>Kampioenschaps Record</i>								
2.	Jelle Beerens	De Dommelbaarzen	2:28.42 8600159	<b>2:40.19</b>	+0,90	34.33	1:15.13	1:58.29	2:40.19
3.	Sander Slaghuis	NIMO	2:39.76 8805305	<b>2:46.01</b>	+0,88	36.31	1:19.08	2:02.90	2:46.01
4.	Mario Peeters	MNC Dordrecht	2:40.38 8602355	<b>2:46.85</b>	+0,84	37.39	1:21.12	2:04.04	2:46.85
5.	Stef Hoeven	Zegenwerp	2:54.00 9001223	<b>3:01.73</b>	+0,91	41.32	1:28.56	2:17.69	3:01.73
6.	Harmen Reemst	ZOB'66	2:53.63 8702715	<b>3:03.66</b>	+0,91	40.19	1:26.56	2:15.06	3:03.66

Masters 25+

1.	Tommy van Overmeeren	De Schelde	2:33.67 8402887	<b>2:45.04</b>	+0,83	36.89	1:19.36	2:02.17	2:45.04
2.	Rob van Vliet	AZ&PC	2:41.49 8402459	<b>2:46.08</b>	+0,90	37.75	1:20.02	2:03.76	2:46.08
3.	Albert van Piekeren	Octopus	2:38.27 8401767	<b>2:48.59</b>	+0,81	37.81	1:20.43	2:03.66	2:48.59
4.	Dirkjan Beugelsdijk	De Zijl/LGB	2:48.06 8100123	<b>2:50.35</b>	+0,85	37.68	1:21.31	2:05.87	2:50.35
5.	Dennis Klop	De Biesboschzwemmers	2:59.17 8302643	<b>3:07.05</b>	+0,78	41.79	1:29.28	2:18.75	3:07.05

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 10, Heren, 200m schoolslag

Masters 30+

1. Freddie Geerlings	NIMO	2:32.68	7900379	<b>2:42.97</b>	+0,88	34.70	1:15.00	1:58.26	2:42.97
2. Ron Langelaan	DAW-FINENZO	2:44.55	7800643	<b>2:47.32</b>	+0,91	37.62	1:19.65	2:02.73	2:47.32
3. Vincent Bastin	CHTHN	2:52.23	CHTHN/342/77	<b>2:49.00</b>	+0,76	36.75	1:20.06	2:03.89	2:49.00
4. Jeroen Vogelsang	Het Y	2:46.80	8001645	<b>2:57.32</b>	+0,93	38.88	1:23.73	2:09.78	2:57.32
5. Okko de Haas	ZV De Bron	2:57.80	7801593	<b>3:00.21</b>	+0,93	40.99	1:27.52	2:13.68	3:00.21
6. Niels van Wageningen	D'Eift	3:05.15	7601335	<b>3:04.80</b>	+0,99	40.32	1:27.00	2:15.77	3:04.80
7. Han Ruijs	RZ	3:02.27	7901867	<b>3:13.93</b>	+0,84	41.95	1:31.89	2:21.95	3:13.93

Masters 35+

1. Andreas Kaptur	SG Gladbeck	2:49.26	125218	<b>2:50.11</b>	+0,91	37.83	1:21.70	2:06.09	2:50.11
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Masters 40+

1. René Beetsma	HZ&PC Heerenveen	2:49.27	6900069	<b>2:55.60</b>	+0,87	38.34	1:23.46	2:09.86	2:55.60
2. Harold Matla	PSV	2:49.03	6800591	<b>3:00.44</b>	+0,92	40.63	1:27.01	2:14.72	3:00.44
3. Peter v. Meerveld	AZ&PC	2:57.60	6700649	<b>3:01.60</b>	+0,96	41.22	1:28.03	2:15.35	3:01.60
4. Jacques Verriet	Njord	3:05.50	7001039	<b>3:11.87</b>	+0,87	44.66	1:32.96	2:22.00	3:11.87
5. Peter Musschenga	Zwem Goud	3:17.84	6901347	<b>3:20.26</b>	+0,92	44.52	1:35.27	2:27.84	3:20.26
6. Arnold Jonker	HZ&PC Heerenveen	3:46.83	7000529	<b>3:44.40</b>	+0,91	50.32	1:47.14	2:46.57	3:44.40
AFGEM Patrick Juncker	Swimming Luxembourg	2:46.11	67-JUNC						

Masters 45+

1. Cees van Houwelingen	De Schelde	2:37.52	6300351	<b>2:45.58</b>	+0,94	36.90	1:19.29	2:02.73	2:45.58
<i>Kampioenschaps Record</i>									
2. Edwin v. Norden	AZ&PC	2:37.17	6300563	<b>2:51.39</b>	+0,86	37.18	1:20.17	2:04.71	2:51.39
3. Ronald Grove	Oceanus	2:53.09	6100161	<b>3:00.03</b>	+0,85	40.73	1:26.53	2:14.02	3:00.03
4. Theo Bakker	TriVia	2:55.14	6401231	<b>3:03.71</b>	+0,91	41.01	1:28.48	2:16.86	3:03.71
5. Marcel van Lochem	Zoetermeer	2:55.05	6500581	<b>3:04.63</b>	+0,85	39.96	1:27.46	2:16.39	3:04.63
6. Ron Phaff	PSV	2:54.46	6200495	<b>3:05.25</b>	+0,85	40.11	1:26.87	2:14.76	3:05.25
7. Peter Fölker	Aqua-Novio'94	3:05.80	6401021	<b>3:08.58</b>	+0,75	43.34	1:31.01	2:20.26	3:08.58
8. Ronald van Vliet	De Aalscholver	3:15.37	6300997	<b>3:11.39</b>	+0,86	43.04	1:31.34	2:20.89	3:11.39
9. Marcel van der Lem	Kon AZ 1870	3:05.85	6500563	<b>3:12.41</b>	+0,82	41.90	1:30.14	2:21.22	3:12.41
10. Michiel Klaren	PSV	3:20.32	6201087	<b>3:26.34</b>	+1,05	46.74	1:38.87	2:33.19	3:26.34
11. Bart van Calker	WS Twente	3:26.36	6100067	<b>3:28.01</b>	+1,12	47.45	1:39.23	2:33.34	3:28.01

Masters 50+

1. Hugo Bregman	WVZ	2:46.92	5800069	<b>2:49.64</b>	+0,87	38.31	1:22.03	2:05.72	2:49.64
<i>Kampioenschaps Record</i>									
2. Peter Romkes	Luctor et Emergo	3:05.74	5900389	<b>3:06.28</b>	+0,80	42.56	1:30.73	2:19.95	3:06.28
3. Wim de Lange	Electrolux AZC	3:06.93	5800533	<b>3:18.86</b>	+0,98	43.39	1:33.58	2:25.78	3:18.86
4. Luc Nijs	AZV	3:19.57	AZV/080/59	<b>3:21.79</b>	+0,94	43.82	1:34.84	2:28.72	3:21.79
5. Paul Bunnik	Triton	3:11.82	5600413	<b>3:25.35</b>	+1,07	44.29	1:38.33	2:33.71	3:25.35
6. Jan Willem Heuten	WS Twente	3:36.51	6000883	<b>3:32.64</b>	+1,02	48.26	1:43.45	2:38.78	3:32.64
7. Michiel Tonsbeek	DWT	3:50.76	6000889	<b>3:52.28</b>	+1,12	54.38	1:54.20	2:54.04	3:52.28
8. Jan Glorie	OEZA	4:23.18	5700513	<b>4:28.82</b>	+1,30	57.54	2:05.08	3:18.82	4:28.82
NG Vincent de Keijzer	PLONS	3:09.21	5800207						

Masters 55+

1. Laurens klein Breteler	WWV	3:40.67	5400109	<b>3:40.17</b>	+1,01	44.56	1:41.02	2:40.94	3:40.17
AFGEM Peter Gulyas	Totkomlosi Rozmar Szenior3:	16.17	51GULY						

Masters 60+

1. Donald Uijtenbogaart	Het Y	3:12.17	4700107	<b>3:13.84</b>	+0,87	44.72	1:34.13	2:24.26	3:13.84
2. Harry Smits	ZC'90	3:28.30	4800163	<b>3:30.92</b>	+1,06	46.53	1:39.48	2:35.52	3:30.92
3. Mar van Geel	Old Dutch	3:53.91	4700135	<b>3:59.50</b>	+1,09	52.20	1:53.62	2:58.25	3:59.50
4. Henk Oostendorp	ZV De Bron	4:09.08	4800093	<b>4:13.52</b>	+0,94	55.99	2:01.32	3:07.50	4:13.52

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 10, Heren, 200m schoolslag

Masters 65+

1. Rob Hanou	PSV	3:14.68	4300109	<b>3:25.10</b>	+1,09	44.83	1:38.03	2:32.50	3:25.10
2. Nico Baay	Old Dutch	3:30.31	4200053	<b>3:36.03</b>	+0,94	47.51	1:42.15	2:38.81	3:36.03
3. Ruud Sloof	De Rijn	3:38.51	4400073	<b>3:46.49</b>	+1,36	50.88	1:47.15	2:47.56	3:46.49
4. Peter Ouweneel	RSW (SG)	4:04.91	4500077	<b>4:16.40</b>	+1,21	56.19	1:58.13	3:04.27	4:16.40

Masters 70+

1. Wieger Mensonides	NZ&PC	3:36.07	3800035	<b>3:41.55</b>	+0,97	49.59	1:47.54	2:47.33	3:41.55
2. Gregor Pompen	Aqua-Novio'94	4:02.65	3700021	<b>4:15.27</b>	+1,05	58.87	2:03.96	3:10.39	4:15.27
3. Ad Tersteeg	Old Dutch	5:00.57	3900021	<b>5:19.14</b>	+1,20	1:08.09	2:30.38	3:57.06	5:19.14
NG Pieter Scharphorn	Neptunus	4:49.11	3800037						

Programmanr. 11  
08.05.2010 - 11:16

Dames, 200m schoolslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
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Masters 20+

1. Karin van Dijk	HZ&PC Heerenveen	2:52.63	8600850	<b>2:52.37</b>	+0,94	39.05	1:22.80	2:07.47	2:52.37
2. Maaïke de Boer	De Duinkickers	3:01.62	9000362	<b>3:05.20</b>	+0,88	42.84	1:30.16	2:18.41	3:05.20
3. Nicole van der Kooy	SBC2000	3:04.32	8702310	<b>3:06.37</b>	+0,93	42.43	1:29.48	2:18.44	3:06.37
4. Iris Barendregt	Van Vliet-Barracuda	3:03.96	8600172	<b>3:09.42</b>	+0,87	42.26	1:30.63	2:19.53	3:09.42
5. Monique Nieuwelink	De Haaien	3:00.36	9002724	<b>3:09.78</b>	+0,95	42.72	1:30.92	2:19.76	3:09.78
6. Milou Bouwhuis	De Veene	3:07.90	8900532	<b>3:16.39</b>	+0,79	42.01	1:30.67	2:22.42	3:16.39
7. Fleur Maas	Zoetermeer	3:23.18	8902768	<b>3:32.79</b>	+0,96	48.03	1:42.88	2:38.31	3:32.79
8. M. van de Nieuwenhuijzen	ZV De Bron	3:33.96	8803172	<b>3:36.89</b>	+0,98	47.72	1:42.38	2:39.95	3:36.89
9. Sigrid Leusink	De Hokseberg	3:52.61	9002326	<b>3:55.91</b>	+0,91	50.10	1:51.11	2:52.75	3:55.91

Masters 25+

1. Laura Badoux	DAW-FINENZO	3:01.24	8200038	<b>3:07.64</b>	+0,97	41.52	1:29.83	2:18.27	3:07.64
2. Judith Kremers	De Spatters	3:18.73	8102094	<b>3:12.82</b>	+0,78	42.78	1:30.60	2:22.06	3:12.82
3. Annette Vogelsang	ZV De Bron	3:27.83	8402632	<b>3:25.23</b>	+0,91	45.72	1:37.65	2:30.96	3:25.23
4. Renee de Kok	PSV	3:25.28	8403350	<b>3:30.61</b>	+0,79	46.39	1:39.91	2:35.89	3:30.61

Masters 30+

1. Peggy Loffeld	KZPC	3:05.58	7700468	<b>3:04.77</b>	+0,85	41.78	1:27.43	2:15.88	3:04.77
2. Yvonne Gerritsen	DES	3:07.06	8000342	<b>3:06.96</b>	+0,93	41.38	1:29.55	2:18.39	3:06.96
3. Myriam Reuland	Le Dauphin Ettelbruck	3:15.21	2014	<b>3:12.91</b>	+0,93	43.06	1:32.86	2:22.20	3:12.91
	<i>Luxemburgs Masters Record</i>								
4. Kristel Lips	ZV De Bron	3:29.26	7900562	<b>3:20.16</b>	+0,91	45.79	1:36.76	2:28.52	3:20.16
5. A. Balkema-Willemsen	EZZ	3:20.10	8001268	<b>3:22.72</b>	+0,95	44.86	1:35.80	2:29.16	3:22.72

Masters 35+

1. Karin Stein	Vlaardingen	2:58.65	7100554	<b>2:56.22</b>	+0,99	40.82	1:25.72	2:11.59	2:56.22
	<i>Nederlands Masters Record</i>								
2. Dóra Cerva	Sprint Fortuna SC	2:57.78	74CERV	<b>2:58.55</b>	+0,88	40.41	1:26.22	2:12.56	2:58.55
3. Annetje Dieleman	PSV	3:07.52	7100130	<b>3:11.75</b>	+0,73	42.09	1:30.09	2:20.53	3:11.75
4. Liselotte Joling	PSV	3:04.78	7500268	<b>3:14.70</b>	+1,01	42.88	1:33.58	2:24.17	3:14.70
5. Tony de Groot	De Futen	3:29.49	7300758	<b>3:52.79</b>	+0,91	48.63	1:44.73	2:49.05	3:52.79

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 11, Dames, 200m schoolslag

Masters 40+

1. Annette Wijnja-Visser	De Biesboschzweimmers	3:08.31	6700528	<b>3:05.73</b>	+0,86	41.50	1:28.40	2:16.75	3:05.73
<i>Nederlands Masters Record</i>									
2. F. Heijdeman-Duran	AZ&PC	3:08.53	6900222	<b>3:21.08</b>	+0,87	45.51	1:37.20	2:29.02	3:21.08
3. Desiree van der Lem	Kon AZ 1870	3:40.28	6800282	<b>3:21.13</b>	+0,87	44.15	1:35.88	2:29.21	3:21.13
4. Yolanda Mante	Gay Swim Amsterdam	3:18.75	6600432	<b>3:22.00</b>	+0,74	46.65	1:40.68	2:31.73	3:22.00
5. Henriett Cseszregi	Budapesti Delfinek	3:20.50	69CSES	<b>3:24.69</b>	+0,83	44.66	1:36.12	2:30.51	3:24.69
6. Ilse Vos	De Hokseberg	3:28.23	6800644	<b>3:32.29</b>	+1,07	47.52	1:41.46	2:36.31	3:32.29
7. Meke Oomens	Old Dutch	3:29.26	7000370	<b>3:33.39</b>	+1,08	46.46	1:41.09	2:36.01	3:33.39
8. Remona Dekker	ZV De Bron	4:00.50	6600620	<b>3:59.59</b>	+1,23	53.72	1:56.40	3:00.05	3:59.59

Masters 45+

1. Karin Vrijburg	De Columbiaan	3:15.64	6100228	<b>3:25.77</b>	+1,00	46.27	1:38.01	2:31.22	3:25.77
2. Friderika Kerekes	AZ&PC	3:39.21	6500540	<b>3:36.64</b>	+0,88	50.22	1:45.50	2:41.86	3:36.64
3. Ina van Beusekom	Van Vliet-Barracuda	3:48.44	6400480	<b>3:50.28</b>	+0,95	52.42	1:51.17	2:52.27	3:50.28
4. Jacqueline Brouwer	ZV De Bron	4:06.10	6100296	<b>4:15.77</b>	+0,94	56.96	2:01.81	3:11.70	4:15.77

Masters 50+

1. Susan Lipsey	LZ 1886	3:22.10	5700156	<b>3:30.69</b>	+0,92	46.40	1:39.04	2:33.90	3:30.69
2. Willy Schoenmaker	DWK	3:58.92	5900254	<b>4:10.89</b>	+1,29	56.94	2:00.02	3:05.91	4:10.89

Masters 55+

1. Mieke van der Fluit	SBC2000	3:27.83	5400012	<b>3:42.77</b>	+1,27	50.35	1:46.98	2:44.81	3:42.77
2. Gonnje Bak	PSV	3:55.56	5100002	<b>4:00.39</b>	+0,92	57.17	1:59.28	3:02.20	4:00.39
3. Tineke van Diggelen	Oceanus	3:58.70	5200048	<b>4:04.60</b>	+0,97	54.73	1:57.41	3:00.77	4:04.60
4. Nini van Dongen	De Lansingh	4:49.69	5100044	<b>4:50.11</b>	+1,23	1:06.05	2:20.81	3:35.76	4:50.11

Masters 60+

DIS Nelly Jansen	Old Dutch	5:44.74	4600020	<b>6:14.25</b>	+1,42	1:23.32	2:59.19	4:38.68	6:14.25
<i>SK - Niet met twee handen gelijktijdig keer- en/of eindpunt aangetikt.</i>									

Masters 65+

1. Matty van der Veen	Old Dutch	3:50.93	4400020	<b>4:07.97</b>	+1,12	56.47	1:59.91	3:03.27	4:07.97
2. Loekie v. Huissteden	AZ&PC	4:27.70	4500002	<b>4:26.09</b>	+1,01	1:02.09	2:10.85	3:18.30	4:26.09
3. Liesbeth ter Laak	PSV	5:01.77	4200008	<b>5:09.56</b>	+1,31	1:10.58	2:31.82	3:48.96	5:09.56

Masters 70+

1. Ingrid Lüning	EOSC Offenbach	3:51.90	136789	<b>3:49.06</b>	+1,04	52.95	1:50.81	2:49.98	3:49.06
<i>Kampioenschaps Record</i>									
2. Tineke de Bueger	Old Dutch	4:24.89	3700010	<b>4:42.58</b>	+1,13	1:05.38	2:17.56	3:30.27	4:42.58

Masters 75+

1. Agnes van Obberghen	AZSC	4:00.38	AZSC/696/31	<b>4:02.51</b>	+1,01	53.57	1:55.32	2:59.37	4:02.51
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Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

Programmanr. 12  
08.05.2010 - 11:41

Heren, 100m rugslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
<b>Masters 20+</b>							
1. Martijn Dolk	MNC Dordrecht	1:01.86	8900737	<b>1:05.12</b>	+0,74	31.97	1:05.12
2. Alex Vermeulen	WZK Zwemmen	1:04.40	8905811	<b>1:06.80</b>	+0,67	32.38	1:06.80
3. Mario Peeters	MNC Dordrecht	1:06.01	8602355	<b>1:09.62</b>	+0,71	33.66	1:09.62
4. Sander van den Berg	NIMO	1:04.62	8700211	<b>1:11.38</b>	+0,81	34.06	1:11.38
5. Mark Pijtak	AZ&PC	1:12.95	9002287	<b>1:12.15</b>	+0,73	34.90	1:12.15
6. Jelle Beerens	De Dommelbaarzen	1:07.23	8600159	<b>1:12.46</b>	+0,76	34.75	1:12.46
7. Jan van Opstal	DIO	1:08.86	8602291	<b>1:12.77</b>	+0,80	36.09	1:12.77
8. Jan Hofstede	De Reest	1:07.86	8601269	<b>1:13.70</b>	+0,67	35.49	1:13.70
9. Sven van Zanten	De Duinkickers	1:11.49	9003405	<b>1:14.50</b>	+0,65	34.73	1:14.50
10. Tom Hinskens	NIMO	1:19.31	9007241	<b>1:15.19</b>	+0,91	36.62	1:15.19
11. Koen Florijn	MNC Dordrecht	1:06.17	8600851	<b>1:16.43</b>	+0,82	36.46	1:16.43
12. Remco Joukes	Triton	1:09.36	8801763	<b>1:16.66</b>	+0,64	37.21	1:16.66
13. Wesley Bezemer	De Duinkickers	1:13.73	8900237	<b>1:16.89</b>	+0,82	38.11	1:16.89
14. Harmen Reemst	ZOB'66	1:12.40	8702715	<b>1:17.97</b>	+0,64	37.67	1:17.97
<b>Masters 25+</b>							
1. Merijn Ellenkamp	DWK	1:00.53	8500691	<b>1:00.54</b>	+0,62	29.82	1:00.54
	<i>Nederlands Masters Record</i>						
2. Martijn Giezen	Montferland	1:02.86	8500813	<b>1:05.04</b>	+0,60	31.12	1:05.04
3. Thommy Nickel	Van Vliet-Barracuda	1:06.69	8401627	<b>1:06.99</b>	+0,72	32.56	1:06.99
4. Leander Noordijk	De Schoteijl	1:04.95	8101221	<b>1:07.85</b>	+0,77	33.14	1:07.85
5. Sander Bouts	RZ	1:04.58	8500331	<b>1:08.65</b>	+0,72	33.20	1:08.65
6. Marcel Reefhuis	De Veene	1:07.51	8101381	<b>1:08.73</b>	+0,77	33.39	1:08.73
7. Albert van Piekeren	Octopus	1:06.61	8401767	<b>1:09.80</b>	+0,75	33.84	1:09.80
8. Victor den Heijer	Wave	1:10.00	8300867	<b>1:10.45</b>	+0,60	33.87	1:10.45
9. Tommy van Overmeeren	De Schelde	1:04.82	8402887	<b>1:10.82</b>	+0,74	35.10	1:10.82
NG Erik Drewes	De Biesboschzwemmers	1:11.31	8400543				
<b>Masters 30+</b>							
1. Dennis Brouwers	HZPC	1:03.18	7800167	<b>1:04.65</b>	+0,68	32.05	1:04.65
2. Erik Kusters	Dedemsvaart-AC	1:06.90	8000837	<b>1:05.34</b>	+0,76	31.65	1:05.34
3. Ivo Roozeboom	DES	1:06.37	7700801	<b>1:05.79</b>	+0,71	32.38	1:05.79
4. Ronald Smits	PSV	1:04.56	7800981	<b>1:06.26</b>	+0,74	32.97	1:06.26
5. Stan Dekker	PLONS	1:09.73	7901823	<b>1:09.63</b>	+0,71	33.57	1:09.63
6. Gino Martijn	RZ	1:15.00	7901865	<b>1:17.55</b>	+0,65	38.20	1:17.55
<b>Masters 35+</b>							
1. Eelco van Gemert	De Stormvogel	1:05.06	7200299	<b>1:10.03</b>	+0,75	33.96	1:10.03
2. Agnus Gerringa	DWK	1:16.20	7100285	<b>1:13.84</b>	+0,79	35.85	1:13.84
3. Herman Smit	De Veene	1:17.48	7101493	<b>1:14.23</b>	+0,76	36.07	1:14.23
4. Erwin Zuidervelt	De Futen	1:11.61	7501015	<b>1:15.83</b>	+0,69	36.36	1:15.83
5. Bart Van Gorp	AZV	1:19.97	AZV/117/75	<b>1:22.30</b>	+0,73	39.04	1:22.30
<b>Masters 40+</b>							
1. Zoltan Balajti	Budapesti Delfinek	1:04.65	66BALA	<b>1:04.72</b>	+0,66	31.77	1:04.72
2. Frederic Andres	Florange olympique club	1:11.54	103316	<b>1:12.58</b>	+0,80	36.08	1:12.58
3. Casper de Zeeuw	WS Twente	1:16.69	7001137	<b>1:14.26</b>	+0,71	36.65	1:14.26
4. Arjon de Bok	De Biesboschzwemmers	1:11.90	6900125	<b>1:15.02</b>	+0,87	35.80	1:15.02
5. Gerco Schakel	DWK	1:26.03	6900849	<b>1:19.02</b>	+0,71	39.09	1:19.02
6. Gerard Da Deppo	DBD	1:18.83	7001509	<b>1:21.85</b>	+0,75	39.02	1:21.85
7. Oliver Podebrad	SC Wiesbaden 1911	1:22.73	262705	<b>1:24.22</b>	+0,79	41.84	1:24.22
AFGEM Patrick Juncker	Swimming Luxembourg	1:18.12	67-JUNC				
AFGEM Henk van Zetten	Octopus	1:35.93	6701261				

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 12, Heren, 100m rugslag

Masters 45+

1. Evert Bregman	WZK Zwemmen	1:08.95	6200089	<b>1:09.93</b>	+0,63	31.67	1:09.93
2. Jan Brink	De Stormvogel	1:10.17	6200091	<b>1:10.25</b>	+0,72	34.11	1:10.25
3. Ron Korzelius	AZ&PC	1:12.31	6500513	<b>1:13.86</b>	+0,72	36.09	1:13.86
4. Fred Heemstra	DAW-FINENZO	1:09.47	6500357	<b>1:14.23</b>	+0,75	35.67	1:14.23
5. Cees van Houwelingen	De Schelde	1:12.02	6300351	<b>1:15.36</b>	+0,78	37.23	1:15.36
6. Marcel van der Lem	Kon AZ 1870	1:18.57	6500563	<b>1:20.22</b>	+0,81	38.41	1:20.22
7. Ron Phaff	PSV	1:16.27	6200495	<b>1:21.58</b>	+0,69	39.21	1:21.58
8. Michiel Klaren	PSV	1:25.04	6201087	<b>1:23.08</b>	+0,69	40.02	1:23.08
9. Werenfried Spit	LAC	1:23.66	6401307	<b>1:23.54</b>	+0,73	39.81	1:23.54
10. Bart van Betuw	Zegenwerp	1:29.30	6500087	<b>1:24.26</b>	+0,75	40.45	1:24.26
11. Jack Barends	WS Twente	1:24.88	6201011	<b>1:26.66</b>	+0,87	42.30	1:26.66

Masters 50+

1. Andre Storm	Zoetermeer	1:18.24	5600407	<b>1:18.30</b>	+0,51	36.78	1:18.30
2. Raymond Renzonnet	Royal Verviers Natation	1:24.47	VN/439/60	<b>1:20.00</b>	+0,73	38.81	1:20.00
3. Wim de Lange	Electrolux AZC	1:18.93	5800533	<b>1:23.78</b>	+0,71	40.40	1:23.78
4. Filip Timmermans	ShaRK	1:39.86	ShaRK/163/60	<b>1:42.49</b>	+0,87	50.43	1:42.49
5. Michiel Tonsbeek	DWT	1:40.99	6000889	<b>1:47.34</b>	+0,78	53.08	1:47.34
AFGEM Elzo Dijkhuis	TriVia	1:15.28	6000873				

Masters 55+

1. Ron van der Zande	De Aalscholver	1:19.78	5500307	<b>1:18.56</b>	+0,68	38.68	1:18.56
2. Henk Slomp	De Pinquin	1:20.91	5500359	<b>1:25.26</b>	+0,64	41.06	1:25.26

Masters 60+

1. Janos Koczian	Budapesti Delfinek	1:21.47	50KOCZ	<b>1:23.48</b>	+0,74	40.82	1:23.48
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Masters 70+

1. Frans van Enst	WS Twente	1:21.05	4000011	<b>1:22.79</b>	+0,63	40.04	1:22.79
<i>Europees Masters Record</i>							
2. Nico Geers	Z&PC De Gouwe	1:36.32	3800007	<b>1:35.41</b>	+0,81	47.88	1:35.41
3. Robert Nagy	Budapesti Delfinek	1:48.19	38NAGY	<b>1:48.68</b>	+1,16	50.63	1:48.68
4. Pieter Scharphorn	Neptunus	2:08.32	3800037	<b>2:17.18</b>	+0,83	1:04.35	2:17.18

Masters 75+

1. Jef van Roy	AZSC	1:49.86	AZSC/572/32	<b>1:46.58</b>	+0,97	50.70	1:46.58
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Masters 85+

1. Ru Holtes	De Dolfijn	2:00.23	2500001	<b>2:01.04</b>	+0,80	56.84	2:01.04
	<i>Kampioenschaps Record, tussentijd 50m is NMR</i>						



Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 13  
08.05.2010 - 11:58

Dames, 100m rugslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
<b>Masters 20+</b>							
1. Petra de Groot	Van Vliet-Barracuda	1:13.64	8701420	<b>1:13.93</b>	+0,73	36.42	1:13.93
2. Jolanda Post	DIO	1:12.80	9004848	<b>1:14.18</b>	+0,72	36.55	1:14.18
3. Cynthia Grooteboer	De Reest	1:13.18	8901462	<b>1:15.44</b>	+0,79	37.11	1:15.44
4. Sunanda van Heteren	PCG	1:14.07	8901728	<b>1:19.06</b>	+0,80	39.04	1:19.06
5. Maaïke de Boer	De Duinkickers	1:16.49	9000362	<b>1:21.41</b>	+0,74	39.96	1:21.41
6. Eline Schoenmaker	De Duinkickers	1:17.45	9003322	<b>1:21.70</b>	+0,68	40.62	1:21.70
7. Marian Bouts	RZ	1:17.71	8600492	<b>1:22.19</b>	+0,64	39.68	1:22.19
8. Carly Noordermeer	ZOB'66	1:16.55	8702984	<b>1:22.68</b>	+0,65	39.86	1:22.68
9. Jessica Hooyer	Triton	1:20.96	9001582	<b>1:23.01</b>	+0,68	40.09	1:23.01
10. Sanne van Dijk	Zoetermeer	1:18.13	9000818	<b>1:23.17</b>	+0,74	39.17	1:23.17
11. Annelette de Vries	De Veene	1:18.14	8603908	<b>1:24.08</b>	+0,75	39.66	1:24.08
12. Kitty van Gendt	PSV	1:24.37	8701288	<b>1:24.53</b>	+0,71	41.42	1:24.53
13. Gerdine Fix	ZOB'66	1:23.02	8701198	<b>1:24.61</b>	+0,70	41.55	1:24.61
14. Liesbeth van Mill	DWK	1:21.14	8702786	<b>1:25.56</b>	+0,80	40.97	1:25.56
15. Patricia Becks	Zegenwerp	1:23.36	8705946	<b>1:25.59</b>	+0,69	43.45	1:25.59
16. Karin Simons	WZK Zwemmen	1:14.98	8903804	<b>1:26.58</b>	+0,72	39.59	1:26.58
17. Marion Lewonczuk	Florange olympique club	1:26.30	77224	<b>1:27.62</b>	+0,76	43.28	1:27.62
18. Manon Jansen	Zegenwerp	1:25.69	9001738	<b>1:28.56</b>	+0,95	43.49	1:28.56
19. Whitley Rens	De Schotejil	1:22.20	9007520	<b>1:29.53</b>	+0,88	43.40	1:29.53
20. Fleur Maas	Zoetermeer	1:26.43	8902768	<b>1:31.20</b>	+0,80	42.61	1:31.20
21. Eveline van Avezaath	TRB-RES	1:28.64	8700108	<b>1:31.36</b>	+0,86	44.35	1:31.36
22. Paulien v.d Molen	HZ&PC Heerenveen	1:36.18	9006048	<b>1:38.10</b>	+0,88	47.64	1:38.10
AFGEM Chantal Enkoroma Coffie	DES	1:15.45	8701142				
<b>Masters 25+</b>							
1. Nadya Putter	Vlaardingen	1:16.34	8301630	<b>1:15.98</b>	+0,79	37.48	1:15.98
2. Roos van Esch	TRB-RES	1:12.11	8200468	<b>1:18.08</b>	+0,79	37.26	1:18.08
3. Hanneke Heymen	Montferland	1:16.39	8400968	<b>1:18.33</b>	+0,63	38.27	1:18.33
4. Esther Versteeg	Van Vliet-Barracuda	1:21.53	8302112	<b>1:19.78</b>	+0,67	38.35	1:19.78
5. Sandra Zwaanswijk	Aquarius	1:20.96	8503934	<b>1:24.04</b>	+0,81	41.18	1:24.04
6. Angélique Rotteveel	Aquapoldro	1:28.89	8402090	<b>1:36.20</b>	+0,72	46.42	1:36.20
<b>Masters 30+</b>							
1. Janneke Harmsen	De Spatters	1:20.29	7700938	<b>1:12.02</b>	+0,75	34.49	1:12.02
<i>Kampioenschaps Record</i>							
2. Francijna de Kooter	De Biesboschzwemmers	1:16.70	8000634	<b>1:17.18</b>	+0,78	36.78	1:17.18
3. Emerentia Knebel	KZPC	1:19.74	7600322	<b>1:17.57</b>	+0,70	37.47	1:17.57
4. Jolan Molnar	Budapesti Delfinek	1:22.12	77MOLN	<b>1:17.86</b>	+0,70	37.29	1:17.86
5. Jolanda van Gendt	PSV	1:21.45	7800266	<b>1:22.38</b>	+0,76	39.81	1:22.38
6. Jolika Csibra	DES	1:26.21	7600838	<b>1:24.58</b>	+0,75	41.10	1:24.58
7. Petra Verstegen	WVZ	1:20.64	7700906	<b>1:24.73</b>	+0,83	41.21	1:24.73
8. Kristel Lips	ZV De Bron	1:21.86	7900562	<b>1:27.23</b>	+0,81	41.98	1:27.23
9. Anneke Balkema-Willemsen	EZZ	1:27.76	8001268	<b>1:32.09</b>	+0,74	45.77	1:32.09
10. Marian Nederlof	DWF	1:30.26	7600950	<b>1:36.19</b>	+0,83	48.07	1:36.19
NG Helma Koot	AZ&PC	1:26.86	7600336				
<b>Masters 35+</b>							
1. Gudule van der Meer	PSV	1:18.44	7200396	<b>1:17.56</b>	+0,66	37.17	1:17.56
2. Henriëtte Manting	GZVW	1:21.86	7100246	<b>1:23.81</b>	+0,73	39.89	1:23.81
3. Ingrid Versteegen	DBD	1:33.41	7300770	<b>1:35.05</b>	+0,78	46.18	1:35.05

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 13, Dames, 100m rugslag

Masters 40+

1. Laura Staal	Oceanus	1:18.83	6700358	<b>1:19.84</b>	+0,72	39.08	1:19.84
2. Henriëtte v. Norden	AZ&PC	1:20.60	6800046	<b>1:20.49</b>	+0,78	39.21	1:20.49
3. Heidi van Stein	LZ 1886	1:19.97	6900864	<b>1:21.19</b>	+0,73	38.85	1:21.19
4. Susanne van Hooven	De Schoteijl	1:20.88	6800752	<b>1:25.34</b>	+0,78	40.72	1:25.34
5. AnneMarie Smit	Gay Swim Amsterdam	1:23.20	6700440	<b>1:26.75</b>	+0,79	43.01	1:26.75
6. Wendy Knoops	RZ	1:25.12	6800720	<b>1:27.08</b>	+0,83	42.30	1:27.08
7. Helen Turner	PSV	1:28.54	7000894	<b>1:28.71</b>	+0,62	42.47	1:28.71
8. Desiree van der Lem	Kon AZ 1870	1:32.18	6800282	<b>1:29.54</b>	+0,79	43.44	1:29.54
9. Nadine Hauseux	Royal Verviers Natation	1:49.31	VN/445/68	<b>1:44.29</b>	+0,67	49.82	1:44.29
10. Haya Mellema	Aquapoldro	1:45.00	6600482	<b>1:56.87</b>	+0,96	54.40	1:56.87

Masters 45+

1. Monique Dijkstra	Gay Swim Amsterdam	1:19.66	6400066	<b>1:20.40</b>	+0,77	38.95	1:20.40
2. Jacqueline Rolloos	De Lansingh	1:24.64	6300222	<b>1:24.93</b>	+0,81	42.11	1:24.93
3. Alie Visser	HZ&PC Heerenveen	1:36.95	6400494	<b>1:38.20</b>	+0,67	46.77	1:38.20

Masters 50+

1. Atie Pijtak-Radersma	AZ&PC	1:19.97	5600048	<b>1:24.22</b>	+0,75	41.01	1:24.22
2. Patty Verhagen	AquAmigos	1:27.47	5900146	<b>1:29.13</b>	+0,81	44.23	1:29.13
3. Pia van der Molen	HZ&PC Heerenveen	1:29.89	6000116	<b>1:33.23</b>	+0,75	44.76	1:33.23

Masters 55+

1. Margriet Pasma	De Pinquin	1:28.98	5500088	<b>1:31.35</b>	+0,77	44.65	1:31.35
2. Tineke van Diggelen	Oceanus	1:48.75	5200048	<b>1:51.44</b>	+0,86	54.28	1:51.44
3. Corine Kalbfleisch	DWT	1:47.45	5200024	<b>1:52.47</b>	+0,93	53.24	1:52.47
4. Janny van der Weide	Deltasteur	2:29.82	5100066	<b>2:42.61</b>	+0,98	1:17.02	2:42.61

Masters 60+

1. Antoinette Gilding-Tussaud	WS Twente	1:45.14	5000038	<b>1:43.02</b>	+0,79	49.41	1:43.02
	<i>Kampioenschaps Record</i>						
2. Marja van der Meer	Neptunus	1:46.76	4700014	<b>1:45.93</b>	+0,94	49.97	1:45.93
3. Hannelore Bottin	SV Langenfeld 1912	2:27.68	057992	<b>2:29.91</b>	+1,06	1:10.94	2:29.91

Masters 65+

1. Nicole Davidson	ShaRK	1:59.86	ShaRK/184/44	<b>2:00.98</b>	+0,57	57.95	2:00.98
2. Leny Kamp	Aquapoldro	2:00.95	4400008	<b>2:10.10</b>	+0,69	1:01.75	2:10.10

Masters 70+

1. Tineke de Bueger	Old Dutch	2:18.17	3700010	<b>2:27.75</b>	+0,89	1:08.68	2:27.75
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Masters 75+

1. Jeltje van Bergen	De Pinquin	1:57.67	3500002	<b>1:58.29</b>	+0,69	55.26	1:58.29
	<i>Nederlands Masters Record</i>						
2. Annie de Vos	Old Dutch	2:08.55	3400004	<b>2:09.18</b>	+0,81	1:02.12	2:09.18

Masters 85+

AFGEM Virginia Keteleer	ShaRK	2:19.99	ShaRK/155/25				
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Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 14  
08.05.2010 - 12:19

Gemengd, 4 x 50m wisselslag

Masters Open  
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
<b>80+</b>				
1.	De Duinkickers	2:07.54	<b>2:14.81</b>	+0,67
	<i>Kampioenschaps Record</i>			
	Eline Schoenmaker	90	+0,18	29.59
	Maaïke de Boer	90	+0,45	27.20
2.	ZOB'66	2:15.50	<b>2:21.05</b>	+0,71
	Gerdine Fix	87	+0,58	30.04
	Harmen Reemst	87		31.95
<b>100+</b>				
1.	PSV	2:06.79	<b>2:06.39</b>	+0,62
	Bianca van Ringelestijn	85	+0,30	29.09
	Ronald Smits	78	+0,46	29.01
2.	RZ	2:12.02	<b>2:10.59</b>	+0,65
	Marian Bouts	86	+0,37	28.35
	Suzan van den Bogaard	89	+0,49	28.07
3.	Triton	2:14.70	<b>2:18.78</b>	+0,61
	Remco Joukes	88	+0,66	33.99
	Francine Sommer	62	+0,46	26.51
DIS	Zegenwerp 1	2:17.34		+0,70
	<i>EA - Te vroeg overgenomen. (geen eindtijd noteren**), DIS 2de zwemmer</i>			
	Bart van Betuw	65	+0,70	37.88
	Stef Hoeven	90	-0,07	
AFGEM	Octopus 1	2:20.40		
	Albert van Piekeren	84		
	Henk van Zetten	67		
<b>120+</b>				
1.	Vlaardingen	2:02.99	<b>2:05.05</b>	+0,74
	Paul Brinkman	84	+0,25	31.08
	Karin Stein	71	+0,36	25.75
2.	De Biesboschzwemmers 1	2:11.62	<b>2:13.94</b>	+0,73
	Francijna de Kooter	80	+0,52	30.62
	Dennis Klop	83	+0,50	30.54
3.	AZ&PC	2:12.45	<b>2:16.36</b>	+0,79
	Henriëtte v. Norden	68	+0,34	28.76
	Françoise Heijdeman-Duran	69	+0,28	28.07
4.	De Veene	2:19.45	<b>2:17.41</b>	+0,74
	Marcel Reefhuis	81	+0,38	29.24
	Milou Bouwhuis	89	+0,66	35.38
5.	Zoetermeer 1	2:21.74	<b>2:23.43</b>	+0,53
	Andre Storm	56	+0,58	38.08
	John Stoffer	63	+0,55	33.22
6.	RZ	2:30.00	<b>2:25.65</b>	+0,85
	Wendy Knoops	68	+0,59	36.95
	Han Ruijs	79	+0,20	30.75
7.	HZ&PC Heerenveen 1	2:28.63	<b>2:30.66</b>	+0,70
	Alie Visser	64	+0,43	30.39
	Karin van Dijk	86	+0,61	36.42
DIS	PSV 3	2:22.08		+0,79
	<i>EA - Te vroeg overgenomen. (geen eindtijd noteren**), DIS 2de zwemmer</i>			
	Koen de Haan	78	+0,79	34.07
	Renee de Kok	84	-0,07	
	Peter Soudant	62	0.00	
	Jolanda van Gendt	78	0.00	

Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

Programmanr. 14, Gemengd, 4 x 50m wisselslag

160+

1.	PSV 2	PSV		2:16.05		<b>2:21.22</b>	+0,65
	Ron Phaff	62	+0,65	37.12	Erik van Dartel	67	+0,67 32.23
	Annetje Dieleman	71	+0,26	38.67	Helen Turner	70	+0,33 33.20
2.	WS Twente 1	WS Twente		2:24.74		<b>2:25.09</b>	+0,71
	Casper de Zeeuw	70	+0,71	33.84	Jan Willem Heuten	60	+0,60 36.29
	Marijke Kraak	60	+0,48	43.95	Inez Heideman	75	+0,46 31.01

200+

1.	AZ&PC 2	AZ&PC		2:24.75		<b>2:29.89</b>	+0,72
	Atie Pijtak-Radersma	56	+0,72	38.99	Edwin v. Norden	63	+0,28 28.51
	Peter v. Meerveld	67	+0,22	36.06	Loekie v. Huissteden	45	+0,43 46.33
2.	Budapesti Delfinek 1	Budapesti Delfinek		2:37.00		<b>2:35.94</b>	+0,79
	Janos Koczian	50	+0,79	38.41	Jolan Molnar	77	+0,64 35.56
	Henriett Cseszregi	69	+0,64	44.14	Robert Nagy	38	+0,85 37.83

AFGEM

PSV 1	PSV		2:14.64	
Gudule van der Meer	72		Kees-Jan van Overbeeke	62
Harold Matla	68		Lottie Geurts	35

240+

1.	Old Dutch 1	Old Dutch		3:21.04		<b>3:21.16</b>	+0,78
	Matty van der Veen	44	+0,78	52.35	Meke Oomens	70	+0,66 44.40
	Ad Tersteeg	39	+0,79	1:04.47	Mar van Geel	47	+0,97 39.94

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 16  
08.05.2010 - 14:00

Heren, 800m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Martijn Dolk	MNC Dordrecht	9:09.97	8900737	<b>9:27.98</b>	+0,92
	50m: 30.71 30.71	250m: 2:54.71 36.37	450m: 5:19.94 35.84	650m: 7:44.70 35.88		
	100m: 1:05.71 35.00	300m: 3:31.34 36.63	500m: 5:56.29 36.35	700m: 8:20.71 36.01		
	150m: 1:41.98 36.27	350m: 4:08.09 36.75	550m: 6:32.43 36.14	750m: 8:55.82 35.11		
	200m: 2:18.34 36.36	400m: 4:44.10 36.01	600m: 7:08.82 36.39	800m: 9:27.98 32.16		
2.	Erik Simons	WZK Zwemmen	8:44.24	8902845	<b>9:30.26</b>	+0,91
	50m: 29.37 29.37	250m: 2:48.49 36.24	450m: 5:15.64 36.67	650m: 7:43.21 37.08		
	100m: 1:02.99 33.62	300m: 3:25.15 36.66	500m: 5:52.78 37.14	700m: 8:19.61 36.40		
	150m: 1:37.25 34.26	350m: 4:02.07 36.92	550m: 6:29.64 36.86	750m: 8:55.67 36.06		
	200m: 2:12.25 35.00	400m: 4:38.97 36.90	600m: 7:06.13 36.49	800m: 9:30.26 34.59		
3.	Tim Bunnik	Triton	9:39.73	9000505	<b>10:04.65</b>	+0,89
	50m: 32.38 32.38	250m: 3:03.36 38.56	450m: 5:38.47 38.81	650m: 8:14.35 38.29		
	100m: 1:08.55 36.17	300m: 3:42.30 38.94	500m: 6:17.90 39.43	700m: 8:52.52 38.17		
	150m: 1:46.74 38.19	350m: 4:21.29 38.99	550m: 6:57.06 39.16	750m: 9:29.74 37.22		
	200m: 2:24.80 38.06	400m: 4:59.66 38.37	600m: 7:36.06 39.00	800m: 10:04.65 34.91		
4.	Paul Notenboom	Strijen	10:34.68	8805513	<b>10:40.73</b>	+0,97
	50m: 32.77 32.77	250m: 3:10.85 40.67	450m: 5:57.50 41.95	650m: 8:43.34 40.62		
	100m: 1:10.56 37.79	300m: 3:52.49 41.64	500m: 6:39.71 42.21	700m: 9:23.74 40.40		
	150m: 1:49.82 39.26	350m: 4:33.84 41.35	550m: 7:21.20 41.49	750m: 10:03.40 39.66		
	200m: 2:30.18 40.36	400m: 5:15.55 41.71	600m: 8:02.72 41.52	800m: 10:40.73 37.33		
5.	Ferdy van Mastrikt	RSW (SG)	11:34.87	8802315	<b>11:17.03</b>	+0,98
	50m: 34.38 34.38	250m: 3:21.27 42.69	450m: 6:13.77 43.34	650m: 9:09.46 43.73		
	100m: 1:14.30 39.92	300m: 4:04.38 43.11	500m: 6:57.58 43.81	700m: 9:53.83 44.37		
	150m: 1:55.52 41.22	350m: 4:46.96 42.58	550m: 7:41.04 43.46	750m: 10:36.94 43.11		
	200m: 2:38.58 43.06	400m: 5:30.43 43.47	600m: 8:25.73 44.69	800m: 11:17.03 40.09		
<b>Masters 25+</b>						
1.	Ian van der Hulst	PSV	9:45.00	8401021	<b>9:35.65</b>	+0,87
	50m: 30.18 30.18	250m: 2:50.38 36.45	450m: 5:18.78 36.92	650m: 7:46.65 36.72		
	100m: 1:03.90 33.72	300m: 3:27.59 37.21	500m: 5:56.15 37.37	700m: 8:23.61 36.96		
	150m: 1:38.65 34.75	350m: 4:04.47 36.88	550m: 6:32.98 36.83	750m: 8:59.95 36.34		
	200m: 2:13.93 35.28	400m: 4:41.86 37.39	600m: 7:09.93 36.95	800m: 9:35.65 35.70		
2.	Sylvain Faticoni	CHTHN	9:36.01	CHTHN/066/83	<b>9:45.87</b>	+0,82
	50m: 31.56 31.56	250m: 2:54.45 36.29	450m: 5:23.25 37.53	650m: 7:54.24 37.75		
	100m: 1:06.39 34.83	300m: 3:31.31 36.86	500m: 6:00.97 37.72	700m: 8:32.14 37.90		
	150m: 1:42.00 35.61	350m: 4:08.43 37.12	550m: 6:38.60 37.63	750m: 9:09.52 37.38		
	200m: 2:18.16 36.16	400m: 4:45.72 37.29	600m: 7:16.49 37.89	800m: 9:45.87 36.35		
3.	Remco van Althuis	SBC2000	9:42.42	8300029	<b>9:54.94</b>	+0,84
	50m: 32.91 32.91	250m: 3:03.69 37.92	450m: 5:36.29 36.65	650m: 8:05.36 36.91		
	100m: 1:09.98 37.07	300m: 3:42.48 38.79	500m: 6:13.90 37.61	700m: 8:43.10 37.74		
	150m: 1:47.09 37.11	350m: 4:20.71 38.23	550m: 6:50.80 36.90	750m: 9:19.44 36.34		
	200m: 2:25.77 38.68	400m: 4:59.64 38.93	600m: 7:28.45 37.65	800m: 9:54.94 35.50		
4.	Dirkjan Beugelsdijk	De Zijl/LGB	9:39.21	8100123	<b>9:59.96</b>	+0,84
	50m: 33.09 33.09	250m: 3:04.15 38.12	450m: 5:37.96 37.97	650m: 8:08.99 37.75		
	100m: 1:10.26 37.17	300m: 3:42.79 38.64	500m: 6:15.45 37.49	700m: 8:46.91 37.92		
	150m: 1:47.97 37.71	350m: 4:21.35 38.56	550m: 6:53.09 37.64	750m: 9:24.12 37.21		
	200m: 2:26.03 38.06	400m: 4:59.99 38.64	600m: 7:31.24 38.15	800m: 9:59.96 35.84		
<b>Masters 30+</b>						
1.	Gergely Molnár <i>Hongaars Masters Record 400m *</i>	Sprint Fortuna SC	9:32.36	80MOLN	<b>9:25.31</b>	+0,86
	50m: 31.13 31.13	250m: 2:54.31 36.15	450m: 5:19.00 35.93	650m: 7:40.53 34.91		
	100m: 1:05.76 34.63	300m: 3:30.75 36.44	500m: 5:54.84 35.84	700m: 8:16.16 35.63		
	150m: 1:42.06 36.30	350m: 4:06.97 36.22	550m: 6:29.99 35.15	750m: 8:51.33 35.17		
	200m: 2:18.16 36.10	400m: 4:43.07 36.10	600m: 7:05.62 35.63	800m: 9:25.31 33.98		
2.	Ivo Roozeboom	DES	9:46.63	7700801	<b>9:42.74</b>	+0,89
	50m: 31.43 31.43	250m: 2:58.14 37.22	450m: 5:26.76 36.94	650m: 7:54.90 37.08		
	100m: 1:07.23 35.80	300m: 3:35.52 37.38	500m: 6:03.79 37.03	700m: 8:31.81 36.91		
	150m: 1:44.16 36.93	350m: 4:12.51 36.99	550m: 6:40.82 37.03	750m: 9:08.32 36.51		
	200m: 2:20.92 36.76	400m: 4:49.82 37.31	600m: 7:17.82 37.00	800m: 9:42.74 34.42		

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 16, Heren, 800m vrije slag, Masters 30+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
3.	Ralf Peters	KZPC	9:32.25	7600737	9:50.91	+0,85		
	50m: 31.12	31.12	250m: 2:56.70	36.97	450m: 5:26.47	37.65	650m: 7:58.65	38.33
	100m: 1:06.59	35.47	300m: 3:33.85	37.15	500m: 6:04.25	37.78	700m: 8:37.26	38.61
	150m: 1:43.25	36.66	350m: 4:11.25	37.40	550m: 6:42.34	38.09	750m: 9:15.28	38.02
	200m: 2:19.73	36.48	400m: 4:48.82	37.57	600m: 7:20.32	37.98	800m: 9:50.91	35.63
4.	Koen de Haan	PSV	10:21.90	7801671	10:33.73	+0,96		
	200m *							
	50m: 30.30	30.30	250m: 3:10.41	41.34	450m: 5:54.91	40.54	650m: 8:40.41	40.50
	100m: 1:08.44	38.14	300m: 3:51.70	41.29	500m: 6:37.34	42.43	700m: 9:21.69	41.28
	150m: 1:48.26	39.82	350m: 4:32.44	40.74	550m: 7:18.09	40.75	750m: 9:57.17	35.48
	200m: 2:29.07	40.81	400m: 5:14.37	41.93	600m: 7:59.91	41.82	800m: 10:33.73	36.56
5.	Jeroen Vogelsang	Het Y	9:37.09	8001645	10:34.23	+0,88		
	50m: 32.01	32.01	250m: 3:05.58	39.54	450m: 5:48.46	41.35	650m: 8:33.99	41.46
	100m: 1:07.78	35.77	300m: 3:46.01	40.43	500m: 6:29.93	41.47	700m: 9:15.41	41.42
	150m: 1:46.36	38.58	350m: 4:26.36	40.35	550m: 7:11.30	41.37	750m: 9:55.71	40.30
	200m: 2:26.04	39.68	400m: 5:07.11	40.75	600m: 7:52.53	41.23	800m: 10:34.23	38.52
6.	Niels van Wageningen	D'Elft	10:40.36	7601335	10:48.73	+0,94		
	50m: 34.38	34.38	250m: 3:15.93	42.04	450m: 6:03.28	41.35	650m: 8:48.57	41.37
	100m: 1:12.48	38.10	300m: 3:57.91	41.98	500m: 6:44.56	41.28	700m: 9:29.73	41.16
	150m: 1:53.08	40.60	350m: 4:39.75	41.84	550m: 7:26.05	41.49	750m: 10:10.47	40.74
	200m: 2:33.89	40.81	400m: 5:21.93	42.18	600m: 8:07.20	41.15	800m: 10:48.73	38.26
7.	Michel Wigbers	DWT	11:28.23	8001743	11:03.28	+0,88		
	50m: 35.09	35.09	250m: 3:20.39	42.54	450m: 6:11.44	43.02	650m: 9:01.05	42.34
	100m: 1:14.49	39.40	300m: 4:03.12	42.73	500m: 6:53.90	42.46	700m: 9:42.94	41.89
	150m: 1:55.55	41.06	350m: 4:45.65	42.53	550m: 7:36.42	42.52	750m: 10:24.82	41.88
	200m: 2:37.85	42.30	400m: 5:28.42	42.77	600m: 8:18.71	42.29	800m: 11:03.28	38.46
8.	Jeroen Tebbens	IJZ&PC	14:10.92	7601405	14:48.91	+0,94		
	50m: 42.77	42.77	250m: 4:18.88	55.67	450m: 8:10.44	57.40	650m: 12:00.78	56.74
	100m: 1:33.27	50.50	300m: 5:17.09	58.21	500m: 9:08.53	58.09	700m: 12:57.31	56.53
	150m: 2:26.73	53.46	350m: 6:14.17	57.08	550m: 10:05.27	56.74	750m: 13:53.11	55.80
	200m: 3:23.21	56.48	400m: 7:13.04	58.87	600m: 11:04.04	58.77	800m: 14:48.91	55.80

Masters 40+

1.	Norbert Nagy	Sprint Fortuna SC	9:52.51	69NAGY	9:50.95	+0,83		
	50m: 32.51	32.51	250m: 2:59.42	37.10	450m: 5:28.65	37.22	650m: 7:59.31	37.48
	100m: 1:08.59	36.08	300m: 3:36.82	37.40	500m: 6:06.17	37.52	700m: 8:37.54	38.23
	150m: 1:44.98	36.39	350m: 4:13.89	37.07	550m: 6:43.77	37.60	750m: 9:14.83	37.29
	200m: 2:22.32	37.34	400m: 4:51.43	37.54	600m: 7:21.83	38.06	800m: 9:50.95	36.12
2.	Frederic Andres	Florange olympique club	10:06.86	103316	10:35.18	+1,03		
	50m: 37.17	37.17	250m: 3:17.54	40.47	450m: 5:57.18	39.41	650m: 8:37.29	39.95
	100m: 1:16.62	39.45	300m: 3:58.09	40.55	500m: 6:37.10	39.92	700m: 9:17.45	40.16
	150m: 1:56.39	39.77	350m: 4:37.86	39.77	550m: 7:17.13	40.03	750m: 9:57.39	39.94
	200m: 2:37.07	40.68	400m: 5:17.77	39.91	600m: 7:57.34	40.21	800m: 10:35.18	37.79
3.	Gerco Schakel	DWK	11:49.60	6900849	11:47.66	+0,96		
	50m: 36.95	36.95	250m: 3:34.18	44.81	450m: 6:35.12	44.91	650m: 9:34.94	44.45
	100m: 1:20.09	43.14	300m: 4:19.85	45.67	500m: 7:20.81	45.69	700m: 10:20.52	45.58
	150m: 2:03.90	43.81	350m: 5:04.67	44.82	550m: 8:05.02	44.21	750m: 11:04.31	43.79
	200m: 2:49.37	45.47	400m: 5:50.21	45.54	600m: 8:50.49	45.47	800m: 11:47.66	43.35
4.	André Zandberg	TRB-RES	11:47.89	6601369	11:50.77	+1,22		
	200m *							
	50m: 36.72	36.72	250m: 3:31.91	45.05	450m: 6:32.80	44.97	650m: 9:35.62	45.58
	100m: 1:18.13	41.41	300m: 4:17.68	45.77	500m: 7:18.96	46.16	700m: 10:21.74	46.12
	150m: 2:02.72	44.59	350m: 5:02.44	44.76	550m: 8:04.17	45.21	750m: 11:07.44	45.70
	200m: 2:46.86	44.14	400m: 5:47.83	45.39	600m: 8:50.04	45.87	800m: 11:50.77	43.33
5.	Sander Nieuwenhuys	De Fuut	11:25.32	6801423	11:59.65	+0,86		
	50m: 38.94	38.94	250m: 3:34.69	45.35	450m: 6:38.20	46.17	650m: 9:42.59	46.46
	100m: 1:20.90	41.96	300m: 4:20.15	45.46	500m: 7:23.84	45.64	700m: 10:28.54	45.95
	150m: 2:04.86	43.96	350m: 5:06.34	46.19	550m: 8:10.09	46.25	750m: 11:15.24	46.70
	200m: 2:49.34	44.48	400m: 5:52.03	45.69	600m: 8:56.13	46.04	800m: 11:59.65	44.41
6.	Hayo v.d. Werf	Het Y	12:08.45	6701085	12:21.43	+0,79		
	50m: 41.46	41.46	250m: 3:47.14	46.82	450m: 6:54.98	47.19	650m: 10:02.98	46.57
	100m: 1:27.59	46.13	300m: 4:33.89	46.75	500m: 7:42.50	47.52	700m: 10:49.99	47.01
	150m: 2:13.94	46.35	350m: 5:20.46	46.57	550m: 8:29.28	46.78	750m: 11:36.23	46.24
	200m: 3:00.32	46.38	400m: 6:07.79	47.33	600m: 9:16.41	47.13	800m: 12:21.43	45.20
7.	Arnold Jonker	HZ&PC Heerenveen	13:43.45	7000529	13:35.26	+0,88		
	50m: 42.87	42.87	250m: 4:07.94	51.45	450m: 7:36.04	51.38	650m: 11:01.88	52.03
	100m: 1:32.86	49.99	300m: 5:00.92	52.98	500m: 8:27.39	51.35	700m: 11:54.16	52.28
	150m: 2:24.11	51.25	350m: 5:52.40	51.48	550m: 9:18.26	50.87	750m: 12:45.80	51.64
	200m: 3:16.49	52.38	400m: 6:44.66	52.26	600m: 10:09.85	51.59	800m: 13:35.26	49.46

Open Nederlandse Masters  
Kampioenschappen 2010 Ib  
Eindhoven, 7-9 mei 2010

Programmanr. 16, Heren, 800m vrije slag, Masters 40+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
NG.ZA	Erik van Dartel	PSV	9:49.37	6700185		
	50m:	250m:	450m:	650m:		
	100m:	300m:	500m:	700m:		
	150m:	350m:	550m:	750m:		
	200m:	400m:	600m:	800m:		
AFGEM	Henk van Zetten	Octopus	13:15.76	6701261		
	50m:	250m:	450m:	650m:		
	100m:	300m:	500m:	700m:		
	150m:	350m:	550m:	750m:		
	200m:	400m:	600m:	800m:		

Masters 45+

1.	Frank Gomoll	SG Gladbeck	9:55.42	112232	<b>9:54.59</b>	+0,88
	<i>Kampioenschaps Record</i>					
	50m:	33.74	33.74	250m:	3:00.86	36.96
	100m:	1:10.29	36.55	300m:	3:38.39	37.53
	150m:	1:46.81	36.52	350m:	4:15.51	37.12
	200m:	2:23.90	37.09	400m:	4:53.29	37.78
2.	Jan Brink	De Stormvogel	9:44.57	6200091	<b>10:10.15</b>	+0,81
	50m:	32.62	32.62	250m:	3:03.27	38.23
	100m:	1:09.22	36.60	300m:	3:42.08	38.81
	150m:	1:46.74	37.52	350m:	4:21.01	38.93
	200m:	2:25.04	38.30	400m:	4:59.73	38.72
3.	Paul van der Voort	De Zwoer	11:13.65	6200715	<b>11:33.30</b>	+1,17
	<i>400m *</i>					
	50m:	35.73	35.73	250m:	3:28.60	44.43
	100m:	1:16.89	41.16	300m:	4:13.07	44.47
	150m:	2:00.12	43.23	350m:	4:57.59	44.52
	200m:	2:44.17	44.05	400m:	5:42.83	45.24
4.	Edzo Huisman	Aquapoldro	11:31.32	6301029	<b>11:37.39</b>	+0,99
	50m:	37.73	37.73	250m:	3:34.86	45.82
	100m:	1:20.21	42.48	300m:	4:19.72	44.86
	150m:	2:04.26	44.05	350m:	5:05.30	45.58
	200m:	2:49.04	44.78	400m:	5:50.63	45.33
5.	Joost de Kroon	AquAmigos	11:13.39	6400999	<b>11:43.11</b>	+1,05
	<i>200m, 400m *</i>					
	50m:	39.23	39.23	250m:	3:38.80	45.51
	100m:	1:23.49	44.26	300m:	4:23.88	45.08
	150m:	2:08.11	44.62	350m:	5:07.80	43.92
	200m:	2:53.29	45.18	400m:	5:52.30	44.50
6.	Peter Marc de Rooij	Zwemvereniging Utrecht	11:38.67	6100829	<b>11:43.32</b>	+0,93
	50m:	35.44	35.44	250m:	3:30.01	44.16
	100m:	1:18.11	42.67	300m:	4:14.68	44.67
	150m:	2:01.81	43.70	350m:	4:59.64	44.96
	200m:	2:45.85	44.04	400m:	5:44.98	45.34
7.	Peter Fölker	Aqua-Novio'94	11:38.65	6401021	<b>11:45.65</b>	+0,81
	50m:	38.33	38.33	250m:	3:33.67	44.87
	100m:	1:20.43	42.10	300m:	4:17.62	43.95
	150m:	2:04.11	43.68	350m:	5:03.01	45.39
	200m:	2:48.80	44.69	400m:	5:48.52	45.51
8.	Bart van Calker	WS Twente	11:56.78	6100067	<b>12:12.10</b>	+0,99
	50m:	39.40	39.40	250m:	3:39.71	45.98
	100m:	1:23.25	43.85	300m:	4:25.79	46.08
	150m:	2:08.28	45.03	350m:	5:12.92	47.13
	200m:	2:53.73	45.45	400m:	5:58.89	45.97
9.	Aldo Atzeni	Florange olympique club	12:17.34	546024	<b>12:15.91</b>	+0,93
	<i>200m *</i>					
	50m:	39.12	39.12	250m:	3:40.04	47.08
	100m:	1:21.99	42.87	300m:	4:26.98	46.94
	150m:	2:07.46	45.47	350m:	5:13.98	47.00
	200m:	2:52.96	45.50	400m:	6:01.75	47.77
10.	Perry Dekker	ZV De Bron	14:15.01	6201081	<b>15:11.51</b>	+1,24
	50m:	46.27	46.27	250m:	4:36.24	58.70
	100m:	1:41.70	55.43	300m:	5:35.38	59.14
	150m:	2:39.10	57.40	350m:	6:34.37	58.99
	200m:	3:37.54	58.44	400m:	7:33.20	58.83

Open Nederlandse Masters  
Kampioenschappen 2010 Ib  
Eindhoven, 7-9 mei 2010

Programmanr. 16, Heren, 800m vrije slag, Masters 45+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
11.	Louis Matthijsse	PSV	14:11.27	6100787	<b>16:04.88</b>	+1,15		
	50m: 45.32	45.32	250m: 4:45.86	1:01.60	450m: 8:55.96	1:02.31	650m: 13:05.83	1:01.77
	100m: 1:42.38	57.06	300m: 5:49.40	1:03.54	500m: 9:59.32	1:03.36	700m: 14:08.01	1:02.18
	150m: 2:43.33	1:00.95	350m: 6:51.40	1:02.00	550m: 11:01.97	1:02.65	750m: 15:08.62	1:00.61
	200m: 3:44.26	1:00.93	400m: 7:53.65	1:02.25	600m: 12:04.06	1:02.09	800m: 16:04.88	56.26

Masters 50+

1.	Albert Boonstra	Aqua-Novio'94	10:29.16	5700425	<b>10:31.46</b>	+0,91		
	50m: 34.57	34.57	250m: 3:15.80	40.51	450m: 5:57.73	39.52	650m: 8:36.98	39.08
	100m: 1:14.29	39.72	300m: 3:57.37	41.57	500m: 6:38.06	40.33	700m: 9:16.75	39.77
	150m: 1:54.31	40.02	350m: 4:38.00	40.63	550m: 7:17.58	39.52	750m: 9:54.90	38.15
	200m: 2:35.29	40.98	400m: 5:18.21	40.21	600m: 7:57.90	40.32	800m: 10:31.46	36.56
2.	Eric Henrard	AZV	11:24.37	AZV/017/60	<b>11:30.22</b>	+1,01		
	50m: 38.52	38.52	250m: 3:30.50	44.30	450m: 6:28.66	44.23	650m: 9:22.60	41.93
	100m: 1:20.02	41.50	300m: 4:15.22	44.72	500m: 7:12.68	44.02	700m: 10:05.69	43.09
	150m: 2:02.54	42.52	350m: 4:59.38	44.16	550m: 7:56.49	43.81	750m: 10:48.50	42.81
	200m: 2:46.20	43.66	400m: 5:44.43	45.05	600m: 8:40.67	44.18	800m: 11:30.22	41.72
3.	Hans Groothelm	DBD	11:24.56	5800151	<b>11:36.11</b>	+0,93		
	50m: 37.00	37.00	250m: 3:28.76	43.68	450m: 6:26.45	44.76	650m: 9:24.73	44.60
	100m: 1:18.57	41.57	300m: 4:13.05	44.29	500m: 7:11.06	44.61	700m: 10:10.16	45.43
	150m: 2:01.34	42.77	350m: 4:57.32	44.27	550m: 7:55.32	44.26	750m: 10:53.92	43.76
	200m: 2:45.08	43.74	400m: 5:41.69	44.37	600m: 8:40.13	44.81	800m: 11:36.11	42.19
4.	Wim de Lange	Electrolux AZC	11:22.92	5800533	<b>11:53.65</b>	+0,99		
	50m: 36.89	36.89	250m: 3:34.67	45.44	450m: 6:37.69	45.47	650m: 9:39.49	45.34
	100m: 1:19.64	42.75	300m: 4:20.42	45.75	500m: 7:23.42	45.73	700m: 10:25.06	45.57
	150m: 2:03.90	44.26	350m: 5:05.81	45.39	550m: 8:08.54	45.12	750m: 11:09.24	44.18
	200m: 2:49.23	45.33	400m: 5:52.22	46.41	600m: 8:54.15	45.61	800m: 11:53.65	44.41
5.	Paul Bunnik 200m *	Triton	12:30.25	5600413	<b>12:12.38</b>	+1,06		
	50m: 40.09	40.09	250m: 3:45.43	47.08	450m: 6:54.50	48.01	650m: 10:01.32	48.64
	100m: 1:24.17	44.08	300m: 4:31.98	46.55	500m: 7:38.88	44.38	700m: 10:47.40	46.08
	150m: 2:10.98	46.81	350m: 5:18.47	46.49	550m: 8:26.28	47.40	750m: 11:33.58	46.18
	200m: 2:58.35	47.37	400m: 6:06.49	48.02	600m: 9:12.68	46.40	800m: 12:12.38	38.80
6.	Lex Hoogendam	MNC Dordrecht	11:20.48	5700541	<b>12:15.35</b>	+1,10		
	50m: 38.00	38.00	250m: 3:39.05	46.10	450m: 6:47.84	47.05	650m: 9:56.88	47.01
	100m: 1:21.76	43.76	300m: 4:25.72	46.67	500m: 7:35.39	47.55	700m: 10:44.01	47.13
	150m: 2:07.26	45.50	350m: 5:13.01	47.29	550m: 8:22.77	47.38	750m: 11:29.87	45.86
	200m: 2:52.95	45.69	400m: 6:00.79	47.78	600m: 9:09.87	47.10	800m: 12:15.35	45.48
7.	Henk Gierveld	Nat Utrecht	12:12.97	6000869	<b>12:45.73</b>	+0,99		
	50m: 40.74	40.74	250m: 3:46.42	48.54	450m: 7:04.30	49.71	650m: 10:22.58	49.56
	100m: 1:24.12	43.38	300m: 4:35.41	48.99	500m: 7:53.90	49.60	700m: 11:11.77	49.19
	150m: 2:10.66	46.54	350m: 5:25.08	49.67	550m: 8:43.79	49.89	750m: 12:01.07	49.30
	200m: 2:57.88	47.22	400m: 6:14.59	49.51	600m: 9:33.02	49.23	800m: 12:45.73	44.66
8.	Filip Timmermans	ShaRK	13:40.71	ShaRK/163/60	<b>13:53.50</b>	+1,10		
	50m: 42.29	42.29	250m: 4:04.94	52.44	450m: 7:37.04	54.30	650m: 11:14.46	54.42
	100m: 1:29.76	47.47	300m: 4:57.82	52.88	500m: 8:29.99	52.95	700m: 12:08.09	53.63
	150m: 2:20.94	51.18	350m: 5:50.20	52.38	550m: 9:22.72	52.73	750m: 13:01.58	53.49
	200m: 3:12.50	51.56	400m: 6:42.74	52.54	600m: 10:20.04	57.32	800m: 13:53.50	51.92
9.	Guy Jullien 200m *	CHAT	13:54.81	CHAT/256/57	<b>14:31.20</b>	+1,29		
	50m: 45.99	45.99	250m: 4:23.36	56.49	450m: 8:07.74	55.25	650m: 11:49.14	55.42
	100m: 1:37.13	51.14	300m: 5:20.91	57.55	500m: 9:02.46	54.72	700m: 12:45.29	56.15
	150m: 2:31.33	54.20	350m: 6:17.26	56.35	550m: 9:58.40	55.94	750m: 13:39.53	54.24
	200m: 3:26.87	55.54	400m: 7:12.49	55.23	600m: 10:53.72	55.32	800m: 14:31.20	51.67
10.	Michiel Tonsbeek	DWT	16:19.87	6000889	<b>15:34.15</b>	+1,14		
	50m: 49.13	49.13	250m: 4:46.00	1:00.05	450m: 8:46.65	59.74	650m: 12:44.32	59.46
	100m: 1:46.28	57.15	300m: 5:46.54	1:00.54	500m: 9:46.53	59.88	700m: 13:42.68	58.36
	150m: 2:45.20	58.92	350m: 6:46.97	1:00.43	550m: 10:45.85	59.32	750m: 14:40.10	57.42
	200m: 3:45.95	1:00.75	400m: 7:46.91	59.94	600m: 11:44.86	59.01	800m: 15:34.15	54.05
AFGEM	Elzo Dijkhuis	TriVia	10:32.26	6000873				
	50m:	250m:	450m:	650m:				
	100m:	300m:	500m:	700m:				
	150m:	350m:	550m:	750m:				
	200m:	400m:	600m:	800m:				



Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

Programmanr. 16, Heren, 800m vrije slag

**Masters 55+**

1. Henk Slomp		<b>De Pinquin</b>		<b>11:04.38</b>		<b>5500359</b>		<b>11:46.06</b>	<b>+0,99</b>
50m: 35.63	35.63	250m: 3:29.89	44.65	450m: 6:31.94	46.22	650m: 9:35.06	45.79		
100m: 1:16.84	41.21	300m: 4:15.28	45.39	500m: 7:17.81	45.87	700m: 10:21.36	46.30		
150m: 2:00.63	43.79	350m: 4:59.99	44.71	550m: 8:03.47	45.66	750m: 11:05.89	44.53		
200m: 2:45.24	44.61	400m: 5:45.72	45.73	600m: 8:49.27	45.80	800m: 11:46.06	40.17		

**Masters 60+**

1. Donald Uijtenbogaart		<b>Het Y</b>		<b>10:31.31</b>		<b>4700107</b>		<b>10:57.80</b>	<b>+0,92</b>
50m: 37.28	37.28	250m: 3:26.31	42.04	450m: 6:14.61	40.83	650m: 8:59.25	40.49		
100m: 1:19.00	41.72	300m: 4:09.73	43.42	500m: 6:56.47	41.86	700m: 9:39.97	40.72		
150m: 2:01.23	42.23	350m: 4:51.57	41.84	550m: 7:37.40	40.93	750m: 10:19.50	39.53		
200m: 2:44.27	43.04	400m: 5:33.78	42.21	600m: 8:18.76	41.36	800m: 10:57.80	38.30		
2. Mar van Geel		<b>Old Dutch</b>		<b>14:38.87</b>		<b>4700135</b>		<b>15:26.00</b>	<b>+1,21</b>
50m: 44.45	44.45	250m: 4:35.12	59.57	450m: 8:34.63	1:00.44	650m: 12:31.55	58.75		
100m: 1:38.05	53.60	300m: 5:34.20	59.08	500m: 9:35.01	1:00.38	700m: 13:31.09	59.54		
150m: 2:36.03	57.98	350m: 6:33.80	59.60	550m: 10:32.78	57.77	750m: 14:29.18	58.09		
200m: 3:35.55	59.52	400m: 7:34.19	1:00.39	600m: 11:32.80	1:00.02	800m: 15:26.00	56.82		

**Masters 65+**

1. Rob Hanou		<b>PSV</b>		<b>12:29.00</b>		<b>4300109</b>		<b>13:32.69</b>	<b>+1,11</b>
50m: 42.25	42.25	250m: 4:05.13	50.45	450m: 7:30.60	51.23	650m: 10:58.40	51.46		
100m: 1:32.25	50.00	300m: 4:56.30	51.17	500m: 8:22.48	51.88	700m: 11:50.20	51.80		
150m: 2:23.52	51.27	350m: 5:47.27	50.97	550m: 9:14.58	52.10	750m: 12:42.12	51.92		
200m: 3:14.68	51.16	400m: 6:39.37	52.10	600m: 10:06.94	52.36	800m: 13:32.69	50.57		
2. Manfred Bottin		<b>SV Langenfeld 1912</b>		<b>13:39.14</b>		<b>057993</b>		<b>14:13.94</b>	<b>+1,18</b>
50m: 46.30	46.30	250m: 4:24.46	53.74	450m: 8:02.47	53.54	650m: 11:38.36	52.96		
100m: 1:39.33	53.03	300m: 5:19.35	54.89	500m: 8:58.02	55.55	700m: 12:31.34	52.98		
150m: 2:34.36	55.03	350m: 6:13.53	54.18	550m: 9:50.88	52.86	750m: 13:22.94	51.60		
200m: 3:30.72	56.36	400m: 7:08.93	55.40	600m: 10:45.40	54.52	800m: 14:13.94	51.00		

**Masters 70+**

1. Nico Geers		<b>Z&amp;PC De Gouwe</b>		<b>12:26.90</b>		<b>3800007</b>		<b>12:42.69</b>	<b>+1,09</b>
50m: 42.61	42.61	250m: 3:53.28	48.05	450m: 7:07.83	49.12	650m: 10:23.57	49.18		
100m: 1:29.55	46.94	300m: 4:41.81	48.53	500m: 7:56.34	48.51	700m: 11:11.65	48.08		
150m: 2:17.34	47.79	350m: 5:30.46	48.65	550m: 8:45.01	48.67	750m: 11:59.27	47.62		
200m: 3:05.23	47.89	400m: 6:18.71	48.25	600m: 9:34.39	49.38	800m: 12:42.69	43.42		
2. Frans van Enst		<b>WS Twente</b>		<b>13:12.03</b>		<b>4000011</b>		<b>13:06.97</b>	<b>+1,05</b>
50m: 44.16	44.16	250m: 4:03.99	51.21	450m: 7:25.19	50.59	650m: 10:42.63	49.32		
100m: 1:31.45	47.29	300m: 4:54.43	50.44	500m: 8:15.25	50.06	700m: 11:31.78	49.15		
150m: 2:21.90	50.45	350m: 5:44.61	50.18	550m: 9:04.36	49.11	750m: 12:21.00	49.22		
200m: 3:12.78	50.88	400m: 6:34.60	49.99	600m: 9:53.31	48.95	800m: 13:06.97	45.97		
3. Jaap v.d. Velden		<b>Oceanus</b>		<b>13:59.11</b>		<b>4000057</b>		<b>14:01.26</b>	<b>+0,99</b>
50m: 43.20	43.20	250m: 4:11.51	53.72	450m: 7:49.26	54.03	650m: 11:24.61	52.88		
100m: 1:32.62	49.42	300m: 5:06.04	54.53	500m: 8:43.54	54.28	700m: 12:18.16	53.55		
150m: 2:24.56	51.94	350m: 6:00.75	54.71	550m: 9:37.74	54.20	750m: 13:11.65	53.49		
200m: 3:17.79	53.23	400m: 6:55.23	54.48	600m: 10:31.73	53.99	800m: 14:01.26	49.61		
4. Wim ter Laak		<b>PSV</b>		<b>18:32.27</b>		<b>4000027</b>		<b>19:17.33</b>	<b>+1,17</b>
50m: 1:03.19	1:03.19	250m: 6:02.72	1:14.38	450m: 10:55.32	1:13.15	650m: 15:52.94	1:13.99		
100m: 2:17.77	1:14.58	300m: 7:15.25	1:12.53	500m: 12:09.23	1:13.91	700m: 17:04.30	1:11.36		
150m: 3:32.82	1:15.05	350m: 8:29.08	1:13.83	550m: 13:26.27	1:17.04	750m: 18:15.40	1:11.10		
200m: 4:48.34	1:15.52	400m: 9:42.17	1:13.09	600m: 14:38.95	1:12.68	800m: 19:17.33	1:01.93		
5. Ad Tersteeg		<b>Old Dutch</b>		<b>18:01.24</b>		<b>3900021</b>		<b>19:19.59</b>	<b>+1,33</b>
50m: 1:00.40	1:00.40	250m: 6:00.13	1:12.96	450m: 10:53.54	1:12.20	650m: 15:45.93	1:12.20		
100m: 2:17.27	1:16.87	300m: 7:14.63	1:14.50	500m: 12:08.04	1:14.50	700m: 17:00.44	1:14.51		
150m: 3:31.80	1:14.53	350m: 8:26.81	1:12.18	550m: 13:20.02	1:11.98	750m: 18:12.01	1:11.57		
200m: 4:47.17	1:15.37	400m: 9:41.34	1:14.53	600m: 14:33.73	1:13.71	800m: 19:19.59	1:07.58		

Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

Programmanr. 17  
08.05.2010 - 15:22

Dames, 200m vrije slag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Petra de Groot	Van Vliet-Barracuda	2:14.05 8701420	<b>2:10.00</b>	+0,93	30.55	1:03.25	1:36.78	2:10.00
<i>Nederlands Masters Record</i>								
2. Iris Barendregt	Van Vliet-Barracuda	2:17.79 8600172	<b>2:16.89</b>	+0,83	31.79	1:06.73	1:41.94	2:16.89
3. Samantha Vuijst	De Otters Het Gooi	2:23.47 8904522	<b>2:17.28</b>	+0,90	31.61	1:06.61	1:42.49	2:17.28
4. Annelette de Vries	De Veene	2:29.66 8603908	<b>2:24.13</b>	+0,79	31.65	1:07.98	1:45.97	2:24.13
5. Nicole van der Kooy	SBC2000	2:22.07 8702310	<b>2:25.40</b>	+0,93	33.27	1:09.80	1:48.03	2:25.40
6. Tonny Methorst	De Biesboschwimmers	2:30.60 8802998	<b>2:27.66</b>	+0,86	33.83	1:12.29	1:50.58	2:27.66
7. Cynthia Grootboer	De Reest	2:21.72 8901462	<b>2:29.81</b>	+0,83	33.87	1:11.87	1:50.95	2:29.81
8. Monique Nieuwelink	De Haaien	2:24.48 9002724	<b>2:30.37</b>	+0,97	34.06	1:11.61	1:51.27	2:30.37
9. Marian Bouts	RZ	2:29.11 8600492	<b>2:34.28</b>	+0,88	33.80	1:12.84	1:53.52	2:34.28
10. Miriam Visserman	Octopus	2:27.48 8704364	<b>2:35.09</b>	+0,87	34.89	1:13.84	1:54.67	2:35.09
11. Henrike de Vries	De Veene	2:38.93 8904490	<b>2:37.80</b>	+0,99	35.30	1:14.80	1:56.05	2:37.80
12. Sunanda van Heteren	PCG	2:28.44 8901728	<b>2:38.83</b>	+0,93	35.89	1:16.15	1:58.01	2:38.83
13. Liesbeth van Mill	DWK	2:41.06 8702786	<b>2:46.40</b>	+0,90	37.52	1:20.44	2:04.21	2:46.40
14. Esther van Maastricht	Montferland	2:50.52 8802836	<b>2:49.89</b>	+0,84	36.94	1:18.90	2:03.02	2:49.89
15. Manon Jansen	Zegenwerp	2:45.25 9001738	<b>2:50.44</b>	+1,03	37.19	1:20.33	2:05.89	2:50.44
16. Paulien v.d Molen	HZ&PC Heerenveen	3:09.43 9006048	<b>3:24.23</b>	+0,92	44.46	1:35.36	2:28.93	3:24.23
AFGEM C. Enkoroma Coffie	DES	2:21.66 8701142						
<b>Masters 25+</b>								
1. Pauline Gouwens	De Otters Het Gooi	2:10.56 8400790	<b>2:09.88</b>	+0,82	29.37	1:01.97	1:36.08	2:09.88
<i>Nederlands Masters Record</i>								
2. Nadya Putter	Vlaardingen	2:19.35 8301630	<b>2:22.75</b>	+0,88	32.91	1:08.72	1:46.07	2:22.75
3. Linda Hoogendam	D'Elft	2:26.66 8300892	<b>2:27.47</b>	+0,75	33.73	1:12.23	1:51.03	2:27.47
4. Bianca van Ringelestijn	PSV	2:27.07 8502466	<b>2:28.97</b>	+1,03	33.51	1:11.29	1:51.08	2:28.97
5. Cindy Joller	Florange olympique club	2:41.84 107966	<b>2:32.60</b>	+1,00	34.26	1:12.69	1:53.03	2:32.60
6. Sandra Schellekens	Neptunus'58	2:31.16 8503416	<b>2:34.05</b>	+0,90	34.01	1:13.37	1:54.10	2:34.05
7. Hanneke Heymen	Montferland	2:30.51 8400968	<b>2:35.22</b>	+0,87	34.98	1:14.28	1:54.90	2:35.22
8. Andrea van Leeuwen	De Zijl/LGB	2:34.48 8100904	<b>2:35.79</b>	+0,94	34.46	1:13.89	1:54.66	2:35.79
9. Judith Kremers	De Spatters	2:35.51 8102094	<b>2:45.80</b>	+0,83	36.31	1:18.04	2:01.77	2:45.80
10. Angélique Rotteveel	Aquapoldro	2:51.16 8402090	<b>3:02.40</b>	+1,04	39.21	1:26.31	2:15.82	3:02.40
<i>100m *</i>								
11. Aniela Cebotaro	De Zijl/LGB	3:06.55 8102120	<b>3:05.18</b>	+0,95	39.72	1:26.14	2:16.63	3:05.18
12. Rianne van Vegchelen	Deltasteur	3:03.49 8101530	<b>3:07.50</b>	+1,11	41.10	1:29.04	2:18.34	3:07.50
13. Susan Lugtenburg	Strijen	3:18.00 8302724	<b>3:25.03</b>	+0,97	44.79	1:36.94	2:33.76	3:25.03
<b>Masters 30+</b>								
1. Anke Lambooj	AZL	2:22.18 8001182	<b>2:22.04</b>	+0,85	31.57	1:06.98	1:44.48	2:22.04
2. Myriam Reuland	Le Dauphin Ettelbruck	2:38.83 2014	<b>2:30.22</b>	+0,88	35.19	1:13.76	1:53.04	2:30.22
<i>Luxemburgs Masters Record</i>								
3. Emerentia Knebel	KZPC	2:36.74 7600322	<b>2:30.33</b>	+0,85	34.29	1:12.66	1:52.29	2:30.33
4. Alana Miles	KZPC	2:30.82 8001626	<b>2:30.42</b>	+0,88	33.43	1:11.05	1:51.07	2:30.42
5. Jessy Thyssens	BRABO	2:37.39 BRABO/807/80	<b>2:40.33</b>	+0,93	35.21	1:14.79	1:57.23	2:40.33
6. Jolika Csibra	DES	2:46.45 7600838	<b>2:41.25</b>	+0,83	35.62	1:15.71	1:58.77	2:41.25
7. Kristel Lips	ZV De Bron	2:40.80 7900562	<b>2:47.82</b>	+0,95	37.18	1:19.30	2:03.87	2:47.82
8. Marian Nederlof	DWF	2:44.29 7600950	<b>2:49.38</b>	+0,90	37.65	1:19.95	2:04.56	2:49.38
9. Margriet Leeffers	Deltasteur	2:55.28 7800448	<b>2:55.35</b>	+0,95	38.32	1:21.53	2:08.23	2:55.35
<b>Masters 35+</b>								
1. Sandrine Erguy	Florange olympique club	2:23.87 1053631	<b>2:20.60</b>	+0,89	33.44	1:09.85	1:46.91	2:20.60
2. Griith Sigsgaard	Het Y	2:17.46 7200772	<b>2:22.05</b>	+0,88	33.06	1:09.45	1:46.06	2:22.05
3. Karin Stein	Vlaardingen	2:25.17 7100554	<b>2:25.38</b>	+1,02	34.33	1:11.39	1:48.43	2:25.38
4. Liselotte Joling	PSV	2:28.49 7500268	<b>2:30.61</b>	+1,01	35.21	1:15.40	1:54.34	2:30.61
5. Annette de Visser	Oceanus	2:24.77 7100602	<b>2:31.18</b>	+0,81	33.72	1:11.33	1:50.99	2:31.18
6. Gudule van der Meer	PSV	2:29.30 7200396	<b>2:37.44</b>	+0,87	34.67	1:14.60	1:55.70	2:37.44
7. R. van Bos-van Essen	Zuiderzeewimmers	2:51.21 7300740	<b>2:45.81</b>	+0,81	38.70	1:20.15	2:03.26	2:45.81

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 17, Dames, 200m vrije slag, Masters 35+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
8. Ingrid Versteegen	DBD	3:08.56 7300770	<b>3:09.08</b>	+0,90	42.34	1:30.58	2:20.46	3:09.08

Masters 40+

1. Melinda Marosi	Budapesti Delfinek	2:15.89 70MARO	<b>2:20.60</b>	+0,91	31.29	1:06.70	1:43.47	2:20.60
<i>Kampioenschaps Record</i>								
2. Csilla Csikany	Budapesti Delfinek	2:20.17 68CSIK	<b>2:23.66</b>	+0,85	32.59	1:08.37	1:45.77	2:23.66
3. Anita Smits	DIO	2:22.72 6900522	<b>2:24.05</b>	+0,89	32.96	1:09.87	1:47.20	2:24.05
4. Heidi van Stein	LZ 1886	2:27.66 6900864	<b>2:30.35</b>	+0,94	34.16	1:11.88	1:51.31	2:30.35
5. Lidia v. Bon-Rosenbrand	AZ&PC	2:27.00 7000054	<b>2:35.00</b>	+0,94	34.06	1:12.81	1:53.27	2:35.00
6. AnneMarie Smit	Gay Swim Amsterdam	2:48.49 6700440	<b>2:42.48</b>	+0,87	37.04	1:20.09	2:01.86	2:42.48
7. Helen Turner	PSV	2:45.16 7000894	<b>2:46.62</b>	+0,81	37.50	1:19.61	2:02.90	2:46.62
8. Wendy Knoops	RZ	2:46.71 6800720	<b>2:51.42</b>	+0,78	38.14	1:22.15	2:07.59	2:51.42
9. Karin van den Heuvel	AquAmigos	2:42.94 6600188	<b>2:56.50</b>	+0,97	40.33	1:24.94	2:10.65	2:56.50
10. Emmy Radelaar	De Fuut	3:00.53 6600572	<b>2:59.79</b>	+1,04	39.63	1:24.44	2:12.26	2:59.79
11. Meke Oomens	Old Dutch	3:08.68 7000370	<b>3:06.34</b>	+1,13	42.01	1:29.41	2:17.65	3:06.34
12. Tynke van Schaik	Gay Swim Amsterdam	3:23.97 6900806	<b>3:29.68</b>	+0,92	46.32	1:40.64	2:37.40	3:29.68
AFGEM Kristien Van De Moortel	ShaRK	2:46.28 ShaRK/315/69						

Masters 45+

1. Kristin van Cauteren	Lokerse Zwemvereniging	2:36.69 LZV/009/64	<b>2:29.25</b>	+0,86	35.01	1:13.27	1:51.56	2:29.25
<i>Belgisch Masters Record</i>								
2. Monique Dijkstra	Gay Swim Amsterdam	2:30.23 6400066	<b>2:31.00</b>	+0,89	34.21	1:13.33	1:52.81	2:31.00
3. Fabienne Demoor	Asl Janville Lardy	3:02.02 542895	<b>3:07.41</b>	+0,87	40.28	1:26.36	2:16.89	3:07.41

Masters 50+

1. Atie Pijtak-Radersma	AZ&PC	2:30.90 5600048	<b>2:30.87</b>	+0,82	35.05	1:13.47	1:52.69	2:30.87
2. Patty Verhagen	AquAmigos	2:33.45 5900146	<b>2:38.06</b>	+1,00	37.06	1:16.70	1:57.64	2:38.06
3. Pia van der Molen	HZ&PC Heerenveen	2:52.23 6000116	<b>2:58.76</b>	+0,95	38.91	1:23.46	2:10.78	2:58.76
4. Inge Wolfs	PLONS	3:07.76 6000304	<b>3:01.72</b>	+1,01	42.04	1:28.08	2:14.41	3:01.72
NG Judy van Britsom	BRABO	2:48.22 BRABO/775/59						

Masters 55+

1. Christien Nieuwenhuis	Swol 1894	2:42.04 5100022	<b>2:48.21</b>	+0,87	38.94	1:21.27	2:05.01	2:48.21
<i>100m *</i>								
2. D. Hilden-Kuntz	TV-Idar-Oberstein	3:44.05 53/127950	<b>3:40.03</b>	+1,27	44.10	1:38.75	2:39.01	3:40.03

Masters 60+

1. Conny Boer-Buys	Vlaardingen	2:34.07 5000006	<b>2:39.83</b>	+0,92	36.02	1:17.18	1:59.38	2:39.83
<i>Nederlands Masters Record, 50m en 100m tussentijd zijn Nederlandse Masters Records</i>								
2. Marja van der Meer	Neptunus	3:16.67 4700014	<b>3:17.36</b>	+1,04	43.92	1:33.89	2:25.90	3:17.36
3. A. Gilding-Tussaud	WS Twente	3:36.26 5000038	<b>3:45.55</b>	+1,14	48.73	1:46.26	2:48.00	3:45.55

Masters 75+

1. Eliane Pellis	AZSC	3:37.03 AZSC/672/33	<b>3:24.95</b>	+0,89	46.20	1:38.46	2:33.36	3:24.95
<i>Belgisch Masters Record</i>								
2. Jeltje van Bergen	De Pinquin	3:44.60 3500002	<b>3:53.58</b>	+1,12	52.62	1:51.79	2:52.91	3:53.58
<i>Nederlands Masters Record</i>								
3. Annie de Vos	Old Dutch	4:17.33 3400004	<b>4:28.42</b>	+0,91	59.25	2:08.12	3:18.66	4:28.42
AFGEM Lottie Geurts	PSV	3:14.07 3500006						

Masters 85+

AFGEM Virginia Keteleer	ShaRK	4:01.11 ShaRK/155/25						
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Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 18  
08.05.2010 - 16:24

Heren, 50m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Nick van Ingen	MNC Dordrecht	24.29	8801647	<b>25.20</b>	+0,82
2.	Jasper Groothelm	DBD	24.76	9005735	<b>25.59</b>	+0,73
3.	Arjan Assink	WVZ	23.51	8600069	<b>25.91</b>	+0,75
4.	Roderik Meijers	ZOB'66	24.54	8602063	<b>25.99</b>	+0,80
5.	Marc Catsburg	MNC Dordrecht	25.01	9000533	<b>26.04</b>	
6.	Tim Pattipeiluhu	RSW (SG)	25.03	8902409	<b>26.15</b>	+0,84
7.	Jan van Opstal	DIO	26.33	8602291	<b>26.44</b>	+0,74
8.	Martijn van Hoorn	De Schotejil	26.06	8901343	<b>26.88</b>	+0,83
9.	Jelle Beerens	De Dommelbaarzen	28.19	8600159	<b>26.89</b>	+0,90
10.	Sander van den Berg	NIMO	26.27	8700211	<b>27.16</b>	+0,80
11.	Francois Zadworny	CHTHN	27.41	CHTHN/162/87	<b>27.30</b>	+0,79
12.	Mark Pijtak	AZ&PC	27.13	9002287	<b>27.55</b>	+0,79
13.	Alex Vermeulen	WZK Zwemmen	26.47	8905811	<b>27.57</b>	
14.	Nicolas Degalan	CNBA	27.50	CNBA/777/89	<b>27.79</b>	+0,77
15.	Melano Winter	RSW (SG)	27.46	8703847	<b>27.94</b>	+0,82
16.	Remco Joukes	Triton	26.57	8801763	<b>28.13</b>	+0,75
17.	Mario Peeters	MNC Dordrecht	26.98	8602355	<b>28.25</b>	
18.	Koen Florijn	MNC Dordrecht	26.53	8600851	<b>28.38</b>	+0,85
19.	Ruben Stolk	ZOB'66	27.88	9005665	<b>28.45</b>	+0,73
20.	Stef Hoeven	Zegenwerp	27.20	9001223	<b>28.48</b>	+0,89
21.	Sven van Zanten	De Duinkickers	27.82	9003405	<b>28.71</b>	+0,86
22.	Jan Hofstede	De Reest	27.71	8601269	<b>29.33</b>	+0,83
23.	Rick van der Linden	Wave	29.51	8802199	<b>29.62</b>	+0,82
24.	Thijs Tromper	De Schotejil	29.34	8703407	<b>29.76</b>	+0,82
25.	Tom Goffin	NIMO	31.82	8604457	<b>32.14</b>	+0,90
26.	Sjoerd Venema	Wave	33.42	8604571	<b>33.81</b>	+0,73

**Masters 25+**

1.	Merijn Ellenkamp	DWK	24.89	8500691	<b>24.69</b>	+0,76
2.	Quentin Herman	CNSW	24.09	CNSW/057/83	<b>24.99</b>	+0,86
3.	Wim Goris	BRABO	23.90	BRABO/088/84	<b>25.34</b>	+0,80
4.	David Alessandro	CHTHN	25.65	CHTHN/103/83	<b>25.96</b>	+0,82
5.	Sebastian Hoppe	SV Blau-Weiß Bochum	27.12	260235	<b>26.71</b>	+0,78
6.	Martijn Giezen	Montferland	26.21	8500813	<b>26.73</b>	+0,80
	Victor den Heijer	Wave	25.94	8300867	<b>26.73</b>	+0,75
8.	Maarten de Geus	WZK Zwemmen	26.73	8300737	<b>26.87</b>	+0,81
9.	Pascal van Kassel	Triton	26.29	8501289	<b>26.94</b>	+0,86
10.	Tommy van Overmeeren	De Schelde	25.41	8402887	<b>26.98</b>	+0,82
11.	Leander Noordijk	De Schotejil	26.13	8101221	<b>27.12</b>	+0,95
12.	Jim Geestman	RSW (SG)	25.70	8300699	<b>27.26</b>	+0,92
13.	Lennart Middel	Wave	26.47	8503723	<b>27.69</b>	+0,82
14.	Sylvain Faticoni	CHTHN	27.19	CHTHN/066/83	<b>27.75</b>	+0,70
15.	Marcel Reefhuis	De Veene	27.58	8101381	<b>27.81</b>	+0,80
16.	Dennis Colijn	NIMO	27.48	8400405	<b>29.12</b>	+0,94
17.	Frank Hovenier	Neptunus'58	27.52	8503239	<b>29.25</b>	+0,76
18.	Steven Oosterhof	NIMO	28.90	8403173	<b>29.33</b>	+0,89
19.	Vincent Rijdsdijk	PSV	29.82	8102301	<b>29.89</b>	

**Masters 30+**

1.	Bas van den Nouwelant	Vlaardingenv	25.31	8001103	<b>26.01</b>	+0,81
2.	Ivo Roozeboom	DES	26.27	7700801	<b>26.02</b>	+0,82
3.	Stan Dekker	PLONS	26.42	7901823	<b>26.82</b>	+0,82
4.	Mark Zwart	De Fuut	26.61	7901461	<b>27.44</b>	+0,90
5.	Frederic Masset	CHTHN	27.06	CHTHN/079/79	<b>28.08</b>	+0,86
6.	Oliver de Haas	ZV De Bron	26.85	8002213	<b>28.18</b>	+1,00
	Frits Delicaat	DAW-FINENZO	28.80	7901629	<b>28.18</b>	+0,94
8.	Niels van Wageningen	D'Elft	27.69	7601335	<b>28.32</b>	
9.	Gino Martijn	RZ	28.03	7901865	<b>28.68</b>	+0,76

Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

Programmanr. 18, Heren, 50m vrije slag, Masters 30+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
10.	Marco van Antwerpen	Strijen	27.45	8000027	<b>28.69</b>	
11.	Johan Wezenberg	Deltasteur	27.95	7601023	<b>29.11</b>	+0,98
12.	Rene Beens	Deltasteur	28.38	7800045	<b>29.19</b>	+0,78
13.	Okko de Haas	ZV De Bron	29.35	7801593	<b>29.66</b>	+0,95
14.	Han Ruijs	RZ	29.40	7901867	<b>29.85</b>	+0,80
NG.ZA	Didier Vanlancker	NST	24.07	NST/162/78		

Masters 35+

1.	David Llanos	Canal Isabel II	25.63	75LLAN	<b>26.64</b>	+0,82
2.	Eelco van Gemert	De Stormvogel	26.00	7200299	<b>27.37</b>	
3.	Oscar van Holsteyn	AquAmigos	27.19	7100373	<b>27.62</b>	+0,84
4.	Andreas Kaptur	SG Gladbeck	26.90	125218	<b>27.85</b>	+0,83
5.	Pascal Balancier	CNSW	26.85	CNSW/361/74	<b>28.59</b>	+0,83
6.	Herman Smit	De Veene	28.16	7101493	<b>28.77</b>	
7.	Olivier Kalek	CNBA	28.70	CNBA/785/75	<b>29.07</b>	+0,79
8.	Ralf Brull	RZ	31.54	7501297	<b>30.57</b>	+0,83
9.	Rob Dissel	DBD	31.23	7101463	<b>30.81</b>	+1,02
10.	Patrick Duchens	PLONS	30.73	7501319	<b>31.35</b>	+0,96
11.	Bart Van Gorp	AZV	31.24	AZV/117/75	<b>31.56</b>	+0,95
12.	Dennis van Markesteijn	Olympia	31.40	7201333	<b>32.71</b>	+0,86

Masters 40+

1.	Kees Akershoek	De Stelle	27.34	6900009	<b>27.65</b>	+0,84
2.	Arjen Kervezee	Het Y	27.55	7000563	<b>28.12</b>	+1,04
3.	Frederic Andres	Florange olympique club	27.34	103316	<b>28.59</b>	+0,78
4.	Paul de Boer	De Amer	28.91	6801413	<b>28.79</b>	+0,83
5.	Gerard Da Deppo	DBD	29.22	7001509	<b>29.99</b>	+0,83
6.	Mario Cuelenaere	Luctor et Emergo	30.30	6901569	<b>30.11</b>	+1,27
7.	Ronald Stolk	De Fuut	29.07	6601253	<b>30.22</b>	+0,88
8.	Peter Musschenga	Zwem Goud	31.80	6901347	<b>30.83</b>	+0,88
9.	Gerco Schakel	DWK	31.83	6900849	<b>31.34</b>	+0,97
10.	Oliver Podebrad	SC Wiesbaden 1911	31.54	262705	<b>31.87</b>	+0,93
11.	Ronald Janse	LAC	33.12	6601415	<b>32.83</b>	+0,98
12.	Sander Nieuwenhuys	De Fuut	32.42	6801423	<b>32.85</b>	+0,77
13.	Marcel Brittijn	De Duinkickers	32.13	6900159	<b>35.89</b>	+0,79
14.	Paul van den Heuvel	Arethusa	28.80	7000441	<b>35.98</b>	+0,92

Masters 45+

1.	Cees van Houwelingen <i>Kampioenschaps Record</i>	De Schelde	25.20	6300351	<b>25.84</b>	+0,90
2.	Olivier Delfosse	CNSW	25.48	CNSW/344/63	<b>27.21</b>	+0,85
3.	Jan Brink	De Stormvogel	26.22	6200091	<b>27.51</b>	+0,75
4.	Fred Vollebergh	De Pinquin	27.46	6100641	<b>28.22</b>	+0,84
5.	Ron Korzelius	AZ&PC	28.63	6500513	<b>28.25</b>	+0,86
6.	Erik Saan	De Duck	27.61	6500769	<b>28.35</b>	+1,03
7.	Fred Heemstra	DAW-FINENZO	27.51	6500357	<b>28.71</b>	+0,86
8.	Marcel van der Lem	Kon AZ 1870	27.82	6500563	<b>28.88</b>	+0,78
9.	Ronald van Houtert	De Dommelbaarzen	30.64	6401239	<b>30.48</b>	+0,92
10.	Jan Vlasblom	PLONS	31.19	6100823	<b>30.52</b>	+0,93
11.	Peter Soudant	PSV	30.59	6201007	<b>31.11</b>	+0,85
12.	Mark Kas	PLONS	31.21	6100285	<b>31.29</b>	+0,96
13.	Pierre Ducarmois	CHAT	31.83	CHAT/254/64	<b>31.55</b>	+0,87
14.	Jack Barends	WS Twente	31.17	6201011	<b>32.03</b>	
15.	Bart van Betuw	Zegenwerp	36.27	6500087	<b>32.11</b>	+0,90
16.	Hans Maas	Zwem Goud	33.16	6501433	<b>33.63</b>	+0,81
17.	Erik Uyttenbroek	LAC	33.95	6301311	<b>34.85</b>	+0,97
18.	Perry Dekker	ZV De Bron	35.14	6201081	<b>37.72</b>	+1,10
19.	Aris Jan van Ek	IJZ&PC	35.45	6100125	<b>38.36</b>	+0,92
DIS	Michiel Klaren	PSV	29.85	6201087		0.00
	<i>AA - Te vroeg weg of bewogen bij start.(geen tijd noteren)</i>					
NG.ZA	Ernst Bouweriks	De Fuut	28.14	6401155		

Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

Programmanr. 18, Heren, 50m vrije slag, Masters 45+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
AFGEM	Karl-Heinz Eberhard	SC Wiesbaden 1911	29.10	231828		

**Masters 50+**

1.	Lionel Godeaux	CNSW	26.50	CNSW/014/60	<b>26.21</b>	+0,80
2.	Joop Ariaens	PSV	27.86	5900747	<b>28.48</b>	+0,80
3.	André Wertz	Royal Verviers Natation	28.61	VN/110/56	<b>29.51</b>	+0,88
4.	Raymond Rensonnet	Royal Verviers Natation	33.98	VN/439/60	<b>30.68</b>	+1,03
5.	Philippe Mattelaer	AZV	30.57	AZV/124/60	<b>30.93</b>	+0,81
6.	Hans Groothelm	DBD	29.80	5800151	<b>31.08</b>	+0,91
7.	Wim de Lange	Electrolux AZC	29.98	5800533	<b>31.18</b>	+0,98
8.	Marten Galenkamp	Zwem Goud	30.88	6000817	<b>31.77</b>	+0,93
9.	Henk Gierveld	Nat Utrecht	31.42	6000869	<b>32.10</b>	+0,84
10.	Harry Paas	Vlaardingen	36.38	5800689	<b>33.00</b>	+1,07
11.	Peter vd Kruijs	ZC'90	32.98	5700193	<b>33.05</b>	
12.	Luc Nijs	AZV	33.55	AZV/080/59	<b>34.37</b>	+0,97
13.	Jan Glorie	OEZA	46.26	5700513	<b>46.33</b>	+1,25
NG	Jan Minkels	Zegenwerp	46.95	5600213		

**Masters 55+**

1.	Hans Wijsman	BRABO	28.04	BRABO/655/55	<b>28.70</b>	+0,86
2.	Ron van der Zande	De Aalscholver	29.58	5500307	<b>30.68</b>	+0,90
3.	Hugo Staudt	WS Twente	30.57	5300253	<b>31.37</b>	+0,89
4.	Arno Wolvers	Brunssum	32.36	5400277	<b>31.92</b>	+0,93
5.	Laurens klein Breteler	WWV	33.86	5400109	<b>34.15</b>	+0,88
AFGEM	Peter Gulyas	Totkomlosi Rozmar Szenior	28.91	51GULY		

**Masters 60+**

1.	Jan Tinholt	PSV	33.23	5000185	<b>32.59</b>	+1,02
2.	Joop van Eijk	PLONS	32.32	4700025	<b>33.46</b>	+0,89
3.	Geerhard Dogenaar	ZC'90	34.60	4700137	<b>34.23</b>	
4.	Mar van Geel	Old Dutch	37.64	4700135	<b>39.17</b>	+1,17
5.	Nico van Dongen	De Lansingh	41.97	4800159	<b>41.25</b>	
6.	Henk Oostendorp	ZV De Bron	39.46	4800093	<b>42.21</b>	+1,07
7.	Etienne Languillier	CNSW	56.87	CNSW/061/50	<b>55.99</b>	+1,20

**Masters 65+**

1.	Han Roos	ZV De Bron	31.72	4500081	<b>33.68</b>	
2.	Ruud Sloof	De Rijn	34.13	4400073	<b>34.62</b>	+1,12
3.	Peter Ouweneel	RSW (SG)	41.85	4500077	<b>43.15</b>	+1,21
4.	Nico Baay	Old Dutch	41.41	4200053	<b>46.51</b>	+0,84

**Masters 70+**

1.	Nico Geers	Z&PC De Gouwe	31.21	3800007	<b>33.28</b>	+0,91
2.	Frans van Enst	WS Twente	32.56	4000011	<b>33.29</b>	+1,01
3.	Wim ter Laak	PSV	46.02	4000027	<b>47.42</b>	+1,14
4.	Pieter Scharphorn	Neptunus	48.43	3800037	<b>51.20</b>	+1,26

**Masters 75+**

1.	Jef van Roy	AZSC	38.31	AZSC/572/32	<b>38.34</b>	+0,87
2.	Taco van Blommestein	Aquapoldro	52.83	3300007	<b>52.18</b>	+1,36

Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

Programmanr. 19  
08.05.2010 - 16:47

Dames, 50m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Femke Hendrixx <i>Kampioenschaps Record</i>	DZT '62	26.61	8801698	<b>27.36</b>	+0,77
2.	Jolanda Post	DIO	28.31	9004848	<b>28.48</b>	+0,83
3.	Petra de Groot	Van Vliet-Barracuda	27.95	8701420	<b>28.75</b>	+0,90
4.	Annelette de Vries	De Veene	29.24	8603908	<b>29.17</b>	+0,78
5.	Nienke van Stipriaan	PSV	29.92	8703970	<b>29.75</b>	+0,94
6.	Iris Barendregt	Van Vliet-Barracuda	29.93	8600172	<b>29.98</b>	+0,86
7.	Cynthia Grooteboer	De Reest	28.93	8901462	<b>30.61</b>	
8.	Jessica Hooyer	Triton	29.74	9001582	<b>30.75</b>	+0,84
9.	Sanne van Dijk	Zoetermeer	30.00	9000818	<b>31.24</b>	
10.	Marion Lewonczuk	Florange olympique club	31.96	77224	<b>31.45</b>	+0,81
11.	Marian Bouts	RZ	31.31	8600492	<b>32.29</b>	+0,95
12.	Liesbeth van Mill	DWK	32.67	8702786	<b>34.00</b>	+0,92
13.	Fleur Maas	Zoetermeer	32.41	8902768	<b>34.08</b>	
	Eline Schoenmaker	De Duinkickers	32.36	9003322	<b>34.08</b>	+0,82
15.	Gerdine Fix	ZOB'66	34.38	8701198	<b>34.34</b>	+0,87
16.	Joyce Mulder	WS Twente	33.82	9002664	<b>34.44</b>	
17.	Amy van Lierop	DZT '62	34.24	8602280	<b>34.57</b>	+0,93
18.	Eveline van Avezaath	TRB-RES	33.57	8700108	<b>35.10</b>	+1,03
19.	Annebeth van Ark	Octopus	33.20	8805588	<b>36.44</b>	+0,87
20.	Sigrid Leusink	De Hokseberg	35.45	9002326	<b>37.33</b>	+0,99
21.	Paulien v.d Molen	HZ&PC Heerenveen	37.13	9006048	<b>38.35</b>	+0,99
NG	Karin Simons	WZK Zwemmen	29.48	8903804		
NG	Whitley Rens	De Schotejil	32.85	9007520		
<b>Masters 25+</b>						
1.	Pauline Gouwens <i>Kampioenschaps Record</i>	De Otters Het Gooi	28.33	8400790	<b>27.81</b>	+0,78
2.	Esther Vos	ZVDO'74	28.32	8201762	<b>29.02</b>	+0,83
3.	Sandra Zwaanswijk	Aquarius	30.14	8503934	<b>30.32</b>	+0,77
4.	Kristel Spijker	OEZA	30.19	8403396	<b>31.00</b>	+0,89
5.	Cindy Joller	Florange olympique club	32.22	107966	<b>31.13</b>	+0,97
6.	Sandra Schellekens	Neptunus'58	30.64	8503416	<b>31.17</b>	+0,85
7.	Renee de Kok	PSV	33.11	8403350	<b>31.45</b>	+0,76
8.	Jacqueline Wissink	PSV	32.63	8503286	<b>31.56</b>	+0,86
9.	Linda Hoogendam	D'Elft	32.04	8300892	<b>31.74</b>	+0,80
10.	Pia Huentemann	SV Blau-Weiß Bochum	33.58	224497	<b>32.65</b>	+0,94
11.	Hanneke Heymen	Montferland	31.29	8400968	<b>33.10</b>	+0,85
12.	Mariska Pouls	Dedemsvaart-AC	32.29	8301608	<b>33.91</b>	+0,92
13.	Aniela Cebotaro	De Zijl/LGB	37.39	8102120	<b>37.21</b>	+0,92
14.	Sabina Caruso	RSW (SG)	37.53	8500542	<b>40.14</b>	+0,88
<b>Masters 30+</b>						
1.	Delia Badoux	ZC Ooievaar (SG)	30.82	8000042	<b>28.40</b>	+0,89
	Anke Lambooj	AZL	27.95	8001182	<b>28.40</b>	+0,92
3.	Janneke Harmsen	De Spatters	30.62	7700938	<b>28.67</b>	+0,88
4.	Fanni Asztalos	Budapesti Delfinek	30.72	77FANN	<b>29.91</b>	+0,91
5.	Peggy Loffeld	KZPC	30.10	7700468	<b>30.04</b>	+0,85
6.	Emerentia Knebel	KZPC	29.85	7600322	<b>30.19</b>	+0,82
7.	Jolan Molnar	Budapesti Delfinek	31.51	77MOLN	<b>30.94</b>	+0,83
8.	Alana Miles	KZPC	32.63	8001626	<b>31.66</b>	+0,88
9.	Jolika Csibra	DES	31.81	7600838	<b>32.34</b>	+0,92
10.	Rebanna Jager	De Pinquin	31.77	7901394	<b>32.75</b>	
11.	Petra Verstegen	WVZ	30.76	7700906	<b>33.41</b>	+0,90
12.	Anneke Balkema-Willemsen	EZZ	33.51	8001268	<b>33.66</b>	+0,93
13.	Margriet Leeffers	Deltasteur	33.23	7800448	<b>34.44</b>	+0,99
14.	Marjolein Kiewiet	Aquapoldro	35.55	7901404	<b>36.19</b>	+1,02
15.	Mirjam den Houdijker	ZPB H&L Productions	36.08	7801096	<b>36.23</b>	

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 19, Dames, 50m vrije slag

Masters 35+

1.	Sandrine Erguy	Florange olympique club	29.25	1053631	<b>28.76</b>	+0,88
	<i>Kampioenschaps Record</i>					
2.	Inez Heideman	WS Twente	30.39	7500198	<b>30.78</b>	+0,86
3.	Annette de Visser	Oceanus	31.09	7100602	<b>31.43</b>	+0,83
4.	Tony de Groot	De Futen	31.99	7300758	<b>32.36</b>	+0,93
	Trudie van Niejenhuis	DES	31.19	7100444	<b>32.36</b>	+0,80
6.	Manuela Punt	ZVDO'74	32.45	7400422	<b>32.83</b>	+0,85
7.	Renata van Bos-van Essen	Zuiderzeewimmers	33.53	7300740	<b>33.20</b>	+0,80
8.	Alice Meijer	De Pinquin	33.19	7500370	<b>34.33</b>	
DIS	Annetje Dieleman	PSV	32.11	7100130		0.00
	<i>AA - Te vroeg weg of bewogen bij start.(geen tijd noteren)</i>					

Masters 40+

1.	Melinda Marosi	Budapesti Delfinek	28.09	70MARO	<b>28.83</b>	+0,86
	<i>Hongaars Masters Record</i>					
2.	Saskia Phaff	PSV	28.84	6600242	<b>29.26</b>	+0,73
3.	Lidia v. Bon-Rosenbrand	AZ&PC	29.99	7000054	<b>30.46</b>	+0,88
4.	Annette Wijnja-Visser	De Biesboschwimmers	30.79	6700528	<b>31.35</b>	+0,88
5.	Chita van der Goorbergh	Zoetermeer	33.76	6800762	<b>32.54</b>	+0,85
6.	Yolanda Mante	Gay Swim Amsterdam	35.92	6600432	<b>32.83</b>	+0,71
7.	Desiree van der Lem	Kon AZ 1870	32.08	6800282	<b>32.94</b>	+0,86
8.	Ilse Vos	De Hokseberg	33.36	6800644	<b>34.86</b>	+1,15
9.	Frouwkje de Waart	LAC	37.82	6600632	<b>35.40</b>	+0,85
10.	Remona Dekker	ZV De Bron	35.04	6600620	<b>36.75</b>	+1,00
11.	Emmy Radelaar	De Fuut	38.20	6600572	<b>37.31</b>	
12.	Nadine Hauseux	Royal Verviers Natation	37.66	VN/445/68	<b>38.20</b>	+0,83
13.	Olivia Guardino	Asl Janville Lardy	44.88	1178371	<b>45.53</b>	
AFGEM	Kristien Van De Moortel	ShaRK	33.03	ShaRK/315/69		

Masters 45+

1.	Wilma van Velsen	Montferland	30.23	6400444	<b>29.90</b>	+0,88
2.	Monique Dijkstra	Gay Swim Amsterdam	29.91	6400066	<b>30.47</b>	+0,87
3.	Francine Sommer	Triton	32.46	6200384	<b>31.72</b>	+0,90
4.	Friderika Kerekes	AZ&PC	32.59	6500540	<b>33.92</b>	+0,88
5.	Linda Swennen	AZV	35.04	AZV/016/63	<b>37.00</b>	+0,95
6.	Ina van Beusekom	Van Vliet-Barracuda	38.01	6400480	<b>37.71</b>	+0,97
7.	Machteld Massee	PSV	36.38	6300458	<b>37.92</b>	+0,84
8.	Fabienne Demoor	Asl Janville Lardy	38.17	542895	<b>38.04</b>	+0,84

Masters 50+

1.	Marijke Kraak	WS Twente	33.95	6000240	<b>33.35</b>	+1,00
2.	Susan Lipsey	LZ 1886	33.72	5700156	<b>34.21</b>	+0,84
3.	Pia van der Molen	HZ&PC Heerenveen	34.30	6000116	<b>34.48</b>	+0,90
4.	Manuela de Keyser	BRABO	38.76	BRABO/613/58	<b>39.30</b>	+0,89
5.	Willy Schoenmaker	DWK	43.03	5900254	<b>42.50</b>	+1,13
6.	Elly de Galan	Kon AZ 1870	43.83	5800208	<b>42.70</b>	+1,09
7.	Helena Esteves Perche	PSV	42.48	5700166	<b>44.55</b>	+1,11
8.	Janneke van Liesdonk	Arethusa	48.77	5700060	<b>49.77</b>	+1,00

Masters 55+

1.	Micaela von Richthofen	EOOSC Offenbach	30.72	130914	<b>31.80</b>	+0,76
2.	Christien Nieuwenhuis	Swol 1894	31.42	5100022	<b>33.47</b>	+0,87
3.	Dagmar Emmy Hilden-Kuntz	TV-Idar-Oberstein	40.12	53/127950	<b>39.67</b>	+1,04
4.	Janny van der Weide	Deltasteur	54.07	5100066	<b>55.12</b>	



Open Nederlandse Masters  
Kampioenschappen 2010 lb  
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Programmanr. 19, Dames, 50m vrije slag

Masters 60+

1.	Conny Boer-Buys <i>Nederlands Masters Record</i>	Vlaardingen	30.76	5000006	<b>32.04</b>	
2.	Antoinette Gilding-Tussaud	WS Twente	44.24	5000038	<b>44.09</b>	+1,14
3.	Nelly Jansen	Old Dutch	1:11.57	4600020	<b>1:16.32</b>	+1,33

Masters 65+

1.	Loekie v. Huissteden	AZ&PC	43.34	4500002	<b>44.44</b>	+0,98
2.	Nicole Davidson	ShaRK	44.64	ShaRK/184/44	<b>46.49</b>	+1,04

Masters 70+

1.	Tineke de Bueger	Old Dutch	58.50	3700010	<b>1:05.03</b>	+1,24
2.	Hanny Pasma	Aquapoldro	1:13.71	3900006	<b>1:12.40</b>	

Masters 75+

1.	Jeltje van Bergen <i>Nederlands Masters Record</i>	De Pinquin	43.51	3500002	<b>46.36</b>	+1,06
AFGEM	Lottie Geurts	PSV	37.10	3500006		

Masters 80+

1.	Marianne Maandonks	PSV	1:13.79	2600004	<b>1:15.69</b>	+1,22
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Programmanr. 20  
08.05.2010 - 17:05

Heren, 200m vlinderslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
<b>Masters 20+</b>									
1.	Marc Catsburg <i>Kampioenschaps Record</i>	MNC Dordrecht	2:15.83 9000533	<b>2:23.39</b>	+0,85	30.83	1:07.23	1:44.50	2:23.39
2.	Ruben Stolk	ZOB'66	2:32.31 9005665	<b>2:37.58</b>	+0,80	32.96	1:12.29	1:55.83	2:37.58
3.	Tim Bunnik	Triton	2:44.73 9000505	<b>2:39.51</b>	+0,96	33.59	1:12.93	1:55.09	2:39.51
4.	Bart Drechsel	WZK Zwemmen	2:29.08 8604135	<b>2:42.05</b>	+0,84	32.97	1:12.10	1:55.27	2:42.05
5.	Rick Hellenbrand	NIMO	2:41.90 8901173	<b>2:47.21</b>	+1,00	34.54	1:15.97	2:00.97	2:47.21
6.	Sven van Zanten	De Duinkickers	2:56.15 9003405	<b>3:09.27</b>	+0,86	38.13	1:24.56	2:17.69	3:09.27
7.	Melano Winter	RSW (SG)	3:04.00 8703847	<b>3:14.67</b>	+0,82	36.66	1:25.59	2:19.95	3:14.67
<b>Masters 25+</b>									
1.	Sander Bouts	RZ	2:23.09 8500331	<b>2:29.70</b>	+0,84	31.54	1:09.09	1:48.00	2:29.70
2.	Remco van Althuis	SBC2000	2:26.63 8300029	<b>2:30.48</b>	+0,83	32.42	1:10.32	1:50.02	2:30.48
3.	Rob van Vliet	AZ&PC	2:23.86 8402459	<b>2:31.57</b>	+0,91	32.61	1:10.82	1:50.85	2:31.57
4.	Dirkjan Beugelsdijk	De Zijl/LGB	2:35.46 8100123	<b>2:36.29</b>	+0,86	34.50	1:16.10	1:57.35	2:36.29
5.	Thommy Nickel	Van Vliet-Barracuda	2:24.83 8401627	<b>2:36.96</b>	+0,89	32.58	1:12.44	1:54.84	2:36.96
6.	Marcel Reefhuis	De Veene	2:46.45 8101381	<b>2:38.19</b>	+0,81	32.04	1:10.42	1:52.15	2:38.19
7.	Leander Noordijk	De Schotegil	2:30.81 8101221	<b>2:40.71</b>	+0,97	34.18	1:14.75	1:57.60	2:40.71
AFGEM	Erik Drewes	De Biesboschzwemmers	2:30.37 8400543						
<b>Masters 30+</b>									
1.	Vladan Markovic <i>Servisch Masters Record</i>	SC Zlatni Delfin	2:02.05 77MARK	<b>2:15.30</b>	+0,86	29.78	1:04.38	1:39.66	2:15.30
2.	Erik Kusters	Dedemsvaart-AC	2:36.10 8000837	<b>2:33.43</b>	+0,92	31.43	1:08.89	1:48.35	2:33.43
3.	Ralf Peters	KZPC	2:39.80 7600737	<b>2:39.26</b>	+0,86	33.12	1:13.36	1:56.60	2:39.26
4.	Joris Haest	PSV	2:38.66 7900441	<b>2:45.04</b>	+0,90	33.54	1:15.75	2:00.38	2:45.04
5.	Jeroen Vogelsang	Het Y	2:34.94 8001645	<b>2:50.07</b>	+0,97	34.29	1:17.25	2:03.49	2:50.07

Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

Programmanr. 20, Heren, 200m vlinderslag

Masters 40+

1. Hayo v.d. Werf	Het Y	3:57.02	6701085	<b>3:58.97</b>	+0,81	54.11	1:56.78	2:58.44	3:58.97
NG René Beetsma	HZ&PC Heerenveen	2:30.49	6900069						

Masters 45+

1. Rene de Boer	DAW-FINENZO	2:36.56	6400087	<b>2:40.50</b>	+0,87	34.72	1:15.13	1:57.36	2:40.50
2. Frank Gomoll	SG Gladbeck	2:34.67	112232	<b>2:46.44</b>	+0,91	35.81	1:18.36	2:02.74	2:46.44
3. Paul van der Voort	De Zwoer	3:12.41	6200715	<b>3:14.26</b>	+1,16	38.76	1:26.85	2:19.44	3:14.26

Masters 50+

1. Hugo Bregman	WVZ	2:15.06	5800069	<b>2:17.01</b>	+0,86	30.35	1:05.92	1:42.15	2:17.01
2. Albert Boonstra	Aqua-Novio'94	2:33.45	5700425	<b>2:43.37</b>	+0,92	34.43	1:16.38	1:59.40	2:43.37
3. Jan Willem Heuten	WS Twente	3:36.51	6000883	<b>3:26.49</b>	+1,10	44.26	1:37.49	2:33.77	3:26.49

Masters 65+

1. Rob Hanou	PSV	3:28.30	4300109	<b>3:38.27</b>	+1,17	47.01	1:44.23	2:41.61	3:38.27
2. Manfred Bottin	SV Langenfeld 1912	4:14.36	057993	<b>4:25.05</b>	+1,24	58.29	2:04.61	3:14.15	4:25.05

Programmanr. 21  
08.05.2010 - 17:17

Dames, 200m vlinderslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m	
<b>Masters 20+</b>									
1. Nicole van der Kooy	SBC2000	2:53.85	8702310	<b>2:55.08</b>	+0,89	35.38	1:18.46	2:05.53	2:55.08
2. D. van Houwelingen	ZVDO'74	2:57.34	8901896	<b>3:00.27</b>	+0,95	35.76	1:19.17	2:07.99	3:00.27
3. Milou Bouwhuis	De Veene	2:49.76	8900532	<b>3:00.72</b>	+0,79	35.26	1:17.85	2:07.25	3:00.72
4. Patricia Becks	Zegenwerp	2:57.89	8705946	<b>3:06.95</b>	+0,93	39.97	1:27.65	2:17.67	3:06.95
5. Ildiko van der Ploeg	De Warande	3:01.97	9002960	<b>3:13.77</b>	+0,79	39.57	1:29.61	2:21.60	3:13.77
6. Joyce Mulder	WS Twente	3:08.70	9002664	<b>3:15.74</b>	+0,88	41.81	1:32.06	2:23.52	3:15.74
7. Anita Engels	Zegenwerp	3:32.00	9001016	<b>3:34.45</b>	+0,90	43.85	1:39.46	2:38.02	3:34.45
AFGEM C. Enkoroma Coffie	DES	2:35.57	8701142						
NG Whitley Rens	De Schotejil	3:12.10	9007520						

Masters 25+

1. Roos van Esch	TRB-RES	2:34.23	8200468	<b>2:42.57</b>	+0,98	36.06	1:18.60	2:01.07	2:42.57
2. Nadya Putter	Vlaardingen	2:40.12	8301630	<b>2:44.85</b>	+0,94	35.38	1:16.25	2:00.22	2:44.85
3. Esther Versteeg	Van Vliet-Barracuda	2:49.50	8302112	<b>2:51.71</b>	+0,90	34.63	1:17.05	2:02.38	2:51.71
4. Kristel Spijker	OEZA	3:01.28	8403396	<b>3:09.31</b>	+0,93	37.78	1:26.23	2:17.92	3:09.31
5. Andrea van Leeuwen	De Zijl/LGB	2:58.30	8100904	<b>3:09.91</b>	+0,94	38.01	1:25.66	2:17.29	3:09.91
6. Annette Vogelsang	ZV De Bron	3:31.02	8402632	<b>3:20.86</b>	+0,88	38.56	1:27.45	2:23.57	3:20.86
7. Angélique Rotteveel	Aquapoldro	3:36.11	8402090	<b>3:52.61</b>	+1,12	45.68	1:45.49	2:48.83	3:52.61
8. Rianne van Vegchelen	Deltasteur	3:50.99	8101530	<b>3:56.44</b>	+1,12	51.39	1:52.00	2:54.07	3:56.44

Masters 30+

1. Yvonne Gerritsen	DES	2:55.98	8000342	<b>3:00.42</b>	+0,92	37.46	1:22.91	2:11.82	3:00.42
2. Mirjam den Houdijker	ZPB H&L Productions	3:48.01	7801096	<b>3:48.35</b>	+0,90	47.80	1:45.50	2:46.31	3:48.35

Masters 35+

1. Dóra Cerva	Sprint Fortuna SC	2:41.32	74CERV	<b>2:35.26</b>	+0,88	33.49	1:13.23	1:54.21	2:35.26
<i>Kampioenschaps Record, Hongaars Masters Record</i>									
2. Dianne Nien	RZ	2:59.22	7100452	<b>3:07.06</b>	+0,85	40.02	1:27.73	2:17.48	3:07.06
3. Natacha Van Hoof	ShaRK	3:57.64	ShaRK/260/73	<b>3:42.45</b>	+0,98	49.84	1:46.36	2:45.29	3:42.45

Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

Programmanr. 21, Dames, 200m vlinderslag

Masters 40+

1. Anita Smits	DIO	2:38.58	6900522	<b>2:42.49</b>	+0,87	35.64	1:18.14	2:01.09	2:42.49
2. Karin van den Heuvel	AquAmigos	3:11.12	6600188	<b>3:19.67</b>	+1,02	42.39	1:34.59	2:28.85	3:19.67

Masters 45+

1. Alie Visser	HZ&PC Heerenveen	4:07.55	6400494	<b>3:59.17</b>	+1,02	50.26	1:49.24	2:51.81	3:59.17
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Masters 50+

1. Mathilde Vink	Swol 1894	2:46.59	5800128	<b>2:56.01</b>	+0,96	37.11	1:19.88	2:04.75	2:56.01
2. Janny van Eijk	ZV De Bron	3:18.06	5800022	<b>3:18.37</b>	+1,02	42.08	1:31.83	2:25.73	3:18.37

Programmanr. 22  
08.05.2010 - 17:30

Heren, 50m schoolslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Jelle Beerens	De Dommelbaarzen	32.32	8600159	<b>32.42</b>	+0,89
2.	Roderik Meijers	ZOB'66	31.54	8602063	<b>33.37</b>	+0,80
3.	Arjan Assink	WVZ	31.88	8600069	<b>33.49</b>	+0,76
4.	Jasper Groothelm	DBD	33.21	9005735	<b>34.01</b>	+0,77
5.	Mario Peeters	MNC Dordrecht	33.11	8602355	<b>34.18</b>	+0,83
6.	Jan van Opstal	DIO	33.66	8602291	<b>34.29</b>	+0,75
7.	Jan Hofstede	De Reest	33.60	8601269	<b>35.07</b>	+0,82
8.	Sander Slaghuis	NIMO	33.60	8805305	<b>35.52</b>	
9.	Martijn van Hoorn	De Schotejil	35.92	8901343	<b>36.24</b>	+0,92
10.	Thijs Tromper	De Schotejil	33.76	8703407	<b>36.45</b>	+0,85
11.	Remco Joukes	Triton	36.06	8801763	<b>37.84</b>	+0,80
12.	Tom Goffin	NIMO	36.54	8604457	<b>38.44</b>	+0,98
13.	Nicolas Degalan	CNBA	39.15	CNBA/777/89	<b>38.68</b>	+0,80
14.	Paul Notenboom	Strijen	37.43	8805513	<b>38.88</b>	+0,83
15.	Harmen Reemst	ZOB'66	36.46	8702715	<b>38.93</b>	
16.	Koen Florijn	MNC Dordrecht	34.24	8600851	<b>39.93</b>	
17.	Rick van der Linden	Wave	39.37	8802199	<b>40.51</b>	+0,81
DIS	Francois Zadworny	CHTHN	34.86	CHTHN/162/87		
	<i>AA - Te vroeg weg of bewogen bij start.(geen tijd noteren)</i>					
DIS	Stef Hoeven	Zegenwerp	34.05	9001223		
	<i>AA - Te vroeg weg of bewogen bij start.(geen tijd noteren)</i>					
<b>Masters 25+</b>						
1.	Merijn Ellenkamp	DWK	31.55	8500691	<b>31.96</b>	+0,83
2.	Tommy van Overmeeren	De Schelde	30.67	8402887	<b>32.88</b>	+0,98
3.	Albert van Piekeren	Octopus	33.64	8401767	<b>34.37</b>	+0,92
4.	Jim Geestman	RSW (SG)	33.64	8300699	<b>35.22</b>	+0,98
5.	Sebastian Hoppe	SV Blau-Weiß Bochum	34.92	260235	<b>35.36</b>	+0,76
6.	Thommy Nickel	Van Vliet-Barracuda	34.09	8401627	<b>35.49</b>	+0,86
7.	Dennis Colijn	NIMO	33.26	8400405	<b>35.83</b>	+0,86
8.	Kevin Nuyes	BRABO	34.46	BRABO/182/85	<b>36.60</b>	+0,79
9.	Pascal van Kassel	Triton	34.59	8501289	<b>36.71</b>	+0,96
10.	Dennis Klop	De Biesboschzwemmers	35.15	8302643	<b>36.99</b>	
11.	Steven Oosterhof	NIMO	37.93	8403173	<b>37.93</b>	+0,85
12.	Frank Hovenier	Neptunus'58	36.18	8503239	<b>39.23</b>	+0,81

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 22, Heren, 50m schoolslag

Masters 30+

1.	Richard Claus <i>Kampioenschaps Record</i>	Heldense Zwemvereniging	29.98	8000265	<b>30.69</b>	+0,77
2.	Freddie Geerlings	NIMO	31.21	7900379	<b>32.95</b>	+0,82
3.	Ron Langelaan	DAW-FINENZO	32.41	7800643	<b>34.10</b>	+0,87
4.	Vincent Bastin	CHTHN	35.15	CHTHN/342/77	<b>34.51</b>	+0,75
5.	Mark Zwart	De Fuut	31.36	7901461	<b>35.00</b>	+0,91
6.	Frederic Masset	CHTHN	34.49	CHTHN/079/79	<b>35.35</b>	+0,85
7.	Bas van den Nouwelant	Vlaardingen	34.74	8001103	<b>35.73</b>	+0,82
8.	Oliver de Haas	ZV De Bron	36.58	8002213	<b>35.76</b>	+0,92
9.	Erik Kusters	Dedemsvaart-AC	34.02	8000837	<b>36.15</b>	+0,88
10.	Frits Delicaat	DAW-FINENZO	38.72	7901629	<b>36.98</b>	+0,88
11.	Okko de Haas	ZV De Bron	36.70	7801593	<b>37.08</b>	+1,00
12.	Han Ruijs	RZ	36.32	7901867	<b>38.54</b>	+0,80
13.	Johan Wezenberg	Deltasteur	39.15	7601023	<b>39.96</b>	+1,02
14.	Marco van Antwerpen	Strijen	38.65	8000027	<b>40.04</b>	+1,01
15.	Rene Beens	Deltasteur	40.30	7800045	<b>43.38</b>	+0,84
NG.ZA	Didier Vanlancker	NST	30.87	NST/162/78		

Masters 35+

1.	Andreas Kaptur	SG Gladbeck	32.68	125218	<b>34.96</b>	+0,88
2.	Eelco van Gemert	De Stormvogel	33.43	7200299	<b>37.21</b>	+0,82
3.	Herman Smit	De Veene	36.97	7101493	<b>37.36</b>	+0,95
4.	Olivier Kalek	CNBA	38.63	CNBA/785/75	<b>38.49</b>	+0,77
5.	Wouter van der Stelt	Den Doorn	37.60	7200889	<b>39.08</b>	+0,80
6.	Ralf Brull	RZ	41.51	7501297	<b>43.35</b>	
7.	Rob Dissel	DBD	45.56	7101463	<b>44.57</b>	+0,82

Masters 40+

1.	Harold Matla	PSV	32.29	6800591	<b>34.24</b>	
2.	Paul van den Heuvel	Arethusa	35.03	7000441	<b>35.88</b>	+0,88
3.	Ronald Stolk	De Fuut	33.81	6601253	<b>36.09</b>	+0,82
4.	Paul de Boer	De Amer	37.37	6801413	<b>37.84</b>	+0,84
5.	Peter Musschenga	Zwem Goud	39.03	6901347	<b>40.60</b>	+0,87
6.	Oliver Podebrad	SC Wiesbaden 1911	39.34	262705	<b>41.31</b>	+0,91
7.	Ronald Janse	LAC	44.56	6601415	<b>45.38</b>	
AFGEM	Patrick Juncker	Swimming Luxembourg	34.08	67-JUNC		
AFGEM	Henk van Zetten	Octopus	41.94	6701261		
NG	René Beetsma	HZ&PC Heerenveen	35.98	6900069		

Masters 45+

1.	Cees van Houwelingen <i>Kampioenschaps Record</i>	De Schelde	32.67	6300351	<b>33.98</b>	+1,01
2.	Marcel van der Lem	Kon AZ 1870	35.23	6500563	<b>36.25</b>	+0,81
3.	Theo Bakker	TriVia	35.14	6401231	<b>36.40</b>	+0,92
4.	Fred Vollebergh	De Pinquin	35.14	6100641	<b>36.82</b>	+0,88
5.	Ronald van Voskuilen	De Aalscholver	36.13	6101003	<b>37.13</b>	+0,87
6.	Jan Vlasblom	PLONS	36.70	6100823	<b>37.65</b>	+0,86
7.	Ronald van Vliet	De Aalscholver	38.23	6300997	<b>38.34</b>	+0,86
8.	Pierre Ducarmois	CHAT	38.27	CHAT/254/64	<b>38.61</b>	+1,16
9.	Peter Fölker	Aqua-Novio'94	37.54	6401021	<b>38.83</b>	
10.	Michiel Klaren	PSV	38.97	6201087	<b>39.10</b>	+1,11
11.	Erik Saan	De Duck	39.67	6500769	<b>39.66</b>	+1,09
12.	Peter Soudant	PSV	38.49	6201007	<b>39.84</b>	+0,91
13.	Ronald van Houtert	De Dommelbaarzen	41.34	6401239	<b>41.44</b>	+0,92
14.	Jack Barends	WS Twente	41.30	6201011	<b>41.48</b>	+0,82
15.	Erik Uyttenbroek	LAC	43.11	6301311	<b>42.10</b>	+0,91
16.	Bart van Calker	WS Twente	42.75	6100067	<b>42.92</b>	+1,07
17.	Aris Jan van Ek	IJZ&PC	53.35	6100125	<b>53.40</b>	+0,94
AFGEM	Karl-Heinz Eberhard	SC Wiesbaden 1911	39.97	231828		
NG	Marcel van Lochem	Zoetermeer	37.05	6500581		

Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

Programmanr. 22, Heren, 50m schoolslag

Masters 50+

1.	Peter Romkes	Luctor et Emergo	35.26	5900389	<b>35.91</b>	+0,78
2.	Johan Vandewalle	BRABO	38.57	BRABO/617/60	<b>38.84</b>	+0,82
3.	Paul Bunnik	Triton	38.59	5600413	<b>39.01</b>	+1,01
4.	André Wertz	Royal Verviers Natation	38.56	VN/110/56	<b>40.24</b>	+0,86
5.	Eric Henrard	AZV	39.59	AZV/017/60	<b>41.64</b>	
6.	Luc Nijs	AZV	39.93	AZV/080/59	<b>41.76</b>	+1,03
7.	Marten Galenkamp	Zwem Goud	40.95	6000817	<b>42.00</b>	+0,93
8.	Philippe Mattelaer	AZV	41.37	AZV/124/60	<b>42.74</b>	+0,77
9.	Harry Paas	Vlaardingen	44.96	5800689	<b>43.15</b>	+0,97
10.	Peter vd Kruijs	ZC'90	43.42	5700193	<b>45.58</b>	+0,93
11.	Michiel Tonsbeek	DWT	43.57	6000889	<b>47.36</b>	+1,21
NG	Vincent de Keijzer	PLONS	38.65	5800207		

Masters 55+

1.	Hans Wijsman	BRABO	38.96	BRABO/655/55	<b>40.60</b>	+0,87
2.	Arno Wolvers	Brunssum	42.47	5400277	<b>41.06</b>	+1,01
3.	Laurens klein Breteler	WWV	45.84	5400109	<b>44.14</b>	+0,86
AFGEM	Peter Gulyas	Totkomlosi Rozmar Szenior	36.71	51GULY		

Masters 60+

1.	Harry Smits	ZC'90	43.48	4800163	<b>43.45</b>	+1,00
2.	Henk Oostendorp	ZV De Bron	50.44	4800093	<b>52.38</b>	+1,08
3.	Nico van Dongen	De Lansingh	52.56	4800159	<b>53.58</b>	+0,96
4.	Etienne Languillier	CNSW	1:00.21	CNSW/061/50	<b>1:09.53</b>	

Masters 65+

1.	Nico Baay	Old Dutch	42.41	4200053	<b>44.37</b>	+0,80
2.	Ruud Sloof	De Rijn	44.36	4400073	<b>44.87</b>	+1,11
3.	Peter Ouweneel	RSW (SG)	48.83	4500077	<b>49.60</b>	+1,14

Masters 70+

1.	Wieger Mensonides	NZ&PC	40.64	3800035	<b>41.50</b>	+0,99
2.	Pieter Scharphorn	Neptunus	57.25	3800037	<b>1:01.48</b>	+1,29

Masters 75+

1.	Taco van Blommestein	Aquapoldro	55.90	3300007	<b>59.89</b>	+1,26
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Programmanr. 23  
08.05.2010 - 17:49

Dames, 50m schoolslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Femke Hendriks	DZT '62	34.30	8801698	<b>35.74</b>	+0,80
2.	Samantha Vuijst	De Otters Het Gooi	35.43	8904522	<b>36.43</b>	+0,89
3.	Suzan van den Bogaard	RZ	35.27	8900450	<b>36.73</b>	+0,83
4.	Nilshaira Isenia	PSV	35.87	8907234	<b>37.49</b>	+0,82
5.	Karin van Dijk	HZ&PC Heerenveen	36.91	8600850	<b>37.74</b>	+1,02
6.	Esther van Maastrigt	Montferland	37.51	8802836	<b>38.09</b>	
7.	Monique Nieuwelink	De Haaen	38.18	9002724	<b>40.26</b>	+0,95
8.	Milou Bouwhuis	De Veene	41.86	8900532	<b>42.05</b>	+0,80
9.	Jessica Hooyer	Triton	40.69	9001582	<b>42.86</b>	+0,89
10.	Eline Schoenmaker	De Duinkickers	41.75	9003322	<b>43.90</b>	+0,80
11.	Fleur Maas	Zoetermeer	43.86	8902768	<b>46.26</b>	+0,99
12.	Marieke van de Nieuwenhuijzen	ZV De Bron	44.90	8803172	<b>46.59</b>	
13.	Amy van Lierop	DZT '62	42.87	8602280	<b>46.66</b>	

Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

Programmanr. 23, Dames, 50m schoolslag, Masters 20+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
14.	Eveline van Avezaath	TRB-RES	45.57	8700108	<b>47.52</b>	+1,08

Masters 25+

1.	Laura Badoux	DAW-FINENZO	34.81	8200038	<b>36.60</b>	+1,07
2.	Esther Vos	ZVDO'74	36.00	8201762	<b>36.71</b>	+0,84
3.	Regina Tankens	ZVDO'74	38.48	8101458	<b>39.87</b>	+0,94
4.	Judith Kremers	De Spatters	42.16	8102094	<b>40.01</b>	+0,79
5.	Renee de Kok	PSV	41.17	8403350	<b>40.50</b>	+0,82
6.	Annette Vogelsang	ZV De Bron	41.30	8402632	<b>41.67</b>	+0,86
7.	Esther Versteeg	Van Vliet-Barracuda	41.77	8302112	<b>42.17</b>	
8.	Sandra Zwaanswijk	Aquarius	41.56	8503934	<b>43.05</b>	+0,77
9.	Jacqueline Wissink	PSV	42.38	8503286	<b>43.71</b>	+0,77
10.	Pia Huentemann	SV Blau-Weiß Bochum	47.01	224497	<b>47.60</b>	
11.	Carola Koeken	Wave	44.00	8501618	<b>48.95</b>	+1,03
12.	Sabina Caruso	RSW (SG)	50.05	8500542	<b>51.52</b>	+0,90
13.	Susan Lugtenburg	Strijen	49.51	8302724	<b>51.57</b>	+0,95

Masters 30+

1.	Yvonne Gerritsen	DES	39.09	8000342	<b>38.49</b>	+0,91
2.	Peggy Loffeld	KZPC	39.40	7700468	<b>39.06</b>	+0,86
3.	Fanni Asztalos	Budapesti Delfinek	39.47	77FANN	<b>39.57</b>	+0,98
4.	Anneke Balkema-Willemsen	EZZ	41.00	8001268	<b>41.60</b>	+0,96
5.	Kristel Lips	ZV De Bron	42.44	7900562	<b>43.21</b>	+0,97
6.	Rebanna Jager	De Pinquin	41.69	7901394	<b>43.72</b>	+0,98
7.	Petra Versteegen	WVZ	42.09	7700906	<b>44.73</b>	+0,98
8.	Marian Nederlof	DWF	43.02	7600950	<b>44.94</b>	+0,90
9.	Marjolein Kiewiet	Aquapoldro	47.34	7901404	<b>51.23</b>	+0,93
10.	Clementine van Bruxvoort	ZPB H&L Productions	51.30	7700138	<b>53.70</b>	+0,97

Masters 35+

1.	Karin Stein	Vlaardingen	37.21	7100554	<b>37.19</b>	+0,99
2.	Annetje Dieleman	PSV	39.32	7100130	<b>38.96</b>	+0,75
3.	Trudie van Niejenhuis	DES	40.83	7100444	<b>41.52</b>	+0,78
4.	Manuela Punt	ZVDO'74	42.09	7400422	<b>42.92</b>	+0,84
5.	Tony de Groot	De Futen	43.84	7300758	<b>44.95</b>	+0,91

Masters 40+

1.	Annette Wijnja-Visser	De Biesboschwemmers	38.23	6700528	<b>38.99</b>	+0,90
2.	Csilla Csikany	Budapesti Delfinek	39.80	68CSIK	<b>39.86</b>	+0,83
3.	Saskia Phaff	PSV	39.43	6600242	<b>41.02</b>	+0,82
4.	Yolanda Mante	Gay Swim Amsterdam	42.87	6600432	<b>41.95</b>	+0,71
5.	Desiree van der Lem	Kon AZ 1870	41.17	6800282	<b>41.98</b>	+0,89
6.	AnneMarie Smit	Gay Swim Amsterdam	45.25	6700440	<b>43.58</b>	+0,94
7.	Henriett Cseszregi	Budapesti Delfinek	42.19	69CSES	<b>43.59</b>	+0,85
8.	Meke Oomens	Old Dutch	44.05	7000370	<b>45.04</b>	+1,18
9.	Ilse Vos	De Hokseberg	43.91	6800644	<b>45.76</b>	+1,23
10.	Remona Dekker	ZV De Bron	45.32	6600620	<b>47.55</b>	+0,90
11.	Corine van Giessen	ZVDO'74	46.68	6800754	<b>47.67</b>	+0,82
12.	Frouwkje de Waart	LAC	47.99	6600632	<b>48.43</b>	+0,84
13.	Olivia Guardino	Asl Janville Lardy	1:07.02	1178371	<b>1:08.65</b>	+0,94

Masters 45+

1.	Francine Sommer	Triton	43.82	6200384	<b>43.95</b>	+0,86
2.	Karin Vrijburg	De Columbiaan	42.55	6100228	<b>44.90</b>	+0,96
3.	Friderika Kerekes	AZ&PC	43.52	6500540	<b>44.98</b>	+0,90
4.	Linda Swennen	AZV	46.84	AZV/016/63	<b>48.36</b>	+0,90
5.	Ina van Beusekom	Van Vliet-Barracuda	47.46	6400480	<b>48.71</b>	+0,94
6.	Machteld Masee	PSV	48.33	6300458	<b>49.13</b>	+0,93

Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

Programmanr. 23, Dames, 50m schoolslag

Masters 50+

1.	Monika Zilliken	SC Wiesbaden 1911	40.61	231829	<b>43.24</b>	
2.	Marijke Kraak	WS Twente	46.18	6000240	<b>44.21</b>	+1,01
3.	Susan Lipsey	LZ 1886	43.81	5700156	<b>44.95</b>	+0,89
4.	Manuela de Keyser	BRABO	46.53	BRABO/613/58	<b>51.12</b>	+0,90
5.	Willy Schoenmaker	DWK	50.54	5900254	<b>53.89</b>	
6.	Helena Esteves Perche	PSV	53.88	5700166	<b>55.38</b>	+1,29
7.	Elly de Galan	Kon AZ 1870	58.51	5800208	<b>55.39</b>	+1,07
8.	Janneke van Liesdonk	Arethusa	55.58	5700060	<b>56.01</b>	+1,06

Masters 55+

1.	Mieke van der Fluit	SBC2000	46.07	5400012	<b>48.57</b>	+1,13
2.	Nini van Dongen	De Lansingh	1:02.61	5100044	<b>59.51</b>	+1,11
3.	Janny van der Weide	Deltasteur	1:04.04	5100066	<b>1:08.69</b>	

Masters 60+

1.	Irene de Boer	ZV De Bron	56.45	4600002	<b>56.94</b>	+1,04
2.	Nelly Jansen	Old Dutch	1:10.36	4600020	<b>1:17.77</b>	+1,29

Masters 65+

1.	Matty van der Veen	Old Dutch	49.81	4400020	<b>50.86</b>	+1,04
2.	Loekie v. Huissteden	AZ&PC	56.94	4500002	<b>57.72</b>	+1,03
3.	Nicole Davidson	ShaRK	54.14	ShaRK/184/44	<b>58.36</b>	+1,12

Masters 70+

1.	Ingrid Lüning	EOSC Offenbach	50.34	136789	<b>49.59</b>	+1,00
2.	Tineke de Bueger	Old Dutch	58.85	3700010	<b>1:05.69</b>	+1,31
3.	Hanny Pasman	Aquapoldro	1:16.96	3900006	<b>1:15.71</b>	

Masters 75+

1.	Agnes van Obberghen	AZSC	47.89	AZSC/696/31	<b>49.20</b>	+0,99
2.	Eliane Pellis	AZSC	46.69	AZSC/672/33	<b>49.66</b>	+0,94
3.	Annie de Vos	Old Dutch	1:08.57	3400004	<b>1:09.34</b>	+1,03

Masters 80+

1.	Marianne Maandonks	PSV	1:24.80	2600004	<b>1:26.28</b>	+1,13
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Programmanr. 24  
08.05.2010 - 18:15

Heren, 4 x 50m vrije slag

Masters Open  
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
<b>80+</b>				
1.	MNC Dordrecht 1	MNC Dordrecht	1:41.33	<b>1:44.01</b> +0,84
	Nick van Ingen	88 +0,84 25.12	Koen Florijn	86 +0,11 27.45
	Martijn Dolk	89 +0,34 26.06	Marc Catsburg	90 +0,44 25.38
2.	RSW (SG) 1	RSW (SG)	1:45.27	<b>1:50.12</b> +0,80
	Melano Winter	87 +0,80 28.11	Jim Geestman	83 +0,53 27.26
	Ferdij van Mastrigt	88 +0,32 29.24	Tim Pattipeiluhu	89 +0,49 25.51
3.	ZOB'66 1	ZOB'66	1:47.56	<b>1:50.65</b> +0,78
	Roderik Meijers	86 +0,78 25.98	Harmen Reemst	87 +0,64 30.71
	Ruben Stolk	90 +0,56 28.54	Nol van Thull	80 +0,25 25.42
4.	Wave 1	Wave	1:54.79	<b>1:55.96</b> +0,76
	Victor den Heijer	83 +0,76 26.96	Rick van der Linden	88 +0,28 29.33
	Sjoerd Venema	86 +0,07 32.93	Lennart Middel	85 +0,23 26.74

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 24, Heren, 4 x 50m vrije slag, 80+

rang	vereniging	inschrijftijd	tijd	RT
5.	NIMO 2	NIMO	2:02.54	<b>2:00.91</b> +0,90
	Rick Hellenbrand	89 +0,90 30.19	Tom Goffin	86 +0,79 32.53
	Tom Hinskens	90 +0,43 28.42	Steven Oosterhof	84 +0,65 29.77
DIS	WZK Zwemmen 1	WZK Zwemmen	1:43.54	+0,81
	<i>EA - Te vroeg overgenomen. (geen eindtijd noteren**), dis 3e zwemmer</i>			
	Maarten de Geus	83 +0,81 27.00	Alex Vermeulen	89 -0,05
	Bart Drechsel	86 +0,37 26.04	Erik Simons	89
<b>100+</b>				
1.	CHTHN 1	CHTHN	1:56.65	<b>1:50.27</b> +0,69
	Sylvain Faticoni	83 +0,69 27.92	Frederic Masset	79 +0,67 27.82
	Francois Zadworny	87 +0,60 27.21	Vincent Bastin	77 +0,56 27.32
2.	NIMO 1	NIMO	1:46.96	<b>1:51.07</b> +0,78
	Sander van den Berg	87 +0,78 26.92	Dennis Colijn	84 +0,56 29.34
	Freddie Geerlings	79 +0,48 27.37	Sander Slaghuys	88 +0,51 27.44
3.	PSV 2	PSV	1:51.58	<b>1:53.05</b> +0,91
	Ian van der Hulst	84 +0,91 27.40	Joris Haest	79 +0,34 28.72
	Vincent Rijdsijk	81 29.05	Koen de Haan	78 27.88
<b>120+</b>				
1.	BRABO 1	BRABO	1:51.25	<b>1:52.35</b> +0,84
	Kevin Nuyes	85 +0,84 26.96	Hans Wijsman	55 +0,44 28.32
	Johan Vandewalle	60 -0,02 32.35	Wim Goris	84 +0,39 24.72
2.	Triton 1	Triton	1:49.86	<b>1:52.42</b> +0,80
	Remco Joukes	88 +0,80 28.06	Tim Bunnik	90 +0,28 26.68
	Paul Bunnik	56 +0,27 31.24	Pascal van Kassel	85 +0,64 26.44
3.	RZ 1	RZ	1:56.20	<b>1:55.86</b> +0,95
	Ralf Brull	75 +0,95 30.90	Gino Martijn	79 +0,71 28.26
	Han Ruijs	79 +0,56 29.93	Sander Bouts	85 +0,46 26.77
<b>160+</b>				
1.	CNSW 1	CNSW	1:44.00	<b>1:43.80</b> +0,86
	<i>Kampioenschaps Record, Belgisch Masters Record</i>			
	Quentin Herman	83 +0,86 24.68	Pascal Balancier	74 +0,38 27.16
	Lionel Godeaux	60 +0,20 25.18	Olivier Delfosse	63 +0,30 26.78
2.	De Fuut 1	De Fuut	1:56.24	<b>1:58.32</b> +0,91
	Ronald Stolk	66 +0,91 31.38	Ernst Bouweriks	64 +0,66 28.53
	Sander Nieuwenhuys	68 +0,48 32.04	Mark Zwart	79 +0,41 26.37
3.	AZV 1	AZV	2:01.45	<b>2:08.08</b> +0,93
	Bart Van Gorp	75 +0,93 31.59	Luc Nijs	59 +0,66 33.80
	Eric Henrard	60 +0,59 31.70	Philippe Mattelaer	60 +0,17 30.99
<b>200+</b>				
1.	WS Twente 1	WS Twente	2:06.89	<b>2:08.51</b> +0,95
	Jan Willem Heuten	60 +0,95 33.81	Jack Barends	62 +0,47 30.92
	Bart van Calker	61 +0,54 32.93	Hugo Staudt	53 +0,34 30.85
2.	PLONS 1	PLONS	2:06.97	<b>2:10.19</b> +0,88
	Mark Kas	61 +0,88 31.91	Joop van Eijk	47 +0,47 34.62
	Vincent de Keijzer	58 +0,43 33.30	Jan Vlasblom	61 +0,60 30.36
<b>240+</b>				
1.	PSV 1	PSV	2:12.85	<b>2:17.22</b> +1,02
	<i>Kampioenschaps Record</i>			
	Jan Tinholt	50 +1,02 33.30	Frits Massee	45 +1,20 40.61
	Rob Hanou	43 +0,67 34.50	Joop Ariaens	59 +0,58 28.81



Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 25  
08.05.2010 - 18:21

Dames, 4 x 50m vrije slag

Masters Open  
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
<b>80+</b>				
1.	PSV 1 <i>Nederlands Masters Record</i>	2:01.96	<b>1:59.79</b>	+0,96
	Nienke van Stipriaan	87 +0,96 29.62	Bianca van Ringelestijn	85 +0,59 30.20
	Renee de Kok	84 +0,21 31.32	Nlshaira Isenia	89 +0,60 28.65
<b>100+</b>				
1.	De Veene 1	2:07.66	<b>2:09.89</b>	+0,84
	Milou Bouwhuis	89 +0,84 32.23	Henrike de Vries	89 +0,84 32.70
	Annelette de Vries	86 +0,61 29.14	Gerlinde Smit	73 +0,81 35.82
<b>120+</b>				
1.	Budapesti Delfinek 1 <i>Kampioenschaps Record</i>	2:01.00	<b>1:59.60</b>	+0,83
	Fanni Asztalos	77 +0,83 30.12	Csilla Csikany	68 +0,55 30.01
	Jolan Molnar	77 +0,68 30.93	Melinda Marosi	70 +0,61 28.54
2.	RZ 1	2:06.61	<b>2:07.80</b>	+0,67
	Wendy Knoops	68 +0,67 33.43	Marian Bouts	86 +0,12 31.85
	Dianne Nien	71 +0,57 32.32	Suzan van den Bogaard	89 +0,33 30.20
3.	ZV De Bron 1	2:18.08	<b>2:23.86</b>	+0,97
	Marieke van de Nieuwenhuijzen	88 +0,97 38.49	Remona Dekker	66 +0,38 37.45
	Kristel Lips	79 +0,46 33.89	Janny van Eijk	58 +0,57 34.03
4.	HZ&PC Heerenveen 1	2:22.68	<b>2:24.99</b>	+0,88
	Pia van der Molen	60 +0,88 33.83	Paulien v.d Molen	90 +0,32 38.32
	Karin van Dijk	86 33.02	Alie Visser	64 39.82
<b>160+</b>				
1.	PSV 2	2:15.26	<b>2:17.90</b>	+0,78
	Saskia Phaff	66 +0,78 29.68	Helena Esteves Perche	57 +0,77 44.18
	Jacqueline Wissink	85 +0,69 31.73	Annetje Dieleman	71 +0,26 32.31
2.	Gay Swim Amsterdam 1	2:16.74	<b>2:18.54</b>	+0,74
	Yolanda Mante	66 +0,74 33.81	AnneMarie Smit	67 +0,34 33.96
	Tynke van Schaik	69 +0,71 40.65	Monique Dijkstra	64 +0,43 30.12
<b>200+</b>				
1.	AZ&PC 1	2:16.52	<b>2:21.23</b>	+0,79
	Atie Pijtak-Radersma	56 +0,79 31.04	Loekie v. Huissteden	45 +0,59 44.13
	Friderika Kerekes	65 +0,61 34.16	Lidia v. Bon-Rosenbrand	70 +0,62 31.90
<b>280+</b>				
1.	PSV 3 <i>Startzwemster NMR</i>	3:48.98	<b>3:58.38</b>	+1,22
	Lottie Geurts	35 +1,22 42.35	Gonnie Bak	51 +0,67 43.14
	Marianne Maandonks	26 +0,96 1:20.17	Liesbeth ter Laak	42 +1,60 1:12.72

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 27  
09.05.2010 - 9:00

Dames, 800m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
<b>Masters 20+</b>								
1.	Iris Barendregt	Van Vliet-Barracuda	10:10.02	8600172	<b>10:17.20</b>	+0,88		
	50m: 34.11	34.11	250m: 3:06.91	38.96	450m: 5:44.22	40.01	650m: 8:23.11	39.89
	100m: 1:11.43	37.32	300m: 3:45.85	38.94	500m: 6:23.88	39.66	700m: 9:01.81	38.70
	150m: 1:49.49	38.06	350m: 4:25.22	39.37	550m: 7:03.48	39.60	750m: 9:40.42	38.61
	200m: 2:27.95	38.46	400m: 5:04.21	38.99	600m: 7:43.22	39.74	800m: 10:17.20	36.78
2.	Laura Oosterbroek	Swol 1894	10:50.06	8803264	<b>10:56.36</b>	+0,77		
	50m: 36.40	36.40	250m: 3:20.36	41.72	450m: 6:07.98	41.78	650m: 8:55.57	41.68
	100m: 1:16.53	40.13	300m: 4:02.36	42.00	500m: 6:50.21	42.23	700m: 9:37.47	41.90
	150m: 1:57.38	40.85	350m: 4:43.95	41.59	550m: 7:31.76	41.55	750m: 10:17.98	40.51
	200m: 2:38.64	41.26	400m: 5:26.20	42.25	600m: 8:13.89	42.13	800m: 10:56.36	38.38
3.	Cynthia Grooteboer	De Reest	11:43.90	8901462	<b>10:56.79</b>	+0,84		
	50m: 36.12	36.12	250m: 3:24.37	42.21	450m: 6:12.80	41.92	650m: 8:56.95	40.81
	100m: 1:16.94	40.82	300m: 4:06.63	42.26	500m: 6:54.42	41.62	700m: 9:38.05	41.10
	150m: 1:59.05	42.11	350m: 4:48.66	42.03	550m: 7:35.33	40.91	750m: 10:18.58	40.53
	200m: 2:42.16	43.11	400m: 5:30.88	42.22	600m: 8:16.14	40.81	800m: 10:56.79	38.21
4.	Monique Nieuwelink	De Haaien	11:35.06	9002724	<b>11:13.23</b>	+0,94		
	50m: 35.05	35.05	250m: 3:21.59	42.36	450m: 6:13.74	43.06	650m: 9:08.64	43.15
	100m: 1:14.98	39.93	300m: 4:04.97	43.38	500m: 6:57.60	43.86	700m: 9:51.56	42.92
	150m: 1:56.08	41.10	350m: 4:47.68	42.71	550m: 7:40.87	43.27	750m: 10:33.18	41.62
	200m: 2:39.23	43.15	400m: 5:30.68	43.00	600m: 8:25.49	44.62	800m: 11:13.23	40.05
5.	Ingrid den Ouden	De Amer	10:52.14	8703058	<b>11:30.19</b>	+0,92		
	50m: 36.18	36.18	250m: 3:26.41	43.82	450m: 6:23.88	44.78	650m: 9:21.10	44.13
	100m: 1:16.92	40.74	300m: 4:10.56	44.15	500m: 7:08.04	44.16	700m: 10:05.44	44.34
	150m: 1:59.52	42.60	350m: 4:54.82	44.26	550m: 7:52.65	44.61	750m: 10:48.54	43.10
	200m: 2:42.59	43.07	400m: 5:39.10	44.28	600m: 8:36.97	44.32	800m: 11:30.19	41.65
6.	Anita Engels	Zegenwerp	11:20.64	9001016	<b>11:43.01</b>			
	50m: 38.52	38.52	250m: 3:34.83	43.95	450m: 6:34.45	44.55	650m: 9:33.75	44.45
	100m: 1:21.59	43.07	300m: 4:19.72	44.89	500m: 7:19.16	44.71	700m: 10:18.57	44.82
	150m: 2:06.38	44.79	350m: 5:06.46	46.74	550m: 8:04.02	44.86	750m: 11:01.30	42.73
	200m: 2:50.88	44.50	400m: 5:49.90	43.44	600m: 8:49.30	45.28	800m: 11:43.01	41.71
7.	Kitty van Gendt	PSV	12:30.00	8701288	<b>11:51.93</b>	+0,85		
	50m: 38.31	38.31	250m: 3:35.23	44.84	450m: 6:36.87	45.73	650m: 9:39.24	45.28
	100m: 1:21.14	42.83	300m: 4:20.29	45.06	500m: 7:22.30	45.43	700m: 10:24.76	45.52
	150m: 2:05.46	44.32	350m: 5:05.97	45.68	550m: 8:08.47	46.17	750m: 11:09.73	44.97
	200m: 2:50.39	44.93	400m: 5:51.14	45.17	600m: 8:53.96	45.49	800m: 11:51.93	42.20
8.	Sunanda van Heteren	PCG	11:14.37	8901728	<b>12:01.08</b>	+0,94		
	50m: 38.47	38.47	250m: 3:36.83	45.81	450m: 6:42.66	46.96	650m: 9:49.55	46.97
	100m: 1:21.03	42.56	300m: 4:22.54	45.71	500m: 7:29.43	46.77	700m: 10:34.08	44.53
	150m: 2:05.95	44.92	350m: 5:09.34	46.80	550m: 8:17.06	47.63	750m: 11:19.15	45.07
	200m: 2:51.02	45.07	400m: 5:55.70	46.36	600m: 9:02.58	45.52	800m: 12:01.08	41.93
9.	Liset de Veer	Aqua-Novio'94	11:42.88	8704190	<b>12:10.50</b>	+0,89		
	50m: 39.48	39.48	250m: 3:37.64	45.75	450m: 6:44.28	46.62	650m: 9:51.88	47.03
	100m: 1:22.55	43.07	300m: 4:23.49	45.85	500m: 7:31.51	47.23	700m: 10:38.75	46.87
	150m: 2:07.22	44.67	350m: 5:09.97	46.48	550m: 8:18.14	46.63	750m: 11:25.37	46.62
	200m: 2:51.89	44.67	400m: 5:57.66	47.69	600m: 9:04.85	46.71	800m: 12:10.50	45.13
10.	Karin Simons	WZK Zwemmen	11:02.53	8903804	<b>12:26.64</b>	+0,88		
	50m: 36.85	36.85	250m: 3:40.80	46.80	450m: 6:53.27	46.74	650m: 10:05.61	47.17
	100m: 1:21.23	44.38	300m: 4:29.63	48.83	500m: 7:42.75	49.48	700m: 10:54.16	48.55
	150m: 2:06.99	45.76	350m: 5:17.83	48.20	550m: 8:30.01	47.26	750m: 11:41.08	46.92
	200m: 2:54.00	47.01	400m: 6:06.53	48.70	600m: 9:18.44	48.43	800m: 12:26.64	45.56
11.	Annebeth van Ark	Octopus	12:01.81	8805588	<b>12:35.90</b>	+0,91		
	50m: 41.30	41.30	250m: 3:53.55	47.91	450m: 7:05.33	48.49	650m: 10:16.93	47.68
	100m: 1:28.36	47.06	300m: 4:40.77	47.22	500m: 7:52.70	47.37	700m: 11:04.36	47.43
	150m: 2:16.86	48.50	350m: 5:28.50	47.73	550m: 8:41.58	48.88	750m: 11:51.89	47.53
	200m: 3:05.64	48.78	400m: 6:16.84	48.34	600m: 9:29.25	47.67	800m: 12:35.90	44.01

**Masters 25+**

1.	Linda Hoogendam	D'Elft	10:40.46	8300892	<b>10:57.57</b>	+0,76		
	50m: 35.54	35.54	250m: 3:20.00	41.81	450m: 6:09.04	42.19	650m: 8:58.24	41.61
	100m: 1:15.95	40.41	300m: 4:02.12	42.12	500m: 6:51.62	42.58	700m: 9:39.59	41.35
	150m: 1:56.87	40.92	350m: 4:44.40	42.28	550m: 7:33.82	42.20	750m: 10:19.86	40.27
	200m: 2:38.19	41.32	400m: 5:26.85	42.45	600m: 8:16.63	42.81	800m: 10:57.57	37.71

Open Nederlandse Masters  
Kampioenschappen 2010 Ib  
Eindhoven, 7-9 mei 2010

Programmanr. 27, Dames, 800m vrije slag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
2.	Andrea van Leeuwen	De Zijl/LGB	11:04.68	8100904	11:09.12	+0,92		
	50m: 37.22	37.22	250m: 3:25.86	41.43	450m: 6:15.49	42.51	650m: 9:04.74	41.89
	100m: 1:19.74	42.52	300m: 4:08.23	42.37	500m: 6:58.10	42.61	700m: 9:46.89	42.15
	150m: 2:01.77	42.03	350m: 4:50.05	41.82	550m: 7:40.13	42.03	750m: 10:28.09	41.20
	200m: 2:44.43	42.66	400m: 5:32.98	42.93	600m: 8:22.85	42.72	800m: 11:09.12	41.03
3.	Sandra Schellekens	Neptunus'58	11:07.65	8503416	11:14.57	+0,90		
	50m: 35.96	35.96	250m: 3:23.94	42.84	450m: 6:15.90	43.26	650m: 9:08.95	43.69
	100m: 1:16.15	40.19	300m: 4:06.45	42.51	500m: 6:58.63	42.73	700m: 9:52.04	43.09
	150m: 1:58.88	42.73	350m: 4:49.70	43.25	550m: 7:42.11	43.48	750m: 10:35.71	43.67
	200m: 2:41.10	42.22	400m: 5:32.64	42.94	600m: 8:25.26	43.15	800m: 11:14.57	38.86
4.	Bianca van Ringelestijn	PSV	10:38.60	8502466	11:15.05	+1,03		
	50m: 36.03	36.03	250m: 3:24.49	42.70	450m: 6:15.09	41.47	650m: 9:06.90	43.61
	100m: 1:16.54	40.51	300m: 4:07.12	42.63	500m: 6:57.24	42.15	700m: 9:51.12	44.22
	150m: 1:58.90	42.36	350m: 4:50.12	43.00	550m: 7:39.89	42.65	750m: 10:33.97	42.85
	200m: 2:41.79	42.89	400m: 5:33.62	43.50	600m: 8:23.29	43.40	800m: 11:15.05	41.08
5.	Rianne van Vegchelen	Deltasteur	13:49.27	8101530	13:31.37	+1,10		
	50m: 43.46	43.46	250m: 4:04.39	50.87	450m: 7:32.18	51.85	650m: 11:00.54	52.16
	100m: 1:32.63	49.17	300m: 4:55.84	51.45	500m: 8:24.77	52.59	700m: 11:52.78	52.24
	150m: 2:23.03	50.40	350m: 5:48.79	52.95	550m: 9:17.02	52.25	750m: 12:41.64	48.86
	200m: 3:13.52	50.49	400m: 6:40.33	51.54	600m: 10:08.38	51.36	800m: 13:31.37	49.73

Masters 30+

1.	Myriam Reuland	Le Dauphin Ettelbruck	10:35.39	2014	10:43.63	+0,88		
	<i>Luxemburgs Masters Record</i>							
	50m: 36.66	36.66	250m: 3:19.02	40.91	450m: 6:02.31	40.33	650m: 8:44.95	41.24
	100m: 1:16.33	39.67	300m: 3:59.84	40.82	500m: 6:42.20	39.89	700m: 9:24.92	39.97
	150m: 1:57.07	40.74	350m: 4:40.72	40.88	550m: 7:22.96	40.76	750m: 10:05.26	40.34
	200m: 2:38.11	41.04	400m: 5:21.98	41.26	600m: 8:03.71	40.75	800m: 10:43.63	38.37
2.	Yvonne Gerritsen	DES	11:03.42	8000342	10:58.18	+0,92		
	50m: 36.48	36.48	250m: 3:22.50	42.12	450m: 6:10.67	41.80	650m: 8:57.14	41.37
	100m: 1:16.92	40.44	300m: 4:04.74	42.24	500m: 6:52.32	41.65	700m: 9:38.14	41.00
	150m: 1:58.62	41.70	350m: 4:47.23	42.49	550m: 7:34.39	42.07	750m: 10:19.00	40.86
	200m: 2:40.38	41.76	400m: 5:28.87	41.64	600m: 8:15.77	41.38	800m: 10:58.18	39.18
3.	Éva Kézsmárki	Sprint Fortuna SC	12:27.43	77KEZS	11:52.68			
	50m: 39.41	39.41	250m: 3:35.00	44.58	450m: 6:36.67	45.53	650m: 9:39.28	45.73
	100m: 1:22.09	42.68	300m: 4:20.07	45.07	500m: 7:22.30	45.63	700m: 10:24.91	45.63
	150m: 2:06.07	43.98	350m: 5:05.76	45.69	550m: 8:07.88	45.58	750m: 11:09.76	44.85
	200m: 2:50.42	44.35	400m: 5:51.14	45.38	600m: 8:53.55	45.67	800m: 11:52.68	42.92
4.	Jolanda van Gendt	PSV	11:34.48	7800266	12:12.42	+0,91		
	50m: 38.31	38.31	250m: 3:41.00	46.73	450m: 6:48.64	47.32	650m: 9:55.70	46.34
	100m: 1:22.59	44.28	300m: 4:27.67	46.67	500m: 7:35.95	47.31	700m: 10:41.69	45.99
	150m: 2:08.55	45.96	350m: 5:15.03	47.36	550m: 8:22.91	46.96	750m: 11:28.06	46.37
	200m: 2:54.27	45.72	400m: 6:01.32	46.29	600m: 9:09.36	46.45	800m: 12:12.42	44.36
5.	Clementine van Bruxvoort	ZPB H&L Productions	13:32.23	7700138	13:50.88	+0,92		
	50m: 43.89	43.89	250m: 4:09.06	52.86	450m: 7:40.09	53.88	650m: 11:15.52	54.44
	100m: 1:32.75	48.86	300m: 5:01.19	52.13	500m: 8:31.92	51.83	700m: 12:09.39	53.87
	150m: 2:24.16	51.41	350m: 5:53.70	52.51	550m: 9:27.21	55.29	750m: 13:02.48	53.09
	200m: 3:16.20	52.04	400m: 6:46.21	52.51	600m: 10:21.08	53.87	800m: 13:50.88	48.40
AFGEM	Helma Koot	AZ&PC	11:28.04	7600336				
	50m:	250m:	450m:	650m:				
	100m:	300m:	500m:	700m:				
	150m:	350m:	550m:	750m:				
	200m:	400m:	600m:	800m:				

Masters 35+

1.	Grith Sigsgaard	Het Y	9:50.01	7200772	9:54.45	+0,91		
	50m: 33.97	33.97	250m: 3:01.22	37.15	450m: 5:31.38	37.16	650m: 8:02.31	37.16
	100m: 1:10.17	36.20	300m: 3:38.62	37.40	500m: 6:09.08	37.70	700m: 8:40.24	37.93
	150m: 1:46.98	36.81	350m: 4:16.38	37.76	550m: 6:47.18	38.10	750m: 9:17.52	37.28
	200m: 2:24.07	37.09	400m: 4:54.22	37.84	600m: 7:25.15	37.97	800m: 9:54.45	36.93
2.	Dóra Cerva	Sprint Fortuna SC	10:14.02	74CERV	9:59.56	+0,91		
	50m: 33.86	33.86	250m: 3:03.69	37.65	450m: 5:34.82	37.59	650m: 8:06.32	38.00
	100m: 1:10.61	36.75	300m: 3:41.72	38.03	500m: 6:12.46	37.64	700m: 8:44.24	37.92
	150m: 1:48.09	37.48	350m: 4:19.52	37.80	550m: 6:50.15	37.69	750m: 9:22.37	38.13
	200m: 2:26.04	37.95	400m: 4:57.23	37.71	600m: 7:28.32	38.17	800m: 9:59.56	37.19

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 27, Dames, 800m vrije slag, Masters 35+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
3.	Karin Stein	Vlaardingen	10:11.17	7100554	10:19.10	+0,93		
	50m: 35.03	35.03	250m: 3:08.87	38.69	450m: 5:46.49	39.02	650m: 8:22.85	38.83
	100m: 1:12.76	37.73	300m: 3:48.36	39.49	500m: 6:25.54	39.05	700m: 9:02.58	39.73
	150m: 1:50.88	38.12	350m: 4:27.77	39.41	550m: 7:04.54	39.00	750m: 9:41.41	38.83
	200m: 2:30.18	39.30	400m: 5:07.47	39.70	600m: 7:44.02	39.48	800m: 10:19.10	37.69
4.	Annette de Visser	Oceanus	10:31.54	7100602	10:57.08	+0,87		
	50m: 35.94	35.94	250m: 3:21.91	42.23	450m: 6:11.44	41.45	650m: 8:57.73	40.83
	100m: 1:16.13	40.19	300m: 4:04.83	42.92	500m: 6:53.70	42.26	700m: 9:39.46	41.73
	150m: 1:57.26	41.13	350m: 4:47.11	42.28	550m: 7:35.00	41.30	750m: 10:19.21	39.75
	200m: 2:39.68	42.42	400m: 5:29.99	42.88	600m: 8:16.90	41.90	800m: 10:57.08	37.87
5.	Marleen Vos	Aquapoldro	10:27.03	7400598	10:57.23	+0,89		
	100m,200m							
	50m: 36.84	36.84	250m: 3:21.06	41.48	450m: 6:08.15	41.99	650m: 8:55.93	42.19
	100m: 1:17.27	40.43	300m: 4:02.27	41.21	500m: 6:50.18	42.03	700m: 9:37.73	41.80
	150m: 1:58.26	40.99	350m: 4:43.91	41.64	550m: 7:31.81	41.63	750m: 10:18.90	41.17
	200m: 2:39.58	41.32	400m: 5:26.16	42.25	600m: 8:13.74	41.93	800m: 10:57.23	38.33
6.	Annet Kootstra	Swol 1894	11:58.18	7100344	12:00.34	+0,89		
	50m: 39.88	39.88	250m: 3:42.02	46.99	450m: 6:46.28	46.31	650m: 9:47.51	45.36
	100m: 1:24.12	44.24	300m: 4:28.17	46.15	500m: 7:31.75	45.47	700m: 10:32.00	44.49
	150m: 2:09.62	45.50	350m: 5:14.01	45.84	550m: 8:17.30	45.55	750m: 11:17.01	45.01
	200m: 2:55.03	45.41	400m: 5:59.97	45.96	600m: 9:02.15	44.85	800m: 12:00.34	43.33
7.	Natacha Van Hoof	ShaRK	12:40.62	ShaRK/260/73	12:28.17	+0,90		
	100m,200m*							
	50m: 42.35	42.35	250m: 3:52.01	47.49	450m: 7:01.31	46.95	650m: 10:11.26	47.91
	100m: 1:29.66	47.31	300m: 4:39.47	47.46	500m: 7:48.39	47.08	700m: 10:58.10	46.84
	150m: 2:16.93	47.27	350m: 5:26.68	47.21	550m: 8:35.90	47.51	750m: 11:44.76	46.66
	200m: 3:04.52	47.59	400m: 6:14.36	47.68	600m: 9:23.35	47.45	800m: 12:28.17	43.41
8.	Renata van Bos-van Essen	Zuiderzeezwimmers	13:02.53	7300740	12:34.45	+0,83		
	50m: 42.52	42.52	250m: 3:53.09	48.59	450m: 7:05.77	48.12	650m: 10:16.69	47.94
	100m: 1:28.79	46.27	300m: 4:40.79	47.70	500m: 7:53.34	47.57	700m: 11:03.38	46.69
	150m: 2:16.53	47.74	350m: 5:29.37	48.58	550m: 8:41.71	48.37	750m: 11:51.11	47.73
	200m: 3:04.50	47.97	400m: 6:17.65	48.28	600m: 9:28.75	47.04	800m: 12:34.45	43.34

Masters 40+

1.	Anita Smits	DIO	10:17.83	6900522	10:29.59	+0,94		
	<i>Kampioenschaps Record</i>							
	50m: 35.82	35.82	250m: 3:16.16	40.50	450m: 5:57.70	39.35	650m: 8:34.44	39.34
	100m: 1:15.11	39.29	300m: 3:57.02	40.86	500m: 6:36.95	39.25	700m: 9:13.53	39.09
	150m: 1:55.13	40.02	350m: 4:37.90	40.88	550m: 7:16.12	39.17	750m: 9:52.24	38.71
	200m: 2:35.66	40.53	400m: 5:18.35	40.45	600m: 7:55.10	38.98	800m: 10:29.59	37.35
2.	Cynthia Noordermeer	Het Y	10:39.63	7000358	10:46.06	+0,84		
	50m: 36.47	36.47	250m: 3:18.03	40.58	450m: 6:01.60	41.18	650m: 8:45.49	40.89
	100m: 1:16.31	39.84	300m: 3:58.64	40.61	500m: 6:42.77	41.17	700m: 9:26.38	40.89
	150m: 1:56.74	40.43	350m: 4:39.40	40.76	550m: 7:23.67	40.90	750m: 10:06.79	40.41
	200m: 2:37.45	40.71	400m: 5:20.42	41.02	600m: 8:04.60	40.93	800m: 10:46.06	39.27
3.	Laura Staal	Oceanus	10:52.35	6700358	11:19.21	+0,95		
	50m: 37.19	37.19	250m: 3:27.51	43.06	450m: 6:21.15	43.07	650m: 9:13.93	42.35
	100m: 1:18.55	41.36	300m: 4:11.07	43.56	500m: 7:04.72	43.57	700m: 9:56.79	42.86
	150m: 2:01.16	42.61	350m: 4:54.55	43.48	550m: 7:48.13	43.41	750m: 10:38.72	41.93
	200m: 2:44.45	43.29	400m: 5:38.08	43.53	600m: 8:31.58	43.45	800m: 11:19.21	40.49
4.	Kristien Van De Moortel	ShaRK	12:02.18	ShaRK/315/69	12:51.08	+0,88		
	50m: 41.47	41.47	250m: 3:53.64	48.64	450m: 7:09.38	49.00	650m: 10:26.45	49.31
	100m: 1:29.33	47.86	300m: 4:41.99	48.35	500m: 7:58.77	49.39	700m: 11:15.18	48.73
	150m: 2:17.19	47.86	350m: 5:31.31	49.32	550m: 8:48.09	49.32	750m: 12:04.48	49.30
	200m: 3:05.00	47.81	400m: 6:20.38	49.07	600m: 9:37.14	49.05	800m: 12:51.08	46.60
5.	Desiree van der Lem	Kon AZ 1870	12:54.13	6800282	13:35.69	+0,93		
	50m: 39.86	39.86	250m: 3:58.57	51.63	450m: 7:36.06	56.52	650m: 11:04.24	51.95
	100m: 1:26.20	46.34	300m: 4:51.40	52.83	500m: 8:27.61	51.55	700m: 11:56.16	51.92
	150m: 2:16.12	49.92	350m: 5:43.32	51.92	550m: 9:20.10	52.49	750m: 12:46.09	49.93
	200m: 3:06.94	50.82	400m: 6:39.54	56.22	600m: 10:12.29	52.19	800m: 13:35.69	49.60
6.	Meke Oomens	Old Dutch	13:19.62	7000370	13:43.27	+1,13		
	50m: 46.52	46.52	250m: 4:14.00	52.42	450m: 7:42.68	52.07	650m: 11:09.81	51.54
	100m: 1:37.18	50.66	300m: 5:06.16	52.16	500m: 8:34.76	52.08	700m: 12:01.61	51.80
	150m: 2:29.20	52.02	350m: 5:58.30	52.14	550m: 9:26.56	51.80	750m: 12:53.05	51.44
	200m: 3:21.58	52.38	400m: 6:50.61	52.31	600m: 10:18.27	51.71	800m: 13:43.27	50.22

Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

Programmanr. 27, Dames, 800m vrije slag

Masters 45+

1. Kristin van Cauteren	Lokerse Zwemvereniging	10:39.60	LZV/009/64	<b>10:50.16</b>	+0,89
50m: 36.75	250m: 3:20.87	41.60	41.40	650m: 8:50.25	40.43
100m: 1:16.97	300m: 4:02.15	41.28	41.15	700m: 9:30.81	40.56
150m: 1:58.29	350m: 4:43.49	41.34	41.16	750m: 10:11.10	40.29
200m: 2:39.27	400m: 5:24.97	41.48	41.14	800m: 10:50.16	39.06
2. Jacqueline Rolloos	De Lansingh	11:13.58	6300222	<b>11:40.06</b>	+1,02
50m: 37.92	250m: 3:34.26	44.24	44.51	650m: 9:32.42	44.30
100m: 1:21.25	300m: 4:18.84	44.58	44.61	700m: 10:16.12	43.70
150m: 2:05.75	350m: 5:03.93	45.09	45.26	750m: 10:59.41	43.29
200m: 2:50.02	400m: 5:48.78	44.85	44.96	800m: 11:40.06	40.65
3. Karin Vrijburg	De Columbiaan	12:56.23	6100228	<b>13:04.38</b>	+0,91
50m: 42.09	250m: 3:57.19	49.38	49.24	650m: 10:37.29	49.24
100m: 1:29.94	300m: 4:48.16	50.97	50.28	700m: 11:27.57	50.28
150m: 2:18.39	350m: 5:38.22	50.06	49.22	750m: 12:16.08	48.51
200m: 3:07.81	400m: 6:29.12	50.90	50.19	800m: 13:04.38	48.30

Masters 50+

1. Patty Verhagen	AquAmigos	11:02.21	5900146	<b>11:12.81</b>	+1,02
50m: 37.94	250m: 3:24.06	42.23	42.54	650m: 9:05.25	43.18
100m: 1:18.60	300m: 4:06.31	42.25	42.59	700m: 9:48.57	43.32
150m: 1:59.90	350m: 4:48.39	42.08	42.96	750m: 10:31.61	43.04
200m: 2:41.83	400m: 5:30.64	42.25	43.34	800m: 11:12.81	41.20
2. Monica Bakker	ZVZ	13:11.58	5600082	<b>13:15.12</b>	+1,17
50m: 42.98	250m: 4:00.47	49.75	49.88	650m: 10:43.67	50.42
100m: 1:31.44	300m: 4:51.02	50.55	50.68	700m: 11:34.46	50.79
150m: 2:20.30	350m: 5:40.59	49.57	50.53	750m: 12:25.15	50.69
200m: 3:10.72	400m: 6:31.18	50.59	50.98	800m: 13:15.12	49.97

Masters 55+

1. Carla Hensen	PSV	14:20.30	5300062	<b>14:32.71</b>	+0,96
50m: 46.18	250m: 4:26.95	56.08	55.89	650m: 11:51.03	56.01
100m: 1:39.47	300m: 5:22.42	55.47	55.12	700m: 12:45.87	54.84
150m: 2:35.45	350m: 6:18.77	56.35	55.72	750m: 13:41.43	55.56
200m: 3:30.87	400m: 7:13.81	55.04	54.48	800m: 14:32.71	51.28
2. Gonnie Bak	PSV	15:26.45	5100002	<b>15:59.95</b>	+0,96
50m: 51.67	250m: 4:54.25	1:00.64	1:01.67	650m: 13:00.60	1:00.63
100m: 1:51.47	300m: 5:54.59	1:00.34	1:00.13	700m: 14:00.88	1:00.28
150m: 2:52.94	350m: 6:54.58	59.99	1:01.58	750m: 15:01.20	1:00.32
200m: 3:53.61	400m: 7:55.58	1:01.00	1:01.01	800m: 15:59.95	58.75
3. Dagmar Emmy Hilden-Kuntz	TV-Idar-Oberstein	17:00.50	53/127950	<b>17:28.51</b>	+1,26
50m: 47.78	250m: 5:14.27	1:09.76	1:08.41	650m: 14:16.61	1:05.45
100m: 1:49.78	300m: 6:24.34	1:10.07	1:06.37	700m: 15:21.10	1:04.49
150m: 2:56.30	350m: 7:34.94	1:10.60	1:07.78	750m: 16:26.60	1:05.50
200m: 4:04.51	400m: 8:43.45	1:08.51	1:05.15	800m: 17:28.51	1:01.91

Masters 60+

1. Conny Boer-Buys	Vlaardingen	11:29.06	5000006	<b>11:53.36</b>	+0,90
<i>Nederlands Masters Record</i>					
50m: 38.05	250m: 3:38.43	45.27	45.09	650m: 9:43.62	45.50
100m: 1:21.76	300m: 4:24.27	45.84	45.15	700m: 10:28.44	44.82
150m: 2:07.42	350m: 5:09.91	45.64	45.85	750m: 11:12.93	44.49
200m: 2:53.16	400m: 5:56.01	46.10	45.03	800m: 11:53.36	40.43

Masters 75+

1. Annie de Vos	Old Dutch	17:59.54	3400004	<b>18:33.76</b>	+0,90
50m: 1:01.10	250m: 5:33.79	1:08.58	1:09.35	650m: 14:58.57	1:10.91
100m: 2:08.86	300m: 6:44.93	1:11.14	1:10.90	700m: 16:09.96	1:11.39
150m: 3:16.68	350m: 7:53.90	1:08.97	1:10.87	750m: 17:21.81	1:11.85
200m: 4:25.21	400m: 9:04.54	1:10.64	1:12.00	800m: 18:33.76	1:11.95

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010



Programmanr. 28  
09.05.2010 - 10:10

Heren, 200m vrije slag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Nick van Ingen	MNC Dordrecht	1:59.39 8801647	<b>2:04.98</b>	+0,83	28.93	1:01.28	1:34.24	2:04.98
<i>Kampioenschaps Record</i>								
2. Martijn Dolk	MNC Dordrecht	2:00.28 8900737	<b>2:05.27</b>	+0,90	29.47	1:00.99	1:33.49	2:05.27
3. Marc Catsburg	MNC Dordrecht	2:00.51 9000533	<b>2:06.13</b>	+0,85	29.30	1:01.73	1:34.40	2:06.13
4. Jasper Groothelm	DBD	2:02.25 9005735	<b>2:06.33</b>	+0,75	27.57	58.64	1:32.40	2:06.33
5. Tim Pattipeiluhu	RSW (SG)	2:04.92 8902409	<b>2:10.88</b>	+0,84	29.78	1:03.56	1:38.19	2:10.88
<i>100m*</i>								
6. Nicolas Degalan	CNBA	2:04.71 CNBA/777/89	<b>2:11.09</b>	+0,82	29.83	1:02.20	1:36.06	2:11.09
7. Jelle Beerens	De Dommelbaarzen	2:06.12 8600159	<b>2:11.81</b>	+0,91	29.56	1:03.13	1:38.61	2:11.81
8. Tim Bunnik	Triton	2:08.34 9000505	<b>2:12.42</b>	+0,91	29.34	1:02.47	1:37.78	2:12.42
9. Rick Hellenbrand	NIMO	2:20.27 8901173	<b>2:18.65</b>	+0,91	31.63	1:07.36	1:43.46	2:18.65

**Masters 25+**

1. Ian van der Hulst	PSV	2:08.09 8401021	<b>2:07.03</b>	+0,81	29.04	1:01.37	1:34.65	2:07.03
2. Marcel Reefhuis	De Veene	2:18.91 8101381	<b>2:11.95</b>	+0,82	30.12	1:03.08	1:37.61	2:11.95
3. Sylvain Faticoni	CHTHN	2:07.33 CHTHN/066/83	<b>2:12.64</b>	+0,68	30.37	1:03.78	1:39.51	2:12.64
4. Dirkjan Beugelsdijk	De Zijl/LGB	2:09.96 8100123	<b>2:12.74</b>	+0,87	31.01	1:04.88	1:39.23	2:12.74
5. Remco van Althuis	SBC2000	2:09.43 8300029	<b>2:13.50</b>	+0,83	30.04	1:03.92	1:39.19	2:13.50
6. Rob van Vliet	AZ&PC	2:12.42 8402459	<b>2:13.81</b>	+0,91	31.59	1:05.84	1:40.84	2:13.81
7. Pascal van Kassel	Triton	2:12.94 8501289	<b>2:23.62</b>	+0,84	31.31	1:07.05	1:45.14	2:23.62
8. Ruud van den Berg	De Duck	2:42.48 8500155	<b>2:45.26</b>	+0,91	34.84	1:15.50	2:01.17	2:45.26
DIS Pieter Muller	HoogenboomTours/BZ&PC	2:24.29 8101187						
<i>AA - Te vroeg weg of bewogen bij start.(geen tijd noteren)</i>								

**Masters 30+**

1. Ivo Roozeboom	DES	2:08.20 7700801	<b>2:07.11</b>	+0,87	29.14	1:02.05	1:35.38	2:07.11
2. Ralf Peters	KZPC	2:06.34 7600737	<b>2:09.25</b>	+0,83	29.29	1:02.37	1:36.56	2:09.25
3. Gergely Molnár	Sprint Fortuna SC	2:10.52 80MOLN	<b>2:09.78</b>	+0,88	29.36	1:02.18	1:35.88	2:09.78
4. Mark Zwart	De Fuut	2:07.60 7901461	<b>2:14.29</b>	+0,88	29.90	1:03.80	1:38.73	2:14.29
5. Steven Prins	PLONS	2:23.22 7901833	<b>2:27.28</b>	+0,77	32.30	1:07.92	1:47.18	2:27.28
6. Joris Haest	PSV	2:21.78 7900441	<b>2:39.63</b>	+0,88	32.74	1:11.63	1:54.77	2:39.63
7. Han Ruijs	RZ	2:38.23 7901867	<b>2:44.78</b>	+0,84	36.56	1:19.15	2:03.90	2:44.78

**Masters 35+**

1. Agnus Gerringa	DWK	2:14.73 7100285	<b>2:16.26</b>	+0,95	30.99	1:05.25	1:40.77	2:16.26
2. Erwin Zuidervelt	De Futen	2:15.86 7501015	<b>2:22.05</b>	+0,82	32.40	1:08.29	1:45.76	2:22.05
AFGEM Pascal Balancier	CNSW	2:18.77 CNSW/361/74						

**Masters 40+**

1. Norbert Nagy	Sprint Fortuna SC	2:14.34 69NAGY	<b>2:16.04</b>	+0,82	31.25	1:05.16	1:41.12	2:16.04
2. Arjen Kervezee	Het Y	2:18.51 7000563	<b>2:17.36</b>	+0,92	30.39	1:04.69	1:41.21	2:17.36
3. Frederic Andres	Florange olympique club	2:11.87 103316	<b>2:19.94</b>	+0,75	31.32	1:06.53	1:43.15	2:19.94
4. Ronnie Babijn	De Schelde	2:27.75 7000029	<b>2:20.21</b>	+0,88	32.52	1:07.39	1:43.20	2:20.21
5. Erik van Dartel	PSV	2:10.95 6700185	<b>2:30.37</b>	+1,02	33.21	1:10.02	1:49.95	2:30.37
6. Hayo v.d. Werf	Het Y	2:46.16 6701085	<b>2:51.13</b>	+0,78	39.68	1:24.88	2:10.19	2:51.13
7. Marcel Brittijn	De Duinkickers	3:09.92 6900159	<b>2:52.43</b>	+0,73	36.14	1:18.41	2:07.93	2:52.43
8. Arnold Jonker	HZ&PC Heerenveen	2:57.25 7000529	<b>3:01.32</b>	+0,90	39.11	1:24.43	2:12.62	3:01.32
AFGEM Henk van Zetten	Octopus	2:56.79 6701261						

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 28, Heren, 200m vrije slag

Masters 45+

1. Cees van Houwelingen	De Schelde	2:02.63	6300351	<b>2:10.39</b>	+0,91	29.95	1:03.26	1:37.72	2:10.39
<i>Kampioenschaps Record</i>									
2. Ron Korzelius	AZ&PC	2:16.97	6500513	<b>2:21.22</b>	+0,81	31.88	1:07.42	1:44.72	2:21.22
3. Edzo Huisman	Aquapoldro	2:19.75	6301029	<b>2:27.87</b>	+0,89	32.21	1:08.67	1:47.82	2:27.87
4. Aan Tjalke Pander	Gay Swim Amsterdam	2:25.63	6400569	<b>2:28.68</b>	+0,91	34.55	1:11.38	1:50.13	2:28.68
5. Jack Barends	WS Twente	2:36.75	6201011	<b>2:32.22</b>	+0,93	35.04	1:13.97	1:53.76	2:32.22
6. Mark Kas	PLONS	2:30.81	6100285	<b>2:32.58</b>	+0,90	36.72	1:16.02	1:55.34	2:32.58
7. Marcel van der Lem	Kon AZ 1870	2:40.22	6500563	<b>2:38.00</b>	+0,82	33.55	1:12.51	1:55.39	2:38.00
8. Bart van Calker	WS Twente	2:34.06	6100067	<b>2:38.07</b>	+0,82	36.36	1:16.49	1:57.46	2:38.07
9. Erik Saan	De Duck	2:52.18	6500769	<b>2:42.11</b>	+1,08	35.79	1:16.91	2:00.11	2:42.11
10. Martin Hendrikse	WS Twente	2:55.72	6501343	<b>2:42.63</b>	+0,91	37.08	1:17.63	2:02.14	2:42.63
11. Aldo Atzeni	Florange olympique club	2:47.76	546024	<b>2:46.87</b>	+0,92	37.96	1:20.30	2:04.43	2:46.87
<i>100m*</i>									
12. Bart van Betuw	Zegenwerp	2:39.55	6500087	<b>3:00.73</b>	+0,85	38.97	1:25.33	2:12.65	3:00.73
AFGEM Phil Trethewie	Old Dutch	2:25.62	6501315						

Masters 50+

1. Wim de Lange	Electrolux AZC	2:31.41	5800533	<b>2:34.80</b>	+1,10	34.61	1:13.47	1:54.74	2:34.80
2. Hans Groothelm	DBD	2:34.35	5800151	<b>2:35.66</b>	+0,89	33.86	1:12.62	1:54.16	2:35.66
3. Jan Willem Heuten	WS Twente	2:53.82	6000883	<b>2:46.16</b>	+0,94	36.89	1:18.76	2:03.51	2:46.16
4. Michiel Tonsbeek	DWT	3:45.39	6000889	<b>3:34.87</b>	+1,22	45.61	1:40.49	2:39.25	3:34.87
AFGEM Elzo Dijkhuis	TriVia	2:19.17	6000873						

Masters 55+

1. Henk Slomp	De Pinquin	2:29.15	5500359	<b>2:37.38</b>	+1,00	34.80	1:14.17	1:56.89	2:37.38
2. Ron van der Zande	De Aalscholver	2:35.48	5500307	<b>2:38.36</b>	+0,94	35.10	1:15.89	1:58.68	2:38.36
3. Hugo Staudt	WS Twente	2:43.23	5300253	<b>2:39.22</b>	+0,89	37.52	1:18.76	2:00.06	2:39.22
4. Arthur Jansen	Gay Swim Amsterdam	2:43.69	5400299	<b>2:52.11</b>	+0,92	37.79	1:20.15	2:05.59	2:52.11

Masters 60+

1. Donald Uijtenbogaart	Het Y	2:29.13	4700107	<b>2:34.34</b>	+0,91	36.55	1:15.50	1:55.62	2:34.34
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Masters 65+

1. Ruud Sloof	De Rijn	3:06.90	4400073	<b>3:11.60</b>	+1,16	40.57	1:29.12	2:21.80	3:11.60
2. Manfred Bottin	SV Langenfeld 1912	3:14.06	057993	<b>3:14.45</b>	+1,15	42.96	1:32.03	2:22.75	3:14.45
3. Peter Ouweeneel	RSW (SG)	3:55.07	4500077	<b>3:58.22</b>	+1,20	48.40	1:48.47	2:52.05	3:58.22

Masters 70+

1. Nico Geers	Z&PC De Gouwe	2:40.96	3800007	<b>2:46.39</b>	+0,95	38.92	1:22.54	2:05.32	2:46.39
2. Frans van Enst	WS Twente	2:53.99	4000011	<b>3:00.46</b>	+1,00	38.84	1:25.49	2:13.57	3:00.46
3. Gregor Pompen	Aqua-Novio'94	3:06.17	3700021	<b>3:11.10</b>	+0,99	43.73	1:32.59	2:22.71	3:11.10
4. Wim ter Laak	PSV	4:07.67	4000027	<b>4:14.43</b>	+1,16	58.21	2:06.10	3:15.66	4:14.43

Masters 75+

1. Georges Verhelst	RZV	3:36.60	RZV/160/31	<b>3:43.42</b>	+1,11	49.11	1:43.84	2:42.44	3:43.42
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Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 29  
09.05.2010 - 10:51

Dames, 100m schoolslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
<b>Masters 20+</b>							
1. Samantha Vuijst	De Otters Het Gooi	1:23.16	8904522	<b>1:21.07</b>	+0,93	37.26	1:21.07
2. Geertje Scharp	ZPCH	1:21.88	8603136	<b>1:25.79</b>	+0,83	39.24	1:25.79
3. Anne Duijst	De Amer	1:28.26	8901030	<b>1:26.34</b>	+1,01	40.22	1:26.34
4. Monique Nieuwelink	De Haaien	1:22.80	9002724	<b>1:27.57</b>	+0,94	41.44	1:27.57
5. Nicole van der Kooy	SBC2000	1:23.45	8702310	<b>1:28.29</b>	+0,88	41.30	1:28.29
6. Iris Barendregt	Van Vliet-Barracuda	1:25.63	8600172	<b>1:29.14</b>	+0,85	41.84	1:29.14
7. Carly Noordermeer	ZOB'66	1:24.20	8702984	<b>1:29.22</b>	+0,75	41.38	1:29.22
8. Kim van der Beek	PSV	1:25.48	8700196	<b>1:31.40</b>	+0,83	42.24	1:31.40
9. Milou Bouwhuis	De Veene	1:25.95	8900532	<b>1:32.54</b>	+0,76	41.63	1:32.54
10. Loes van Bremen	SCOM	1:37.74	8600212	<b>1:34.16</b>	+0,92	44.67	1:34.16
11. Gerlinde van de Wetering	Deltasteur	1:34.64	8904678	<b>1:36.55</b>	+1,02	44.87	1:36.55
12. M. van de Nieuwenhuijzen	ZV De Bron	1:39.89	8803172	<b>1:39.95</b>	+0,94	46.94	1:39.95
13. Eline Schoenmaker	De Duinkickers	1:29.18	9003322	<b>1:40.60</b>	+0,82	46.07	1:40.60
<b>Masters 25+</b>							
1. Laura Badoux	DAW-FINENZO	1:21.07	8200038	<b>1:25.03</b>	+0,97	40.85	1:25.03
2. Judith Kremers	De Spatters	1:33.40	8102094	<b>1:27.74</b>	+0,77	40.99	1:27.74
3. Joyce van Keulen	De Zijl/LGB	1:30.32	8401278	<b>1:31.42</b>	+0,91	43.37	1:31.42
4. Esther Versteeg	Van Vliet-Barracuda	1:28.35	8302112	<b>1:32.15</b>	+0,87	43.94	1:32.15
5. Renee de Kok	PSV	1:31.42	8403350	<b>1:32.64</b>	+0,86	43.93	1:32.64
6. Sandra Zwaanswijk	Aquarius	1:30.36	8503934	<b>1:34.39</b>	+0,78	44.65	1:34.39
7. Carola Koeken	Wave	1:36.04	8501618	<b>1:45.09</b>	+0,95	48.76	1:45.09
8. Sabina Caruso	RSW (SG)	1:48.75	8500542	<b>1:52.84</b>	+1,00	55.71	1:52.84
<b>Masters 30+</b>							
1. Fanni Asztalos	Budapesti Delfinek	1:25.69	77FANN	<b>1:25.11</b>	+0,89	40.45	1:25.11
2. Peggy Loffeld	KZPC	1:25.59	7700468	<b>1:26.49</b>	+0,84	40.18	1:26.49
3. Yvonne Gerritsen	DES	1:27.79	8000342	<b>1:26.63</b>	+0,89	40.14	1:26.63
4. Myriam Reuland	Le Dauphin Ettelbruck	1:33.34	2014	<b>1:33.40</b>	+0,81	43.81	1:33.40
5. Petra Verstegen	WVZ	1:38.73	7700906	<b>1:37.37</b>	+0,96	45.58	1:37.37
6. Marian Nederlof	DWF	1:35.61	7600950	<b>1:42.14</b>	+0,90	49.19	1:42.14
7. Margriet Leeffers	Deltasteur	1:41.00	7800448	<b>1:44.27</b>	+0,96	49.20	1:44.27
AFGEM Marjolein Kiewiet	Aquapoldro	1:46.10	7901404				
<b>Masters 35+</b>							
1. Karin Stein	Vlaardingen	1:21.42	7100554	<b>1:21.65</b>	+0,87	39.31	1:21.65
<i>Kampioenschaps Record</i>							
2. Annetje Dieleman	PSV	1:23.65	7100130	<b>1:26.09</b>	+0,76	39.59	1:26.09
3. Inez Heideman	WS Twente	1:42.80	7500198	<b>1:31.13</b>	+0,87	42.94	1:31.13
4. Annette de Visser	Oceanus	1:30.46	7100602	<b>1:33.30</b>	+0,79	44.16	1:33.30
<b>Masters 40+</b>							
1. Annette Wijnja-Visser	De Biesboschzweimmers	1:26.70	6700528	<b>1:26.87</b>	+0,87	41.38	1:26.87
2. Desiree van der Lem	Kon AZ 1870	1:32.66	6800282	<b>1:32.37</b>	+0,91	43.29	1:32.37
3. AnneMarie Smit	Gay Swim Amsterdam	1:38.11	6700440	<b>1:35.06</b>	+0,92	45.42	1:35.06
4. Meke Oomens	Old Dutch	1:36.32	7000370	<b>1:38.86</b>	+1,08	46.86	1:38.86
5. Karin van den Heuvel	AquAmigos	1:35.21	6600188	<b>1:41.90</b>	+0,94	48.42	1:41.90
<b>Masters 45+</b>							
1. Marja Bloemzaad	AZ&PC	1:24.83	6100014	<b>1:24.10</b>	+0,81	38.79	1:24.10
<i>Nederlands Masters Record</i>							
2. Karin Vrijburg	De Columbiaan	1:30.17	6100228	<b>1:36.17</b>	+0,93	45.57	1:36.17
3. Friderika Kerekes	AZ&PC	1:39.66	6500540	<b>1:40.61</b>	+0,83	46.93	1:40.61
4. Ina van Beusekom	Van Vliet-Barracuda	1:45.65	6400480	<b>1:45.62</b>	+0,93	50.21	1:45.62



Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 29, Dames, 100m schoolslag, Masters 45+

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
5. Jacqueline Brouwer	ZV De Bron	1:50.95	6100296	<b>1:55.35</b>	+0,92	54.88	1:55.35

Masters 50+

1. Susan Lipsey	LZ 1886	1:34.17	5700156	<b>1:36.45</b>	+0,86	46.12	1:36.45
2. Marijke Kraak	WS Twente	1:39.84	6000240	<b>1:38.71</b>	+0,97	46.94	1:38.71
3. Monika Zilliken	SC Wiesbaden 1911	1:35.05	231829	<b>1:40.84</b>	+0,80	46.18	1:40.84
4. Monica Bakker	ZVZ	1:42.26	5600082	<b>1:42.83</b>	+1,19	48.60	1:42.83
5. Janneke van Liesdonk	Arethusa	2:00.31	5700060	<b>2:03.38</b>	+1,06	58.34	2:03.38

Masters 55+

1. Mieke van der Fluit	SBC2000	1:39.45	5400012	<b>1:43.62</b>	+1,20	50.86	1:43.62
2. Gonnje Bak	PSV	1:50.13	5100002	<b>1:52.67</b>	+0,90	55.55	1:52.67
3. Tineke van Diggelen	Oceanus	1:51.85	5200048	<b>1:54.38</b>	+0,98	54.21	1:54.38
4. Geerdien Meerwaldt	Van Vliet-Barracuda	2:11.79	5200032	<b>2:10.49</b>	+1,12	1:02.19	2:10.49
5. Nini van Dongen	De Lansingh	2:17.13	5100044	<b>2:16.58</b>	+1,28	1:02.85	2:16.58

Masters 65+

1. Matty van der Veen	Old Dutch	1:47.97	4400020	<b>1:54.03</b>	+1,13	53.43	1:54.03
2. Liesbeth ter Laak	PSV	2:24.54	4200008	<b>2:27.78</b>	+1,28	1:09.23	2:27.78

Masters 70+

1. Ingrid Lünig <i>Kampioenschaps Record</i>	EOSC Offenbach	1:50.24	136789	<b>1:46.37</b>	+1,00	50.85	1:46.37
2. Tineke de Bueger	Old Dutch	2:06.51	3700010	<b>2:14.90</b>	+1,17	1:05.04	2:14.90
3. Hanny Pasman	Aquapoldro	2:46.64	3900006	<b>2:48.79</b>		1:19.57	2:48.79

Masters 75+

1. Eliane Pellis	AZSC	1:45.78	AZSC/672/33	<b>1:47.79</b>	+0,91	51.17	1:47.79
2. Agnes van Obberghen	AZSC	1:46.96	AZSC/696/31	<b>1:50.52</b>	+0,96	52.20	1:50.52
3. Annie de Vos	Old Dutch	2:29.22	3400004	<b>2:35.56</b>	+0,95	1:13.40	2:35.56

Masters 80+

1. Marianne Maandonks	PSV	3:09.23	2600004	<b>3:17.16</b>	+1,15	1:32.31	3:17.16
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Programmanr. 30  
09.05.2010 - 11:12

Heren, 100m schoolslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
<b>Masters 20+</b>							
1. Erik Simons	WZK Zwemmen	1:10.28	8902845	<b>1:11.93</b>	+0,86	32.76	1:11.93
2. Jelle Beerens	De Dommelbaarzen	1:08.43	8600159	<b>1:13.00</b>	+0,88	34.57	1:13.00
3. Roderik Meijers	ZOB'66	1:11.15	8602063	<b>1:15.84</b>	+0,78	34.52	1:15.84
4. Jasper Groothelm	DBD	1:12.29	9005735	<b>1:16.76</b>	+0,77	36.24	1:16.76
5. Jauke Hamstra	Deltasteur	1:13.73	8601089	<b>1:18.20</b>	+0,93	36.22	1:18.20
6. Sander Slaghuis	NIMO	1:13.23	8805305	<b>1:18.50</b>	+0,88	35.80	1:18.50
7. Stef Hoeven	Zegenwerp	1:17.22	9001223	<b>1:18.66</b>	+0,90	35.84	1:18.66
8. Jan van Opstal	DIO	1:15.54	8602291	<b>1:19.02</b>	+0,77	38.25	1:19.02
9. Francois Zadworny	CHTHN	1:18.65	CHTHN/162/87	<b>1:19.24</b>	+0,85	36.66	1:19.24
10. Tom Goffin	NIMO	1:22.13	8604457	<b>1:23.55</b>	+0,89	38.69	1:23.55
11. Harmen Reemst	ZOB'66	1:20.46	8702715	<b>1:23.70</b>	+0,85	38.78	1:23.70
12. Tom Hinskens	NIMO	1:29.10	9007241	<b>1:38.85</b>	+0,89	45.41	1:38.85

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 30, Heren, 100m schoolslag

Masters 25+

1. Niels van der Hoek	MNC Dordrecht	1:07.71	8300921	<b>1:10.43</b>	+0,77	33.37	1:10.43
2. Tommy van Overmeeren	De Schelde	1:08.48	8402887	<b>1:13.49</b>	+0,82	33.65	1:13.49
3. Albert van Piekeren	Octopus	1:13.22	8401767	<b>1:17.58</b>	+0,91	36.47	1:17.58
4. Binne Veenstra	HZ&PC Heerenveen	1:14.92	8302155	<b>1:19.51</b>	+0,86	36.17	1:19.51
5. Dennis Jonker	ZPCH	1:19.71	8401097	<b>1:22.84</b>	+0,82	38.59	1:22.84
6. Dennis Klop	De Biesboschzwemmers	1:19.77	8302643	<b>1:24.19</b>	+0,82	39.37	1:24.19
7. Thommy Nickel	Van Vliet-Barracuda	1:15.18	8401627	<b>1:24.91</b>	+0,87	39.88	1:24.91
8. Steven Oosterhof	NIMO	1:29.02	8403173	<b>1:26.83</b>	+0,82	40.58	1:26.83
9. Ruud van den Berg	De Duck	1:27.86	8500155	<b>1:27.28</b>	+0,89	39.88	1:27.28

Masters 30+

1. Richard Claus	Heldense Zwemvereniging	1:06.39	8000265	<b>1:08.21</b>	+0,73	32.38	1:08.21
	<i>Nederlands Masters Record</i>						
2. Freddie Geerlings	NIMO	1:08.79	7900379	<b>1:13.61</b>	+0,88	34.43	1:13.61
3. Remco Jorink	Octopus	1:10.54	8000719	<b>1:15.40</b>	+0,87	34.56	1:15.40
4. Ron Langelaan	DAW-FINENZO	1:13.07	7800643	<b>1:15.99</b>	+0,83	34.84	1:15.99
5. Niels van Wageningen	D'Elft	1:21.70	7601335	<b>1:22.00</b>	+0,89	37.02	1:22.00
6. Frederic Masset	CHTHN	1:17.75	CHTHN/079/79	<b>1:22.77</b>	+0,79	38.33	1:22.77
7. Han Ruijs	RZ	1:20.84	7901867	<b>1:26.26</b>	+0,81	39.94	1:26.26
8. Johan Wezenberg	Deltasteur	1:27.21	7601023	<b>1:31.59</b>	+1,01	41.62	1:31.59

Masters 35+

1. Agnus Gerringa	DWK	1:19.42	7100285	<b>1:21.48</b>	+0,94	37.54	1:21.48
2. Olivier Kalek	CNBA	1:27.77	CNBA/785/75	<b>1:28.13</b>	+0,78	40.33	1:28.13
3. Gerard Eghuizen	HZ&PC Heerenveen	1:18.15	7400197	<b>1:35.13</b>	+1,08	42.29	1:35.13

Masters 40+

1. José de Pooter	De Schelde	1:15.73	6900797	<b>1:17.60</b>	+0,82	35.88	1:17.60
2. Harold Matla	PSV	1:15.22	6800591	<b>1:18.16</b>	+0,90	36.96	1:18.16
3. Peter v. Meerveld	AZ&PC	1:20.60	6700649	<b>1:20.33</b>	+0,98	37.62	1:20.33
4. Casper de Zeeuw	WS Twente	1:29.07	7001137	<b>1:21.78</b>	+0,77	38.46	1:21.78
5. Ronald Stolk	De Fuut	1:19.06	6601253	<b>1:23.19</b>	+0,85	38.67	1:23.19
6. Roland Schol	HoogenboomTours/BZ&PC	1:24.67	6901543	<b>1:27.59</b>	+0,96	40.89	1:27.59
7. Peter Musschenga	Zwem Goud	1:28.82	6901347	<b>1:31.18</b>	+0,86	42.58	1:31.18
AFGEM Patrick Juncker	Swimming Luxembourg	1:16.02	67-JUNC				
AFGEM Henk van Zetten	Octopus	1:35.94	6701261				

Masters 45+

1. Cees van Houwelingen	De Schelde	1:10.85	6300351	<b>1:14.70</b>	+0,94	35.15	1:14.70
	<i>Kampioenschaps Record</i>						
2. Theo Bakker	TriVia	1:18.34	6401231	<b>1:21.66</b>	+0,88	37.54	1:21.66
3. Ronald van Voskuilen	De Aalscholver	1:18.71	6101003	<b>1:21.83</b>	+0,89	38.27	1:21.83
4. Ronald Grove	Oceanus	1:19.76	6100161	<b>1:22.65</b>	+0,84	38.02	1:22.65
5. Jan Vlasblom	PLONS	1:20.59	6100823	<b>1:23.31</b>	+0,90	39.57	1:23.31
6. Marcel van der Lem	Kon AZ 1870	1:21.00	6500563	<b>1:24.74</b>	+0,83	39.72	1:24.74
7. Ronald van Vliet	De Aalscholver	1:25.96	6300997	<b>1:27.49</b>	+0,88	40.86	1:27.49
8. John Stoffer	Zoetermeer	1:31.66	6300725	<b>1:28.73</b>	+0,85	39.92	1:28.73
9. Michiel Klaren	PSV	1:31.34	6201087	<b>1:29.93</b>	+0,95	42.76	1:29.93
10. Jack Barends	WS Twente	1:30.70	6201011	<b>1:38.59</b>	+1,00	45.69	1:38.59

Masters 50+

1. David Falces	DES	1:20.83	6000957	<b>1:20.13</b>	+0,94	37.43	1:20.13
2. Peter Romkes	Luctor et Emergo	1:19.40	5900389	<b>1:21.42</b>	+0,75	38.53	1:21.42
3. Reginald vd Giessen	Arethusa	1:21.80	5800135	<b>1:27.80</b>	+0,87	41.12	1:27.80
4. Wim de Lange	Electrolux AZC	1:25.80	5800533	<b>1:28.26</b>	+0,96	41.64	1:28.26
5. Vincent de Keijzer	PLONS	1:25.88	5800207	<b>1:28.33</b>	+0,88	41.66	1:28.33
6. Paul Bunnik	Triton	1:29.58	5600413	<b>1:31.68</b>	+1,00	41.00	1:31.68
7. Marten Galenkamp	Zwem Goud	1:27.26	6000817	<b>1:34.98</b>	+0,96	43.48	1:34.98

Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

Programmanr. 30, Heren, 100m schoolslag, Masters 50+

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
8. Michiel Tonsbeek	DWT	1:45.45	6000889	<b>1:46.12</b>	+1,07	49.96	1:46.12

Masters 55+

1. Laurens klein Breteler	WWV	1:41.67	5400109	<b>1:38.40</b>	+0,90	43.51	1:38.40
2. Pieter Husslage	Old Dutch	1:35.28	5300091	<b>1:39.27</b>	+1,09	48.12	1:39.27
AFGEM Peter Gulyas	Totkomlosi Rozmar Szenior	1:24.57	51GULY				

Masters 65+

1. Rob Hanou	PSV	1:29.74	4300109	<b>1:34.30</b>	+1,06	44.36	1:34.30
2. Nico Baay	Old Dutch	1:33.64	4200053	<b>1:41.46</b>	+0,81	47.65	1:41.46
3. Ruud Sloof	De Rijn	1:40.65	4400073	<b>1:43.11</b>	+1,12	49.64	1:43.11
4. Peter Ouweneel	RSW (SG)	1:47.67	4500077	<b>1:57.35</b>	+1,12	55.43	1:57.35

Masters 70+

1. Wieger Mensonides	NZ&PC	1:36.11	3800035	<b>1:37.97</b>	+1,00	48.73	1:37.97
2. Gregor Pompen	Aqua-Novio'94	1:57.01	3700021	<b>1:55.90</b>	+0,95	55.80	1:55.90

Programmanr. 31  
09.05.2010 - 11:29

Dames, 100m vlinderslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
<b>Masters 20+</b>							
1. Elles van Leeuwen	PSV	1:09.68	8602240	<b>1:14.11</b>	+0,89	33.52	1:14.11
2. Jolanda Post	DIO	1:09.71	9004848	<b>1:14.30</b>	+0,84	34.24	1:14.30
3. Nienke van Stipriaan	PSV	1:13.70	8703970	<b>1:15.16</b>	+0,99	34.82	1:15.16
4. Milou Bouwhuis	De Veene	1:16.36	8900532	<b>1:16.11</b>	+0,74	34.81	1:16.11
5. Miriam Visserman	Octopus	1:15.20	8704364	<b>1:16.83</b>	+0,82	34.78	1:16.83
6. Kitty van Gendt	PSV	1:20.52	8701288	<b>1:17.20</b>	+0,88	36.45	1:17.20
7. Annelette de Vries	De Veene	1:18.90	8603908	<b>1:18.63</b>	+0,84	34.93	1:18.63
8. Patricia Becks	Zegenwerp	1:16.50	8705946	<b>1:20.55</b>	+0,88	37.68	1:20.55
9. Maaïke van Diggele	ZPB H&L Productions	1:19.28	8700868	<b>1:21.40</b>	+0,98	36.38	1:21.40
10. Laura Oosterbroek	Swol 1894	1:18.92	8803264	<b>1:22.35</b>	+0,69	36.92	1:22.35
11. Liset de Veer	Aqua-Novio'94	1:23.41	8704190	<b>1:25.55</b>	+0,85	37.72	1:25.55
12. Gosina van Stralen	HZ&PC Heerenveen	1:20.60	8603450	<b>1:25.59</b>	+0,85	36.96	1:25.59
13. Henrike de Vries	De Veene	1:27.02	8904490	<b>1:28.39</b>	+1,00	38.34	1:28.39
14. Laura Visserman	De Amer	1:24.70	8704362	<b>1:29.51</b>	+0,91	41.18	1:29.51
15. Eline Schoenmaker	De Duinkickers	1:23.54	9003322	<b>1:30.08</b>	+0,83	42.10	1:30.08
16. Joëlle Vaes	DIO	1:26.66	9007576	<b>1:30.77</b>	+0,81	39.25	1:30.77
17. Ildiko van der Ploeg	De Warande	1:18.60	9002960	<b>1:32.08</b>	+0,76	39.40	1:32.08
18. Loes van Bremen	SCOM	1:35.00	8600212	<b>1:37.72</b>	+1,01	41.96	1:37.72

Masters 25+

1. Pauline Gouwens	De Otters Het Gooi	1:05.51	8400790	<b>1:07.08</b>	+0,81	30.09	1:07.08
2. Nadya Putter	Vlaardingen	1:11.37	8301630	<b>1:10.41</b>	+0,88	33.10	1:10.41
3. Kristel Spijker	OEZA	1:21.67	8403396	<b>1:20.74</b>	+0,87	35.59	1:20.74
4. Ramona Linting	HoogenboomTours/BZ&PC	1:19.26	8301274	<b>1:21.58</b>	+0,84	35.72	1:21.58
5. Judith Kremers	De Spatters	1:26.08	8102094	<b>1:22.29</b>	+0,77	38.46	1:22.29
6. Fenke Legerstee	SCOM	1:34.55	8501856	<b>1:24.80</b>	+0,88	37.97	1:24.80
7. Sandra Zwaanswijk	Aquarius	1:21.40	8503934	<b>1:26.36</b>	+0,77	37.94	1:26.36
8. Andrea van Leeuwen	De Zijl/LGB	1:26.26	8100904	<b>1:26.44</b>	+0,89	37.76	1:26.44
9. Mariska Pouls	Dedemsvaart-AC	1:22.80	8301608	<b>1:26.53</b>	+0,88	37.50	1:26.53
10. Miranda Mud	HZ&PC Heerenveen	1:36.06	8201156	<b>1:43.10</b>	+0,82	44.82	1:43.10

Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

Programmanr. 31, Dames, 100m vlinderslag

Masters 30+

1. Delia Badoux	ZC Ooievaar (SG)	1:07.46	8000042	<b>1:10.31</b>	+0,89	31.57	1:10.31
2. Fanni Asztalos	Budapesti Delfinek	1:09.27	77FANN	<b>1:14.44</b>	+0,94	34.83	1:14.44
3. Mirjam den Houdijker	ZPB H&L Productions	1:35.75	7801096	<b>1:40.66</b>	+0,84	44.72	1:40.66

Masters 35+

1. Dianne Nien	RZ	1:17.32	7100452	<b>1:21.96</b>	+0,88	38.02	1:21.96
2. Tony de Groot	De Futen	1:28.27	7300758	<b>1:29.71</b>	+0,90	40.30	1:29.71
3. Annet Kootstra	Swol 1894	1:35.23	7100344	<b>1:30.91</b>	+0,92	40.97	1:30.91
4. Natacha Van Hoof	ShaRK	1:44.90	ShaRK/260/73	<b>1:43.31</b>	+0,86	47.54	1:43.31
5. Angeline Hamstra	SCOM	1:38.86	7200782	<b>1:43.60</b>	+0,96	47.40	1:43.60

Masters 40+

1. Anita Smits	DIO	1:08.50	6900522	<b>1:10.62</b>	+0,83	32.57	1:10.62
2. Csilla Csikany	Budapesti Delfinek	1:11.35	68CSIK	<b>1:15.78</b>	+0,87	33.95	1:15.78
3. Cynthia Noordermeer	Het Y	1:20.24	7000358	<b>1:20.92</b>	+0,86	37.68	1:20.92
4. Karin van den Heuvel	AquAmigos	1:24.91	6600188	<b>1:30.98</b>	+0,97	41.65	1:30.98

Masters 45+

1. Wilma van Velsen	Montferland	1:21.83	6400444	<b>1:20.65</b>	+0,87	35.19	1:20.65
2. Margriet Grove	Oceanus	1:16.66	6200080	<b>1:21.23</b>	+0,91	36.69	1:21.23
3. Alie Visser	HZ&PC Heerenveen	1:43.45	6400494	<b>1:44.76</b>	+0,92	47.81	1:44.76

Masters 50+

1. Mathilde Vink	Swol 1894	1:12.61	5800128	<b>1:15.78</b>	+1,00	35.68	1:15.78
2. Patty Verhagen	AquAmigos	1:23.87	5900146	<b>1:25.45</b>	+1,11	40.41	1:25.45
3. Janny van Eijk	ZV De Bron	1:23.17	5800022	<b>1:27.34</b>	+0,95	40.01	1:27.34
4. Pia van der Molen	HZ&PC Heerenveen	1:41.93	6000116	<b>1:44.33</b>	+0,86	46.15	1:44.33
5. Tonny den Braber	SCOM	1:48.58	5700022	<b>1:59.06</b>	+1,11	54.50	1:59.06

Programmanr. 32  
09.05.2010 - 11:41

Heren, 100m vlinderslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	
<b>Masters 20+</b>							
1. Marc Catsburg	MNC Dordrecht	59.15	9000533	<b>1:01.62</b>	+0,86	28.70	1:01.62
2. Sander van den Berg	NIMO	1:04.74	8700211	<b>1:06.99</b>	+0,87	29.97	1:06.99
3. Bart Drechsel	WZK Zwemmen	1:03.00	8604135	<b>1:07.38</b>	+0,78	29.85	1:07.38
4. Ruben Stolk	ZOB'66	1:07.24	9005665	<b>1:08.01</b>	+0,74	30.62	1:08.01
5. Frederik Tamminga	AZ&PC	1:06.01	8703293	<b>1:09.47</b>	+0,86	31.48	1:09.47
6. Tim Bunnik	Triton	1:08.50	9000505	<b>1:09.62</b>	+0,92	31.89	1:09.62
7. Rick Hellenbrand	NIMO	1:10.25	8901173	<b>1:11.41</b>	+0,92	33.01	1:11.41
8. Sven van Zanten	De Duinkickers	1:08.06	9003405	<b>1:13.41</b>	+0,83	31.00	1:13.41
<b>Masters 25+</b>							
1. Tommy van Overmeeren	De Schelde	1:02.41	8402887	<b>1:05.83</b>	+0,84	30.59	1:05.83
2. Thommy Nickel	Van Vliet-Barracuda	1:04.73	8401627	<b>1:06.61</b>	+0,90	30.73	1:06.61
3. Rob van Vliet	AZ&PC	1:03.65	8402459	<b>1:07.21</b>	+0,88	30.50	1:07.21
4. Marcel Reefhuis	De Veene	1:08.96	8101381	<b>1:07.26</b>	+0,82	30.84	1:07.26
5. Remco van Althuis	SBC2000	1:04.95	8300029	<b>1:07.80</b>	+0,85	31.87	1:07.80
6. Maarten de Geus	WZK Zwemmen	1:05.30	8300737	<b>1:10.46</b>	+0,79	30.97	1:10.46
7. Pascal van Kassel	Triton	1:08.99	8501289	<b>1:12.54</b>	+0,82	32.39	1:12.54
8. Vincent Joskin	CHTHN	1:15.27	CHTHN/101/85	<b>1:13.75</b>	+0,86	34.30	1:13.75

Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

Programmanr. 32, Heren, 100m vlinderslag

Masters 30+

1. Vladan Markovic	SC Zlatni Delfin	57.73	77MARK	<b>58.44</b>	+0,84	27.17	58.44
<i>Kampioenschaps Record, Servisch Masters Record</i>							
2. Erik Kusters	Dedemsvaart-AC	1:09.46	8000837	<b>1:05.86</b>	+0,86	30.19	1:05.86
3. Vincent Bastin	CHTHN	1:06.91	CHTHN/342/77	<b>1:08.85</b>	+0,76	30.86	1:08.85
4. Markus van Rest	ZV Westland Dijkglas	1:04.03	7701197	<b>1:08.89</b>	+0,93	30.37	1:08.89
5. Remco Jorink	Octopus	1:07.54	8000719	<b>1:09.56</b>	+0,88	31.41	1:09.56
6. Paul Bishop	Upstream Amsterdam	1:10.50	7701297	<b>1:12.60</b>	+0,80	32.53	1:12.60
7. Joris Haest	PSV	1:08.40	7900441	<b>1:16.42</b>	+0,84	34.20	1:16.42

Masters 35+

1. Oscar van Holsteyn	AquAmigos	1:07.91	7100373	<b>1:08.29</b>	+0,81	31.07	1:08.29
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Masters 40+

1. Arjon de Bok	De Biesboschwemmers	1:05.46	6900125	<b>1:09.64</b>	+0,86	31.25	1:09.64
2. René Beetsma	HZ&PC Heerenveen	1:07.77	6900069	<b>1:09.75</b>	+0,87	31.74	1:09.75
3. Erik van Dartel	PSV	1:08.57	6700185	<b>1:14.05</b>	+1,01	33.40	1:14.05
4. Arjen Kervezee	Het Y	1:22.55	7000563	<b>1:16.70</b>	+0,93	32.43	1:16.70
5. Oliver Podebrad	SC Wiesbaden 1911	1:25.75	262705	<b>1:24.03</b>	+0,90	38.53	1:24.03
6. Taco Eikelenboom	De Futen	1:19.71	6900275	<b>1:25.11</b>	+1,05	35.43	1:25.11
7. Gerko Versluis	Zuiderzeewemmers	1:22.92	6901439	<b>1:35.52</b>	+1,01	38.58	1:35.52
8. Hayo v.d. Werf	Het Y	1:40.51	6701085	<b>1:42.69</b>	+0,84	48.04	1:42.69

Masters 45+

1. Bart van Betuw	Zegenwerp	1:19.65	6500087	<b>1:25.78</b>	+0,87	38.17	1:25.78
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Masters 50+

1. Hugo Bregman	WVZ	59.67	5800069	<b>1:01.24</b>	+0,85	28.58	1:01.24
2. Jan Willem Heuten	WS Twente	1:27.89	6000883	<b>1:26.03</b>	+0,95	39.50	1:26.03

Masters 55+

1. Pieter Husslage	Old Dutch	1:24.95	5300091	<b>1:32.30</b>	+1,04	42.54	1:32.30
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Masters 60+

1. Donald Uijtenbogaart	Het Y	1:21.12	4700107	<b>1:21.82</b>	+0,88	37.95	1:21.82
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Masters 65+

1. Rob Hanou	PSV	1:33.53	4300109	<b>1:41.38</b>	+1,08	44.94	1:41.38
2. Manfred Bottin	SV Langenfeld 1912	1:41.99	057993	<b>1:57.49</b>	+1,16	54.17	1:57.49

Masters 70+

1. Nico Geers	Z&PC De Gouwe	1:43.84	3800007	<b>1:48.50</b>	+1,11	51.60	1:48.50
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Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

Programmanr. 33  
09.05.2010 - 11:50

4 x 100m vrije slag

Masters Open  
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
<b>80+, Dames</b>				
1.	PSV 1 <i>Nederlands Masters Record</i>	PSV 4:22.30	<b>4:41.24</b>	+0,84
	Kitty van Gendt +0,84 34.98 1:12.31	Elles van Leeuwen +0,75 34.70 1:12.96		
	Kim van der Beek +0,51 32.23 1:07.99	Nienke van Stipriaan +0,50 31.97 1:07.98		
<b>80+, Heren</b>				
1.	MNC Dordrecht 1 <i>Nederlands Masters Record</i>	MNC Dordrecht 3:44.15	<b>3:49.14</b>	+0,84
	Nick van Ingen +0,84 26.41 55.35	Niels van der Hoek +0,52 28.45 59.92		
	Martijn Dolk +0,36 27.23 57.66	Marc Catsburg +0,40 26.79 56.21		
2.	Tritium (SG) 1	Tritium (SG) 3:53.43	<b>3:54.47</b>	+0,88
	Pieter van Os +0,88 27.98 59.42	Ronald Vullings +0,43 27.31 58.56		
	Mark Effing +0,38 28.70 59.41	Joppe Schuurmans +0,14 27.93 57.08		
3.	NIMO 1	NIMO 3:57.23	<b>4:09.79</b>	+0,87
	Sander Slaghuis +0,87 29.19 1:02.27	Rick Hellenbrand +0,78 31.01 1:04.92		
	Freddie Geerlings +0,55 29.07 1:01.09	Sander van den Berg +0,45 28.71 1:01.51		
<b>80+, Gemengd</b>				
1.	WZK Zwemmen 1 <i>Nederlands Masters Record</i>	WZK Zwemmen 4:02.73	<b>4:28.41</b>	+0,87
	Karin Simons +0,87 33.95 1:15.73	Petra Vermeulen +0,47 35.43 1:15.21		
	Alex Vermeulen +0,33 28.45 59.91	Erik Simons +0,39 27.37 57.56		
<b>100+, Dames</b>				
1.	PSV 3 <i>Wereld Masters Record</i>	PSV 4:51.48	<b>4:47.09</b>	+1,00
	Liselotte Joling +1,00 34.73 1:13.75	Renee de Kok +0,41 34.91 1:12.55		
	Bianca van Ringelestijn +0,53 31.46 1:07.51	Jolanda van Gendt +0,60 34.02 1:13.28		
<b>100+, Heren</b>				
1.	CHTHN 1 <i>Wereld Masters Record</i>	CHTHN 4:12.50	<b>4:10.74</b>	+0,72
	Sylvain Faticoni +0,72 29.22 1:00.19	Frederic Masset +0,63 29.50 1:01.97		
	Vincent Joskin +0,78 33.43 1:06.78	Vincent Bastin +0,64 29.63 1:01.80		
2.	HZ&PC Heerenveen 1 <i>Nederlands Masters Record</i>	HZ&PC Heerenveen 4:00.63	<b>4:15.88</b>	+0,94
	Binne Veenstra +0,94 29.62 1:02.48	Gerard Eghuizen +0,53 33.24 1:12.83		
	Jelmer Waterlander +0,50 27.38 58.80	Anne Huininga +0,43 29.30 1:01.77		
<b>100+, Gemengd</b>				
1.	Octopus 1 <i>Nederlands Masters Record</i>	Octopus 4:27.65	<b>4:28.26</b>	+0,85
	Miriam Visserman +0,85 33.56 1:09.83	Albert van Piekeren +0,47 29.89 1:03.70		
	Annebeth van Ark +0,43 34.86 1:14.38	Remco Jorink +0,41 28.26 1:00.35		
2.	Deltasteur 1	Deltasteur 4:43.65	<b>4:48.85</b>	+0,86
	Rene Beens +0,86 31.10 1:07.15	Margriet Leeffers +0,70 36.35 1:18.45		
	Gerlinde van de Wetering +0,51 35.80 1:15.91	Johan Wezenberg +0,64 30.00 1:07.34		

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 33, 4 x 100m vrije slag

120+, Dames

1.	Budapesti Delfinek 1 <i>Wereld Masters Record</i>	Budapesti Delfinek	4:30.00		<b>4:36.17</b>	+0,92
	Fanni Asztalos	+0,92 33.18	1:08.58	Csilla Csikany	+0,70 34.53	1:13.39
	Jolan Molnar	+0,78 32.30	1:08.41	Melinda Marosi	+0,71 32.71	1:05.79
2.	HZ&PC Heerenveen 1 <i>Nederlands Masters Record</i>	HZ&PC Heerenveen	5:20.03		<b>5:27.40</b>	+0,77
	Miranda Mud	+0,77 39.99	1:26.03	Pia van der Molen	+0,25 37.36	1:20.18
	Gosina van Stralen	+0,46 34.78	1:14.68	Paulien v.d Molen	+0,45 39.00	1:26.51

120+, Heren

1.	PSV 3 <i>Wereld Masters Record</i>	PSV	3:48.03		<b>3:54.70</b>	+0,87
	Ian van der Hulst	+0,87 27.83	57.88	Kees-Jan van Overbeeke	+0,34 28.95	1:02.89
	Ronald Smits	+0,38 28.52	1:00.15	Stefan Oosting	+0,44 25.66	53.78
2.	De Futen 1	De Futen	4:05.00		<b>4:00.83</b>	+0,86
	Mike Hereijgers	+0,86 28.28	1:00.04	Erwin Zuidervelt	+0,32 29.15	1:02.30
	Dennis Kos	+0,29 27.58	58.83	Arnold de Rover	+0,32 28.25	59.66
3.	De Schelde 1	De Schelde	4:05.46		<b>4:05.89</b>	+0,85
	Tommy van Overmeeren	+0,85 29.60	1:01.65	Ronnie Babijn	+0,61 30.30	1:02.06
	José de Pooter	+0,33 30.14	1:04.57	Cees van Houwelingen	+0,52 27.87	57.61
4.	Triton 1	Triton	4:08.78		<b>4:17.13</b>	+0,75
	Remco Joukes	+0,75 29.32	1:04.05	Pascal van Kassel	+0,39 28.28	1:02.28
	Paul Bunnik	+0,54 32.55	1:10.51	Tim Bunnik	+0,32 28.16	1:00.29

160+, Dames

1.	AZ&PC 1 <i>Wereld Masters Record</i>	AZ&PC	4:27.42		<b>4:28.33</b>	+0,81
	Marja Bloemzaad	+0,81 33.13	1:08.73	Atie Pijtak-Radersma	+0,19 31.73	1:05.93
	Petra Frowijn	+0,51 31.98	1:06.57	Lidia v. Bon-Rosenbrand	+0,40 31.28	1:07.10
2.	Oceanus 1	Oceanus	5:08.52		<b>5:08.67</b>	+0,85
	Annette de Visser	+0,85 33.64	1:11.19	Margriet Grove	+0,46 35.11	1:13.85
	Tineke van Diggelen	+0,21 43.11	1:34.72	Laura Staal	+0,66 33.23	1:08.91
3.	Gay Swim Amsterdam 1	Gay Swim Amsterdam	5:18.01		<b>5:13.97</b>	+0,93
	Monique Dijkstra	+0,93 31.78	1:07.11	AnneMarie Smit	36.04	1:17.17
	Tynke van Schaik	+0,66 44.08	1:34.51	Yolanda Mante	+0,20 35.38	1:15.18

160+, Heren

1.	WS Twente 1 <i>Wereld Masters Record</i>	WS Twente	4:33.14		<b>4:32.24</b>	+0,92
	Jack Barends	+0,92 32.06	1:07.99	Bart van Calker	+0,30 33.15	1:10.94
	Martin Hendrikse	+0,54 34.17	1:11.27	Casper de Zeeuw	+0,46 30.50	1:02.04

160+, Gemengd

1.	BRABO 1 <i>Europees Masters Record</i>	BRABO	4:50.00		<b>5:00.14</b>	+0,78
	Johan Vandewalle	+0,78 35.10	1:15.40	Rita Schelkens	+0,36 39.85	1:29.77
	Ariane Ruymaekers	+0,13 37.66	1:20.78	Wim Goris	+0,34 26.27	54.19

200+, Dames

1.	PSV 2 <i>Wereld Masters Record</i>	PSV	5:06.10		<b>5:09.74</b>	+0,80
	Gudule van der Meer	+0,80 32.47	1:08.24	Machteld Massee	+0,55 40.72	1:26.20
	Lottie Geurts	+0,83 43.58	1:29.09	Saskia Phaff	+0,20 30.82	1:06.21

Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

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Programmanr. 33, 4 x 100m vrije slag

200+, Heren

1.	PSV 2	PSV		4:26.69		<b>4:43.07</b>		+0,96
	<i>Europees Masters Record</i>							
	Michiel Klaren	+0,96	34.22	1:11.26	Erik van Dartel	+0,48	31.94	1:07.45
	Harold Matla	+0,47	31.98	1:06.90	Rob Hanou	+0,58	36.01	1:17.46

200+, Gemengd

1.	WS Twente 1	WS Twente		4:50.75		<b>4:56.93</b>		+1,04
	<i>Wereld Masters Record</i>							
	Frans van Enst	+1,04	35.46	1:18.10	Hugo Staudt	+0,38	33.56	1:09.89
	Marijke Kraak	+0,58	37.32	1:18.00	Inez Heideman	+0,39	32.86	1:10.94



Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

Programmanr. 35  
09.05.2010 - 14:00

Dames, 50m vlinderslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Jolanda Post <i>Kampioenschaps Record</i>	DIO	30.30	9004848	<b>31.15</b>	+0,87
2.	Elles van Leeuwen	PSV	31.10	8602240	<b>32.26</b>	+0,85
3.	Geertje Scharp	ZPCH	31.19	8603136	<b>32.41</b>	+0,82
4.	Kim van der Beek	PSV	31.06	8700196	<b>32.55</b>	+0,91
5.	Nienke van Stipriaan	PSV	33.60	8703970	<b>32.62</b>	+0,94
6.	Samantha Vuijst	De Otters Het Gooi	33.07	8904522	<b>33.16</b>	
7.	Carly Noordermeer	ZOB'66	31.82	8702984	<b>33.31</b>	+0,78
8.	Maureen Visser	De Otters Het Gooi	32.16	8904388	<b>33.63</b>	+0,74
9.	Miriam Visserman	Octopus	32.28	8704364	<b>33.65</b>	+0,86
10.	Milou Bouwhuis	De Veene	33.63	8900532	<b>33.75</b>	+0,80
11.	Annelette de Vries	De Veene	34.14	8603908	<b>34.23</b>	+0,79
12.	Maaïke van Diggele	ZPB H&L Productions	34.74	8700868	<b>34.71</b>	+0,96
13.	Loes van Bremen	SCOM	39.17	8600212	<b>35.51</b>	+0,99
14.	Karin Simons	WZK Zwemmen	32.90	8903804	<b>35.77</b>	+0,85
15.	Patricia Becks	Zegenwerp	36.15	8705946	<b>35.88</b>	+0,86
16.	Renske Eilers	De Amer	37.58	8806072	<b>36.18</b>	+0,91
17.	Laura Visserman	De Amer	37.04	8704362	<b>36.82</b>	+0,92
18.	Esther van Maastrigt	Montferland	37.88	8802836	<b>37.07</b>	+0,85
19.	Monique Nieuwelink	De Haaien	35.23	9002724	<b>37.16</b>	
20.	Ildiko van der Ploeg	De Warande	35.36	9002960	<b>37.54</b>	+0,81
21.	Gerdine Fix	ZOB'66	36.69	8701198	<b>37.62</b>	+0,89
22.	Eline Schoenmaker	De Duinkickers	34.53	9003322	<b>37.74</b>	+0,80
23.	Gerlinde van de Wetering	Deltasteur	37.46	8904678	<b>38.71</b>	+1,07
24.	Joëlle Vaes	DIO	37.36	9007576	<b>38.73</b>	
25.	Henrike de Vries	De Veene	37.23	8904490	<b>38.83</b>	+1,03
26.	Manon Jansen	Zegenwerp	41.43	9001738	<b>42.62</b>	+0,96
27.	Paulien v.d Molen	HZ&PC Heerenveen	46.66	9006048	<b>49.53</b>	
NG	Nilshaira Isenia	PSV	30.33	8907234		
<b>Masters 25+</b>						
1.	Pauline Gouwens <i>Nederlands Masters Record</i>	De Otters Het Gooi	30.12	8400790	<b>29.21</b>	+0,80
2.	Esther Versteeg	Van Vliet-Barracuda	32.08	8302112	<b>31.82</b>	+0,90
3.	Nadya Putter	Vlaardingen	32.77	8301630	<b>31.88</b>	+0,90
4.	Laura Badoux	DAW-FINENZO	31.76	8200038	<b>32.59</b>	+0,94
5.	Ramona Linting	HoogenboomTours/BZ&PC	34.82	8301274	<b>34.50</b>	+0,81
6.	Sandra Zwaanswijk	Aquarius	34.21	8503934	<b>34.58</b>	+0,85
7.	Kristel Spijker	OEZA	35.36	8403396	<b>34.80</b>	+0,88
8.	Sandra Schellekens	Neptunus'58	36.09	8503416	<b>35.69</b>	
9.	Hanneke Heymen	Montferland	34.89	8400968	<b>36.01</b>	+0,83
10.	Berdie Eghuizen	HZ&PC Heerenveen	34.64	8301388	<b>36.35</b>	+0,85
11.	Fenke Legerstee	SCOM	39.23	8501856	<b>36.49</b>	+0,87
12.	Andrea van Leeuwen	De Zijl/LGB	35.68	8100904	<b>36.51</b>	+0,99
13.	Jacqueline Wissink	PSV	38.00	8503286	<b>36.88</b>	+0,81
14.	Mariska Pouls	Dedemvaart-AC	36.80	8301608	<b>36.98</b>	+0,83
15.	Sabina Caruso	RSW (SG)	45.33	8500542	<b>50.17</b>	+1,03
<b>Masters 30+</b>						
1.	Delia Badoux <i>Nederlands Masters Record</i>	ZC Ooievaar (SG)	29.45	8000042	<b>29.45</b>	+0,92
2.	Peggy Loffeld	KZPC	32.52	7700468	<b>32.99</b>	+0,83
3.	Petra Verstegen	WVZ	35.42	7700906	<b>36.08</b>	+0,97
4.	Mirjam den Houdijker	ZPB H&L Productions	41.46	7801096	<b>43.95</b>	+0,81

Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

Programmanr. 35, Dames, 50m vlinderslag

Masters 35+

1.	Inez Heideman	WS Twente	33.25	7500198	<b>33.53</b>	+0,87
2.	Sandrine Erguy	Florange olympique club	34.25	1053631	<b>33.67</b>	+0,85
3.	Karin Stein	Vlaardingen	35.43	7100554	<b>34.38</b>	+0,85
4.	Henriëtte Manting	GZVW	34.33	7100246	<b>35.88</b>	
5.	Annet Kootstra	Swol 1894	36.01	7100344	<b>37.81</b>	+0,90

Masters 40+

1.	Anita Smits	DIO	31.34	6900522	<b>31.61</b>	
2.	Saskia Phaff	PSV	31.11	6600242	<b>32.96</b>	+0,81
3.	Chita van der Goorbergh	Zoetermeer	34.82	6800762	<b>35.28</b>	+0,92
4.	Cynthia Noordermeer	Het Y	35.16	7000358	<b>36.40</b>	+0,83
5.	AnneMarie Smit	Gay Swim Amsterdam	37.95	6700440	<b>37.82</b>	+0,90
6.	Karin van den Heuvel	AquAmigos	36.79	6600188	<b>38.40</b>	+0,97
7.	Kristien Van De Moortel	ShaRK	37.78	ShaRK/315/69	<b>41.83</b>	+0,88
8.	Meke Oomens	Old Dutch	43.73	7000370	<b>43.39</b>	+1,10
9.	Olivia Guardino	Asl Janville Lardy	1:03.59	1178371	<b>1:01.76</b>	+0,94
NG.ZA	Melinda Marosi	Budapesti Delfinek	31.57	70MARO		

Masters 45+

1.	Wilma van Velsen	Montferland	33.82	6400444	<b>32.87</b>	+0,87
2.	Margriet Grove	Oceanus	33.66	6200080	<b>34.70</b>	+0,88
3.	Pierrette Michel	Embourg Natation	35.00	EMBOU/404/62	<b>35.15</b>	+1,01
4.	Jacqueline Rolloos	De Lansingh	35.92	6300222	<b>35.87</b>	+0,97
5.	Friderika Kerekes	AZ&PC	36.25	6500540	<b>37.48</b>	+0,84
6.	Alie Visser	HZ&PC Heerenveen	41.54	6400494	<b>42.13</b>	+0,96
7.	Ina van Beusekom	Van Vliet-Barracuda	43.87	6400480	<b>43.01</b>	+0,76
NG.ZA	Machteld Massee	PSV	41.07	6300458		

Masters 50+

1.	Mathilde Vink	Swol 1894	33.20	5800128	<b>34.23</b>	+0,97
2.	Marijke Kraak	WS Twente	38.13	6000240	<b>36.43</b>	+0,93
3.	Janny van Eijk	ZV De Bron	36.92	5800022	<b>39.08</b>	+0,98
4.	Inge Wolfs	PLONS	39.55	6000304	<b>40.69</b>	
5.	Monika Zilliken	SC Wiesbaden 1911	42.46	231829	<b>44.05</b>	+0,94
6.	Rita Schelkens	BRABO	45.42	BRABO/101/56	<b>45.40</b>	+0,74
AFGEM	Judy van Britsom	BRABO	36.92	BRABO/775/59		

Masters 55+

1.	Micaela von Richthofen	EOSC Offenbach	35.97	130914	<b>37.23</b>	+0,80
2.	Christien Nieuwenhuis	Swol 1894	35.44	5100022	<b>37.52</b>	+0,87

Masters 60+

1.	Conny Boer-Buys <i>Nederlands Masters Record</i>	Vlaardingen	34.57	5000006	<b>35.09</b>	+0,88
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Masters 65+

1.	Leny Kamp	Aquapoldro	1:11.64	4400008	<b>1:16.35</b>	+1,09
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Masters 70+

1.	Ingrid Lüning	EOSC Offenbach	52.82	136789	<b>51.39</b>	+1,04
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Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 36  
09.05.2010 - 14:15

Heren, 50m vlinderslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Wietse Beerens	De Dommelbaarzen	28.61	8700159	<b>27.24</b>	+0,84
2.	Marc Catsburg	MNC Dordrecht	26.66	9000533	<b>27.41</b>	+0,84
3.	Alex Goeyenbier	WVZ	27.04	8704509	<b>27.85</b>	+0,81
4.	Jan van Opstal	DIO	27.52	8602291	<b>28.30</b>	
	Bart Drechsel	WZK Zwemmen	27.97	8604135	<b>28.30</b>	+0,77
6.	Roderik Meijers	ZOB'66	27.20	8602063	<b>28.80</b>	+0,81
7.	Sander van den Berg	NIMO	28.57	8700211	<b>29.52</b>	+0,86
8.	Jauke Hamstra	Deltasteur	29.48	8601089	<b>29.72</b>	+0,87
9.	Mark Pijtak	AZ&PC	29.57	9002287	<b>29.77</b>	+0,79
10.	Sven van Zanten	De Duinkikkers	29.57	9003405	<b>30.11</b>	+0,85
11.	Ferdy van Mastrigt	RSW (SG)	29.86	8802315	<b>30.20</b>	+0,94
12.	Ruben Stolk	ZOB'66	29.47	9005665	<b>31.05</b>	
13.	Dick Kampman	De Amer	33.62	8801789	<b>31.85</b>	+0,89
14.	Remco Joukes	Triton	30.88	8801763	<b>32.03</b>	+0,71
15.	Melano Winter	RSW (SG)	30.94	8703847	<b>32.20</b>	
16.	Tom Goffin	NIMO	35.57	8604457	<b>34.95</b>	+0,91
17.	Sjoerd Venema	Wave	39.39	8604571	<b>36.85</b>	+0,77
NG	Arjan Assink	WVZ	25.53	8600069		
<b>Masters 25+</b>						
1.	Stefan Oosting	PSV	25.97	8101265	<b>26.53</b>	+0,82
2.	Martijn Giezen	Montferland	30.16	8500813	<b>28.75</b>	+0,83
3.	Tommy van Overmeeren	De Schelde	28.42	8402887	<b>28.92</b>	+0,87
4.	Maarten de Geus	WZK Zwemmen	29.28	8300737	<b>29.26</b>	+0,77
5.	Pascal van Kassel	Triton	28.95	8501289	<b>30.01</b>	+0,86
6.	Jim Geestman	RSW (SG)	30.06	8300699	<b>30.57</b>	+0,93
7.	Steven Oosterhof	NIMO	32.07	8403173	<b>31.90</b>	+1,02
8.	Frank Hovenier	Neptunus'58	30.59	8503239	<b>32.31</b>	+0,82
9.	Dennis Jonker	ZPCH	30.84	8401097	<b>32.46</b>	+0,95
10.	Ruud van den Berg	De Duck	35.05	8500155	<b>33.84</b>	+0,98
<b>Masters 30+</b>						
1.	Vladan Markovic <i>Servisch Masters Record</i>	SC Zlatni Delfin	27.37	77MARK	<b>26.78</b>	+0,81
2.	Ronald Smits	PSV	27.00	7800981	<b>28.19</b>	+0,76
3.	Richard Claus	Heldense Zwemvereniging	27.82	8000265	<b>28.69</b>	+0,73
4.	Markus van Rest	ZV Westland Dijkglas	28.18	7701197	<b>29.47</b>	+0,99
5.	Freddie Geerlings	NIMO	28.91	7900379	<b>30.54</b>	+0,89
6.	Paul Bishop	Upstream Amsterdam	30.25	7701297	<b>31.51</b>	+0,78
7.	Johan Wezenberg	Deltasteur	32.64	7601023	<b>32.90</b>	
NG.ZA	Didier Vanlancker	NST	25.84	NST/162/78		
<b>Masters 35+</b>						
1.	Herman Smit	De Veene	29.92	7101493	<b>30.10</b>	
2.	Oscar van Holsteyn	AquAmigos	29.72	7100373	<b>30.13</b>	+0,93
3.	Martin Berkhout	LZ 1886	31.63	7101123	<b>32.59</b>	+1,00
<b>Masters 40+</b>						
1.	Alexander Willemsen	LZ 1886	30.32	7001115	<b>29.92</b>	+0,86
2.	Arjon de Bok	De Biesboschzwemmers	29.54	6900125	<b>30.02</b>	+0,86
3.	René Beetsma	HZ&PC Heerenveen	29.92	6900069	<b>31.01</b>	+0,87
4.	Erik van Dartel	PSV	29.49	6700185	<b>31.73</b>	+1,05
5.	Arjen Kervezee	Het Y	31.47	7000563	<b>31.91</b>	+1,06
	José de Pooter	De Schelde	31.06	6900797	<b>31.91</b>	+0,85
7.	Harald Mulder	Zoetermeer	35.29	6701459	<b>33.82</b>	+0,96
8.	Oliver Podebrad	SC Wiesbaden 1911	34.81	262705	<b>34.66</b>	+0,88

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 36, Heren, 50m vlinderslag

Masters 45+

1.	Peter Bernsen	De Rog	29.69	6301119	<b>29.44</b>	+0,71
2.	Fred Heemstra	DAW-FINENZO	29.50	6500357	<b>30.19</b>	+0,90
3.	Erik Saan	De Duck	31.24	6500769	<b>31.12</b>	+1,07
4.	Ron Korzelius	AZ&PC	33.59	6500513	<b>33.03</b>	+0,78
5.	Peter Soudant	PSV	33.46	6201007	<b>33.53</b>	+0,97
6.	John Stoffer	Zoetermeer	31.85	6300725	<b>34.08</b>	+0,88
7.	Bart van Betuw	Zegenwerp	32.88	6500087	<b>34.09</b>	+0,86
8.	Ronald van Vliet	De Aalscholver	33.49	6300997	<b>34.64</b>	+0,95
9.	Edzo Huisman	Aquapoldro	33.81	6301029	<b>34.73</b>	+1,03
10.	Ronald van Houtert	De Dommelbaarzen	36.70	6401239	<b>35.38</b>	+0,89
11.	Hans Maas	Zwem Goud	39.68	6501433	<b>38.73</b>	+0,85
AFGEM	Karl-Heinz Eberhard	SC Wiesbaden 1911	33.75	231828		
AFGEM	Phil Trethewie	Old Dutch	32.51	6501315		

Masters 50+

1.	Joop Ariaens	PSV	30.34	5900747	<b>30.58</b>	+0,89
2.	Philippe Mattelaer	AZV	34.84	AZV/124/60	<b>34.15</b>	+0,85
3.	Reginald vd Giessen	Arethusa	32.60	5800135	<b>34.84</b>	+0,86
4.	Jan Willem Heuten	WS Twente	37.17	6000883	<b>35.47</b>	+0,97
5.	Jaap de Boer	De Duinkickers	35.92	5800691	<b>37.07</b>	+0,96
6.	Marten Galenkamp	Zwem Goud	37.58	6000817	<b>39.74</b>	+0,94
7.	Johan Vandewalle	BRABO	40.45	BRABO/617/60	<b>41.28</b>	+0,81

Masters 55+

1.	Henk Slomp	De Pinquin	32.95	5500359	<b>33.53</b>	+1,07
2.	Ron van der Zande	De Aalscholver	34.13	5500307	<b>33.95</b>	+0,89
3.	Pieter Husslage	Old Dutch	32.47	5300091	<b>35.07</b>	+1,04

Masters 60+

1.	Donald Uijtenbogaart	Het Y	34.64	4700107	<b>35.76</b>	
2.	Jan Tinholt	PSV	39.18	5000185	<b>35.95</b>	+1,05

Masters 65+

1.	Manfred Bottin	SV Langenfeld 1912	38.41	057993	<b>42.96</b>	
2.	Nico Baay	Old Dutch	57.98	4200053	<b>1:01.07</b>	+0,98

Masters 70+

1.	Frans van Enst <i>Nederlands Masters Record</i>	WS Twente	38.55	4000011	<b>37.66</b>	+1,08
2.	Nico Geers	Z&PC De Gouwe	41.22	3800007	<b>43.58</b>	+0,99

Masters 75+

1.	Georges Verhelst	RZV	49.82	RZV/160/31	<b>57.13</b>	+1,08
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Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 37  
09.05.2010 - 14:28

Dames, 4 x 50m wisselslag

Masters Open  
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
<b>80+</b>				
1.	PSV 2	2:22.78	<b>2:25.44</b>	+0,80
	Kim van der Beek	87 +0,80 38.78	87 +0,45 33.67	
	Jacqueline Wissink	85 +0,66 42.75	87 +0,28 30.24	
<b>100+</b>				
1.	PSV 1	2:10.73	<b>2:17.57</b>	+0,66
	<i>Nederlands Masters Record</i>			
	Bianca van Ringelestijn	85 +0,66 35.66	86 +0,73 32.06	
	Renee de Kok	84 +0,31 40.14	66 +0,57 29.71	
2.	De Veene 1	2:32.28	<b>2:34.80</b>	+0,73
	Annelette de Vries	86 +0,73 38.23	89 +0,79 38.52	
	Milou Bouwhuis	89 +0,45 42.24	73 +0,72 35.81	
<b>120+</b>				
1.	Budapesti Delfinek 1	2:15.00	<b>2:19.55</b>	+0,68
	Jolan Molnar	77 +0,68 36.11	77 +0,45 32.92	
	Csilla Csikany	68 +0,49 41.54	70 +0,66 28.98	
2.	PSV 3	2:38.08	<b>2:36.06</b>	+0,67
	Jolanda van Gendt	78 +0,67 38.38	63 +0,34 43.00	
	Liselotte Joling	75 +0,75 41.69	70 +0,39 32.99	
3.	HZ&PC Heerenveen 1	2:35.13	<b>2:38.68</b>	+0,75
	Pia van der Molen	60 +0,75 42.31	83 0,00 36.42	
	Miranda Mud	82 +0,66 47.07	86 +0,62 32.88	
<b>160+</b>				
1.	AZ&PC 1	2:38.90	<b>2:44.75</b>	+0,68
	Lidia v. Bon-Rosenbrand	70 +0,68 36.85	65 +0,65 38.45	
	Loekie v. Huissteden	45 +0,40 57.07	66 +0,38 32.38	

Programmanr. 38  
09.05.2010 - 14:31

Heren, 4 x 50m wisselslag

Masters Open  
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
<b>80+</b>				
1.	MNC Dordrecht 1	1:51.18	<b>1:54.16</b>	+0,70
	<i>Kampioenschaps Record</i>			
	Martijn Dolk	89 +0,70 31.05	90 +0,46 27.30	
	Niels van der Hoek	83 +0,37 31.24	88 +0,35 24.57	
2.	Tritium (SG) 1	2:00.09	<b>1:58.00</b>	+0,69
	Joppe Schuurmans	89 +0,69 29.38	86 +0,37 28.66	
	Pieter van Os	86 +0,31 34.55	87 +0,40 25.41	
3.	ZOB'66 1	1:59.32	<b>2:05.58</b>	+0,62
	Harmen Reemst	87 +0,62 34.43	90 +0,63 30.83	
	Roderik Meijers	86 +0,36 34.27	80 +0,50 26.05	
4.	NIMO 1	1:59.88	<b>2:06.28</b>	+0,79
	Sander van den Berg	87 +0,79 33.32	89 +0,66 32.10	
	Freddie Geerlings	79 +0,72 33.39	88 +0,35 27.47	
5.	HZ&PC Heerenveen 1	2:05.04	<b>2:07.17</b>	+0,79
	Jelmer Waterlander	88 +0,79 32.27	86 +0,59 29.80	
	Lambertus Sikkes	86 37.74	83 27.36	
6.	RSW (SG) 1	2:03.45	<b>2:07.64</b>	+0,75
	Melano Winter	87 +0,75 36.10	88 +0,61 31.23	
	Jim Geestman	83 +0,50 34.38	89 +0,28 25.93	

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 38, Heren, 4 x 50m wisselslag

100+

1.	PSV 1	PSV		2:00.06				<b>2:02.71</b>	+0,74
	Stefan Oosting	81	+0,74	29.89	Joris Haest	79	+0,42	30.98	
	Ronald Smits	78	+0,34	33.78	Ian van der Hulst	84	+0,21	28.06	
2.	CHTHN 1	CHTHN		2:13.60				<b>2:06.48</b>	+0,68
	Sylvain Faticoni	83	+0,68	34.14	Vincent Bastin	77	+0,64	30.91	
	Frederic Masset	79	+0,49	34.69	Francois Zadworny	87	+0,58	26.74	

120+

1.	WZK Zwemmen 1	WZK Zwemmen		1:57.50				<b>1:58.93</b>	+0,64
	Evert Bregman	62	+0,64	31.16	Bart Drechsel	86	+0,37	28.98	
	Erik Simons	89	+0,45	32.06	Maarten de Geus	83	+0,65	26.73	
2.	BRABO 1	BRABO		2:02.17				<b>2:05.23</b>	+0,63
	Wim Goris	84	+0,63	28.67	Kevin Nuyes	85	+0,64	29.08	
	Johan Vandewalle	60	+0,50	39.39	Hans Wijsman	55	+0,39	28.09	
3.	De Futen 1	De Futen		2:11.50				<b>2:13.29</b>	+0,68
	Erwin Zuidervelt	75	+0,68	34.94	Taco Eikelenboom	69	+0,71	34.57	
	Arnold de Rover	64	+0,39	37.15	Mike Hereijgers	85	+0,39	26.63	

200+

1.	PSV 2	PSV		2:09.73				<b>2:14.97</b>	+0,74
	Joop Ariaens	59	+0,74	35.35	Kees-Jan van Overbeeke	62	+0,43	30.94	
	Harold Matla	68	+0,40	34.16	Rob Hanou	43	+0,45	34.52	
2.	PLONS 1	PLONS		2:24.40				<b>2:27.50</b>	+0,87
	Joop van Eijk	47	+0,87	43.51	Mark Kas	61	+0,44	33.03	
	Vincent de Keijzer	58	+0,55	40.82	Jan Vlasblom	61	+0,61	30.14	

Programmanr. 39  
09.05.2010 - 14:38

Dames, 200m wisselslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m	
<b>Masters 20+</b>									
1.	Petra de Groot	Van Vliet-Barracuda	2:28.45 8701420	<b>2:33.74</b>	+0,89	32.03	1:12.63	1:59.15	2:33.74
2.	Iris Barendregt	Van Vliet-Barracuda	2:43.62 8600172	<b>2:41.20</b>	+0,83	33.51	1:17.19	2:04.97	2:41.20
3.	Nicole van der Kooy	SBC2000	2:40.60 8702310	<b>2:42.98</b>	+0,94	35.11	1:18.80	2:06.34	2:42.98
4.	Cynthia Grooteboer	De Reest	2:40.78 8901462	<b>2:43.12</b>	+0,81	34.04	1:15.62	2:05.23	2:43.12
5.	Anne Duijst	De Amer	2:52.26 8901030	<b>2:46.65</b>	+0,98	35.75	1:20.43	2:09.07	2:46.65
6.	Tonny Methorst	De Biesboschwimmers	2:41.97 8802998	<b>2:47.46</b>	+0,85	35.11	1:19.58	2:07.90	2:47.46
7.	Maaïke de Boer	De Duinkickers	2:44.41 9000362	<b>2:50.00</b>	+0,84	39.87	1:25.28	2:12.57	2:50.00
8.	Monique Nieuwelink	De Haaien	2:46.24 9002724	<b>2:50.40</b>	+0,92	38.33	1:23.39	2:10.24	2:50.40
9.	Miriam Visserman	Octopus	2:49.37 8704364	<b>2:53.24</b>	+0,84	35.30	1:21.33	2:12.76	2:53.24
10.	Kitty van Gendt	PSV	2:55.56 8701288	<b>2:54.84</b>	+0,92	35.30	1:20.29	2:14.91	2:54.84
11.	Elles van Leeuwen	PSV	2:50.94 8602240	<b>2:55.19</b>	+0,91	34.45	1:22.38	2:14.36	2:55.19
12.	Juliska Peijnenburg	De Dommelbaarzen	2:48.22 9002892	<b>2:55.71</b>	+0,84	33.42	1:20.22	2:15.73	2:55.71
13.	Anick Spiekermann	De Dommelbaarzen	2:50.99 8804108	<b>2:56.32</b>	+0,88	36.98	1:22.65	2:14.74	2:56.32
14.	Marion Lewonczuk	Florange olympique club	2:59.52 77224	<b>2:57.88</b>	+0,79	38.69	1:25.37	2:18.11	2:57.88
15.	Milou Bouwhuis	De Veene	2:43.20 8900532	<b>2:58.86</b>	+0,73	35.52	1:23.42	2:14.22	2:58.86
16.	Maaïke van Diggele	ZPB H&L Productions	2:47.05 8700868	<b>2:59.99</b>	+0,92	36.43	1:23.06	2:16.25	2:59.99
17.	Ildiko van der Ploeg	De Warande	3:00.16 9002960	<b>3:04.37</b>	+0,83	39.03	1:28.59	2:23.15	3:04.37
18.	Patricia Becks	Zegenwerp	2:54.99 8705946	<b>3:05.39</b>	+0,91	38.68	1:28.07	2:23.90	3:05.39
19.	Gosina van Stralen	HZ&PC Heerenveen	2:59.16 8603450	<b>3:07.03</b>	+0,83	37.41	1:26.07	2:23.84	3:07.03
20.	Anita Engels	Zegenwerp	2:53.48 9001016	<b>3:07.77</b>	+0,91	42.31	1:31.21	2:26.70	3:07.77
21.	Petra Vermeulen	WZK Zwemmen	2:49.24 9004700	<b>3:08.42</b>	+0,91	40.09	1:30.63	2:23.98	3:08.42
22.	Loes van Bremen	SCOM	3:12.39 8600212	<b>3:11.16</b>	+0,95	39.26	1:32.97	2:27.97	3:11.16
23.	Annebeth van Ark	Octopus	2:58.32 8805588	<b>3:11.64</b>	+0,88	40.60	1:30.42	2:31.53	3:11.64
24.	Manon Jansen	Zegenwerp	3:06.96 9001738	<b>3:17.59</b>	+1,00	45.50	1:35.87	2:33.37	3:17.59
25.	Paulien v.d Molen	HZ&PC Heerenveen	3:51.61 9006048	<b>3:43.22</b>	+0,92	49.91	1:46.31	2:50.96	3:43.22

Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

Programmanr. 39, Dames, 200m wisselslag

Masters 25+

1. Nadya Putter	Vlaardingen	2:39.12	8301630	<b>2:37.47</b>	+0,89	33.50	1:14.87	2:01.91	2:37.47
2. Roos van Esch	TRB-RES	2:36.44	8200468	<b>2:44.87</b>	+0,93	34.36	1:16.97	2:08.40	2:44.87
3. Esther Versteeg	Van Vliet-Barracuda	2:45.10	8302112	<b>2:48.77</b>	+0,90	34.65	1:20.00	2:10.50	2:48.77
4. Joyce van Keulen	De Zijl/LGB	2:40.38	8401278	<b>2:49.50</b>	+0,91	35.27	1:18.14	2:10.66	2:49.50
5. Linda Hoogendam	D'Elft	2:57.29	8300892	<b>2:56.37</b>	+0,75	36.93	1:22.42	2:19.05	2:56.37
6. Fenke Legerstee	SCOM	3:09.31	8501856	<b>3:04.22</b>	+0,90	38.55	1:27.79	2:22.61	3:04.22
7. Carola Koeken	Wave	3:10.40	8501618	<b>3:23.09</b>	+0,98	47.91	1:41.48	2:36.27	3:23.09
8. Rianne van Vegchelen	Deltasteur	3:33.20	8101530	<b>3:27.89</b>	+1,12	44.69	1:41.75	2:43.34	3:27.89
9. Aniela Cebotaro	De Zijl/LGB	3:22.00	8102120	<b>3:28.07</b>	+0,88	45.71	1:40.14	2:39.22	3:28.07

Masters 30+

1. Fanni Asztalos	Budapesti Delfinek	2:35.14	77FANN	<b>2:38.00</b>	+0,88	33.30	1:15.19	2:02.07	2:38.00
2. Anke Lambooj	AZL	2:40.20	8001182	<b>2:40.93</b>	+0,88	33.54	1:17.19	2:04.75	2:40.93
3. Yvonne Gerritsen	DES	2:44.96	8000342	<b>2:55.21</b>	+0,93	36.30	1:25.57	2:13.89	2:55.21
4. Margriet Leeffers	Deltasteur	3:18.86	7800448	<b>3:20.75</b>	+0,98	45.26	1:37.08	2:34.39	3:20.75
5. C. van Bruxvoort	ZPB H&L Productions	3:35.39	7700138	<b>3:34.87</b>	+0,90	47.13	1:41.50	2:46.43	3:34.87
AFGEM Marian Nederlof	DWF	3:16.65	7600950						

Masters 35+

1. Dóra Cerva	Sprint Fortuna SC	2:38.24	74CERV	<b>2:35.12</b>	+0,90	32.04	1:12.71	1:58.59	2:35.12
	<i>Kampioenschaps Record, Hongaars Masters Record</i>								
2. Karin Stein	Vlaardingen	2:45.74	7100554	<b>2:47.06</b>	+0,81	35.69	1:24.67	2:08.81	2:47.06
3. Gudule van der Meer	PSV	2:54.50	7200396	<b>2:48.57</b>	+0,84	34.07	1:17.02	2:07.21	2:48.57
4. Inez Heideman	WS Twente	2:59.33	7500198	<b>2:56.80</b>	+0,87	35.47	1:26.77	2:16.76	2:56.80
5. Henriëtte Manting	GZVW	2:57.86	7100246	<b>3:06.39</b>	+0,95	37.09	1:26.62	2:23.76	3:06.39
6. Dianne Nien	RZ	3:06.15	7100452	<b>3:08.71</b>	+0,88	39.42	1:30.93	2:28.58	3:08.71
7. Annet Kootstra	Swol 1894	3:13.09	7100344	<b>3:15.21</b>	+0,95	41.51	1:34.86	2:31.86	3:15.21
8. Angelina Hamstra	SCOM	3:28.18	7200782	<b>3:28.06</b>	+0,93	47.20	1:46.11	2:43.60	3:28.06
9. Natacha Van Hoof	ShaRK	3:30.31	ShaRK/260/73	<b>3:30.78</b>	+0,95	48.75	1:47.32	2:50.12	3:30.78
NG Liselotte Joling	PSV	2:48.30	7500268						

Masters 40+

1. Anita Smits	DIO	2:39.74	6900522	<b>2:43.85</b>	+0,88	33.08	1:18.35	2:07.65	2:43.85
2. Lidia v. Bon-Rosenbrand	AZ&PC	2:46.19	7000054	<b>2:51.30</b>	+0,91	35.60	1:22.10	2:10.86	2:51.30
3. Yolanda Mante	Gay Swim Amsterdam	3:04.90	6600432	<b>3:05.37</b>	+0,73	40.09	1:28.81	2:19.90	3:05.37
4. Karin van den Heuvel	AquAmigos	3:01.08	6600188	<b>3:11.80</b>	+0,95	39.20	1:34.97	2:27.92	3:11.80
5. Meke Oomens	Old Dutch	3:22.22	7000370	<b>3:25.11</b>	+1,14	45.84	1:42.28	2:36.11	3:25.11

Masters 45+

1. Pierrette Michel	Embourg Natation	2:55.87	EMBOU/404/62	<b>2:57.70</b>	+0,99	37.22	1:23.10	2:16.97	2:57.70
2. Ina van Beusekom	Van Vliet-Barracuda	3:31.00	6400480	<b>3:31.53</b>	+1,04	48.25	1:43.52	2:43.39	3:31.53
3. Alie Visser	HZ&PC Heerenveen	3:32.67	6400494	<b>3:39.05</b>	+0,99	47.77	1:42.86	2:46.10	3:39.05
NG Marja Bloemzaad	AZ&PC	2:52.90	6100014						

Masters 50+

1. Atie Pijtak-Radersma	AZ&PC	2:59.95	5600048	<b>2:58.55</b>	+0,83	36.93	1:23.67	2:17.97	2:58.55
2. Patty Verhagen	AquAmigos	2:59.16	5900146	<b>3:02.73</b>	+1,04	39.45	1:27.13	2:22.08	3:02.73
3. Mathilde Vink	Swol 1894	3:03.48	5800128	<b>3:05.93</b>	+1,02	36.52	1:25.24	2:24.46	3:05.93
4. Pia van der Molen	HZ&PC Heerenveen	3:17.73	6000116	<b>3:26.05</b>	+0,91	46.74	1:38.95	2:38.42	3:26.05
5. Tonny den Braber	SCOM	3:55.49	5700022	<b>3:51.30</b>	+1,03	54.05	1:52.85	2:58.86	3:51.30

Masters 55+

1. Christien Nieuwenhuis	Swol 1894	3:07.56	5100022	<b>3:15.25</b>	+0,84	38.82	1:32.35	2:32.05	3:15.25
2. Margriet Pasma	De Pinquin	3:12.92	5500088	<b>3:19.37</b>	+0,97	47.57	1:36.45	2:33.85	3:19.37
3. Gonnje Bak	PSV	3:53.60	5100002	<b>4:00.28</b>	+1,04	55.38	2:04.47	3:06.33	4:00.28

Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

Programmanr. 39, Dames, 200m wisselslag

Masters 65+

1. Matty van der Veen Old Dutch 3:45.73 4400020 **3:57.20** +1,08 55.93 1:58.12 3:00.68 3:57.20

Masters 70+

1. Ingrid Lüning EOSC Offenbach 3:57.67 136789 **3:54.87** +0,97 53.06 1:54.65 2:59.23 3:54.87

Masters 75+

1. Jeltje van Bergen De Pinquin 4:22.02 3500002 **4:33.65** +1,11 1:05.06 2:16.51 3:33.81 4:33.65  
*Nederlands Masters Record*

Programmanr. 40  
09.05.2010 - 15:07

Heren, 200m wisselslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
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Masters 20+

1. Wietse Beerens	De Dommelbaarzen	2:18.47 8700159	<b>2:19.58</b>	+0,81	28.39	1:04.81	1:46.12	2:19.58
<i>Nederlands Masters Record</i>								
2. Jelle Beerens	De Dommelbaarzen	2:21.42 8600159	<b>2:20.98</b>	+0,78	29.63	1:07.56	1:48.42	2:20.98
3. Jasper Groothelm	DBD	2:18.77 9005735	<b>2:21.51</b>	+0,74	28.90	1:07.58	1:50.11	2:21.51
4. Martijn Dolk	MNC Dordrecht	2:15.94 8900737	<b>2:25.11</b>	+0,89	32.15	1:08.07	1:52.03	2:25.11
5. Tim Bunnik	Triton	2:31.45 9000505	<b>2:30.42</b>	+0,91	31.63	1:11.18	1:57.86	2:30.42
6. Jauke Hamstra	Deltasteur	2:29.07 8601089	<b>2:35.04</b>	+0,82	30.92	1:14.11	1:58.24	2:35.04
7. Frederik Tamminga	AZ&PC	2:27.48 8703293	<b>2:35.72</b>	+0,88	31.36	1:14.64	2:00.30	2:35.72
8. Nicolas Degalan	CNBA	2:31.19 CNBA/777/89	<b>2:38.37</b> *	+0,79	31.77	1:14.10	2:01.99	2:38.37
9. Sander Slaghuis	NIMO	2:25.26 8805305	<b>2:39.99</b>	+0,86	34.58	1:17.62	2:02.76	2:39.99
10. Harmen Reemst	ZOB'66	2:39.92 8702715	<b>2:43.53</b>	+0,87	34.39	1:16.88	2:03.54	2:43.53
11. Sjoerd Venema	Wave	3:12.98 8604571	<b>3:15.20</b>	+0,80	40.26	1:30.87	2:28.51	3:15.20

Masters 25+

1. Rob van Vliet	AZ&PC	2:20.54 8402459	<b>2:24.84</b>	+0,92	30.33	1:10.64	1:52.13	2:24.84
2. Kevin Nuyes	BRABO	2:16.09 BRABO/182/85	<b>2:26.51</b>	+0,82	31.87	1:10.74	1:54.80	2:26.51
3. Tommy Nickel	Van Vliet-Barracuda	2:21.77 8401627	<b>2:26.57</b>	+0,89	31.31	1:10.34	1:53.10	2:26.57
4. Tommy van Overmeeren	De Schelde	2:22.17 8402887	<b>2:29.44</b>	+0,83	30.41	1:10.48	1:53.99	2:29.44
5. Ian van der Hulst	PSV	2:26.17 8401021	<b>2:29.72</b>	+0,89	30.66	1:11.93	1:55.16	2:29.72
6. Marcel Reefhuis	De Veene	2:38.02 8101381	<b>2:29.75</b>	+0,81	30.42	1:09.29	1:54.62	2:29.75
7. Sebastian Hoppe	SV Blau-Weiß Bochum	2:38.27 260235	<b>2:34.46</b>	+0,80	31.62	1:15.18	1:58.77	2:34.46
8. Dirkjan Beugelsdijk	De Zijl/LGB	2:31.02 8100123	<b>2:35.07</b>	+0,86	32.89	1:13.91	2:00.14	2:35.07
9. Vincent Joskin	CHTHN	2:45.23 CHTHN/101/85	<b>2:42.37</b>	+0,89	33.35	1:16.85	2:06.05	2:42.37
10. Pascal van Kassel	Triton	2:31.83 8501289	<b>2:42.39</b>	+0,82	33.75	1:17.74	2:05.35	2:42.39
11. Binne Veenstra	HZ&PC Heerenveen	2:33.37 8302155	<b>2:49.07</b>	+0,91	33.45	1:17.99	2:06.75	2:49.07
12. Dennis Klop	De Biesboschwemmers	2:56.92 8302643	<b>2:58.64</b>	+0,82	40.45	1:28.94	2:17.55	2:58.64

Masters 30+

1. Ivo Roozeboom	DES	2:27.21 7700801	<b>2:26.45</b>	+0,87	32.16	1:10.06	1:55.47	2:26.45
2. Gergely Molnár	Sprint Fortuna SC	2:23.71 80MOLN	<b>2:27.03</b>	+0,89	30.91	1:11.15	1:53.40	2:27.03
3. Erik Kusters	Dedemsvaart-AC	2:24.61 8000837	<b>2:28.37</b>	+0,87	31.44	1:07.68	1:52.54	2:28.37
4. Remco Jorink	Octopus	2:25.07 8000719	<b>2:30.26</b>	+0,93	30.95	1:10.94	1:53.86	2:30.26
5. Ralf Peters	KZPC	2:28.15 7600737	<b>2:31.18</b>	+0,83	31.38	1:11.59	1:56.60	2:31.18
6. Freddie Geerlings	NIMO	2:23.06 7900379	<b>2:32.33</b>	+1,03	32.45	1:14.39	1:56.74	2:32.33
7. Nol van Thull	ZOB'66	2:22.42 8001513	<b>2:34.32</b>	+0,93	30.39	1:10.21	1:56.91	2:34.32
8. Niels van Wageningen	D'Elft	2:41.77 7601335	<b>2:41.46</b>	+0,93	33.03	1:16.91	2:04.86	2:41.46
9. Rene Beens	Deltasteur	3:00.81 7800045	<b>3:01.84</b>	+0,72	36.93	1:21.70	2:18.82	3:01.84
NG Joris Haest	PSV	2:38.76 7900441						



Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 40, Heren, 200m wisselslag

Masters 35+

1. Erwin Zuidervelt	De Futen	2:35.59	7501015	<b>2:42.91</b>	+0,85	34.93	1:17.86	2:07.86	2:42.91
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Masters 40+

1. Zoltan Balajti	Budapesti Delfinek	2:30.32	66BALA	<b>2:29.37</b>	+0,89	31.62	1:09.24	1:53.49	2:29.37
2. Norbert Nagy	Sprint Fortuna SC	2:31.98	69NAGY	<b>2:34.79</b>	+0,84	32.67	1:15.32	1:58.57	2:34.79
3. Casper de Zeeuw	WS Twente	2:43.90	7001137	<b>2:41.93</b>	+0,77	33.24	1:17.77	2:04.27	2:41.93
4. Taco Eikelenboom	De Futen	2:58.39	6900275	<b>3:00.88</b>	+0,98	36.58	1:29.32	2:20.51	3:00.88
AFGEM Patrick Juncker	Swimming Luxembourg	2:37.35	67-JUNC						
AFGEM Henk van Zetten	Octopus	3:25.10	6701261						

Masters 45+

1. Cees van Houwelingen	De Schelde	2:25.58	6300351	<b>2:28.13</b>	+0,92	31.25	1:12.54	1:55.54	2:28.13
2. Arnold de Rover	De Futen	2:31.22	6400645	<b>2:33.59</b>	+0,89	31.79	1:12.92	1:58.79	2:33.59
3. Ronald Grove	Oceanus	2:38.18	6100161	<b>2:41.31</b>	+0,81	33.64	1:18.82	2:05.79	2:41.31
4. Rene de Boer	DAW-FINENZO	2:32.78	6400087	<b>2:43.29</b>	+0,81	33.59	1:18.96	2:06.93	2:43.29
5. Joost de Kroon	AquAmigos	3:23.58	6400999	<b>3:05.79</b>	+1,04	38.31	1:31.69	2:26.59	3:05.79
6. Michiel Klaren	PSV	3:03.15	6201087	<b>3:09.55</b>	+0,97	40.97	1:30.58	2:27.28	3:09.55
DIS Evert Bregman	WZK Zwemmen	2:42.92	6200089	<b>2:52.46</b>	+0,77	34.29	1:16.33	2:12.77	2:52.46
<i>RH - Het eindpunt niet in rugligging aangeraakt.</i>									
AFGEM Ron Phaff	PSV	2:42.43	6200495						

Masters 50+

1. Hugo Bregman	WVZ	2:22.20	5800069	<b>2:26.44</b>	+0,86	29.87	1:08.76	1:52.37	2:26.44
<i>Nederlands Masters Record</i>									
2. David Falces	DES	2:53.61	6000957	<b>2:52.42</b>	+0,95	35.50	1:22.27	2:09.11	2:52.42
3. Paul Bunnik	Triton	2:55.16	5600413	<b>3:08.72</b>	+1,01	37.52	1:27.96	2:25.20	3:08.72
4. Michiel Tonsbeek	DWT	3:48.73	6000889	<b>3:46.89</b>	+1,07	51.74	1:50.83	2:55.22	3:46.89

Masters 55+

1. Pieter Husslage	Old Dutch	3:03.32	5300091	<b>3:05.62</b>	+1,13	38.26	1:29.34	2:26.05	3:05.62
AFGEM Peter Gulyas	Totkomlosi Rozmar Szenior2	2:58.90	51GULY						

Masters 60+

1. Donald Uijtenbogaart	Het Y	2:57.92	4700107	<b>2:56.21</b>	+0,91	37.99	1:27.05	2:17.41	2:56.21
2. Jan Tinholt	PSV	3:24.97	5000185	<b>3:10.89</b>	+1,01	38.08	1:29.67	2:27.59	3:10.89

Masters 65+

1. Rob Hanou	PSV	3:09.32	4300109	<b>3:34.29</b>	+1,12	46.27	1:45.71	2:44.93	3:34.29
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Masters 70+

1. Nico Geers	Z&PC De Gouwe	3:23.70	3800007	<b>3:43.20</b>	+1,05	50.01	1:47.54	2:57.53	3:43.20
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Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

Programmanr. 41  
09.05.2010 - 15:30

Dames, 50m rugslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Femke Hendrixx <i>Kampioenschaps Record</i>	DZT '62	30.76	8801698	<b>32.20</b>	+0,68
2.	Maureen Visser	De Otters Het Gooi	33.65	8904388	<b>34.51</b>	+0,63
3.	Samantha Vuijst	De Otters Het Gooi	33.42	8904522	<b>35.39</b>	+0,75
4.	Maaïke de Boer	De Duinkikkers	35.44	9000362	<b>36.60</b>	+0,78
5.	Esther van Maastrigt	Montferland	37.45	8802836	<b>36.68</b>	+0,75
6.	Sunanda van Heteren	PCG	35.09	8901728	<b>36.95</b>	+0,91
7.	Eline Schoenmaker	De Duinkikkers	35.03	9003322	<b>37.24</b>	+0,76
8.	Gerlinde van de Wetering	Deltasteur	36.54	8904678	<b>37.65</b>	+0,76
9.	Renske Eilers	De Amer	39.04	8806072	<b>39.10</b>	+0,72
10.	Gerdine Fix	ZOB'66	40.13	8701198	<b>39.52</b>	+0,75
11.	Karin Simons	WZK Zwemmen	34.98	8903804	<b>40.14</b>	+0,75
12.	Eveline van Avezaath	TRB-RES	38.93	8700108	<b>40.81</b>	+0,85
<b>Masters 25+</b>						
1.	Roos van Esch	TRB-RES	33.45	8200468	<b>35.09</b>	+0,76
2.	Renee de Kok	PSV	43.98	8403350	<b>39.90</b>	+0,80
3.	Aniela Cebotaro	De Zijl/LGB	44.63	8102120	<b>45.27</b>	+0,70
<b>Masters 30+</b>						
1.	Janneke Harmsen <i>Kampioenschaps Record</i>	De Spatters	36.16	7700938	<b>33.11</b>	+0,77
2.	Delia Badoux	ZC Ooievaar (SG)	33.61	8000042	<b>34.58</b>	+0,79
3.	Jolan Molnar	Budapesti Delfinek	36.83	77MOLN	<b>35.30</b>	+0,73
4.	Fanni Aszталos	Budapesti Delfinek	36.99	77FANN	<b>36.10</b>	+0,74
5.	Petra Versteegen	WVZ	37.15	7700906	<b>39.20</b>	+0,85
6.	Jolanda van Gendt	PSV	39.38	7800266	<b>39.48</b>	+0,73
7.	Mirjam den Houdijker	ZPB H&L Productions	40.63	7801096	<b>40.20</b>	+0,72
AFGEM	Marjolein Kiewiet	Aquapoldro	40.88	7901404		
<b>Masters 35+</b>						
1.	Trudie van Niejenhuis	DES	37.11	7100444	<b>37.42</b>	+0,90
AFGEM	Alice Meijer	De Pinquin	42.24	7500370		
<b>Masters 40+</b>						
1.	Csilla Csikany <i>Kampioenschaps Record</i>	Budapesti Delfinek	33.35	68CSIK	<b>34.32</b>	+0,82
2.	Lidia v. Bon-Rosenbrand	AZ&PC	36.56	7000054	<b>37.31</b>	+0,75
3.	Helen Turner	PSV	39.22	7000894	<b>38.95</b>	+0,65
4.	AnneMarie Smit	Gay Swim Amsterdam	38.98	6700440	<b>39.17</b>	+0,76
5.	Desiree van der Lem	Kon AZ 1870	36.88	6800282	<b>41.35</b>	+0,82
6.	Ariane Ruymaekers	BRABO	41.69	BRABO/133/67	<b>44.16</b>	+0,74
<b>Masters 45+</b>						
1.	Jacqueline Rolloos	De Lansingh	37.76	6300222	<b>38.43</b>	+0,76
2.	Machteld Masee	PSV	45.00	6300458	<b>44.49</b>	+0,84
<b>Masters 50+</b>						
1.	Inge Wolfs	PLONS	41.42	6000304	<b>40.96</b>	+0,76
2.	Pia van der Molen	HZ&PC Heerenveen	39.64	6000116	<b>41.27</b>	+0,72
3.	Marijke Kraak	WS Twente	42.73	6000240	<b>41.49</b>	+0,69
4.	Helena Esteves Perche	PSV	54.51	5700166	<b>56.24</b>	+0,81

Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

Programmanr. 41, Dames, 50m rugslag

Masters 55+

1.	Margriet Pasma	De Pinquin	40.88	5500088	<b>42.34</b>	+0,78
2.	Janny van der Weide	Deltasteur	1:07.42	5100066	<b>1:07.77</b>	

Masters 60+

1.	Antoinette Gilding-Tussaud <i>Kampioenschaps Record</i>	WS Twente	47.14	5000038	<b>47.71</b>	+0,74
2.	Hannelore Bottin	SV Langenfeld 1912	1:09.04	057992	<b>1:08.38</b>	+1,29

Masters 65+

1.	Loekie v. Huissteden	AZ&PC	52.14	4500002	<b>56.84</b>	+0,78
2.	Leny Kamp	Aquapoldro	53.27	4400008	<b>1:00.61</b>	+0,71
3.	Liesbeth ter Laak	PSV	1:17.61	4200008	<b>1:19.02</b>	+0,87

Masters 70+

1.	Tineke de Bueger	Old Dutch	1:01.21	3700010	<b>1:01.97</b>	+0,83
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Masters 75+

1.	Jeltje van Bergen	De Pinquin	54.16	3500002	<b>55.19</b>	+0,76
2.	Annie de Vos	Old Dutch	1:01.85	3400004	<b>1:00.46</b>	+0,80
AFGEM	Lottie Geurts	PSV	50.42	3500006		

Programmanr. 42  
09.05.2010 - 15:40

Heren, 50m rugslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Peter van Heukelem	TriVia	27.05	8901243	<b>28.94</b>	+0,68
2.	Alex Vermeulen	WZK Zwemmen	29.74	8905811	<b>30.95</b>	+0,75
3.	Martijn Dolk	MNC Dordrecht	29.34	8900737	<b>31.16</b>	+0,76
4.	Dick Kampman	De Amer	30.82	8801789	<b>31.88</b>	+0,72
5.	Roderik Meijers	ZOB'66	31.43	8602063	<b>32.55</b>	+0,82
6.	Sven van Zanten	De Duinkickers	31.99	9003405	<b>32.78</b>	+0,69
7.	Mark Pijtak	AZ&PC	33.21	9002287	<b>33.23</b>	+0,71
8.	Remco Joukes	Triton	31.64	8801763	<b>33.83</b>	+0,66
9.	Harmen Reemst	ZOB'66	33.67	8702715	<b>34.93</b>	+0,67
10.	Tom Hinskens	NIMO	35.66	9007241	<b>36.64</b>	+0,83
<b>Masters 25+</b>						
1.	Wim Goris	BRABO	26.73	BRABO/088/84	<b>28.73</b>	+0,62
2.	Martijn Giezen	Montferland	30.52	8500813	<b>30.38</b>	+0,70
3.	Victor den Heijer	Wave	30.98	8300867	<b>30.69</b>	+0,62
4.	Albert van Piekeren	Octopus	30.54	8401767	<b>31.56</b>	+0,74
5.	Thommy Nickel	Van Vliet-Barracuda	31.78	8401627	<b>32.25</b>	+0,81
6.	Marcel Reefhuis	De Veene	32.25	8101381	<b>32.82</b>	+0,80
7.	Mike Hereijgers	De Futen	31.42	8501007	<b>33.19</b>	+0,75
8.	Frank Hovenier	Neptunus'58	32.72	8503239	<b>34.42</b>	+0,75
9.	Steven Oosterhof	NIMO	38.50	8403173	<b>38.07</b>	+0,90

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 42, Heren, 50m rugslag

Masters 30+

1.	Erik Kusters	Dedemsvaart-AC	29.63	8000837	<b>30.54</b>	+0,81
2.	Ivo Roozeboom	DES	31.52	7700801	<b>30.67</b>	+0,79
3.	Ronald Smits	PSV	29.71	7800981	<b>31.05</b>	+0,75
4.	Rene Beens	Deltasteur	32.47	7800045	<b>34.07</b>	+0,73
5.	Gino Martijn	RZ	34.51	7901865	<b>34.89</b>	+0,68
NG.ZA	Didier Vanlancker	NST	28.45	NST/162/78		

Masters 35+

1.	Herman Smit	De Veene	34.04	7101493	<b>34.85</b>	+0,77
2.	Rob Dissel	DBD	39.64	7101463	<b>38.28</b>	+0,71
3.	Dennis van Markesteijn	Olympia	39.06	7201333	<b>39.14</b>	+0,81
4.	Gerard Eghuizen	HZ&PC Heerenveen	35.99	7400197	<b>39.23</b>	+0,89

Masters 40+

1.	Zoltan Balajti	Budapesti Delfinek	30.12	66BALA	<b>30.20</b>	+0,65
2.	Alexander Willemsen	LZ 1886	31.50	7001115	<b>32.04</b>	+0,70
3.	René Beetsma	HZ&PC Heerenveen	32.02	6900069	<b>33.25</b>	+0,74
4.	Arjon de Bok	De Biesboschzwemmers	32.46	6900125	<b>33.98</b>	+0,81
5.	Frederic Andres	Florange olympique club	33.63	103316	<b>34.01</b>	+0,65
6.	Gerard Da Deppo	DBD	35.26	7001509	<b>37.94</b>	+0,77

Masters 45+

1.	Evert Bregman	WZK Zwemmen	31.30	6200089	<b>31.50</b>	+0,71
2.	Fred Heemstra	DAW-FINENZO	32.17	6500357	<b>33.75</b>	+0,71
3.	Marcel van der Lem	Kon AZ 1870	33.15	6500563	<b>34.30</b>	+0,73
4.	Ron Korzelius	AZ&PC	35.27	6500513	<b>35.44</b>	+0,72
5.	Bart van Betuw	Zegenwerp	36.99	6500087	<b>39.07</b>	+0,69
6.	Hans Maas	Zwem Goud	39.66	6501433	<b>40.27</b>	+0,80
7.	Bart van Calker	WS Twente	38.98	6100067	<b>40.46</b>	+0,75
8.	Jack Barends	WS Twente	40.30	6201011	<b>43.68</b> *	
AFGEM	Ron Phaff	PSV	34.81	6200495		

Masters 50+

1.	Joop Ariaens	PSV	33.38	5900747	<b>34.51</b>	+0,82
2.	Andre Storm	Zoetermeer	34.31	5600407	<b>34.92</b>	+0,53

Masters 55+

1.	Ron van der Zande	De Aalscholver	34.93	5500307	<b>36.37</b>	+0,68
2.	Henk Slomp	De Pinquin	36.89	5500359	<b>37.88</b>	+0,87
3.	Arno Wolvers	Brunssum	39.45	5400277	<b>39.49</b>	+0,79

Masters 60+

1.	Janos Koczian	Budapesti Delfinek	36.40	50KOCZ	<b>37.18</b>	+0,81
2.	Joop van Eijk	PLONS	41.46	4700025	<b>43.03</b> *	

Masters 65+

1.	Nico Baay	Old Dutch	49.39	4200053	<b>49.21</b> *	
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Masters 70+

1.	Frans van Enst <i>Nederlands Masters Record</i>	WS Twente	37.32	4000011	<b>36.94</b>	+0,69
2.	Robert Nagy	Budapesti Delfinek	47.30	38NAGY	<b>45.99</b> *	

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 42, Heren, 50m rugslag

Masters 75+

1. Taco van Blommestein Aquapoldro 1:02.18 3300007 **59.50** \*

Programmanr. 43  
09.05.2010 - 15:59

Gemengd, 4 x 50m vrije slag

Masters Open  
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
<b>80+</b>				
1.	WZK Zwemmen 1 <i>Kampioenschaps Record</i>	WZK Zwemmen 1:51.36	<b>1:57.94</b>	+0,94
	Karin Simons 89 +0,94 32.85	Petra Vermeulen 90 +0,54 32.32		
	Alex Vermeulen 89 +0,64 26.88	Erik Simons 89 +0,59 25.89		
2.	De Duinkickers 1	De Duinkickers 1:57.65	<b>2:01.02</b>	+0,83
	Eline Schoenmaker 90 +0,83 34.04	Maaïke de Boer 90 +0,68 31.19		
	Wesley Bezemer 89 +0,40 27.63	Sven van Zanten 90 +0,24 28.16		
3.	HZ&PC Heerenveen 2	HZ&PC Heerenveen 2:06.12	<b>2:09.01</b>	+0,84
	Gosina van Stralen 86 +0,84 33.31	Paulien v.d Molen 90 +0,45 38.05		
	Lambertus Sikkes 86 +0,52 30.59	Jelmer Waterlander 88 +0,51 27.06		
<b>100+</b>				
1.	PSV 1 <i>Kampioenschaps Record</i>	PSV 1:46.75	<b>1:52.77</b>	+0,76
	Ronald Smits 78 +0,76 26.64	Elles van Leeuwen 86 +0,62 31.78		
	Nienke van Stipriaan 87 +0,39 29.09	Stefan Oosting 81 +0,42 25.26		
2.	ZOB'66 1	ZOB'66 1:53.00	<b>1:55.41</b>	+0,72
	Carly Noordermeer 87 +0,72 30.27	Gerdine Fix 87 +0,36 33.47		
	Roderik Meijers 86 +0,32 25.55	Nol van Thull 80 +0,37 26.12		
3.	De Veene 1	De Veene 1:56.90	<b>1:55.62</b>	+0,76
	Annelette de Vries 86 +0,76 28.83	Henrike de Vries 89 +0,76 31.21		
	Herman Smit 71 +0,50 28.15	Marcel Reefhuis 81 +0,40 27.43		
4.	De Dommelbaarzen 1	De Dommelbaarzen 2:02.47	<b>1:58.75</b>	+0,93
	Ronald van Houtert 64 +0,93 30.43	Juliska Peijnenburg 90 +0,35 30.80		
	Anick Spiekermann 88 +0,38 31.68	Jelle Beerens 86 +0,59 25.84		
5.	Octopus 1	Octopus 2:02.12	<b>1:59.67</b>	+0,87
	Miriam Visserman 87 +0,87 31.77	Albert van Piekeren 84 +0,54 28.59		
	Annebeth van Ark 88 +0,09 33.39	Remco Jorink 80 +0,31 25.92		
6.	Deltasteur 1	Deltasteur 2:01.93	<b>2:05.18</b>	+1,06
	Gerlinde van de Wetering 89 +1,06 34.98	Margriet Leeffers 78 +0,36 34.28		
	Johan Wezenberg 76 +0,64 28.72	Jauke Hamstra 86 +0,27 27.20		
7.	Zegenwerp 1	Zegenwerp 2:04.22	<b>2:08.26</b>	+1,03
	Manon Jansen 90 +1,03 35.03	Anita Engels 90 +0,22 33.22		
	Bart van Betuw 65 +0,02 32.12	Stef Hoeven 90 +0,43 27.89		
8.	HZ&PC Heerenveen 1	HZ&PC Heerenveen 1:59.71	<b>2:09.02</b>	+0,92
	Berdie Eghuizen 83 +0,92 32.91	Miranda Mud 82 +0,31 36.41		
	Gerard Eghuizen 74 31.97	Binne Veenstra 83 27.73		
<b>120+</b>				
1.	DES 1	DES 1:58.73	<b>1:57.93</b>	+0,81
	Trudie van Niejenhuis 71 +0,81 31.45	Yvonne Gerritsen 80 +0,76 30.19		
	David Falces 60 +0,60 30.42	Ivo Roozeboom 77 +0,31 25.87		
2.	AZ&PC 1	AZ&PC 1:56.00	<b>1:58.54</b>	+0,84
	Friderika Kerekes 65 +0,84 34.78	Lidia v. Bon-Rosenbrand 70 +0,30 29.73		
	Ron Korzelius 65 +0,19 28.00	Rob van Vliet 84 +0,33 26.03		
3.	PSV 2	PSV 1:56.38	<b>2:00.50</b>	+0,74
	Annetje Dieleman 71 +0,74 31.83	Erik van Dartel 67 +0,62 29.72		
	Gudule van der Meer 72 +0,28 31.46	Ian van der Hulst 84 +0,27 27.49		
4.	DBD 1	DBD 2:05.50	<b>2:11.67</b>	+0,74
	Jasper Groothelm 90 +0,74 25.41	Desirée Groothelm 60 +0,67 39.81		
	Evelien Groothelm 84 +0,46 35.93	Hans Groothelm 58 +0,48 30.52		

Open Nederlandse Masters  
Kampioenschappen 2010 Ib  
Eindhoven, 7-9 mei 2010

Programmanr. 43, Gemengd, 4 x 50m vrije slag

160+

1.	AquAmigos 1	AquAmigos		2:05.87		<b>2:07.01</b>	+0,94
	Patty Verhagen	59	+0,94	34.41	Karin van den Heuvel	66	+0,40 34.40
	Joost de Kroon	64	+0,37	29.91	Oscar van Holsteyn	71	+0,51 28.29
2.	PSV 3	PSV		2:07.09		<b>2:09.97</b>	+0,76
	Helen Turner	70	+0,76	32.97	Michiel Klaren	62	+0,46 29.59
	Machteld Massee	63	+0,57	38.96	Joop Ariaens	59	+0,61 28.45
3.	HZ&PC Heerenveen 3	HZ&PC Heerenveen		2:17.50		<b>2:17.07</b>	+0,88
	Pia van der Molen	60	+0,88	35.34	Alie Visser	64	+0,69 37.94
	Arnold Jonker	70	+0,47	36.14	René Beetsma	69	+0,29 27.65

200+

1.	BRABO 1	BRABO		2:13.11		<b>2:15.32</b>	+0,81
	Ariane Ruymaekers	67	+0,81	34.96	Johan Vandewalle	60	+0,33 32.77
	Rita Schelkens	56		37.97	Hans Wijsman	55	29.62
2.	WS Twente 1	WS Twente		2:21.96		<b>2:25.98</b>	+1,02
	Antoinette Gilding-Tussaud	50	+1,02	44.61	Marijke Kraak	60	+0,54 34.30
	Frans van Enst	40	+0,38	33.85	Jan Willem Heuten	60	+0,54 33.22
AFGEM	Old Dutch 1	Old Dutch		2:20.95			
	Phil Trethewie	65			Pieter Husslage	53	
	Meke Oomens	70			Matty van der Veen	44	

240+

1.	PSV 4	PSV		2:12.98		<b>2:20.17</b>	+0,82
	Saskia Phaff	66	+0,82	30.98	Rob Hanou	43	+0,66 36.24
	Lottie Geurts	35	+0,67	40.70	Jan Tinholt	50	+0,23 32.25

Programmanr. 45  
09.05.2010 - 16:09

Dames, 100m vrije slag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
<b>Masters 20+</b>						
1.	Petra de Groot	Van Vliet-Barracuda	1:01.67 8701420	<b>1:00.67</b>	+0,88	29.36 1:00.67
2.	Jolanda Post	DIO	1:01.30 9004848	<b>1:01.47</b>	+0,86	29.77 1:01.47
3.	Femke Hendrikk	DZT '62	58.12 8801698	<b>1:01.53</b>	+0,76	28.95 1:01.53
4.	Iris Barendregt	Van Vliet-Barracuda	1:04.21 8600172	<b>1:04.29</b>	+0,86	30.86 1:04.29
5.	Annelette de Vries	De Veene	1:04.23 8603908	<b>1:04.65</b>	+0,81	30.74 1:04.65
6.	Tonny Methorst	De Biesboschwimmers	1:08.39 8802998	<b>1:05.89</b>	+0,87	31.80 1:05.89
7.	Cynthia Grootboer	De Reest	1:08.38 8901462	<b>1:06.88</b>	+0,83	31.92 1:06.88
8.	Nienke van Stipriaan	PSV	1:06.74 8703970	<b>1:07.28</b>	+0,95	32.96 1:07.28
9.	Juliska Peijnenburg	De Dommelbaarzen	1:07.02 9002892	<b>1:07.41</b>	+0,83	32.45 1:07.41
10.	Marion Lewonczuk	Florange olympique club	1:09.21 77224	<b>1:09.37</b>	+0,75	32.87 1:09.37
11.	Henrike de Vries	De Veene	1:10.43 8904490	<b>1:10.56</b>	+1,06	33.62 1:10.56
12.	Anick Spiekermann	De Dommelbaarzen	1:08.30 8804108	<b>1:10.85</b>	+0,92	32.95 1:10.85
13.	Carly Noordermeer	ZOB'66	1:03.72 8702984	<b>1:11.14</b>	+0,71	33.65 1:11.14
14.	Anita Engels	Zegenwerp	1:09.50 9001016	<b>1:12.18</b>	+0,90	34.84 1:12.18
15.	Laura Visserman	De Amer	1:11.83 8704362	<b>1:12.77</b>	+0,89	35.32 1:12.77
16.	Joëlle Vaes	DIO	1:15.46 9007576	<b>1:18.56</b>	+0,85	36.62 1:18.56
17.	Eveline van Avezaath	TRB-RES	1:17.87 8700108	<b>1:23.08</b>	+1,05	37.64 1:23.08

Masters 25+

1.	Pauline Gouwens	De Otters Het Gooi	59.40 8400790	<b>59.51</b>	+0,83	28.77 59.51
	<i>Nederlands Masters Record</i>					
2.	Joyce van Keulen	De Zijl/LGB	1:02.99 8401278	<b>1:05.64</b>	+0,89	30.69 1:05.64
3.	Kristel Spijker	OEZA	1:07.38 8403396	<b>1:07.68</b>	+0,91	31.95 1:07.68
4.	Cindy Joller	Florange olympique club	1:13.56 107966	<b>1:07.92</b>	+0,97	32.18 1:07.92
5.	Sandra Zwaanswijk	Aquarius	1:06.08 8503934	<b>1:08.49</b>	+0,80	32.45 1:08.49

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 45, Dames, 100m vrije slag, Masters 25+

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
6. Linda Hoogendam	D'Elft	1:07.45	8300892	<b>1:08.66</b>	+0,73	32.85	1:08.66
7. Jacqueline Wissink	PSV	1:12.73	8503286	<b>1:11.34</b>	+0,90	33.82	1:11.34
8. Hanneke Heymen	Montferland	1:11.07	8400968	<b>1:11.84</b>	+0,86	34.56	1:11.84
9. Ramona Linting	HoogenboomTours/BZ&PC	1:08.38	8301274	<b>1:12.03</b>	+0,79	33.81	1:12.03
10. Renee de Kok	PSV	1:17.30	8403350	<b>1:12.18</b>	+0,79	34.91	1:12.18
11. Berdie Eghuizen	HZ&PC Heerenveen	1:12.90	8301388	<b>1:13.36</b>	+0,93	35.46	1:13.36
12. Andrea van Leeuwen	De Zijl/LGB	1:11.87	8100904	<b>1:13.45</b>	+0,96	34.67	1:13.45
13. Mariska Pouls	Dedemsvaart-AC	1:15.52	8301608	<b>1:19.21</b>	+0,86	36.28	1:19.21
14. Tineke Roelofs	Nayade	1:22.19	8504004	<b>1:22.91</b>	+0,94	38.46	1:22.91
15. Sabina Caruso	RSW (SG)	1:30.00	8500542	<b>1:32.44</b>	+1,05	46.17	1:32.44

Masters 30+

1. Anke Lambooj	AZL	1:02.29	8001182	<b>1:03.11</b>	+0,85	30.05	1:03.11
2. Marian Nederlof	DWF	1:12.21	7600950	<b>1:11.29</b>	+0,88	34.33	1:11.29
3. Jolanda van Gendt	PSV	1:11.71	7800266	<b>1:11.93</b>	+0,91	33.81	1:11.93
4. Margriet Leeffers	Deltasteur	1:14.60	7800448	<b>1:17.88</b>	+0,95	36.65	1:17.88

Masters 35+

1. Sandrine Erguy	Florange olympique club	1:02.91	1053631	<b>1:01.73</b>	+0,84	30.11	1:01.73
	<i>Kampioenschaps Record, Frans Masters Record</i>						
2. Dianne Nien	RZ	1:08.41	7100452	<b>1:09.48</b>	+0,85	33.36	1:09.48
3. Tony de Groot	De Futen	1:08.56	7300758	<b>1:11.45</b>	+0,89	33.56	1:11.45
4. Renata van Bos-van Essen	Zuiderzeezwimmers	1:14.57	7300740	<b>1:12.51</b>	+0,79	35.08	1:12.51
5. Annetje Dieleman	PSV	1:13.32	7100130	<b>1:12.75</b>	+0,73	34.97	1:12.75
6. Angeline Hamstra	SCOM	1:20.86	7200782	<b>1:21.92</b>	+0,90	39.41	1:21.92

Masters 40+

1. Melinda Marosi	Budapesti Delfinek	1:00.02	70MARO	<b>1:01.54</b>	+0,80	29.10	1:01.54
	<i>Kampioenschaps Record, Hongaars Masters Record</i>						
2. Saskia Phaff	PSV	1:02.47	6600242	<b>1:04.80</b>	+0,69	30.79	1:04.80
3. Heidi van Stein	LZ 1886	1:07.61	6900864	<b>1:07.08</b>	+0,88	32.06	1:07.08
4. Annette Wijnja-Visser	De Biesboschzwimmers	1:08.65	6700528	<b>1:09.76</b>	+0,88	33.02	1:09.76
5. Chita van der Goorbergh	Zoetermeer	1:10.32	6800762	<b>1:12.05</b>	+0,86	34.20	1:12.05
6. Desiree van der Lem	Kon AZ 1870	1:16.86	6800282	<b>1:15.45</b>	+0,90	35.08	1:15.45
7. Yolanda Mante	Gay Swim Amsterdam	1:16.66	6600432	<b>1:17.33</b>	+0,71	36.72	1:17.33
8. Kristien Van De Moortel	ShaRK	1:12.99	ShaRK/315/69	<b>1:21.31</b>	+0,84	38.07	1:21.31
9. Ariane Ruymaekers	BRABO	1:18.63	BRABO/133/67	<b>1:25.32</b>	+0,85	39.52	1:25.32
10. Remona Dekker	ZV De Bron	1:25.98	6600620	<b>1:25.59</b>	+1,04	41.13	1:25.59
NG Petra Frowijn	AZ&PC	1:05.34	6600098				

Masters 45+

1. Wilma van Velsen	Montferland	1:07.89	6400444	<b>1:07.33</b>	+0,81	32.46	1:07.33
2. Margriet Grove	Oceanus	1:10.07	6200080	<b>1:12.06</b>	+0,90	34.34	1:12.06
3. Friderika Kerekes	AZ&PC	1:15.40	6500540	<b>1:20.65</b>	+0,81	37.44	1:20.65

Masters 50+

1. Atie Pijtak-Radersma	AZ&PC	1:06.21	5600048	<b>1:10.93</b>	+0,80	34.15	1:10.93
2. Patty Verhagen	AquAmigos	1:12.40	5900146	<b>1:13.42</b>	+0,91	35.77	1:13.42
3. Rita Schelkens	BRABO	1:29.45	BRABO/101/56	<b>1:31.80</b>	+0,78	43.09	1:31.80
4. Tonny den Braber	SCOM	1:32.04	5700022	<b>1:35.31</b>	+0,98	45.09	1:35.31

Masters 55+

1. D. Hilden-Kuntz	TV-Idar-Oberstein	1:33.31	53/127950	<b>1:32.98</b>	+1,26	43.50	1:32.98
2. Geerdien Meerwaldt	Van Vliet-Barracuda	2:09.74	5200032	<b>2:07.61</b>	+1,14	54.46	2:07.61
DIS Micaela von Richthofen	EOSC Offenbach	1:10.24	130914				

AA - Te vroeg weg of bewogen bij start. (geen tijd noteren)

Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 45, Dames, 100m vrije slag

Masters 60+

1. Conny Boer-Buys	Vlaardingen	1:08.58	5000006	<b>1:10.29</b>	+0,87	33.03	1:10.29
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*Europees Masters Record*

Masters 65+

1. Liesbeth ter Laak	PSV	2:34.01	4200008	<b>2:47.75</b>	* +1,68	1:14.60	2:47.75
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Masters 70+

1. Hanny Pasman	Aquapoldro	2:49.86	3900006	<b>2:43.02</b>		1:15.37	2:43.02
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Masters 75+

1. Annie de Vos	Old Dutch	2:03.34	3400004	<b>2:04.73</b>	+0,97	58.47	2:04.73
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AFGEM Lottie Geurts PSV 1:25.24 3500006

Masters 80+

NG.ZA Marianne Maandonks	PSV	3:01.55	2600004				
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Programmanr. 46  
09.05.2010 - 16:26

Heren, 100m vrije slag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
<b>Masters 20+</b>							
1. Kevin Hondsmark	De Schelde	53.92	8801501	<b>54.01</b>	+0,80	25.94	54.01
<i>Nederlands Masters Record</i>							
2. Nick van Ingen	MNC Dordrecht	53.39	8801647	<b>55.10</b>	+0,82	26.35	55.10
3. Jasper Groothelm	DBD	53.72	9005735	<b>55.38</b>	+0,76	26.48	55.38
4. Peter van Heukelem	TriVia	51.63	8901243	<b>55.74</b>	+0,78	26.20	55.74
5. Tim Pattipeiluhu	RSW (SG)	54.76	8902409	<b>57.47</b>	+0,83	27.38	57.47
6. Marc Catsburg	MNC Dordrecht	55.27	9000533	<b>57.63</b>	+0,85	28.16	57.63
7. Alex Goeyenbier	WVZ	53.86	8704509	<b>58.05</b>	+0,80	27.06	58.05
8. Jan van Opstal	DIO	57.44	8602291	<b>58.11</b>	+0,75	28.17	58.11
9. Bart Drechsel	WZK Zwemmen	55.86	8604135	<b>58.69</b>	+0,79	28.36	58.69
10. Nicolas Degalan	CNBA	57.21	CNBA/777/89	<b>58.95</b>	+0,78	28.77	58.95
11. Tim Bunnik	Triton	57.79	9000505	<b>59.82</b>	+0,92	28.30	59.82
12. Sander van den Berg	NIMO	57.85	8700211	<b>59.83</b>	+0,81	27.98	59.83
13. Stef Hoeven	Zegenwerp	59.32	9001223	<b>1:02.71</b>	+0,91	29.54	1:02.71
14. Wesley Bezemer	De Duinkickers	1:02.47	8900237	<b>1:02.92</b>	+0,89	30.77	1:02.92
15. Ruben Stolk	ZOB'66	1:01.21	9005665	<b>1:03.95</b>	+0,73	29.43	1:03.95
16. Melano Winter	RSW (SG)	1:02.26	8703847	<b>1:04.56</b>	+0,79	29.93	1:04.56
17. Rick Hellenbrand	NIMO	1:03.25	8901173	<b>1:04.87</b>	+0,94	30.93	1:04.87
18. Ferdy van Mastrigt	RSW (SG)	1:04.10	8802315	<b>1:07.92</b>	+0,95	32.12	1:07.92
NG Arjan Assink	WVZ	52.39	8600069				

Masters 25+

1. Stefan Oosting	PSV	50.56	8101265	<b>53.86</b>	+0,79	26.71	53.86
2. Maarten de Geus	WZK Zwemmen	57.66	8300737	<b>59.05</b>	+0,81	28.30	59.05
3. Dirkjan Beugelsdijk	De Zijl/LGB	58.58	8100123	<b>59.66</b>	+0,84	29.23	59.66
4. Jim Geestman	RSW (SG)	57.94	8300699	<b>59.76</b>	+0,95	29.42	59.76
5. Sebastian Hoppe	SV Blau-Weiß Bochum	1:00.15	260235	<b>1:00.26</b>	+0,78	29.06	1:00.26
6. Mike Hereijgers	De Futen	57.54	8501007	<b>1:00.37</b>	+0,82	27.99	1:00.37
7. Sylvain Faticoni	CHTHN	59.13	CHTHN/066/83	<b>1:00.89</b>	+0,72	29.51	1:00.89
8. Pieter Muller	HoogenboomTours/BZ&PC	58.81	8101187	<b>1:02.09</b>	+0,89	29.48	1:02.09
9. Vincent Joskin	CHTHN	1:09.13	CHTHN/101/85	<b>1:05.45</b>	+0,85	32.60	1:05.45
10. Ruud van den Berg	De Duck	1:08.89	8500155	<b>1:09.51</b>	+0,78	32.46	1:09.51



Open Nederlandse Masters  
Kampioenschappen 2010 1b  
Eindhoven, 7-9 mei 2010

Programmanr. 46, Heren, 100m vrije slag

Masters 30+

1. Ralf Peters	KZPC	57.15	7600737	<b>58.70</b>	+0,84	28.41	58.70
2. Remco Jorink	Octopus	58.82	8000719	<b>59.14</b>	+0,88	28.02	59.14
3. Bas van den Nouweland	Vlaardingen	57.41	8001103	<b>59.26</b>	+0,77	28.86	59.26
4. Mark Zwart	De Fuut	59.02	7901461	<b>59.27</b>	+0,88	28.81	59.27
5. Niels van Wageningen	D'Elft	1:00.00	7601335	<b>1:01.56</b>	+0,89	29.10	1:01.56
6. Steven Prins	PLONS	1:03.43	7901833	<b>1:04.70</b>	+0,82	30.67	1:04.70
7. Gino Martijn	RZ	1:03.00	7901865	<b>1:04.89</b>	+0,79	30.27	1:04.89
8. Han Ruijs	RZ	1:07.37	7901867	<b>1:07.99</b>	+0,82	32.24	1:07.99
9. Johan Wezenberg	Deltasteur	1:06.13	7601023	<b>1:08.53</b>	+1,00	31.97	1:08.53

Masters 35+

1. David Llanos	Canal Isabel II	56.13	75LLAN	<b>57.43</b>	+0,82	27.16	57.43
2. Oscar van Holsteyn	AquAmigos	59.80	7100373	<b>1:00.44</b>	+0,84	28.97	1:00.44
3. Martin Berkhout	LZ 1886	1:08.96	7101123	<b>1:04.59</b>	+0,81	30.64	1:04.59
4. Olivier Kalek	CNBA	1:05.86	CNBA/785/75	<b>1:08.55</b>	+0,79	30.97	1:08.55
5. Patrick Duchens	PLONS	1:10.02	7501319	<b>1:13.60</b>	+0,93	33.13	1:13.60
AFGEM Pascal Balancier	CNSW	58.94	CNSW/361/74				

Masters 40+

1. Frederic Andres	Florange olympique club	59.76	103316	<b>1:01.67</b>	+0,82	29.25	1:01.67
2. Ronnie Babijn	De Schelde	1:11.30	7000029	<b>1:02.12</b>	+0,83	30.26	1:02.12
3. Arjen Kervezee	Het Y	1:01.66	7000563	<b>1:02.94</b>	+0,95	29.69	1:02.94
4. José de Pooter	De Schelde	1:02.86	6900797	<b>1:04.27</b>	+0,78	30.16	1:04.27
5. Gerko Versluis	Zuiderzeezwimmers	1:07.59	6901439	<b>1:08.72</b>	+1,06	31.86	1:08.72
6. Roland Schol	HoogenboomTours/BZ&PC	1:08.89	6901543	<b>1:09.52</b>	+0,91	33.19	1:09.52
7. Oliver Podebrad	SC Wiesbaden 1911	1:10.04	262705	<b>1:10.83</b>	+0,90	34.19	1:10.83
8. Peter Musschenga	Zwem Goud	1:11.85	6901347	<b>1:12.12</b>	+0,98	33.40	1:12.12
9. Ronald Stolk	De Fuut	1:08.45	6601253	<b>1:12.90</b>	+0,74	33.49	1:12.90
10. Marcel Brittijn	De Duinkickers	1:27.33	6900159	<b>1:17.89</b>	+0,82	33.89	1:17.89
DIS Mario Cuelenaere	Luctor et Emergo	1:08.55	6901569				
AA - Te vroeg weg of bewogen bij start.(geen tijd noteren)							
AFGEM Henk van Zetten	Octopus	1:17.98	6701261				

Masters 45+

1. Cees van Houwelingen	De Schelde	54.56	6300351	<b>56.89</b>	+0,90	27.66	56.89
<i>Nederlands Masters Record</i>							
2. Arnold de Rover	De Futen	1:00.09	6400645	<b>59.70</b>	+0,87	28.54	59.70
3. Peter Bernsen	De Rog	59.21	6301119	<b>1:00.88</b>	+0,69	29.06	1:00.88
4. Rene de Boer	DAW-FINENZO	59.60	6400087	<b>1:01.67</b>	+0,81	30.43	1:01.67
5. Ronald Grove	Oceanus	1:02.81	6100161	<b>1:02.51</b>	+0,87	29.54	1:02.51
6. Ernst Bouweriks	De Fuut	1:02.70	6401155	<b>1:04.61</b>	+0,78	30.39	1:04.61
7. Edzo Huisman	Aquapoldro	1:02.60	6301029	<b>1:05.71</b>	+0,92	30.49	1:05.71
8. Marcel van der Lem	Kon AZ 1870	1:05.54	6500563	<b>1:06.12</b>	+0,81	31.08	1:06.12
9. John Stoffer	Zoetermeer	1:04.79	6300725	<b>1:07.72</b>	+0,89	31.72	1:07.72
10. Joost de Kroon	AquAmigos	1:06.66	6400999	<b>1:07.80</b>	+0,89	32.57	1:07.80
11. Jack Barends	WS Twente	1:07.38	6201011	<b>1:08.28</b>	+0,94	32.58	1:08.28
12. Michiel Klaren	PSV	1:06.86	6201087	<b>1:11.99</b>	+0,96	33.73	1:11.99
13. Martin Hendrikse	WS Twente	1:11.86	6501343	<b>1:12.86</b>	+0,70	34.34	1:12.86
14. Bart van Calker	WS Twente	1:09.19	6100067	<b>1:12.91</b>	+0,95	34.41	1:12.91
15. Ronald van Houtert	De Dommelbaarzen	1:11.50	6401239	<b>1:14.12</b>	+0,92	33.38	1:14.12
16. Perry Dekker	ZV De Bron	1:27.36	6201081	<b>1:28.15</b>	+1,17	40.02	1:28.15
NG.ZA Aldo Atzeni	Florange olympique club	1:19.06	546024				
AFGEM Phil Trethewie	Old Dutch	1:03.26	6501315				
NG Christoffel Sneijders	De Duinkickers	1:15.87	6500829				

Open Nederlandse Masters  
Kampioenschappen 2010 lb  
Eindhoven, 7-9 mei 2010

Programmanr. 46, Heren, 100m vrije slag

Masters 50+

1. Ralph Kras	De Zeeschuimers	1:02.92	5800599	<b>1:04.36</b>	+0,96	31.32	1:04.36
2. Andre Storm	Zoetermeer	1:05.35	5600407	<b>1:04.98</b>	+0,89	31.58	1:04.98
3. David Falces	DES	1:05.67	6000957	<b>1:06.88</b>	+0,92	32.29	1:06.88
4. Philippe Mattelaer	AZV	1:09.48	AZV/124/60	<b>1:09.45</b>	+0,98	34.39	1:09.45
5. Paul Bunnik	Triton	1:10.09	5600413	<b>1:10.24</b>	+1,04	33.52	1:10.24
6. Hans Groothelm	DBD	1:07.31	5800151	<b>1:10.53</b>	+0,88	33.55	1:10.53
7. Marten Galenkamp	Zwem Goud	1:09.86	6000817	<b>1:14.31</b>	+1,01	33.96	1:14.31
8. Jan Willem Heuten	WS Twente	1:14.05	6000883	<b>1:15.98</b>	+0,95	36.15	1:15.98
9. Harry Paas	Vlaardingen	1:18.59	5800689	<b>1:16.44</b>	+0,94	35.31	1:16.44
10. Jan Minkels	Zegenwerp	1:26.78	5600213	<b>1:27.57</b>	+1,25	41.17	1:27.57
11. Michiel Tonsbeek	DWT	1:28.59	6000889	<b>1:34.27</b>	+1,10	43.18	1:34.27

Masters 55+

1. Hans Wijsman	BRABO	1:02.23	BRABO/655/55	<b>1:03.76</b>	+0,84	30.21	1:03.76
2. Arno Wolvers	Brunssum	1:21.70	5400277	<b>1:19.14</b>	+0,94	38.58	1:19.14
AFGEM Peter Gulyas	Totkomlosi Rozmar Szenior	1:07.63	51GULY				

Masters 65+

1. Han Roos	ZV De Bron	1:14.85	4500081	<b>1:15.93</b>	+0,97	36.87	1:15.93
<i>Kampioenschaps Record</i>							
2. Rob Hanou	PSV	1:16.73	4300109	<b>1:16.84</b>	+1,01	36.93	1:16.84
3. Ruud Sloof	De Rijn	1:19.50	4400073	<b>1:22.11</b>	+1,10	37.02	1:22.11

Masters 70+

1. Jaap v.d. Velden	Oceanus	1:24.90	4000057	<b>1:25.79</b>	+0,96	40.46	1:25.79
2. Wim ter Laak	PSV	1:45.10	4000027	<b>1:53.37</b>	+1,06	53.89	1:53.37